

Orange Town News



Orange's Exclusive Newspaper

Mailed Free To Every Home & Business in Orange

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CIRCULATION 6025

FRIDAY, JANUARY 11, 2019



Betty Hadlock, Deb Hart and Patricia Romano, president of the Orange Lions helped Orange school nurses do vision screening for 748 students late last year.

Orange Lions Club Provides Vision Screening To Students

BY MELISSA NICEFARO
ORANGE TOWN NEWS CORRESPONDENT

Each year, members of the Orange Lions Club work with Orange school nurses to conduct eye screenings to young students. This year, over the course of nine days, volunteers screened 748 students with 70 of them referred to follow-up with appointments with eye doctors.

Betty Hadlock, Orange Board of Education member and Lions Club chair for the eye-screening program, said the screening was a great success this year. She explained, "The state-of-the-art camera that we use is able to diagnose a number of different vision issues that go across all age groups," at a recent Board of Education meeting. Issues include risk factors for lazy eye, eye misalignment, nearsightedness,

farsightedness, blurred vision, unequal refractive power and unequal pupil size. "Any of these issues could really impact a student's learning," Hadlock says.

The screenings were once only offered to pre-school and kindergarten students, but this year, the high-tech screening was offered to students through fifth grade as well. The SCOPE PediaVisionScreener identifies vision issues in children ages two through six, by simply taking a picture of a child's eye in low light from a four-foot distance. The VisionScreener measures visual acuity, lazy eye, astigmatism, detached retina, corneal deformity and other potentially serious eye issues which, if treated by an eye doctor can be corrected or cured early to keep

See "Vision Screening" On Page 5



Orange To Receive Advanced Metering Infrastructure

Regional Water Authority Bringing Innovative Meters To Allow For Faster Readings And Early Detection Of Water Leaks

About 3,400 Regional Water Authority (RWA) customers in Orange will have the water industry's latest metering technology installed beginning this month, joining the 80,000 customers in the RWA's water district who have already received the upgrade.

The system will allow the RWA to accurately read customers' water meters by securely transmitting a low-powered signal from an AMI endpoint, a small device connected to the meter, to the RWA's office. This technology will upgrade how the RWA receives water consumption information, eliminate the need for manually reading customers' meters, provide early detection

of water leaks and largely eliminate estimated water bills.

The RWA will deploy this new metering system to every customer in its 15-town service area over the next year. The RWA hired Contract Callers, Inc. (CCI) to install the new advanced meter reading devices. Installation generally takes less than an hour and involves attaching the AMI endpoint to the customer's existing water meter, usually where the existing meter reading device is located.

In some cases, the RWA may need to install a new water meter to ensure

See "Metering" On Page 5

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OCNS to Reopen in Orange with New Location in Woodbridge

By MELISSA NICEFARO
ORANGE TOWN NEWS CORRESPONDENT

When Orange Community Nursery School moves back into its newly renovated space at High Plains Community Center for the next school year, a new location will be opening in Woodbridge. Last summer, faced with finding a new space to run the school while renovations were underway at the community center, OCNS landed at The First Church of Christ in Woodbridge. Finding success and a perfect fit in that location, the school's administration decided to add a second permanent campus next school year to meet the growing needs of families in Woodbridge, Bethany and even Seymour and Naugatuck who had been driving to the Orange location.

"We really felt so welcomed by the Town of Woodbridge and the church

itself, which has just been so lovely to us with the whole last-minute transition and relocation. They were so kind and helpful. It's such a nice space for the school," said Danielle Hoddinott, OCNS Director.

"We're very excited. We have a lot of families who are returning with us to the Orange location and we do have openings for new students, as well," she said. "It's going to be exciting for us to come back to the new space in Orange."

OCNS offers programs for three-, four- and five-year-olds. The five-year-old program is a kindergarten readiness program which will continue at the Orange location, but not at the Woodbridge location just yet.

"It's for those five-year-old kids with the late fall birthdays. Some need an extra year before going to kindergar-

ten. Having been a former elementary school teacher, I saw students who didn't get the extra year of preschool still struggling in the upper grades," she says.

The five-year-old program was started when Orange switched from an extended day of kindergarten to a full day. "It became even more important for those children who needed the extra year then," Hoddinott said.

OCNS can accommodate 16 three-year-olds, 18 four-year-olds and 12 five-year olds. "We like to keep our classes on the smaller size. We can, with state regulations, go a little higher, but we like to keep the teacher to child ratio very low, and the class sizes intimate," she said. The new Woodbridge location can accommodate 11 students, in both, the four- and five-year-old programs. Each class will have

two teachers. A new head teacher and assistant teacher will be hired for the Woodbridge location.

She said the new school will offer the same program, the same philosophy and play-based program, all run by former elementary school teachers, reading specialists or in some way involved with childcare for a great deal of time.

"We're excited about the new Woodbridge location, but also can't wait to move back into our space in Orange and get back to business in our home town! We want everyone to know that we're still here and we are coming back—with an extra added bonus of the Woodbridge location to serve families on the Orange/Woodbridge line," Hoddinott said. OCNS is in its 62nd year serving Orange and surrounding communities.

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Pictured here are some of the students at Holly Hill Childcare along with (far left) Debbie Manson Fedorko, Managing Director of the center and (far right) Maria Detullio-Tomac, pre-school teacher.

Holly Hill Childcare Collects Bears For Children’s Hospital

In the spirit of giving, Holly Hill Childcare and Learning Center of Orange has been very busy this holiday season collecting teddy bears and other stuffed animals for the 20th annual “Teddy Bears with Love” drive.

Thanks to the generosity of the students of Holly Hill and their parents, staff, Ann Marie & Jim’s Cleaning Service and John and Mike Bakis of Twin Electric, 94 stuffed animals were collected. A lovely woman from Bethany whose real name is Candy Cain (no, we are not kidding!) hand crocheted 4 beautiful bears for our drive again

this year. All these bears will be given to children to snuggle with in Yale-New Haven Children’s Hospital this holiday season. This project is the brain-child of the Fairfield University Student Alumni and since its inception twenty years ago, the “Teddy Bears with Love” drive has put smiles on the faces of thousands of children in area hospitals and facilities. We are proud to say this is our 9th year participating. We hope these gifts helped to make their holiday bright!

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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the Editor must be unique to the Orange Town News.

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Orange Town News

Below are the next three issue dates and deadlines of the Orange Town News.
Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Upcoming Issue Deadline

February 8 | Valentine's Day Issue..... February 1

March 8 | St. Patrick's Day Issue..... March 1

April 12| Easter and Passover Issue April 5

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Orange Town News

OTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to:
Orange Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@orangetownnews.com.
Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

"Vision Screening" From Page 1

vision problems from interfering with education.
In early November, the group completed eye screenings for nearly 200 children at Mary L. Tracy School. Students at the town's preschools will be screened this winter.
"We're very pleased to provide this service and we're looking forward to

doing it again next year."

The Orange Lions Club relies on support from the community, so that it can continue its programs around blindness, eye research and vision screening. The Orange Lions annual Wine Tasting will take place on Friday, March 22 at St. Barbara's Church Hall from 6:30 -- 9:30pm. Tickets can be obtained by calling 203 795 0134 or contacting any member of the club.

"Metering" From Page 1

compatibility with the device. There is no cost for the new meter reading device or the installation. Customers should receive a letter and a flyer that explains what to expect. Information about the program is also located on the RWA's website, www.rwater.com/AMI. To make it easier for customers to schedule an appointment, please click on the live chat feature at the bottom of this web page: www.contractcallers.com/rwa.
For customers' safety, all RWA and CCI personnel have identification badges. CCI installers wear blue uniforms with a CCI logo. They carry two forms of photo identification: an RWA contractor badge and a CCI badge. The contractor's vehicles are white and have CCI and RWA logos on both sides.
The RWA encourages customers to always ask for identification from anyone who comes to their door and to maintain a "no identification - no

entry" policy. Customers can call the RWA at 203-562-4020 to verify that installers are working in their neighborhood. CCI will also register installation activities with local police departments and the RWA's Police Department.
The South Central Connecticut Regional Water Authority (RWA) is a nonprofit corporation that delivers water for life by providing high-quality water and services to almost 430,000 people in 15 cities and towns throughout Greater New Haven. As a conscious business, the RWA acts as a responsible steward of the environment by protecting the more than 27,000 acres of watershed land it owns and promoting sustainable practices. Our more than 270 employees work toward our vision of being an innovative water utility that sustains life, strengthens communities and protects natural resources for future generations. For more information on the RWA, please visit www.rwater.com.

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ORANGE EDUCATION ROUNDUP



Front row, left to right: Olivia Sceppa Sydney Melchiorre, Stella Carney, Jenna Chizmadia, Abby Tirollo, Leah Katz, Justin Chang, Thomas Saxa, Michael Perrone, Gio Bonazzoli, Harshil Parmar, Nick Digiovanni. Back row, left to right: Isabelle Rosewater; Zoe May, Frank Cavallaro; Caitlyn Smith; Sophia Cossitt-Levy; Patrick Coughlin; Hamden Children’s Center Director of Development and Community Engagement, Sarah Lockery; Amelia Launder; Chris Chizmadia; Kyle Grande; Sean Pivovar; Landon Rocchio; John Lorenti; Mark Vanschaick; Brendan Smith

Middle School Serves Breakfast To Children’s Center

Eighth grade classes from Team T at Amity Middle School in Orange offered breakfast on November 21st to the entire school body for a \$3 donation to benefit the Children’s Center of Hamden. This breakfast was initiated by former teacher, Marilyn Reynolds, over twenty years ago and has continued to be an annual event. The Children’s Center of Hamden serves youths who struggle with emotional, behavioral,

and psychological issues and has many different kinds of programs: outpatient, residential/inpatient treatment programs. Its goal is, “We give hope to Connecticut Children.” This year the staff and students at Amity Middle School in Orange could choose from an array of baked goods, fruit, and juices. What a wonderful way for staff and students to be part of an event that raised over \$800 for the Children’s Center!



Jackie’s Nine

The following students were recognized for demonstrating courage to do what is right, even when it is difficult (pictured, left to right): Zephaniah Abdus-Salaam, Zshonna Singleton, Sam Sender, Aditi Bhattamishra, Claire Bath, Ari Chetwynd, Oliver Kusiak and Patrick Coughlin.

Jackie Robinson, the first black man to play professional baseball, has been used as a role model for the students at Amity Middle School in Orange. Jackie lived by non-violent actions and by values that the teachers, staff, and administrators at Amity use today as an example for the student body.

Courage is the Jackie’s Nine characteristic of the month for November at

Amity Middle School in Orange. Zephaniah Abdus-Salaam, a seventh grade student, defined courage as “being proud of yourself to really stand out and protect your friends from people you don’t know...people who may bully others.” Patrick Coughlin, an eighth grade student, said that courage is “staying on task during a test and studying even when you don’t want to, so you get the best result.”

STUDENT NEWS

Achievements Quinnipiac University

Hamden, CT - Lauren Salat-Rosenay of Orange, CT, was recently inducted into Quinnipiac University’s Chapter of Lambda Pi Eta, the National Communication Association’s official honor society. To qualify for induction, students must have a grade point average of at least 3.0 and a grade point average of at least 3.25 in their communications classes.

Eastern Connecticut State University

Willimantic, CT -- Eastern Connecticut State University student Mackenzie Seymour ‘20 of Orange, who majors in Accounting, recently completed a study abroad trip to Ireland. Her coursework at the University

of Limerick included both business and elective courses. She believes that studying abroad is a valuable experience because it teaches students to step out of their comfort zone and try new things. Seymour plans to attend graduate school and become a certified public accountant after graduating.

Enrollments Boston University

Amity Regional High School junior Tess Csejka commits to Boston University! Tess Csejka, Class of 2020, has chosen to attend Boston University (D1) and play Field Hockey as a Forward. Her Field Hockey Honors/Accomplishments include: 2018 Under Armour Select Game, 2017 & 2018 Class L All-State, 2017 & 2018 1st Team All-Conference.



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Orange Town News

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EDUCATION



The photo shows Student Council volunteers who happily volunteered their time and energy to collect the gifts. Front row left to right: Olivia H., Lyla Z., Valentina C., Brady W., Xavier J., Brennan W., Jacob Y. Back row: Nate R., Riannie D., Jessica E., Telmo I., Arjun N., Ryan O., Yassin A., Olivia B., Sophie C.

Race Brook School Illuminates Compassion

BY VALERIE ANTON

FOURTH GRADE TEACHER & STUDENT COUNCIL
PUBLIC RELATIONS COORDINATOR

Race Brook School families generously sponsored children once again this year during the Student Council's annual collection of gifts for the Holiday Bear Project. The goal of the State program is to collect donated gifts for less fortunate children in Connecticut's public schools. "I was glad to help bring gifts to those children that need them," says Student Council volunteer Ryan O. with a sincere smile.

Race Brook families chose paper candles from the school's front bulletin boards. Each candle had a child's

first name, age, and gift wish on it. The sponsoring families bought and wrapped a total of one hundred sixty-two gifts for twenty-seven children, hoping the gifts would bring smiles to brighten the children's faces and spread holiday cheer and good will. "It felt good to help others who do not have as much," thoughtfully comments fifth grader Sophie C.

The gift drive was organized by the Student Council under the direction of third grade teacher, Janet Greenspan with the support of principal, Mike Gray, and the assistance of Jane Gallagher and Fran Onofrio in the school office.



Advantages To Working With A Financial Planner

Investing requires some measure of risk. Risk understandably makes people nervous, especially in regard to their finances.

Investing is an important component of securing your financial future, and the risk involved with investing should never prevent you from putting your money to work. Many people, including both novice and experienced investors, overcome their fears about investing and risk by working with certified financial planners, who can do a lot more than make suggestions.

Financial planners can make sense of complex products. Financial jargon can be hard to understand for those who do not work in finance. Financial planners simplify the complex array of products available to their clients, helping them understand each of their options as well as which of those options is best for them.

Financial planners can expand your investment options. Financial planners sometimes have access to products that are not directly available to everyone. Some financial product providers work exclusively through intermediaries (i.e., planners), so working with a financial planner can give investors more options in regard

to how to invest their money.

Financial planners do the legwork. Even seasoned investors with a firm grasp of financial products and services may not have the time to stay up on all the latest investment options. Financial planners do so for a living. A good planner will inform his or clients of the latest products available and then help clients decide if such products are right for them. That's a lot of work that busy professionals often do not have the time to do on their own.

Financial planners are certified. Investors should only work with certified financial planners. Certification standards vary by country, but certified planners have been vetted by third party organizations and have met rigorous professional standards. In addition, to maintain their certification, certified planners are required to provide their clients with straightforward advice and put clients' needs ahead of their own. Those that don't could be held financially accountable for providing misinformation or bad advice to clients.

Investing is complicated, and many investors find working with certified financial planners is an effective way to secure their financial futures.

MICHAEL J. PAOLINI, CPA

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HOUSES OF WORSHIP EVENTS

Congregation B'nai Jacob Adult Education Winter 2018

Special Events Martin Luther King Commemorative Weekend

The Shoreline Soul Gospel Choir, led by Angela Clemens, Friday, January 18 at 6:30 pm. MLK Friday night service featuring the Shoreline Soul Gospel Choir, led by Angela Clemens, and the Sweet Singers of Congregation B'nai Jacob, led by Cantor Malachi Kanfer. All are welcome to join us for an uplifting night of song and prayer.

Screening of "Marshall"

Sunday, January 20 at 4 pm,
Michael Koskoff, screenwriter

A major film about the collaboration between a young Thurgood Marshall and a Jewish lawyer to defend an innocent black man in Bridgeport in 1940, against a backdrop of segregation and anti-Semitism. Screenwriter and CT civil rights attorney Michael Koskoff will speak following the film.

Challah Baking

Wednesday, January 30 at
6:20pm (after minyan)

Leslie and Dana will demonstrate two ways to prepare your dough: hand



Congregation B'nai Jacob

kneading and using a standing mixer with a dough hook. Home baked challah is a real treat and much easier than you might think! RSVP by January 25 to 203-389-2111 or cbj.receptionist@gmail.com. No fee to participate but an \$18 donation to BJ Kiddush Fund is suggested.

Learning and Prayer Bread & Torah

EVERY Shabbat Morning Before
Services, 9:00 - 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. This year we will explore the Book of Jonah and the Five Megillot. Lively discussion over bagels and coffee. No experience necessary.

The First Church Of Christ Services And Events

Happy 2019! The First Church of Christ invites all members of the community to join us at 5 Meeting House Lane in Woodbridge for the following weekly services and special events:

Sunday Services - 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year. The middle school students are discussing how faith and biblical text can help them through challenging or confusing times in their lives. The younger students are watching Veggie Tales which explores stories from the Bible with common concerns for preschoolers.

Middle School Youth Group for 5th - 8th graders - the January meeting of the youth group will be on Sunday the 13th after Sunday School. For details on this meeting or



The First Church of Christ

the Youth Group in general contact MorganNancyAery@gmail.com.

Boy Scout Troop 907 - meets weekly on Thursdays at 7 pm.

Weekly Bible Study - Wednesday, 10-11 a.m., in the Parish House. We study both Old and New Testament passages based on the Lectionary. Bible study is open to the community so everyone in the community is welcome.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.

Orange Congregational Church Happenings

Orange Congregational Church is an Open and Affirming Congregation, located at 205 Meeting House Lane in Orange. We invite you to come to our regular weekly Sunday Worship Services at 8:00 a.m. in the Chapel and 10:00 a.m. in the Sanctuary. Our later worship service includes a church nursery with a child-care experienced Crib Room Attendant for all birth to Pre-K children as well as Sunday School programming for school age children. Also, at the 10 a.m. service, our Senior choir sings weekly and our Junior choir and Bell choir perform monthly.

There is a weekly Bible Study group at 8:15 a.m. on Sundays in the church's library and a Fellowship Breakfast at Chip's Restaurant in Orange on the third Thursday of every month.

Youth in grades 6-12 are welcome to join our Pilgrim Fellowship youth group and attend its monthly meetings and events. On January 25 & 26, the youth will hold their annual Freeze-out to raise



Orange Congregational Church

awareness of homelessness and funds for local housing organizations. They will build a temporary Shanty Town of cardboard boxes out on the Orange Town Green where they will rotate the experience of living out in the cold on a January night.

On Saturday, February 2nd we will have our Chili Cook-off from 3-6 p.m. in the John Ho Dining Room and on Sunday, February 3rd we will hold our Super Bag Sunday collection of nonperishable groceries for those in need.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.


Congregation B'nai Jacob Presents Two Special Martin Luther King Weekend Commemorative Events

Gospel Shabbat Service and Shabbat Dinner

Friday, January 18

6:00 pm Pre-Service Refreshments
6:30 pm Shabbat Service with Gospel Choirs
7:30 pm Shabbat Dinner*

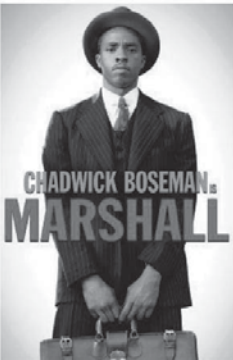
The Valley Soul and Shoreline Soul Gospel choirs, under the direction of the incomparable Angela Clemmons, will join with Cantor Kanfer and the Sweet Singers of B'nai Jacob for a special Martin Luther King Day service.



Ms. Clemmons has worked as a professional singer for over 35 years, including as a background singer with Aretha Franklin, Michael Jackson, Justin Timberlake, Celine Dion, Steely Dan, Cyndi Lauper, Elton John, and many others. Join in what promises to be a wonderfully spiritual communal event.

Screening of the Movie "Marshall" and Discussion with Preston Tisdale Sunday, January 20 • 4:00pm

Watch a special screening of this major film about the collaboration between a young Thurgood Marshall and a Jewish lawyer to defend an innocent black man in Bridgeport in 1940, against a backdrop of segregation and anti-Semitism.



Atty. Preston Tisdale, associate of screenwriter Michael Koskoff, will lead a discussion of the film. Mr. Tisdale is a former Director of Special Public Defenders for CT, and his father was an important member of the Bridgeport African-American community in the 1940's, attending the trial and hearing Marshall speak. Gain a unique perspective on America's Civil Rights history.

* All events are open to the public and FREE of charge, except Shabbat Dinner on Friday night, which requires an RSVP and \$25 per person (paid in advance).

For dinner reservations and/or questions, call B'nai Jacob at 203-389-2111 or go to bnaijacob.org.

Orange Town News

ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest.
We will publish them for free.

Orange Town News – P.O. Box 1126, Orange, CT 06477
edit@orangetownnews.com

HOUSES OF WORSHIP EVENTS

Upcoming Events At Temple Emanuel

January is a busy month at Temple Emanuel. Please join us for any or all of the following events:

January 5 and February 2 at 10:00 am – Saturday morning minyan. An informal minyan including a full Torah service and haftarah reading.

January 18 at 7:30 pm – Temple Emanuel participates in the annual Martin Luther King, Jr. Interfaith Service at Congregation Mishkan Israel in Hamden.

January 25 at 5:30 pm – Tot Shabbat and potluck dinner. Celebrate Shabbat with Rabbi Michael in the beautiful TE sanctuary with songs and stories! Perfect for children under 5 and their families. Members and non-members welcome! A dairy potluck dinner follows this service, and our regular Kabbalat Shabbat service begins at 7:30. Please be sure to register for dinner on our website, www.tegnh.org.



Temple Emanuel

January 27 at 10:00 am – Kol Shira. Religious school students and teachers, rabbis, cantors, cantorial soloists and instrumentalists from seven area synagogues come together to present a free concert in celebration of the power of Jewish music at The Towers. All are welcome to attend.

For more information about these and other services and celebrations at TE, please go to the Temple Emanuel website, www.tegnh.org, or call the temple office at 203-397-3000.



Left to right: Isabella Walther, Matthew Walther, Colton Reid, Aaron Freudzon, Giana Dellacroce (back), Jonathan Puhl, Santa and Zoey Puhl

First Lutheran Church Breakfast With Santa

Thanks to everyone who came out to First Lutheran Church's first annual Breakfast with Santa that took place on Saturday, December 15th. The proceeds from the event will be used to help our outreach ministries. Phil Krakowiak,

Pastor of First Lutheran Church said, "It was a great pleasure to be able to do something for the families in our community during the holiday season. The kids all had a great time and we are looking forward to next year."

Congregation Or Shalom Happenings

Weekly Services

- Minyan Services**
- › Sunday 9:00 AM
 - › Monday 7:30 AM
 - › Thursday 7:30 AM

Healing Circle

- › Wednesday 7:30 AM

Shabbat Services

- › Friday 7:00 PM
- › Saturday 9:30 PM

Coffee and Learn with the Rabbi Wainhaus

Every Wednesday, beginning on November 7, (please call the office for schedule) Rabbi Alvin Wainhaus teaches an hour-long class focusing on the ancient texts of our heritage and the light they shed on current issues. The class begins at 11:00 am and ends at 12 noon sharp. All Welcome. Synagogue office: (203) 799-2341 Website: orshalomct.org, .email: info@orshalomct.org.

Our Adult Education Committee will be showing WONDER

Sunday, January 13, 2018, 12:30 pm, Starring Julia Roberts and Owen Wilson

August Pullman was born with a profound facial difference that has made him unwilling to go to school. He wants nothing more than to be seen as an ordinary kid—but his classmates



Congregation Or Shalom

can't get past Auggie's extraordinary face. WONDER, a universally beloved and award-winning film, begins from Auggie's point of view, but soon switches to include his classmates, his sister, her boyfriend, and others. These perspectives converge in a portrait of one community's struggle with empathy, compassion, and ultimately, acceptance. Genre: Drama; Running Time: 113 minutes.

ZUMBA GOLD AT OR SHALOM

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

Kol Shira

A Celebration of Jewish Music with the Next Generation

Religious school students and teachers, rabbis, cantors, cantorial soloists and instrumentalists from seven area synagogues will come together on Sunday, January 27 at 10:00 am, for a morning of singing in celebration of the power of Jewish music. The concert, which will take place at The Towers, 18 Tower Lane, New Haven, is free and open to the public. Please bring your friends and your voices and RSVP to The Towers if you plan to attend.

The participating congregations include Congregations B'nai Jacob (Woodbridge), Mishkan Israel (Hamden); Or Shalom (Orange); Temple Beth David (Cheshire); Temple Beth Tikvah (Madison), Temple Beth Sho-

lom (Hamden); and Temple Emanuel of Greater New Haven (Orange).

This annual concert is dedicated to the memory of the musical legacy of Debbie Friedman, z"l, a Jewish musician who died in 2011. In addition to several iconic songs by Friedman, traditional tunes and songs by two generations of musicians who were influenced and inspired by her ability to bring a woman's voice and perspective into late 20th century Jewish music, and to write accessible songs combining liturgy and social commentary, will be performed.

For more information about this event, please go to the Temple Emanuel website, www.tegnh.org, or call the temple office at 203-397-3000.

"Write it on your heart that every day is the best day in the year." — RALPH WALDO EMERSON

HOUSES OF WORSHIP EVENTS

Congregation Beth El – Keser Israel Events

Daily Services

- › Sunday 9:00 AM and 5:45 PM
- › Monday 7:00 AM and 5:45 PM
- › Tuesday 7:00 AM and 5:45 PM
- › Wednesday 7:00 AM and 5:45 PM
- › Thursday 8:15 AM and 5:45 PM
- › Friday 7:00 AM

Shabbat Services

- › Friday 6:00 PM
- › Saturday Morning 9:15 AM
- › Saturday Children’s Services 10:45 AM
- › Saturday Afternoon 1:00 PM

Learning About Jewish Music

“Questions in Jewish Music,” a

program of five free sessions led by ethnomusicologist Rachel Adelstein, Ph.D., is offered on Wednesday evenings from 7:30 to 9:00 pm: Jewish Music and Modernity (January 16), Women’s Voices in Jewish Music (January 23), and Music and the Politics of Memory (January 30).

Adelstein has produced podcasts about music in Jewish life around the world and has presented her research internationally to academic and public audiences. She received her PhD in 2013 from the University of Chicago, where she completed her doctoral dissertation entitled “Braided Voices: Women Cantors in Non-Orthodox Judaism.”

Artist’s Talk on Ritual Objects Made From Fabric

Fiber artist Rachel Kanter, whose work was featured in “Reinventing Ritual,” a major exhibition at The Jewish Museum in New York City, and has twice been included in the Jerusalem Biennale, will speak about her work on Saturday, January 12 at 12:45 pm. Sabbath rules will be observed.

Kanter’s work brings everyday motifs of American women’s lives into the realm of the sacred object. She creates tallitot for women that are inspired by the four-cornered robes worn by Hebrew priests in Biblical



Congregation Beth El-Keser Israel

times but are designed using vintage apron patterns from the 20th century.

A collection of Kanter’s art is on view until January 20.

BEKI is located at 85 Harrison Street at the corner of Whalley Avenue (Route 63) in Westville.

Jewish Genealogical Society of CT Meeting

Please join the Jewish Genealogical Society of Connecticut on Sunday, January 20, 2019, at 1:30 pm at Temple Sinai, 41 West Hartford Road, Newington, as Tammy Hepps presents “Technology for Creating Cousin Bait That Works”. Cousin bait is the information trail you leave

for people researching common ancestors. Creating the trail means posting online content that is optimized for search engines. Finding cousins can greatly expand your family tree.

Tammy Hepps is well-known in the field of Jewish genealogy. She gives many

presentations around the world. She is on the board of ReclaimtheRecords.org and Rauh Jewish Archives. In the past, she has served on the board of JewishGen and many other genealogical organizations.

The program is free and open to the public. Attend in person at Temple Si-

nai in Newington or attend via webinar at <https://facebook.us6.list-manage.com/track/click?u=592a9d60e2153cfae6da9154d&id=08c9af97d5&e=ae9ae8e98b>.

Visit www.jgsct.org for additional information.

BULLETIN BOARD

Al-Anon Meeting, Monday mornings, 10:00 - 11:30am, Holy Infant Church Hall, 450 Racebrook Road, Orange; a support group for relatives and friends of alcoholics. For more information, contact www.ct-al-anon.org.

Al-Anon Parents Meeting, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to www.ct-al-anon.org or call Margaret at (203) 877-4313.

Nicotine Anonymous Meetings, Mondays, 6:30 – 7:30pm, Trinity Lutheran Church, 21 Robert Treat Parkway, Milford, open to all, no dues or fees, only requirement is the desire to be free of nicotine. For more information, call Bridges, 203-878-6365.

Alzheimer’s and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups

for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Zumba Gold Classes At Congregation Or Shalom, Tuesday and Thursday evenings at 7 p.m., Congregation Or Shalom, 205 Old Grassy Hill Road, simple and easy routines to follow, designed for people of all ages and no experience is needed. If interested, call Robin at 203.314.8176 or temple office at 203.799.2341.

Clean Energy Task Force of Orange, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o’clock. The public is invited.

Orange Arts & Culture Council, meets on the fourth Tuesday of every month, 7:30pm, HPCC, 525 Orange Center Road, check chalk board for meeting room. The public is invited.

Orange Recycling Committee meets every 3rd Wednesday 7:00pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email Orangerecyc-cles@gmail.com.

Elm City Kennel Club General Meetings, third Wednesday of each month,

except during July and August, 7:00pm, North Haven Recreation Center, 7 Linsley Street, North Haven. For more information, contact New Member Coordinators Maureen Anderson, at 203-430-5229 (maureenanderson@snet.net).

Blood Pressure Clinic presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange, 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

The Rotary Club Of Orange meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Diane Eger at 203-530-4526 or visit www.rotarycluboforange.org for information about the club.

Orange Historical Society Academy Antique & Gift Shop Museum, open Saturdays, 10:00am-3:00pm. For information call 203-795-3106.

Continuum of Care Needs Caregivers, Would you like to make a difference in someone’s life as a caregiver? Continuum Help at Home is currently looking for individuals to work as a Homemaker, Companion, or Personal Care Attendant. We have full-time, part-time and live-in positions available. Visit www.continuumct.org/events to register and down-

load an application.

Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Trinity Community Preschool, Enrollment for the 2018/2019 school year is open! - 33 Center Road, Woodbridge, the Preschool offers a nurturing, faith-based early learning environment for children aged 1 – 6 years, Visit www.trinityefc.com/preschool for more information on classes and schedules. For applications or to schedule a visit, contact the Preschool Director at sharonc@trinityefc.com or 203-387-4710 x25. Trinity Community Preschool admits students of any race, color, national and ethnic origin.

Knights of Columbus Father Breen Assembly Annual Ziti Dinner at Club 47, Saturday, January 19, 2019, 6:30-8:00pm, 240 Naugatuck Avenue, Milford; cost: Adults/\$12, Children (under 10)/\$5, event is open to the public. If interested, please make checks payable to Knights of Columbus and mail to Joseph Lucisano, 93 Berkeley Terrace, Milford CT by January 17, 2019. Any questions, call Joe at 203-878-8343.

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HISTORY CORNER

BY GINNY REINHARD

Looking Waaaay Back...

Just as we now have local newspapers printing news of the various organizations in town with special write-ups of this and that so did we have one in the sixties. **Our Town**. It was sponsored by the Chamber of Commerce and the Orange Businessmen's Association. The Orange Historical Society has two bound books of various months from those wonderful early sixties and below you can sit back and read about the "good ole days" in Orange.

1963

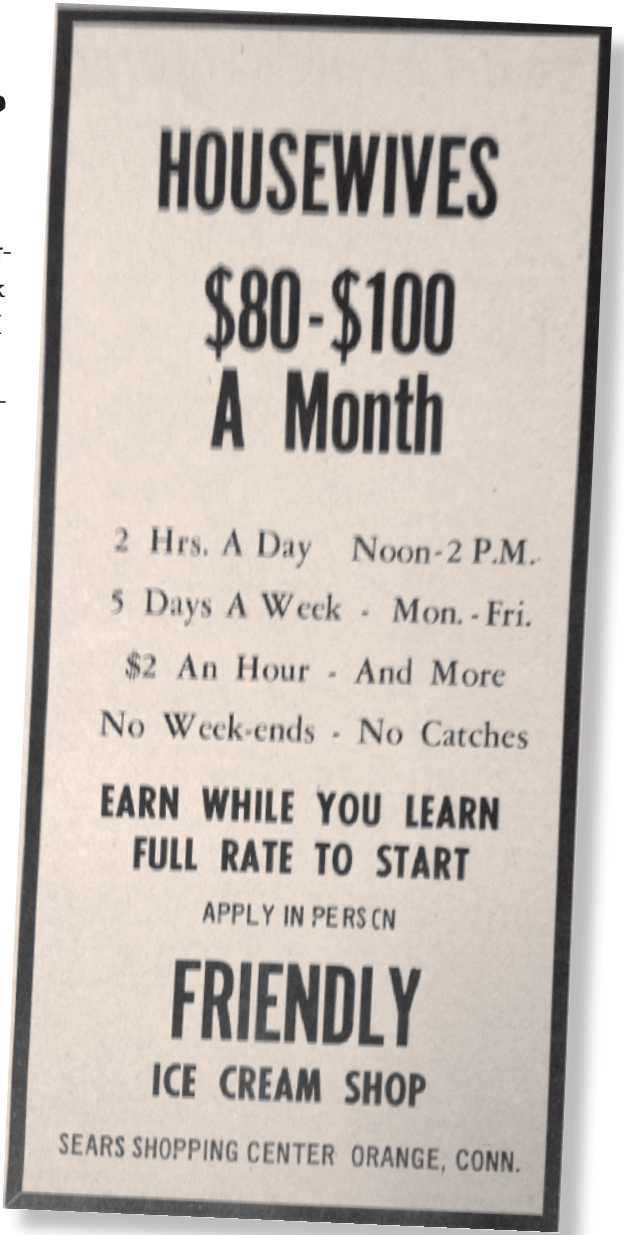
- ✓ **January 23:** For 10 consecutive years Ellis Bradley and his son from West Haven decorated and provided Christmas lights for the tree on the Green. The Orange Congregational Church provided the electricity.
- ✓ Joseph Palmieri, building inspector, reported that building permits were down and that only 11 were received totaling \$86,000, \$76,000 for dwellings.
- ✓ A re-zoning request was deferred for the area around the Firelight Shopping Center due to insufficient data concerning the Farrell family's home abutting the commercial zone.
- ✓ The police commissioner, Joseph Cummings, asked for a budget increase of \$20,000 with a \$400 increase across the board for a 16-man force. At the time, a sergeant would receive between \$5900.00 and \$6300.00 and the chief \$7400.00.
- ✓ **June 18:** Dottie Berger, 4th grade teacher at Mary L. Tracy school, was named principal of Turkey Hill School to be opened in 1964.
- ✓ Ralph Capecelatro sought nomination for selectman with the remark from Charles Stokesbury that he would receive unanimous endorsement.
- ✓ **July 23:** Anthony Giordano sought the nod for 1st Selectman having been on the board of selectman, previously.
- ✓ Zip Codes came to Orange with postmaster Ray Cuzzocreo stressing the importance of the new manner to which the town would send their mail.
- ✓ **August 28:** Enrollment for the 1962 school year was 1562 with the anticipation that it would rise to 1700 leaving a shortage of 6 classrooms. It was expected that class sizes would exceed 30 pupils until Turkey Hill was completed.
- ✓ **November 19:** Sandy Becker, television personality, visited Racebrook School for its Book Fair. Becker was known for two children's programs aired on television sta-

- tion WNEW out of New York.
- ✓ Food prices at local markets touted such items as boiled ham \$.47/lb., pork chops \$.79/lb., Italian sausage \$.65/lb., and a package of carrots \$.10.
- ### 1964
- ✓ **January 22:** Town Planning & Zoning suspended consideration for any new subdivisions pending seepage testing. It was stated that the testing must be submitted before any subdivision could be considered.
 - ✓ **February 19:** The Board of Education noted that sidewalks were being considered for children to walk to and from the various schools. It was stated that the number of children using the sidewalks did not outweigh the cost involved with the building, maintenance and crossing guards and that the use of buses throughout town was more efficient.
 - ✓ **March 18:** Asgrow signed a contract for construction of a new headquarters at a cost of \$500,000 with 40-50 employees. The building overlooked a man-made pond on a knoll adjacent to the Wilbur Cross Parkway. The Asgrow Seed Company had its start in Orange as early as 1856 when the Everett B. Clark Seed Company merged with others to form the Associated Seed Growers.
 - ✓ Advertisement: McDougle Hamburger New N Big 28 cents.
 - ✓ Peoples Bank opened in the former U.S. Post Office with a colonial theme. The drapes were printed with copies of early American newspapers.
 - ✓ **April 22:** A paper and rag pickup was sponsored by the American Legion.
 - ✓ The Board of Selectmen hired a West Hartford firm to sweep the sand from the streets on a trial basis. The cost of \$1000-\$1500 was being weighed against the purchase of a new sweeper for \$12,000.
 - ✓ School enrollment made the paper once again with 1782 students and classes beyond 25. Mary L. Tracy School for the grades 1-5 had 30 or more children in each classroom, Racebrook 25 and High Plains over 31.
 - ✓ More haggling over property on the Post Road and Old Tavern Road being changed from residential to commercial. I guess with the Post Office, Quizno's, Dip Top etc. and the commercial properties won that one.
 - ✓ **June 25:** Substitute teacher salary, per diem, increased from \$15.00

- to \$18.00
- ✓ The Fire Department purchased a new truck; Mack Model C85F, 750 GPM Class A Pumper that could pump 750 gallons of water per minute.
 - ✓ School Enrollment again and cost per child: 64-65 1840, \$469, 65-66 1955, \$490, 66-67 2047 \$495, 67-68 2119 \$501
 - ✓ **October 28:** A new look came to Route 1 with large signs gracing the entrance to Orange from both Milford and West Haven town lines. A plan for large orange-colored urns with a small evergreen placed on every property line along the road did not appear to come about. It was thought that this idea would give a favorable impression of the town.
 - ✓ **November 24:** The Chamber of Commerce was instrumental in getting the State to build the exit and entrance ramps on Marsh Hill Road. The provision had been made when the highway was built but not installed. It was thought that the increase in businesses in town would warrant the ramps being created which was to cost \$150,000 with the state taking 90% of the burden and the Federal government 10%.
 - ✓ Do you know where the Turkey Hill time capsule is buried? Lou Esparo, 6th grade teacher gave his class an opportunity to leave the present for the future. A capsule was created and with help from the first town engineer, Bob Hiza, it was buried 6 feet into a rocky ledge at the school.

1967

- ✓ **January 23:** The Town Hall, at a cost of \$368,800, was scheduled for completion by April 1 with occupancy by May 1. The Town Hall was at that time located in the building known as the Academy just down the street. The Academy now houses the office, research center, museum and antique shop for the Orange Historical Society.
- ✓ Alice Coe, then school dietician, announced the menu for the week at the elementary schools. Sea shell macaroni with tomato sauce, green mixed salad, buttered rolls, gingerbread square with orange sauce, cheeseburgers, oven-fired potatoes, string beans and fruit cocktail, oven



fried chicken, buttered rice, sliced carrots, bread and butter, chocolate pudding with whipped cream, chicken and vegetable soup, chicken salad sandwich, cookies and applesauce. Gee, is it lunchtime yet?

- ✓ **March 20:** An ad appeared with the headline Housewives \$80-\$100 a month, 2 hours a day, noon-2p, 5 days a week, Mon-Fri, \$2 an hour-and more, No weekends-no catches, Earn while you learn, full rate to start. Apply in person. Friendly Ice Cream Shop, Sears Shopping Center, Orange, CT
- ✓ **December 18:** Excellent progress was being made on the construction of the ramps on Marsh Hill Road. L.G. DeFelice & Son construction firm from North Haven worked to open the entrances and exits which had added costs to the \$350,000 mark to be completed in the spring of 1968.

1968

- ✓ **March 4:** A new business came to town. Wolfe's Bakery was owned by Fred and Bob Wolfe and they were overwhelmed by the percentage of business they experienced. Known for specialty cakes and fresh breads, this bakery was a staple for menus throughout town. They were asked, with such wonderful food why they didn't have a deli section. Answer? The "blue" laws at the time did not allow shops to be open on Sunday so that operating such would not be feasible.

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Hidden Ways You Can Benefit From Having Hobbies

Finding time for hobbies can be difficult. Commitments to work and family take up the bulk of many people's free time, making it hard to squeeze in a favorite hobby. But hobbies can benefit people in some interesting ways. Understanding those hidden benefits may compel some people to make more time for their favorite downtime activities.

Hobbies can improve your efficiency. Penciling more activities into your day planner may not seem like something that will help you create more time for hobbies, but it just might. For example, if you know you have a softball game or choir practice at night, then you might waste less time surfing the internet or talking around the water cooler during the workday. In a 2017 study conducted for the staffing firm OfficeTeam, researchers found that the average office employee spends about five hours per week on his or her mobile phone doing things that have nothing to do with the job. That's five hours you could be working, opening up more time for hobbies before or after work.

Hobbies can foster social connections. In his 2000 book, "Bowling Alone," political scientist Robert Putnam described a reduction in in-person social intercourse that once enriched Americans' social lives. By making more time for hobbies, particularly

those that promote interaction with other adults, men and women can foster social connections that otherwise might never blossom.

Hobbies can provide health benefits. The American Institute of Stress notes that some hobbies can help people reduce their stress. The AIS notes that some 56 million women in the United States now knit or crochet. That marks a 51 percent increase over the last decade. That revival is attributed to the stress-reducing properties of knitting and crocheting. Men and women coping with stress need not learn how to wield a sewing needle to alleviate their stress. Activities that promote slowing down and induce a relaxation response similar to knitting and crocheting can be equally beneficial.

Hobbies can increase quality time with your children. Parents with hobbies can double dip, using the time they would ordinarily spend with their children to teach them some of their favorite hobbies. Take kids along when you go fishing or teach them how to plant flowers and tend to a garden. This is a great way to increase quality time with your children while also affording you a chance to continue engaging in your favorite hobbies.

Hobbies can benefit people in ways they never imagined, making them worthwhile pursuits no matter how much or how little time you may have.

celebrity
extra
by Dana Jackson

Q: I'm a big fan of "The Bachelor" and "The Bachelorette" reality programs. I've often wondered, with so many of these couples breaking up after getting engaged on the show, does the lead get to keep the engagement ring? -- A.J.

A: ABC executive **Rob Mills** recently cleared up speculation about the ring. On each season of "The Bachelorette," the two remaining bachelors meet with jeweler **Neil Lane** in West Hollywood to choose one of his sparkling gems to present to his prospective bride. If she says yes to one of their proposals, she can keep the ring, but only if the couple makes it to a certain point. According to Mills, if the couple breaks up before the two-year mark, neither gets to keep the ring and it's returned to Lane.

Q: When is the fourth season of "Fargo" going to air? While I didn't think the third season was as good as the other two, it's still a far better show than most on TV these days. -- B.B.

A: The Emmy-winning dark comedy series is making its fans wait, but hopefully that means it will return better than ever. Each season has a different star-studded cast (**Martin Freeman**, **Kirsten Dunst** and **Ewan McGregor** have appeared) with its own separate story and time period, but all have taken place in what I believe is the show's biggest attraction -- the snow-covered flatlands of Minnesota and North Dakota.

FX announced that the fourth season, set in the 1950s and starring **Chris Rock**, won't begin filming until the fall of 2019, which means it



Chris Rock [David Shankbone/Wikipedia]

won't air on FX until 2020! This is likely because the show's creator, **Noah Hawley**, is busy with other projects, including the feature film "Pale Blue Dot" starring **Reese Witherspoon**.

Q: Is it true that the Sue Heck character is going to star in a spinoff of "The Middle"? I loved that show and would like to see it live on with my favorite sibling of the Heck clan. -- J.K.

A: The girl who once said "I can't go to school today ... my face is too oval" is all grown up now and headed to Chicago. The spinoff, "Sue Sue In the City," was all set to go until a regime change at ABC scrapped it. The pilot starred **Eden Sher** as Sue Heck, with **Brock Ciarlelli** reprising his role from "The Middle" as her bestie, along with **Chris Diamantopoulos** ("Silicon Valley") and **Finesse Mitchell** ("Saturday Night Live").

Despite not getting picked up ABC, there's a chance the spinoff could find a place to call home on another network or platform. TV Guide pointed out that "Black-ish" spinoff "Grown-ish," with a premise similar to "Sue Sue In the City," found its way to the Freeform channel. So perhaps that network might be interested.

Send me your questions at NewCelebrityExtra@gmail.com!

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ARTS & LEISURE



Kenneth Mull with his first place Orange Arts and Culture Council Fill the Frame Photo Contest entry, “Vietnamese Offshore Fishing House,” on display at the Town Hall Gallery.

“Fill The Frame”
Photos On Display

The Orange Arts and Culture Council is featuring the work of local photographers in its Fill the Frame Photo Contest. The contest is in its second year with entries judged by members of the Connecticut Professional Photographers Association. Photographs will remain on display at the Town Hall Gallery through February 1.

Prizes were awarded for first, second and third place. This year an additional prize was awarded, the People’s

Choice. First place went to Kenneth Mull for his entry “Vietnamese Offshore Fishing House.” Second place went to Terri Smith for her entry, “Sunflower.” Third place went to Daniela Cossitt-Levy for her “Hummingbird and Bee.” This year an additional category was added, The People’s Choice Award, presented to Dee Anfi for “Autumn Calm Nature”.

Entries will remain on display at the Town Hall Gallery through February 1.



Orange Community Women
Presents Li Liu, Acrobat

On Saturday, January 26th at 3:00, Orange Community Women will proudly present Li Liu in “Traditions of Chinese Acrobatics.” This family event for all ages is a one-woman acrobatic show in which Li performs hand balancing, plate spinning, artistic cycling, ribbon dancing, diabolos and foot juggling. A limited number of volunteers get to join her on stage to create an impromptu ribbon dance, and also to try their hand at plate spinning. The documented history of acrobatics in China goes back more than 2000 years. Throughout her show, Li explains some of the rituals of Chinese culture and the Chinese New Year, teaches the audience some basic Chinese phrases, and encourages them to think about what it might have been like to grow up in a different time and place.


Li Liu was born in the city of Shenyang in The Northeast of China and began her acrobatic training at the age of 6. She was chosen to attend The Chinese National Circus School in the capitol city of Beijing where she trained until she was 16. After touring extensively throughout Europe and winning medals and prizes at several festivals, she came to the United States with Ringling Brothers Barnum & Bailey Circus and toured all over the US. She is a regular on the NBA & WNBA half-time circuits and is also a featured performer on

Princess Cruise Lines.

The show will take place at High Plains Community Center Gym, 525 Orange Center Road in Orange. Tickets are \$5 in advance and \$7 at the door. For advance tickets contact Michelle @ (203)605-4383 or fbailey1@optonline.net or any member of OCW.

Orange Community Women is a chapter of Connecticut Junior Women, Inc. We seek to unite the women of Orange and surrounding areas by participating in community service and providing enrichment, leadership and social interaction. Our charitable and community projects include awarding scholarships to Amity students, donating children’s books to the library, collecting for veterans, organizing activities for the Tracy Bunch (a group of special needs adults sponsored by Orange Community Services), visiting and working with the seniors at Silverbrook Estates, donating holiday food baskets and gift cards to Orange Community Services, supporting Relay for Life and partnerships with Days for Girls, Manes and Motions Therapeutic Riding Center and Female Soldiers/ Forgotten Heroes.

We meet on the 4th Wednesday of the month at 7:00 at HPCC and new members are always welcome. For information about OCW, please contact Donna Wesolowski at donnaweso@optimum.net.



Martin
Luther
King Jr.
Day

JAN.
21

ARTS & LEISURE

Traditional Irish Music Session
With Jerry O'Sullivan

Jerry O'Sullivan, America's premier uilleann piper, will join the P.V. O'Donnell Comhaltas Ceoltóirí Éireann traditional music session and CD release party on Thursday, January 17, at St. Gabriel's Church Hall, 26 Broadway, Milford, CT, 7:45 pm. All are welcome, admission is free, BYOB.

Jerry is a gifted ambassador of the Irish pipes, maintaining the historic traditions and melodies of the instrument while expanding its range into new genres of music and media. His mastery of the instrument, traditional knowledge, versatility, and dedication to education truly make him America's premier uilleann piper. In addition to his own recordings and appearances worldwide, Jerry has appeared on more than 90 albums and has performed or recorded with The Boston Pops, Don Henley, Paul Winter, James Galway, Dolly Parton, The Nashville Symphony Orchestra, Eileen Ivers, and others.

On his latest album, "The Killasser Flute," Jerry plays the flute and celebrates the music of the Killasser area, County Mayo, Ireland, where his grandparents lived. Daniel Neely of The Irish Echo wrote that the CD is a "thoughtful, wonderfully executed



Jerry O'Sullivan

tribute to the music of O'Sullivan's family's ancestral home...The playing is absolutely lovely..." The CD will be available for purchase at the session Thursday night.

Comhaltas Ceoltóirí Éireann was founded in 1951 in Ireland to promote Irish traditional music, song, dance and language. Today there are 415 branches worldwide and over two million people attend Comhaltas functions each year. For information on the session, call 203-876-9973.

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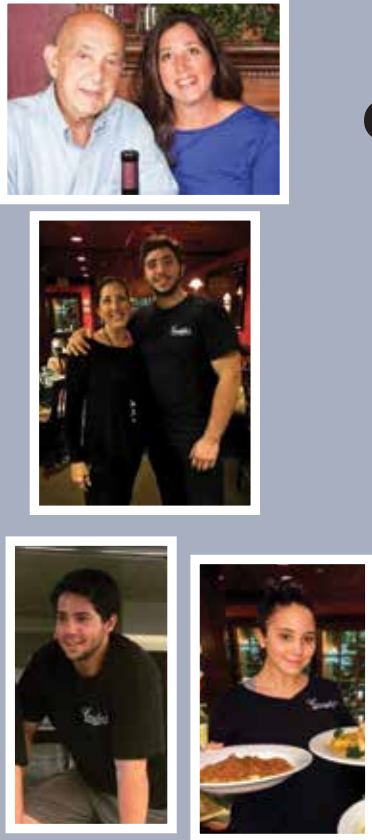
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LOCAL BUSINESS ROUNDUP

Drucker Named Principal At Cohen And Wolf, P.C.

The law firm of Cohen and Wolf, P.C. is pleased to announce that Robyn H. Drucker has become a principal of the firm. Ms. Drucker joined Cohen and Wolf, P.C. in 2011, and is a member of the firm's Business & Corporate, Real Estate, Employment & Labor, Physicians' Practices and Commercial Lending Groups. Her practice involves a wide range of business and real estate transactions, including entity formation, mergers and acquisitions and real estate purchases, sales and leasing. Ms. Drucker regularly represents local and national banking institutions, commercial lenders and borrowers in connection with asset based, mortgage and construction lending transactions. In the areas of labor and employment, Ms. Drucker provides guidance to employers regarding state and federal agency investigations, employee classification, trade secret and non-competition restrictions, and personnel policies and procedures. She has experience drafting employee handbooks, employment agreements and independent contractor agreements.

Active in the community, Ms. Drucker currently serves as a member of the Advisory Board for the Quick Center for the Arts at Fairfield University and as a member of the Board of Directors of the Westport Farmers Market.

Ms. Drucker is recognized as a "Rising Star" by Connecticut Super Lawyers (2017-2018) in the area of Business & Corporate law. In 2017, she was named a "New Leader in the Law" by the Connecticut Law Tribune and she received the Fairfield County Business Journal's prestigious "40 Under Forty" award. Ms. Drucker is admitted to practice in Connecticut and is a member of the American, Con-



Robyn H. Drucker

necticut, Greater Bridgeport and New Haven County Bar Associations. She is also a member of the Business Law and Real Property Sections of the Connecticut Bar Association and serves on the Executive Committee of the Real Property Section.

Ms. Drucker earned her B.A., magna cum laude, from the University of Rochester and her J.D. from Boston University School of Law.

Cohen and Wolf, P.C. was founded in 1951 with two lawyers, Herbert L. Cohen and Austin K. Wolf, working from a single office in Bridgeport. Since then, the firm has expanded to more than 50 attorneys with offices in Bridgeport, Danbury, Westport and Orange. Attorneys at Cohen and Wolf represent a diverse assortment of individuals, businesses and municipalities, handling their personal and professional legal needs, from matters involving litigation, employment, corporate and securities law, commercial lending, real estate, land use and zoning, to family law and estate planning. Additional information is available at www.cohenandwolf.com.



BarCode Bar & Restaurant Opens

On Wednesday, December 12th, 2018, 5:00 p.m., the Orange Chamber held a ribbon cutting for BarCode Bar & Restaurant, 501 Boston Post Road, Orange.

BarCode is a locally owned and operated sports bar and restaurant. Mike Delvecchio, owner, has a wide variety food and drink menu. Seventeen televisions cover the walls broadcasting

live sporting events. BarCode has three pool tables, and offers darts and more. There is something happening every night with live bands on Fridays and Connecticut's hottest DJ's on Saturday nights.

BarCode also offers catering for private events in the restaurant and is always open to helping with fundraisers and charities.

Real Living Wareck D'Ostilio Welcomes John P. Santucci

Real Living Wareck D'Ostilio Real Estate proudly welcomes attorney and REALTOR John P. Santucci to the team.

John is a graduate of Cheshire Academy and Georgetown University School of Foreign Service (Magna Cum Laude) BSFS in 1971 and 1974 graduate of Georgetown University School of Law. An experienced general practice attorney with 43 successful years of building his own practice in the Waterbury area, John decided to wind down his law firm practice and concentrate primarily on his real estate endeavors. He has been a Connecticut Real Estate Broker since 1987.

John has extensive experience in all facets of residential and investment real estate. leases, and brokerage.

John was a practicing general business attorney for 43 years in his own firm providing quality legal representation in the Waterbury area.

"John is focused, organized, self-motivated, and creative," said John Wareck, partner in Wareck D'Ostilio Real Estate. "His experience and success has contributed to his excellent people skills and ability to establish good communication with his clients."

"We are delighted to have John affiliated with Real Living Wareck D'Ostilio Real Estate," said Frank D'Ostilio, partner. "It is the combined efforts of our



John P. Santucci

experienced professionals like John and our new additions that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement and high presence is why John joined our team."

John has served on the Woodbridge Zoning Board of Appeals and was active in the Boy Scouts of America Connecticut Yankee Council. An avid fisherman, John is the current president of the Farmington River Angling Association.

John and his wife reside in Woodbridge. Contact him at 203-927-3480 or John.Santucci@wdsells.com.



LOCAL BUSINESS ROUNDUP

New Covenant Center Advisory Council Appointment

The New Covenant Center (the “Center”), one of the largest soup kitchens and food pantries in the state, has appointed Robinson & Cole lawyer Charles F. Martin III to its Advisory Council. Mr. Martin is a member of the firm’s Real Estate + Development Group.

Mr. Martin focuses his practice on commercial real estate transactions, including the representation of clients in commercial leasing and financing transactions, joint ventures, economic redevelopment projects, and the acquisition and disposition of commercial real property. Since joining Robinson & Cole in 2001, he has completed hundreds of national and international transactions.

Opened in 1978 as a soup kitchen “to help the neediest in greater Stamford meet the most basic need for food in a dignified and respectful environment,” the Center serves 600,000 nutritious meals a year. Over the last 38 years, the organization has grown to become one of the largest soup kitchens in Connecticut and the only one in the area that is open 365 days per year, providing three meals daily. The Center also now operates the largest food pantry in Stamford and one of the largest in



Charles F. Martin III

the state. Currently, it provides nearly 400 families with 10 days/3 meals a day worth of groceries each month. In addition to serving on the Advisory Council, Mr. Martin will also lead the Center’s community outreach program.

Robinson & Cole is a service mark of Robinson & Cole LLP, an Am Law 200 firm with more than 200 lawyers in nine offices serving regional, national, and international clients, from start-ups to Fortune 500 companies. For more information, please visit www.rc.com.

Colonial Properties Nets Three 2018 Deal Of The Year Awards

Michael Richetelli, President and Designated Broker of Colonial Properties, Inc, is pleased to announce their acceptance of three 2018 Deal of The Year Awards from the New Haven Middlesex Board of Realtors® Commercial Investment Division (CID).

Michael Richetelli, President and Designated Broker, and Fred A. Messor, Senior Vice President, received the Highest Retail Sale Award for the sale of 190 Boston Post Road, Orange. The property consists of a 28,760 SF +/- commercial building on 5.57 acres and sold for \$3,150,000.

Fred A. Messor, Senior Vice President, received the Highest Multi-Family Sale Award for the sale of 125 Coleman Street, West Haven. The property consists of two fully leased apartment buildings, one 18 unit and another 12 unit (30 units in total), on 1.84 +/- acres and sold for \$3,600,000.

Kevin Weirsmen, Vice President, received the Highest Business with Property Award for the sale of 852 Dixwell Avenue, Hamden. The 5,600 SF +/- commercial building was solely occupied by an operating Laundromat business, and sold for \$425,000.

“I’m very proud of our team for taking home three CID Deal of the Year Awards for the 2nd year in a row. In a very challenging economic climate, Colonial Properties continues to get results for our clients,” said Richetelli.

Colonial Properties, Inc., founded in 1978, is a full service Commercial and Residential Real Estate Brokerage, located in Orange, CT. The firm handles

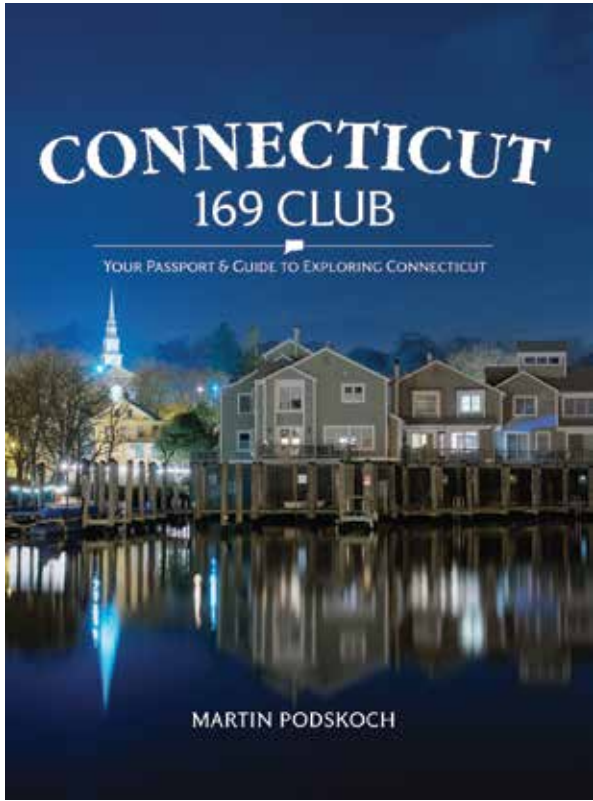


Fred Messor



Kevin Weirsmen

all types of real estate transactions including the sale and leasing of retail, industrial, office, investment properties, and residential properties, as well as brokering land and business sales.



Just released...“Connecticut 169 Club,” a visitor’s guide to Connecticut. This hard cover book is suitable for gift giving for those who like to travel to Connecticut towns to enjoy their unique quality. Each town is represented by a member of the historic community with the history and local attractions. Come by the Orange Historical Society on Saturdays for this unique representation of Connecticut. For information call 203 795-3106.

Once again, the Orange Historical Society Antique Shop wishes to thank all of our customers for shopping with us in 2018 and welcome them to stop by before 2019 for that special person and a unique gift. The shop is open Saturdays from 10-3 at 605 Orange Center Road. For information, call 203-795-3106.

CLUBS & ORGANIZATIONS

Woodbridge Happiness Club Meeting!

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness and its Benefits. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on “The Happiness Show” broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the turbulence that

we all experience in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, January 22nd from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge.

For further info e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.



Floral design created by garden club member Brenda Zandri

Garden Club House Tour Re-Cap

“Deck the Halls” a holiday house tour sponsored by The Garden Club of Orange was held on Sunday, December 9, 2018. Co-Chairs Pat Nizen and Lisa Stackpole thanked homeowners, Stanley & Patti Biga, John & Lisa Huber, Dan & Lisa Durkee, Mitch & Abby Goldblatt and Ed & Marguerita Lisi for sharing their beautiful and unique homes with the community.

Each house was decorated by a com-

mittee of garden club members. Visitors were impressed with the level of floral designs and celebratory atmosphere created. Profits from the event are dedicated to the civic activities of the club and the enhancement of the Town of Orange.

The Garden Club of Orange is a member of the FGCCT, the NEG and the NEC. For membership information, contact Joanne Friedrichs 203-795-4244.



ORANGE LAWMAKERS RAISE MONEY FOR SALVATION ARMY

State Reps. Themis Klarides (R-114), Charles Ferraro (R-117), and State Rep-Elect Kathy Kennedy (R-119) joined the Salvation Army on Friday, December 7th to help raise money outside the Orange Walgreens for the annual Red Kettle Campaign.



Orange Lions Club To Make Community Grants

The Orange Lions Club will provide a limited number of mini-grants to eligible community organizations and/or individuals in 2019, for the fifteenth year. The program is intended to provide funds to worthy causes and activities in the town of Orange that might not otherwise be funded, announced Orange Lions Club President Pat Romano. She explained, “While our Lions Club continues to provide funds to Lions blindness prevention programs, aid for the blind, and eye research, which are long-time Lions Club priorities, we feel strongly that it is important to allocate funds to local projects as well.” Romano emphasized that this funding is in addition to a college scholarship which the Orange Lions Club will be awarding to Amity High School graduates, as it has for over 50 years.

Mike Muttitt and Nick Musante of Orange have been appointed to chair the community mini-grants program this year. Muttitt stated that blank applications for the community mini-grants program are now available at the High Plains Community Center in the Community Services Department, at the Peoples United Bank branch on Orange Center Road, at the Case Memorial Library, and from any Orange Lion. The Orange Lions feel that it is crucial to continue to use some

of our fund-raising resources for local community-based projects and activities. “We have an outstanding review committee which will enable us to make fair and appropriate decisions regarding all mini-grant allocations.” Completed applications are due to be submitted to the Orange Lions no later than Thursday, January 31, 2019. All Orange non-profit clubs and related non-profit organizations, individual Orange residents, and Orange government entities are eligible to apply. The recipients of Orange Lions mini-grants will be announced in late February after the selection committee completes its review of all timely applications.

In addition, the Orange Lions continue to provide such community activities as the annual Community Thanksgiving Dinner, Easter Egg Hunt, and Seniors’ Pizza Party, and other service activities. The Orange Lions also collect used eyeglasses for restoration and distribution to needy people all over the world. Drop boxes for used eyeglasses are located in the Case Memorial Library and the High Plains Community Center lobby. The Orange Lions now conduct eye screenings for preschoolers and kindergarteners, as well and most elementary students in Orange using sophisticated equipment to identify potential sight issues in the children’s early years.

Guidance Counselors/
College Admissions

BY DR. PAUL LOWE
Woodbridge Admissions
Advisors



Big Caseloads and Little Time

Over 20 years being an admissions advisor, I receive calls from parents to retain our services for college admissions. All of their children have guidance counselors and many are from suburban public schools in the NJ, CT, NY, RI and MA. Students were applying to range of universities and BS/MD programs.

Because of the increasing competition to get into top colleges, many families feel overwhelmed and stressed by the college admissions process. Moreover, the process can seem so complex that families may want the assistance, resources and knowledge of an expert who focuses solely on the college admissions process and who spends more time and individualized attention than guidance counselors can provide. Many parents and students discover too late (their children receive rejection letters) in the college admissions process that they should have hired a college admissions expert.

With the heavy workload of most high school counselors, few know their students well or have the time to provide personalized attention needed in this vital process. Public school systems burden counselors with many duties unrelated to college counseling, including but not limited to, testing, scheduling, crisis counseling, social/emotional counseling, occupational counseling/job placement, etc.

Consider the results of studies and sources summarized below:

1. In February 2015, in an op-ed piece in *USA Today*, former First Lady Michelle Obama, wrote eloquently: "There's the world of the schools most of our kids attend where school counselors are too often under-valued and overstretched, and they simply don't have what they need to do their jobs. While the American School Counselor Association recommends no more than 250 students per counselor, the national average is one counselor for every 471 students. And often, school counselors are burdened with all kinds of unrelated responsibilities such as proctoring exams, substitute teaching, even monitoring the lunchroom. Many school counselors find themselves doing triage, juggling those duties while trying to help kids in crisis and also keep up with the latest college admissions deadlines and requirements."

2. The *National Association for College Admission Counseling's* (NACAC) 2018 State of College Admissions reported that on average, public high school guidance counselors spend only 21 percent of their time on college admissions counseling. High school guidance counselors spend the majority of their time on school activities unrelated to college admissions.

3. The *National Association for College Admission Counseling* (NACAC) survey

indicated that high school guidance counselors have an average caseload of 195 to as high as 708 students making them unable to provide adequate college guidance.

4. A *National Association for College Admission Counseling* (NACAC) 2012 annual survey of school counselors also indicated that regardless of staffing, no counselor reported sufficient training in any of the areas related to college counseling.

5. The *National Association for College Admission Counseling* (NACAC) and the *American School Counselor Association* (ASCA) compiled a report that indicated that school counselors currently serve an average of 482 students, a caseload nearly twice the recommended maximum of 250.

6. The *Independent Educational Consultants Association* (IECA) stated: "An educational consultant brings to the family the knowledge and skills of an experienced professional coupled with a commitment to assuring the [student's] best interests are met. Educational consultants counsel students and their families in the selection of educational programs based on the student's individual needs and talents."

7. *Public Agenda*, a nonprofit research organization conducted a survey that indicated that most people who graduated from high school in the past dozen years say their counselors provided little meaningful advice about college and nearly half said that their counselors made them feel "like I was just another face in the crowd".

8. The *Higher Education Consultants Association* (HECA) stated: "A professional educational consultant works one-on-one with each student, helping to identify colleges and universities that offer the best matches for the student's unique needs, and keeping the student on track through every phase of the college application process."

"Admissions is a competitive sport! Why gamble with uncertainty?" – Dr. Paul Lowe

Dr. Paul Reginald Lowe is the managing director and lead admissions expert at Woodbridge Admissions Advisors. Tel. (203) 387-1574, and founder affiliates: Ivy League Admissions Advisors and Private School Admissions Advisors of the Pinnacle Educational Center Admissions Advisors Group network. Dr. Lowe specializes in providing exclusive concierge-type admissions advisory services for families and students who are interested in applying to top private schools, Ivy League and highly selective colleges and combined BS/MD programs. Dr. Lowe also helps students gain admissions into their top choice private schools and colleges after they have been wait-listed and rejected.

TOWN DEPARTMENTS

Legislators To Have Office Hours With Constituents

State Representatives Themis Klarides, Charles Ferraro and State Representative-Elect Kathy Kennedy will be holding legislative office hours in Orange for constituents in the month of January.

Office Hour: Monday, January 14th, 6:30-7:30pm at Case Memorial Library Meeting Room on 176 Tyler City Road.


The legislators want to hear from their constituents and encourage them to talk about any issues, questions or concerns related to state government.

The deadline for individual legislators to propose bills is January 18th; residents are encouraged to bring their ideas forward for possible consideration. The 2019 Legislative Session began on January 9th.

For anyone who is unable to attend but would like to talk to their state representatives, you can contact them at 1.800.842.1423 or send an email to Themis.Klarides@housegop.ct.gov, Charles.Ferraro@housegop.ct.gov, Kathy.Kennedy@housegop.ct.gov.

www.OrangeTownNews.com

Town of Orange Meetings for the Month of February 2019



(Subject to Change, Check with Town Clerk's Office, 203-891-4730)

4th	Zoning Board of Appeals7:00 pm	Town Hall
	Country Fair Cmte7:30 pm	HPCC
5th	Economic Development Comm5:30 pm	Town Hall
	Town Plan & Zoning Comm7:00 pm	Town Hall
6th	Conservation Comm7:00 pm	HPCC
7th	OGAT7:30 pm	Town Hall
11th	Traffic Authority4:30 pm	Police Dept.
	Board of Police Comm4:30 pm	Police Dept.
	Amity Board of Education6:30 pm	Middle School
	Orange Board of Education7:00 pm	Mary L. Tracy
12th	Inland Wetlands Comm7:30 pm	Town Hall
13th	Board of Selectmen7:30 pm	Town Hall
14th	Elderly Housing Liaison Cmte12 noon	Silverbrook Estates
	Community Services Comm7:00 pm	HPCC
19th	Town Plan & Zoning Comm7:00 pm	Town Hall
20th	CERT7:00 pm	HPCC
	Recycling Cmte7:00 pm	HPCC
21st	Case Memorial Library Comm7:00 pm	Case Mem. Library
25th	Family Counseling Advisory Council9:00 am	HPCC
	Board of Finance7:00 pm	Town Hall
	Youth Services Advisory Board7:30 pm	HPCC
26th	OVNA Professional Advisory Cmte5:00 pm	Clark Bldg
27th	Safety Comm9:00 am	Town Hall
	Park & Recreation Comm7:30 pm	Town Hall

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2016
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Fasting diets vary, and those considering them should consult their physicians before beginning a fasting regimen.

Fasting For Weight Loss, Better Health

Intermediate fasting plans are among today's most popular diets. Many people embrace fasting as an effective way to shed pounds, reduce risk for various weight-related illnesses and improve overall health. Interest in intermediate fasting is growing, and experts offer varying opinions about the best and safest ways to make the most of this diet strategy.

Fasting comes in various forms. With the 5:2 fast, for example, individuals follow a traditional diet for five days of the week. The remaining two days are fast days. Those fast days allow only water as sustenance, but often include caloric intake that does not exceed 500 to 600 calories.

Alternate-day fasting is another option, with one day of having normal caloric intake, followed by the next with the 500-calorie limit; rinse and repeat.

Other fasting plans involve timed eating. With the 16:8 diet, people eat whatever they like within a pre-determined window of time, typically between 6 a.m. to 6 p.m. They then fast for the remaining 16. A study published in the journal Nutrition and Health Aging and led by Krista Varady, an associate professor of kinesiology and nutrition at the University of Illinois at Chicago, found the 16:8 diet a successful way

for obese individuals to lose weight. The study also found that this diet helped to lower blood pressure in participating individuals. On average, when compared with the control trial, those on the 16:8 diet consumed 350 fewer calories and lost 3 percent of their weight. In addition, their blood pressure dropped by an average of seven millimeters of mercury over the length of the study.

In addition to weight loss and improved blood chemistry metrics, fasting may also improve longevity, suggest researchers. An ongoing study by the National Institute on Aging conducted on rhesus monkeys, which share 93 of their genetic makeup with humans, found calorie-restriction diets helped certain monkeys live anywhere from 14 to 17 years longer in captivity. Restricting calories may activate genes that direct cells to preserve resources and stall out instead of grow. In this state, the cells are resistant to stress and illness.

It can take some time for people to find a fasting plan that works for them. Before the body becomes acclimated to fasting, headaches, hunger pangs, low energy, and mood swings may occur. Eating high-fiber foods can help a person feel fuller longer. Consuming plenty of water also can help. Always consult with a doctor before beginning a new diet regimen.

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DEATH NOTICES



DEATH NOTICES

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@orangetownnews.com

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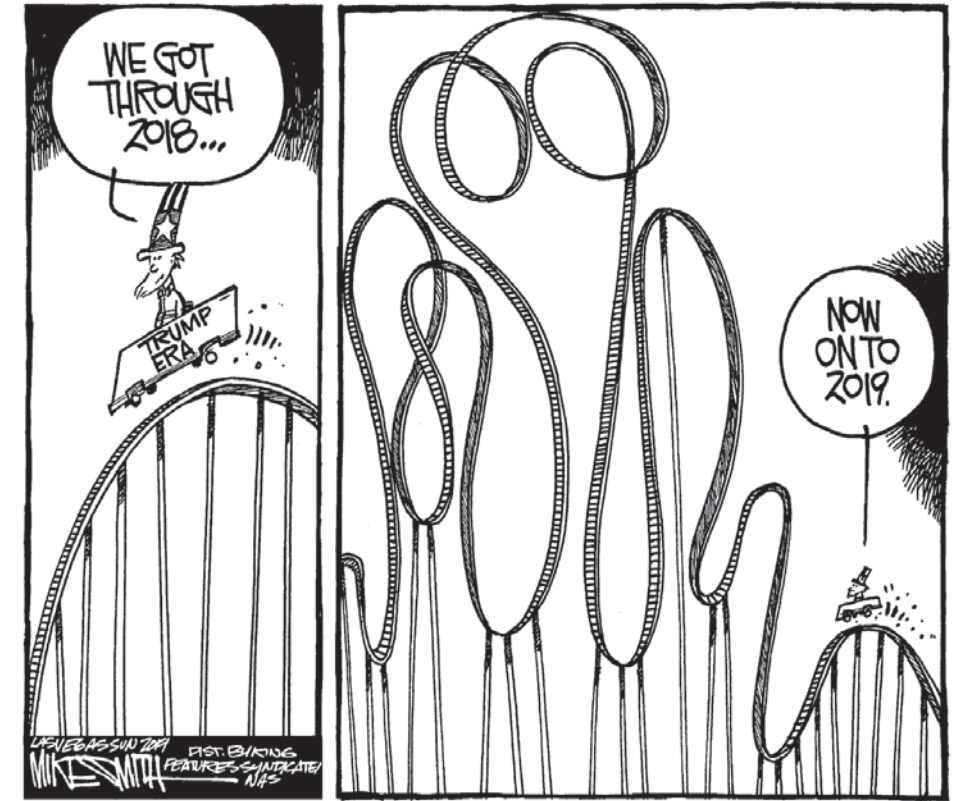
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ENTERTAINMENT

TOP 10 MOVIES

1. Aquaman (PG-13)
Jason Momoa, Amber Heard
2. Mary Poppins Returns (PG)
Emily Blunt, Lin-Manuel Miranda
3. Bumblebee (PG-13)
Hailee Steinfeld, Jorge Lendeborg Jr.
4. Spider-Man: Into the Spider-Verse (PG)
animated
5. The Mule (R)
Clint Eastwood, Bradley Cooper
6. Vice (R)
Christian Bale, Amy Adams
7. Holmes & Watson (PG-13)
Will Ferrell, John C. Reilly
8. Second Act (PG-13)
Jennifer Lopez, Vanessa Hudgens
9. Ralph Breaks the Internet (PG)
animated
10. The Grinch (PG)
animated

TOP 10 V.O.D.

1. Venom (PG-13)
Tom Hardy
2. The Equalizer 2 (R)
Denzel Washington
3. A Simple Favor (R)
Anna Kendrick
4. The Predator (R)
Boyd Holbrook
5. The House With a Clock in Its Walls (PG)
Jack Black
6. Peppermint (R)
Jennifer Garner
7. Mission Impossible -- Fallout (PG-13)
Tom Cruise
8. Smallfoot (PG)
animated
9. Elf (PG)
Will Ferrell
10. Crazy Rich Asians (PG-13)
Constance Wu



Blythe Danner, Hillary Swank in “What They Had” [Bleecker Street]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of January 7, 2019.

PICKS OF THE WEEK

“What They Had” (NR) -- “What They Had” captures the sweet heartbreak of loving someone who is slipping away, and the impossible decisions that we must make in the twilight years of our lives. Bridget (Hillary Swank) is called home to Chicago when her mother (Blythe Danner) takes off down a snow-covered lane. Her father (Robert Forster) is in denial about his wife’s Alzheimer’s disease, and her brother (Michael Shannon) plays caregiver to Mom and Dad, yearning for more out of life. Meanwhile, Bridget can’t help but compare the unshakeable love of her parents to her own cold marriage. It’s moving and never strays into sappy.

“Mid90s” (R) -- Jonah Hill makes his directorial debut with this homage to the Los Angeles skate rat scene in 1996. It’s accurate and evocative, rich with a certain offhand nostalgia -- youth is youth and struggle is struggle, no matter your background or pursuits. Here,

we follow Stevie (Sunny Suljic), who is 13 (as was Hill in 1996), but who looks much younger. He’s left much to his own devices by his hardworking single mom (Katherine Waterston) and older brother Ian (Lucas Hedges), so he befriends a group of slightly older, cooler -- whatever that means -- street skaters at a local skate shop. Their adventures are dramatic and mundane, recalling the crass antics of early teenhood and the bonds created under its mesmerizing spell.

“Monsters and Men” (R) -- Writer/director Reinaldo Marcus Green offers a study in consequences, where no action is exempt. A tense situation on a street corner of Brooklyn ends with one black man dead at the hands of white police officers, and another man who filmed the event facing the terrible choice between speaking out about the injustice and staying silent to protect his family. The impact of the decision is seen from the different perspectives -- a black cop struggling with the actions of his colleagues, a young athlete who is called to action, and others. Well done and poignant performances by John David Washington, Anthony Ramos and Chanté Adams.

“Hell Fest” (R) -- College cutie Natalie (Amy Forsyth) is home for a visit and, conveniently, a traveling horror-themed amusement park is in town. And it’s Halloween! So of course, Natalie and her friends, and their charming boyfriends, are going. Also conveniently, a masked serial killer decides rightfully that this Hell Fest would be a great time to just openly start killing people -- and Natalie’s group is at the top of the list. It’s a great and terrifying idea, especially since these types of amusements (sans live killers) exist. But it’s a terribly executed film, and you’d have to really love “scary” movies to find it enjoyable.

1. Which group wrote and released “Hello, Good-bye”?
2. Name the group that released “Heart Full of Soul.”
3. Which band released the 1974 version of “Three Ring Circus”?
4. Name the R&B artist who wrote and released “I’ve Got So Much to Give.”
5. Name the song that contains this lyric: “For a while to love was all we could do, We were young and we knew, In our eyes were alive.”



1. The Beatles, in 1967. As is typical with their music, the credits say Lennon-McCartney, but it was written by Paul McCartney alone. 2. The Yardbirds in 1965. It was their first single after Eric Clapton left and was replaced by Jeff Beck on guitar. First versions used a sitar, but they preferred the sound of a fuzz box. 3. Blue Magic, a soul group out of Philadelphia. 4. Barry White, in 1973. 5. “After the Love Has Gone” by Earth, Wind & Fire, in 1979. The song was used in an episode of “WKRP in Cincinnati” about The Who concert disaster where locked doors resulted in 11 people being killed in the stampede to get in.

Sports Quiz

BY CHRIS RICHCREEK

1. In 2017, Pittsburgh’s Josh Bell set the National League record for most homers in a season by a rookie switch-hitter (26). Who had held the previous mark?
2. Two Texas Rangers pitchers tossed a no-hitter during the 1970s. Name either one.
3. Between 2007 and 2017, how many of the 11 Heisman Trophy winners were either freshmen or sophomores?
4. Name the last second-round NBA draft pick before Milwaukee’s Malcolm Brogdon in 2018 to win the NBA Rookie of the Year award.
5. Who took over as head coach of the Detroit Red Wings after Scotty Bowman retired following a Stanley Cup championship in 2002?
6. In 2018, Joey Logano won the NASCAR Cup Series championship while driving a Ford. Who was the last Ford driver before him to do it?
7. In what year did tennis great Rod Laver win his first Wimbledon men’s singles title?

1. Atlanta’s Chipper Jones, with 23 homers in 1995. 2. Jim Bibby (1973) and Bert Blyleven (1977). 3. Six. 4. New York’s Willis Reed, in 1965. 5. Dave Lewis. 6. Kurt Busch, in 2004. 7. It was 1961.

Sudoku answers on page 24

Weekly SUDOKU

by Linda Thistle

	7			9				5
		6	1			4		
3				8	6		2	
	9			1			7	
2					8			4
		8	3			9		
9			6					3
7		2			9		6	
	3			5		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD

TIGER

by **BUD BLAKE**

The Spats

by **Jeff Pickering**

Amber Waves

by **Dave T. Phipps**

King Crossword

ACROSS
1 Ref
4 Present
8 Jeans-maker Strauss
12 Seek damages
13 Dunkable treat
14 Mosque bigwig
15 Jogged onto
17 Baby feeding finale
18 Standing
19 Parched
21 Started
22 Let slip
26 Reservation residence
29 Marry
30 Part of "to be"
31 Unoriginal one
32 Pickle container
33 Thick chunk
34 Grant opponent
35 Plague
36 Coffin
37 Duration
39 Bill's partner
40 Scooted
41 Turmoil
45 Gujarat garment
48 Vigor

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15			16					17		
18						19	20			
			21			22		23	24	25
26	27	28			29			30		
31				32				33		
34				35			36			
37			38				39			
			40			41		42	43	44
45	46	47			48	49				
50					51			52		
53					54			55		

DOWN
1 Cold War initials
2 Silent
3 Culprit, for short
4 Small beard
5 Annoyed
6 Retainer
7 Little kid
8 Tripoli's land
9 Aussie bird
10 Alt. spelling
11 Mischievous tyke
16 Swiss mathematician
20 Scarlet
23 Hardy cabbage
24 Historic times
25 "Pay later" aftermath
26 Lofty
27 Duel tool
28 Hammerhead part
29 Grow bigger

32 Lincoln successor
33 Rid of wool
35 Sch. org.
36 Rabbits
38 Southern side dish
39 Ringlets
42 Early birds?
43 Flight component
44 Yon folks
45 Pouch
46 Counselors' grp.
47 Agt.
49 Dead heat

HOLLYWOOD

BY TONY RIZZO

Steve Carell became a star because of the TV series "The Office" (2005-2013) and film hits like "The 40-Year-Old Virgin" (2005), "Evan Almighty" (2008) and "Crazy, Stupid, Love" (2011), among others, switching from comedy to drama at will. In 2018, he gave us the dramas "Beautiful Boy," "Welcome to Marwen" and the biographical comedy/drama "Vice," in which he's Donald Rumsfeld to Christian Bale's Vice President Dick Cheney. Carell is returning to series TV in Apple's "Top of the Morning" (a look at the making of a morning show), starring alongside Reese Witherspoon and Jennifer Aniston. Isn't "Murphy Brown" doing that already?

Steve Carrell [DreamWorks]

Matthew Modine and Colin Egglesfield. Stallone has finished filming "Rambo V: Last Blood" for release this year. For fun he produced the low-budget film "Street Justice," written, directed and starring Chuck Zito, with Pamela Anderson, Frank Grillo, Michael Nouri ("Flashdance") and a host of the best character actors you'll see anywhere.

Die-hard "X-Men" fans can prepare for the 12th installment of the franchise, "X-Men: Dark Phoenix," which finished shooting in October 2017 to begin a year of post-production. However, the November 2018 opening was pushed back to June 7, 2019, due to extensive reshooting that was required. Michael Fassbender kept busy shooting "Kung Fury II" (based on the video game), with Arnold Schwarzenegger and David Hasselhoff, for release this year, while James McAvoy shot the superhero thriller "Glass," with Bruce Willis, Samuel L. Jackson and Sarah Paulson, and "It: Chapter Two," due Sept. 19. Jennifer Lawrence took some well-deserved time off, while Nicholas Hoult shot two films, the Australian Western "The True History of the Kelly Gang," with Russell Crowe, and "The Banker," with Samuel L. Jackson and Anthony Mackie.

Another busy actor is Sylvester Stallone, who just rode the crest of "Creed II" to over \$150 million at the box office and completed "Backtrace," with

Thad Luckinbill played J.T. Hellstrom on "The Young and The Restless" from 1999-2010 and returned in 2017. He has an identical twin, Trent (12 minutes younger), who is a lawyer and his producing partner. Thad married his "Y&R" co-star Amelia Heinle in 2007; they had a son and a daughter together, but divorced in 2017. Thad and his brother have produced nine films, including "Sicario" (2015), which earned \$85 million, and were executive producers of "La La Land" (2016), which turned a \$30 million investment into \$450 million, and "Sicario: Day of the Solado" (2018), with Benecio Del Toro and Josh Brolin, which earned \$76 million. On April 13, 2018, the handsome Thad's character on "Y&R" was terminated when he was hit on the back of the head with a fireplace poker. ... Thad went out with a thud!

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POPEYE

King Crossword Answers on Page 24

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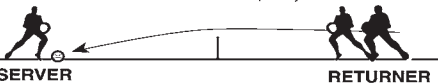
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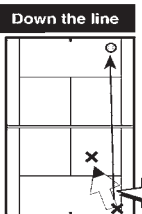
STAN SMITH'S TENNIS CLASS

MOVING TO THE NET

One strategy to put pressure on the server is to hit the return of serve and come to the net. Take a step in on the second serve and try to hit your return deep into the opponent's court and then move quickly to the net.



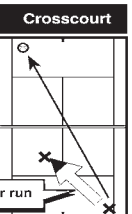
SERVER RETURNER



Down the line

If you hit the return down the line, you will have a shorter distance to run to get into proper net position than if you hit the ball across the court.


Shorter run Longer run



Crosscourt

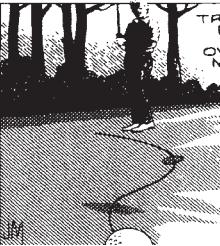
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IN OTHER WORDS, FOCUS ON GETTING THE BALL TO THE POINT WHERE YOU'VE DECIDED THE SECOND BREAK WILL BEGIN TO TAKE EFFECT INSTEAD OF ALL THE WAY TO THE HOLE ITSELF.



Weekly SUDOKU

Answer

1	7	4	2	9	3	6	8	5
8	2	6	1	7	5	4	3	9
3	5	9	4	8	6	1	2	7
4	9	3	5	1	2	8	7	6
2	1	7	9	6	8	3	5	4
5	6	8	3	4	7	9	1	2
9	8	5	6	2	1	7	4	3
7	4	2	8	3	9	5	6	1
6	3	1	7	5	4	2	9	8

King Crossword

Answers

Solution time: 27 mins.

U	M	P		G	I	F	T		L	E	V	I		
S	U	E		O	R	E	O		I	M	A	M		
S	T	R	E	A	K	E	D		B	U	R	P		
R	E	P	U	T	E				D	R	Y			
			L	E	D				L	E	A	K	E	D
T	E	P	E	E		W	E	D		A	R	E		
A	P	E	R		J	A	R		S	L	A	B		
L	E	E		P	O	X			C	H	E	S	T	
L	E	N	G	T	H				C	O	O			
			R	A	N				U	N	R	E	S	T
S	A	R	I		S	T	R	E	N	G	T	H		
A	B	E	T		O	I	L	Y		G	E	E		
C	A	P	S		N	E	S		S	P	Y			

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LOCAL SPORTS



Grade 7 Lady O's Team Wins Again!

The Holy Infant Lady Orange Grade 7 Girls Basketball team recently competed in the West Haven Thanksgiving Tourney capturing the Grade 7 Championship vs Milford . The Lady O defeated Milford in the Championship

28-27. Players on the team include: Mackenzie Martin, Vivian Cain, Kelsey O'Connor, Jillian Barnes, Bridget Lowder, Grace Cavallaro, Ava Holden, Lucci Dottori, Grace Launder, Kylee McLain, and Meghan Kirck.



Amity Athletics honored alumni baseball catcher Pat Winkel for his recognition as 2018 Gatorade Connecticut Baseball Player of the Year. Prior to the start of the varsity basketball game on Friday, January 4, Winkel rose a banner that will hang in the high school's main gym. Among his accomplishments, according to Athletic Director Ernie Goodwin, was being named three times to the All SCC baseball team, 2017 SCC Tournament MVP, 2018 SCC Player of the Year and Amity Regional High School All-Time Hit Leader. Just before graduating in June, Winkel was drafted by the New York Yankees, but he held to his commitment to attend UConn, where he will play his first baseball season there with his older brother Chris, a senior, this spring.



Emily Martino



Marykate Martino

Orange Skaters Lead Herons Off To Program's Best Start

The William Smith College ice hockey is off to its best start in program history. The Herons are 10-0-0 overall and 8-0-0 in United Collegiate Hockey Conference play. They enter the winter break on top of the conference standings. William Smith is one of two undefeated teams remaining in the nation.

Sophomore defender Emily Martino (Orange, Conn./Canterbury Prep) and sophomore forward Marykate Martino (Orange, Conn./Canterbury Prep) have played in all 10 games for the Herons this season. Emily is tied for the team lead with eight assists. She has 10 points on the season. Emily opened the season with two assists in each of William Smith's wins over

Salve Regina. In 36 career games, she has six goals, 18 assists and 24 points. Marykate has three assists this season. A defensive forward Marykate is a key piece in William Smith's penalty-kill unit. She has six blocked shots this season. In 36 career games, Marykate has two goals 11 assists and 13 points.

The Herons are ranked among the nation's best in scoring offense (2nd, 5.30 g/gm), scoring defense (3rd, 0.80 g/gm), penalty kill (5th, 95.6%) and power play (12th, 10.4%). William Smith was back in action December 29-30 when it took on Amherst in Amherst, Mass. With a win or a tie, the Herons will match their longest undefeated streak in program history.

Orange Town News

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Students from Orange Community Nursery School (OCNS) 3s and 5s Kindergarten Readiness classes wish everyone a happy 2019! OCNS is happy to announce a September 2019 return to our newly renovated location at High Plains Community Center in Orange. OCNS is also happy to announce a new September 2019 school location at First Church of Christ in Woodbridge. Registration is now open for both locations!



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8:30-10am

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Bark Bytes...

BY VICKI & RICHARD HOROWITZ



Why People Don't Train Their Dogs – and Why They Should

Many of us consider our dogs to be members of our family. In many ways, they are. We form a special bond with dogs that few other animals share. Some dog owners go so far as to interpret their dog's every action in human terms. Given this special status, as family member and companion, we naturally start to look at our furry friends through "people-colored" glasses. This is where problems begin.

Often dog owners forego training because they don't like the way they think the training makes their dog feel, or they feel guilty for setting rules and not letting their dog "be a dog." This humanizing of a dog's behavior leads to faulty judgments about what dogs understand, what they need, and what is best for the dog. Dogs simply do not think like people – something many owners do not understand or refuse to accept. Dogs are guided by principles of pack law, and they expect their leader to act in a certain way.

Misunderstanding of pack law is often the cause of behavior problems. Dogs instinctually crave leadership and are keenly attuned to the discipline associated with it. However, if dogs don't sense leadership from owners, their primordial drive compels them to try to take charge, which can lead to behavior issues, such as barking, pulling on the leash, jumping or even worse behaviors.

The lesson for dog owners is to take control by communicating leadership – and do so consistently. There is no reason for your dog to lead you on walks, cut you off on the stairs, run first through open doorways, jump on visitors, or bark every time the doorbell rings or a child walks by your house. Typically, these are things dogs do when they think they are in charge. And for those that shudder at the thought of ever ignoring their dog's nudges to be petted (as a demonstration of leadership), remember, this is an important lesson for your dog to understand its pack structure, thus providing a safe and stress-free environment it needs.

Discipline and leadership are not enemies of fun. And in no way should training a dog inhibit its playfulness or spontaneity. But that doesn't mean there should be no rules for inappropriate behavior. In fact, providing your dog with consistent leadership and ground rules for behavior will make it feel more secure and relaxed and make for a more self-assured companion. Dogs must learn who is in charge in a way they understand. Remember, dogs are pack animals, and in a pack, rules and hierarchy are the cornerstones of a happy, secure, and stable family.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

Salome's Stars

ARIES (March 21 to April 19) Although you're getting kudos and other positive reactions to your suggestions, don't let the cheers drown out some valid criticisms. Better to deal with them now than later.

TAURUS (April 20 to May 20) Following your keen Bovine intuition pays off, as you not only reassess the suggestions some people are putting in front of you, but also their agendas for doing so.

GEMINI (May 21 to June 20) You continue on a high-enthusiasm cycle as that new project you've assumed takes shape. You're also buoyed by the anticipation of receiving some good news about a personal matter.

CANCER (June 21 to July 22) Your eagerness to immerse yourself in your new assignment is understandable. But be careful that you don't forget to take care of that pressing personal situation as well.

LEO (July 23 to August 22) This is a good time to learn a new skill that could give a clever Cat an edge in the upcoming competition for workplace opportunities. Enjoy the arts this weekend with someone special.

VIRGO (August 23 to September 22) You could risk creating an impasse if you insist on expecting more from others than they're prepared to give. Showing flexibility in what you'll accept could prevent a stalemate.

LIBRA (September 23 to October 22) Although you can weigh all factors of a dispute to find an agreeable solution for others, you might need the skilled input of someone you trust to help you deal with an ongoing situation of your own.

SCORPIO (October 23 to November 21) The good news is that your brief period of self-doubt turns into a positive "I can do anything" attitude. The better news is that you'll soon be able to prove it.

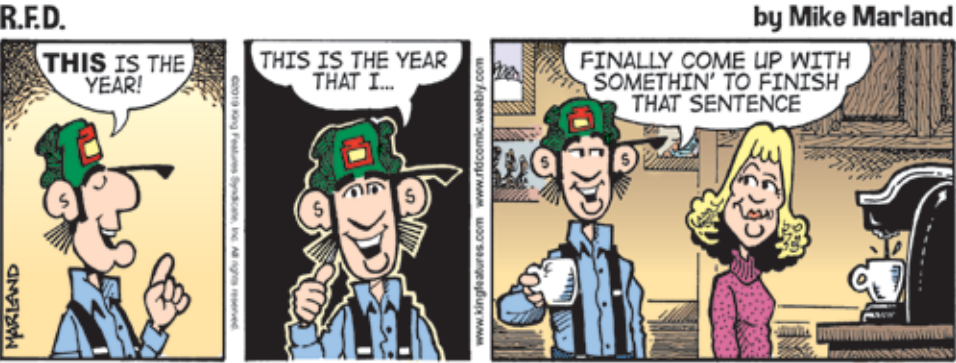
SAGITTARIUS (November 22 to December 21) This is a good time for Sagittarians to start making travel plans while you still can select from a wide menu of choices and deals, and not be forced to settle for leftovers.

CAPRICORN (December 22 to January 19) Like your zodiacal sign, the sure-footed Goat, you won't allow obstacles in your path to keep you from reaching your goal. Don't be surprised by who asks to go along with you.

AQUARIUS (January 20 to February 18) Let your head dominate your heart as you consider the risks that might be involved in agreeing to be a friend's co-signer or otherwise act as his or her backup in a financial matter.

PISCES (February 19 to March 20) Prioritize: Resolve to close the door and let your voicemail take your phone calls while you finish up a task before the end-of-week deadline. Then go out and enjoy a fun-filled weekend.

BORN THIS WEEK: Your capacity for care and compassion helps to bring comfort to others.



top ten

Pop Culture

PASSWORDS

1. superman
2. pokemon
3. slipknot
4. starwars
5. metallica
6. nirvana
7. blink182
8. spiderman
9. greenday
10. rockstar

Source: Virginia Tech/Dashlane

HOCUS-FOCUS BY HENRY BOLTINOFF

Differences: 1. Snowman is added. 2. Boy's hat is black. 3. Girl's hair is different. 4. Background hills are missing. 5. Tree is added on right. 6. Boy's left arm is hidden.

The Garden Bug

The Three Friends of Winter

Pine and bamboo are evergreen through winter, and plum tree blossoms signal the approach of spring. Together these plants form a motif in Chinese art and culture called "The Three Friends of Winter" that represents steadfastness, perseverance, and resilience. This imagery has been used in Chinese literature, painting, poetry, and calligraphy since the thirteen century. - Brenda Weaver

Source: artmuseum.princeton.edu, chinaonlinemuseum.com

DO DOGS REALLY NEED COATS IN WINTER?

DEAR PAW'S CORNER: You recently addressed someone leaving a dog out in the cold. Your answer was great, except that I wonder about putting a warm vest on the dog. It is my understanding that dogs have two layers of skin with air in between, which helps heat their body and keep them warm. When you add a coat or vest, it presses down on the air pocket and causes them to be colder. Am I wrong? -- Suzanne, via email

DEAR SUZANNE: Well, while dogs' skin does help regulate their temperature, their fur plays a much bigger role in insulating them from the cold. You're probably thinking of a dog's double-layered winter coat, where air between the thick undercoat and the top fur helps regulate body temperature.

Some breeds of dog have much thicker undercoats, such as Huskies and Malamutes. Most of us have

seen pictures or video of sled dogs, for example, who rarely wear coats while working or at the end of the day. Their bodies generate plenty of heat while they're active, and their undercoat insulates them from the cold when they're at rest. They're also acclimated to their outdoor environment.

Some other dogs don't do well at all in below-freezing temperatures -- some are small and short-haired, for example, or they're in poor health, or they're very young, or they are just not accustomed to spending long periods outside.

The most important factor in deciding what your dog needs is you. For a 20-minute walk outside, most healthy dogs don't need a coat. However, if your dog gets cold quickly or appears to be suffering even after a short time outside, it's worth trying a well-fitted vest or sweater.

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

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