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FRIDAY, JANUARY 16, 2015



PECK PLACE'S GIULIANO TO PLAY IN PRESTIGIOUS BAND FESTIVAL

By Melissa Nicefaro – Orange Town News Correspondent

When Laci Giuliano was in fourth grade at Peck Place School, she, like hundreds of other Orange children, was given the opportunity to choose an instrument and play in the school band. Just two years after picking up the flute for the first time, now in sixth grade, Laci has been accepted to play in the Southern Regional Middle School (SRMS) Band Festival in February. School band members from grades 6, 7, & 8 are eligible to audition. Director Gina Patrick is very proud of Laci and says, "Participation in such a high level band is an amazing experience for the kids. The intake of musical knowledge cannot be matched- even in private lessons. Laci, already an excellent flute player, will learn more about phrasing, breath support, the importance of dynamics and intonation and music theory."



NAST TO SERVE AS INTERIM SUPERINTENDENT OF SCHOOLS

By Melissa Nicefaro – Orange Town News Correspondent

In mid-December, the Orange Board of Education approved the hiring of Michael Nast to serve as the Interim Superintendent through June. Former Orange Schools Superintendent Lynn McMullin left the district on January 5 for a position as superintendent of Litchfield Schools. Nast will work three or more days a week, as needed, while the Board conducts a formal search, intending to have a new superintendent in place for July 1st.

Nast is a graduate of the New Haven Schools and Fordham University. After working as a science teacher, vice principal, and principal in Stamford, he served as Superintendent of Stamford from 1994 – 1999. Upon retiring from Stamford, Nast then worked as an educational consultant to many school districts in New England and New York. He is an adjunct professor in the University of Connecticut's Administrative Preparation Program and a consultant for the Rhode Island Center for Secondary School Design in Rhode Island.

According to a letter to the community from the Board of Education, Nast recently came to know Orange more closely when he became the interim superintendent for Amity, following Dr. John Brady's retirement. As Amity's interim, Nast worked with the three BOWA superintendents and various board members and officials in Orange, giving him a foundation to take over



Michael Nast

the leadership in the Orange elementary district.

On Monday, December 1st, the Board held a special meeting and approved two courses of action. The first was to interview and hire an interim superintendent; the second was to interview and hire a professional search firm to conduct the next search. Board members considered a list of possible interims, reached out to eight candidates, and then interviewed three potential interims on December 8th and 9th. After a successful negotiation, the Board offered Nast the position. He took the helm on January 5th. A formal executive search for a new Superintendent will take place in the spring of 2015.

Orange Elementary Schools Band

Laci's mom, Tina, says Laci simply

See "Giuliano" continued on Page 3



FRIDAY, JANUARY 16, 2015





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117th District State Representative Charles Ferraro



119th District State Representative Pam Staneski

ORANGE'S NEWLY ELECTED OFFICIALS SWORN IN

Balancing the state budget without hurting struggling families with additional tax increases and promoting pro-job growth proposals in Connecticut are the top priorities for new State Reps. Pam Staneski and Charles Ferraro, who were sworn in as state representatives in the General Assembly for the for the 119th and 117th respectively.

Staneski and Ferraro were among 19 freshman Republican legislators who vowed to serve their districts over a two-year term. Both legislators were buoyed by the conciliatory nature of Governor Malloy's Inaugural Address and his words about working together across party lines to pass meaningful legislation.

"People in the towns I represent placed tremendous faith in me on Election Day, and it's an honor I take seriously," Staneski said. "Our state faces significant challenges, but in those hurdles I see opportunity—a chance to restructure state government in a way that will create lasting financial stability. Today, I am hopeful we can fix our state."

"Increasing the tax burden on people and businesses is not wise at a time when helping businesses create jobs is such a high priority," said Ferraro. "We need to change the perception that Connecticut is unfriendly to businesses large and small. We need to make Connecticut a desirable place to do business because by enabling our state's businesses to run profitably while unencumbered by excessive taxes and regulations we will be able to create more jobs and opportunities for our residents. If it is too costly to run a business in one state, it is very easy to move to another one."



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"Giuliano" continued from Page 1

loves playing the flute, expressing interest in it at the beginning of 4th grade and joining the school band. Laci then started taking private lessons in April of 2013 at the Neighborhood Music School and she, of course, wanted her own flute. "We told her that if she saved money to buy one, that we would match her dollar for dollar. It took her a few months and by last fall she had enough money to buy the flute she wanted," Tina Giuliano says, adding, "We have never had to remind her or ask her to practice. She is self-motivated to play. Our family is very proud of her accomplishment."

"Laci did very well in the audition. I was able to see her score sheets afterwards. She scored very high in all areas!" Patrick says.

"Laci started flute lessons with me at Peck Place in 4th grade. She advanced quickly to the point that one lesson per week was not enough for her. She started to take private lessons. She continued to advance in her knowledge and expertise through fifth grade. That's when I started to prepare her for regional auditions because we knew that she would be able to audition as a sixth-grader," Patrick explains.

For the audition, students are asked to prepare a solo piece to perform for the judges. The student gets to select her piece from the "required" list with options that are easy, medium, or challenging. "Laci chose the most challenging one! Her piece was one that many 8th graders may not even choose," Patrick says.

Students must also play a major scale and a chromatic scale. Aside from the chromatic scale, the students must learn and memorize seven major scales, but don't know until the audition which major scale they will be asked to play. Both scales- the major and chromatic - must be played at a certain speed and rhythm, according to Patrick.

"Finally, each student is asked to sight read. This means the adjudicators will give them a short piece of music to play that the student has never seen before, and has not been able to practice ahead of time. They give the student approximately one minute to look over the piece before playing. Laci had to determine the key signature and look through to make sure she knew all the notes, rhythms, dynamics, tempo, slurs, staccatos, repeats, etc." Patrick says.

Laci's performance at the audition means that she will perform in the SRMS Band festival on February 28. She will attend intense rehearsals on that Friday afternoon and Saturday morning in preparation for the Saturday afternoon concert. "At this young age, a child must be intrinsically motivated in order to succeed at this level. The child truly loves to practice their instrument. To them it is not practice, it is playing. They soon discover that the more they play, the easier their instrument is to master. They discover that they don't even have to practice as much to master challenging music. This, of course, results in a happy, high level player," Patrick says.









Realtors shown left to right: Frank D'Ostilio, Prish Pierce, Regina Sauer, Dotti Tomat, Chris Polino, Young Lee, Ross Cotjanle, Snehal Dharani, Nancy Andersen.

RACE BROOK SCHOOL'S STUDENT **COUNCIL DONATES GIFTS**

Race Brook School families from Orange generously and warm-heartedly sponsored children once again this year during the Student Council's annual collection of gifts for the Holiday Bear Project. The goal of the State program is to collect donated gifts for less fortunate children in Connecticut's public schools. Orange families chose paper candles from one of the school's bulletin boards. Each candle had a child's first name, age, and gift wish on it. The sponsoring families bought and wrapped the gifts for the children, hoping that their gifts would bring smiles to children's faces. Twenty-five children received seven gifts each for a total of one hundred seventy-five gifts. The very successful gift drive was organized by the Student Council under the direction of teachers JoAnne Escandon and Pam Galatioto. The teachers appear in the photo with members of the Student Council.

WARECK D'OSTILIO SERVES AT DOWNTOWN SOUP KITCHEN

The agents at Real Living Wareck D'Ostilio Real Estate served meals and assisted other volunteers recently at the Downtown Evening Soup Kitchen located at 311 Temple Street, right behind the New Haven Public Library in the basement of the Center Church Parish House. For nearly 25 years The Downtown Evening Soup Kitchen (DESK) continues to consistently provide free direct food programs to the citizens of the New Haven Com-

munity. DESK's great community value is in its commitment & capacity to grow as the face of hunger grows.

"As Realtors, Wareck D'Ostilio Real Estate has been an integral part of the New Haven community for many years. We live here, work here and have helped many families make their home here as well," said Frank D'Ostilio, partner. "We look forward to regularly offering our assistance at the Downtown Evening Soup Kitchen."





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OUTSIDE Т В Η Ο E Х

His own personal struggle to lose 80 pounds and a degree from Johnson and Wales prepared Josh Weschler



for the perfect job – his own business cooking healthy, nutritious, "to-go" meals. The 23-yearold graduated with degrees in culinary arts and nutrition in May and he is

By Laura Fantarella

opening the doors of his own "Edibolic Kitchen" this week. The name is a combination of Weschler's vision which he calls "edible metabolism" - eating healthy meals to increase the body's metabolism. His concept is to offer a healthy, balanced nutritional plan that combines the proper combination of carbohydrates, protein and fat to either lose, gain or maintain weight based on an individual's needs. "Nothing is missing from the menu," he said. "Many diets cut out carbs, protein and/or fats and you really need all of them." He is already working with area personal trainers who develop eating regiments for their students to follow. "Many people come in with a plan but if they don't have their own, I can provide one for them. If a client follows my menu they will meet their goal," Weschler said. The business is based at 539 Main Street in Branford, but he delivers the meals to his customers, most of whom are currently from Orange, Milford and New Haven County. "There's no range too far right now," he said.

Weschler calls himself an "off-site personal chef," describing how customers can personalize their own meals by selecting from his menu of proteins like salmon, shrimp, tilapia, chicken and beef, assorted vegetable and carb options. "I've figured out that there are about 2,500 different combinations of meals someone can order," he said. The food is prepared simply but tastefully, according to the customer's dietary needs and preferences. Price ranges from \$5.99 and up for a single serving of items like his power omelets or pancakes, to program plans of three



Josh Wechsler

loving and supportive family helped him withstand "all the negativity". At 5'8" and 205 lbs. in high school, Weschler decided in his junior year to lose weight. His mom, Cindy, a pediatric nurse practitioner and bodybuilder herself helped provide inspiration. He started going to the gym five days a week and began setting goals for himself. "I switched my diet. I took out the unhealthy foods, added healthy ones and kicked a lot of bad habits," Weschler said. "I stopped drinking soda and eating candy. I realized I could eat a lot of carbs and lean proteins." By senior year he was 80 pounds thinner and committed to a healthy lifestyle. "It changed my entire life, I was a new person. I even had a new personality," he said.

He discovered he liked hanging out at home, experimenting with different recipes and cooking dinner for appreciative friends. Employed at a Mexican restaurant at the time, much of his creations had a Mexican flair. While many of his dishes were a hit, he wasn't always successful. "One time I made ham steak with chipotle peppers. I didn't really know what chipotle peppers were so I put in three! They were so hot it became a competition to see who could handle it," he said.

His boss actually steered Weschler to culinary school which he loved from the moment he toured the Rhode Island campus. He recently competed in his first amateur body building event, where he took fifth place. The experience gave him even more perspective about the importance of diet for bodybuilders. "The training transformed my body. I had a six-pack for the first time in my life," he said. "It made me understand what people have to do to prepare for a competition," he said. For more information, visit Edibolic Kitchen at www.edibolic.com.





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meals a day of less than \$180 a week.

The Ox Yoke Road resident knows first-hand the struggles of losing weight. As a young boy he was often teased about being overweight. "Every year someone stood out as a bully poking fun at me," he said. Luckily a

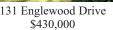


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18TH ANNUAL CHILLY CHILI RUN RAISES \$10K

Runners and walkers from 75 Connecticut towns and from 14 different states came out on a cold New Year's Day to participate in the 2015 People's United Bank 5K Chilly Chili Run in Orange to benefit the Amity Teen Center.

Joe Riccio, the Chilly Chili Run Race Director, is happy to report that people from all seven Connecticut counties were in attendance, as well as those from 28% of the 50 United States.

Our treasured 90+ year-old runners this year were 94 year old Betty Hutchinson from Deerfield, New Hampshire who completed the 3.1 mile run in 68:05 minutes and 93 year old Don Osborne from Branford who completed the run in 64:04 minutes. Those individuals can serve as an inspiration to all of us!

This was the 18th running of the

Race, which is followed every year by a hot chili brunch served in the High Plains Community Center cafeteria. All of the food is donated to the Race by local restaurants, bakeries and grocery stores.

The Amity Teen Center's Treasurer, Linda Cohen, is estimating that, after all expenses are paid, the Teen Center raised \$10,000.00. All of these funds will go toward programming in 2015.

The Amity Teen Center is a nonprofit 501(c)3 organization that was formed in 1987. We hold after school and weekend activities for local teenagers at our building located at 10 Selden Street in Woodbridge. The Chilly Chili Run is the Amity Teen Center's major fundraiser each year. Anyone wishing to learn more about the Teen Center and its activities please go to www. amityteencenter.org.



Across the kitchen table.

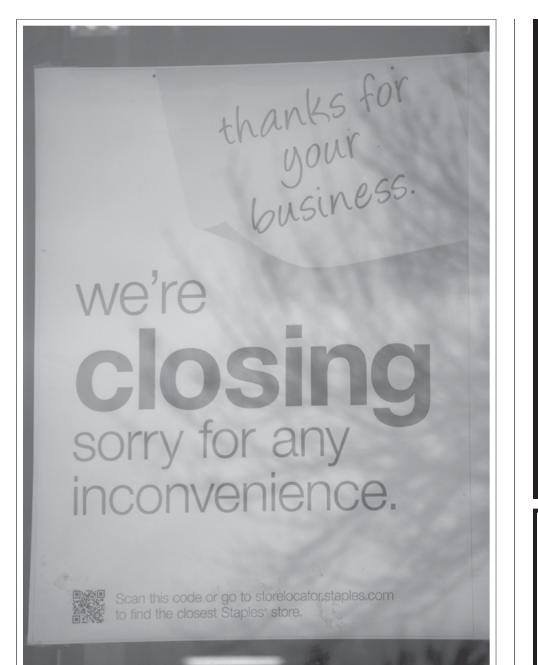


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STAPLES CLOSING ORANGE LOCATION

By Laura Fantarella – Orange Town News Correspondent

Bins of clearance items, empty shelves, and limited staff tell the story that the 100 Boston Post Road location of Staples will be among the 10 percent of its North American stores that have already or are scheduled to close. According to Public Relations Specialist Kaitlyn Reardon the store will be closed on January 17. "We continually evaluate our store performance to ensure we're operating the business in the best way," Reardon wrote in a prepared statement. "As customers shift online, we are taking aggressive action to right-size our retail footprint. We are committed to providing great service and every product businesses need whether it's "I work from home and end up running up here frequently," she said. The move is part of the store's plan to close over 200 of its North America locations in 2014-15. Store managers declined comment citing corporate policy.

Though this is the first business to close in Orange in 2015, Orange Economic Development Corporation Executive Director Paul Grimmer is not expecting the trend to continue. "I don't anticipate any other businesses closing," Grimmer said. "The town of Orange is doing very well for itself." Grimmer remarked he was not surprised to hear Staples would close the Orange location. "The nature of the business is a lot of it is done online and by mail order. We're always seeing Fed Ex delivering Staples packages to office buildings so I think it finally hit us," he said. The Orange location opened in the early 1990s.

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in-store, online or through mobile."

Several shoppers, when asked whether they will miss the convenience of shopping in the store, said they didn't realize it was scheduled to close, despite a sign prominently displayed in the front window. But Elise Stonewell of West Haven said she was disappointed.

Reardon stated that local customers can still shop at the Milford location and online at Staples.com.



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Below are the next three Orange Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
January 30th	Valentine's Issue February 6th
February 21st	February 27th
March 26th	Easter/Passover Issue April 1st
Note: Copy due by 4:00p.m. Thank you.	

FROM OUR READERS

To the Editor

The Holiday Programs for The Orange Community Services takes place every Thanksgiving and Christmas and as usual we are so grateful to all the wonderful people who called to participate or just donate, every year is better than the previous. We are privileged to have so many businesses, organizations, schools, places of worship, employees and individuals that have been so generous to our programs.

We would like to thank: Artie Dixon (local resident/musician) who runs his Holiday Party every year asking for unwrapped toys, Mike at Center Balance in Orange whose clients for the past few years have been so amazing with taking all the children's names and donating; Church of Good Shepherd in Orange who took all the children's names for their wish tree and also donated food bags for the families too; The Orange Chamber of Commerce, The Orange Board of Education, Or Shalom; Red Hatters of Orange, Orangewood Women, Coldwell Banker of Orange, Orange Preschool, Orange Community Women, various Daisy, Brownie, Girl Scout Troops, Cub Scout & Boy Scouts. Also the Orange Republican Women, and the Amity PTO; Holly Hill Daycare, Sons & Daughters of Italy West Haven; Amity Middle School; Life Touch of Orange, The Goddard School, Temple Emanuel, Peck Place School, Racebrook School; Arnel Chiropractic and finally the (40+) residents. We want to thank all who took time out of their busy lives to participate and sponsor a family or senior in our program or just to give a donation. There are so many generous donors it would take pages to list everyone so we apologize if we missed anyone.

Again, thank you everyone involved in donating their time with sponsoring the families and seniors in the Town of Orange who are in desperate need of assistance. As always the response was amazing! Thank You All So Much! Sincerely,

, incercity,

Kimberly Callahan Administrative Assistant Community Services Department Town of Orange



OTN Letters Policy

Submit your letters for our **"From Our Readers"** section to: Orange Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@orangetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

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ORANGE EDUCATION ROUNDUP

SACRED HEART ACADEMY HONOR ROLL

Sacred Heart Academy Principal Sr. Maureen Flynn, ASCJ has announced the Honor Roll for the First marking period of the 2014 – 15 academic year.

The following students from Orange have been named to the Honor Roll:

HIGH HONORS: Emily Drezek; and **HONORS:** Jessica Gallagher.

Academic honors are awarded at the end of each quarter to students attaining an average of 3.5 or better. Those students achieving a grade point



average of 3.8 or greater are awarded high honors.

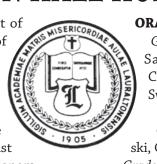
Sacred Heart Academy, an independent Catholic college preparatory school founded in

1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 through 12 for learning, service, and achievement in a global society. The Academy has an enrollment of over 500 students hailing from New Haven, Fairfield, Middlesex, Hartford and New London counties.

LAURALTON HALL HONOR ROLL

Principal Cynthia Gallant of The Academy of Our Lady of Mercy, Lauralton Hall has announced the Honor Roll for the First Quarter of the 2014 – 2015 school year.

High Honors students have achieved an average of at least 92 in all academic courses; Honors students have an average of at least 86 in all academic courses.



ORANGE Residents Honors:

Grade 12: Caitlyn Black, Sarah Boynton, Taylor Choe, Amelia Justo, Claire Sweeney.

Grade 11: Janae Staltaro. *Grade* 10: Amanda Slesinski, Grace Sweeney.

Grade 9: Catherine Brown, Alexandra Justo, Bianca Longobardi, Riana Picagli.

KINDERGARTEN REGISTRATION

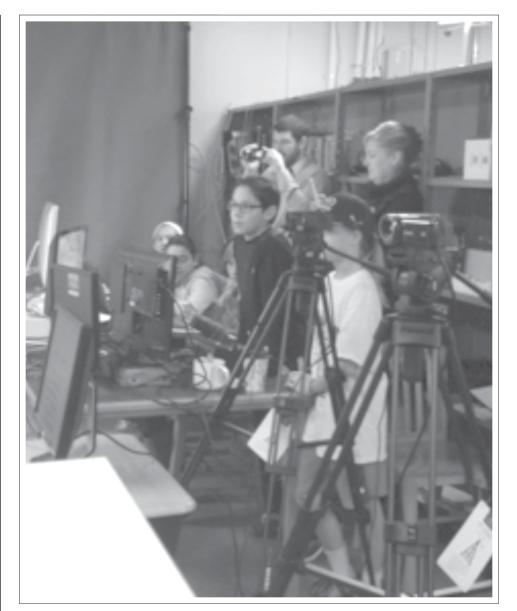
If your child is turning five on or before January 1, 2016, it is time to register for kindergarten. Please contact Mary L. Tracy School by January 31st to receive a kindergarten registration packet. Email: kregistration@orangeed.org; Telephone: 203-891-8028. If you are sending an email or leaving a voicemail, please let us know your child's name, address, date of birth,



Mary L. Tracy School

and telephone number. The registration packets will be mailed in February.





TURKEY HILL SCHOOL'S LIVE TV BROADCAST SYSTEM IN ACTION

Article Contributors: Denise Arterbery, Jennifer Kuzmickas and Dana Zottoli

You don't have to look further than Turkey Hill School to see 21st Century Learning in action. As a result of a gift from the THS Father's Club, daily, the community of Turkey Hill School convenes for morning announcements using its TV Broadcasting System produced and executed completely by THS students. The production includes segments such as The Pledge of Allegiance, Joke of the Day, This Day in History, School Announcements, Weather and Words of Wisdom from staff, students and community members. Wow! As part of recognition for this outstanding production, Turkey Hill School students were interviewed to elaborate about their participation and the impact of this learning experience. Sixth grader, Brett shared the roles that students have as part of the broadcasting of the production. He stated that the roles are Sound Engineer, Camera One and Two, Producer (who makes sure that the slides are working well), Anchor One and Two (who sees the teleprompter and sends out messages), Weather Reporter, Sportscaster, Digital Imager (who makes the slides and videos), Cinematographer and Presenters for Words of Wisdom. Fifth grader, Melanie described the technology that students use to make the production. She stated that students use a Mac, mini laptops, a sound board, microphones, Microsoft Office Software, Google Docs, cameras,



a video switcher, green screen, and iMovie for Mac.

Sixth grader, Emily described how students train each other to do the various jobs. She stated that students get to pick the jobs that they want to do. They must come in early in the morning and train with a student who's performing the job for a whole week before taking on the responsibility. All three students were asked how they feel this learning experience will possibly impact their futures. Melanie stated, "It gives us experience working with other people. It's fun and it requires responsibility." Emily commented, "You learn how to use equipment on a set." Brett responded, "It teaches responsibility." One thing is for certain, the TV Broadcasting System at Turkey Hill School is providing students with opportunities to engage in communication through access and use of technology and other media while instilling a sense of collaboration and support with the school community as well.

Attention Teachers!

We want to know what's going on in your classroom!

Let us know about any fun activities or holiday projects. You can also send us your pictures. (Parental consent required)

> Orange Town News P.O. Box 1126, Orange, CT 06477 edit@OrangeTownNews.com

Visit our website at www.OrangeTownNews.com

LOCAL BUSINESS ROUNDUP

BUDDY DeGENNARO JOINS WARECK D'OSTILIO REAL ESTATE

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming Buddy DeGennaro to the company as Broker and Managing Partner of their new Woodbridge office. He will oversee day-to-day operations of the Woodbridge Office which will serve Woodbridge, Bethany, Westville, Orange, Hamden and North Haven.

A Woodbridge native and resident, Buddy is a graduate of Amity High School and has a Bachelor of Science degree from Purdue University. A REALTOR with over 26 years of experience in residential brokerage, property management, appraisals, new construction and investment properties, Buddy has been previously associated with a prominent local realty company as well as heading The DeGennaro Group, a top producing team in Woodbridge.

"Buddy is a well respected broker with a long list of satisfied clients. His business acumen and extensive experience in the real estate industry has earned him the reputation as an expert in the real estate field," said Frank D'Ostilio, Jr.

"I'm very excited about joining an exceptional team of realtors already affiliated with Wareck D'Ostilio and look forward to growing the Woodbridge office," said Buddy DeGennaro.

Buddy is a member of the Woodbridge Town Planning and Zoning



Buddy DeGennaro

Commission, a member and past president of the Woodbridge Rotary Club and former board member and coach of Bethwood Baseball. A parishioner of Our Lady of the Assumption Church, he enjoys golf, fishing and skiing. Buddy and his wife Mary live in Woodbridge with their three children, Louis, Jackie and Claire.

Buddy can be reached at 203-710-2548 or at Buddy@Wareck.com.

The Woodbridge office of Wareck D'Ostilio Real Estate is located at 1673 Litchfield Turnpike on the Woodbridge/Westville town line. Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.



Aileen DeFeo, Manager of Coldwell Banker Real Estate donates \$1,000 from the Coldwell Banker Charity Begins At Home Program. The donation is for the Community assistance fund . "We live and work in this community and it is our responsibility to give back any time we can." Pictured L to R: Kim Callahan, Dennis Marsh, Jessica Simone, Aileen DeFeo, Joan Cretella, Diane Monahan.



Connecticut Orthopaedic Specialists PC (COS), The Orthopaedic Group (TOG)

CT ORTHO SPECIALISTS MERGE WITH THE ORTHO GROUP

The partnership of Connecticut Orthopaedic Specialists, PC (Connecticut Orthopaedic) and The Orthopaedic Group (TOG) has changed the orthopaedic care landscape in Connecticut. This merger is the third for Connecticut Orthopaedic in 2014 and will increase orthopaedic patient access to specialists and urgent care. TOG brings eight orthopaedic specialists and four offices into the merged practice group. "What we have done here is develop a unique model for the delivery of orthopaedic care in this region," stated Glenn Elia, CEO of Connecticut Orthopaedic. "With thirty-eight musculoskeletal specialists, seventeen neighborhood locations and multiple walk-in care centers, we can deliver a higher level of patient care and convenience than ever before." Dr. Richard A. Bernstein, Dr. John F. Irving, and Dr. Alan M. Reznik founded TOG in 1998. They will be opening a new flagship office at 9 Washington Avenue in Hamden in December which will be complemented by existing satellite offices in Branford, North Haven, and Milford. Their patients will now be able to utilize Connecticut Orthopaedic's two MRI units as well as stateof-the-art surgical facilities located in

MAPLEWOOD RECOGNIZED BY CT ASISTED LIVING ASSOCIATION

Maplewood Senior Living and its Vice President of Memory Care and Resident Experience Mary Underwood were presented with 2014 Best Practices awards earlier this month from the Connecticut



Assisted Living Association (CALA). CALA's Annual 19th Annual Meeting and Awards Dinner was held at The Aqua Turf Club in Plantsville.

Maplewood Senior Living received the Resident Care Award for Best Practices for its HEART philosophy of care. HEART[™] is an acronym which stands for Humor, Empathy, Autonomy, Respect and Reaching out to others, and Trust and Triumph and is utilized throughout all Maplewood senior living communities. It was developed in 2011 by Maplewood as a philosophy of care which utilizes an emotion-based approach focusing on discovering the joy of living in the moment.

Additionally, Maplewood's Mary Underwood received CALA's 2014 Distinguished Service Award. Underwood is well known throughout the region as Mary Underwood, Vice President of Memory Care and Resident Experience, Maplewood Senior Living

being an advocate for seniors, especially those with memory impairment. With over 25 years of experience in working with seniors and their families, she is also a recipient of the Alzheimer's Association's Outstanding Caregiver Award. Mary lives in Cheshire, Connecticut with her husband and children.

Branford.

The merged practices will also implement a new electronic medical records system that includes a tablet-based onboarding tool that allows patients to conveniently check-in at their appointment and provides them with additional care resources during the visit.

"We timed this merger to optimize the benefits to our patients," said Dr. Reznik. "Together, we are able to increase the care options and convenience as well as implement new services, technology, and locations. There is nothing more important to us than caring for our patients and our work together really improves the orthopaedic care delivery system in this area. We provide the best in current care while offering the best of invention and innovations in orthopaedic surgery. There is nothing else like it in the state."

FRIDAY, JANUARY 16, 2015



By Laura Fantarella - Orange Town News Correspondent

It may be the dead of winter but several new construction projects in town are still moving forward. Plans to develop three acres behind Duchess Restaurant on the Boston Post Road and the construction of a new professional office building near the town's transfer station are among the latest commercial ventures taking place in town.

Though in its earliest stages, the recent clearing of land behind Duchess major thoroughfares and has access from three different entrances and Fischer is confident eventually they will make the "best and highest use" of the property. "It will be an orderly, logical, well-thought-out development when it happens," he said. "Hopefully we will get a deal together sometime this year."

Near the town's transfer station on 200 S. Orange Center Road, the new, 5,300 square foot office building under construction will soon be the third location of Dr. Richard Restifo's practice. Restifo, a plastic and reconstructive surgeon who lives in town and owns the property, also has offices in Wilton and New Haven. According to building designer Jeff Lefkovich, Dr. Restifo will occupy the first floor and about 1,800 square feet will be available to lease on the second floor. Construction on the site took longer than expected due to ledge on the property that had to be removed before building could begin. "We had to make some changes because the site was difficult to work with," Lefkovich said. "My client took land that wasn't the most attractive piece of property and wasn't really serving any purpose and when it is completely done it is going to be beautiful. It's a really great space." They are hoping for a February grand opening.



A Support Group for families living with Dementia

Maplewood at Orange offers an ongoing support group for families and friends of people affected by Alzheimer's and dementia. Join us in this safe and caring space where people touched by Alzheimer's and related dementia can learn more about the disease, share concerns and ideas, express their feelings, and hear about advances in research and advocacy. Our group is facilitated by professionals experienced with dementia, and everyone is welcome... especially family members and caregivers. Respite care is available during support group meetings for families needing assistance with their loved one. Please call Madora at 203-795-3117 for advanced reservations.

Restaurant which borders South Indian River Road has caught the public's attention. "People have been calling me saying, 'Holy cow! Where did all this land come from? It looks like a Nebraska corn field after harvest!" said commercial realtor Alan Fischer who represents the property owner, Hugo Roller. "It is such a huge expanse of property – most people never realized there was so much land behind the restaurant." Fischer Commercial Real Estate has begun marketing the piece, which Fischer expects may eventually be home to a bank, restaurant, retail store or a combination of "smaller operatives". He's also had discussions with owners of the Mobil gas station that abuts the property about the possibility of leasing part of it to expand its existing business.

The desirable location is close to

Join us for the third Wednesday of every month from 6:00 PM - 7:00 PM.

January 21st	April 15th
February 18th	May 20th
March 18th	June 17th



245 Indian River Road



Orange, Connecticut

203-795-3117

www.MaplewoodAtOrange.com

LETTERS FROM OUR CUSTOMERS

Please extend our thanks to your serviceman - who made his way up our unplowed street after the Blizzard, to fix our furnace. We really appreciated his coming in such conditions.

We have been contacted by several other oil companies who offered everything from free furnace checks to lower prices. I WOULDN'T DREAM OF SWITCHING... although I am usually ready to save ##, it's because you made such a good impression on me twice. The first time you came to my home you were pleasant, unrushed, friendly, and trustworthy. The second time, you recongzed me and remembered me by name at the Shell station. A

We are confident that we will earn your patronage and trust, too.

small detail? Not by my standards.

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Buy one Get one FREE Service Contracts and 10¢ OFF per gallon for prompt payment.



Dear Pete,

I came home from vacation Saturday night about II o'clock & the first thing I did was turn up the heat. Guess what? No heat - the furnace was off & a big pool of water surrounded it. I immediately called Tamaro Oil and talked to Dave. He was here to rescue me in 20 MINUTES! No one can get better service than that and I just want to say "Thank You" for being there for me when I really needed you.

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TOWN DEPARTMENTS & AGENCIES

FROM THE DEPARTMENT OF POLICE SERVICES

By Assistant Chief Anthony Cuozzo





Pictured is Officer Cody McGinnis getting his badge pinned to his uniform by his father, Brian, during Cody's swearing-in ceremony at police headquarters.

On Friday, December 19, 2014, Cody McGinnis was sworn in as a police officer with our Department. Cody is a 2010 graduate of North Branford High School, and is currently studying at Central Connecticut State University, where he holds a 3.3 GPA while working toward a Bachelor's degree in Criminal Justice.

Cody's father, Bryan McGinnis, is a retired Orange PD officer, having served twenty years with our Department before joining the Branford Police Department.Pictured is Officer Cody McGinnis getting his badge pinned to his uniform by his father, Brian, during Cody's swearing-in ceremony at police headquarters.

Cody ranked number 1 out of 100 applicants testing for the position through the South Central Criminal Justice Administration.



O.V.F.D. AUXILIARY PANCAKE SUPPER

The Orange Volunteer Fire Department Auxiliary will hold its 6th annual Pancake Supper on Wednesday, March 4th at Chip's Restaurant, 321 Boston Post Road, Orange. Menu includes Pancakes, Eggs, choice of Bacon or Sausage and beverage.

There will be an early seating at 5:30 PM and late seating at 6:30 PM. Prices are: \$10.00 for Adults, \$5.00 Children

10 and under. Tickets must be purchased in advance as there are a limited number of seats available. Tickets may be purchased from any Auxiliary member or at Knight's Inc., 286 Boston Post Road. Orange. All proceeds benefit the Orange Volunteer Fire Department. For further information, email Lynn@ LMK415@ yahoo.com or visit our website at www. orangevfd.com.

TOWN OF ORANGE MEETINGS FOR THE MONTH OF FEBRUARY 2015

(Subject to Change, Check with Town Clerk's Office, 203-891-4730)



Town Hall

2nd	Zoning Board of Appeals7:00 pm Country Fair Cmte7:30 pm	Town Hall HPCC
3rd	Economic Development Comm5:30 pm Town Plan & Zoning Comm7:30 pm	Town Hall Town Hall
5th	OGAT7:30 pm	Town Hall
9th	Traffic Authority4:30 pmBoard of Police Comm4:30 pmAmity Board of Education6:30 pmConservation Comm7:00 pmOrange Board of Education7:30 pm	Police Dept Police Dept Middle School, Orange HPCC Mary L. Tracy Bldg
10th	Inland Wetlands & Water Courses Comm7:30 pm	Town Hall
11th	Board of Selectmen7:30 pm	Town Hall
12th	Elderly Housing Liaison Cmte	Silverbrook Estates HPCC
17th	Recycling Cmte7:00 pm Town Plan & Zoning Comm7:30 pm	HPCC Town Hall
18th	CERT7:00 pm	НРСС
19th	Case Memorial Library Comm7:30 pm	Case Memorial Library
23rd	Family Counseling9:00 am Board of Finance7:30 pm Youth Services Advisory Board7:30 pm	HPCC Town Hall HPCC
25th	Safety Comm9:00 am Park & Recreation Comm7:30 pm	Town Hall Town Hall
26th	OVNA Professional Advisory Cmte5:00 pm Pension Board7:00 pm	Clark Bldg Town Hall
27th	Bond Construction Oversight Cmte .7:30 pm	Town Hall



Police Chief Robert Gagne, Assistant Police Chief Anthony Cuozzo, Officer Christopher Brown, K-9 Loki

OPD WELCOMES NEWEST MEMBER

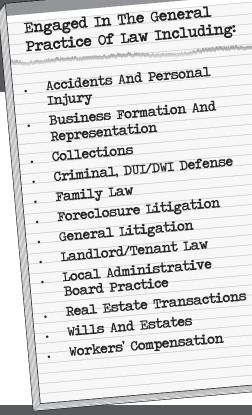
The Orange Police Department would like to welcome our newest member: K-9 Officer Loki, who graduated with his handler, Officer Chris Brown, from the Connecticut State Police K-9 Academy on December 23, 2014. Loki and Officer Brown will be assigned to the patrol division. The Law Office of <u>David Cr</u>ow,

David E. Crow, Jr. Attorney at Law

Got a legal question?

Ask your hometown lawyer at your **free** initial consultation

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American

Red Cross

The American Red Cross encourages eligible blood donors to start a lifesaving habit by becoming a regular blood donor this year, starting with National Blood Donor Month in January. January is a challenging time for blood donations. In-

clement weather can result in blood drive cancellations, and cold and flu season may cause

some donors to be unable to make or keep blood donation appointments. National Blood Donor Month, celebrated in January since 1970, raises awareness of the need for blood during the winter and throughout the year, while honoring those who roll up a sleeve to help patients in need.

To celebrate National Blood Donor Month, the Red Cross and Dunkin' Donuts are launching a new campaign to help increase donations and reward generous donors. Through the new "Dunkin' Donors Make a Difference" campaign, all those who come to give blood or platelets in January at Red Cross blood drives in Connecticut, Maine, Massachusetts, New Hampshire, Vermont and parts of New York will receive a \$5 Dunkin' Donor Card.

Donors of all blood types are needed, especially those with O negative, A negative and B negative. Type O

negative is the universal blood type and can be transfused to patients with any blood type. Types A and B negative can be transfused to Rh positive or negative patients.

To learn more about donating blood and to schedule an appointment, download the Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767). Upcoming blood donation opportunities in Orange will be held on 1/28/2015 from 1 p.m. - 6 p.m., Orange Congregational Church, 205 Meeting House Lane.

MORE OFFERINGS FROM CASE MEMORIAL LIBRARY

Movies on DVD

Begin Again Chef Edge of Tomorrow Guardians of the Galaxy Jersey Boys Level 5 Maleficent Moms' Night Out They Came Together 22 Jump Street

Audiobooks

Baldacci, David – Escape Connelly, Michael – The Burning Room Dashner, James – The Maze Runner (Teen) Follett, Ken – Edge of Eternity Forman, Gayle – If I Stay (Teen) Homer – The Odyssey (Teen) Roth, Veronica – Insurgent (Teen)



Rowell, Rainbow – Eleanor and Park (Teen) Scottoline, Lisa – Betrayed Zusak, Markus – The Book Thief (Teen)

Music

Aldean, Jason – Old Boots New Dirt (Country) Blake, Michael – Tiddy Boom (Jazz) Browne, Jackson – Standing in the Breach (Rock) Cherished Moments: Songs of the Jewish Spirit (Holiday) Midler, Bette – It's the Girls! (Popular) Nicks, Stevie – 24-Karat Gold (Rock) Shelton, Blake – Bringing Back the Sunshine (Country) Various Artists – Looking Into You: A Tribute to Jackson Browne (Rock) Wayne, Kenny – Rollin' with the Blues Boss (R&B) The Who – The Who Hits 50 (Rock)

www.OrangeTownNews.com

CASE MEMORIAL LIBRARY EVENTS

Programs at the Case Memorial Library are free (except as noted for materials charges) and open to the public. Library hours are as follows: Monday and Thursday 10-8; Tuesday, Wednesday, and Friday 10-5; Saturday 10-4. The Library will be closed on Monday, January 19 in observance of Martin Luther King Jr. Day and on Monday, February 16 in observance of Presidents Day.

Registration is highly recommended for all Library events.

Weekly Storytimes

Come to our weekly storytimes to have fun, meet new friends, and set your child on the path to lifelong learning!

Lapsit Storytime

Our lapsit storytimes are for babies and toddlers up to 24 months and feature nursery rhymes, music, and movement. Tuesdays at 10:30 a.m. Visit casememoriallibrary.org/ storytime.htm for upcoming dates.

Two-Year-Old Storytime

Our 2-year-old storytimes feature storytelling, music, and movement. Thursdays at 10:30 a.m. Visit casememoriallibrary. org/storytime.htm for upcoming dates.

Three to Five-Year-Old Storytime

Our 3 to 5-year-old storytimes feature storytelling, rhymes, finger plays, and a craft activity. Mondays at 4 p.m. Visit casememoriallibrary. org/storytime.htm for upcoming dates.

Events for Children

Chinese Acrobat Performance Saturday, February 21, 1 p.m.

Celebrate Chinese New Year with Chinese acrobat Li Liu who will perform



176 Tyler City Road, Orange, CT 06477 203-891-2170 www.casememoriallibrary.org

.....



Media Center for teens who love to read and share their opinions over refreshments. Please see Mrs. Goss.

Events for Adults

2015 Oscar Ballot Contest Thursday, January 15 -Saturday, February 21

Cast your vote in the Best Picture, Acting, Directing, and Screenwriting categories for the 2015 Oscar nominees. Correctly guess the most Oscar winners and you'll win an Oscar DVD of your choice! attempts to solve one of the greatest mysteries in art: How did 17th century Dutch master Johannes Vermeer ("Girl with a Pearl Earring") manage to paint so photo-realistically – 150 years before the invention of photography? PG-13. 80 minutes.

The Bookcase: Book

Cookbook Club Cookbook Discussion Group

Monday, February 9, 7 p.m.

Participating is simple: Choose a recipe from the featured cookbook, Essentials of Classic Italian Cooking by Marcella Hazan. Prepare it at home and come ready to share your dish and experiences with the group. Cookbooks available at the Circulation Desk.

2015 Oscar Films

Monday, February 23, 7 p.m. Wednesday, February 25, 1 p.m. (with subtitles)

Oscar films are back! Kick of the 2015 with our first film – Title TBA on January 16. Full schedule available on March 2.

Art in the Library

January: Oils, watercolors, and acrylic/pencil by Barbara Wilson, Irma Nieto, Louis Rapuano, Lawrence Huza, and Patricia Tyrell.

February: Watercolor/ink and photography by Daniel Rosner and John O'Neil.

Reception: Thursday, February 12, 5-7 p.m.



www.takeyourchildtothelibrary.org

Take Your Child to the Library Day Saturday, February 7

Join the Library in celebration of the 3rd annual Take Your Child to the Library Day, an intentional event that encourages families to take their children to their local library and raises community awareness about the importance of the library in the life of a child. Join us for these special activities in recognition of this fun-filled annual event.

hand balancing, plate spinning, ribbon dancing and more. Volunteers from the audience will create a ribbon dance and learn plate spinning. Learn about Chinese language, culture and the rituals of Chinese New Year. All ages are welcome.

Events for Teens DIY Spin Art Machines

Tuesday, February 17, 2-3 p.m.

We'll make our own spin art machine (to take home!) with some basic supplies and simple wiring then make spin art using our machines. All supplies will be provided. Registration is required. Space is limited. For grades 6-12.

Book Chat Café

Tuesday, February 24, 2:15 p.m. Held in the Amity Middle School

Books & Breakfast: Morning Book Discussion Group

Tuesday, January 20, 10 a.m.

Join Books & Breakfast leader Carol Davidson for a discussion of The Hare with Amber Eyes by Edmund de Waal. Copies will be available for checkout at the Circulation Desk. Coffee, tea, and pastries served.

Film Buffs: Foreign and Independent Film Series

Tim's Vermeer Thursday, January 22, 7 p.m.

Tim Jenison, a Texas-based inventor,

Discussion Group Monday, February 2, 7 p.m.

Join Bookcase leader Toby Zabinski for a discussion of A Place at the Table by Susan Rebecca White. Copies available at the Circulation Desk. Refreshments served.

Drop-In Tech Help

Held on the first and third Thursday of each month as follows: Thursday, February 5, 19, 2:30-3:30 p.m.

Get the answers to your technology questions in this informal, drop-in session. Our experts will be there to answer your questions about how your device works, how to load things onto it, and how to solve those annoying little problems that we all have from time to time!

Help is offered on a first-come, first-served basis.

All-Day Scavenger Hunt

11 a.m. – 3:30 p.m.

Stop by the Children's Department any time between 11 a.m. and 3:30 p.m. to participate in a scavenger hunt. Fun prizes for all!

Dancin' with Hoops

1 p.m.

Enjoy an interactive, musical hula hoop performance with Judi Ann Jones. Designed to inspire and ignite creative movement, dance, physical expression, play, and laughter. All ages are welcome.



263 Boston Post Rd. Orange • 203-795-0664 =

SENIOR CENTER

By Dennis Marsh Senior Services Director

Call for Nominations for Living Treasure

Nominations are currently being accepted through March 13, 2015 for the 2015 Living Treasure Awards. Nomination forms are available in the Orange Community Services office, Town Hall, and can be printed from the town's website at www.orange-ct.gov, www. orangeseniors.org or Facebook/Orange Senior Center. The three individuals chosen will be honored at Pasta Festa! on May 15, 2015.

Veteran's Wall

Come join us May 1 at 2pm as we honor the men and women who have served our country. The extensive program will include a scrolling frame depicting living town veterans, and will honor the 6 different branches of service. Registration forms are available through Orange Community Services. This Wall of Honor will forever be a part of our mission and values and will serve as a daily reminder as to the Service, Sacrifice and Honor of our Veterans. Call (203) 891-4784 for more information.

Coming in February - Zendoodle

Tara has done it again! You love her in Fitness! You love her in Wellness! You loved it when she brought us MELT! Well she has done it again. Join us in February for Zendoodle. What is Zendoodle? It is easy to learn, relaxing, and a fun way to create beautiful images by drawing structured patterns. Almost anyone can use it to create beautiful images, increase focus and creativity, and provide artistic satisfaction along with an increased sense of personal well-being.

8th Annual Holiday Door Decorating

And the Winner is: The Shepherd's Table. They received a \$50 gift card to Adams as their prize. The winner was announced at the Senior Center's Holiday Cabaret. Performing at this year's Holiday Cabaret were the Orange Chorus, Al & Mary Errato and their player piano, and Ashly Cruz. Desserts were provided by the Orange Visiting Nurses Association and Maplewoods of Orange. Also in attendance was Susan Woods, our Ballroom Dance instructor.

Winter Light

Winter is coming on with lots of force. As the days get shorter and the nights get colder, even the best of us can get a little envious of those who can leave town for a warmer climate. Come join in a discussion with Dawn Silver from Bridges on January 26 from 11:30-12:30pm, about how to beat back those feelings of low motivation and energy that many people experience during this cold season. Come share

See "Senior" continued on Page 17

Orange Town News



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(If Tuesday nights are not convenient, call Rich for a time that is convenient for you!)



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Stuart A. Rosenkrantz, Manager



SENIOR CENTER

"Senior" continued from Page 11

what you do to cope with the blues that may accompany the weather and hear what you can do to help keep yourself moving in a positive direction. Dawn will also be available for informal discussions on Thursday, January 29 from 10-12pm.

NEW! Creative Writing with Trish O'Leary Treat

Come join us for our new, no charge class: Creative Writing Workshop, Friday 10:30-12:00 January 9-March 13 in room 2. If you enjoy writing but find you seldom have time to do it, join our new Creative Writing Workshop. In 10 weeks, you will have written and edited material to be proud of. Whether you want to write family stories, personal essays or a description of your recent travels, the workshop leader, Trish O'Leary-Treat, can help you get organized and generate topics to write about. The workshop is designed to give you a friendly, supportive forum in which fellow writers can share their writings with one another.

Wellness

Wednesday, January 21, Tara will discuss "Wheat: The Unhealthy Whole Grain" from 11:30am-12:30pm. Call to let us know you are coming at (203) 891-4784.

Movie of the Month

Friday, January 23 1:00pm, "Las Vegas" with Michael Douglas, Robert DeNiro, Morgan Freeman, and Kevin Kline - Three sixty-something friends take a break from their day-to-day lives to throw a bachelor party in Las Vegas for their last remaining single pal. Popcorn & soda will be served. Call to reserve a seat.

Book Club

Come join us for our FREE Senior Center Book Club to be held January 23, from 2:00-3:30pm in Lounge. This month's title is Lawrence in Arabia by Scott Anderson.

2015 Trips ESCAPE TO SOME SUN @ MOHEGAN SUN

Wednesday, January 28-29, 2015.

At Mohegan Sun every turn leads to a new adventure with an indoor 7-story waterfall, the world's largest and most spectacular planetarium dome and the awe-inspiring Wombi Rock. Cost \$163pp double. This nominimum trip includes round-trip transportation, Hotel Accommodations, 2 Buffet Vouchers, \$20 free slot play. Full payment due at registration.

MOHEGAN SUN 2015 AAC WOMEN'S BASKETBALL TOURNAMENT CHAMPIONSHIP GAME

March 9-10, 2015 no minimum overnight trip

Cost \$223pp double. Includes transportation, hotel accommodations, AAC Final Game Ticket, 2 Complimentary Buffets, free \$20 Slot Play, taxes, gratuity and baggage handling. Full payment due at registration.

www.OrangeTownNews.com

FROM THE YOUTH SERVICES COORDINATOR

By John Ulatowski





Pictured above are graduates of the recent babysitting course provided by Youth Services in December."

Youth Services Volunteer Program Assists High School Students

Youth Services has assisted many Orange High School Students with opportunities to accumulate their quota of High School volunteering hours. Students have had opportunities through dances, local Town and community events and more to participate with assisting the Town and organizations who may have specific needs for volunteer assistance. Parents can email John Ulatowski, Youth Services Coordinator, at julatowski@orange-ct.gov for information.

Area Residents Need Jobs Help? Youth Services Job Bank Can Assist

The Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, attics/basements, raking, snow shoveling, small painting, party helper, tutoring, clerical assistance, mother's helper...and more. For further information, please call John Ulatowski, Orange Youth Services Coordinator, at 203-891-4785.

Youth Services Newsletter Online Featuring Current Photos & Events

Youth Services recent newsletter, The Youth Informer, is online on the Town website. The newsletter features many articles and photos of recent Youth Services programs and events. Featured in this edition are items on babysitting, Artist Colonies, the K-6 Children of Orange exhibit, the Living History Club, the Youth Services e-Parenting series, and Job Bank. The newsletter can be accessed by going to the Town website/click on Community Services, then Youth Services, then on the Youth Services Newsletter attachment.



Life Moves so Do We Miss it Because we have too

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DINING WITH SUSAN

By Susan Noonan





SOLUN RESTAURANT-BAR-TAPAS

Solun Restaurant in Woodbridge specializes in "Tapas", so I thought it would be fitting to talk about the history of this concept that has become very popular over the past few years. The word "Tapas"means "lids" in Spanish, and refers to a slice of bread being used to cover the top of a wine glass to prevent fruit flies from getting in the wine. "Tapas" are snacks, canapés or finger food and come in many different forms. It has evolved somewhat with Gazpacho and Pella also offered, as well as Manchego and quince paste, flan, and tres leches cake.

Solun Restaurant opened in March 2012 and now, 3 years later, has become a well established and very popular Tapas location in the community. Solun owner Carlos Hernandez has quite a success story to share. In 1987 he came to the East Coast at the age of 17 for a vacation from Guatamala. He decided to stay for a while and began working in the restaurant business, washing dishes, cooking, waiting tables, managing and perfecting his abilities as a chef. The popularity of the Spanish Mediterranean cuisine was the inspiration for Solun Restaurant/ Bar/ Tapas. Carlos the Spanish culture, with quality food and friendly, professional service, along with talented and creative Chefs. The cozy bar is great for a dinner or just a cocktail. Open 6 days - Tuesday-Thursday- 11am-9:30pm - Fri & Sat 11am-10:30pm-Sunday-10:30am-9:30pm)-Lunch Tuesday-Saturday – Dinner Sunday-Thursday - Brunch Sunday from 10:30am-3:00pm - Bar open late. - Live Music-call for nights- Reservations accepted - All major credit cards – Plenty of parking – Handicapped accessible - Family and kid friendly with many choices for the little ones. The main dining room can accommodate private parties up to 56 and the smaller area seats 30 or catering off premise. Follow them on Facebook: "Solun Restaurant, Bar & Tapas" for updates on offers and musical artists. Upcoming events include a "Four Regions Wine Dinner" Thursday, February 5, 2015-\$59.00 per person & a special Valentine's Day menu-Saturday February 14,2015 featuring a 3 course dinner and live jazz for only \$48.00 per person.

SOLUN RESTAURANT/ BAR/TAPAS –

Attention to Detail Licensed & Insured

Residential

- Rockwood Manor Apts
- Hilltop Terrace Apts
- Lakeshore Apartments
- Kinney East Rock
- Central Street Apts
- Pondview Apts

Industrial

- Milford Industrial Park
- 136 & 140 Bradley Rd, Woodbridge
- Fulkerson Drive, Waterbury
- Office
 - Blake Street Center
 - McLagon Foundry
- Goldratt Institute
- Mt. Carmel Office
- 201 Orange Street
- 1768 Litchfield Tpke

Retail

• D'Andrea's Plaza

- Westville/ Whalley Retail
- Allingtown Plaza
- CVS/BB Hamden
- Shops at Mt Carmel
- Grand & Ferry Plaza
- Branford Hill
 Retail Center

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Condominium

- Victoria Beach
- Oyster Cove
- Phoenix Landing
- The Priory
- Mill Rock
- Longmeadow Milford

Mixed Use

- 21 Broadway (New Haven)
- 1240 Whitney Ave (Hamden)

decided to open his latest venture in the town of Woodbridge. He felt the town definitely had a taste for this type of food and would support the "Tapas" concept. The location needed Carlos's magic touch to get that special feel of an authentic Spanish restaurant, where the traditional and the modern fuse in a coherent way including adding a beautiful horseshoe shaped bar.

While old word concepts are kept, they use new techniques, reflecting the new culinary revolution where flavors and aromas play a very important role in the creation of their dishes. Solun uses only the highest quality ingredients, Certified Angus beef and fresh local produce in the preparation of their meals. They also offer many gluten free & vegetarian dishes, along with homemade pasta. Solun's mission is to provide the hospitality, innate in 245 Amity Road (Route 63) Woodbridge, CT Phone – 203-298-9741 – Fax – 203-298-9743 – website: soluntapasbar.com

Final notes: Make a visit soon to this charming and cozy "Tapas" restaurant in Woodbridge. Carlos and his professional staff will make your dining experience very special, offering exceptional food, outstanding service and ambiance. He has come a long way since he left his family and birthplace 27 years ago. A true success story! I have been doing this column for 9 years and Carlos is truly one of the nicest restaurant owners I have ever met. Please remember to support our local family owned businesses. If you have a favorite restaurant e-mail susan@ orangetownnews.com or susan@ woodbridgetownnews.com.



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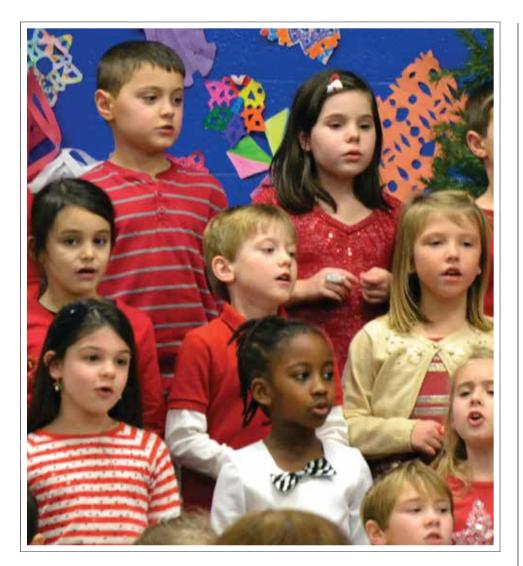
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Peck Place students from grades one and two performed their winter concert titled December Nights, December Lights. The performance even included a surprise light show that the children controlled. All of the children sang beautifully and did such an amazing job! Pictured are a few students from first grade.



Peck Place students from grades third through sixth recently performed their winter concert. The performance included music from the panther chorus, the fourth grade recorder club as well as songs performed by each of these grades individually. The concert ended with a combined chorus of the song Let It Go. All of the students did an amazing job! This certainly was an exciting musical performance!

VISIT OUR WEBSITE AT WWW.ORANGETOWNNEWS.COM

HAPPY NEW YEAR!

Pulmonary Rehabilitation at Golden Hill Health Care Center

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The Pulmonary Rehabilitation Program is a post-acute program for patients who suffer with chronic lung disease. The program is designed to address the needs of this population through a variety of specialty services and programs.

The goal of the Pulmonary Rehabilitation Program is to help residents achieve and maintain maximum recovery potential, increase their functional status and decrease hospital admissions and/or lengths of stay.

Call 203.951.4408 today for more information.

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Q: Can you tell me when "**Parks and Recreation**" will be back? I thought it had one more season. -- Daniel G., via email

A: "Parks and Rec" will be back for a 13-episode seventh (and final) season on Tuesday, Jan. 13, at 8 p.m. ET. The season begins in the year 2017, with the town of Pawnee not quite the same as when we left it in 2014. **Chris Pratt's** fun-loving, dim-witted character of Andy stars in a Johnny Karate TV show; Leslie and Ben have toddler triplets; and Tom is a mogul of some sort. **Jon Hamm, Rashida Jones, Rob Lowe, Megan Mullally** and **Natalie Morales** will all pop up during the show's final season.

Q: I keep hearing great things about the FX series "**Fargo**," but I don't have cable. Is it out on DVD, or is there another way I can watch it? -- Frannie D., Springfield, Illinois

A: Season one of this wonderful FX drama/suspense series -- starring Billy Bob Thornton, Colin Hanks, Allison Tolman and Martin Freeman -- is now available on DVD. And Hulu recently announced that it has acquired the streaming rights for the series. No exact date has been announced, but season two will premiere sometime this fall on FX.

READERS: It's time for a **CONTEST.** Supernatural-mystery writer **Victoria Laurie** -- who just so happens to be my favorite author of this particular genre -- has been kind enough to autograph a copy of her latest book, "**When**," for one of my lucky readers. Laurie is the



Victoria Laurie

author of the Psychic Eye series, as well as the Ghoul Hunter series, and she has just written an entirely new book (which I hope becomes a series) for her young-adult audience. But young adult doesn't mean it's a kiddie book.

"When" is told from the viewpoint of Maddie, a high-school student who, when she looks at someone, sees a series of digits floating just above his or her brow, with the digits representing the date that person will die. She and her mom, struggling to make ends meet, use her talent to make extra money. Things get scary when a woman comes to ask about her sick daughter. While Maddie has good news about her daughter -- she'll get better and live a long life -- the woman's middle son is a another story. His death date is within days. He soon goes missing, and the FBI thinks Maddie is involved.

To enter to win an autographed copy of this book -- which hits stores on Jan. 13 -- just answer this question: If Maddie could tell you your death date, would you want to know? There are three ways to enter (and you can do all three): Send a letter to Cindy Elavsky, KFWS, P.O. Box 536475, Orlando, FL 32853-6475; email letters@cindyelavsky.com; follow me on Twitter (twitter.com/Celebrity_Extra) and tweet your reply. Entries must be received or postmarked by Feb. 28.

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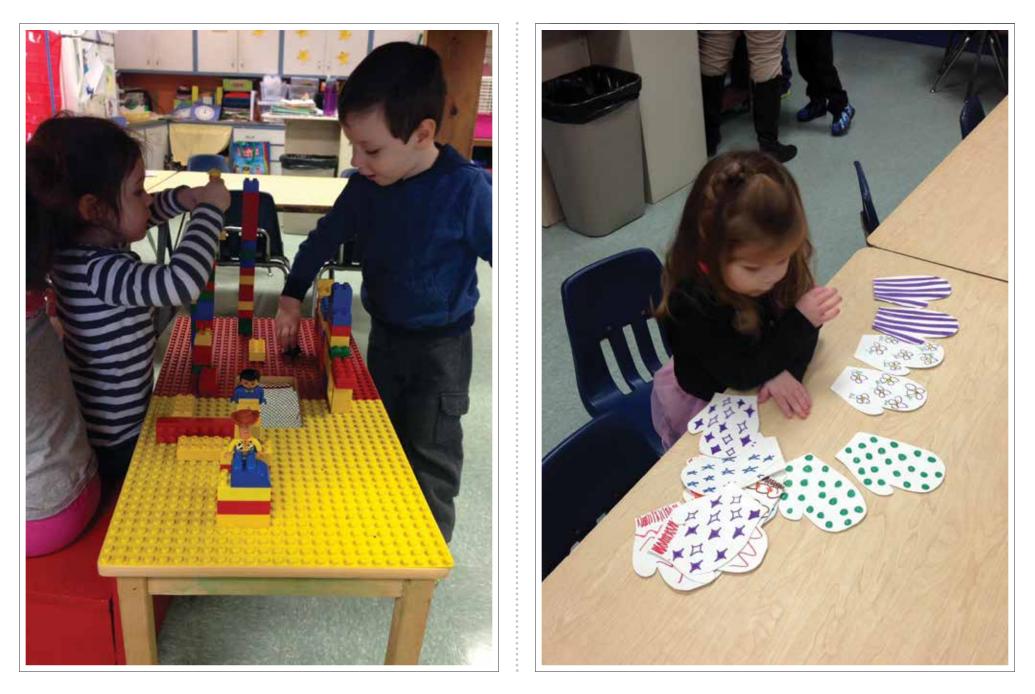
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Some of the students from the 3 year old class at Orange Community Nursery School having fun using their minds through play as they create and problem solve. We offer a great play based program which allows them to learn through play and adjust to the preschool setting. Enrollment is open for the 2015-2016 school year. We will have our open house in March. Contact us for more information at 203-795-3869 or visit us on the web at www.ocnskids.com.





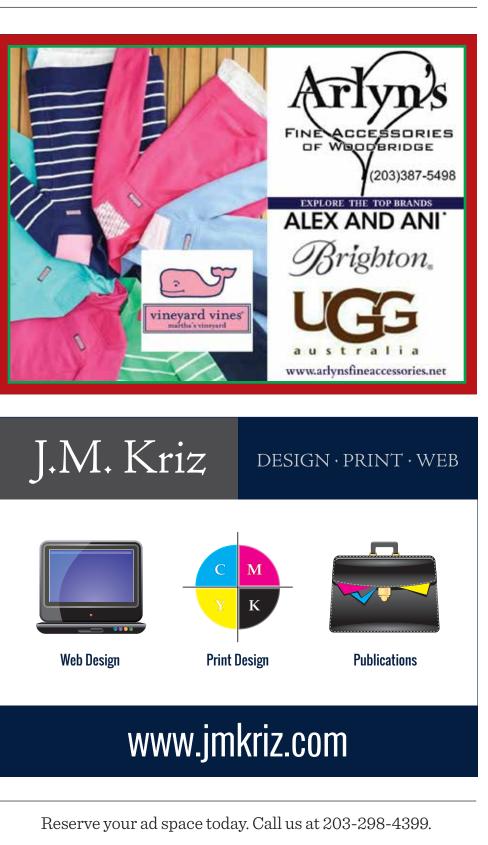


The Peck Place Recorder Club presented A Winter Concert in which they performed a variety of music showing their range and knowledge of the recorder. The club members, which consist of fourth graders, practice once a week and give up their recess time in order to do so. The children work very hard each week and the outcome was a beautiful concert!



It's bear week at Orange Community Nursery School. The children in our 4s program have enjoyed bringing their favorite stuffed bears to school. They have learned many interesting facts about bears. We've talked about different types of bears, what they eat and hibernation. They have done crafts, played games and read books featuring bears. It's been a "beary" exciting week.





The Orange LIONS Club presents......

Get Uncorked! Wine Tasting Event

Saturday, January 17, 2015 7:00pm - 10:00pm

St Barbara's Greek Church Social Hall 480 Racebrook Rd





650 Schoolhouse Lane Orange, CT

Please Join Us For: Silent Auction . Raffle Baskets . Cake Walk Manicures . Tattoos . Crafts . Games Cupcake Decorating . Food & More!

*Snow Date: February 7, 2015 The event is a MLT PTO Fundraiser. Profits directly support programs for MLT students. \$35.00 Per Person

ENJOY A SAMPLING OF FINE WINES, PORT AND BOUTIQUE BEERS HORS D'OEUVRES, DESSERTS, AND RAFFLE

> Tickets available through Orange LIONS Club, and www.OrangeCTLIONS.org Call - 203-641-8003



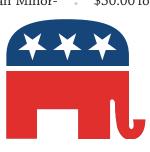
ORANGE REPUBLICANS TO HOLD CELEBRATORY PARTY

The Orange Republican Town Committee is hosting a fabulous celebratory party in honor of Republican Minor-

ity Leader Themis Klarides and newly elected House Representatives Charles Ferraro and Pam Staneksi on Thursday, February 5, 2015 at Grassy Hill Country Club in Orange at 6:30 pm.

The ticket price is \$100.00 per person and includes hor-

dourves, buffet dinner, wine on the table, music and dessert. A cash bar will be available. Our special guest speaker will be Senator Fasano.



There will also be an ad booklet with prices of \$100.00 for a full page and \$50.00 for a half page. Please RSVP by January 26th.

Please make checks payable to ORTC and mail to Debra Marino, 657 Orange Center Road, Orange, CT 06477. If you have any questions, reservations or ad book requests, please email Deb Marino at dma-

rinolaw@yahoo.com or call 203-298-0611.

Come join us for a fun filled exciting night!!



THE WOMAN'S REPUBLICAN CLUB OF ORANGE Working Together

The Woman's Republican Club of Orange headed by Mrs. Vicki Grande and supported by Mrs. Pat Ziman decided to give support to the needy of Orange. They were joined by the Orange Republican Town Committee in collecting food and donations.

The coordinated donations of the WRCO and The ORTC resulted in the giving of two food baskets: One for Thanksgiving and one for Christmas for the needy of Orange plus an addition-



Orange Foundation President Bob Archambault (left) presenting a check from "The Olga Fund" to Post 127 Commander Lewis Merritt.

SANTA CAME EARLY!

Post 127 held its Christmas party December 10th, Santa couldn't make it so he sent Bob Archambault to represent him and the Olga fund of the Orange Foundation. The Foundation promised a matching grant of \$ 5,000 dollars this past summer.

The Post raised over \$ 7,000, through fund raisers in hopes of collecting

enough to re-surface their driveway and parking lot, (when added to the matching \$5,000).

Santa, (Bob), presented a check for \$7,400 matching all of their fund raising efforts to add to the Joy of the season for Orange veterans and members of Post 127. Thanks again go to The Olga Fund and The Orange Foundation.



al donation to the Orange Fuel Bank. Many thanks to those who donated.

LOVE TO CROCHET?

Join the Hooked on the Sound (HOTS) Crochet Guild! We are a chapter of the Crochet Guild of America (CGOA), a non-profit group of enthusiastic crocheters in the southwest area (New Haven County) of Connecticut. We meet monthly to share stitch successes, assist with pattern problems, and generally have a great time crocheting! Please feel free to join us, there are NO FEES! Just bring along any project you are working on or one you may need help with. We meet at the Case Memorial Library, 176 Tyler City Road, Orange CT, 203-891-2170 (library only) SATURDAYS, 10AM - 1PM ON THE FOLLOWING DATES FOR 2015: February 7, March 7, April 4, May 2, June 6, July 11, August 1, September 12, October 3, November 7, December 5. Our meeting room is on the 2nd level (the small meeting room). There is an elevator available (wheelchair accessible). Visit our website at www. hotscrochetguild.yolasite.com/. Have a question? Email us at HOTSCrochet-Guild@Live.com. Like us on Facebook (Hooked on the Sound) and follow us on Twitter (@HOTS_Crochet). Happy Yarning!

Liz Castiline, Community Director and Maryellen Bespuda, President of The Garden Club of Orange [Photo by Debbie Antoon]

MAPLEWOOD HOSTS GARDEN CLUB TO A SILVER TEA

The Garden Club of Orange's annual December Silver Tea was hosted by our friends at Maplewood, 245 Indian River Road, Orange. We were treated to a high tea with petite sandwiches and scones by Chef Leif Swanson. Our thanks goes to Liz Castiline for inviting us.

Garden Club of Orange is a member of NGC, NER, and FGCCT. If you are interested to learn more, call Teresa Evangeliste 203-795-3195.

CLUBS & ORGANIZATIONS

ORANGE FOUNDATION SEEKS DONORS

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1976

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The Orange Foundation is a local funding source for college scholarships and community organizations that serve Orange residents. The Orange Foundation was founded in

1976 by Charles L. Flynn, Esq. Since then, the Foundation has grown to \$1.3 million and has distributed \$397,125 in scholarships and \$148,822 in grants. The grants support special services, programs and equipment purchases that are not supported or are insufficiently supported by other funding sources. Support

has been given to many programs in our town – especially those benefitting senior citizens. Past recipients include Silverbrook Estates, Orange Senior Center, Camp Cedarcrest, American Legion Post 127, Orange Little League, Special Olympics of Southern Connecticut and the Orange Arts and Culture Council.

Grants awarded in 2014 included support for two Eagle Scout projects, the Orange Community Emergency Response Team (CERT), the Orange Historical Society, the Orange Community Juniorettes, Orange Community Services, the Orange Senior Center, the Orange Independence Day Concert and Fireworks Display, and the Shepherd's Table meal program. There were also eight college scholarships awarded in 2014.

The Foundation supports a wide variety of community groups, programs and students, and is depen-

dent upon donations from the community to continue the financial growth of the Foundation to ensure the continuation of these valuable contributions to our community and its residents.

The Foundation is asking those who are able, to make a donation. For those who may be reluctant to donate

due to concern about future financial needs, an idea that addresses those concerns is to consider updating your will, allocating 10% of your estate to charitable organizations such as the Orange Foundation. In this way, financial concerns are allayed and a 10% reduction in the inheritance of your heirs should not have a significant impact.

A Distribution Committee in accordance with established By-Laws allocates funds. Current Distribution Committee Members include Robert Archambault, President; Paul Hoffman, Vice-President, Jacqueline Koral, Janice Lettick, Katalin Baltimore, John Wesolowski and Pat Miller.

This vital organization needs your help. Please give generously!

JANUARY EVENTS AT THE JCC

All events take place at the Jewish Community Center, 360 Amity Road, Woodbridge unless otherwise stated

Movie Night

We've got a great lineup of free flicks & popcorn so you can just drop in and watch with your friends and families! Kari McInerney, karim@jccnh.org, 203-387-2522.

Senior Self-Defense Workshop

Monday, January 19, 2015, 12:00-1:30pm

Join visiting instructor Bob Paul for a free self-defense workshop for seniors



[Photo by Lana Ho] THE GARDEN CLUB OF ORANGE HONORS GAIL NIXON

Maryellen Bespuda, President of The Garden Club of Orange awarded Gail Nixon with a "50 year" gold pendant for her 50 years of services to The Garden Club of Orange. Gail Nixon, a resident of Orange since her marriage to Jim in 1962, had a long exposure to "horticulture". Growing up in Madison her father, as a summer hobby, maintained a very large vegetable garden that supplied family and neighboring friends with fresh produce. Her mother grew roses and colorful annuals for decorating, inside the home and out. Her mother had many friends who were garden club members and it was she who suggested that Gail join a garden club. Heeding Mom's advice, she did just that.

Gail joined The Garden Club of Orange in 1964 and since then she has been president, participated in all committee projects and served as chairperson of most club committees. To Gail, along with enjoying the friendship and companionship of like-minded individuals, being a garden club member has provided constant learning experiences via hands-on gardening and floral design workshops, interesting and diversified monthly programs, field trips, flower shows and enrolling in some of the courses offered by The Federated Garden Clubs of Connecticut, Inc. such as Gardening Study School, Environmental Studies School, Landscape Design School and Flower Show School. Gail is a FGCCT,Inc. Life Member and a Master Landscape Design Consultant. In 2010 Gail researched and authored "A History of The Garden Club of Orange 1930 – 2010".

An outgrowth of garden club interests led to serving during the 1990s on the Conservation Commission. Gail went on to be a founding member of the Town of Orange Tree Committee, conducting a town-wide tree inventory and initiating a Tribute Tree program. I asked her now that you have been in the club for 50 years, how would you motivate people to join The Garden Club of Orange? Here's her quick answer. "I will tell them one of my greatest pleasures is taking my garden tour early in the morning, coffee cup in hand and seeing all the beautiful plants that were shared from the gardens of garden club

Everyone welcome. Contact: Anne Grant (203) 387-2522 x300.

Peter & the Wolf Thursdays, January 22, 4-6pm

Vacation Program (K-8)

Monday, January 19, 7am-6pm A variety of creative, fun, stimulating activities in a friendly atmosphere. Swimming, crafts, outdoor play and more. Full day childcare available 9am-4pm. Extended care available 7-9am and 4pm-6pm. Kosher morning and afternoon snack provided. Contact: in our Living Room January 19th at noon! Bob offers self-defense instruction with a side of humor. Contact: Anne Grant, (203) 387-2522 x300, anneg@jccnh.org.

A Taste of Honey

Saturday, January 31, 7:30-10:30pm

An evening of learning with local professors and rabbis on a wide range of topics. Two one hour sessions. Course details TBD. \$22/person. Contact: Anne Grant, (203) 387-2522 x300, anneg@ jccnh.org.

www.OrangeTownNews.com

friends."

The Garden Club of Orange is a member of The National Garden Clubs, Inc., The New England Region of Garden Clubs, Inc. and The Federated Garden Clubs of Connecticut, Inc. Interested to learn more, call Teresa Evangeliste (203)795-3195.



ORANGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding? Send it to us with a photo and we will publish it FREE. Orange Town News, P.O. Box 1126, Orange, CT 06477 Email: edit@orangetownnews.com





CHURCH OF THE GOOD SHEPHERD 2015 OUTREACH SCHEDULE

The Church of the Good Shepherd welcomes new members to join its many community outreach programs, such as its Book Club, JAM Band, Youth Group and/or Prayer Shawl Ministry. Our very active Book Club meets the last Tuesday of every month between 7p-9pm in a member's home for wine and a light dessert. All are welcome to join an upcoming discussion for any of the following books. On January 27th, we will discuss Daniel James Brown's "The Boys in the Boat". On Tuesday, February 24th, we will discuss Cheryl Strayed, "Wild" and on Tuesday, March 24th, the author Amy Bloom will join us to discuss her book, "Lucky Us". New voices and additional instruments are sought to join our Sunday 9 a.m. contemporary music program featuring the "Jesus and Me" (JAM) Band. Vocalists and guitarists are especially welcome to join one of our practice sessions on Thursday nights at 8:30p.m. -10p.m. Our Youth Group will be kicking off the Martin Luther King weekend by volunteering at Loaves and Fishes on Saturday, January 17. Loaves and Fishes operates out of the Episcopal Church of St. Paul and St. James in New Haven. Each month, Loaves and Fishes serves between 200 and 300 households in New Haven with groceries and clothing. If interested in joining us, please RSVP



Chnurch of the Good Shepherd

to our Parish office @ 203-795-6577 and then meet in the church parking lot at 7:15 a.m. to carpool into New Haven. The group should return by 11:15 a.m.

BUS TRIP: LIVE FROM NASHVILLE

The Holy Infant Church Women's Guild is having a bus trip to see Live From Nashville at the Garde Arts Center in New London, and the Mohegan Sun Casino. The trip is on Thursday, April 16. The cost is \$76.00 per person, which includes a \$15.00 gaming package and a \$15.00 food voucher. There is a deposit of \$38.00 required at time of reservation, and \$38.00 due by March 22nd. Live from Nashville is a tribute show direct from Music City with singers, dancers, and Nashville musicians. It is designed to celebrate a century of



Holy Infant Church

talented celebrities and songs from Music City. The bus will leave the Holy Infant Church parking lot at 8:15 am sharp. For reservations, call Elizabeth at (203)799-2379 Monday - Friday 9:30am - 3:30 pm.

THREE RELIGIONS CONVERGE ON ONE STORY

Many of the major religions of the world have a lot in common. The similarities between Christians, Jews and Muslims, for instance, can be seen in the story of Abraham and Sarah.

The history of the Jewish people begins in the Middle East during the Bronze Age. God spoke to a nomadic leader called Abram (later called Abraham) and promised him that he would be the father of a great people. Abraham simply had to do exactly what he was told with unyielding faith.

At this time and in this area of the world (what would be present-day Iraq) people believed in and worshipped many gods. But Abraham's acceptance of the call of the one true God gave birth to monotheism.

According to the book of Genesis, in the Christian Bible, God promises Abraham three things:

- 1. a relationship with God;
- 2. a son, and consequently numerous descendants;
- 3. land.

Sarah and Abraham were past childbearing age and did not know how it would be possible to have a child.

Over time, Sarah grew weary with

tionship between Abraham, Ishmael and Hagar. Eventually, Sarah gave birth to her own son, the one promised to her and Abraham by God. He was named Isaac, as angels had instructed. Isaac means "laughter" in Hebrew.

Sarah eventually asks Abraham to choose between her and Isaac and Ishmael, seeing as Isaac is the true descendant promised by God. Abraham complies and asks Hagar to leave with Ishmael. They wander away to find a new home.

God gives Abraham another test, instructing him to sacrifice his son, Isaac. Though he struggles with this test, Abraham complies and takes Isaac to a mountain to complete the sacrifice. However, God intervenes at the last minute and provides a ram for Abraham to sacrifice instead.

To Muslims, Abraham was known as Ibrahim and is an important prophet. In the Quran, Abraham is neither Jewish, Christian nor Muslim. Rather, he is a hernif, or someone who intrinsically knows that there is really only one God. Abraham's son, Ishmael, goes on to sire his own line of descendants and is regarded as the father of the

We'd like to get a headcount of how many teens will be joining us, so please RVSP to the Parish Office.

Our Prayer Shawl Ministry invites any one interested in knitting or crocheting a prayer shawl for a person in need. We craft all year-round and meet regularly. Our prayer shawls are blessed during a Sunday Eucharist and then distributed by our parishioners to friends, neighbors and family members in need. Our next Prayer Shawl Pasta Supper will be Sunday, February 22nd @ 6pm in the Parish Hall located at 680 Racebrook Road, Orange.

All are welcome to join our many outreach programs. For more information, please call the Church Office @ 203-795-6577, email us at thegoodshepherd@ optonline.net, visit our website at www. thegoodsheperdorangect.org and/or visit our Facebook page. waiting and wanted to speed the process along so she told Abraham to sire a child with her handmaiden, Hagar. He did and the boy was named Ishmael. But Ishmael wasn't the true son. Sarah grew jealous from the rela-

Arab people.

The story of Abraham and Sarah helped to establish a set of values and extreme trust in faith. It also illustrates some similarities between three seemingly different faiths.



Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

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DOLLAR\$ AND \$EN\$E

"I'VE BEEN MEANING TO ..."

By Roberta L. Nestor

There are probably hundreds of things you mean to do or want to accomplish but the reality is, it's difficult to find the time. Time is a commodity these days and maximizing it takes commitment and discipline. It is also true with financial planning, there are many things you want to have done, but somehow they always get put on the back burner. Planning for your financial future takes commitment and discipline to stick with the plan. Before meeting with our clients, we tend to ask the same question, "Is there anything specific you would like to discuss?"

As a matter of fact, I have been meaning to:

"Get my will updated." Good! Good that you have one and even better that you recognize the need to have it reviewed periodically. Life events such as marriage, divorce, new grandchildren, death in the family or perhaps illness are all triggers to have your will reviewed. If you haven't had any recent life changes, you still may want to consider a review of your will and other living documents. Make sure your designated Power of Attorney or Health Care Representative is still your best choices and that the language used on these documents is still valid. Years ago you might have been able to get away with language like, "any children born out of said marriage" or "don't keep me alive by machines", but not in today's legal systems.

"Open a ROTH account." What are you waiting for? First, contact your financial advisor and make sure you are eligible (there are income limits) then have them put together the paperwork for you. Most investment companies have lowered minimum deposit levels for retirement accounts and they can also set it up for you so that contributions are drawn off of your checking account automatically each month. Maybe your 401k plan has a ROTH option? ROTH's tax free accumulation and tax free access can be extremely powerful in retirement giving you a when something happens automatically and equally easy to forget about. Whether you have a 403b, 401k or a 457 plan, make a call or get online and find out when you can make changes to your contribution level. Find out if there is an option to have automatic increases of say 1%, 2% or 3% a year (especially if you are not maximizing contributions). For 2015 the elective deferral limit for employees who contribute in 401k, 403b and most 457 plans has increased from \$17,500 to \$18,000. The catch-up provision for employees over age 50 has increased from \$5,500 to \$6,000.

"Consolidate my investments." Having several old 401ks, a few IRAs, a brokerage account here or there and a ROTH all in different places means excess mail, tax reporting and it makes it difficult to look at the whole picture. You can still have a diversified portfolio, but perhaps one that makes more sense when placed with an advisor who can look at everything you have. It is difficult to assess risk, asset allocation and retirement planning when you have things scattered.

Start 2015 in the right direction and instead of making these a part of a New Year's Resolution, make a list of those things you have been meaning to do and tackle them one at a time. Set a goal to do just one of these each calendar quarter and your financial house will be much sounder by the end of the year.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal

Did You Know?

A New Year, New Numbers to Keep in Mind for 2015

Gift and Estate Tax:

- The federal lifetime exemption for property passing to non-spouse beneficiaries has been increased to \$5,430,000.00.
- The Connecticut lifetime exemption for property passing to non-spouse beneficiaries remains \$2,000,000.00.
- There is still an unlimited gift/estate deduction for property passing to a spouse; however, in order to qualify for the unlimited gift/estate deduction the spouse must be a U.S. citizen.
- The amount that can be gifted to any one person without needing to file a gift tax return remains \$14,000.00 per recipient.
- Additional gifts can be made for qualified medical expenses and qualified education expenses without needing to file a gift tax return.

Long Term Care Provided in a Nursing Home:

- If one spouse is living at home ("Community Spouse") and the other spouse is living in a nursing home, the amount of non-excluded assets the Community Spouse can keep has been increased to \$119,220.00
- If one spouse is living at home and the other spouse is living in a nursing home, the minimum amount of monthly income the Community Spouse can have has been increased to \$1,966.25, and the amount it can be increased to, without an administrative hearing, has been increased to \$2,980.50.
- If one spouse is living at home and the other spouse is living in a nursing home, the amount of equity in the family home that can be excluded has been increased to \$828,000.00.

Long Term Care Provided in Your Home:

- The amount of monthly income you can have and still be eligible for the Connecticut Home Care Program for Elders (CHCPE) has been increased to \$2,199.00.
- The amount of monthly income that triggers a co-pay requirement has been increased to \$1,946.00.
- Use of a pooled trust for excess income to establish eligibility or to avoid co-pays remains a viable option.

If you are interested in learning more about how these 2015 numbers affect you and your family please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.

Steven P. Floman and Allison M. DePaola of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.



stream of tax free income.

"Increase my 401k contributions." Unfortunately this happens to most of us, it is easy to be complacent or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

TO YOUR GOOD HEALTH

By Carrie Koscal

Too late to get a flu shot? Absolutely not, according to the CDC some health officials are "fearing that this will be an unusually bad year" for the flu. A report from the CDC states that reports of flu illnesses, hospitalizations and deaths are currently elevated, and activity is expected to continue for several weeks, especially in parts of the country that have yet to see significant activity, such as in the New York area. The CDC is "urging doctors to treat flu patients

promptly with antiviral medications". If you would like to speak to one of the Dr.'s of 203-URGENT CARE regarding the flu epidemic currently being experienced in every US state (besides 7), please feel free to contact me to set up an interview time. 203-URGENT CARE, is Connecticut"s fastest growing privately owned urgent care chain with 7 locations conveniently located in North Haven, Norwalk, Orange, Stratford, Waterbury and West Haven.

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THE WINES OF AUSTRIA

Austrian wines, like most German Wines, are arranged in a hierarchy of how ripe the grapes are at harvest. Lighter wines are made from lesser ripe grapes and the more ripe the grapes the fuller the wines. Austrians measure the ripeness from a KMW scale. This stands for Klosterneubuger Mostwage Scale. This is a measurement of the weight of the must which is the thick pulp just after the grapes have been crushed. They call it the quality categories. The first two categories are Tafelwein and Landwein. These are fairly neutral table wines. They are inexpensive and Landwein is considered the better wine style. The wine must be produced from a recognizable grape variatal. These wines are generally drunk domesticity.

The next category is referred to as Qualitatswein or quality wine. This is good everyday drinking wine made from the least ripe grapes. (or the lightest group from the KMW measure). The wines are simple and light but must come from a single wine region and be made from a recognizable grape varietal. If the KMW measure is too low they may add sugar or Chaptalize the wine to increase the alcohol level. A type of Qualitswein referred to as Kabinett must be made from slightly riper grapes and sugar may not be added.

The next group is a wine that has some special characteristic. This group is called Pradikatswein. The grapes must come from one region only and they may not be chaptalized. Any residual sugar in the wine must be present naturally. This means the wine must stop fermenting on its own. Thus, without sulfur or potassium metabasulfate and sweet concentrated grape juice may not be added at the end to increase the amount of sweetness to the wine. The wine must be examined and tested for typicity and carry a test number and a vintage date. There are six subgroups of Pradikatswein as follows. Spatlese or late harvest wines: These have greater strength and intensity than the kabinett wines. Auslese or selected harvest: This wine is one step higher in intensity. Eiswein or ice wine is made from very ripe frozen grapes. The grapes are picked at night with gloves on so the grapes do not warm up. These wines are high in sweetness and acid. Beerenauslese is the next step and the grapes are chosen by individual berry. Next is Ausbruch. This wine is produced from over ripe botrytised and naturally shriveled grapes. This is only produced in Austria. Finally, Trockenbeerenauslese is the richest, sweetest and most costly of them all! It can only be made in special years and it is wonderful and not inexpensive! Austrian foods are special treats as

well. They are famous for their soups. Every top restaurant and good home cook has their own fantastic recipe for pumpkin soup! Some fold in cream and/or drizzle roasted pumpkin seed oil on top. There are as many variations as cooks. Various potato soups also abound. In Wine country wine soup is a specialty made with Riesling, beef stock, paprika and cream. Wow! That tops Napa. The most favored national dish is Wiener schnitizel. This is veal cutlets dipped in egg batter and fried quickly in lard. They come out a little crunchy and wonderful!

When I was about a year and a half old my two oldest brothers were members of the reserves. The reserves were called up for the Korean crisis. At first it seemed they were headed directly to Korea. But then, through a lucky circumstance a division was found that was stationed in Germany with officers and enlisted men that had battle experience from World War II. They went to Korea and my brothers were sent to Germany. (I am convinced luck had nothing to do with it but it was a mother's prayers to keep her boys out of harm's way.) When they came home safe and sound, Mom doted upon them like you can't believe. What do you want to eat boys? Wiener Schnitizel was the resounding response. She called one of her girl friends from Rose Street in New Haven where she grew up and soon she had her grandmother's recipe for Wiener Schnitizel. She had my dad take her to New Haven to get some spices she had never used. She fired up the old gas oven that dominated her kitchen. Wheedling her favorite cast iron fry pan and with a bit of Crisco she soon produced the best Wiener Schnitizel this side of central Europe. She matched it with some creamy polenta and some fettuccine Alfredo. I was not yet 4 but it is still my favorite dish. Today I match that with some Gruner Veltlner which is a bold super crisp peppery white wine that works great with cross-cultural marriages of food. This January try some great Austrian wines. If don't have Wiener Schnitizel try them with fried chicken and maybe a little creamy polenta on the side. You will be glad you did! Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College the Milford Board of Ed and Maltose Wine and Beer, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray. Spaziani@gmail.com.

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HISTORY CORNER

Are You Looking for Something to Do?

Are You Looking For Something To Do?

With all of the hustle and bustle of the holidays, starting in November, I find myself spending more time in a quiet corner with a quiet activity. There are those days when I take myself to one of the Milford elementary schools to teach music that is as invigorating as it gets. Then it's back home to that quiet corner and the quiet activity.

Below are three such activities one of which I found in a box in the attic. In addition to some old doll clothes and a Scotty dog in need of repair, I found my tattered, brown spiral notebook which is the inspiration for this week's column. You have been most complimentary about my stories now let's see how much you remember. Oh, enjoy the riddles, they are groaners.

Happy New Year, Ginny Reinhard

Fill in the Blanks on This Quiz

- Who published the first major English dictionary in the United States?
- 2. In 1900, the Holland was built by Electric Boat Co. What was it?
- 3. What was the legal speed limit for an automobile in Connecticut in 1901?
- 4. Who founded Hartford?
- 5. Who was the first woman to be elected governor in Connecticut?
- 6. What is the state bird?
- 7. Who is the state hero?
- 8. What is the state insect?
- 9. Where is America's first copper mine? Hint: It was also a jail.
- 10. What U.S. Senator from CT fought for safety features in cars in 1963?
- 11. What famous showman lived in West Haven & Bridgeport?

Here are some riddles^{*} from the 50's. See how many you remember and don't groan!

- 1. Why is an elephant in a china shop like a fire?
- 2. Why is a white pig like black ink?
- 3. What is lighter than a feather but impossible to hold for 10 minutes?
- 4. An airplane flew into the sky with faces in every window. How is it that there wasn't a single person in the plane?
- 5. What goes up a chimney down but can't go down a chimney up?
- 6. Why did the man take paints to bed?
- 7. Why did the woman throw a clock out of the window?
- 8. Why did the red house call a doctor?
- 9. I run but never walk. I have a mouth but never talk. I have banks but no money. What am I?
- 10. When is a door good to eat?

I told you not to groan!

- 11. What is at the end of a rainbow?
- 12. What part of Chicago is in New York?
- 13. What's the hardest thing about learning to roller skate?
- And last but not the worst...
- 14. What building in Chicago has the most stories?

Dubious answers: 1. They should both be put out as soon as possible. 2. They are both put in pens. 3. Your breath 4. They were all married. 5. an umbrella 6. He wanted to dream in color. 7. She wanted to see time fly. 8. It had a windowpane. 9. a river 10. when it is jammed 11. A "w", 12. The letter 'o" 13. The sidewalk 14. the library

^{*}*Ginny Reinhard's handwritten riddle book from 4th grade.*

How Much Do You Remember?

Match the biography with the names of the people who were part of the past issues of the History Corner in the Orange Town News.

- 1. Zeri Alling
- 2. Uncas
- 3. Bessie Otis
- 4. Dennis Stone
- 5. Peter Prudden
- 6. Lewis Bradley
- 7. Samuel Halliwell
- 8. Mary Woodruff
- 9. Abigail Merwin

10. Aunt Icy

- a. 19th century teacher in Orange
- b. founder of the colony of Milford
- c. Mohegan Chief
- d. he and his partner established Tyler City
- e. owner of the 2nd general store in Orange
- f. author of the History of Orange book
- g. Orange Native American who lived to be 102 years old
- h. he sold his farm to Tyler City entrepreneurs
- heroine for the Milford Colony 1777
- j. operated a grist mill along the Wepawaug River

Answers: 1-*j* 2-*c*, 3-*a*, 4-*e*, 5-*b*, 6-*h*, 7-*d*, 8-*f*, 9-*i*, 10-*g*

Try these... True or False In Connecticut it....

By Ginny Reinhard

- 1. was against the law to travel on the Sabbath.
- 2. women on the seacoast could not buy biscuits or crackers but had to bake her own.
- 3. was legal to sell playing cards during the Revolutionary War.
- 4. was not customary for women's earnings to belong to her husband during the Revolutionary War.
- 5. was expected that a women who made a superior pumpkin pie had much to recommend her for marriage.
- 6. was customary for a widow to only receive 1/3 of her husband's estate.
- 7. was noted by General Washington that the men in his command from Connecticut were "adequately clad".
- 8. was New Haven colony that led the boycott for the 1764 Sugar Act.
- 9. was common for women to have engaged in occupations such as pewterers, glassmakers or printers.
- 10. was seen that 50% of the women favored the English way of life and were Loyalists.

Answers: 1 T, 2 F, 3 F, 4 F, 5 T, 6 T, 7 T, 8 T, 9 F, 10 F

#2 Women could buy crackers and biscuits but had to make their own cakes.

#3 Peddlers, jugglers and circus performers were also illegal.

#4 Her wages belonged to the husband who was not accountable to her.

#6 Two-thirds of the estate was given to other family members.

#10 It was actually only 20% that were Loyalists.

- 12. What Russian engineer built the first practical helicopter?
- 13. From where did Eli Whitney graduate?

14. Who wrote Uncle Tom's Cabin?

Sorry, you're on your own with these.....no multiple choice.

Answers: Noah Webster, submarine, 12 miles per hour, Thomas Hooker, Ella Grasso, robin, Nathan Hale, praying mantis, East Granby, Abe Ribicoff, P.T. Barnum, Igor Sikorsky, Yale, Harriet Beecher Stowe The Orange Historical Society wishes to announce its Sale of Christmas items with a 10% discount from Saturday January 10 to Saturday, January 31. Take advantage of the already reasonable prices for your next year's holiday occasions. The antique shop is open every Saturday from 10-3 with this winter's feature of 19th century oil lamps and furniture. Come see the unusual carved chair fit for a "king." For information call 203 795-3106.

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ENTERTAINMENT

TOP 10 MOVIES

1. The Hobbit: The Battle of the Five Armies (PG-13) Ian McKellen, Martin Freeman

2. Unbroken (PG-13) Jack O'Connell, Takamasa Ishihara

3. Into the Woods (PG) Anna Kendrick, Meryl Streep

4. Night at the Museum: Secret of the Tomb (PG) Ben Stiller, Robin Williams

5. Annie (PG) Quvenzhane Wallis, Cameron Diaz

6. The Hunger Games: Mockingjay -- Part 1 (PG-13) Jennifer Lawrence, Josh Hutcherson

7. The Gambler (R) Mark Wahlberg, Jessica Lange

8. Imitation Game (PG-13) Benedict Cumberbatch, Keira Knightley

9. Exodus: Gods and Kings (PG-13) Christian Bale, Joel Edgerton

10. Wild (R) Reese Witherspoon, Laura Dern





"The Boxtrolls"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Jan. 19, 2015.

TOP 10 RENTALS

1. Teenage Mutant Ninja Turtles (PG-13) Megan Fox

2. Guardians of the Galaxy (PG-13) Chris Pratt

> 3. Into the Storm (PG-13) **Richard Armitage**

> > 4. Let's Be Cops (R) Jake Johnson

5. If I Stay (PG-13) Chloe Grace Moretz

6. How to Train Your Dragon 2 (PG) animated

> 7. Tammy (R) Melissa McCarthy

8.22 Jump Street (R) Channing Tatum

9. When the Game Stands Tall (PG) Jim Caviezel

> 10. And So It Goes (PG-13) Michael Douglas

by "ParaNorman" (more fun and still rather creepy). "The Boxtrolls" might be a little unconventional, but they're the monsters you want under your bed.

"Lucy" (R) -- In this sorta-sciencey action flick, Scarlett Johansen kicks butts after she is granted the ability to use her whole brain, not just the 10 percent that we regularly use. Well, first off, I gotta burst this Hollywood bubble: People use all of their brains, the "You only use a tiny part" thing is a silly myth. Anyway, Super Scarlett gets her powers when she's forced to be a drug mule, and the crazy superdrug gets into her system. With her mega-brain powers, she goes on a quest to shut down the bad guys and keep the super-drug from getting into the wrong hands.

The whole flick goes off the rails pretty fast, starting with that overused and unproven premise about brains. Things actually get less interesting as Johansen grows more powerful. Director Luc Besson tried the worthless gimmick of splicing nature footage into his film -- like a random clip of a cheetah tackling prey cut into a bit of dialog -- but then seems to forget about it halfway through the movie.

CHART BUSTERS

Top 10 Pop Singles

1. Taylor Swift "Blank Space"

2. Hozier "Take Me to Church"

3. Mark Ronson feat. Bruno Mars "Uptown Funk!"

> 4. Ed Sheeran "Thinking Out Loud"

5. Meghan Trainor "Lips Are Movin"

6. Sam Smith "I'm Not the Only One"

7. Ariana Grande & **The Weekend**

"Love Me Harder" 8. Nick Jonas

> "Jealous" 9. Maroon 5

"Animals"

"All About That Bass"

1. Folk singer and songwriter Jesse Colin Young started what group in the '60s?

- Which Bob Dylan song had the working title of "Black 2. Dalli Rue"?
- 3. Who first released "Rivers of Babylon"?
- Who had a hit with "I Can't Get Next to You"? 4.

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Sudoku answers on **p**

Name the song that contains this lyric: "We all make 5. mistakes, we all lose our way, but we stood the test of time and I hope that's the way it will stay. It's all up to you to tell me to go."

6

4

3

8

2

2

3

4

8

1

5

5. "Don't Wanna Lose You," by Gloria Estefan, on her 1989 album "Cuts Both Ways." The song also was released in Spanish ("Si Voy a Perderte"). and Portuguese ("Se tenho que te perder").

2. "Positively 4th Street," in 1965. The song was thought to be a snipe at the folk scene in Greenwich Village in New York. 3. Jamaican reggae group The Melodians in 1970. But it was Boney M. who made it into a hit in 1978. 4. The Tharpite and the song in 1970, but slowed the tempo considerably.

Folk-rock band the Youngbloods. Their only Top 40 song was "Get Together."





5. Florida Georgia Line

8. Blake Shelton feat. **Ashley Monroe** "Lonely Tonight"

Top 10 Country Singles

1. Craig Wayne Boyd

"My Baby's Got a Smile

on Her Face"

2. Tim McGraw

"Shotgun Rider"

3. Carrie Underwood

"Something in the Water"

4. Eric Church

"Talladega"

"Sun Daze"

6. Brad Paisley

"Perfect Storm"

7. Luke Bryan

"I See You"

9. Kenny Chesney "Till It's Gone"

10. Sam Hunt "Leave the Night On"





10. Meghan Trainor

PICKS OF THE WEEK

"The Boxtrolls" (PG) -- Here's a stop-motion animated feature that is charming in both looks and story. The Boxtrolls are cardboard-clad little dudes who scurry around at night and collect nifty things to bring back to their lair under the little city of Cheesbridge. The townspeople are fooled by the ruling class into fearing the Boxtrolls -- who actually are the whimsical and harmless type of monster. The future lies in the hands of Eggs, a little human boy raised by the trolls, and Winnie, the evil mayor's precocious daughter. With its handmade look and unique feel, "The Boxtrolls" is a welcome break from the standard kid stuff. LAIKA studios was first introduced to audiences with "Coraline" (which was a bit creepier than it was fun), followed

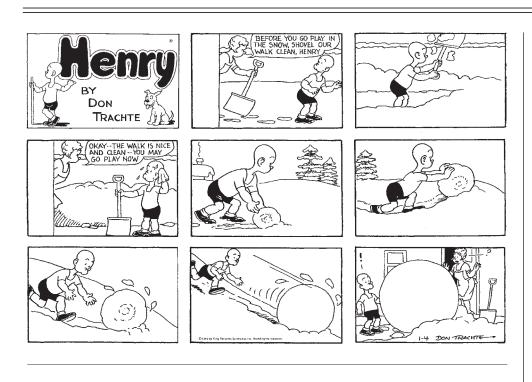
"The Drop" (R) -- Some of the bars in Brooklyn are sketchy enough to be used for "drops" -- criminal enterprises leave money with the bartender, and some Mafia guys come to pick it up later. Bob (Tom Hardy) is a quiet guy working behind the bar. Bob works under his older cousin, Marv (James Gandolfini in his last film role), who's still miffed that Chechen mobsters demoted him in the crime game. It's slow-going for parts of the movie, but Hardy and Gandolfini show their true talents while the story pays off in unexpected ways.

8 9 1 2 5 5 6 4 6 9 3 7 1 Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine. DIFFICULTY THIS WEEK: **

★ Moderate ★★ Challenging *** HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD





ACROSS 10 Birthright 12 14 13 barterer 5 Shade 17 15 16 provider 8 Agree 18 19 20 12 Money 22 21 "The 13 Raven" 29 23 24 25 26 28 30 writer 31 32 33 34 35 14 Quite some time 36 37 38 40 39 15 Desire for success 41 42 43 44 17 Break 47 48 49 45 46 50 suddenly 18 Actors' 51 52 53 lines 55 54 56 19 Patterned cotton 57 58 59 fabric 21 Corn spike 52 Document 32 Slowish in of wit 22 Skirt feature with many 6 Privy music 23 Klutzy sort signatures, 7 Repairs 34 Emulate 26 Light touch maybe 8 Flower used Gorgeous 28 Insinuating 54 Coin to flavor tea George 31 Old Italian 37 Small barrel aperture 9 Car starter bread 55 Ailing 10 Throb 39 Con 33 Kitten's 56 Beige 11 Catch sight 42 Bygone comment 57 Actress Daly photo hue of 35 Quite some 58 Hearty brew 16 Frog's cousin 44 Goes out time 59 Melody 20 They (Fr.) with 36 Intoxicated 23 Antiquated 45 Brewery kiln 38 Pitching stat DOWN 24 Football fill 46 Unsightly 40 Siesta 1 "Zounds!" 25 Realization 48 Puerto -41 Mid-month 2 Big rig 27 Spelling 49 Ripped date 3 Goya's contest 50 Tightly fitting 43 Conclusion "CSI" 53 Right angle "Duchess of 29 45 Electricity evidence problem 4 Functional 30 Kreskin's 47 Begins 5 Pithy piece skill 51 Not "fer" © 2015 King Features Synd., Inc.

HOLLYWOOD By Tony Rizzo

HOLLYWOOD -- George Clooney isn't just resting on the laurels of his wife, Amal, being chosen as Barbara Walters' most interesting person of 2014. In addition to "Tomorrowland," in which he co-stars with Hugh Laurie and Tim McGraw, out May 22, he is busy producing (with partner Grant Heslor), the comedy "Our Brand Is Crisis," starring Sandra Bullock and Billy Bob Thornton. It's a remake of a 2005 documentary of the same name, about the American political campaign strategies used by Greenberg Carville Shrum in the 2002 Bolivian presidential campaign.

Clooney currently is working as an actor for Joel and Ethan Coen in "Hail, Caesar!," which they wrote and are producing, directing and editing. Josh Brolin plays real-life MGM executive Eddie Mannix, who was the studio fix-it man in the 1950s, and is trying to find out what happened to a cast member who disappeared during filming. Scarlett Johansson, Channing Tatum, Tilda Swinton, Ralph Fiennes, Jonah Hill and, of course, Francis Mc-Dormand add their star power to the comedy, set for February 2016 release.

James Bond has switched vodka brands. In "Spectre" (the recently hacked film script and the 24th Bond film), 007 will be asking for a Belvedere martini, not Smirnoff, "Shaken not stirred." In return, Belvedere will launch the largest ad campaign ever waged for a film. Smirnoff has been the British spy's vodka of choice since the first Bond film, "Dr. No," in 1962.

"American Idol" also is changing drinks. After 13 years, Coca-Cola is cutting ties with the show. Is that like



George Clooney

rats deserting a sinking ship? Just asking!

Bradley Cooper has proven once again what a great actor he is. The handsome Cooper has hit Broadway as the grotesquely hideous and deformed John Merrick, known as "The Elephant Man," and received the kind of reviews that actors only dream of getting. Marilyn Stasio, in her review for Variety, said, "'The Elephant Man' is breathtakingly beautiful, and Bradley Cooper may well be its most beautiful feature of all." Needless to say, it's one of the must-see shows in New York.

And speaking of Broadway, last year we reported that theater marquees there had more movies turned into musicals than original shows. This year, movies turned into musicals are hitting Broadway again. They are "Finding Neverland," "Honeymoon in Vegas," "An American in Paris" and "Doctor Zhivago," proving that great films never die, they just get recycled into musicals.

It's time to leave Hollywood now that "The Walking Dead" are coming to Los Angeles. Zombies have overrun Atlanta (where the TV series filmed) for four years, now they want to invade other cities. I don't know about you, but given the choice, I'd rather be chased by Godzilla than zombies!



King Crossword

King Crossword Answers on Page 34

Orange Town News

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DEATH NOTICES

Dorothy Kledaras Guiliotis



Dorothy K. Guiliotis, 77, of Orange passed away at home Monday, December 29, 2014. She was the wife of George Guiliotis. Mother of Marcy Guiliotis (Jim) Winkel and Gregg Kledaras (Barbra) Guiliotis of Orange, sister of Harriet K. (the late Walter) Kral and Patricia K. (Richard) Pacelle of Orange, Thomas C. (Joann) Kledaras of Hamden, Cally K. (Joseph) Angeletti of North Haven, and Grandmother of Christopher James and Patrick George Winkel. She is also survived by her sisters-in-law Beverly Kledaras and Marina Nerris, brother-in-law Stratos Guiliotis, her nieces and nephews Richard, Kim, Wendy, Wayne, Joanne, Jay, Betsy, Maribeth, Danika, Virginia, Cally, Emma, Desi, Steven and Dean, her godchildren Kim, Marcia, Helen, Rebecca and Jennifer and her good friend Dr. Howard Pearson. She was predeceased by her parents George and Mary Papatheofrastou Kledaras, brother Stanley Kledaras and sister Georgene Kledaras.

From eighth grade through her college graduation, Dorothy volunteered at the New Haven Public Library. Dorothy was a 1955 graduate of Hillhouse High School. In 1959, she graduated from Southern CT. State University with a BA in education and library science. Upon graduation, she taught elementary school in the New Haven Public School System until her retirement in 1997. During that time, she was the media specialist from 1973-1997. From 1963 until 1965 she was the Director of Higher Horizons, a Ford Foundation program. Dorothy was President and Founder of the Connecticut Campaign Against Cooley's Anemia, running the organization from her home for 40 years. She dedicated those years to improving the quality of life of those affected by the disease. She was also co-author of multiple news and journal articles and educational pamphlets about Cooley's Anemia. She was a co-chair of the Orange Nativity Fund that raised monies that were used to purchase a nativity that has been displayed at the Orange Fair Grounds for the past several years. A lifetime member of St. Barbara Greek Orthodox Church, she served as chapter president and grand treasurer of Maids of Athena, Sunday School teacher from 19551963 and was supervisor of the Sunday School from 1963-1967, Junior Goya Advisor from 1959-1963, supervisor of the Greek School and a member of the Ladies Philoptochos for 50 years. One of her proudest accomplishments was creating and editing, with other members of the church, a history book entitled "A History....Greek Orthodox Community of Saint Barbara". The Guiliotis family would like to extend a thank you to Homecare Plus for the exceptional care they provided Dotty while she was at home, special thanks to Fran Spagone, her aide and thank you also to Golden Hill Health Care Center, Dr. Veronica Marer and Milford Hospital for their wonderful care.

Arrangements were in the capable hands of the West Haven Funeral Home. Funeral services were held at St. Barbara Greek Orthodox Church and Interment followed in Orange Center Cemetery. In lieu of flowers, donations may be made to St. Barbara Greek Orthodox Church Building Fund, 480 Racebrook Road, Orange, CT. 06477. For online condolences, please visit www.westhavenfuneral.com.

Niko Lillios



Niko Lillios, age 83 of Orange, CT and Honolulu, HI, passed away December 30, 2014 at Islands Hospice, Honolulu. He was born in Bakirköy, Turkey on November 14, 1931. He was the son of Christos and Sirma Lillios, and brother of Petros and Efthimios, who predecease him. Niko is also predeceased by his wife, Ivana, who passed away in 2004. He is survived by two daughters: Katina (Morten Schlütter), of Iowa City, Iowa, and Melina, of Honolulu, Hawaii, two sons: Chris (Jinny Rhee), of Palo Alto, California, and Tony, of Incline Village, Nevada, and four grandchildren: Rasmus, Niko, Kimi, and Iva. In Athens, Greece, he leaves behind the wives of his brothers, Niki and Keti, and their children Sirma, Sophie, Christos, and Costas. He also leaves behind his companion of 7 years, Sharon Tanaka, of Honolulu, Hawaii. Niko received his BS in Mechanical Engineering in 1955 at Robert College, Istanbul, Turkey. In 1956, he came to the US to attend Purdue University, where he received his MS degree in Mechanical Engineering. At Purdue, he met Ivana, a student from Brazil, and they married in 1959 in Concord, NH. In 1965, they moved to Connecticut,

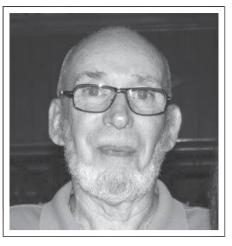
where they raised their family and were members of St. Barbara Greek Orthodox Church. Niko was the owner of Niko Engineering, in New Canaan, CT. After retiring, Niko and Ivana traveled to Greece and Hawaii, visiting family and friends, and sailing.

Niko lived a full and adventurous life, which was centered on his family, his friends, and his beloved sailboat - Ivana My Love. Water, whether ocean, sea, or lake, was never far from him. Niko loved challenges (and solving them), he was happy to give his opinions on all matters, great and small (even if he was not asked), he was a planner and a dreamer, and, above all, he was a generous spirit. Together with Ivana, he frequently hosted lively parties at their home in Orange, including an annual Greek Easter celebration with a lamb roasting on a spit in the backyard, which often drew close to 100 people. His clear blue eyes and charming, sometimes mischievous, smile endeared him to many. Niko treated everyone as a potential friend, and was always asking people he met for their names, whether they were waiters, store clerks, taxi drivers, or people he met on elevators.

Niko was a beloved friend, father, Papou, Thio, and father-in-law, and his death leaves a void in all of our hearts.

Niko was buried at Diamond Head Memorial Park Cemetery, in Honolulu, Hawaii, but had requested, after three years, to join Ivana at their cemetery plot in Orange, CT.

Edward M. Everett



Edward M. Everett of Montrose, NY,

rick's Church in Verplanck and was a United States Army Veteran. He was an avid sailor and sailed around Cape Horn. After his retirement, he traveled to Poland, New Zealand, Australia, Italy and South America. He was a gifted woodworker and enjoyed spending time with his family on Cape Cod each summer.

Edward is survived by his beloved wife Mary Jane; loving daughters Melissa Nicefaro (John) and Susan Quinn (Ryan); caring brother and sister, Raymond and Anne Everett and his adoring grandchildren, Emily, Charlotte, Casey, Bennett and Riley. He was predeceased by his brother and sister, Russell and Mae Everett.

Visitation was held on at the Edward F. Carter Funeral Home, in Montrose, NY. A Mass of Christian Burial was celebrated at St. Patrick's Church in Verplanck. Burial followed at St. Patrick's Cemetery also in Verplanck. In lieu of flowers memorial contributions in Edward's name can be made to St. Patrick's Church, 240 11th St., Verplanck, NY 10596. For further information please visit www.efcarter.com.



passed away on Tuesday, December 30, 2014. He was 74 years old.

Edward was born on February 15, 1940 to Raymond and Theresa (Martin) Everett. He worked as a Manager of Maintenance Procedures for ConEd in Buchanan, NY retiring in 1996. He was a longtime parishioner of St. Pat-



DEATH NOTICES

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: **edit@orangetownnews.com**

PROPERTY TRANSFERS

316 GOOSE LANE Sunrise Hill Estates LLC to Lorelei Spitzbard\$413,500	
69 GRANNIS ROAD Edwin Krasenics to James P Kline\$365,000	
406 DOGBURN LANE Kathryn Otto to Mark Johnson\$310,000	
624 BROADVIEW ROAD Jay H Goebel to Sidhartha Sridharan\$430,000	
1005 WILLARD ROAD Stella Pawlyk to Neil Everett\$215,000	
125 GRANNIS ROAD Steven A Cartier to Semi-Annette Sager\$365,000	
834 COLUMBIA STREET Ferdinand Banti Jr to George Cuzio\$325,000	
317 JUNIPER DRIVE Brian C Inyart to Christopher M Kulenych\$359,000	
568 RUSSELL COURT Rex W Spencer Jr to Mark Rawden\$320,000	
27 RED CEDAR CIRCLE Ruth C Blake Est to Suzanne Ucci\$305,000	
160 CUMMINGS DRIVE Joseph J Mager Jr Admin to Matthew E Thomas\$269,000	

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 100 local non-profits. Donate your gently used furniture, housewares, clothing etc. and help us make a difference! Your donations are tax deductible. Call 203-782-4800 for Furniture Pick-Up and info on House Cleanouts: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

LEGAL NOTICE **TOWN OF ORANGE**

Pursuant to C.G. S. Section 7-394, there is on file for public inspection in the Office of the Town Clerk, the Auditor's Report for the Amity Regional School District #5 for the fiscal year ending June 30, 2014.

Orange Town News

PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words. Each additional word is 50 cents. All ads must be prepaid. All ads are subject to approval. Send a copy of your ad and check payment to:

Orange Town News, P.O. Box 1126, Orange, CT 06477

FOR SALE

2009 TOYOTA YARIS – Only 7,000 miles. Private Owner. Asking \$8,500. Call 203-795-5420.

HELP WANTED

SALES ASSOCIATE/ CUSTOMER SERVICE - Consignment Originals, 320 Boston Post Rd, Orange. Looking for a great job? Well we are looking for hardworking, high energy, people loving employees! You can apply on our website www.consignit.com or come into our Orange location for more details.

DRIVER NEEDED - Willing to well compensate a driver from Milford train station to Orange by Wrights Pond weekdays at 6:50 PM. Please call 203-887-8177.

DELIVERY DRIVER/WAREHOUSE - Looking for an experienced delivery driver/ warehouse worker. Responsibilities include local deliveries of feed and supplies, pick-up and delivery of power equipment, and assisting in the warehouse. Must be team oriented, be able to lift up to 100 lbs and have a clean driving record. If interested please call 203-393-0002 or stop in for an application. Lock Stock & Barrel, 770 Amity Road, Bethany

PARTS/COUNTER PERSON - Looking for detail oriented person capable of looking up/ordering parts, helping customers, writing repair orders, data entry. Sales experience and general mechanical knowledge a plus. Must be team oriented, be able to lift up to 100 lbs and have a clean driving record. If interested please call 203-393-0002 or stop in for an application. Lock Stock & Barrel, 770 Amity Road, Bethany

SERVICES

ACADEMIC TUTORING - For middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

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Dated at Orange, Connecticut this the 9th day of January 2015.

> Patrick B. O'Sullivan Orange Town Clerk



All real estate advertising in the Orange Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Orange Town News will not knowingly accept any advertising for real estate which is in violation of the law.

	— King Crossword — — Weekly SUDOKU — Answers Answer Solution time: 25 mins.																					
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ARTS & LEISURE



New England Red Barn, Watercolor by Lawrence Huzi

FIVE ARTISTS ART EXHIBIT

Yes come to the January Exhibition of "Art in the Library". A multimedia exhibition features: watercolors by Lawrence Huzi; charcoal, pastel, pencil and watercolors by Irma Nieto; acrylic, oil and pencil by Louis Rapuano; watercolors by Patricia Tyrell; oil and watercolors by Barbara Wilson. The exhibit can be viewed through January 30, 2015. Library hours are Monday, Thursday 10-8, Tuesday, Wednesday, Friday 10-5, Saturday 10-4 on the 2nd level (lift available) of the Case Memorial Library, 176 Tyler City Road, Orange, Connecticut, Phone: (203) 891-2170.

"VISIONS NEAR AND FAR"

Exhibition: February 2015 at Case Memorial Library, Orange

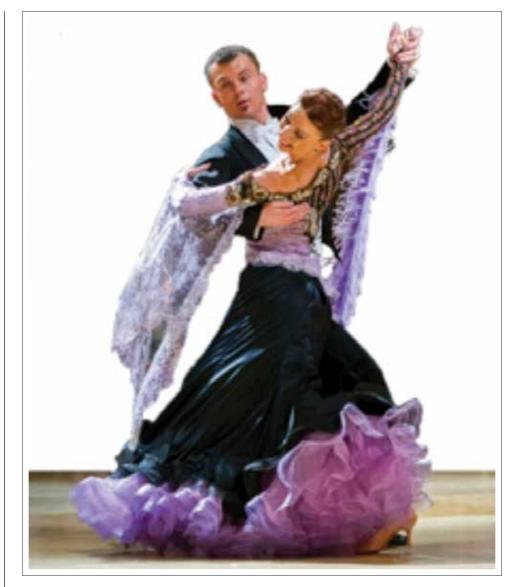
An exhibition, including ca. 20 paintings and prints by the Woodbridge graphic artist/water-colorist: Daniel E. Rosner, and ca. 20 color photographs of John O'Neil, will be on view in the Gallery Rm of the Case Memorial

Library, 176 Tyler City Road, Orange, CT, during the month of February 2015; Nominal Hours: 10 am- 5 pm. (to 8p on Mon,Thu; only 4p Sat; closed Sundays); Public opening reception, Thurs., Feb 12, 5-7p

GETTING RID OF CLUTTER

by Matilda Charles

Whether you plan to stay in your home forever or sell it and move to smaller accommodations, getting rid of clutter can make your life easier and safer. Here are some ideas to get you started: Magazines and newspapers: Allow yourself three of each. When a fourth monthly magazine or daily paper



LEARN TO DANCE FROM THE BEST

On January 31st, Nenad Pavlovic from Fred Astaire Orange with his professional partner, Anastasia Barhatova of Fred Astaire Glastonbury are part of 10 dance competitors (Standard and Latin) who will be performing a Dance Show at the Holy Trinity Greek Community Center, 4070 Upper Park Avenue Bridgeport, CT. The dancing starts at 7pm.

Nenad 27, came to Fred Astaire Orange 24 months ago and has already taken 6 regional championships, Finalist at Fred Astaire National and has recently achieved a Rising Star Championship at an independent November Boston competition. Nenad, better known as Ned, is a certified Physical Educator in Serbia. He has been dancing since he was 13 years old and has been teaching ballroom dance for the past 11 years.

His Partner Anastasia Barhatova instructor of the Glastonbury Fred Astaire Dance Studio came from Moldova in August 2012. As well as holding numerous titles throughout her home country and much of Europe, in the Latin and Standard styles of dance, Anastasia also holds a certificate in teaching from the World Dance Council (WDC). She did all of this while obtaining a law degree from The Moldovian University.

Here are a few very good reasons to declutter:

- Fewer opportunities to trip and fall. Consider what happens when a senior falls and breaks a bone: hospital, rehab and the question of where to go afterward. Can the senior go home and live independently again? Sometimes the answer is no.
- Organizing makes things easier to find.
- Clutter can be dangerous. If emergency services have to come to your house, will they be able to get to you? Or are pathways in rooms too narrow? Taken to an extreme, holding on to too many possessions can be called hoarding, and sometimes social services will step in to deal with it. Your best bet is to declutter long before it gets to that point.

arrives, throw out the oldest one in the stack.

- Keep incoming bills or correspondence in one spot, perhaps a basket or folder on the dining-room table, until you write checks or reply.
- Instead of viewing it as an overwhelming task, work on decluttering for an hour a day. Sort clothes you don't wear anymore, tackle stacks of paperwork, make a list of items to give away or donate, such as memorabilia, books or tools. Then arrange for pickup of your donated items.
- If things have accumulated on the floor, start there.
- Ask for help if you need assistance with lifting or hauling things away.
 Decluttering is a process. Expect to have to go through things more than once before you reach your goal.





SPARTAN CHEERLEADERS WIN THIRD PLACE IN NATIONALS

It had been very successful season for Amity Spartan Pee Wee Cheerleaders starting with winning the First Place in Southern Connecticut Championship, First Place and Spirit Award in State Championship, First place in New England Regional Championship, and winning of Grand Town Champion Trophy for the first time in Amity Pop Warner history; then, to national championship.

On December 9th, our Amity Spartans Pee Wee Cheerleaders competed in The 2014 Pop Warner National Cheer & Dance Championships at ESPN Wide World of Sports Complex in Disney World, FL. The Cheer & Dance Championships feature over 300 cheer and dance teams who compete at a five-day long event. Competitions take place at the HP Field House at ESPN Wide World of Sports Complex. Cheer & Dance Squads compete in 4 different age ranges (Jr. Pee Wee, Pee Wee, Jr. Midget & Midget). The Cheer teams also compete in sizes (Small, Medium & Large) and four competition categories (YCADA PW1, PW2, PW3 & PW4). Amity Cheerleaders performed in the category of YCADA-PW1 Medium and won the third place.

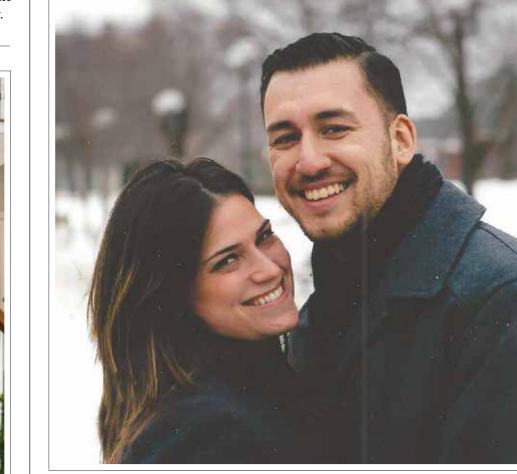
Going to Nationals and bringing the winning trophy back to Amity has been their dream and the motivation from the beginning of the season. The girls endured many hours of practice and training throughout the season to achieve their goal. In addition to four trophies they won earlier this season, the 2014 National Championship trophy had been brought back to Amity Pop Warner. What an accomplishment our young cheerleaders have made.

Amity Pop Warner would like to thank all the supporters who made this victorious season possible. The cheerleaders will be back in August of next year, tougher, bolder, and gracefully.



The Orange Republican Town Committee, and the Women's Republican Club of Orange, worked together in a joint effort to provide a wonderful holiday collection of provisions for several families in Orange. The drive was coordinated by Pat Ziman, under the direction of Denise Stein, Director Joan Cretella, and Kim Callahan of Community Services. (Right to left) Denise Stein, Community Services (Staff), Joan Cretella, Community Services (Director), Kim Callahan, Community Services (Staff).

WIEDDINGS&ENCACEDMENTES





Pictured are: (front row) Katherine O'Connor, John Alvarado; (middle row) Coach Debbie Druyff, Claire Yuan, William Zhu, Head Coach Dave Reilly; (back row) Jenna Lu, Kate Alvarado, Shiva Gowda, Kevin Yanagisawa. Missing from photo: Ben Clemens, Tyler Roy, Deniz Tek.

WAC SWIMMERS RECOGNIZED AT **TOP 16 CT SWIMMING AWARDS**

Congratulations to swimmers from the Woodbridge Aquatic Club (WAC) who were recognized for their outstanding performances at the Top 16 CT Swimming Awards Banquet, held at the Aqua Turf Club, Plantsville, CT

on November 2, 2014. Each swimmer achieved a Top 16 Connecticut time in his/her event for their age group for all meets during the 2013-14 Short Course and the 2014 Long Course Seasons.

JENSEN-CALESS TO WED

Mr. and Mrs. Steven Jensen of Orange are pleased to announce the engagement of their daughter Darcy Theresa to Peter Caless, son of Robert and Sarah Caless of Bolton, CT. Ms. Jensen and Mr. Caless are graduates of Eastern Connecticut State University and are employed in the West Hartford area. The groom also serves as a Lieutenant in the Connecticut National Guard. The couple plan a summer wedding.

TEE BALL, BASEBALL & SOFTBALL **REGISTRATION OPEN**

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REGISTER FOR SPRING 2015 SEASON: January 1 thru FEBRUARY 21st

2015 REGISTRATION FEE

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AGES * Based on 2015 Age Calculator	ages 4- 6
OLL 2015 REGISTRATION	\$160.00
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all	Baseball/Softball
- 6	ages 6-12
00	\$200.00
00	\$180.00

EVALUATION DATES

Boys Age 8 - 12 will have evaluations Saturday March 7th - times to be announced Girls Age 8 - 12 to be announced





Eastern Student Dana Blydenburg Presents at Psychological Science Night

Willimantic, CT -- The Psychology Department and Psychology Club at Eastern Connecticut State University co-sponsored the first ever Psychological Science Night on December 10 in the Student Center. Through poster and oral presentations, the event showcased the undergraduate research of 60 students in Eastern's psychology program.

Dana Blydenburg '16, a Psychology major from Orange, CT, delivered a poster presentation titled "You Don't Own Me: Women Control Male Romantic Partners to Pursue Extra Pair Partners". "The department could not be more excited and proud about our students showcasing the independent research they have completed," said Professor Wendi Everton, chair of the Psychology Department. "I saw and heard work that could easily be presented at national professional conferences."

The majority of the presenters were students in the department's rigorous three-course research sequence that is required of all psychology majors. "The mission of Psychological Science Night is to celebrate the exceptional undergraduate research that our majors are conducting," said Professor Krystalyn Salters-Pedneault, event coordinator. "We are hoping to make this an annual event in the fall."

Matthew Crocker Named to Fall 2014 Dean's List at Keene State College Headline

Keene, NH -- 1,467 students have been named to the fall 2014 dean's list at Keene State College. Among the honored students is Matthew Crocker of Orange. To qualify for the dean's list, Keene State undergraduates must be enrolled in a degree program and must have completed a minimum of six credit hours in the semester, receiving no failing or incomplete grades. Students must achieve a 3.5 or higher grade point average on a 4.0 scale to earn dean's list honors.

Keene State College is a preeminent public liberal arts college that ensures student access to world-class academic programs. Integrating academics with real-world application and active community and civic engagement, Keene State College prepares graduates to meet society's challenges by thinking critically, acting creatively, and serving the greater good. To learn more about Keene State College, visit www.keene. edu. Keene State College: Wisdom to make a difference.

Orang Resident Achieves Dean's List at Lasell College for Fall 2014

Newton, MA -- Jilliana Sliby has achieved Dean's List for the 2014 Fall semester at Lasell College in Newton, Mass. Sliby a member of the class of 2016, is majoring in Communication and was among 634 students honored in the Fall 2014 semester. To achieve the Dean's List, each student must be full-time carrying 12 or more graded credits for the semester with a grade point average of 3.5 or above.

An innovative educational institution for more than 160 years, Lasell is an independent coeducational college emphasizing the integration of professional and liberal arts programs leading to bachelor's and master's degrees. The campus is situated on a 53-acre campus eight miles from downtown Boston.



Andy Nethercott, service manager at Milton CAT (left), poses with scholarship winner Cord DePalma, a diesel equipment technology freshman

Morrisville State Student Receives Caterpillar/ Milton CAT Scholarship

Morrisville, NY— Cord DePalma, a diesel equipment technology freshman from Orange, Conn. has been awarded a Caterpillar/Milton CAT Scholarship by the Morrisville College Foundation. DePalma is a member of the college's Agricultural Engineering Club. The \$2,500 scholarships, awarded to students in the diesel technology/agricultural engineering programs, are based on academic achievement and financial need.

Caterpillar is the world's leading manufacturer of construction and mining equipment, industrial gas turbines, and diesel and natural gas engines. It donates and loans Morrisville State the most current diesel engines and equipment, allowing students to learn with the latest technology in the industry. CAT also offers student internships and hires many graduates.

Morrisville State's curricula are en-

riched with applied learning and pave the way for opportunity at both the Morrisville and Norwich campuses. An action-oriented, interactive learning lab, the college is a national leader in technology and has been lauded for its exemplary, innovative and effective community service programs. In addition to being named to the 2014 President's Higher Community Education Service Honor Roll, the college was recognized by U.S. News and World Report as an institution in the top tier of the Best Regional Colleges list and ranked second among regional colleges nationwide for outperforming its anticipated graduation rate. For more information visit www.morrisville.edu.

Kevin O'Brien Earns Spring Dean's List Honors at Tufts University

Medford, MA -- Tufts University recently announced the Dean's List for the Spring 2014 semester. Among these students is Kevin O'Brien of Orange, CT. Dean's List honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on three Massachusetts campuses in Boston, Medford/Somerville, and Grafton, and in Talloires, France, is recognized among the premier research universities in the United States. Tufts enjoys a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate and professional programs across the university's eight schools is widely encouraged.

IMMUNIZATIONS IMPORTANT FOR ADULTS, TOO

New parents can easily become overwhelmed by the number of pediatrician visits their children need. By the time a child celebrates his or her fifth birthday, he or she has seemingly been administered dozens of immunizations. But even though people get the majority of their vaccinations while they are very young, that does not necessarily mean they can't still benefit from immunizations later in life. The Centers for Disease Control and Prevention notes that humans never outgrow their need for vaccinations. Although certain vaccinations may no longer be necessary, others may be necessary into adulthood. Certain vaccinations, which can safeguard individuals from long-term illness, hospitalization and even death, are now recommended for all adults. The following are some of the immunizations you may need as you age.

United States due to influenza, while thousands more die from the flu and its complications. Flu vaccines protect against various strains of the flu virus, and the vaccine is recommended for just about everyone between the ages of six months and older, including middleaged adults. People age two and older are now advised to get the nasal mist version of the vaccination. However, adults age 50 and older should not get the mist. Individuals who are severely immunocompromised, not feeling well or those who have an allergy to eggs should speak to their doctors before getting a flu vaccination.

mococcal conjugate vaccine followed by the pneumococcal polysaccharide vaccine.

Shingles

64 need a one-time whooping cough booster vaccine, particularly if they will be in close contact with infants younger than 12 months. Adults are the most common source of pertussis infection in infants. Whooping cough for adults can last for several weeks or even months, causing unnecessary discomfort and leaving sufferers gasping for breath.

Influenza

According to the CDC, roughly 226,000 people are hospitalized in the

Pneumococcal disease

Pneumococcal disease is an illness caused by bacteria that can spread from the nose and throat to the ears or sinuses. If the bacteria spreads to other areas of the body, like the lungs, it can cause pneumonia. Pneumococcal disease also can cause meningitis if it affects the spinal column. Adults 65 and older need one dose of the pneu-

Shingles is caused by the varicella zoster virus, the same virus that causes chickenpox. Individuals who have had chickenpox are at risk for developing shingles later in life. The virus can cause a painful skin rash and blisters. Other symptoms include chills, pain, fever, and even loss of vision. Because shingles most often occurs in people age 50 and older, the shingles vaccine is recommended for those in this age bracket. People who have medical conditions that weaken the immune system or those who take immunosuppressive drugs also may benefit from the shingles vaccine.

Pertussis (whooping cough)

The CDC estimates that there are between one and three million pertussis cases in the United States each year. All adults between the ages of 19 and

HPV

Human papillomavirus, or HPV, is a common virus spread mostly through sexual contact. Few may know they have the disease, as it rarely produces symptoms. However, certain types of HPV can cause cervical cancer, genital warts and cancers of the penis, anus and throat. The HPV vaccine is recommended for both males and females between the ages of 17 and 50.

Vaccinations are not just for kids. Adults should discuss their immunization records with their physicians to determine which vaccinations they need to maintain optimal health.







COLOR GUARD SQUAD TO PERFORM 'OVER THE RAINBOW'

By Bettina Thiel – Orange Town News Correspondent

They flick the rifle with the wrist, they fling it high into the air – same height, the whole group, timed; they catch it; and do it over again, countless times. That's the Amity Color Guard, training for the upcoming competition season. Every Tuesday and Thursday they train at the Amity Middle School in Bethany, and Saturday mornings at the High School small gym. They use sabers, flags and rifles in a show of dexterity, precision and athleticism.

There is a junior varsity and the varsity squad, with students ranging in age from 12 to 18. With eight members, the junior varsity group is relatively small this year, and they are hoping to attract new members. "Any age and talent level is welcome," said Lauren Hebert, the director. Orange students are invited to participate as well, provided they can get their parents to drive them to the Bethany Middle School for practice, or set up a car-pool. They also draw from the Woodbridge and Bethany elementary school color guards. The Amity Color Guard has been in operation as a club for about eight years, carried in part by the enthusiasm of Daniel Staffieri, who volunteered his time as director for several years. It is now a part of the Amity program, with Hebert as the director and Brittney Gordon her assistant.

is grateful for the support she and her charges experience. The squad has no bus at their disposal and the kids need to be driven to practices. The real test kicks in once the competitions start, with events almost every Saturday afternoon from February to April. There are the parent "snack fairies," drivers, those who help lug the equipment, the mats, the props. Their reward is to experience color-

takes parent involvement to get the

program off the ground, and Hebert

ful, uplifting shows, often to pumping music, reminiscent of a Disney show, all with a certain amount of tension, knowing that this is a competition. From the moment they are announced, the teams swoop into the gym, moving fast to set up the stage in a limited time.

The song Hebert chose for this year's performance is "Over the Rainbow,"

BARK BYTES...

By Vicki & Richard Horowitz



Can't Play Outdoors?

Can't Or Don't Want To Take Your Dog Outside? Try These Indoor Games With Your Dog

All dogs need exercise even when there is inclement weather or you just don't feel like going outside. Try playing some of these indoor games with your dog to keep him healthy and happy. In addition, playing with your dog, like training him, enhances the bond you share and helps him keep his focus on you!

You can change these games depending on how your dog is best motivated: praise/belly rubs, favorite toys, items to fetch, or treats. If you do use treats, one way to keep your dog from gaining weight from too many snacks is to use some of his mealtime kibble to play the games. As with any activity, keep each session short and fun! It's better to end the game before your dog gets bored or overly excited.

WHERE'S THE TREAT?

Start with 3 or 4 buckets (old cups or margarine tubs would work too). Show your dog that you have a treat or a favorite small toy. Put your dog in a SIT/STAY or DOWN/STAY about 10 feet away, then make sure he can see you as you place his prize under one of the buckets. Then say "WHERE'S THE TREAT?" and encourage him to smell the buckets—give him lots of praise when he paws, sits beside, or barks next to the correct bucket, and then lift it up so he can claim his reward. You can up the difficulty level by changing the position of the buckets after you place the treat or pretending to put treats under multiple buckets.

NAME THAT TOY

Gather a group of toys that are noticeably different (for example, a stuffed duck, pig and shark). Hold a toy up for your dog to sniff and see, get him excited, and toss it, saying "WHERE'S YOUR SHARK?". When he comes back with it, give him lots of praise, then do the same with the pig, then with the duck, etc. Repeat again and again, and be consistent with your naming. Once he has mastered a few names, set out multiple toys and tell him which to get.

FIND IT!

Put your dog in a SIT/STAY. Show your dog a toy or treat and put it on the floor so the dog can see it. Say "FIND IT!" Naturally, your dog will enthusiastically—and hopefully, easily—find the toy or treat. Make the next prize a bit more difficult to locate, say, behind a chair. Continue to vary treat placement or, for a real challenge, set up a roomful of hidden delights in advance. Watch your dog as he searches, and tap your foot and give an OOH or gasp to get him excited about the ones he's missed. their joints are still developing, or dogs prone to injury.)

RECALL REPRISE

Enlist a significant other or child to help with this game. Each person grabs a handful of treats or kibble. Stand a couple of feet apart. One person calls the dog to COME. When he does, he receives praise and a treat. Then the other person calls. Praise and treat. Both people take two steps backwards. Repeat. Every fourth or fifth time, use praise only. See how far apart (Different rooms? Different floors?) you can venture. For even more fun, have three or more people in different rooms calling the dog.

CLEAN UP!

Teach your dog to CLEAN UP after playtime by picking up his toys and putting them back in the toy box. Have your dog pick up a toy while you hold the toy box up to him. Tell him to DROP IT. When he does, give him lots of praise. Repeat with the next toy. Once he gets the idea, put the toy box on the floor and guide the dog over to it and say DROP IT. Keep it fun and simple, and use the same words each time for every command.

COME WHEN CALLED

Call your dog to COME, put him in a SIT/STAY, and then move away from him. After a minute or so, call him to COME again, and repeat. Try to increase the distance you move away and the length of time you wait before calling your dog to you. This game is great for dogs with attention-seeking behaviors, as it teaches them to wait for your commands.

CIRCUS CLOWN

If your dog likes to jump, you can burn off a lot of his energy by teaching him to jump over and through things. Start with your dog on a leash. Place a pole or stick just barely off the ground, and have your dog walk over it. As you raise it each time, you will need to move him back and let him get a running start. Give him lots of praise every time he jumps over. Once he masters the pole, try a Hula-Hoop!

HIDE & SEEK

Even though they have a small budget for equipment and coaches, it

performance is Over the Rainbow, with the choreography moving from a cloudy day to sunshine, she said. The community is encouraged to attend shows and cheer on the Amity squad. The closest competition this year is at Jonathan Law High School in Milford, 20 Lansdale Avenue, on March 21, starting at 3 p.m. Tickets are \$10, \$7 for children under 10 and senior citizens. Other locations are Monroe, Bethel, Brookfield, Newtown, Shelton, Norwalk and East Haven. A schedule of events is available on the Musical Arts Conference website at http://musicalartsconference.com/events.php.

www.OrangeTownNews.com

STAIRWAY TO HEAVEN

Settle in at the bottom of the staircase, putting your dog in a SIT/STAY next to you. Throw your dog's favorite toy to the top of the stairs. Say "FETCH" or "GET IT". After he dashes up the stairs and grabs the toy, call him to COME, ask him to DROP or RELEASE, and repeat as above until your dog slumps to the floor in giddy exhaustion. (Note that this is not a good game for puppies, as This old standby is still loads of fun for you and your dog. Have your dog STAY in one room. Go into another room and hide. Call your dog. Try not to give away your location by laughing! Kids love to play this game with the family dog.

WORK FOR YOUR DINNER

Remember that dogs use about the same amount of energy when they are challenged mentally as physically! Treatrewarding puzzles, such as the Buster[®] Food Cube, Canine Genius[®] connectable toys, or the Wobbler by KONG[®], make your dog work for his treats—or you can use kibble with the toys to feed your dog his entire meal.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.





ARIES (March 21 to April 19) Use that Arian charm to help make a difficult workplace transition easier for everyone. News about a long-awaited decision can be confusing. Don't jump to conclusions.

TAURUS (April 20 to May 20) Although you might well be tempted to be more extravagant than you should be at this time, I'm betting you'll let your sensible Bovine instinct guide you toward moderation.

GEMINI (May 21 to June 20) An opportunity for travel could come with some problems regarding travel companions and other matters. So be sure you read all the fine print before you start packing.

CANCER (June 21 to July 22) Make an effort to complete your usual workplace tasks before volunteering for extra duty. Scrambling to catch up later on could create some resentment among your colleagues.

LEO (July 23 to August 22) A financial matter could have you rethinking your current spending plans. You might want to recheck your budget to see where you can cut back on expenses until the situation improves.

VIRGO (August 23 to September 22) One way to make your case for that promotion you've been hoping for might be to put your planning skills to work in helping to shape up a project that got out of hand. Good luck.

LIBRA (September 23 to October 22) Be careful about "experts" who have no solid business background. Instead, seek advice on enhancing your business prospects from bona fide sources with good success records.

SCORPIO (October 23 to November 21) Standing up to support a colleague's viewpoint -- even if it's unpopular -- can be difficult if you feel outnumbered. But you'll win plaudits for your honesty and courage.

SAGITTARIUS (November 22 to December 21) While progress continues on resolving that recurring problem, you might feel it's taking too long. But these things always need to develop at their own pace. Be patient.

CAPRICORN (December 22 to January 19) Someone close to you might have a financial problem and seek your advice. If you do decide to get involved, insist on seeing everything that might be relevant to this situation.

AQUARIUS (January 20 to February 18) A personal matter takes an interesting turn. The question is, do you want to follow the new path or take time out to reconsider the change? Think this through before deciding.

PISCES (February 19 to March 20) Moving into a new career is a big step. Check that offer carefully with someone who has been there, done that, and has the facts you'll need to help you make your decision.

BORN THIS WEEK: Your warmth and generosity both of spirit and substance endears you to everyone.

GUINEA PIG'S SUDDEN DEATH A MYSTERY

DEAR PAW'S **CORNER**: Our guinea pig, "Trixie," died suddenly yesterday. She was fine, then she took short and deep breaths, and wouldn't eat or come out of her igloo. A couple hours later we found her passed away, lying on her side. We don't understand what happened. Unfortunately it was Sunday, and we have no small-animal vet in our town. Just curious if you have any idea what may have happened. --Diana, via email **DEAR DIANA:** I'm sorry to hear about the death of your pet. Sadly, guinea pigs can fall victim to a number of different illnesses, and can do so shockingly fast. Sometimes, they show few to no outward symptoms. Respiratory illnesses, especially pneumonia, strike guinea pigs hard. Adenovirus, an illness that doesn't always directly cause death, can lead to pneumonia as

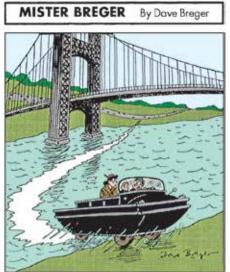
by Sam Mazzotta

the guinea pig's immune system weakens.

Guinea pigs also can suffer a stroke or heart attack at any age, often for no apparent reason.

When a guinea pig (or hamster, or other pet rodent) begins to show signs of distress -- such as weight loss (more than 2 ounces is cause for an immediate vet visit), hiding away in her igloo or refusing to eat -- getting help quickly is important, and that means getting your pet to the vet within hours or even minutes to give it the best chance.





"But, dear-think of all the bridge tolls it'll save!"

LAFF-A-DAY

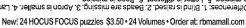


"How enchanting! The driveway's all covered with snow!"



"And for your birthday, Mother, Hubert is giving you a bus ticket home.





Air-Cleaning Houseplants

- 1. Areca palm
- 2. Reed palm
- 3. Dwarf date palm
- 4. Boston fern
- dracaena
- 6. English ivy
- 7. Australian
- 8. Peace Lily
- 10. Weeping fig

Source: "Your Naturally Healthy Home"

Jarden

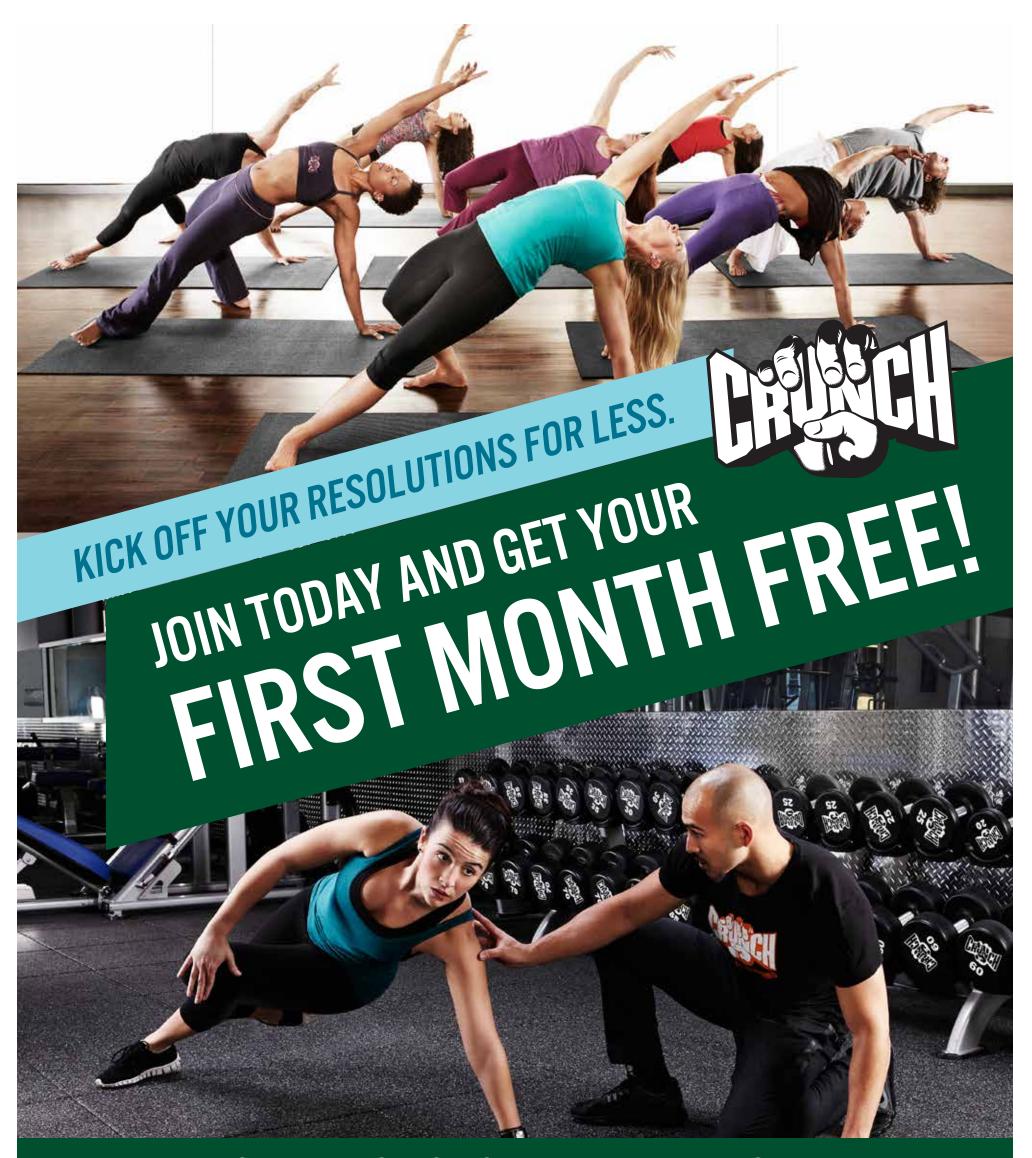
In this case, a veterinarian wasn't available right away. Wheek Care Guinea Pig Rescue lists a few firstaid items to keep on hand here: http://www.wheekcare.org/firstaid.html, as well as extensive tips on health signs to watch for. Daily monitoring of your pet is your best bet to combat the threat of sudden death.

Send your questions or comments to ask@pawscorner.com.

The weight of snow and ice can break branches. Where you can, gently sweep snow off with a broom, but do not try to remove any ice found on branches, as it may fall and cause injury. - Brenda Weaver

Sources: www.mortonarb.org, wikimedia.org

Damage from snow and ice



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