

# Orange Town News



Orange's Exclusive Newspaper

Mailed FREE to Every Home & Business in Orange

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FRIDAY, JANUARY 15, 2016



## BOARD OF ED MOVES FORWARD WITH LIGHTING PROJECT

*By Melissa Nicefaro – Orange Town News Correspondent*

The Board of Education is considering a plan to install new LED lights throughout the district. A comprehensive lighting package drafted with Kingspan and Honeywell was brought to the Buildings and Grounds Committee of the Board of Education and then to the Board of Education. The total cost of the proposed project is \$457,529 with total incentives of \$189,470 with zero percent financing through the United Illuminating Company.

"Each year, with this, we'll be saving on our electric bill roughly \$84,511," said Mike Luzzi, Facilities Director. The project would include changing all lighting across the district to LED.

"We're at the tail end of our last five-year lighting project and the fail rate will begin to come and that will be a domino effect," Luzzi explained. "There is a whole conglomerate of entities that we're going to be putting into this package – it's a comprehensive package that was presented to Buildings and Grounds."

Luzzi drafted a letter of intent with United Illuminating to order the materials. The full board will vote on the actual contract at a meeting in January or February. "If there is a problem with the UI Company not being able to fulfill the obligation, there is no obligation on our end," he said. "Not only will it save

us dollars and cents every month, but also we'll save on the maintenance side," Luzzi said. The project would break even in roughly three years. The project would be done during the 2016-17 year.

This month, work is beginning on the installation of solar panels at the three elementary schools through a program funded by Connecticut Green Bank. There is no taxpayer expense with this project. The solar panels will ultimately generate savings and cut electric rates.

The 20-year project will pose no cost to the town for installation or maintenance. The panels will be installed by Stamford-based American Solar and Alternative Power.

"This is another good incentive that the district is going to be able to cash in on," said Luzzi. "We'll not only save by the kilowatt-hour at a reduced rate, we'll generate and sell back electricity and also use this as an educational piece for the students at each school."

The materials for this project have been delivered to the school and are being housed in storage trailers at each school. Principals urge parents and visitors to use caution when parking near these containers, and while driving through the parking lots. The work is not anticipated to impact teaching and learning.



## CAMILLO'S CELEBRATES 50 YEARS OF OUTFITTING

*By Melissa Nicefaro – Orange Town News Correspondent*

Camillo and Angela Tramontana came to the United States from Italy, as many before them did: in search of opportunity. Camillo, a custom tailor taught by his uncle in Italy from the age of eight, set his eyes on Norwalk, where he opened a tailor shop in 1966, making suits for customers in Fairfield County.

The couple soon saw even more opportunity in the untapped niche of renting and selling tuxedos and changed the business focus, opening another shop in Orange in 1971. Today Angela runs the Orange shop and Camillo oversees

See "Camillo's" continued on Page 3

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"HABITAT FREEZE-OUT"

Orange Congregational Church Pilgrim Fellowship Sr. Youth Group is doing its annual fundraiser for Youth United of Habitat for Humanity of Coastal Fairfield County on January 22-23, 2016, starting at 6 PM Friday through 8 AM on Saturday morning. They are doing a "Freeze Out" which entails a Shanty Town of cardboard boxes in front of the church.

They're hoping to have at least 15 teenagers and five adults to rotate the experience of living outside on a cold January night.

The purpose is to raise awareness about what Habitat for Humanity does while raising funds to build our 5th Youth United sponsored house in Bridgeport, CT. They hope to raise at least \$2,000 at this event. Any contributions are welcome and checks can be made out to: Habitat of Humanity of CFC/YU. Or just drive by and honk your horn to show your support!

For more information about the "Freeze-Out" or Youth United, please contact Beth Rafferty at the Orange Congregational Church at 203-795-9749.

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"Camillo's" continued from Page 1  
Norwalk.

What began 50 years ago as a couple with a dream has become a 5,000 square foot location at 155 Main Street in Norwalk, a smaller shop in Orange as this couple makes others' dreams come true.

There are few business-owners engaged in so many of their customers' big life events—sweet sixteen celebrations, bar mitzvahs, proms, corporate occasions and, of course, weddings, to name a few—than the Tramontanas. "There are so many stories and so many emotions involved with this business," Angela said. "The brides come back with pictures and I cry every time. Boys come in for their prom tuxedos and then come back for their wedding. It is emotional."

It is the commitment to perfection and the devoted personal attention that keeps customers coming back through their life events. "We believe very strongly in what we do," Angela said. "It's a good business and we do have a good reputation because we treat customers with dignity."

What makes Camillo's different from other shops is that each location has over 300 styles and hundreds of accessories on the premise. All tuxedos are owned and dry-cleaned by the company, cutting out the middle man, and allowing Camillo's to keep prices low. An average rental costs between \$125 and \$200. The shop also sells tuxedos and

according to David Dorchinsky, who has been working alongside Angela for over 22 years, "The difference is the personal attention." Tuxedo sizes range from size 3 to 74XL—literally a suit for any shape and any size.

"Having a perfect fit is important, no matter what your body type," Dorchinsky said. "We had one groom who had lost 40 pounds since his first fitting. He started to panic when the suit didn't fit, but 30 minutes later, he walked out with a perfect suit. Everything is right here. There are no catalogs, nothing to order." Tuxedos are mostly rented, though some are sold. The rule of thumb, according to Dorchinsky, is if you're going to wear a tuxedo three times over a span of a year or so, it's more cost effective to buy.

"We deliver more than promises," Angela said. "We can't just get on the cash register and take money. Every person who comes in here must walk out smiling."

At 72 and 76 years old, Angela and Camillo have no plan on retiring yet. "I can't even take a week off. I try, but I miss it after a few days and find I have to get back to work—not because I have to, but because I want to," Angela said. When the time comes to retire, their grandson (also aptly named Camillo) has agreed to take the business over. "We have no intention of retiring just yet, but when it's time, it makes me happy that we will not close or sell. The business will go on," Angela said.



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# Dr. Bernie Siegel Book Signing




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**Love, Animals & Miracles.**  
*Inspiring True Stories Celebrating the Healing Bond.*

Dr. Bernie Siegel has long observed how relationships with animals have helped his patients, alleviating their suffering and heartbreak. Now, he's gathered many inspiring true stories, including delightful tales from the "Siegel Family Zoo" where "squawks, purrs, chirrups, squeaks, barks, and so on" fill the house. Bernie writes that animals are here to show us how to be nonjudgmental and live better, healthier lives. Let these stories teach you, and apply their lessons to your daily life.

Bernie S. Siegel, MD, is a well-known proponent of integrative and holistic approaches to healing that heal not just the body but also the mind and soul. A retired surgeon, and a lover of animals, Bernie has been at the forefront of spiritual and medical ethics issues of our day and has been named one of the top twenty Spiritually Influential Living People by Watkins' Mind Body Spirit magazine (London).

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## RBS FAMILIES SHOW HOLIDAY COMPASSION AND GENEROSITY

Generous and compassionate Race Brook School families from Orange sponsored children once again this year during the Student Council's annual collection of gifts for the Connecticut Education Association's Holiday Bear Project. The goal of the State program is to collect donated gifts for less fortunate children in Connecticut's public schools. Families chose paper candles from one of the school's bulletin's boards. Each candle had a child's first name, age, and gift wish on it. The sponsoring families bought and wrapped the gifts for the children, hoping that their gifts would bring smiles to children's faces.

Many Race Brook School families now include the gift drive as part of their annual holiday tradition, looking for the perfect gift for those in need. The gift drive was organized by the Student Council under the direction of teachers JoAnne Escandon, Pam Galatioto, and Janet Greenspan. The teachers appear in the photo with members of the Student Council. The students pictured with the hundreds of gifts are members of the Student Council Gift Drive Committee. They commendably collected the gifts from all the classrooms during their recess, giving them the opportunity to show citizenship and responsibility.



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ORANGE EDUCATION ROUNDUP

## MARY L. TRACY PRE-SCHOOL PROGRAM FOR COMMUNITY PEERS

Mary L. Tracy School is known as a place where "the love of learning and the love of children are celebrated each and every day!" For some of our children that love of learning begins with our Pre-School Program. The Orange Elementary School System is pleased to announce that we are now accepting applications to participate in the blind lottery for the Mary L. Tracy School Pre-School Program for the upcoming 2016-2017 school year.

Our integrated Pre-School Program includes special education students and general education community peers. By law, students with special needs identified with an IEP are placed in the Pre-School Program by the Department of Special Services through the PPT process. The Pre-School Program follows the district's school year calendar.

We have developed a Pre-School Program that enriches each child's social, emotional, physical, cognitive, intellectual, and creative abilities through early academic and social experiences. It is designed to prepare each child for early success and school readiness. Children will be selected in a blind lottery to participate as community peers in our integrated pre-school, which is a fee-based, 5-day Pre-School Program. The total cost of tuition for general education community peers will be \$3,000. If a family qualifies for the State's Free and Reduced Lunch Program, they may be eligible for tuition assistance. Parents of general education community peers will need to provide their own transportation.

Our daily Pre-School Program hours are: AM class is held from 8:30 a.m. to 11:30 a.m. and our PM class is held from 12:00 p.m. to 3:00 p.m. Each classroom will be a blending of both 3 yr. old and 4 yr. old students. Class sizes will be held to a maximum of 12 students per class, which includes the special education students and their general education community peers. In order to participate in this lottery your child must be 3 yrs. old by December 31st, 2016 but not older than 4 yrs. old by December 31st, 2016. Children turning three years old between September and December 2016 will start program upon their third birthday.

All children must be toilet trained and an Orange resident. If you would like to enter your child in the blind lottery for our integrated Pre-School Program please call the Special Services Dept. (203-891-8023) between the hours of 9:00 a.m. and 4:00 p.m. We will be accepting names to enter the blind lottery up until 4:00 p.m., Friday, January 29, 2016.

Parents will be notified of the lottery results by Friday, February 5, 2016. Registration forms and tuition deposit of \$300 are due by March 31st, 2016. The deposit covers the tuition for September. Tuition payments are due on the first of the preceding month, e.g. tuition for October will be due September 1st. The last tuition payment for the year (June) will be due on May 1st. Any further questions call the Special Services Dept. (203-891-8023) at the Orange Board of Education.

## TOWN OF ORANGE KINDERGARTEN REGISTRATION

If your child is turning five on or before January 1, 2017, it is time to register for kindergarten. Please register online by January 29th on our website at oess.org. Select Mary L. Tracy School and then click on Register A New Student. You will receive notification in February with an appointment date and time in March to come to Mary L. Tracy School for registration. Please bring a copy of your child's birth certificate and two proofs of residency (a mortgage statement/lease and a utility bill) to the appointment.

## LAURALTON HALL ANNOUNCES ITS FIRST QUARTER HONOR ROLL

Principal Cynthia Gallant of The Academy of Our Lady of Mercy, Lauralton Hall has announced the Honor Roll for the First Quarter of the 2015 – 2016 school year. High Honors students have achieved an average of at least 92 in all academic courses; Honors students have an average of at least 86 in all academic courses.

**Orange Residents Honors**

- **Grade 12:** Meredith Miller, Janae Staltaro
- **Grade 11:** Amanda Slesinski, Grace Sweeney
- **Grade 10:** Catherine Brown, Alexandra Justo, Bianca Longobardi, Riana Picagli

Founded in 1905 by the Sisters of Mercy, Lauralton Hall is the first independent Catholic college-prep school for young women in Connecticut. More than 470 students from over 40 Connecticut towns attend. Inspired by the Mercy Tradition, their mission is to empower young women to pursue their highest potential through lifelong learning, compassionate service, and responsible leadership in a global society. For more information, visit [www.lauraltonhall.org](http://www.lauraltonhall.org). Lauralton Hall is located at 200 High Street, Milford.



## OCNS OPEN REGISTRATION FOR 2016-17 SCHOOL YEAR

Are you in need of a preschool? We provide a safe and nurturing environment, with 48 years of tradition adapted to meet the needs of today's families.

Our nursery school now offers an extended day from 9:00-1:00, with a five day option for returning students. OCCNS welcomes children of all faiths.

While parents are always welcome, we no longer require parent participation during the school day.

For further information, or to schedule a visit with your child, please contact Tracie McDermott at (203) 795-9749 ext. 305 or [ocns@yahoo.com](mailto:ocns@yahoo.com). Facebook and [orangecongregationalchurchnurseryschool.com](http://orangecongregationalchurchnurseryschool.com).

## STUDENT NEWS

### Achievements Eastern Student Dana Blydenburg Presents Research at Psychological Science Night

Willimantic, CT -- Twenty-nine exemplary psychology students from Eastern Connecticut State University presented their research on December 11 at the department's annual Psychological Science Night. Among the students was Dana Blydenburg '16 of Orange, who majors in Psychology. Mentored by Psychology Professor James Diller, Blydenburg's poster presentation was titled "Evaluating the Alignment of Behavior-Analytic Training with the Dimensions of Applied Behavior Analysis."

Eastern Connecticut State University is the state of Connecticut's public liberal arts university, serving more than 5,300 students annually at its Willimantic campus and satellite locations. In addition to attracting students from 161 of Connecticut's 169 towns, Eastern also draws students from 25

other states and 18 other countries. A residential campus offering 38 majors and 55 minors, Eastern offers students a strong liberal art foundation grounded in an array of applied learning opportunities. Ranked in the top 30 public universities in the North Region, by U.S. News and World Report in its 2016 Best College ratings, Eastern has also been awarded "Green Campus" status by the U.S. Green Building Council six years in a row. For more information, visit [www.easternct.edu](http://www.easternct.edu).

### Dean's List Martha Li Zhang Makes Dean's List

Martha Li Zhang, daughter of Linda Li and Walter Zhang, of Orange was named to Deans' List at Choate Rosemary Hall, Wallingford, Connecticut for the fall term. To be selected for the Deans' List, students must carry a minimum of five full-credit courses

See "Student News" continued on Page 7

### Attention Teachers!

We want to know what's going on in your classroom!

Let us know about any fun activities or holiday projects.

You can also send us your pictures.

(Parental consent required)

Orange Town News  
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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Orange Town News.

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Orange Town News

Below are the next three issue dates and deadlines of the Orange Town News.  
Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline

Upcoming Issue Dates

February 5th.....*Valentine's Day Issue* February 12th  
March 4th ..... *Easter/Passover Issue* March 11th  
April 1st .....*Spring Issue* April1 8th

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

**Historical Society Thanks  
Community for Fundraiser**

Dear Editor:

The Board of the Orange Historical Society would like to thank all the members of the community who supported our Chip's Fundraiser. The money raised will help us to maintain our historic buildings, offer programs that integrate well with the school curriculum, and preserve and promote the history of Orange to the greater community. We hope we can count on your continued support.

Phyllis S. Gwatin

**Chilly Chili Run 2016**

To the Editor,

The 2016 People's United Bank Chilly Chili Run, to benefit the Amity Teen Center, on New Year's Day in Orange was a huge success! Over 600 runners and walkers came out to do the 5K (3.1 miles) run or the 2-Mile Fitness Walk. The weather was sunny and mild for the first day of January. The Amity Teen Center would like to thank People's United Bank for, once again, being the Title Sponsor for the Race.

Immediately following the Race all of the participants were treated to a "hot chili brunch" in the cafeteria of the High Plains Community Center. All of the chili, baked goods and drinks were donated by local restaurants, bakeries and grocery stores. The "Kitchen Crew" was all volunteer and they made sure that no one went home hungry.

Our thanks go out to all of the local businesses who sponsored the race. Their names are proudly displayed on the back of our "award winning" Chilly Chili Run t-shirt.

Race Director Joe Riccio, Nancy Burke and members of the Warren Street Social and Athletic Club of Connecticut took care of the registration, the race course and giving out the trophies at the awards ceremony. We also had plenty of teenagers volunteering in the parking lot to direct the cars, at the registration tables to hand out the t-shirts and at the water stop halfway through the race to pour water for the runners.

Jim Zeoli, First Selectman of Orange, was our Honorary Chairman again this year. He had an opportunity to say "hi" to everyone who came through the cafeteria line, as he served bowls of hot chili.

Of course, the highlight of the Chilly Chili Run every year is watching the 90+ years old runners cross the finish line after the 3.1 mile run. It is always so exhilarating to see them. Don Osborne, who is now "94 years young" completed the race, as did two other gentlemen who had each celebrated their 90th birthday in 2015, Sid Skolnick and Herman Bershtein. What an inspiration they are to everyone!

The Chilly Chili Run is the largest fundraiser of the year for the Amity Teen Center, a 501(c)3 that was formed in 1987. We appreciate everyone who helped to make this race a success!

For more information about the Amity Teen Center, please go to [www.amityteencenter.org](http://www.amityteencenter.org) or email us at [amityteencenter@hotmail.com](mailto:amityteencenter@hotmail.com).

Orange Town News

**OTN Letters Policy**

Submit your letters for our **"From Our Readers"** section to:  
Orange Town News, P.O. Box 1126, Orange, CT 06477  
or email: [letters@orangetownnews.com](mailto:letters@orangetownnews.com).

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.



“Student News” continued from Page 5  
during the term, achieve a grade point average (GPA) of 3.5 or higher and earn no grade lower than a “B.”

**Jilliana Sliby Of Orange  
Named To Lasell College  
Dean’s List For Fall 2015**

Newton, MA -- Lasell College in Newton, MA recently named Jilliana Sliby of Orange, CT to the Lasell College Dean’s List for the Fall 2015 semester. Sliby, whose major is Communication, is a member of the class of 2016 and was among 726 students honored in the Fall 2015 semester. To achieve the Dean’s List, each student must be full-time carrying 12 or more graded credits for the semester with a grade point average of 3.5 or above.

**Andrea Noss Of Orange  
Named To SUNY  
Oswego Deans’ List**

Oswego, NY -- Andrea E. Noss of Orange, a sophomore business administration major, earned Deans’ List recognition at SUNY Oswego for fall 2015. She was among students who received a grade point average of 3.3 to 3.79 for the semester. Students on the President’s and Deans’ lists represent the academic top 28.9 percent of the Oswego student body. A 154-year-old comprehensive college in the State University of New York system, Oswego enrolls about 8,000 students in its College of Liberal Arts and Sciences; School of Business; School of Communication, Media and the Arts; and School of Education. For more information, visit [www.oswego.edu](http://www.oswego.edu).

**Emma Feldmann Named  
To UVM Dean’s List**

Burlington, VT -- Emma Feldmann, from Orange, CT, has been named to the dean’s list for the fall 2015 semester at the University of Vermont. Feldmann is a Class of 2016 Communication Science & Disorders major in the College of Nursing & Health Sciences. To be named to the dean’s list, students must have a grade-point average of 3.0

or better and rank in the top 20 percent of their class in their respective college or school.

**WCSU Names Full-Time  
Students On Dean’s List  
For Fall 2015 Semester**

Orange: Dennis Flanagan, Justice and Law Administration; Gabrielle Gambardella, Elementary Education; Andrew Gusciora, Theatre Arts; Shaylen Harger, Musical Theatre; Rebecca Norton, Biology; Jenna Pisano, Elementary Education; Elizabeth Post, Professional Writing; Patrick Weber, Music

**Graduations**

**Orange Resident Graduates  
From The University Of  
Central Oklahoma**

Orange resident Cynthia Anne Mango graduated from the University of Central Oklahoma (UCO) with a Bachelor of Arts degree in Modern Language - French along with approximately 1,246 fall 2015 graduates from throughout the country and world during Central’s Commencement Ceremonies December 11-12.

Located just north of Oklahoma City in Edmond, the University of Central Oklahoma is the state’s largest metropolitan university, serving more than 17,000 students pursuing degrees in 117 undergraduate and 70 graduate major areas of study and is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. Central prides itself as a smart investment for success, preparing future leaders in an opportunity-rich environment, with access to more than 200 student organizations and the internship, employment, entertainment and cultural offerings of the rapidly growing Oklahoma City metropolitan area. Founded as a teachers’ college in 1890, Central considers itself an institution where teaching comes first, and, with a 19:1 student/faculty ratio, students can enjoy personal relationships with faculty and staff who are committed to transforming lives. For more information about the University of Central Oklahoma, visit [www.uco.edu](http://www.uco.edu).



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# TOWN DEPARTMENTS & AGENCIES

FROM THE OFFICE OF  
THE FIRE MARSHAL



## PREVENTION & THAWING OF FROZEN PIPES

During cold weather, the possibility of frozen water pipes and supply lines in the home becomes a concern. Great pressure is put on metal and plastic (PVC) pipes when the water they contain freezes and expands. Regardless of the strength of the pipes, expanding water can cause breakage. Pipes that are outdoors, run against exterior walls with little insulation, or are in unheated interior areas are those most likely to freeze and burst. An eighth of an inch crack can release 250 gallons of water per day. The Orange Fire Marshal's Office offers the following information and suggestions to prevent and thaw frozen pipes.

These steps can be taken to prevent freezing of water supply lines and pipes. Disconnect and drain outside hoses and shut off the inside valve that supplies the hose. Turn on the outside faucet to allow water to drain and keep it open to let any remaining water expand without breaking the pipe. Drain water sprinkler and swimming pool supply lines according to the manufacturer's instructions. Do not add antifreeze to these lines, unless directed to do so. Check the unheated areas inside the home where water supply lines are located. Both hot and cold water pipes should be insulated in basements, attics, garages and under bathroom and kitchen cabinets. Any pipe can freeze, if it is cold and water is not running through it. Consider insulating water pipes with a "pipe sleeve", "heat tape" or similar products that are available at local building supply retailers. Wrap pipes and joints carefully. Newspaper can be used to provide some protection to exposed pipes. Look for air leaks near pipes, dryer vents, electrical wiring and other possible openings and seal with caulk or insulation. Know the location of the main shutoff valve. Open and close it to be sure that it operates properly. Close garage doors even if there are no water pipes in the garage. An unheated garage can be twenty or more degrees

warmer than the outside and can help warm adjoining rooms. Open the doors on kitchen and bathroom cabinets to warm the plumbing. Allow water to drip from faucets which are connected to exposed pipes. The temperature of the running water will be above freezing. Make sure the heat registers are open in all rooms with running water. If leaving the home, do not turn off the furnace or set the thermostat lower than 55°.

Suspect a frozen pipe if little or no water comes out of a faucet. The frozen area is most likely to be in a pipe on an exterior wall or where the water supply line enters the home through the foundation. If the frozen pipe has split, turn off the water at the main shutoff valve, keep the faucets turned on and call a licensed plumber. If the pipe is not damaged, apply heat to the frozen area using a hair dryer, an electric heating pad wrapped around the pipe, a space heater or towels soaked in hot water. Do not use electrical appliances in areas of standing water. Never use a blowtorch, or other open flame. Leave the faucets turned on, as running water will help to thaw the pipe. If unable to locate the frozen area or if it is not accessible, call a plumber. Check all faucets in the home for additional frozen pipes. Pipes may freeze, despite the suggested steps. When thawing, be sure to use a safe heat source, under constant supervision.

For the future, consider relocating any exposed pipes to more protected areas. Place additional insulation in attics, basements and crawl spaces to achieve higher temperatures.

By taking a few precautions, the damage, cost and aggravation of frozen water supply lines can be prevented or mitigated. For more information, you may contact The Orange Fire Marshal's Office at (203) 891-4711, Monday through Friday from 8:30 am to 4:30 pm or visit the website, [www.orange-firemarshal.com](http://www.orange-firemarshal.com).

## O.V.F.D. AUXILIARY PANCAKE SUPPER

The Orange Volunteer Fire Department Auxiliary will hold its 7th annual Pancake Supper on Monday, February 29th at Chip's Restaurant, 321 Boston Post Road, Orange. The menu includes pancakes, eggs, your choice of bacon or sausage and beverage. There are two seatings, 5:30 P.M. and 6:30 P.M. The cost is \$10.00 for Adults, \$5.00 for Children 10 and under. Gratuity is not

included. Tickets must be purchased in advance as we have a limited number of seats available. Tickets may be purchased at Knight's Inc., 286 Boston Post Road, Orange or from any Auxiliary member. All proceeds will benefit the Orange Volunteer Fire Department. For further information, email [lmk415@yahoo.com](mailto:lmk415@yahoo.com) or visit the fire department website at [www.orangevfd.com](http://www.orangevfd.com).

FROM THE YOUTH  
SERVICES COORDINATOR

By John Ulatowski



*Pictured above are the recent graduates of the Youth Services babysitting course. Participants received instruction in first aid and overall general principals of babysitting curricula and responsibilities. The First Aid component was presented by Mickey Reid.*

## Area Residents Need Jobs Help? Youth Services Job Bank Can Assist

The Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, attics/basements, raking, snow shov-

eling, small painting, party helper, tutoring, clerical assistance, mother's helper...and more. For further information, please call John Ulatowski, Orange Youth Services Coordinator, at 203-891-4785.

## Youth Services High School Volunteers Assist With Orange Community Events

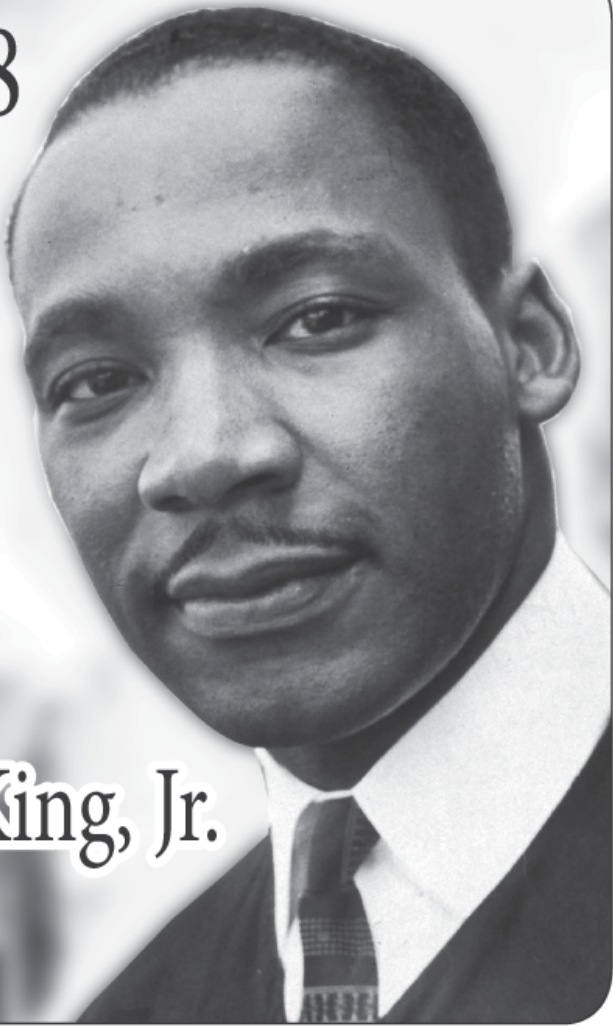
Orange Youth Services has a list of Orange High School youth who are available to assist their community with a variety of volunteer needs. Our volunteers have signed up with Youth Services to access opportunities in regards to at-

taining their necessary school volunteer credits. They are available for a wide variety of community, school, and organizations located in Orange. Contact John at Youth Services at [julatowski@orange-ct.gov](mailto:julatowski@orange-ct.gov).





JAN. 18



Martin Luther King, Jr. Day

TOWN OF ORANGE MEETINGS FOR THE MONTH OF JANUARY 2016

(Subject to Change, Check with Town Clerk's Office, 203-891-4730)



Town Hall

11th	Tree Committee .....	4:30 pm	Case Memorial Lib.
	Traffic Authority .....	4:30 pm	Police Dept
	Board of Police Comm .....	4:30 pm	Police Dept
	Amity Board of Education .....	6:30 pm	Woodbridge
	Orange Board of Education .....	7:30 pm	Mary L. Tracy School
	Board of Health .....	7:30 pm	HPCC
12th	Inland Wetlands Comm.....	7:30 pm	Town Hall
13th	OVNA Board of Governors.....	8:30 am	Clark Bldg
	Board of Selectmen .....	7:30 pm	Town Hall
14th	Community Services Comm.....	7:00 pm	HPCC
	WPCA.....	7:00 pm	Town Hall
19th	Town Plan & Zoning Comm.....	7:30 pm	Town Hall
20th	Recycling Cmte.....	7:00 pm	HPCC
	CERT .....	7:00 pm	HPCC
21st	Case Memorial Library Comm .....	7:00 pm	Case Memorial Lib.
	Bond Construction Oversight Cmte..	7:30 pm	Town Hall
	Senior Advisory Board 2016 .....	1:00 pm	HPCC
25th	Family Counseling Advisory Council.	9:00 am	HPCC
	Board of Finance .....	7:30 pm	Town Hall
	Youth Services Advisory Board.....	7:30 pm	HPCC
27th	Safety Comm .....	9:00 am	Town Hall
	Park & Recreation Comm .....	7:30 pm	Town Hall

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## DOLLAR\$ AND \$EN\$E

### "START THE NEW YEAR BY PAYING YOURSELF FIRST"

By Roberta L. Nestor

With 80% of Americans giving up their well-intended New Year's Resolutions in just three months, you might start to think, why even bother? According to statisticbrain.com, the top 3 resolutions for 2015 were to lose weight, get organized, and to spend less money and save more. Maybe we give up on some of the more popular resolutions because they can't actually be achieved in just one year. Things we want to achieve often require a change in lifestyle. That takes time, and in some instances, trial and error.

When you set financial goals, they require a long term commitment over years, and it can take decades to realize results depending if they are short or long term savings goals. Saving for your future has to start sometime, why not now? Your commitment and necessity will only get stronger year after year. Because saving, investing, and growing a portfolio takes time, there should not be any pressure for immediate results. Your best results are measured over a period of years, not months.

Before you begin saving for either short term or long term goals, you have to understand and subscribe to the old adage of "Pay Yourself First." You are just as important as paying VISA or MC. This means setting aside a percentage of your pay, month after month, before you pay your bills. As simple as this concept sounds, it is difficult for many to grasp.

When you pay yourself first, you're mentally establishing saving as a priority. You're telling yourself that you are more important than the cable company or the landlord. Building savings is a powerful motivator — it's empowering.

Paying yourself first encourages sound financial habits. Most people spend their money in the following order: bills, fun, saving. Unsurprisingly, there's usually little left over to put in the bank. But if you bump saving to the front — saving, bills, fun — you're able to set the money aside before you rationalize reasons to spend it.

Short term goals would generally mean less than 5 years. These might include putting aside extra money to pay off student loans, saving for a wedding, honeymoon or vacation, even saving for first, last and security in order to get yourself an apartment rental. Since these are all shorter term goals, it would not make sense to save in any investment vehicle that involves risk. Risk, meaning you could get back more or less than your initial investment and has no guarantee of principal or interest. Check out online savings accounts; they are FDIC insured, have no minimums, and some are offering .90% interest.

Mid-term savings goals would be in the 5 to 10 year range. For a younger person, a mid-term goal might be to save for a substantial down payment for a home purchase. For families with younger children, it would be setting up a college savings plan such as a 529. Even pre-retirees have mid-term goals, especially if they are planning for an early retirement. Investing for a 5 to 10 year window still merits caution and can involve a combination of guaranteed bank savings in addition to other investments where there is no guarantee of principal or interest but have the potential for capital appreciation. The combination would be best determined by your overall risk tolerance.

Long term goals are savings for your future and the ultimate goal of retirement. Retirement is one of the best reasons to pay yourself first, especially if you start at an early age. Let's assume you want to have \$1 million dollars at age 65 and hypothetically had a 5% annual rate of return. If you started paying yourself first at age 35, you would have to save \$672 a month. If you waited until age 40 to begin saving and still had that same goal, instead of only saving \$672 a month, you would have to save \$1,700 a month. In this example, putting off saving for yourself had a hefty price tag of over \$187k.

Setting your goal and the percentage of your pay that you will save is the easy part. Deciding which investment vehicle you should use is more complicated. The advice of a financial advisor will help you determine the best way to save for all of your goals. Investing has changed; it's more complicated and a financial advisor will explore the best options based on your tax situation, your goals, and most especially, your risk tolerance.

Whether you have long term or short term savings goals, remember to stay the course and always remember to pay yourself first.

*Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network — a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.*

## Wine Talk

With Ray Spaziani



### WONDERFUL WINTER WINES!

Wintertime is a time for fantastic prime rib and steaks, chops and other big foods. When we come in out of the cold, (winter has finally become cold in Connecticut) the big hearty red meats seem to help us through the night. The wine that goes well with big hearty red meats is a big hearty Zinfandel. Some of the most prized vineyards in California are those planted with old zinfandel vines. These twisted gnarled vines are very low in productivity and as a result very high in quality. There is no designation for "Old Vine Zinfandel" but it is accepted that the vines should be at least forty years old. Zinfandel is called America's grape because no European grape is called Zinfandel; however, the DNA experimentation indicates Zinfandel is the same as the Italian grape Primitivo. It is argued that Zinfandel came before Primitivo and then Primitivo before Zinfandel and this controversy goes back and forth.

They are both related to grapes called plavac mali that originated on the Dalmatian coast of Croatia and was brought to Italy by the Romans. In the US a percentage of the grapes were turned into a slightly sweet, mild tasting, inexpensive white wine called white zinfandel. This is a white wine made from a red grape. It is known as grandma's wine or non-wine drinkers wine. This has nothing to do with the real wine. Zinfandel is a huge mouthwatering, big fruit dry red that is jammy and irresistible, especially when paired with big red meat dishes.

Zinfandel was long considered "America's vine and wine", [25] but when University of California, Davis (UCD) Professor Austin Goheen visited Italy in 1967, he noticed how wine made from Primitivo reminded him of Zinfandel [26]. Others also made the connection about that time [27]. Primitivo was brought to California in 1968, and ampelographers declared it identical to Zinfandel in 1972. The first wine made from these California vines in 1975 also seemed identical to Zinfandel [28]. In 1975, PhD student Wade Wolfe showed that the two varieties had identical isozyme fingerprints [29].

Dr. Lamberti of Bari had suggested to Goheen in 1976 that Primitivo might be the Croatian variety Plavac Mali [26]. By 1982 Goheen had confirmed that they were similar but not identical, probably by isozyme analysis [26]. Some Croatians, however,

became convinced that Plavac Mali was the same as Zinfandel, among them Croatian-born winemaker Mike Grgich. In 1991, Grgich and other producers came together as the Zinfandel Advocates and Producers (ZAP) with the objectives of promoting the varietal and wine, and supporting scientific research on Zinfandel [14]. With this support, UCD professor Carole Meredith went to Croatia and collected over 150 samples of Plavac Mali [30] throughout Dalmatia in collaboration with the University of Zagreb [26].

In 1993, Meredith used a DNA fingerprinting technique to confirm that Primitivo and Zinfandel are clones of the same variety [31]. Comparative field trials have found that "Primitivo selections were generally superior to those of Zinfandel, having earlier fruit maturity, similar or higher yield, and similar or lower bunch rot susceptibility [32] [33]. This is consistent with the theory that Primitivo was selected as an early-ripening clone of a Croatian grape.

By 1998, Meredith's team realized that Plavac Mali was not Zinfandel, but rather that one was the parent of the other. In 2000, they discovered that Primitivo/Zinfandel was one parent of Plavac Mali [30]. The other parent of Plavac Mali was determined by Ivan Pejić and Edi Maletić (University of Zagreb) to be Dobričić, an ancient variety from the Adriatic island of Zebic.

Some great Zins include Segesio Family Vineyards. This is a 2010 for about \$24.00. Cakebread co Sellers has a spectacular old vine zin for about \$30. 7 deadly zins is quite good for about \$14.00. Some fantastic Primitivo includes Layer Cake Primitivo for about \$14.00 and Matane Primitivo Di Manduria Il Matane 2012 Primitivo from Southern Italy, Italy for about \$21.00.

This winter discover the fantastic attributes of Zinfandel and Primitivo. You will be glad you did!

*Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and the Milford Board of Education as well as Moltose wine and beer making suppliers, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at ray.spaziani@gmail.com.*



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Me and Earl and the Dying Girl  
Minions  
Mr. Holmes  
Pixels  
Sleepy Hollow, Season 1  
Southpaw  
Trainwreck  
Welcome to Me

## Audiobooks

Bock, Laszlo – Work Rules! (6584)  
Clark, Mary Higgins – All Dressed in White  
Connelly, Michael – The Crossing  
Grisham, John – Rogue Lawyer  
Lagercrantz, David – The Girl in the Spider's Web  
Morton, Kate – The Lake House  
Patterson, Richard North – The Spire  
Scottoline, Lisa – Corrupted

## Music

Adele – 25 (Popular)  
Bon Jovi – Burning Bridges (Rock)  
Debussy, Claude – Preludes; Francesco Piemontesi, piano (Classical)  
5 Seconds of Summer – Sounds Good Feels Good (Rock)  
Henley, Don – Cass County (Rock)  
Jerry Garcia Band – GarciaLive, Vol. 5 (Rock)  
Pentatonix – Pentatonix (Popular)  
Silversun Pickups – Better Nature (Rock)  
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# LOCAL BUSINESS ROUNDUP

## WARECK D'OSTILIO REAL ESTATE WELCOMES ANDREW ESPOSITO

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming Andrew Esposito of Madison as a Licensed Real Estate Salesperson to the company. Andrew is a graduate from Fairfield University with a B.S. degree in Accounting and holds his CPA designation. Andrew spent 25+ years in High Technology Sales Management, most recently with Tangoe, Inc. located in Orange. He specialized in complex business to business sales and negotiation of multi-million dollar software and managed services contracts. Previously, he spent 3 years in Public Accounting with Price Waterhouse.

Andrew is also a Real Estate investor, with a focus on purchasing single and multi-family homes as income producing properties in the Connecticut Shoreline, and throughout the area. Andrew has experience in Residential, Commercial and Investment Properties and is a member of the New Haven Middlesex Association of Realtors, and the Connecticut Real Estate Investors Association.

"Real estate is not only customer service oriented but of the mind-set of continually trying to obtain the best value for your client," said Andrew. "My goal is to leverage both my experience in Real Estate investing, and my years of experience selling and negotiating



Andrew Esposito

complex, multi-million dollar technology transactions, to help people and businesses who desire assistance in buying, selling or leasing Real Estate," he added. "It is very rewarding to offer a valuable service to the clients."

Andrew is married with two teenage sons. Contact him at 203-787-7800 or Andrew.esposito@wareck.com.

"We are delighted to have Andrew affiliated with Real Living Wareck D'Ostilio Real Estate," said John Wareck, Partner/broker. "It is the combined efforts of our veteran agents and our new additions that have enabled us to nurture our continued growth. Our upward growth and high visibility is why Andrew joined our team," added Frank D'Ostilio, Jr., Partner.

## HUGH BRIDGERS JOINS WARECK D'OSTILIO REAL ESTATE

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming Hugh Bridgers as a Licensed Real Estate Salesperson to the company. Hugh Bridgers is a real estate professional focusing on the residential real estate market in Greater New Haven. A lifelong resident of Woodbridge, Hugh is a Hopkins School graduate and was President of his class in 2004. He received his Bachelor of Arts Degree from the University of Rochester.

An up and coming real estate agent, Hugh has great business instincts and is knowledgeable about marketing properties. Hugh brings experience with online advertising campaigns having worked in New York City previously to his real estate career. Hugh has an understanding of young clients and first time homebuyers with a level of attentiveness to meet his clients' needs. He is creating a very positive track record in sales and service.

"We are delighted to have Hugh affiliated with Real Living Wareck D'Ostilio Real Estate," said John Wareck, Partner/broker. "Our strong position in the com-



Hugh Bridgers

munity and continued growth helps us attract new additions like Hugh to the company. The combined efforts of our veteran agents and our new Realtors have enabled us to achieve a level of sales growth unsurpassed in the New Haven real estate market," added Frank D'Ostilio, Jr., Partner.

Contact Hugh at 203-787-7800 or hugh@wareck.com. Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.

## GOODIES PRESENTS GENEROUS DONATION TO MAKE-A-WISH CT

On January 7th, Goodies Restaurant, located at 111 Boston Post Road in Orange, CT, presented Make-A-Wish with a generous donation. Earlier in December as Goodies prepared to open its doors for the first time in its new Orange location, the restaurant decided to do something meaningful in its community.

On Friday, December 4th and Saturday, December 5th, Goodies Orange hosted a live training event for its employees. From 10am-2pm and 5pm-8pm, guest diners were invited to participate in the training - at no cost! One complimentary menu item was offered to each guest from a limited menu and in lieu of payment for their meal; donations to Make-A-Wish® Connecticut were requested.

Goodies was established in 2006 and has been family owned and operated ever since. Employees and diners alike were excited to take part in the interactive and philanthropic experience. "This

is Goodies 2nd location and 1st ever event with Make-A-Wish," shared Chris Danas. "When we learned about the opportunity to do this for our opening, we were excited to contribute to the group and help out a family in need."

Joining Make-A-Wish and Goodies staff members was also a Wish Family who shared their wish experience and help thank Goodies and the Orange community for their support. "It's events like these that allow us to continue in our mission of granting the wishes of children with life-threatening medical conditions," shared Michael Dominick, Community & Media Relations Manager at Make-A-Wish Connecticut. "The team at Goodies truly embraced their fundraising effort with such energy and excitement, people were more than happy to contribute to the effort, and we are so grateful to have been a part of it."

For more information on Make-A-Wish Connecticut, visit CT.WISH.ORG.

## LIFE CHOICE HOSPICE PROGRAM IN ORANGE JOINS COMPASSUS FAMILY

The Life Choice Hospice program serving Orange and the surrounding communities announced that it will take on the Compassus name effective December 8, 2015. The name change is part of a rebranding initiative following Compassus' purchase of Life Choice Hospice earlier this year.

This acquisition brought together two highly respected providers of compassionate hospice care, creating one of the nation's largest private independent providers of these services. "We are excited to officially be a part of the Compassus family," said Bridget Perun, executive director of Compassus—Orange. "We look forward to continuing to provide the

highest standard of care to our patients and their families under the Compassus name."

Compassus' mission is to provide hospice care to terminally ill patients and their families with compassion, integrity and excellence. The company's goal is provide the greatest possible comfort and care for those who experience one of life's most intimate and challenging moments. The company currently operates in more than 150 locations in 28 states across the U.S. following its acquisition of Hospice Advantage in October.

For information about Compassus - Orange, please call (203) 301-0489.





## Letters From Our Customers

Please extend our thanks to your serviceman - who made his way up our unplowed street after the Blizzard, to fix our furnace. We really appreciated his coming in such conditions.

We have been contacted by several other oil companies who offered everything from free furnace checks to lower prices. I WOULDN'T DREAM OF SWITCHING... although I am usually ready to save \$\$, it's because you made such a good impression on me twice. The first time you came to my home you were pleasant, unrushed, friendly, and trustworthy. The second time, you recognized me and remembered me by name at the Shell station. A small detail? Not by my standards.

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Let our family keep  
your family warm.





# HISTORY CORNER

By Ginny Reinhard



## What Shall We Do Now?

The holidays are over, for the most part, and for some, it's a let down because the momentum, to get everything ready, sets the feverish pace. Then, when the outdoor lights get put away and the tree makes its way to

a true fairyland. Now you may wonder why this story is after Christmas. Well, part of gearing down from this Christmas is to make some plans for next Christmas, es-

variety of planes, trains, boats and cars. Jog your memory, a little.

I see commercials for games on television, not electronic games but board games...remember those games that came in a long box with a board and some tokens that went around and around as you picked up property, money, Sorry cards or maybe you found out that Mr. Body was done in by Miss Scarlet, in the parlor with the knife. Do parents of today, dare to buy a board game, putting it under the tree to hear oh Mommy, that's just what I wanted! Perhaps it will get a quick glance while the child endeavors to find "the" present, an iPad, iPod, DS or whatever electronic gadget they just must have!

So, where am I going with these ramblings? There must be a point here somewhere. Oh yes, memories, childhood, quieter times, traditions...all of the above. Traditions, that reminds me. How many of you hung your stocking, your OWN stocking (sock) over the fireplace for Santa? Hmm. Let's see how many hands went up. Now, to hang ones own stocking is a thing of the past as the new and im-

proved "stockings" can be seen in every holiday department, in every store, even one for the family pet. I guess that's because they don't wear socks. I decorate several artificial trees with various themes but every year we haul in a real tree and when the needles start to drop, we haul it out again. To me, Christmas is not the

buying and the putting up BUT I was surprised in the morning when I flew down the stairs to see it and what was under it! I still have the music box that is in the shape of a jukebox that doubles as a bank, made by Ideola and plays Three Little Fishes. "Down in the meadow in a little bitty pool swam three little fishes and a mama "fishie" too, swim said the mama "fishie", swim if you can and they swam and they swam all over the dam. Boop Boop, Dit-Tem, Dat-Tem, What-Tem Chu" etc.

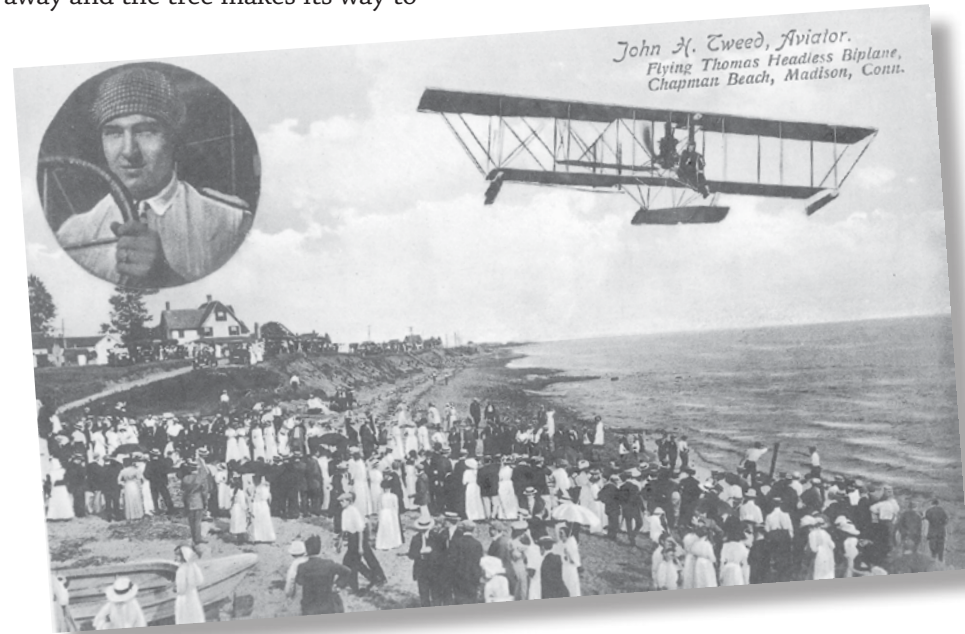
So what can you do for the rest of the winter that rivals the entire hubbub since Thanksgiv-

ing? There are still stores that carry Revell and certainly Toys R Us carries old-time board games. Chinese checkers has marbles, but how about asking a grandparent how to play marbles on the rug or a grandmother whose knees will still take on a game of jacks, on the floor. Believe it or not, the game of Tiddlywinks is being celebrated with the North American Tiddlywinks Association celebrating its 50th year in 2016. I hope to be one of those grandparents to bring back these games to the Stone-Otis House next summer. We have the jacks, tiddlywinks and marbles so all we need is the kids.

I would imagine a large map of the United States can still be found for children to collect postcards from each state or a Connecticut map finding a card or two from each of the 169 towns. In our collection of postcards at the Academy we have found towns, within towns. Have you heard of Stan-

wich or Lakeville, CT? In putting our collection together, for sale, we had to do a great deal of research to properly categorize the postcards, as the names of some of the "towns" were unusual. Try these on for size: Aspetuck in Easton, Branchville in Ridgefield, Buckland in Manchester, East River in Madison, Milldale in Southington, Stepney in Monroe, Moodus in East Haddam, Noroton in Darien, Sachem Head in Guilford and Silvermine in Norwalk. The state is full of these little villages and boroughs with some of them printing over 50 different scenes and others only a few.

That's where the fun is. So, see if any of my ideas tweak your fancy and spend some quality time with your friends and family in the old fashioned ways. Happy New Year Everyone!



the transfer station, there seems that there's nothing to do. As the winter gets colder and folks stay indoors, the family unit has a chance to stay together, as it was in the Victorian days. Queen Victoria and Prince Albert are credited with the idea of family togetherness gathering around the first Christmas tree, but in truth it was Queen Charlotte, married to King George III, who brought her family tradition from Germany. She is known to have set up the first known English Christmas tree in December, 1800.

It would appear that this is not the first tree to become a Christmas tree as an anonymous writer, in 1605, recorded how, at Yuletide, the inhabitants of Strasburg set up fir trees in the parlors and hung roses cut out of many-colored paper, apples, wafers, gold foil, sweets and such. For Charlotte, her childhood custom had been a yew branch that was decorated and up until 1800, such a bough was decorated with candles, placed in little decorated, tin holders, lit while the family and household staff gathered to sing carols.

These Royal boughs created quite a stir among the nobility who had never seen such a glorious sight. So, in 1800 Charlotte planned to hold a large Christmas party for all of the principal families in Windsor and in thinking of how to make the event extra special, put up an entire tree! She covered it with baubles, fruit and little presents, tinsel and glass as well as the lit candles which, when seen by the children provided nothing less than

pecially in the decorating, as the stores have their 75% off sale on all holiday items. IF one can remember where they stored them for the year, next year will present a new and exciting display without the hustle and bustle of the malls and the 100% pricing. Take a hint from the squirrels or not and make some notes as to where you have "hidden" your precious purchases. Hmm, that is a very, vague childhood memory.

So what to do next? Did you receive anything that remotely resembles a hobby, a game or something to put together? So many adults do not have hobbies anymore, although A.C. Moore doesn't seem to be going out of business. As kids, we collected stamps, coins or in my case both. I still have a small box of Revell plastic planes that I put together with that glue that stuck to your hands and made "strings" as you glued the pieces together, remember? In 1945 Bob Reder and Jack

Besser formed a company making buildable, wooden kits for children under the name of Monogram. Four years earlier, in 1941, Lewis Glaser was working in plastics and manufactured a ladies compact calling it Revell, the French word "to awaken." He soon was making plastic kits for a







# GIRL SCOUT TROOP 60562 SPREADS HOLIDAY CHEER

The 5th Grade Junior Girl Scout troop 60562 has had a busy couple of months. In November the girls made blankets that were donated to Life Haven of New Haven. This important agency helps women and children of domestic abuse. The blankets were made to give a child comfort in a difficult and scary transition.

In December, the girls rang in the holidays with an amazing party at Chefs Emporium. The owner's daughter is a troop member and she and her family hosted a gingerbread house party. We can't thank Michele and Kolbe enough

for their hospitality. Chefs has awesome parties that can be completely customized.

This is the sixth year that the girls have been together and is made up of 15 girls from Race Brook and Peck Place. Cookie sales started on 1/2, so look for cookie sales near you at an event or business. To find a location in Orange, <http://www.gssoft.org/general/booth-locations.php>

If you are interested in learning more about girl scouting in Orange you can contact the service unit leader Vicky Burford at [vickyburford@optonline.net](mailto:vickyburford@optonline.net).



Now that the rush for those gifts for family and friends is over, why not take time to shop for yourself at the Orange Historical Society Museum and antique shop. There must be something that you would like, just for you and we are offering 10% off on any purchase over \$10.00. You can browse through the shop while enjoying the museum displays with staff members to give you a tour of the 1878 Academy. The museum collections are not for sale. We are located at 605 Orange Center Road and open every Saturday from 10-3. For information call 203 795-3106.

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DINING WITH SUSAN

By Susan Noonan



CHINA PAVILION

I thought it was time to revisit another one of my favorite restaurants, the ever popular China Pavilion in Orange. This award winning family owned Chinese restaurant has been going strong since 1982. The key word here is "family" as Fred, Amy, and Khanh have owned China Pavilion since 1996. This is truly a special place where families can gather and enjoy a cocktail or two in China Pavilion's full service bar and have fresh Chinese cuisine made to order. China Pavilion is one of a few award winning Chinese restaurants in Connecticut with a full bar.

I had an opportunity to reach out to Khanh to get his thoughts on their extremely successful restaurant. "We are a family owned and operated business. A large part of the workforce is directly related (aunts, uncles, nephews, cousins). We spend so much time together in this business; we eat breakfast, lunch and dinner together. This is our family, we work really hard to keep customers satisfied and we try to have as much fun as possible doing it so that our customers can feel good about bringing their family to our restaurant because we know how important it is to have the people you love all sitting down at a single table, eating, talking, most importantly...being a family. Food unites people and it's a beautiful phenomenon. My mother-in-law (Amy), yes; she is the one with an impeccable memory and seems to know everyone's name. It's a pleasure doing business with people you feel comfortable with; what's more comforting than walking into a place and having people recognize you by name...or maybe by your order? I was in the banking industry and learned a long time ago that knowing someone's name is the ultimate form of respect and admiration. What makes our food different? "The Process" - We've endured while many have come and gone. The focus on what we are putting on the plate I think plays a large role in our restaurants success which is why we focus so much of our efforts in the process by which the food is prepared and the ingredients used in the process. What I mean by the process: It's the traditional Taiwanese way of cooking. Making sure the woks are to temperature, that the ingredients are as fresh as can be, sauces are made when you order that dish (i.e., they don't make a large batch of general tso's sauce and then just fry chicken and add the premade sauce in). This process is a positive in that it gives our dishes a distinguishable flavor because vegetables and meats are seared at the proper temperature and sauces are made in small individually sized batches. The negative is that as with ANY process, it simply takes time."

\*About the Chef: "My father-in-law (Ding Lin – Master Chef) simply doesn't deviate from the formula that has endured all this time. He believes that the best dishes start with the freshest ingredients. This freshness not only tastes better but it's simply better for you (nutritionally speaking, food loses nutrients as it ages past its prime). We also use prime cuts of beef (which is why our beef is always very tender, never fatty), white meat chicken is used in a majority of our dishes (yes, even general Tso's chicken – which is commonly made with lower cost dark meat chicken because it can be hidden by the batter). We can alter most dishes to meet special dietary needs like gluten free or steamed options."

\*Challenges: "One of the biggest challenges we face in this industry is that for every full service, dine-in Chinese restaurant there are 40 "fast food" Chinese restaurants. Why is this a challenge? Its not that they are competition; its that they set an unrealistic expectation that ALL Chinese food can be prepared in 10-15 minutes...yes, even on a weekend we still have customers ask us if their order will be ready in 10-15 minutes? THIS is the problem I alluded to earlier. Remember "the Process"? The same one that we built our business on is also the same one that people complain about the most. We just wish people would understand that our food takes time, the process needs to take place or else what we serve you won't be fitting of the multiple awards we've won, and it certainly wouldn't be to our standards. So we won't deviate from our process.

"Also, we are so thankful and fortunate for having the following and

See "Dining" continued on Page 17



"Dining" continued from Page 116

support of the towns and communities that we serve."

Thank you so much Khanh for sharing your special insight with our readers!

You couldn't ask for a more hardworking, dedicated family, always warmly greeting the customers, remembering everyone's name (I don't know how they do it). The restaurant is immaculately kept & the efficient wait staff are always smiling and tending to your every need. China Pavilion's top-notch service & food at reasonable prices along with its "exotic island drinks" always make the dining experience a pleasure. The menu has so much to offer, it would take pages to list everything. Visit the website to view menu. Many regular customers say the China Pavilion cuisine is the closest to Chinatown you will ever get. I just know everything is scrumptious and definitely one of my all time favorite restaurants for lunch & dinner. They also offer lunch specials available 11am-3pm- 7 days a week. CHINA PAVILION IS OPEN 364 DAYS A YEAR INCLUDING ALL MAJOR HOLIDAYS, ONLY CLOSING ON THANKSGIVING!

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Final notes: China Pavilion has won numerous awards including Connecticut Magazine Reader's Choice-Best Chinese Restaurant-New Haven County-15 years in a row, along with the Zagat Survey Award of Distinction. In addition, they were one of the "Top 100 Chinese Restaurants" in the United States voted by the Chinese Restaurant News. Remember to support our local family owned businesses! Wishing all our loyal readers a very happy and healthy New Year! If you have a favorite restaurant e-mail at [susan@orangetownnews.com](mailto:susan@orangetownnews.com) or [susan@woodbridgetownnews.com](mailto:susan@woodbridgetownnews.com).



Pictured left to right: Nick Matalote, Kristin Leibrock (media specialist), Macaelan Rahn, Morgan Rahn, Lorin Sayda, Abby Bonat, Daniel Zaldo, Alexandra Marinescu, Kayla Johnson, Sophia Soldra, Michelle Lockwood (special education paraprofessional), & Casey Terzakis.

# HARRY POTTER PARTY AT AMITY MIDDLE SCHOOL ORANGE

Amity Middle School Orange (AMSO) students got together in the AMSO media center after school on Tuesday, December 8th, to celebrate the Harry Potter series winning their "World Series of Books" competition last month.

Over half of the 40 students in attendance had helped to plan the party and brought food and decorations. There were games, food, and drinks (all Harry Potter-themed), and several students dressed in their best Harry Potter gear -- wands and all! It was a great afternoon!



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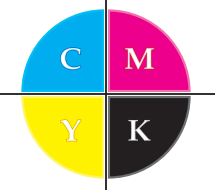
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Soundview Landscape Supply, owned by brothers Phil and Justin Grande, once again opened up their West Haven business to sponsor the annual Touch-a-Truck event held in conjunction with Toys for Tots. Construction vehicles, tow trucks, fire and police vehicles, as well as go-karts were on hand for children and adults to climb inside and explore. There was also a K-9 demonstration, live music, indoor games, and hot chocolate and popcorn for everyone to enjoy. This event is successful each year due to the many people that volunteer their time and equipment for this day. As you can see by the photo, many much needed toys were collected!



Connor and Brady Hayes, ages 9 and 8, ran a book drive to collect gently used books to donate to Read to Grow and Reach Out to Read which is a non-profit organization that promotes literacy for children from infants to 8th graders. Members of the Orange Community donated over 800 books to be distributed.



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**Q:** Can you tell me what **Joan Allen** has been up to lately? She is a great actress and one classy lady. -- Paul T., via email

**A:** The wonderful and talented Ms. Allen can next be seen in the new ABC series **"The Family."** It is a dramatic political thriller that centers on a family (headed by matriarch Claire Warren, played by Joan) that is shaken to the core when the presumed dead son, Adam, suddenly returns. After disappearing a decade earlier, Adam's homecoming to Red Pines, Maine, is initially met with astonishment and joy, but suspicions soon begin to emerge. Is he really who he says he is? The boy's shocking reappearance forces the entire family to re-examine who they are, unearthing long-buried secrets, betrayals and heartache.

Leading a stellar ensemble cast -- **Rupert Graves, Andrew McCarthy, Zach Gilford, Madeleine Arthur, Margot Bingham, Alison Pill, Rarmian Newton** and **Liam James** -- Oscar-nominee Joan Allen brings to life Claire Warren, who not only has survived the heartbreaking loss of her son, but has used her resiliency and surrounding adversity in the aftermath of this tragedy to fuel her own political aspirations and rise to power.

"The Family" debuts with a special premiere on Thursday, March 3, at 9/8c, with a second, all-new episode on Sunday, March 6, at 9/8c, where it will take over its regular day and time slot.

\*\*\*

**Q:** I was so happy to read in your column that **"Longmire"** had a fourth season on Netflix and has been renewed for a fifth. However, I don't have a computer and have no way to watch new episodes. Will they be out on DVD anytime soon? -- Vickie H., Danville, Virginia

**A:** While Netflix has not announced a release date for season four of the cult-hit Western, I would hope that it eventually will be released on DVD. Netflix



Joan Allen [ABC/Bob D'Amico]

original series like **"House of Cards"** and **"Orange Is the New Black"** found their way to DVD, so I am thinking that "Longmire" will too, especially when you consider what a following it has. As soon as I hear something, I'll let everyone know.

\*\*\*

**Q:** I heard that old episodes of **"The Tonight Show With Johnny Carson"** are going to return to late-night TV, but I can't find it anywhere. Can you help? -- Roberta F., North Rose, New York

**A:** Antenna TV (check local listings to find the station) began showing "The Tonight Show With Johnny Carson" starting Jan. 1 at 11 p.m. (local time), with episodes airing every night. So if you're just not into the Jimmys or Conan, let the King of Late Night take you back to the old-school late-night talk-show format instead! I also highly recommend PBS's American Masters' documentary called **"Johnny Carson: King of Late Night,"** which documents his rise in late-night television and features revealing interviews from the people who knew him best.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at [letters@cindy-elavsky.com](mailto:letters@cindy-elavsky.com).

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ARTS & LEISURE



VISIT THE TOWN HALL ART EXHIBIT

Irena Rak Dzierzbinski will be exhibiting her art at the Orange Town Hall Gallery sponsored by the Orange Arts and Culture Council during January and February. Irena began drawing as a child and enjoyed this form of art growing up. In junior high Irena taught herself water color. Then, in high school she had a superb art teacher, Sr. Scholastica, who gave students opportunities to experience many media. Irena won a Gold Key Scholastics Art Award for her scratch board Fawn in Foliage.

Irena went on to the teaching profession loving every minute of it! Work, raising a family and running a home left little time to pursue art. However, when Irena retired in 2010 she decided to return to the "road not taken". She began taking oil painting classes with Diane Napolitano in 2012. The Bridgeport Art League awarded her oil paint-

ings first place and best in show as well second and third place for her pencil drawings in its annual art show in 2015 in Milford.

- Fawn in Foliage, scratch board, 8x11, 1963 Gold Key Scholastic Award
- Bridgeport Art League of Huntington Awards
- Crystal and Plums oil 16x20 First Place 2014
- Winter's Peace oil 12x14 First Place 2015
- Nature's Goodness oil 14x18 Best in Show 2015
- Dogwood Blossom pencil drawing 8.5x9.5 Second Place 2015
- Sir Patrick Stewart pencil drawing 9x10 Third Place 2015

She became president of the Bridgeport Art League of Huntington in June 2015.



"FREEWHEELING TWO" FOR FEBRUARY

The Case Memorial Library Art in the Library program will exhibit the energetic abstract paintings of two, talented local artists, Rita Brieger and Robert Jacoby, during February. This is a return engagement to the Art in the Library program for both artists and feature works done during the past

several years. Both also have exhibited widely, especially in southern Connecticut, and are members of several local art leagues and the New Haven Paint and Clay Club. The show will be open to the public from February 2 until February 29. An opening reception will be held on February 4 from 5:30 until 7:00 PM.

ART IN THE LIBRARY

The art of Dyan Grant, Biswajit (Mukul) Mukherjee, and Barbara Skopp will be featured in the Case Memorial Library Art Show, which opened on January 7, 2016.

**Dyan Grant**

Dyan Grant is an Orange native and is currently employed in the wine industry. She holds an MBA from Quinnipiac University. She has traveled extensively throughout the world visiting wineries in many different wine growing regions and countries. She works closely with both winery owners & wine makers. Dyan has always been very passionate about food & wine and this led her to a love for corks. For her, every cork tells a unique story about the wine, the winery, the vineyard sites and finally, the people. She is drawn to the beauty, pictures & information on each cork. Dyan adds different elements to complement the beauty including jewelry, fabrics, shells & sea glass.

of London, UK and earned a Ph.D. from University of Waterloo, Canada. He worked as a Research Engineer for Ontario Hydro, Canada. His wife Jayanti relocated to USA from Canada for her job. Mukul retired and moved to Connecticut with his family. The art lessons with Audrey were Mukul's first introduction to water color painting. He has painted landscapes, cityscapes, birds, dogs and portraits. He has displayed his paintings with Audrey's students at Orange Library. This is his first solo exhibition.

Barbara Skopp

Barbara has been a professional artist for many years specializing on the coastlines of Connecticut and Cape Cod. She also loves to do landscapes and animals. Barbara has traveled to Europe twice and has painted scenes from Monet's garden and his home, Rome and Tuscany as well. She has traveled extensively around the United States and has painted many scenes of Rocky Mountain National Park, the Continental Divide and the wolves who live in those places. She has taken many ribbons for her work and has also shown her work in several galleries and art shows. Barbara has studied under Hank McLaughlin, a world famous artist, for over 15 years.

Biswajit (Mukul) Mukherjee

Mukul started taking lessons in water color from Audrey Gailer in 2002. Mukul is a Mechanical Engineer. He graduated from Imperial College, University



ARTS & LEISURE



The Kane Sisters

TRADITIONAL IRISH MUSIC  
SESSION UPCOMING THIS MONTH

Irish fiddle players Liz and Yvonne Kane, known as The Kane Sisters, will join the P.V. O'Donnell Comhaltas Ceoltóirí Éireann traditional Irish music session on Thursday, January 21, at St. Gabriel's Parish Hall, 26 Broadway, Milford. The free session starts at 7:45 pm. BYOB. Musicians, dancers, singers and guests are welcomed.

From North Connemara, Ireland, Liz and Yvonne Kane are much respected musicians and educators. Liz, an All-Ireland Senior Fiddle Champion, and Yvonne first came to national and international prominence during the three year period in which they toured world-wide with accordion player Sharon Shannon as members of her band, The Woodchoppers. Soon after they released

their first album, New York music critic Earle Hitchner wrote that it "is fine-honed unison fiddling by two musicians who know how to draw out the heat and light within a melody."

In May, The Kane Sisters will join Joanie Madden's Folk'N Irish Cruise, along with many other renowned traditional Irish musicians.

When not touring, Liz and Yvonne teach music in the west of Ireland.

Comhaltas Ceoltóirí Éireann was founded in 1951 in Ireland to promote Irish traditional music, song, dance and language. Today there are 415 branches worldwide and over two million people attend Comhaltas functions each year.

For information call Tim Quinn at 203-257-8737.

ALL YOU NEED IS LOVE!

Connecticut Beatles Fan  
Club Celebrates Valentine's Day

On Saturday, February 13, 2016, Connecticut-based Beatles fan club Liverpool Productions will present a very special "All You Need Is Love" Valentines Dance at Aldarios Restaurant, 240 Naugatuck Avenue in Milford, CT

Highlighting the evening's festivities will be "The Hofners", one of the finest Beatles tribute bands on the circuit, propelling audiences to Liverpool in the sixties, the historic Ed Sullivan Show in '64 and the mania that continued on in 1965. The sound of their vintage guitars and amps, the matching suits and the legendary Beatle vocal harmonies are all there. "The Hofners", will be performing all the Beatles' classic hits plus songs from the band's 1966 tour. It was 50 years ago that The Beatles played their final concert tour.

Formed by New Haven's Mike "Ringo" Streeto, all band members use authentic Hofner, Gretsch, Rickenbacker, Ludwig, and Vox musical equipment as The Beatles did in their live performances. Mike "Ringo" Streeto has been leader of the tribute act, following his stint with the Las Vegas "Legends" show which appeared at Foxwoods Casino. He had previously performed with, or sat in with, such national touring acts as Beatlemania, Yesterday The Tribute, Fab Fouever and other tribute shows.

"The Hofners" have been featured in numerous newspapers & magazines, have played to rave reviews, and were the headlining band of the "Danbury Fields Forever" Beatles Music Festival the past few Summers. They will also be headlining the next "Fab 4 Music Festival" in Danbury, CT at Ives Concert Park on July 23, 2016.

Especially for the "All You Need Is Love" theme, the band will be mixing the fast-tempo dancing numbers by The Beatles with an ample selection of slower love ballads.

Admission to the "All You Need Is Love" Valentine's Dance on Saturday, February 13 includes Aldarios' all-you-can-eat gourmet buffet, open bar, the concert show, door prizes and all the fab four fun festivities for \$50 per person. Doors open at 7pm, and music starts at 8pm. The MC for the evening is area Beatles fan/expert Charles F. Rosenay!!!, who will also be DJing between the band sets.

For reservations, phone (203) 874-6096. For any further info (not reservations), call (203) 795-4737 or email LiverpoolTours@aol.com. The event website: <http://www.liverpooltours.com/aldarios.htm>.

As The Beatles sang, "It's Guaranteed to Raise a Smile."



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CLUBS & ORGANIZATIONS



The Orange Republican Town Committee held a food drive to benefit the Orange Food Bank. Several bags of food were donated along with two holiday baskets.

Pictured are Kim Callahan from Orange Community Services, Pat Powell Ziman and Margie Schenk from the Orange Republican Town Committee and Joan Cretalla, Director of Orange Community Services.

ORANGE LIONS TO MAKE COMMUNITY GRANTS

The Orange Lions Club will again provide a limited number of mini-grants to eligible community organizations and/or individuals in 2016. The mini-grants program is intended to provide funds to worthy causes and activities in the town of Orange that might not otherwise be funded.

Orange Lions Club President Maria Sandillo has appointed Kevin Hadlock of Orange to chair the Community Mini-grants Program this year. Hadlock stated that blank applications to apply for mini-grants are now available at the High Plains Community Center in the Community Services Department, at the People's United Bank branch on Orange Center Road, and also at the Case Memorial Library. He stated, "In addition to our ongoing commitment to fund anti-blindness programs and provide aid to



those with sight problems, the Orange Lions feel that it is crucial to continue to use some of our fundraising resources for local community-based projects and activities. While the amount we can give away in 2016 will be less than in recent years due to two postponed fundraisers last year, we Lions feel it is important to give back to our community in this meaningful way."

Orange Lions mini-grants may be for as little as \$100 or as much as \$1,500. Completed applications are due no later than Friday, January 29, 2016. All Orange non-profit clubs and related non-profit organizations, individual Orange residents, and Orange government entities, are eligible to apply. The recipients of Orange Lions mini-grants will be announced by the Orange Lions Club in February and awarded in early March at a reception.



KNIGHTS OF COLUMBUS TO HOLD FREE THROW CONTEST

It's time for Orange & Woodbridge youngsters ages 9-14 to sharpen those basketball free-throw shooting skills! The Holy Infant Council of the Knights of Columbus #12523 is conducting its twelfth annual Free Throw Contest on Saturday, January 16 at the Holy Infant School gymnasium, located at 450 Racebrook Road in Orange, from 10:00 a.m. until 1:00 p.m. All Orange and Woodbridge residents ages 9 through 14 as of January 1, 2016 are invited to participate. This will be the first year nine year-olds are eligible to compete in the contest. Entry into this contest is non-denominational. Entrants may arrive at any time during the period the contest is in progress to take their free throws.

The Knights of Columbus Free Throw Championship is sponsored annually, with winners progressing through local, district, regional and state competitions. Boy and girl winners are recognized for each age group. In recent years, nearly two dozen winners of the Holy Infant competition have gone on to the Regional contests, and there have been four state champions and ten state finalists

who came from Orange or Woodbridge. All contestants on January 16 will be recognized with a handsome certificate of participation. Contestants are requested to furnish written proof of their age, except that previous years' participants need not provide proof of age again. A copy of the birth certificate is preferred.

Each contest participant will be given three warm-up free throws. The contestant will then take fifteen consecutive free throw attempts. Nine through eleven year-old contestants may shoot from 12 feet; 12-14 year-olds will shoot from the standard 15 feet. Girls will use basketballs sized for women and girls. Otherwise, normal rules of basketball regarding free throws apply for all levels of competition. For example, violations include stepping on or over the free throw line prior to the ball reaching the rim.

The Knights of Columbus Holy Infant Council was established in Orange in 1999. With over 70 members, they sponsor projects to benefit their church, community, families and youth.

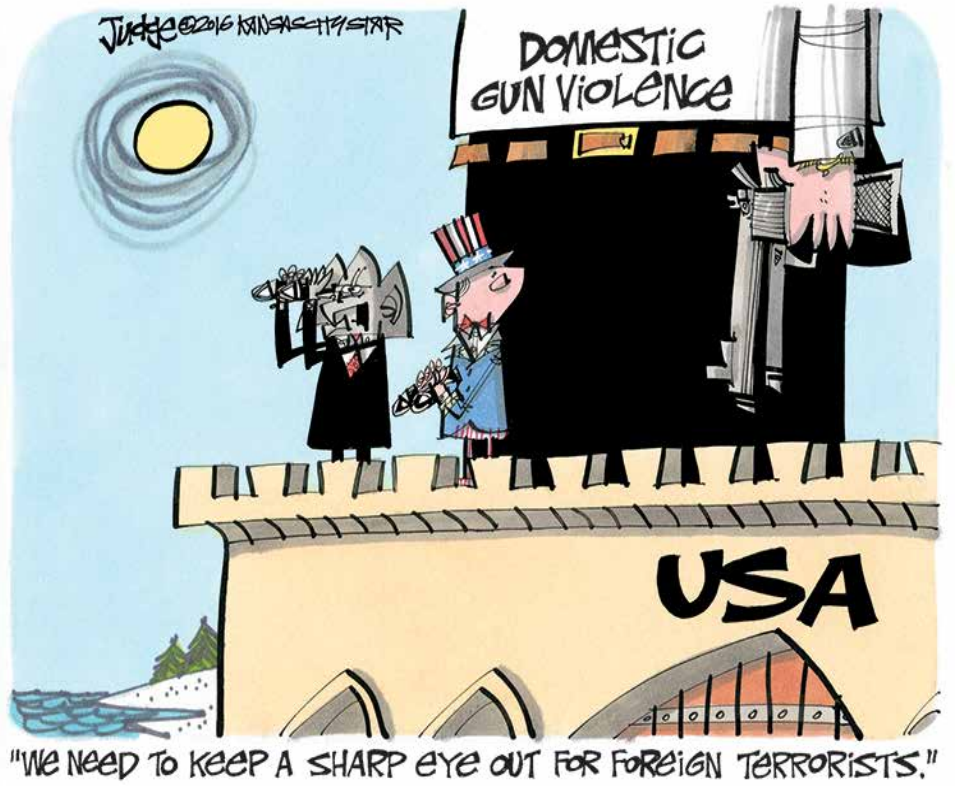
MARRAKECH HELD 15<sup>TH</sup> ANNUAL GALA & AUCTION

On Saturday, November 14, 2015, Marrakech, Inc.'s 15th Annual Gala took place at the Grassy Hill Country Club in Orange. This year, the party took on the Great Gatsby as a theme and guests arrived ready for some 1920s-inspired fun.

Mission: To provide residential, employment, support, referral, and advocacy services to individuals with dis-

abilities and people with similar service needs to assist them in exercising their human rights as citizens and contributing members of society.

Vision: Our Vision is that each person we serve will live and work in the community and be accepted by his or her neighbors, co-workers, family, friends and acquaintances for his or her individual qualities and contributions.





# BULLETIN BOARD

**Al-Anon Parents Meeting**, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to [www.ct-al-anon.org](http://www.ct-al-anon.org) or call Margaret at (203) 877-4313.

**Al-Anon Meeting**, Monday mornings, 10:00 - 11:30am, Holy Infant Church Hall, 450 Racebrook Road, Orange; a support group for relatives and friends of alcoholics. For more information, contact [www.ct-al-anon.org](http://www.ct-al-anon.org).

**Nicotine Anonymous Meetings**, Mondays, 6:30 – 7:30pm, Trinity Lutheran Church, 21 Robert Treat Parkway, Milford, open to all, no dues or fees, only requirement is the desire to be free of nicotine. For more information, call Bridges, 203-878-6365.

**Zumba Gold Classes At Congregation Or Shalom**, Tuesday and Thursday evenings at 7 p.m., Congregation Or Shalom, 205 Old Grassy Hill Road, simple and easy routines to follow, de-

signed for people of all ages and no experience is needed. If interested, call Robin at 203.314.8176 or temple office at 203.799.2341.

**Clean Energy Task Force of Orange**, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The public is invited.

**Orange Arts & Culture Council** meets on the fourth Tuesday of every month, 7:30pm, HPCC, 525 Orange Center Road, check chalk board for meeting room. The public is invited.

**Orange Recycling Committee** meets every 3rd Wednesday 7:30pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email [Orangerecycles@gmail.com](mailto:Orangerecycles@gmail.com). Beginning August, meetings will be held every 3rd Tuesday at 7:00pm except for October which will be held on October 14, 2014.

**Elm City Kennel Club General Meetings**, third Wednesday of each month,

except during July and August, 7:30pm, Paws'N Effect, 36 Corporate Ridge Drive (off Sherman Avenue), Hamden. For more information, contact New Member Coordinators Gary Wilson, at 203-996-2245 ([gwilson86@comcast.net](mailto:gwilson86@comcast.net)) or Maureen Anderson, at 203-430-5229 ([maureenanderson@snet.net](mailto:maureenanderson@snet.net)). Next meeting Wednesday, April 16, 2014. Refreshments will be served. Our April meeting will include a program on AKC Dog Shows 101.

**The Rotary Club Of Orange** meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Diane Eger at 203-530-4526 or visit [www.orangectrotary.org](http://www.orangectrotary.org) for information about the club.

**Orange Historical Society Academy Antique & Gift Shop Museum**, open Saturdays, 10:00am-3:00pm. For information call 203-795-3106.

**Traditional Irish Music Session**, P.V. O'Donnell Comhaltas Ceoltóirí Éireann session, Thursday, January 21, 2016,

St. Gabriel Parish Hall, 26 Broadway, Milford, 7:45 pm. Admission is free. BYOB. For more information on the session, call Tim Quinn at 203-257-8737.

**Blood Pressure Clinic** presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange, 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

**NAMI Support Group Meeting**, every first Monday of the month, meetings begin promptly at 6:00pm and end promptly at 7:30pm, BRIDGES, a community support system, 949 Bridgeport Avenue, Milford (entrance in the rear of the building), conference room on the second floor, meeting dates February 1, 2016, March 7, 2016, April 4, 2016, May 2, 2016, June 6, 2016, July 11, 2016, August 1, 2016, September 12, 2016, October 3, 2016, November 7, 2016 and December 5, 2016. They are free of charge and facilitator led. Family & Friends welcome.

## ORANGE CONSERVATION COMMISSION

### Racebrook Tract –Dogs and Mountain Bikes Out of Control

The Orange Conservation Commission (OCC) is receiving an increasing number of complaints from citizens using the beautiful trails of Racebrook Tract that wandering dogs and illegal mountain bike usage are degrading the quality of this valuable Open Space.

The OCC has found numerous cases where mountain bike riders have veered off of the designated trails to create new trails. These new "trails" are damaging the plant growth and scaring animals from their habitats. In addition, "new" trails cause erosion to the soil that cannot be easily repaired. These illegal trails pose a safety hazard to the public and to the riders themselves in that emergency response to an accident is significantly impaired as 1st responders do not have access to these illegal trails. The OCC reminds the Public that the Racebrook Tract is the only Orange Open Space where mountain biking is permitted and that use is restricted to Town-designated trails.

One OCC member recently approached a man at Racebrook Tract who

had just let his dog out of his vehicle to run free and informed him that this was in violation of Town Ordinances requiring dogs to be leashed (numerous signs are posted). The man ignored the OCC member and said "who needs these rules". This incident was reported to the Orange Police. There are more and more incidents like this happening where dogs are allowed to run free and bother people hiking through the area. In addition, these dog owners are not picking up their dog's waste leaving it instead on the trails for hikers to avoid.

What has been highlighted above is an example where a small number of people engaged in illegal activity at Racebrook Tract have degraded the quality of this valuable piece of Town Open Space for the many law-abiding citizens who like to use these trails. The OCC asks the public to speak up if they observe any of this abusive activity. Grab a picture and post it to the Orange Conservation Commission Facebook page or to the OCC website (<http://www.orangectconservationcommission.com/>).



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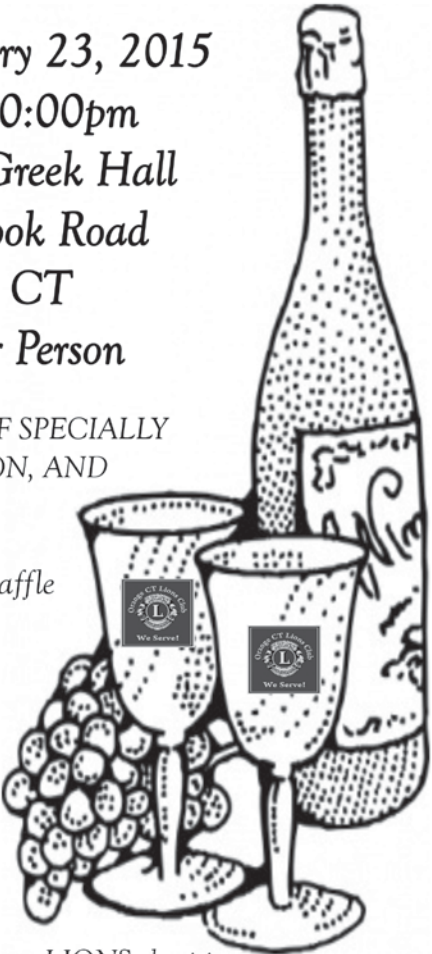
## Orange Lions Club Winter Wine Tasting

Saturday, January 23, 2015  
7:00pm – 10:00pm  
St Barbara's Greek Hall  
480 Racebrook Road  
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LIONS Club, or  
[www.orangeCTLIONS.org](http://www.orangeCTLIONS.org)



Proceeds will benefit local Orange LIONS charities



HEART-HEALTHY FOODS FOR THE YEAR AHEAD

According to the National Center for Health Statistics, heart disease is the leading causing of death in both men and women. Certain factors beyond an individual's control, such as family history and age, affect his or her risk of developing heart disease, but men and women are not helpless against heart disease.

Diet can be a friend or foe with regard to heart disease. A bad diet may elevate a person's risk for high blood pressure, heart attack or stroke, while a diet rich in heart-healthy foods can lower that risk. The following are a handful of heart-healthy foods for men and women who want to begin the new year on a nourishing foot.

**Raisins:** Researchers from the Louisville Metabolic and Atherosclerosis Research Center found that consuming raisins three times a day may significantly lower blood pressure among individuals with mild increases in blood pressure. Raisins can help combat the growth of a type of bacteria that causes gum disease, which few people may know is linked to heart disease. In lieu of reaching for cookies or potato chips come snack time, opt for heart-healthy raisins instead.

**Salmon:** Though its label as a fatty fish may lead some to question its nutritional properties, salmon is rich in omega-3 fatty acids, which can decrease a person's risk of developing an abnormal heartbeat (arrhythmia), slightly lower blood pressure and slow the growth of atherosclerotic plaque, the buildup of



Regularly consuming raisins may help lower your blood pressure.

which can contribute to heart attack, stroke or even death. Albacore tuna, herring and lake trout are additional examples of heart-healthy fatty fish.

**Whole grains:** Whole grains help men and women maintain healthy weights while lowering their risk for heart disease, making them perfect dietary additions for anyone who resolves to lose weight and protect their heart in the year ahead. According to the American Heart Association, whole grains, such as whole wheat, oats/oatmeal, rye, barley, and brown rice, are great sources of dietary fiber, while refined grains like white rice and en-

riched bread contain little fiber. That's an important distinction, as dietary fiber can improve blood cholesterol levels and lower risk of heart disease and stroke.

**Tomatoes:** Researchers at Boston's Tufts University analyzed more than a decade's worth of data in an effort to discover the effects of lycopene, which is the antioxidant responsible for giving tomatoes their familiar red color, on the cardiovascular system. They ultimately discovered that people who regularly consumed foods with lycopene over an 11-year period reduced their risk of coronary heart disease by 26 percent. The lycopene found in tomatoes may be even more accessible when they are cooked.

Aspiring to eat healthier is a goal for many people come the dawn of a new year. For more information about heart-healthy foods, visit [www.heart.org](http://www.heart.org).

DEATH NOTICES



Marjorie Collins Crozier

Marjorie Collins Crozier, 89, of Orange passed away peacefully in her home on Saturday, December 26, 2015. She was the widow of Seward R. Crozier. Born on June 13, 1926 to the late Reverend Clifford Wesley and Wynola Hine Collins, she lived in Orange for most of her life. After graduating from the Day School (now Hopkins School), Connecticut College and the University of New Haven, she worked as an office manager for New England Telephone and Field View Farm. Besides raising her daughter, she was active in the community, enjoyed playing badminton, and attended the Clelian Adult Day Center. She is survived by her daughter, Corene Crozier and cousins, Walter and Roland Hine all of Orange. A funeral service was held at the Orange Congregational Church at 10am on December 30, 2015. Burial is in the Orange Center Cemetery. In lieu of flowers, donations may be made in

her name to a charity of your choice. Smith Funeral Home, 135 N Broad St., Milford was in charge of arrangements. To leave condolences, please visit [www.georgejsmithandson.com](http://www.georgejsmithandson.com).

Nelson C. Nicholson

Nelson C. Nicholson, 82, of Orange, passed away November 2, 2015 in Yale New Haven Hospital. He was the husband of Carole McCarthy Nicholson. Mr. Nicholson was born in Danbury on January 9, 1933, son of the late Michael and Esther Gara Nicholson.

Nelson was a graduate of Dartmouth College. He was the founder and operator of Nicholson Associates, Inc. insurance agency in Milford. An accomplished magician, he was a member of several magicians organizations including the Society of American Magicians, the International Brotherhood of Magicians and The Magic Circle of London. He was a member of the Endowment Committee of St. Barbara Greek Orthodox Church and was a member of Chapter 98, Order of AHEPA. He was the recipient of the St. Paul Medal, the highest honor that the Greek Orthodox Archdiocese of the Americas can bestow on a lay person.

Besides his wife, Mr. Nicholson is survived by brothers-in-law and sister-in-law, Thomas McCarthy, Charles R. Cullen and Heather Cullen; a nephew, Charles R. Cullen and a niece, Maura Cullen Visconsi; as well as great nieces and nephew, Henry, Charlotte and Eliza Visconsi. He was predeceased by two brothers, Alexander W. and Michael Nicholson and a sister, Katherine Nicholson.

DEATH NOTICES

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: [edit@oragetownnews.com](mailto:edit@oragetownnews.com)

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# TEACH KIDS FINANCIAL LESSONS FOR THE NEW YEAR

At the dawn of a new year, many adults resolve to make positive changes in the year ahead. But New Year's resolutions aren't exclusive to adults. In fact, New Year's resolutions provide a great opportunity for parents to teach their kids about setting goals and maintaining the discipline necessary to realize those goals.

Many adults express a desire to save more money when making their New Year's resolutions. Parents who want to instill financial responsibility in their children and encourage youngsters to save money right alongside mom and dad can do so in various ways.

**Start giving kids an allowance in return for doing their chores.** A great way to teach kids about money management is to give them an allowance in return for doing their weekly chores. This teaches kids that they must earn their money and also teaches them to budget. Resist the temptation to give kids extra money or advances on their allowances, as doing so can compromise the lesson that kids need to budget.

**Encourage kids to establish specific financial goals.** Kids can benefit just like adults by setting specific financial goals. If kids have their eye on a new gadget or gaming console, encourage them to create a savings log that tracks how much they're saving each week and how close they are getting to reaching their goal. As kids's balances increase and they get closer to their goal, they may grow just as excited as adults do when they see their investments perform well.

**Match kids' contributions.** Another great way to encourage kids to save money is to match the deposits they make into their accounts. Whether

it's teenagers saving for their first car or younger kids saving for a new bike, kids may be more likely to save if they know their contributions are being matched. Parents can explain that matching is not just for kids, as many moms and dads benefit from employers who match their retirement contributions.

**Let kids make mistakes.** Everyone makes mistakes, especially when it comes to money. Many adults feel the best financial lessons they learned were a byproduct of a mistake they made that forced them to reexamine their approach to money. Letting kids make financial mistakes now may help them avoid bigger and more costly mistakes down the road.

**Teach impulse control.** Another valuable financial lesson parents can instill in their kids is controlling their impulses with regard to spending. Many adults exercise impulse control by waiting 24 hours to make purchases. In this scenario, adults who see something they like online or in-store that they did not intend to buy will wait a day after seeing the item before deciding whether or not to purchase it. That 24-hour waiting period often prevents people from buying products they don't need. Kids can benefit just as much from following this guideline. In the interim between seeing the item and deciding whether or not to buy it, discuss with kids the pros and cons of buying the item. This can teach them to carefully consider each of their purchases, making them more responsible consumers for the rest of their lives.

New Year's resolution season provides a great opportunity for parents to impart valuable financial lessons to their children.



# LEARN SOMETHING NEW TODAY

Have you resolved to learn something new this year? You're not alone. Each year, millions of people resolve to expand their horizons and for the sake of a more fulfilling life.

It is one thing for adults decide to something new, but quite another to narrow down how you will enhance your knowledge or experiences. Don't be discouraged by the adage that you can't teach an old dog new tricks. It's never to late to move out of your comfort zone, and these ideas may help you do just that.

**Learn a new language.** If you have always dreamed of traveling internationally and speaking in a country's native tongue, begin taking lessons. A Gallup Poll indicates that only about 25 percent of Americans can speak another language sufficiently enough to carry on a conversation, although many agree that knowing a second language is a good skill to have. In addition to private tutors or classes at nearby community colleges, make use of foreign language apps and computer programs, which allow you to practice in the comforts of home. Depending on how much time you can devote to studying, it may be just a matter of a few months before you have mastered a new language. How quickly you pick up a new language may be affected by your knowledge of other languages. For example, if you already speak Spanish, learning French or Italian maybe easier because of similarities between these widely spoken romance languages.

**Take up a new sport or hobby.** Hobbies and sports appeal to all types of people. Adults who never participated in sports as a child may find their interest piqued upon joining an adult league. Don't underestimate your potential abilities on the playing fields or with regard to certain hobbies. Give painting, woodworking, papercrafting, and other hands-on hobbies a go and you may be surprised to discover the talent lies within.

**Go back to school.** Even if you already have a degree, don't be hesitant to pursue additional education. In 2013, a report in The Wall Street Journal indicated that just 29 percent of college students fit the "traditional" student mold. That means nontraditional students, many of whom are adults, make up the majority of students on campus. Many local colleges and universities offer distance learning or adult education programs. Speak with a curriculum advisor about a particular school's offerings and find out if you're eligible for reduced tuition or financial aid.

**See new sights.** If travel is a passion of yours, make sure your passport is current and start making plans to visit areas of the world you have always wanted to visit. Perhaps there are particular ancient ruins you hope to see, or maybe you want to trace your genealogy back to your ancestral homeland.

Trying something new is easier than one may think, and it can make for a great resolution and a more fulfilling life with lots of precious memories.

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# HOUSES OF WORSHIP EVENTS



## HEBREW SCHOOL STUDENTS BUILD A 13-FOOT LEGO MENORAH

On December 10th, The Hebrew School of Temple Beth Sholom, 1809 Whitney Avenue, Hamden, celebrated Hanukkah by building a 13 foot Menorah using 70,000 Lego Bricks. The event was led by Stephen W. Schwartz AIA, founder of Building Blocks Workshop. The students formed separate groups with each group constructing a portion of the Menorah with Legos supplied by Mr. Schwartz. The individual portions were then assembled creating the final beautiful Menorah. Once

constructed, the Menorah was lit while families sang the blessings and Hanukkah songs. The celebration included a traditional potato latke dinner, music and a children's grab bag. Temple Beth Sholom is a conservative egalitarian synagogue with over 400 member families and singles from the Greater New Haven community. For information about Temple Beth Sholom, contact the Temple office at (203) 288-7748 or go to [www.tbshamden.com](http://www.tbshamden.com).

## CONGREGATION OR SHALOM SERVICES AND EVENTS

Congregation Or Shalom is located at 205 Old Grassy Hill Road in Orange. Call 203.799.2341 or visit [www.orshalomct.org](http://www.orshalomct.org) for more information.

### Weekly Services

Minyan Services  
Sunday 9:00 AM  
Monday 7:30 AM  
Thursday 7:30 AM

### Healing Circle

Wednesday 7:00 AM

### Shabbat Services

Friday 7:00 PM  
Saturday 9:30 PM

### Coffee and Learn with the Rabbi

This is an hour long meeting led by the Rabbi on a wide variety of issues held every Wednesday from 11AM to Noon

**Topics for January and February will include:** "What Does the book of Exodus Say About..."

- The First Born Child
- Selflessness
- The meaning of Tefillin



Congregation Or Shalom

- Biblical Jurisprudence
- Sexual Deviancy
- "An eye for an eye"
- Gratitude
- Revising religion
- Transgenerational retribution
- Humility

### Zumba Gold

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at [zumbarobin@gmail.com](mailto:zumbarobin@gmail.com) or call 203-314-8176 or temple office at 213-799-2341.

## CHABAD ORANGE/WOODBRIDGE PRESENTS EVENING WITH MODI

Save the date! January 16th for an evening of cocktails, Smorgasboard, dessert and the amazing comedy of Modi. Voted one of the "Top 10 Comedians" in New York City by the Hollywood Reporter and Back Stage, Modi is one of the comedy circuit's hottest young comedians. ALL ARE WELCOME!! ADULTS ONLY

Tickets: \$45 per person; VIP Spon-

sors: \$250 couple includes meet and greet and reserved seating.

Chabad of Orange~Woodbridge is located at 261 Derby Avenue, Orange. FOR RESERVATIONS call 203-795-7095, email [info@chabadow.org](mailto:info@chabadow.org) or reserve online at [http://www.chabadow.org/templates/articlecco\\_cdo/aid/2764343/jewish/2016-Comedy-Night-Reservation-Form.htm](http://www.chabadow.org/templates/articlecco_cdo/aid/2764343/jewish/2016-Comedy-Night-Reservation-Form.htm)

## INTERFAITH SERVICE TO HONOR DR. MARTIN LUTHER KING JR.

Congregation Mishkan Israel's annual Rev. Dr. Martin Luther King, Jr. Service will be on Friday evening, January 15 at 7:30 p.m. The guest speaker is David Goodman, president of The Andrew Goodman Foundation named in honor of David's older brother, slain civil rights worker, Andrew Goodman.

At the height of the Civil Rights Movement, Andrew (Andy) Goodman joined Freedom Summer '64 to register African-Americans to vote. On Andy's first day in Mississippi, he and two other civil rights workers, James Chaney and Michael Schwerner, were murdered by the Ku Klux Klan. The story of these three young men struck a public chord that galvanized support for the passage of the Voting Rights Act of 1965.

Goodman, Chaney and Schwerner revealed the coalitions of black and white, Jew and Christian, young and older Americans working together to form a more perfect union for all. Now, a historic figure and role model to many, Andy Goodman was first a beloved son, brother, friend, theater student and passionate advocate for fairness and equality. At this special service, David Goodman will discuss civil rights and the summer of 1964.


Beginning in the 1970s, the Congregation began to pay tribute for Dr. King's life in order to celebrate his legacy and

his ties to the congregation. CMI Rabbi Robert Goldberg had invited his friend, Dr. King to speak at CMI on October 21, 1960 to help dedicate our new synagogue. Dr. King was arrested 2 days before he was to speak but was able to be our guest preacher one year later on October 20, 1961. This was a historic moment that the Congregation wanted to preserve following Dr. King's assassination and thus the annual service was begun.

For the fifth year, the service will be interfaith. Faith leaders from the Jewish, Catholic Christian, Muslim, Bahai and Unitarian Universalist traditions will join Rabbi Brockman in leading services.

The Afro-Semitic Experience is an American roots band that merges Jewish and Afrodiasporic melodies and grooves, combining the core concepts of ase and shalom - power, action, unity, and peace. The band was founded in 1998 by pianist Warren Byrd and bassist David Chevan. It all began when the duo were invited to play at a Martin Luther King memorial service. The duo quickly expanded into a full seven piece ensemble. The group will be the guest musicians along with the CMI Choral under the direction of Dr. Kevin Mack.


The event is free and open to the community. For further information, call the synagogue at (203) 288-3877.



### THE ILLUSTRATED BIBLE

And the wolf will dwell with the lamb,  
and the leopard will lie down with the young goat,  
And the calf and the young lion and the fatling together;  
And a little boy will lead them.  
ISAIAH 11:6

*Detail of art from "Scottsboro Alabama: A Story in Linoleum Cuts" (1935)*





# HOUSES OF WORSHIP EVENTS

## ANNOUNCEMENTS FOR CONGREGATION B'NAI JACOB

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All programs are open to the public. RSVP required when indicated.

### Upcoming Events

Friday, January 15th at 7: 30 p.m. David Goodman & Afro Semitic Experience Jazz Group at Mishkan Israel – David Goodman brother of civil right martyr killed in 1964 will speak at annual remembrance of Dr. Martin Luther King. Music combining Black-Jewish ritual themes.

Saturday, February 6th around 12:30 p.m. Jews in China: A Little Known Big Story – Led by Angelica Kaner. Dr. Kaner will talk about how Jews came to live and thrive in China. Born and raised in Hong Kong, she will read excerpts from a series of stories she had begun to write about her childhood.

### Special Services

Saturday, January 30th at 10:15 a.m. Family Shabbat – Students will lead the 'junior congregation' service and learn to read Torah. This will be a fun, dynamic service and a great way to gain familiarity with the Shabbat service.

### Ongoing Learning

Monday at 7:30 p.m. Maimonides:

Life and Thought with Rabbi Shapiro – February 22, 29; March 7, 14, 28; April 4, 11, 18.

### Every Week

*Bread & Torah* – Every Saturday at 9:00 a.m. (Except when Shir Hadash occurs). Come learn parshat hashavua (the weekly torah portion) over bagels and coffee in the library with Rabbi Shapiro before 9:45 a.m. services.

*Mah Jong & Canasta* – Every Tuesday & Wednesday. Anyone can come in and play. We will be offering coffee "and" but feel free to bring a dairy lunch. Please call to reserve a table.

*Daily Minyan* – As a reminder, daily minyan is at 7:45 a.m. & 6:00 p.m. and Sunday morning minyan is at 9:00 a.m. Friday night services are at 6:30 p.m. and Saturday at 9:45 a.m.

*Gan Hayered Sundays at 9:30 a.m. [During Religious School]* – This is for three- and four-year olds and is a "drop off" experience. The curriculum is a play-based Judaic program, taking advantage of our long history of providing a warm, caring environment in which children can develop social skills while also learning about Jewish holidays, traditions and values.

## A WEEKEND OF JEWISH LEARNING AT TEMPLE

### "Mediterranean Mosaic: Three Vignettes Of Jewish Life And Culture"

The Jewish Education and Enlightenment Program will feature three stimulating speakers exploring the worlds of modern Israel; medieval Spain, Egypt and Palestine; and twentieth century Italy.

**Friday night, March 11, begins with Shabbat dinner at 6:00 pm, followed by a Shabbat service with a presentation by Olga Markus.**

Ms. Markus holds a M.A. in Russian Language and Literature from Kiev State Pedagogical University, a M.A. in Religious Education and an advanced diploma in Jewish Education from the University of London, and currently works at the Council of Jewish Émigré Community Organizations (COJECO), the central hub for the Russian-speaking Jewish community of New York. She will present "My Israel: A Land of Miracles, Inspiration and Complexity."

**Saturday, March 12, 10:30 am: Presentation by Liran Yadgar followed by a Shabbat luncheon.** Liran Yadgar is currently a post graduate teaching fellow in the Judaic Studies Program of Yale University and a Ph.D. Candidate in Near Eastern Languages and Civilizations at the University of Chicago. He will discuss medieval Jewish-Islamic social and intellectual exchanges through the writings and poetry of Judah Halevi and others from the 12th century, focusing on medieval Spain, Cairo and Palestine.



Debbie Friedman

**Sunday, March 13, 10:00 am: Bagel brunch followed by a presentation by Dr. Philip Balma.** Dr. Balma is an associate professor of Italian Literary and Cultural Studies and a member of the faculty at the Center for Judaic Studies and Contemporary Jewish Life the at the University of Connecticut, Storrs. His topic "Hiding in Plain Sight" examines the lives of Jews working in Italian cinema during the Fascist period and beyond.

Join us for what is always an enjoyable and educational weekend of learning, food and fellowship at Temple Emanuel of Greater New Haven, 150 Derby Avenue, Orange, CT. For more information, call the TE office at 203-397-3000 or visit our website: [www.templemanuel-gnh.org](http://www.templemanuel-gnh.org).



The Orange Congregational Church will present the next concert in its "Music on the Green" series on Sunday, January 24, 2016 at 4:00 pm. The music director, Bryan Campbell, will play the Odell pipe organ in a performance titled "Bible Scenes". A program of colorful pieces will display the variety of pitches and timbres of the pipe organ. Tickets are \$10 and available at the door. The Orange Congregational Church is located on the town green, Orange Center Road at Meeting House Lane in Orange, CT. For more information: [www.orangecongregationalchurch.org](http://www.orangecongregationalchurch.org).

Orange Town News

### Attention Churches, Synagogues & Houses of Worship!

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## TEMPLE BETH SHOLOM EVENTS

### Temple Beth Sholom, Hamden, L'Chaim Series And Hamden Rehabilitation And Health Care Center Announce A Free Lunch And Lecture On "Do You Sometimes Feel Like You Are Swimming Against The Tide?"

Temple Beth Sholom and Hamden Rehabilitation and Health Care announce a lecture: "Do You Sometimes Feel Like You Are Swimming Against the Tide?" to be held Monday, January 25th at noon, at the Temple. A light lunch will be served.

Susann Varano, MD and Social Worker, Cindy LaCour of the Hamden Rehabilitation and Health Care Center will present a discussion on navigating

through the sea of elder care options. Topics included will be geriatric screenings, mediation management, differences between assisted living and skilled living facilities, hospice benefits and advanced directives.

Reservations required. RSVP to Eta Kaplan, (203) 281-3349 or [etabell@sbc-global.net](mailto:etabell@sbc-global.net) by January 18th. No walk-ins, please.

### Temple Beth Sholom Offers A Nosh And Learn Series

The Adult Education Committee of Temple Beth Sholom, is offering a Nosh and Learn series. The four-part series entitled "The Messiah: What Are We Waiting For?" will take place on Thursdays, February 11h, March 10th, April 14th, and May 19th, all at 10:00 AM at the Temple. The series will be led by Dr. Henry Cohen. There is no charge for the series and refreshments will be served. Please call the Temple office at (203)

288-7748 if you plan to attend.

Both events will take place at Temple Beth Sholom, 1809 Whitney Avenue, Hamden. Temple Beth Sholom is a conservative egalitarian synagogue with over 400 member families and singles from the Greater New Haven community. For information about Temple Beth Sholom, contact the Temple office at (203) 288-7748 or go to [www.tbshamden.com](http://www.tbshamden.com).



HOUSES OF WORSHIP

FIFTH ANNUAL DEBBIE FRIEDMAN MEMORIAL CONCERT

The Temple Emanuel Band, Choirs and Religious School invite you to join them for a morning of singing and celebration in memory of the music and legacy of Debbie Friedman, z”l, on Sunday morning, January 24, at 10:45. The event is free and open to the public. Please bring your friends and your voices.

In addition to several iconic songs by Friedman, who died in 2011, songs by two generations of musicians who were influenced and inspired by her ability to bring a woman’s voice and perspective into late 20<sup>th</sup> century Jewish music, and to write accessible songs combining liturgy and social commentary, will be performed.

Jacob "Spike" Kraus, an up-and-coming singer/songwriter whose music is represented in the January concert, will spend the weekend of February 5-7 as musician-in-residence at Temple

Emanuel. Highlights of the weekend include:

- February 5 at 6:30 pm - Family Shabbat Service featuring music by Spike Kraus with Rabbi Michael Farbman and members of the TE band.
- February 6 at 7:00 pm - *Havdalah* and concert by Spike Kraus with the TE band.
- February 7 at 10:30 am - Mini concert with students from the TE religious school.

All events during the Musician-in-Residence Weekend are free and open to the public. Spike’s first full-length studio album, "Shake Off the Dust," will be available for sale after the concert.

For more information about these and other events, celebrations and services at Temple Emanuel, please go to the TE website: [www.templemanuel-gnh.org](http://www.templemanuel-gnh.org), or call the temple office at 203-397-3000.

CHURCH OF THE GOOD SHEPHERD JANUARY & LENT ACTIVITIES

A full schedule of services & events are planned for the Lenten Season which begins in February. We begin with the Youth Group’s SHROVE Tuesday Pancake Supper on Tuesday, February 9th @ 6pm. in the Parish Hall. Everyone is encouraged to bring a board game to complement our evening of family fun. New youth group members are always welcome. The CGS Youth Group meets every Friday 7p.m. For more information, please call the Parish Office.

Ashes to Go will be available at the front of The Church of the Good Shepherd from 7am to 8am and from noon to 1 pm. All those unable to attend a service are welcome to drive up and receive ashes. The Reverend Diana Rogers will distribute ashes during our ASH WEDNESDAY SERVICE on February 10th @ 7pm.

Our next Prayer Shawl Knitting Gathering will be Sunday, January 31st @ 6pm in the Parish Hall located at 680 Racebrook Road, Orange. Our Prayer Shawl Ministry invites anyone interested in knitting or crocheting a

prayer shawl for a person in need. We craft all year-round and meet regularly. Our prayer shawls are blessed during a Sunday Eucharist and then distributed by our parishioners to friends, neighbors and family members in need.

Additionally, please stop by Church any Wednesday to enjoy our free lunch program called the Shepherd’s Table beginning at 10:30a.m. with Bingo.

The Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m.; a special service focused on the Gospel for children @ 9a.m., and Rite II Holy Eucharist with music @ 9:30 a.m. For more information about the Church of the Good Shepherd’s many other programs, such as our monthly Book Club, Prayer Shawl Ministry, and Healing Eucharist, please call the Parish Office @ (203) 795-6577, email us @ [thegoodspheherd@optonline.net](mailto:thegoodspheherd@optonline.net), visit our website @ [www.thegoodshepherdoranged.org](http://www.thegoodshepherdoranged.org), and of course, check our Facebook page for frequent postings.



Riding a bike to work instead of driving is a great way to get healthy in the new year.

HEALTHY RESOLUTIONS FOR THE NEW YEAR

The tradition of making New Year’s resolutions can be traced back to the ancient Babylonians, who promised their gods that they would repay their debts and return borrowed items in the new year. While resolutions have changed since then, people still see the dawn of a new year as an opportunity to commit to doing something good in the months ahead.

No rules govern New Year’s resolutions, but many people resolve to do something healthy. The following are just a few resolution ideas for people who want to make 2016 as healthy as possible.

**Lose weight.** A January 2015 survey from Nielsen found that 32 percent of U.S. consumers resolved to lose weight in the new year. That should come as no surprise, as New Year’s Day marks an end to the holiday season, when many people pack on pounds thanks to holiday dinners, parties and the baked goods that seem to find their way into homes and offices throughout December. Seventy-six percent of participants in the Nielsen survey said they did not follow a weight loss or diet program in 2014, which might explain why so many felt a need to lose weight in 2015. If you resolve to lose weight in the new year, do so with the assistance of your physician, who can offer useful advice on diet and exercise.

**Bike to work.** Depending on how close your home is to your office, consider riding a bike to work instead of driving into the office every day. Riding a bicycle is great cardiovascular exercise, which is a critical part of any successful exercise regimen. But riding a bike to work also benefits the environment by making

the air you breathe cleaner. The U.S. Census Bureau estimates that roughly half of all U.S. residents live within five miles of their workplace, which provides a great opportunity for commuters to reduce total household emissions, all while having fun on their bicycles. If 50 percent of American workers chose to bike rather than drive to work each day, total household emissions could be cut by as much as 6 percent. Biking to work also saves commuters money on fuel.

**Work less.** Work is good for the mind and body, but too much work can lead to elevated levels of stress. Stress can produce a host of negative consequences, including an increased risk for depression, obesity and heart disease. Long hours at the office is one of the leading causes of work-related stress, and many professionals find themselves taking on more than they can reasonably handle. Make an effort to scale back your responsibilities and spend less time at the office.

**Reduce alcohol consumption.** Reducing alcohol consumption is another healthy resolution for the new year. Excessive alcohol consumption can do a number on the human body. The National Institute on Alcohol Abuse and Alcoholism notes that overconsumption of alcohol can affect the heart (increasing the risk for cardiomyopathy, arrhythmia, stroke, and high blood pressure), liver (fibrosis, cirrhosis, alcoholic hepatitis), pancreas (pancreatitis), and immune system (weakening it and making you a much easier target for disease). Reducing consumption can have a considerable impact on your overall health.

Men and women resolving to get healthier in the new year can do so in various ways.

**Attention Churches, Synagogues & Houses of Worship!**

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# ENTERTAINMENT

## TOP 10 MOVIES

- 1. Star Wars: The Force Awakens (PG-13)**  
Daisy Ridley, John Boyega
- 2. Daddy's Home (PG-13)**  
Will Ferrell, Mark Wahlberg
- 3. The Hateful Eight (R)**  
Samuel L. Jackson, Kurt Russell
- 4. Sisters (R)**  
Amy Poehler, Tina Fey
- 5. Alvin and the Chipmunks: The Road Chip (PG)**  
animated
- 6. Joy (PG-13)**  
Jennifer Lawrence, Robert De Niro
- 7. The Big Short (R)**  
Christian Bale, Steve Carell
- 8. Concussion (PG-13)**  
Will Smith, Alec Baldwin
- 9. Point Break (PG-13)**  
Edgar Ramirez, Luke Bracey
- 10. The Hunger Games: Mockingjay -- Part 2 (PG-13)**  
Jennifer Lawrence, Josh Hutcherson

## TOP 10 VOD

- 1. Mission: Impossible -- Rogue Nation (PG-13)**  
Tom Cruise
- 2. Ant-Man (PG-13)**  
Paul Rudd
- 3. Trainwreck (R)**  
Amy Schumer
- 4. Pan (PG)**  
Levi Miller
- 5. War Room (PG)**  
Priscilla C. Shirer
- 6. Vacation (R)**  
Ed Helms
- 7. Jurassic World (PG-13)**  
Chris Pratt
- 8. Max (PG)**  
Thomas Haden Church
- 9. Inside Out (PG)**  
animated
- 10. A Walk in the Woods (R)**  
Robert Redford

- Name the group whose debut single was "New York Mining Disaster 1941."
- Which Jackson Browne song was added to the collector's edition of the 2001 soundtrack for the 1994 film "Forrest Gump"?
- Name the group that released "From the Beginning."
- What was the name of the single hit by the The O'Kaysions?
- Name the song that contains this lyric: "I'd have thought that with time thoughts of her would leave my head, I was wrong and I find just one thing makes me forget."



1. The Bee Gees, in 1967. They were inspired to write the song while sitting in a stairway during a power outage. A mining catastrophe in Wales in 1966 was fresh in their minds, when 144 people were killed. 2. "Running on Empty," which Browne released in 1977. 3. Emerson, Lake & Palmer, in 1972 on their "Triology" album. 4. "Girl Watcher," in 1968. They were originally known as The Kays. 5. "Red, Red Wine," first recorded by singer-songwriter Neil Diamond in 1967. UB40 released a reggae version in 1983. The group saw "Diamond" as a writer credit, unaware that it was Neil Diamond who'd written the song.

## SPORTS QUIZ

By Chris Richcreek

- Detroit Tiger pitchers set an A.L. record in 2015 for most consecutive shutout innings to start a season (24). Who had held the mark?
- How many times has a San Diego Padres pitcher struck out 250 or more batters in a season?
- Quarterback Boomer Esiason ranks No. 3 on the University of Maryland's list for career passing yards (6,259). Who are No. 1 and No. 2?
- Who is the Phoenix Suns' career leader in steals?
- Between 1990 and 1999, seven different teams won the Presidents' Trophy for the best regular-season NHL record. Name five of them.
- How many consecutive years did an Audi win the 24 Hours of Le Mans before Porsche won the race in 2015?
- Of the 14 times tennis stars Serena and Venus Williams have faced each other in a grand slam singles match, how many times has Serena won?

1. The Chicago White Sox tossed 22 shutout innings to start the 1947 season. 2. Once -- Kevin Brown struck out 257 batters in 1998. 3. Scott Milanovich (7,301) and Chris Turner (6,543). 4. Center Alvan Adams, with 1,289. 5. Boston, Chicago, Colorado, Dallas (twice), Detroit (twice), the New York Rangers (twice) and Pittsburgh. 6. A five-year stretch. 7. Nine.



Mom, Dad give thumbs-up in "Meet the Patels" [Four in a Billion Pictures]

**EDITOR'S NOTE:** DVDs reviewed in this column are available in stores the week of January 25, 2016.

## PICKS OF THE WEEK

**"Burnt" (R)** -- Bradley Cooper stars as a hotshot chef who is equal parts charm and self-destruction -- with a seasoning of carefully crafted stubble. Once a sizzling kitchen captain in Paris, American chef Adam Jones (Cooper) made a sputtering grease-fire out of his life with drugs and nastiness. Rehabbed and back on the culinary scene in London, Adam's got to assemble the right crew -- including Sienna Miller as a reluctant romance and Omar Sy as a former rival -- then start cooking his

way to redemption. Cooper supplies his best bad-boy charm, but that smarm loses its flavor after a while, and you're stuck with a bunch of characters who keep forgiving a raging jerk. The ample shots of food will make you want to feast through your eyes, but the story doesn't do much to plate it.

**"A Brilliant Young Mind" (PG-13)** -- Young Nathan has excelled at math since elementary school, but he suffers from a disability that makes it difficult for him to connect with people or even manage the barrage of information from the outside world. As a teen, Nathan (Asa Butterfield) represents the United Kingdom at the International Math Olympics, an undertaking that could open up his world or shut him down. Director Morgan Matthews does a great job of putting you inside Nathan's mind without resorting to flashy camera moves or special effects. Especially strong is Sally Hawkins' performance as Nathan's mother, who carried so much of the struggle, supporting Nathan along the way while keeping her hopes in check.

**"Meet the Patels" (PG)** -- Nearly 30 and newly single, actor Ravi Patel agrees to try things the way his Indian parents suggest. Ravi and his sister Geeta co-direct this documentary -- partially told in animation -- about Ravi's search for love through somewhat more "traditional" means: His information is spread through a network of relatives and friends, plus there are matchmakers and speed-dating conventions for people who have favorable family lines. It's overwhelming from the start, as Ravi's not the most traditionally inclined guy, and he's even pretty shy for an actor. It's a fun, lighthearted look at love, tradition and change.

Sudoku answers on page 32

## Weekly SUDOKU

by Linda Thistle

	9		3			7	
		2		8			3
6					5		1
	8			3	6	4	
4			9				2
		9		1			8
		5			3	9	
	4		8				7
2				7			6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

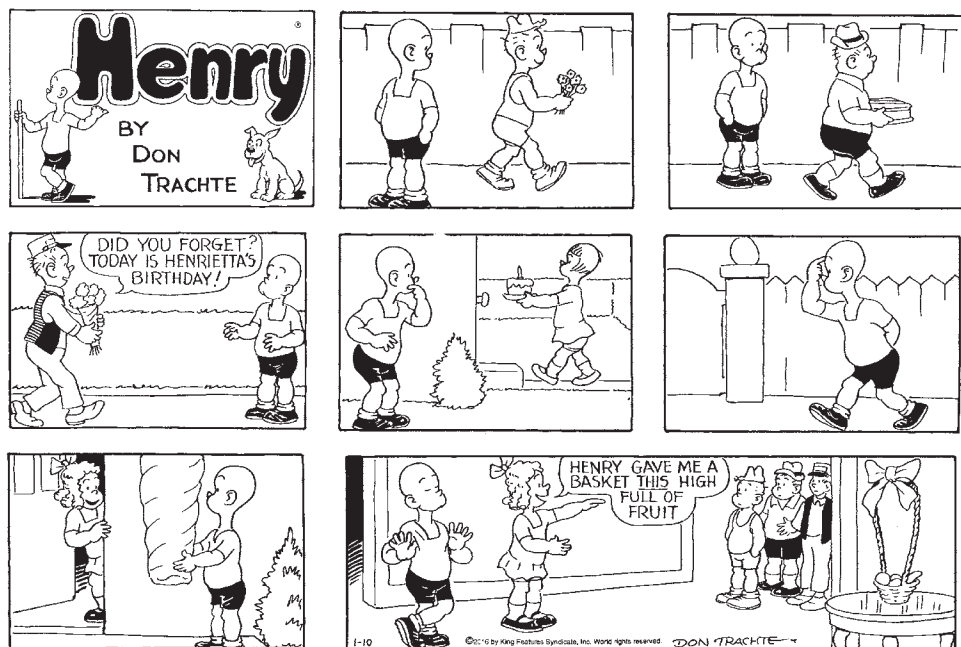
DIFFICULTY THIS WEEK: ★★

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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# COMICS/CROSSWORD/HOLLYWOOD



## The Spats



## by Jeff Pickering

# King Crossword

## ACROSS

- 1 React to gravity  
5 G-man's org.  
8 Gym-floor padding  
12 Sandwich cookie  
13 "— the fields we go ..."  
14 Shrek is one  
15 Paper quantity  
16 Leave  
18 Distinguish  
20 Senate staffers  
21 "Monty Python" starter  
22 Solidify  
23 Intended  
26 Faint  
30 Noah's boat  
31 Actor Cruise  
32 Omega preceder  
33 Protract  
36 Tablet bearer  
38 Bagel topping  
39 Yon maiden  
40 Rice (Sp.)  
43 Endure  
47 Omit  
49 Emanation  
50 Logical  
51 Ailing  
52 "— It Romantic?"

**DOWN**

- |                         |                          |                          |
|-------------------------|--------------------------|--------------------------|
| 1 Dress-maker's dummy   | 19 clique                | 37 Invest with authority |
| 2 Vicinity              | 20 Giant in Coopers-town | 39 With ardor            |
| 3 Plumbing problem      | 22 Group of whales       | 40 Moreover              |
| 4 Chinese noodle recipe | 23 Crazy                 | 41 Peruse                |
| 5 Concentrate (on)      | 24 Blunder               | 42 McNally partner       |
| 6 Suspenders            | 25 Alias (Abbr.)         | 43 Island dance          |
| 7 alternative           | 26 Cauldron              | 44 River of England      |
| 8 Anger                 | 27 Chances, for short    | 45 Coffee shop array     |
| 9 Aesopian              | 28 Work with             | 46 Skin art, for short   |
|                         | 29 "— the sea son to be  | 48 Lubricate             |

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# HOLLYWOOD

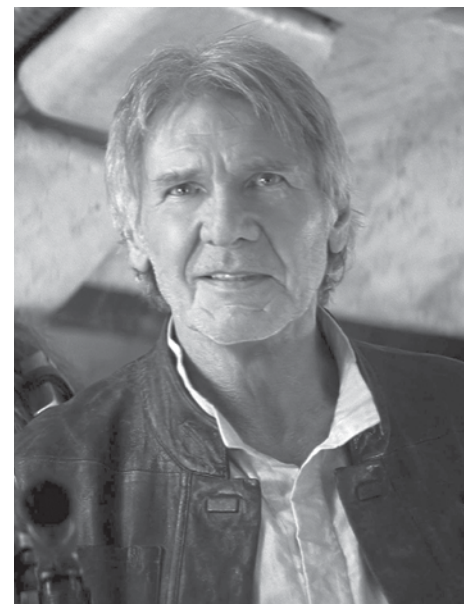
**By Tony Rizzo**

HOLLYWOOD -- "Stars Wars: The Force Awakens" is all anyone is talking about, including The Vatican Newspaper, which suggests the blockbuster is "confused and hazy, fails most spectacularly in its representation of evil and overdoes the darkness!" What the Vatican failed to see is ... it's just a movie!

"The Force Awakens" is on par with "Star Wars: A New Hope" in so many ways. Small wonder Harrison Ford received the highest salary of anyone, because he's magnificent again as Han Solo. In 1977 when George Lucas was casting the first "Star Wars," he remembered Ford from his 1973 film "American Graffiti" and cast him in the third male lead as Solo. His salary was a mere \$10,000. For "The Empire Strikes Back" he was paid \$100,000, and then \$400,000 for "Return of the Jedi."

Mark Hamill had been a regular on "General Hospital" and a guest on a slew of episodic television when he was cast as Luke Skywalker. Because he was the central character, he earned \$650,000. Carrie Fisher, Princess Leia, has never revealed her salary for the blockbuster. Lucas was so happy with his three new stars that he gave them each .025 percent of the profits from the film, which over time translated into more than \$3 million. Ford and Hamill also benefited from the merchandising, while Fisher admitted, "I was 19 and gave it up for free."

Sir Alec Guinness, already a big star, received a salary and 2.025 percent of the profits, which translated, over time into \$56 million. James Earl Jones, the voice of Darth Vader, didn't think the



Harrison Ford [starwars.com]

film would do well and accepted \$12,000 for his voice. After the film hit big, he fired his agents and hired new ones who got him a lot more money.

I was friends with Mark Hamill when he was on "General Hospital." Shortly before the last scenes were shot in 1977, Mark had a car accident and a double was utilized for his final scenes. I provided Mark's agents with photos that were used for his plastic surgery. In "The Empire Strikes Back," they explained his new facial look by hiding him under a fur hoody, walking in the snow, until he enters a cave and is mauled by a bear-like creature.

At the premiere of "The Force Awakens," Daniel Logan, who played Boba Fett in "Star Wars: Attack of the Clones," told me that Daniel Craig pleaded with director J.J. Abrams to let him to be in "The Force Awakens" as anything, so he appears in an uncredited cameo, and here's the funny part ... he plays Storm Trooper JB-007 (for James Bond-007), no doubt both shaken and stirred!





## PROPERTY TRANSFERS

<b>797 DENNIS DRIVE</b>	
Pamela L. Turnquist to Thomas R. Durand.....	\$321,300
<b>300 JUNIPER DRIVE</b>	
Turn Key Renovations LLC to Mark Lessard .....	\$365,000
<b>716 NORTH GREENBRIER DRIVE</b>	
Thomas J. Brown to Joanne Webb.....	\$315,000
<b>664 ST JOHNS DRIVE</b>	
Phyllis Torello Est. to Kenneth L. Thomas II.....	\$228,900
<b>591 STONE HILL DRIVE</b>	
William G. Mahoney Jr. to Peter Geyfman .....	\$340,000
<b>227 HARVESTER ROAD</b>	
Robert S. Sahl Exec. to Aneta Kratzer-Duz .....	\$290,000
<b>237 DEERFIELD LANE</b>	
Sunrise Hill Estates LLC to Kenichi Tatsuno .....	\$485,259
<b>329 LAURLEWOOD ROAD</b>	
Andrew C. Kruger to Marc Alvarez .....	\$530,000
<b>99 NEENAN LANE</b>	
Hudson City Savings Bank to Basem Abdelmesih.....	\$167,000
<b>830 DOGBURN ROAD</b>	
Barbara J. Hulbert to Alicia Zaldo .....	\$220,000
<b>980 PATRICIA COURT</b>	
Cary S. Passik to Abhinav Seth .....	\$720,000
<b>496 GRASSY HILL ROAD</b>	
Clorinda Corofano to Emilia Kosko.....	\$270,000
<b>336 MANLEY HEIGHTS ROAD</b>	
Jeanette Soda Gabrielle to Katsuhito Yasuno .....	\$348,500
<b>345 DOGBURN LANE</b>	
Christopher Taft to Joseph A. Daley .....	\$309,000
<b>473 YELLOW BRICK ROAD</b>	
Robert D. Hansen to Michael A. Haray .....	\$400,000
<b>492 DERBY AVENUE</b>	
Michelle Goodwin to Nora Beard Anderson .....	\$278,000
<b>754 NORTH GREENBRIER DRIVE</b>	
Jeffery A. Baird to Vincent M. Matozzo.....	\$400,000

## FOR RENT

**WOODBRIIDGE** - THANK YOU! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$1028/mo; Two Bdrm-\$1091/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

**OFFICE FOR LEASE** - \$900/350 sq. ft. – Suitable for Medical, Etc. (Derby). Office space for lease next to Griffin Hospital. Approximately 350 Sq. Ft. with private bathroom, private entrance and private waiting area. Suitable for medical office or other type of small office. Parking lot for patients/clients. \$900/month. Call 203-530-7707.

## WANTED

**WANTED** - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

King Crossword

Answers

Solution time: 21 mins.

F	A	L	L		F	B	I		M	A	T	S
O	R	E	O		O	E	R		O	G	R	E
R	E	A	M		C	L	E	A	R	O	U	T
M	A	K	E	O	U	T		P	A	G	E	S
				I	T	S		G	E	L		
M	E	A	N	T		P	A	S	S	O	U	T
A	R	K			T	O	M			P	S	I
D	R	A	G	O	U	T		M	O	S	E	S
				L	O	X		H	E	R		
A	R	R	O	Z		H	O	L	D	O	U	T
L	E	A	V	E	O	U	T		A	U	R	A
S	A	N	E		I	L	L		I	S	N	T
O	D	D	S		L	A	Y		N	E	S	S

Weekly SUDOKU

Answer

9	6	4	8	1	2	3	7	5
2	3	5	9	7	6	8	4	1
7	8	1	4	5	3	9	2	6
1	7	3	5	6	9	2	8	4
8	9	2	7	4	1	6	5	3
5	4	6	2	3	8	1	9	7
4	1	9	6	2	5	7	3	8
6	5	8	3	9	7	4	1	2
3	2	7	1	8	4	5	6	9

## PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.  
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## HELP WANTED

**BE A PART OF OUR TEAM!** - We have part-time positions available; sales and company mascot. We're looking for self-motivated team players. Candidates must have flexible schedules and be available evenings and weekends. If interested contact Joe Gradia at 203-712-1305 or email at [jgradia@hawleylaneshoes.com](mailto:jgradia@hawleylaneshoes.com).

**MEDICAL ASSISTANT** – 18-20 hours – Mon-Thurs. Must have flexibility to work additional hours when necessary. Computer Skills a plus. Email resume to: [office-manager1124@gmail.com](mailto:office-manager1124@gmail.com).

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**A.D. MASONRY** - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: [www.crofut.com/a.d.masonry/](http://www.crofut.com/a.d.masonry/).

**YOUR CHILD CAN READ TO SUCCEED!** – Award-winning communicator will meet the Need and Lead! Call 203-397-1840 or email: [PaulaLin2u@gmail.com](mailto:PaulaLin2u@gmail.com).

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- Time management and study skills
- College applications and essays

College and Graduate School Students:

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- Writing projects, papers, case studies and resumes

Professional Licensing / Examinations:

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- FINRA Securities Licensing: Series 7, 63, 65, 66 and 79

Email: [ddubinsky.nva@gmail.com](mailto:ddubinsky.nva@gmail.com), or call: David at: (203) 219-1698

## PUBLIC NOTICES

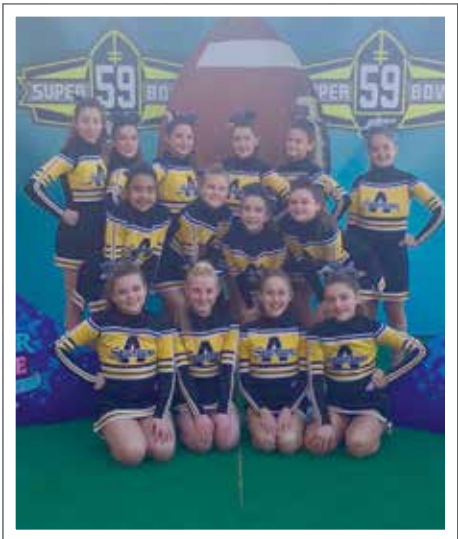
A public notice is information informing citizens of government activities that may affect the citizens’ everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

All real estate advertising in the Orange Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Orange Town News will not knowingly accept any advertising for real estate which is in violation of the law.



LOCAL SPORTS



UNDEFEATED POP WARNER CHEER TEAM WINS NATIONAL TITLE

Amity Pee Wee Pop Warner Cheerleaders took home the first place trophy at the national cheer competition at Disney World December 8.

Its sister team (the Junior Midgets) also competed, marking the first time Amity sent two teams to the national competition.

Cheer Coordinator Alicia Soderquist said, "I'm so proud of everything these girls have accomplished in such a short season. The road to Disney hasn't been easy, but their hard work and dedication made it worthwhile. Amity Pop Warner could not ask for a better group to represent us at Nationals."

Soderquist, coach for Amity Pop Warner for seven years, began choreographing the teams' routines weeks before practices began. She was recognized at the national competition with the highest choreography score award. The girls begin practicing on August 1 for

two hours a day, five days a week until school began, when they met to practice three days a week, and cheered at Pop Warner football games each Sunday throughout the season. This is the third time her team has made it to the national competition.

The Junior Midget team took first place in the New England Regional Competition in Springfield, Massachusetts, on November 7, where they competed against 10 teams from Connecticut, Massachusetts, Rhode Island and New Hampshire. The following week, the Pee Wee team also took first place in regionals, earning them a spot in the national competition in Orlando.

Southern CT Pop Warner includes teams from 18 towns and cities in New Haven, Fairfield and Hartford Counties. The league sent 13 cheer teams to Nationals and seven came home with national titles.



It's our bear unit at Orange Community Nursery School. Our students in the 4 yr old class have been bringing in their fuzzy bear friends all week as we learn about bears.



The 5s Kindergarten Readiness program had fun experimenting with a sink or float STEM activity. How many plastic animals can we pile on a lily pad before it sinks?

GET INVOLVED WITH YOUTH ORGANIZATIONS

Volunteer work can benefit volunteers emotionally and physically. Many people aspire to get involved by donating their time or resources, but they may not know which avenue to take. Leading a youth organization or mentoring children can change the lives of both children and volunteers in numerous ways.

Youth groups include boys' and girls' clubs, religious ministry organizations, sports teams, and other special-interest clubs. When matched up with the right group, children may learn a number of skills that can assist them as they age. After-school activities can teach kids leadership skills and how to work together while making them feel like they are part of something bigger than themselves. Volunteering with youth-based organizations is a great way for adults to make a real difference in the lives of children.

Inquire among your network of friends when looking for a youth organization to work with. Friends may be in touch with sports leagues or other community groups that are looking for volunteers. If your child has an interest in a particular sport, find out if the league is looking for coaches or parents to work in other capacities for the team. This is a great way to get involved without compromising your child's sense of individuality and space.

Schools are another resource. Many

clubs and organizations are chartered or sponsored through schools. Schools also lend their all-purpose rooms or other spaces to organizations so that meetings are convenient to students. School open houses provide great opportunities for adults to learn about the various programs offered by a given school. Such programs often need volunteers.

Many young children are first exposed to group activities upon enrolling in the Cub Scouts or Girl Scouts. These are national programs that operate locally through packs and troops. Scouting organizations are entirely dependent on volunteers. Whether you sign up as a leader, a coleader or a person who works behind the scenes, you will be a part of an organization that has helped to shape kids for decades.

Religious organizations also provide opportunities for adults to work with kids and young adults. Volunteer work is an integral part of many religions, and ministering to youngsters is one way to spread the message of faith. Work with a religious leader to find the best fit for your services. You may volunteer as a Sunday school teacher or serve as a chaperone at youth events.

Volunteer work is beneficial no matter where one directs his or her energy. However, the experience can be even more rewarding when it involves working with children.

Orange Town News

SUBMIT YOUR LOCAL SPORTS PHOTOS, ARTICLES & SCHEDULES

Email [edit@orangetownnews.com](mailto:edit@orangetownnews.com)



# REGAP GREYHOUNDS AVAILABLE FOR ADOPTION

As we wrap up 2015 we'd like to kick off 2016 with a bang. We currently have 3 wonderful greyhounds looking for their forever home. Please see below for details and visit our website.

We have the 2016 Celebrating Greyhounds calendars – wall and desk are available for purchase. This is one of the few fundraisers we hold for the year to help defray some of the expenses for our adoptable greyhounds. The fee (shipping included) for the calendars are:

Wall calendar - \$12.00  
Desk calendar - \$15.00

As always we are looking for volunteers interested in holding Meet & Greets for REGAP CT. This is one of the best ways to educate the public on what wonderful pets greyhounds make and to find potential adopters. If you are interested you must have a greyhound. Please contact us at: REGAP of CT, Inc. P.O. Box 3814, Woodbridge, CT 06525, (203) 393-1673 or email us at: info@regapct.com

**Below are some dogs currently available.** For a complete list be sure to visit our Available Dogs page on our website and information about adopting can be found on the Adoption page. If you are interested in adopting be sure to complete an application and someone from REGAPCT will contact you.



**Track Name: KB's Thriller**  
Color: White/Brindle  
Sex: Female  
Age: 4  
Personality: I am a very friendly and playful girl. I have already discovered

squeaky toys and just love them. I love people and I know once you meet me you will love me as well. I am looking for my forever home.



**Track Name: Lion's Share Harvey**  
Color: Red Fawn  
Sex: Male  
Age: 4  
Personality: I am retired from a good racing career and now ready for the next stage of my life as a pet. I am a sweet, friendly boy. I am cat safe and looking for my forever home.



**Track Name: Atascocita Beda**  
Color: Red Fawn  
Sex: Female  
Age: 3  
Personality: I am an outgoing girl that has retired from a good racing career. I love to play and especially with those squeaky toys. I enjoy getting attention and being with people. I am small animal friendly. I am looking for a family to take me home.

# BARK BYTES...

By Vicki & Richard Horowitz



## CHANGE A PET'S LIFE

Sunday, January 24 is "Change A Pet's Life Day" and so why not consider contacting a rescue agency or animal shelter and "change a pet's life?" Rescue agencies and shelters everywhere house wonderful dogs, each of them just waiting to become a member of your household. While shelter dogs come from various backgrounds and experiences, they all have one important thing in common: they are dogs, and the dog you choose needs to be understood and treated as such.

Dogs need order and leadership. They seek pack structure, structure which you must provide. Your dog needs to know that you are the boss and that you have a set of house rules. This makes the transition from the shelter to your home easier, faster and more rewarding.

### If You Haven't Already Done So...

**Hold a family meeting to create rules about caring for the dog.** Will he be allowed on the couch, the bed, and in all rooms of the house? Where will he sleep and eat? Who will walk him and clean up after him? As a family, you must all be consistent with your decisions or you will confuse the dog, usually resulting in the dog making his own rules and causing unnecessary tension.

**Have the necessary items your dog will need from the start:** ID tags, a collar and a 6 foot leash, food and water bowls, food, dog toys, a crate and bedding, and basic grooming tools.

**Bring your new dog home when you can be there for a few days** so you can get to know each other and establish rules.

**Just before you bring your dog into the home, take him for a walk to tire him out a little.** Walks are not only good exercise, but they also serve as a training tool and an opportunity to establish the lines of communication that better educate him.

### Establish Ground Rules In The First Days...

**At first, limit your dog to one room or area.** Allow him time to become familiar with the smells and sounds of his new home. Try to limit your time away from home those first days; your spending time with him will help him to become more comfortable in his new, unfamiliar home.

**Keep your dog on leash for the first few weeks** so you can immediately teach him what behaviors are and are not acceptable by showing and guiding him through the appropriate exercises. For safety's sake, NEVER leave a leash on your dog when he is unsupervised.

**Your rescue dog should NOT be left alone in the house with your**

**existing pets** until you have carefully monitored and controlled their interactions for a period of time.

**Expect housetraining accidents.** Your dog is in a new territory and is establishing a new routine, so accidents probably will happen. The key is to be consistent and maintain a routine.

**Dogs instinctively like to den,** and a crate makes the ideal place for your dog to sleep and get away from household hubbub. While a crate also makes housetraining and training in general easier, limit the amount of time the dog is crated. The crate should be roomy enough to allow your dog to stand up, turn around, and lie down comfortably. An alternative to a crate is to confine him in a dog-proofed part of your home, such as a laundry or mud room. You can use a baby gate or dog gate to block off the area from the rest of the house.

**Most rescue dogs have been given basic vaccinations and many have already been spayed or neutered.** It is important that your dog is examined by a veterinarian within a week after adoption for a health check and any needed vaccinations. While there, arrange for the spay/neuter surgery if needed.

**For the first few days, limit guest visits to allow your dog to get comfortable with his new family.** When you do have guests, ask their help in training your dog by instructing them not to pay attention to him until he has calmed down. One way to communicate this request is to post a sign on your front door informing visitors that you have a new dog in training.

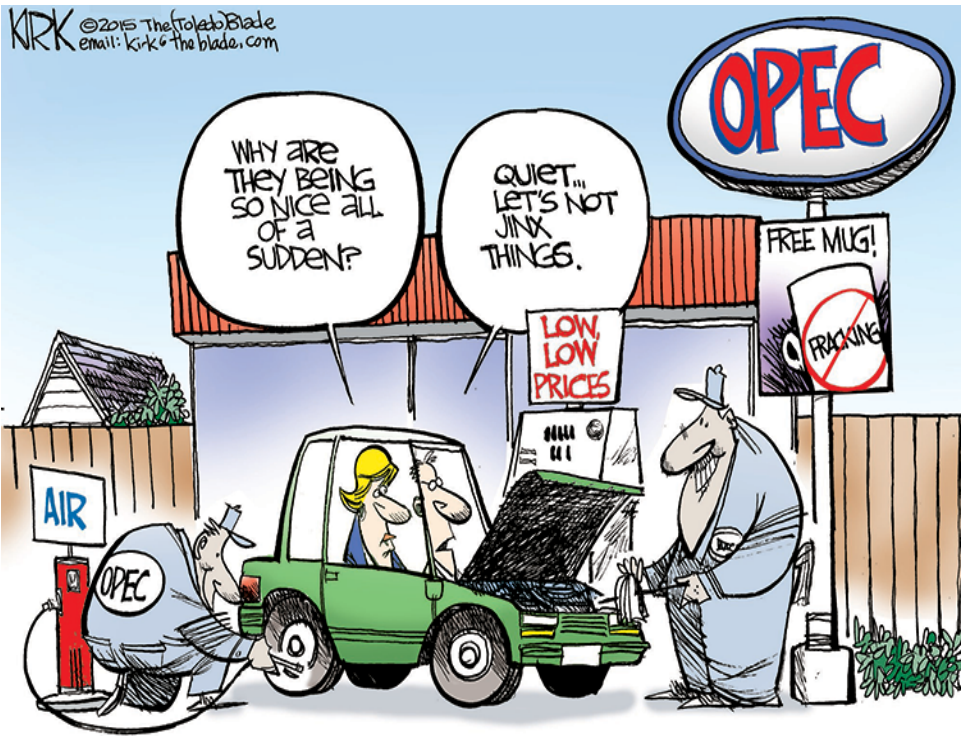
### The Happy Human-Canine Bond

**Consider training your dog.** A well-trained dog is a happier dog and a joy to have around. It is amazing how quickly dogs learn what is acceptable and what is not.

**Dogs need consistent pack structure.** If they don't have a consistent set of rules to follow, then they try to become the leader, which can create numerous behavioral problems. Thus, you—and all humans in your home—need to be consistent.

**A Bright Future.** Hats off to you for bringing home a rescue dog! Your patience and training will help to create a bond that will reward you both for years to come. With the right balance of discipline, understanding and affection, your rescue dog will become a loyal, grateful and loving companion.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit [www.dog-training-new-haven-ct.com](http://www.dog-training-new-haven-ct.com).



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