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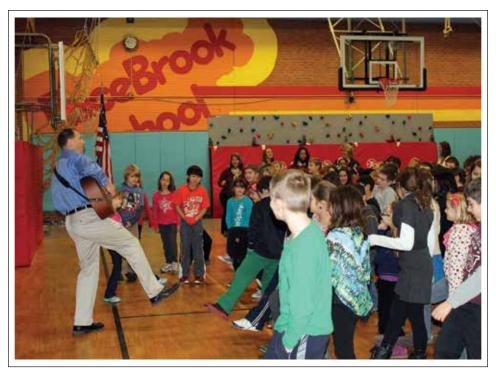
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FRIDAY, FEBRUARY 7, 2014



GREY CHOSEN AS FINALIST FOR 2014 NATIONAL DISTINGUISHED PRINCIPAL AWARD

By Melissa Nicefaro – Orange Town News Correspondent

As Race Brook School Principal Michael Gray arrived at school the morning of January 29, he expected a typical day—the first typical day of this year he'd have. What he didn't expect was a phone call congratulating him for being chosen as one of two finalists in the State Association of Schools' 2014 National Distinguished Principal Award, also known as the Elementary School Principal of the Year Award.

Honored and humbled, true to his nature, Gray credits his teachers, staff, students and their parents for his successes. As a finalist, Gray is required to assemble a portfolio and host an on-site visitation and interviews by the selection committee. The committee will speak with administrators, Board of Education members, teachers, parents and students as part of the process.

The program recognizes an outstanding principal in each state who has truly made a difference and brought about positive change in his or her school. According to the nominating instructions, "These principals must demonstrate leadership and organizational skills that have reached beyond their buildings. They must instill in others a sense of purpose and move all in the school community close to fulfilling the school's mission. These principals must demonstrate exceptional skills in communicating with others in an effective and open manner. They must recognize the importance of helping others to realize their potential. They must facilitate creating a school community. They must exercise resources available to them. A National





SIBLINGS TEAM UP AS COACHES ON JONATHAN LAW SWIM TEAM

By Laura Fantarella - Orange Town News Correspondent

When Molly Rosner was captain of the Amity High School swim team, she'd often come home from practice, collapse in a chair and say she couldn't wait 'til she could be on the sidelines cheering the team on as a coach. Fast forward a few years and Rosner is, indeed, a head coach of Milford's Jonathan Law Boy's Swim Team, with her favorite assistant at her side – her younger sister Abby. The duo makes for

See "Coaches" continued on Page 2

See "Grey" continued on Page 7









George Russo 203.494.4462

Ross Cotjanle 203.401.1993





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"Coaches" continued from Page 1

a good coaching team with their combination of very different personalities and coaching styles. Molly is considered the tough one, while Abby is always generous with encouragement and nurturing.

So far the girls have yet to experience a victory – their team is a young one – made up primarily of freshmen, many of whom have never swam competitively before. But they aren't discouraged by their lackluster record. "They are consistently beating their own times and we get a lot of satisfaction from that," Molly said. Abby added, "They are such beginners that they are constantly improving their times – it would take more experienced swimmers a year to drop their times even a tenth of a second. We stress that they are practicing every day to better themselves and every week they can see progress and that's fun."

Both girls say coaching is a welcome complement to their day jobs. For Abby, who is also a former captain of the Amity Swim Team, coaching provides a fun outlet to her sometimes stressful job as a nurse at Yale New Haven Hospital. And Molly, who is also an English teacher at Jonathan Law, finds "being involved in afterschool activities makes me more connected with my students".

Hanging poolside feels right to the girls who began swimming as children on the Amity Regional Aquatic Conference (ARAC) and Woodbridge Club teams and even gave swim lessons at the Orange Town Pool as teens. At Amity they enjoyed being a part of a championship team although they describe themselves as "terribly average" swimmers. Their experience has come full circle as their former high school coach, State Representative Paul Davis, is now an official at many of their meets.

While they look forward to their first win, the close sisters enjoy their daily time together, teaching swimming technique and keeping up with each other's lives. "We have a great group of kids who are very sweet and very respectful," Abby said. "The sport seems to attract really nice people."



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OUTSIDE THE LIVING

John Bencivengo has loved to cook since he took his first food preparation elective at Amity Senior High School



Laura Fantarella

more than 30 years ago. Today, an executive chef at Branford's long-established Chowder Pot Restaurant, Bencivengo loves to share his passion for food by

teaching students from junior high age to senior citizens.

A familiar face at the Orange and Woodbridge libraries and senior centers and the Amity Middle School in Bethany, Bencivengo is known for preparing delicious menus, whether it is a five course demonstration and tasting at one of the local libraries or teaching seventh and eighth graders how to make a healthy meal.

Bencivengo discovered he could take the heat and settled comfortably into the kitchens of several area country clubs before he even graduated from high school. "I took Food I, II, and III my senior year and that was it, I loved it," he said. He headed straight for the Culinary Institute of America in Hyde Park and soon after landed a job at the Chowder Pot, where he's been the head chef since 1980. "People have to eat and I love feeding them!" Benciviengo said simply as he chatted while teaching a group of junior high school students how to make minestrone soup.

Bustling from station to station, Bencivengo showed students how to chop vegetables, peel carrots, boil pasta and clean their work area all the while keeping an eye on the simmering soup pot. "We try to come up with healthy foods we think the kids will enjoy," he said. "We've made homemade granola bars, pizza pockets, fresh dough, and we did some cupcake decorating in the



Jon Bencivengo

last session." He likes to teach knife skills, food sanitation and the importance of keeping a clean work area. As he handed out authentic chef aprons, he told the kids it better be washed and clean when they show up again for class. "I love teaching the kids, it's fun and I want them to enjoy it," he said.

For Bencivengo, cooking is a family affair. His 24-year old son Peter not only followed in his dad's footsteps to culinary school, he is also his sous chef at the Chowder Pot. "It's great, he keeps me young," Bencivengo said. When Bencivengo holds his popular food demonstrations at the Case Memorial Library, Bencivengo's 83-year-old dad, John Sr., is his assistant. "It's a comedy act," he said. "A lot of good, clean jokes."

Throughout his career, Bencivengo has participated in many local food shows, winning silver and two bronze medals for his seafood dishes. Preparing fish and lobster are among his specialties, although he grew up in an Italian household and is comfortable making all kinds of Italian fare. Today he keeps current reading food magazines and watching celebrity chefs if he has a chance.

The restaurant business is a demanding one and Bencivengo is used to long hours, working lunch and dinner shifts several times a week. When he's not at work, he's likely to still be wearing his chef's whites, now teaching others how to cook.



Orange Residents! Help me make this column a success. Send me your suggestions – if you think you may make an interesting subject, or someone you know should be featured, let me know at laura@orangetownnews.com.









Happy Valentine's Day from the Reno's Family





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FROM THE PUBLISHER



Orange Town Magazine

A celebration of Orange's people, businesses, and places

The Orange Town Newspaper, LLC is proud to announce our newest publication, the Orange Town Magazine. The "OTM" will launch its Inaugural Issue hitting homes and businesses on March 28th, 2014 with additional publication dates of June 27th and October 24th. As we have for 8 years with the Orange Town Newspaper, we have once again assembled the best quality production department, photographers and writers in order to provide our readership with a top notch publication. However with the OTM, we can now offer a full gloss magazine with further in-depth articles and pictorials for your enjoyment. The Orange Town Magazine is a true "celebration of Orange's people, businesses and places" in a format that will keep you looking forward to each and every issue.

The Orange Town Magazine provides area businesses with a cost effective way to promote their products and services to the community. Business owners, COMPARE OUR PRICES with other magazines and publications. Also, we hope you will come to notice the quality of our content and diversity of our product.

We hope you enjoy our Inaugural Issue which will be mailed out FREE to every home & business in Orange and available at all area drop-off locations. If you have any ideas or suggestions or are interested in placing an ad, please contact me at 203-298-4399 or email Rocky@OrangeTownMagazine.com.

We look forward to hearing from you and as always, thank you for your support of our publications.

Rocky Salperto, Publisher – Orange Town News, Woodbridge Town News, Orange Town Magazine



Monday-Friday 8AM-8PM • Saturday-Sunday 8AM-6PM



ORANGE EDUCATION ROUNDUP



STUDENT NEWS

Bryant University Students Named to Dean's List

Smithfield, RI -- The fall semester Dean's List at Bryant University includes the following Orange residents: Matthew Borsuk, a Senior in Applied Psychology Major; Sarah DeFeo, a Freshman in Applied Psychology Major; Yevgenia Pogorelova, a Senior in Marketing; and Samantha Rimler, a Senior in Marketing.

Area Students Named to Champlain College President's List

Burlington, VT -- The following Orange residents have been named to the Fall 2013 President's List at Champlain College, a private baccalaureate institution, located in Burlington, Vt. It is a national leader in educating students through its unique program that prepares students for life beyond college with a mix of professional training, academic enrichment and cultural immersion. The honored students are: Meredith Bauer and Grace VonRabenstein.

Local Residents Named to the Fall Term Dean's List at Choate Rosemary Hall

Wallingford, CT -- The following Orange students were named to the Fall Term 2013 Dean's List at Choate Rosemary Hall: Matthew Canna, son of Mr. and Mrs. Stephen G. Canna; Thomas Canna, son of Mr. and Mrs. Stephen G. Canna; and Nathan Chang, son of Dr. Dean Chang and Dr. Sue S. Chang. Located in Wallingford, Connecticut, Choate Rosemary Hall is an independent secondary school enrolling 865 boarding and day students from 40 states and D.C., and 40 countries.

Connecticut College Announces Dean's List for Local Area

New London, CONN. -- The following Orange students have achieved Dean's Honors, a recognition for students who have earned a grade point average of at least 3.65, or Dean's High Honors, a recognition for students who have earned a grade point average of at least 3.77, for the 2013 fall semester at Connecticut College. Lily Ky, class of 2016 has been named to the Dean's Honors list. Amy Williams, class of 2014 has been named to the Dean's High Honors list.

Local Residents Named to Dean's List at Cornell University

Ithaca, NY -- The following Orange residents have been named to the Cornell University College of Arts and Sciences' Dean's List for Fall Semester 2013: Kristina Karabinos and Edward Li.

Christian Tracz Named to Curry College Dean's List for Fall 2013 Semester

Milton, MA -- Curry College's Interim Chief Academic Officer Sue Pennini is proud to announce that Christian Tracz of Orange has been named to the Dean's List for the Fall 2013 Semester. To qualify for the Dean's List, students must earn a 3.30 G.P.A., have no incompletes, and have no grade lower than a "C" for the semester. Full-time students must carry 12 or more graded credits for the semester.

Endicott Announces Dean's List Students

Beverly, MA - Endicott College is pleased to announce the Dean's List students for fall, 2013. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C", and be enrolled in a minimum of 12 credits for the semester. The following Orange students have met those requirements: Nikole Ashley Dixon, the daughter of Peter & Kelli Dixon, is a First-time Freshman majoring in Nursing; and Lauren Helen Melkus, daughter of Carl & Gail Melkus, is a Junior majoring in Communication.

Hofstra Recognizes Local Students Named to Fall 2013 Dean's List

Hempstead, NY -- More than 2,000 high-achieving students have been named to the Hofstra University Dean's List for Fall 2013. Students who began their studies before Fall 2012 must earn at least a 3.4 grade point average to qualify. Those who entered the university after Fall 2012 must earn a grade point average of 3.5. Provost and Senior Vice President of Academic Affairs Herman A. Berliner congratulates these students on their impressive academic achievement. The Fall 2013 Dean's List includes the following Orange students: Beth Backer, a sophomore majoring in Psychology; Courtney Keating, a sophomore majoring in Video/Television; and Mark Prussin, a senior majoring in Journalism.

Ithaca College Students Named to Dean's List for Fall 2013 Semester

Ithaca, NY -- Ithaca College congratulates more than 1,400 students who made the Dean's list in the fall 2013 semester. Samuel Dellert, Caitlyn Strona, and Alexander Viera of Orange, CT were named to Dean's List for the fall 2013 semester.

Area Residents Named to Dean's List at Quinnipiac University

Hamden, CT -- The following Orange residents were named to the dean's list at Quinnipiac University for the Fall 2013 semester: Lorie Borelli, Sarah Clark, Shannon Denny, Melody Moccia, Kelli Rafferty, Hayley Spragg, and Christopher Vendola. To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester.

Roger Williams University Announces Fall 2013 Dean's List

Bristol, RI -- The following Orange residents are among those to be named to the Roger Williams University Dean's List for the Fall 2013 semester. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester. Those named are: Michael Aiardo, majoring in Architecture; Leora Novick, majoring in Dance; Jonah Schwartz, majoring in Economics; John Dunleavy, majoring in English Literature; and Kaitlin Muttitt, majoring in Psychology.

Ashley Mitchell Named to Dean's List at Salve Regina University

Newport, RI -- Ashley Mitchell of Orange, Conn. has been named to the Dean's List for the fall 2013 semester at Salve Regina University. Mitchell is a sophomore majoring in Secondary Education & History. To qualify for the dean's list, full-time undergraduate students must earn a minimum grade point average of 3.6 with no grade below a "B" in that semester.

UConn Announces Dean's List for Fall 2013 Semester

The University of Connecticut recently announced the students who attained the Dean's List for the fall 2013 semester. To make the Dean's List, students must be taking at least 12 credits, finish the semester with a grade point average that is among the top 25 percent of students enrolled in their school or college, and have no grade below a "C." The following students from Orange were named to the Dean's List: Christina Andrzejewski, UCLAS; James Bonvicini, UBUSN; Jillian Bucciero, UACES & UCLAS; Justin Bunnell, UENGR; Katelyn Cimmino, UEDUC; Niall Dammand, UCLAS; Gregory Debarba, UBUSN, Katey Della-Giustina, UCLAS; Paige Forcier, UCLAS; Nicole Gherlone, UCLAS; Katherine Holden, UCLAS; Alyssa Lee, UBUSN; Mark Lightowler II, UAGNR; Gina Lin, UBUSN; Alyssa Martino, UCLAS; Nicholas Mastrofrancesco, UBUSN; David Noh, UACES; Emily Post, UCLAS; Morgan, Radin, UCLAS; Luis Rodriguez Lemus, UBUSN; Luke Schettenhelm, UENGR; Katie Shelnitz, UACES; Kaitlyn Smith, UCTED; Don Tirea, UACES; Kelly Turner, UCLAS; and Morgan Turner, UAGNR.

Local Students Named to University of Hartford Dean's List

West Hartford, CT -- The University of Hartford is pleased to announce the following Orange students have been named to the Dean's List for Fall 2013: Freeman Demirjian, Joseph Ianniello, Steven Kingston, Jake Schpero, and Michael Ulrich.

Rachael Depalma Named to the Fall 2013 Dean's List at the University of New Hampshire

Durham, NH -- Rachael DePalma of Orange has earned Highest Honors for the fall semester of the 2013-2014 academic year at the University of New Hampshire. Students named to the Dean's List at the University of New Hampshire have earned recognition through their superior scholastic performance. Highest Honors are awarded to students who earn a semester grade point average of 3.85 or better out of a possible 4.0.

Andrew Gusciora Named to Western Connecticut State University Dean's List

Danbury, CT -- Andrew Gusciora of Orange was named to the Dean's List at Western Connecticut State University for the Fall 2013 Semester. To qualify for the Dean's List, students must maintain a GPA of 3.5 or higher for the Fall semester.

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To submit a Bulletin Board event Email us at: **bulletinboard@orangetownnews.com**

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Orange Town News.

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Below are the next three Orange Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
February 21st	February 28th
March 14th	March 21st
April 4th	Easter/Passover Issue April 11th
	Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

When it comes to the electric power that comes into our homes, there are two old sayings that bear repeating. The first is, "If something appears to be too good to be true, it probably is." In recent years the state has allowed third party power suppliers to "partner" with the local electric company. For those of us who live in Orange, that local company is UI. If you live in Orange you have probably received phone calls and/or mailings from suppliers promising dramatically lower rates than you are paying to UI. See old saying number one above.

The second maxim is "Caveat emptor". Let the buyer beware. What these third parties do not tell you is that there are no controls on what they can charge; thus the lower rates. But what about the high end? No limits.

This winter, residents who opted for a third party supplier have been blindsided with bills that are up to double what they have been paying. If we had heeded the wisdom of those two old sayings, we would have seen this outrage coming.

If you are the victim of one of these companies, there isn't much you can do or any agency to which you can appeal. But you can switch back to UI. Think about it.

In case you are wondering, I have no connection to UI except as a bill payer. But you have probably guessed that I am a victim of an "economy" electric provider.

Clayton Curtiss



OTN Letters Policy

Submit your letters for our **"From Our Readers"** section to: Orange Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@orangetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

STUDENT NEWS

"Student News" continued from Page 5

Thomas Meehan Named to Worcester Polytechnic Institute's Fall 2013 Dean's List

Worcester, MA -- Worcester Polytechnic Institute (WPI) has announced that Thomas Meehan of Orange, Conn., a freshman majoring in robotics engineering, was named to the university's Dean's List for academic excellence for the fall 2013 semester. A total of 1,303 undergraduate students achieved the criteria required for WPI's fall 2013 Dean's List. The criteria for the WPI Dean's List differ from that of most other universities as WPI does not compute a grade point average (GPA); instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.



THE ORANGE TOWN NEWS ONLINE

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ORANGE EDUCATION ROUNDUP



PECK PLACE STUDENTS TRANSITION TO YALE W. CAMPUS

By Melissa Nicefaro – Orange Town News Correspondent

After a flood from broken pipes left Peck Place School uninhabitable by students in January, students settled into their new temporary school at Yale University's West Campus off Marsh Hill Road on January 29. The transition, according to Principal Eric Carbone, went very smoothly and was helped by a well-attended open house the evening before. "The children are finding their way around successfully and they're adapting to the size of the building and the open space. Teachers and kids are used to having doors and walls, so they are able to hear what's going on in other areas, but the kids and teachers have done a great job settling in."

"Overall, it's been a dream scenario," says Superintendent of Schools Lynn Mc-Mullin. "Within three weeks, we had all of the kids relocated, all together in the same place. This turned out to be a beautiful option for us. They can have music and gym, and there is an opportunity to go outside."

She said many locations in town, including retail space on the Boston Post Road, offered to house a few classes of students, but the space was not conducive to creating a classroom experience. "To me, the Yale West campus was a perfect ideal solution. It happened quickly, but not too quickly that great thought wasn't given to decisions," she says. "We're really happy with the transition," Carbone says.

While many parents shared concerns about security in a corporate building, Carbone says he has no concerns about security. "We have Yale security to help bus arrivals and dismissals and traffic control. The Orange Police Department has been wonderful helping us out and we have two security monitors." He adds that safeguards are in place that prohibit anyone from Yale's School of Nursing next door from entering the space occupied by Peck Place.

The school was damaged by flooding that occurred in the early morning of January 6, just hours before the children returned to school after the holiday break. Freezing temperatures caused two pipes to burst at the school, allowing thousands of gallons of water to flow in through the ceilings of classrooms leaving the entire school flooded with water. As the building was dried, floor tiles with adhesive containing asbestos began to crack and though air quality tests came back negative, indicating asbestos had not yet seeped into the air, administration decided on a permanent replacement of the floors which would involve a lengthier closing of the school for an abatement project.

As a temporary solution, Peck students were split between Race Brook and Turkey Hill School and spread out among the classrooms. Students and teachers made the best of the situation, making new friends and sharing in what many would call a fun adventure. For 16 days that included one holiday, four two-hour delays and one early dismissal, Peck students attended school at Turkey Hill and Race Brook, the end of their time together marked with farewell parties, hugs and tearful good-byes and promises to catch up again in middle school.

The abatement project is underway at Peck Place by what McMullin calls a 'highly certified company,' under State Department of Health requirements. "We've thought this project through, considered what would be most disruptive and what will benefit the kids the most. It's always about that," McMullin says.

Carbone said it would make sense for the children to stay at the Yale campus through the end of the school year. He says another move just doesn't make sense to him. "The expectation is to be here through the end of the year and Yale has been gracious enough to extend the offer for us to be there," he says. McMullin confirms that the plan is to stay at Yale through the end of the school year. Space is available to host Peck students' promotion ceremony, typically held on the last day of school.

KINDERGARTEN REGISTRATION

If your child is turning five on or before January 1, 2015, it is time to register for kindergarten. Please contact Mary L. Tracy School to receive a kindergarten registration packet. Email: kregistration@orange-ed.org. Telephone: 203-891-8028.

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"Grey" continued from Page 1

Distinguished Principal serves as a symbol of the work of all elementary principals who pursue excellence and exceed the requirements of their jobs."

Gray is in his seventh year as principal at Race Brook. He was nominated by PTA Board Executives at Race Brook School. Superintendent of Schools Lynn McMullin supported the nomination with an additional letter of support. According to the PTA's letter of nomination, when Gray came to the school, he created a culture that instantly made the school welcoming to children and teachers. The letter reads, "His constant emphasis on respect and kindness has created not only a place where children feel safe and happy to learn, but a place where the children emulate his trust and respect. In this changing time of education, he is a steady strength in our school community.

"His door is always open, but parents know that if we're looking for Mr. Gray, he likely won't be behind his desk in his office. He'll be in the classrooms, sharing with his students his enthusiasm of learning. He'll be in the lunchroom, chatting with the children about the latest movies or sports. He doesn't simply supervise the educational process, he is an active participant. He's part of the journey," the letter continues.

Gray is known for promoting school spirit, parading around the school track dressed as Harry Potter on Halloween, or emceeing a 52-act Friday night talent show. He is known for never being ashamed to let his inner child show, yet he's openly admired by administrators for his ability to clap once in a gym filled with lively children and bring instant silence and attention. Gray will find out in April if he is chosen as the state's School Principal of the Year.





Wines For Your Valentines

The origins of Valentine's Day trace back to the ancient Roman celebration of Lupercalia. Held on February 15, Lupercalia honored the gods Lupercus and Faunus, as well as the legendary founders of Rome, Romulus and Remus. In addition to a bountiful feast, Lupercalia festivities are purported to have included the pairing of young women and men.

Men would draw women's names from a box, and each couple would be paired until next year's celebration. While this pairing of couples set the tone for today's holiday, it wasn't called "Valentine's Day" until a priest named Valentine came along. Valentine, a romantic at heart, disobeyed Emperor Claudius II's decree that soldiers remain bachelors. Claudius handed down this decree believing that soldiers would be distracted and unable to concentrate on fighting if they were married or engaged. Valentine defied the emperor and secretly performed marriage ceremonies. As a result of his defiance, Valentine was put to death on February 14. After Valentine's death, he was named a saint. As Christianity spread through Rome, the priests moved Lupercalia from February 15 to February 14 and renamed it St. Valentine's Day to honor Saint Valentine. Some interesting facts:

- Approximately 1 billion Valentine's Day cards are sent each year.
- In order of popularity, Valentine's Day cards are given to: teachers, children, mothers, wives, sweethearts, Koko the gorilla.
- The expression "wearing your heart on your sleeve" comes from a Valentine's Day party tradition. Young women would write their names on slips of paper to be drawn by young men. A man would then wear a woman's name on his sleeve to claim her as his valentine.

Great Pink Wines

Rosé wines are perhaps the most versatile, food-friendly wines around. They have had an image problem to overcome, thanks in part to the run of "White Zin," as many consumers mistake Rosé wines to be overly sweet and in the category of "starter wine". However, Rosé wine sales are on the rise as savvy Wine Lovers have discovered that many of these pink wines fall into the definitively "dry" category, not sugary sweet, and the vast majority of Rosé wines offer a very good wine value for the money. Rosé wine hues come from the short contact time that the grape juice has with the grape skin. Serve chilled.

V. Sattui Gamay Rouge 2012 (CA) \$19

Loaded with sweet fresh floral scents and red, candied fruit aromas on the nose, the 2011 V. Sattui Gamay Rouge offers plenty of variety to please the nose, palate and plate. The flavor profile reveals sweet strawberry, Bing cherry and bright acidity all wrapped up in a balanced, semi-sweet finish. Vittorio Sattui visted New Haven during the early 1940's and fell in love with "New Haven Style Pizza". At his winery in Napa he rebuilt a castle from his home in Italy stone by stone. He then built a brick oven and imported semolina flower just like Pepe's in New Haven. His winery has been frequented by all of Hollywood's famous. This numbers from Clark Gable, Goldie Hawn, Tom Cruise who all came to the castle to enjoy luscious wines and New Haven style pizza. Available on line.

Mulderbosch Rose 2012 (South Africa) \$12

This Cabernet Sauvignon-inspired dry rosé from South Africa is a delicious blend of rose oil and ripe red fruit on the nose. The palate profile steers decidedly towards strawberry and raspberry with a touch of white pepper spice mid-palate. The result is a bright pink wine with a tantalizing combination of fruit and acidity which allows for unlimited food pairing combinations. Great Stuff!

Tablas Creek Tablas Estate Rose 2012 (CA) \$28

This California rosé brings a blend of Mourvèdre, Grenache and Counoise grapes to the mix. Expect dark pink tones with some seriously amped up aromatics - florals, strawberry, watermelon and warm spices. The palate explodes with ripe cherry and strawberry, bright acidity and a decent dose of minerality on the finish.

Mumm Napa Brut Rose (CA) \$20

Fresh. Rich. Elegant. Mumm Napa is one of those steady, eddie producers that delivers delicious, consistent, sparkling wine year in and year out at fair price points. Take the Mumm Napa Brut Rose - you'll find buckets of bubbles, juicy red fruit and plenty of pep on the palate. Expect loads of strawberry and ripe raspberry to make an early introduction, followed by the engaging encore of yeast-driven notes and sparkling layers of vanilla spice. With solid structure, fresh fruit, a steady stream of bubbles and the ability to partner with an impressive collection of ethnic cuisines.

Enjoy some of these wonderful wines with your favorite valentine. You will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

COMMUNITY SERVICES OUTLINES WINTER ASSISTANCE PROGRAMS

By Melissa Nicefaro – Orange Town News Correspondent

At the risk of being the bearer of bad news, the cold temperatures of winter could linger for as many as eight more weeks and the dangers of cold conditions shouldn't be ignored. Interim Community Services Director Joan Cretella reminds residents to always have extra water, non-perishable food, medications, flashlights and batteries on hand in the case of a storm-caused power outage.

She urges elderly residents to plan ahead, try to keep warm and keep in touch with someone when temperatures plunge to dangerous levels or during snow storms. To the younger residents, she urges, "Keep an eye on your neighbors and if you're able, try to help. So many people are private or embarrassed because they can't be as independent as they used to be. These people could be at risk and they won't call us to let us know they're alone, so neighbors should keep an eye out and try to help if they can," she says.

For those who are interested in keeping an eye on a particular resident, the town runs a Friendly Visitor Program that matches members of the community with senior citizens who are unable to get out. "We also have an at-risk list, compiled from any calls that we might get from a shut-in, or from someone who hasn't been heard from in a while. We can do a home-visit, a phone contact or both," she says. Volunteers and senior citizens can contact Community Services to sign up for this program. "We're here to help. We have a broad knowledge base here and anything we can't help with directly from the office, we can refer residents to the assistance they need," she says. "What people need to realize is that we're here to help with whatever we can."

Orange has a larger than typical elderly population, according to Cretella. "Elderly people are staying in their homes for longer and aging in place. Soon older are going to outnumber younger."

With these changes, Community Services is preparing to be there when residents need help, such as with home heating costs. Through the federally funded TEAM program, residents can receive such assistance. Another program, Operation Fuel, is taking applications for its winter program and residents who are in need of assistance with home heating costs are asked to call 2-1-1 to begin the application process. More information is also available at Operation Fuel's website. Last year, Operation Fuel gave out nearly \$3.6 million in energy assistance to more than 8,200 households throughout Connecticut.

In any season, not only winter, Senior Services Coordinator Dennis March encourages senior citizens enroll in the Yellow Dot program, where a yellow sticker is placed inside the car's windshield which in case of an accident or emergency, lets emergency responders know that inside the glove compartment is an envelope containing vital statistics, medications and emergency contacts. "It contains all of that important information that lets first responders know that the accident may have been a result of something like diabetic shock or cardiac issues," Marsh says. For the home, he recommends senior citizens obtain a Folder for Life, a business card sized folder which is magnetic and hangs on the refrigerator, containing a resident's medical history and emergency contacts.

WINDMILL WINERY TO PRESENT "SCALED BACK" PROPOSAL

By Laura Fantarella - Orange Town News Correspondent

Representatives for the Landino family's Windmill Winery presented a "dramatically scaled back" proposal with town building officials last week. According to Zoning Enforcement Officer Paul Dinice, the plan to build a 10,000 square foot winemaking and tasting facility and 52-car parking lot was discussed at a "very preliminary meeting" before the application is submitted to the Town Plan & Zoning Commission. Dinice stressed the proposal is in the very beginning stages but traffic management will be one issue that will be a concern. He expects they will present their plan to the TPZC later this month or in March.

At a prior preliminary meeting with Dinice last year, the Landinos presented plans to construct a 200-seat, 15,000 square foot building on the property and discussed the possibility of submitting an application to amend the zoning regulations in the future. Residents feared the plan was an indication the owners intend to build a large-scale banquet facility on the property like the Cascade banquet hall the family currently owns in Hamden.

In 2012 Antonietta and Pietro Landino and daughters Sara, Alexa and Rosamaria Ponte Landino, purchased 10 acres of the 25-acre parcel known as "The Preserve," with the intention of building a winery. The property, located on Derby Avenue near Racebrook Road, was formerly owned by the Legionnaires of Christ. The remaining 15 acres of the property are owned by Racebrook Estates LLC.

Members of the Landino family could not be reached for comment.

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GET READY TO CRUISE NEWS

By Leslie Marsh



ATTENTION MEDIA: NOROVIRUS ISN'T JUST FOUND ON CRUISE SHIPS

It's making headline news again: "Widespread Sickness Cuts Short Royal Caribbean Cruise," and "Outbreak: How to disinfect a 1,000-foot Cruise Ship of a Highly Contagious Virus". This type of sensational news reporting gives the incorrect impression that norovirus is a cruise ship disease, when in actuality you're more likely to contract it at your local supermarket, school or assisted living facility.

How can this be you might be wondering? According to the Centers for Disease Control (CDC), norovirus is the second most prevalent illness in the United States behind the common cold. Approximately 8% of the American population (about 24 million people) contracts norovirus each year. Of the 10 million people who cruise from a U.S. port annually, less than 1% contract norovirus. To put this into perspective, 1,238 passengers out of the approximate 10 million who cruised in 2013 contracted norovirus.

The reason you hear about a norovirus outbreak on a cruise ship is because the cruise lines are required by the CDC to report every incidence of gastrointestinal illness. However, there is no such requirement for institutions such as schools, nursing homes, assisted living facilities, restaurants or malls. When a large number of people get sick in some

of these places, health officials do indeed take notice. A quick search for norovirus online will bring up dozens of recent occurrences of the disease throughout the United States.

Although it's highly contagious, norovirus is definitely avoidable. It's generally spread by touching contaminated surfaces (such as doorknobs, railings or elevator buttons) in places where there are a lot of people in close quarters with each other. A person is contagious from the onset of symptoms until up to three days after the symptoms subside. The best way to avoid contracting and spreading norovirus is by practicing the same personal hygiene you would to avoid catching a cold. Wash your hands frequently with soap and water (experts say that hand sanitizer doesn't generally work against norovirus), and avoid contact with someone who doesn't feel well.

To reiterate, don't be worried about catching norovirus on your next cruise. The cruise lines work hard to make sure their ships are clean, and although there is an occasional outbreak, it's very unlikely that you'll contract norovirus on a cruise. If you take the right precautions, you will have a wonderful—and healthy, cruise vacation!

Leslie Marsh, ECC owns Cruise Planners of Orange. She can be reached at 203-799-2367 or leslie@getreadytocruise.com.

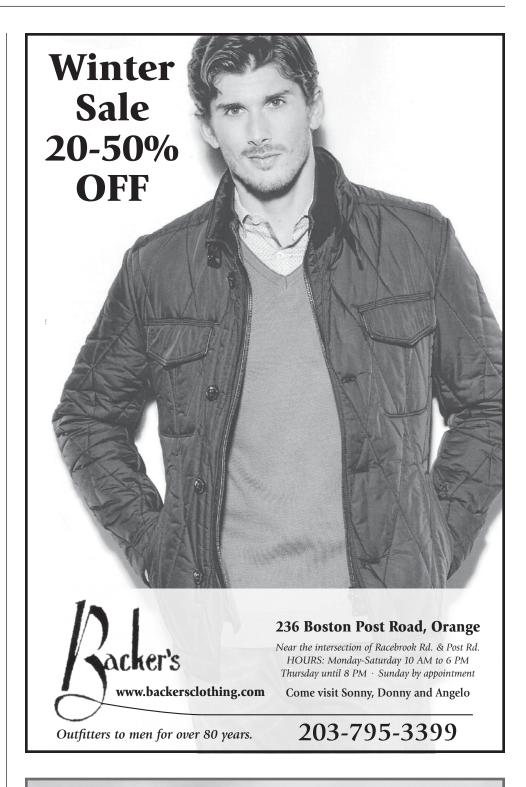
REVIVE THE ART OF LETTER-WRITING

Getting a handwritten letter nowadays is extraordinary, as people often do not take the time to write letters in an age when emailing, texting and tweeting have revolutionized the way people communicate with one another. However, writing notes, letters and exclamations of love can be more intimate, especially on Valentine's Day.

In France, love letters are called billet doux. The French are known to be romantics at heart, but that doesn't mean people from all over the globe can't put pen to paper to express their feelings. Handwritten letters are often seen as thoughtful gestures, especially when those letters are expressing intimate sentiment. Here are some guidelines for writing a love note or letter.

- * Visit a stationery store and find a nice piece of stationery and envelope to use for the letter. If you are putting forth the effort to create a beautiful, handwritten letter, you can add to the experience by selecting a fine paper on which to write. There are many different types of paper, including some that are embossed. Some may even feature flower petals or leaves embedded in the paper.
- * Brush up on your penmanship. A letter will be rendered useless if it isn't legible. Therefore, practice penmanship before sitting down to write your letter.
- * Have a picture of the person to whom you will be addressing the letter nearby. This may provide some inspiration.
- * Jot down ideas on a piece of scrap paper. Think about how your romantic partner
 makes you feel and the qualities he or she possesses that you find appealing, and
 use concrete examples why you love and care for this person.
- *Write a rough draft of the letter and be sure to proofread it for misspellings and grammatical errors.
- *Always write from the heart and be sincere in what you say. Try to call out specific examples that recall particularly fond memories.
- * Write your final copy of the letter on the good paper. Make sure it is neat and legible. Be sure you date it because it is likely the note will be saved.
- * You may want to wait a day or two before sending the letter to be sure the sentiments you expressed are truly what you want to say. If so, mail or hand deliver the note.

Love letters and other handwritten notes are quickly becoming a thing of the past, as technology has largely replaced pen and paper. Yet, those who want to add a special touch to any occasion can choose to write a letter and make a lasting impression.



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FRIDAY



VALENTINE'S DAY FACTS AND SUPERSTITIONS

Every February 14th people around the world exchange gifts, chocolates and romantic greetings for a day set aside for lovers. Many traditions are followed, all in the name of St. Valentine. Still, people may not understand why such customs are upheld. Much of the history of Valentine's Day and St. Valentine himself is shrouded in mystery, and much of what's widely accepted is inaccurate. To set the record straight, here are some facts about the holiday.

- Valentine's Day is believed to have originated from a celebration in Rome during the fifth century. This celebration paid tribute to St. Valentine, a Catholic priest. Other historians surmise it was a way to "Christianize" the pagan holiday of Lupercalia, which was a fertility festival. Included in the traditions were boys and girls drawing names from a box and exchanging gifts.
- The Catholic Church acknowledges at least three different saints named Valentine or Valentinus.
- All of the stories surrounding St. Valentine -- whether they are disputed or not -- paint him as a sympathetic and heroic individual.
- Valentine's Day greetings have been popular from the Middle Ages onward, though they have been usually verbal in nature.
- The oldest known written valentine still in existence today was a poem written in 1415 by Charles, Duke of Orleans, to his wife while he was imprisoned in the Tower of London following his capture at the Battle of Agincourt.
- Valentine's Day is celebrated in the United States, Canada, Mexico, the United Kingdom, France, and Australia.
- Valentine's Day and Mother's Day are the most popular holidays to give flowers.
- According to Hallmark, women purchase 85 percent of all valentines.
- According to the Greeting Card Association, an estimated one billion Valentine's Day cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year behind Christmas.
- Candy was among the earliest Valentine's Day gifts and remains a popular gift today.
- Some tales suggest that the type of bird a girl watches on Valentine's Day predicts her future husband. A bluebird indicates a happy man, while a sparrow indicates a poor man.
- In Medieval times, girls consumed unusual foods on Valentine's Day in the belief it would make them dream of their future husbands.

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TOWN DEPARTMENTS & AGENCIES

TOWN OF ORANGE MEETINGS FOR THE MONTH OF FEBRUARY 2014

(Subject to Change, Check with Town Clerk's Office, 203-891-4730)



Town Hall

7th	Senior TRIAD1:00pm	НРСС
10th	Traffic Authority	Police Dept Police Dept Orange Middle Schl HPCC Mary L. Tracy Bldg
11th	Inland Wetlands Commission7:30 pm	Town Hall
12th	Board of Selectmen7:30 pm	Town Hall
13th	Elderly Housing Liaison Committee 12 noon Community Services Commission 7:30 pm	Silverbrook Estates HPCC
18th	Town Plan & Zoning Commission 7:30 pm	Town Hall
19th	CERT	HPCC HPCC
20th	Case Memorial Library Commission . 7:30 pm	Case Mem. Library
24th	Family Counseling Committee9:00 am Board of Finance7:30 pm Youth Services7:30 pm	HPCC Town Hall HPCC
26th	Safety Commission	Town Hall Town Hall
27th	OVNA Professional Advisory Board 5:00 pm Pension Board7:00 pm	Clark Bldg Town Hall

UNDERGRADATE SCHOLARSHIP APPLICATIONS AVAILABLE

The Network of Executive Women have announced that scholarship applications will be accepted from February 01, to March 01, 2014.

Undergraduate scholarships are offered to women residing or attending school in New Haven or Fairfield Counties who demonstrate financial need and are returning, continuing or commencing schooling or other types of training to further their educational goals and/or enhance their job skills.

In fairness to all applicants, completed applications will only be considered if submitted in the time frame stated above. Please contact Virginia Allen at (203) 795-0305 or visit our website at www.networkofexecutivewomen.net for further information.

Please note: Applications are only available by calling the above number and are not online.

The Network of Executive Women. Inc. provides a platform where business and executive women share ideas, accomplishments and support the goals of each individual

The members are dedicated to providing educational opportunities for women in need of financial assistance by awarding annual scholarships. These scholarships are funded thru our "Girls Night Out" event held each year, member participation and private donation.

FROM THE YOUTH SERVICES COORDINATOR

By John Ulatowski





Pictured above are graduates of a recent Youth Services babysitting class. The instructor was Mickey Reid.

Area Residents Need Jobs Help? Youth Services Job Bank Can Help.

The Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, attics/basements, raking, snow shov-

eling, small painting, party helper, tutoring, clerical assistance, mother's helper...and more. For further information, please call John Ulatowski, Orange Youth Services Coordinator, at 203-891-4785.

Youth Services High School Volunteers Can Assist With Orange Community Events

Orange Youth Services has a list of Orange High School youth who are available to assist their community with a variety of volunteer needs. Our volunteers have signed up with a parent with Youth Services to access opportunities in regard attaining their necessary school volunteer credits. They are available for a wide variety of community, school, and organizations located in Orange. If your organization needs assistance, perhaps Youth Services could help. Please contact John Ulatowski, Orange Youth Services Coordinator, at julatowski@orange-ct.gov.



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Did You Know?

A New Year, New Numbers to Keep in Mind for 2014

Gift and Estate Tax:

- The federal lifetime exemption for property passing to non-spouse beneficiaries has been increased to \$5,340,000.00.
- The Connecticut lifetime exemption for property passing to nonspouse beneficiaries remains \$2,000,000.00.
- There is still an unlimited gift/estate deduction for property passing to a spouse; however, in order to qualify for the unlimited gift/estate deduction the spouse must be a U.S. citizen.
- The amount that can be gifted to any one person without needing to file a gift tax return remains \$14,000.00 per recipient.
- Additional gifts can be made for qualified medical expenses and qualified education expenses without needing to file a gift tax re-

Long Term Care Provided in a Nursing Home:

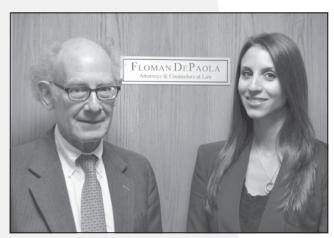
- If one spouse is living at home ("Community Spouse") and the other spouse is living in a nursing home, the amount of non-excluded assets the Community Spouse can keep has been increased to \$117,
- If one spouse is living at home and the other spouse is living in a nursing home, the minimum amount of monthly income the Community Spouse can have remains \$1,931.75, but the amount it can be increased to, without an administrative hearing, has been increased to \$2,931.00.
- If one spouse is living at home and the other spouse is living in a nursing home, the amount of equity in the family home that can be excluded has been increased to \$814,000.00.

Long Term Care Provided in Your Home:

- The amount of monthly income you can have and still be eligible for the Connecticut Home Care Program for Elders (CHCPE) has been increased to \$2,163.00.
- The amount of monthly income that triggers a co-pay requirement remains \$1,916.00.
- Use of a pooled trust for excess income to establish eligibility or to avoid co-pays remains a viable option.

If you are interested in learning more about how these 2014 numbers affect you and your family please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.

Steven P. Floman and Allison M. DePaola of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.



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DONNA'S DAY: CREATIVE FAMILY FUN

Bv Donna Erickson

Pop-Out Heart Valentine Box

Kids and adults love to receive something special from someone special on Valentine's Day. And when there's a surprise inside, so much the better! When you open the lid of this small and shiny box, a springy heart pops out at you to grab your attention and let you know that someone cares.

Here's how to make a pop-out heart valentine box:

Cut out a red heart shape from construction paper slightly smaller than the inside of a small box with a fold down lid. I used an empty toothpick box and painted it gold. Cut a smaller heart out of white construction paper. Print a love message, such as "Be Mine," on the white heart. Or you might want to play on words and write a lighthearted greeting. For example, "You put a spring in my step" or "My heart flutters for you!" Glue the white heart with the message on top of the red heart.

Wind a red pipe cleaner around your child's finger to form a spiral. Remove. An adult may use a glue gun to glue one end of the spiral to the inside center of the box and then glue the backside of the heart to the opposite end of the spiral. Let the glue set. Gently press down on the heart until it fits snugly in the box, and carefully replace the lid. Attach a ribbon to the top and one to the bottom of the opening of the box. Tie them together to keep the lid tightly in place.

If you don't have a toothpick-style box, a small jewelry box also works well. Once you have glued the springy heart inside, cover the box with a lid and tie a ribbon around the entire box to keep it closed.

For extra fun, decorate the outside of your box using your imagination. You might want to add stickers, charms and lace or announce your sentiments with conversation-heart candies glued on top.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families.







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SENIOR CENTER

By Dennis Marsh



For information or reservations on the following events call the center at (203) 891-4784.

AARP Tax Preparation

Free income tax assistance provided by the AARP Tax-Aide program will begin. Sessions are held on Wednesdays from 9am to 12pm. Call the center to schedule an appointment with a certified AARP Tax-Aide counselor. If married, both husband and wife need to be present. All taxpayers should bring the following information:

- Proof of identity (picture or other documentation).
- Social Security number (Social Security Card or Benefit Statement-Form SSA-1099) for taxpayer and all taxpayers' dependents.
- Personal check, if available, with bank checking account & routing numbers (tax returns are done by direct deposit).
- Copy of last year's federal and state tax returns.
- All income statements that apply to the taxpayers 2013 federal and state income taxes.

Lunch & Learn Is Now LUNCH & FUN!

A special Friday Lunch & Fun, on March 14, from 11:30am to 1:00pm. Rita's African Show with Rita Wagener. Rita is a native of Uganda and will share her customs, culture, and beliefs of her people. Rita's show takes you through fashions and dances of Africa. At the end of the show, you feel like you have traveled to Africa, without even being on a plane! You don't need a passport to go on this journey with Rita and her audience! Rita involves the audience by inviting them to participate in modeling and dancing. It's a great time for everyone! Participants bring their own brown bag lunch at 11:30 and the program begins at noon. Coffee and dessert will be available. Call the Center to let us know you will be attending.

Calling All Singers! Come Join The All New Senior Chorus

The recent survey that went out in November came back with many people requesting a Senior Center Chorus or Choir. Well your wish has come true! Tamari Witkin Marcus will conduct the Orange Senior Center Chorus. Ms. Witkin Marcus has a Masters in Music: Composition and Piano Performance from Indiana University. She will instruct our chorus on Fridays from $1-2:45\,\mathrm{pm}$ beginning March 14. The weeks in March will be used to audition those interested in participating. The spirit of the chorus will be to allow everyone to join and participate. Auditions are for identifying skill level or "placement" purposes. The official start date is April 4, will run 10 weeks until June 13. Cost of the class is \$60.



Tamai Witkin Marcus

Blood Pressure & Hypertension Screenings

Griffin Hospital Outreach and Valley Parish Nurse Mobile Van will be at the HPCC the first Tuesday of the month, March 4, 10:00-11:00 for blood pressure screenings. The OVNA offers screenings at 605A Orange Center Road Thursday, March 20, 1:00-2:00 pm.

Bereavement Group

Coping with the loss of a loved one has no set time frame. There are moments when we seem to be managing just fine and then there are moments when we continue to struggle. Holiday, lifecycle events, and everyday living can at times feel overwhelming. Please come join us as we support one another in a shared loss. Laughter and tears are both welcome. Jan Cowles, facilitator, is the Bereavement Coordinator for Constellation Hospice here in Orange. The group meets bi-weekly, February 18, March 4, and March 18 from 10—11:30am, room 2 at the Senior Center. Call Jan to let her know you are coming at 203-497-3888.

Senior Lunch Program

The senior lunch program runs Monday through Friday, 11:30am-12:00pm. A nutritious lunch is served meeting the daily allowance guidelines set forth by a licensed nutritionist. A \$3.00 donation is accepted for persons 60 years and over. People under 60 years of age will need to pay the full price of \$5.60 a meal. Call Ellen in the kitchen by noon the day before to register (203) 891-4765.

Mammography Van

The Yale New Haven Hospital Mammography van is scheduled to come to the Orange Senior Center on May 22. Call (203) 688-1010 for an appointment!

Trips

RAGTIME at the WESTCHESTER THEATER—Thursday, March 13, 2014. E.L. Doctorow's novel comes vividly to life in this Tony Award-winning musical set against the backdrop of the ragtime craze in New York City and New Rochelle. This

award winning musical intertwines the stories of three families, as they confront timeless contradictions of wealth and poverty, freedom and prejudice, hope and despair, and what it means to live in turn of the century America. Cost \$99pp. Includes transportation, lunch, driver's gratuity, admission to the show. Full payment due at registration.

ISRAEL: Biblical Journey – March 19-27, 2014 (9 days 15 meals). Enjoy Israel on a comprehensive tour that features Jaffa, Caesarea, Nazareth, Cana, Tiberias, Sea of Galiliee, Capernum, Golan Heights, Caesarea Philippi, Mount Tabor, Bethlehem, Jerusalem, Mount of Olives, Mount Zion, Western Wall, Via Dolorosa, Garden Tomb and so much more. Cost is \$3,399pp with early booking discount, double occupancy. Cancellation insurance is available. A passport is required.

St. Patrick's Day trip—DUBLIN CITY RAMBLERS @ FOXWOODS—Wednesday, March 19, 2014. See Ireland's #1 Ballads/Folk group of the year on a limited engagement US Tour. Cost \$64. Includes transportation, Foxwoods Bonus Package, Buffet Lunch, driver's gratuity, reserved seating. Full payment is due at registration.

BROADWAY—Motown the Musical or Kinky Boots (You Choose the Show) - April 2. Lunch at Carmine's in New York, family style with platters of Rigatoni & Broccoli and Chicken Parmigiana. Choose between either Motown the Musical—the real story of the one-of-a-kind sound that hit the airwaves and changed our culture forever. Featuring all the hit classic you love! Or you can choose to see Kinky Boots—which features a richly diverse musical score from Grammy Award-winning Cyndi Lauper. Boots won six 2013 Tony Awards including Best Musical and Best Choreography. Cost for Motown: \$223 pp and cost for Kinky Boots is \$203 pp. Includes transportation, lunch, admissions, & driver gratuities. Full payment is due with reservation. Now accepting registrations.

THE POMPEII EXHIBIT – April 12-13, 2014 (2 days & 1 night). Includes a guided tour of Philadelphia with a local historian in colonial dress. See the popular murals of the city. Stay at the Crowne Plaza of Wilmington North. Visit the famous Franklin Institute and experience one of the most famous volcanic eruptions of all time. Includes transportation, hotel, wine & cheese reception, Dinner & Show at the hotel, guided tour, breakfast, admission to Pompeii exhibit, baggage handling, taxes, driver and escort gratuities. Cost is \$307pp, double occupancy. Cancellation insurance is available.

THE RIDE—Monday April 21, 2014. Start off with a stop at Eataly, a 50,000 square foot space which features multiple restaurants, a microbrewery, pizzeria, year-round rooftop beer garden and more. Lunch is on your own. In the afternoon, combining entertainment and tourism, The Ride drives through NYC. Stop and see performances in front of such sights as Grand Central Station, 42nd Street, Central Park, and more. Cost \$110. Includes transportation, driver's gratuity, admission to The Ride. Full payment due at registration.



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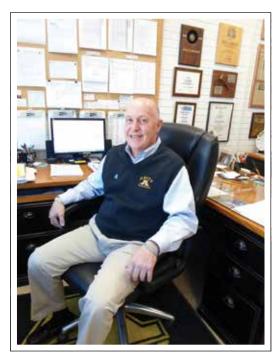
MENGOLD SET TO RETIRE AFTER 30 YEARS LEADING AMITY ATHLETICS

By Laura Fantarella - Orange Town News Correspondent

In the nearly four decades that Paul Mengold went to his job at Amity Senior High School, he never thought of it as "going to work," but always "going to school."

Come June, Mengold, 62, will go to school for the last time as he retires from his job as the school's Athletic Director. Mengold's announcement came as a surprise to much of the Amity community. "People have been saying, 'You're too young to retire!' and 'I thought you'd leave when they closed the building!" he said. "I'm excited about the time I've spent here and it will be difficult not seeing all my friends every day, but I'm going to enjoy coming back to visit."

As Mengold closes this chapter of his life, it is with the satisfaction that he's accomplished nearly all he'd set out to do when he took the AD position in 1984. Expanding the then-35 team programs and improving the school's athletic facilities were on the top of his to-do list, a lofty goal for what was at the time a part-time job held in conjunction with a teaching position. The job became full-time in 1999. "I added every possible team I could think of or that my budget allowed," he said, siting ski racing as the most unique. He will leave behind an impressive 85 team sport program; growing lacrosse and girls' ice hockey programs; and \$4 million in facility improvements, including new combination practice and playing fields for football, soccer, lacrosse and baseball/softball



Paul Mengold

diamonds and a host of team championships. He has the distinction of being the administrator of one of the most highly decorated athletic programs in the state, winning the prestigious Michaels Cup Award for overall athletic achievement twice and finishing in the top ten nine times. Mengold is also a state representative to the National Athletic Administrators Association (NIAAA), sits on the Connecticut Interscholastic Athletic Conference's (CIAC) Board of Control and teaches classes for athletic directors and coaches at the national and state level.

Over the years, Mengold has been an anticipated and enthusiastic spectator at nearly every athletic event held at the school. "I've probably seen close to 5,000 games during my career," he said. "I tried to go to as many as possible, sometimes attending double and triple headers on any given day – like watching a basketball game in the afternoon and a hockey game at night." One of the most rewarding aspects of his job has been enjoying the joy he sees on the faces of the teammates who win regional and state championships. "It's an intrinsic reward of the job. Many teams have had a lot of success and the kids and the coaches have brought Amity a lot of recognition because of their hard work," he said. "I love to stand in the back at the pool or the rink and see how it's all evolved."

One of the challenges of his career was his involvement in facilitating restructuring the district's middle schools to bring the ninth graders to the high school. The move was an integral part of the high school's athletic program, not only because freshman had to leave classes early at the middle school to be bussed to the high school for practices and games, but also because of the large gap in physicality between seventh and ninth graders competing against each other in sports. "At first it was a challenge to get people to 'buy in' to the concept, there was some resistance and apprehension but it all worked out. There's been no down side to the move," Mengold said.

But what Mengold had hoped would be his last coup was not accomplished when the proposal to build a turf field at the high school was defeated 2:1 in a tri-town referendum. "I'm disappointed for the kids, especially the elementary and middle school generations," he said. "Soon we will be only one of two schools in the Southern Connecticut Conference without a turf field which I hope won't adversely affect our program."

When he first came to Amity, Mengold was hired as a business law teacher, fresh out of Sacred Heart University, teaching degree in hand. He immediately immersed himself in the Amity athletic program, coaching boys' and girls' basketball and girls' softball afterschool and in the summer working at the Woodbridge Recreation Day Camp where he served as its assistant director and later director. An athlete all his life, Mengold was involved in sports from the time he was a boy, playing baseball and basketball as a teen at Masuk High in Monroe and Division II baseball at Sacred Heart. He still enjoys a pickup game of basketball in Woodbridge, golfing with friends, and playing softball one night a week in a men's league.

Mengold doesn't expect to stay away from a playing field for long. If any temporary, part-time athletic opportunities present themselves, he's ready to lend an experienced hand. If not, he's planning to volunteer to work with youth athletic organizations or programs to help senior citizens.

The time has come for Mengold, who says he may have been injected with Peter Pan syndrome, to "finally graduate from high school."





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HISTORY CORNER

By Ginny Reinhard



Not So Long Ago...

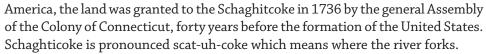




It seems that May 1 and the traditional May Basket has long gone with very little attention to the meaning behind it. With flowers placed in a homemade paper basket and left by the front door it was a simple way to say I love you and be anonymous as the same time. Why a basket? This form of container has been used throughout history for more than just an example of one's admiration. With the earliest of mankind, native material was used to cover and carry, the one thing that made life in the wilderness somewhat tolerable.

There seems to be a resurgence, the past 15 or 20 years in baskets and basket making with shops showcasing all shapes and sizes and basket house parties selling a most expensive line of a simple reed, twisted, turned and braided. But what about the local Native Americans? Those whose livelihood stemmed from their prowess in making baskets, lived in our own town since the Revolutionary War. These people were the Schaghticoke, a confederation first described by the Europeans as inhabiting lands in northwestern Connecticut in 1699.

The Schaghticoke are an Eastern Woodlands group consisting of descendants of Mohican, Pootatuck, Weantinock, Tunxis, Podunk and others who banded together after the white settlers encroached on their lands. Their 400-acre reservation is located in Kent, CT and flourished for many years. During the Revolutionary War 100 warriors joined to fight the British. Their contribution is said to have been communication where their whoops and hollers transmitted intelligence from the seacoast to Stockbridge, Massachusetts, along the Housatonic River. As one of the oldest reservations in North



The Schagticoke are known as basket makers and research has suggested that the production of the wood splint baskets became a bridge between the Native people and the whites. The analysis of 18th and 19th century wood splint baskets is a fast growing research on historic Native New England. Throughout the Eastern Woodlands, checker-plaited splint basketry was the most common after the 17th century using black or brown ash, and white oak which were beaten from whole logs or shaved off with Native stone tools.

Some baskets were decorated before weaving with swabs of paint as well as after it was finished. In studying baskets throughout the Northeast, the needs of the Natives and the whites that they encountered, made what was called "Indian Work" where the Natives adapted their designs to accommodate the needs of the whites while creating baskets for their own purposes. Analyzing the various baskets that still exist suggests that mixed Native communities were more common than historians believe. To go out on a limb for a moment, some historians are beginning to believe that there has been a tendency to lump smaller communities under a larger name, which may be equal in language and political ideals rather than the cultural aspect of the community. There is now reason to believe that there were smaller groups which did not survive but are still worthy of recognition as "tribes". Without written or oral history, any group which appears in research can possibly be referred to by the names of the New England towns they resided in or the areas they travelled.

One aspect of these "invisible" people is said to be the intentional covering of Native life in an attempt to escape recognition which included oral tradition, seasonal celebrations, traditional foods, and medicines. It is only now that the tendency for natural foods is highlighting the Native American diet. Schaghticoke Native, Aunt Icy, as Isabella Oviatt was known, lived to be 102 and when interviewed stated that she had never needed to see a doctor. As a basket maker, Icy traded her baskets for vegetables at the Peck Farm off Derby Avenue, which gives us a clue to her diet. Now to find out what the Peck Farm grew.

As Native people left the reservation areas and with their political boundaries





obliterated, Native New England became a regional culture in which the families were able to move around and live in almost any area joining groups like the Schaghticoke while still maintaining links to their fellow tribal members who had remained in the ancestral areas and others who had fled. Multiethnic communities arose with intermarriage between groups that were formerly distinct.

From the mid 18th century onward, the Paugussett, who were the Native Americans that inhabited Milford, were active in producing baskets for sale, creating baskets similar to those made by the Schaghicoke but with recognizable differences in construction, form and decoration. Both groups used red and blue swabbing with the Paugussett baskets being square with a sloping side while early Schaghticoke baskets were rectangular. There is a fine example of one of Aunt Icy's baskets hanging in the Academy Museum, well worth seeing as a fine example of a splint basket.

The similarity in these baskets is giving rise to the possibility that the Paugussetts and Schaghticokes joined in the settlement at Kent during the late 18th and 19th centuries. It is well known that in 1665 Chief Ansantawae, the Sachem of the Paugussetts moved his members to a tract of 100 acres on top of what was then

called Turkey Hill, the steep hill that rises from the Housatonic River, opposite Two Mile Island. Molly Hatchet was one Paugussett who was well known in Orange (North Milford) as a maker of basket rattles. Each rattle held 6 kernels of corn that she presented to a new mother upon the birth of a baby but if the family had more than 6 children, she would add the corresponding number of kernels.

Molly is one of the Paugussetts that is known to have moved to Kent to live among the Schaghticokes giving credence to the thought that the various groups did meld into each other's communities.

The art of basket making is not a lost art and ancient basket collections can be seen in many museums throughout Connecticut. To further the interest in Native American baskets, the Orange Historical Society is hosting a basket making class on Sunday, March 23 at the Bryan-Andrew House from 11:00 - 4:00. The cost is \$35.00 and there will be a limit of 18 guests. Ray & Caryl DeFrancesco, owners of H.H. Perkins will conduct the class bringing all the materials needed to create a splint basket. Make your checks payable to the Orange Historical Society and mail it to OHS, P.O. Box 784 Orange, CT 06477. Any questions call 203 795-3106 and leave a message.





Has the snow kept you indoors? With the roads clear take a trip to the Orange Historical Society Museum for a look at the past where life was slow and folks didn't have to worry about the snow keeping them indoors and off the busy highways. The society has an antique shop as well as the museum, so shop out of the hustle and bustle of the mall for the many gift giving holidays coming up. Valentine's Day is just around the corner and the shop has a wonderful selection of vintage jewelry...one of a kind and sure to make a hit. Open Saturdays from 10-3 at 605 Orange Center Road. For information call 203 795-3106.

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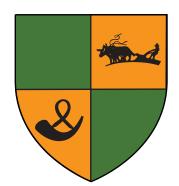
A panel of legislators who represent Orange and Woodbridge listen as two constituents discuss recent community projects. Legislators, from left to right: State Senator Joseph J. Crisco, Jr. (D-17), State Rep. James Maroney (D-119), State Rep. Paul Davis (D-117) and State Rep. Themis Klarides (R-114).

LEGISLATORS HOST ORANGE/ WOODBRIDGE OFFICE HOURS

Orange – On January 9th State Rep. Themis Klarides (R-114) and other area legislators met with residents of Orange and Woodbridge to answer questions about state issues in anticipation of the 2014 Legislative Session convening next month. The event took place at Orange Town Hall, where the lawmakers were asked about issues related to education, the new healthcare law, the high cost of doing business in Connecticut and the privacy of medical records. Anyone who was unable to attend but would like to discuss state matters can contact Rep. Klarides at 800-842-1423.

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MARCH 2014



Orange Town Magazine

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Now's the time to join the Orange Historical Society as it starts 2014 with 3 historic buildings open to the public. Each building has a character of its own and members can be part of one or all. Let's all have pride in supporting the history of our town.

Stone-Otis House 1830 The Academy 1878

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Orange Historical Society PO Box 784, Orange, CT 06477

DINING WITH SUSAN

By Susan Noonan



ROMANTIC RESTAURANTS FOR VALENTINE'S DAY 2014

Love is always in the air on Valentine's Day. Having a romantic dinner with your "significant other" is one of the most memorable ways of celebrating Valentine's Day. This is the 14th year sharing my favorite picks for romantic restaurants in the area featuring many well established icons along with some new additions. All of these local family-owned restaurants have the ambiance that will make your Valentine's Day celebration very special.

CAFÉ GOODFELLAS -702 State Street, New Haven, CT 06511 - 203-785-8722 - www.cafegoodfellas.com – Featuring Italian food prepared to perfection & elegant service. Chef/Owner Gerry Iannacone focuses on simple farm fresh ingredients coupled with traditional Italian cooking in an atmosphere where customers have a great time.

CARMINE'S TUSCAN GRILL RISTORANTE – 1500 Whalley Ave., New Haven, CT 06515 - 203-389-2805 - www.carminestuscangrill.com. Located in the Amity

section close to the Merritt Parkway exit 59. Carmine's is a very well established popular restaurant offering old country charm and exquisite dining with the ambiance of Italy in the Westville section of New Haven. The food and service are superb.

CONSIGLIO'S - 165 Wooster Street, New Haven, CT 06511 – 203-865-4489 – www.consiglios. com. The time has come to "Rediscover" Consiglio's. The longevity of this restaurant speaks for itself-can you believe 1938! Consiglio's is the perfect example of the "Little Italy" restaurant offering warm, cozy, ro-



mantic ambiance, flawless service and, of course, the outstanding food. You must experience Consiglio's Dinner Theatre & Cooking Classes. Definitely a fun evening for a group or that special date for two.

JEFFREY'S RESTAURANT BY CLAUDIO – 501 New Haven Avenue, Milford, CT 06460 – 203-878-1910 – www.jeffreysofmilford.com. Jeffrey's Restaurant has an excellent reputation for outstanding food and service. The intimate lounge offers a fireplace and piano. Many evenings you will find guests dancing and being serenaded by owner Claudio himself. He is a true gentleman and the ultimate host with a gift of making his customers feel like they are very special and part of his family.

GABRIELE RISTORANTE ITALIANO - 326 Boston Post Road, Orange, CT 06477 – 203-799-2633 – www.gabrielect.com. Gabriele's has been going strong since 1973 with many local and high profile regular customers. Lovely newly renovated interior, great lounge and consistently good food.

OLA RESTAURANT – 350 Boston Post Road, Orange, CT 06477 – 203-891-0522-olarestaurantct.com. This special Latin inspired restaurant is definitely the talk of the town (or should I say more like the tri-state area). Brothers Melvin and Wagner Lopez along with their lovely spouses Andrea & Cherry opened Ola in July of 2007. After almost seven years in Orange with little advertising but a lot of word of mouth, incredible reviews including the New York Times, Ola's business is booming. They now have an Ola Restaurant on 694 Brooklawn Avenue in Bridgeport as well.

RAINBOW GARDENS RESTAURANT & BAR – 117 North Broad Street, Milford, CT 06460 – 203-878-2500 - www.rainbowgardens.org. Rainbow Gardens Restaurant & Bar is the quintessential example of a quaint & cozy New England family-owned restaurant but with all the modern amenities. The dining area offers a series of private areas for that intimate cozy dinner. The view of the Milford Green is spectacular through large picture windows with stained glass accents.

REDFISH GRILL - 285 Boston Post Road, Orange, CT 06477 - 203-553-9900 - www.redfishgrillct.com. Recently opened in Orange to rave reviews. Redfish specializes in fresh grilled fish along with many non-seafood items as well. The talented owners have over 35 years in the restaurant business and it definitely shows at Redfish. Check out its beautiful new bar for a romantic cocktail. I know you will be impressed!

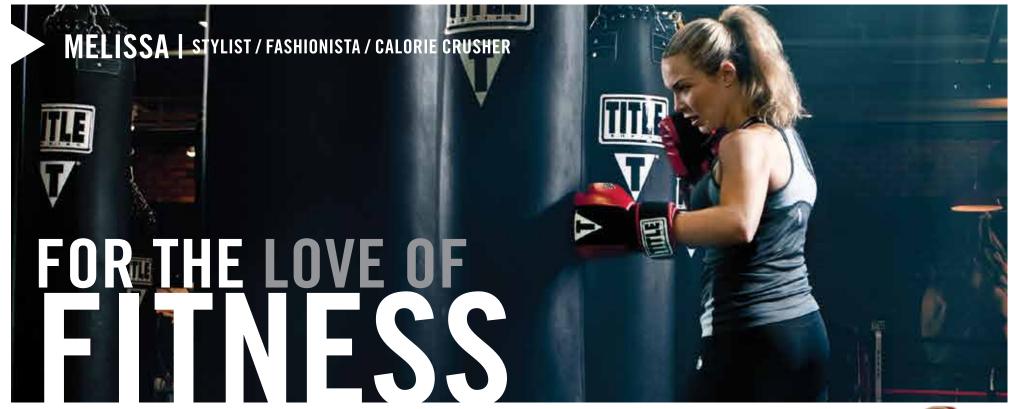
SOLUN TAPAS BAR & RESTAURANT - 245 Amity Road, Woodbridge, CT 06525 – 203-298-9741 – www.soluntapasbar.com. Definitely a "hidden gem" in Woodbridge & becoming more popular than ever. Owner Carols Hernandez shares his passion for tap cuisine in a traditional & elegant style. Solun's cozy bar is definitely on the top of my list for a fun evening.

FINAL NOTES: These are just a few of my favorite "romantic spots" in the area that offer great food and service. Reservations are a must for all these popular restaurants. Please remember to support our local family-owned businesses. HAPPY VALENTINE'S DAY TO ALL and don't forget the romance! If you have a favorite restaurant e-mail: susan@orangetownnews.com/susan@woodbridgetownnews.com.









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CLUBS & ORGANIZATIONS

ORANGE LIONS CLUB TO MAKE COMMUNITY GRANTS

The Orange Lions Club recently announced that it will provide a limited number of mini-grants to eligible community organizations and/or individuals in spring 2014. The program is intended to provide funds to worthy causes and activities in the town of Orange that might not otherwise

be funded, announced Orange
Lions Club President Ronald
Ruotolo. He explained,
"While our Lions Club
continues to provide funds
to Lions blindness prevention programs, aid for the
blind, and eye research, which
are long-time Lions Club priorities,

we feel strongly that it is important to support local projects as well". Ruotolo emphasized that this funding is in addition to several college scholarships which the Orange Lions Club awards to Amity High School graduates from Orange each year.

Lion Ronald Ruotolo has appointed Lion Michael Muttitt of Orange to chair the community mini-grants program this year. Michael stated that blank applications for the community minigrants program are now available at the High Plains Community Center in the Community Services Department, at the Peoples United Bank branch on Orange Center Road, at the Case Memorial Library, and from any Orange Lion. He stated, "In addition to our ongoing commitment to fund anti-blindness programs and provide aid to those with

sight problems, the Orange Lions feel that it is crucial to continue to use some of our fund-raising resources for local community-based projects and activities. We have an outstanding review committee which will enable us to make fair and appropriate decisions regarding

all allocations." Completed applications are due to be submitted to the Orange Lions no later than March 15, 2014. All Orange non-profit clubs and related nonprofit organizations, individual Orange residents, and Orange government enti-

ties are eligible to apply. The recipients of Orange Lions mini-grants will be announced in March after the selection committee completes its review of all timely applications.

In addition, the Orange Lions continue to conduct such community activities as the annual Community Thanksgiving Dinner, free Eye Screenings, Easter Egg Hunt, and Seniors Pizza Party. The Orange Lions also collect used eyeglasses for restoration and distribution to needy people all over the world. Drop boxes for used eyeglasses, used hearing aids, and cell phones are located in the Case Memorial Library, the High Plains Community Center lobby, and Dr. Regina Johnston's office at 501 Boston Post Rd. The Orange Lions also co-sponsor, in conjunction with the Milford Lions Club, a Leos youth group at the Foundation High School, located in Milford, for special needs youths.

GARDEN CLUB OF ORANGE FEBRUARY 11 MEETING

Nancy Moore from Moorefield Herb Farm will be the guest speaker at our meeting. She will be talking about growing heirloom vegetables. Heirlooms offer flavor, disease resistance and appeal far different from your grocery store varieties. It is time to start planning your vegetable garden!

Members will also be exhibiting 'Under Water' designs in a fish bowl.

The program will be held at Case Memorial Library, 176 Tyler City Road, Orange at 1:00 p.m. Guests are welcome.

Garden Club of Orange is a member of National Garden Clubs, New England Regional and Federated Garden Clubs of Connecticut. Interested to learn more please call Pat Dray at 203-877-7092



GARDEN CLUB OF ORANGE PROFILES ITS MEMBER PAT DRAY

Why Do People Join the Garden Club of Orange?

Pat Dray a long time resident of Connecticut moved to Orange in 1990 with her husband. At the time she was the Director of Orange Public Health Nursing

and later on worked for 3M Company in a variety of sales and marketing management roles. At present she is consulting. She holds a Bachelors Degree in Nursing and an MBA in Finance.

Pat joined the Garden Club of Orange in 2007. I asked her why? She said she is interested in gardening and loves floral designs. Pat first started gardening as a young child with her Dutch born father, who was a certified landscape designer and home builder. She had her own small plot within his vegetable garden where carrots were her main crop. She continued to maintain her own gardens wherever she lived.



Pat Dray

I asked her what does she like about the Garden Club? She said it offers her great opportunities to learn more about the gardening, design, and environmental issues. In 2008 Pat enrolled in Flower Show School, a four course curriculum sponsored by the National Garden Clubs, Inc, with the goal of becoming an Accredited Flower Show Judge. Pat continued to earn the required Blue Ribbons in floral design and horticulture, student judging credits, wrote a Flower Show Schedule, and, in October, 2013, passed the Handbook Exam to earn her Accreditation. She is also an active member of Creative Arrangers of Connecticut and the Federated Garden Clubs of Connecticut, Inc. Judges' Council. Pat has continued her studies and is currently pursuing her Landscape Design Study Program Certification through the National Garden Clubs, Inc. Our congratulations to Pat!

Garden Club of Orange is a member of NGC, NER, and FGCCT. Interested to learn more? Please call Pat Dray 203-877-7092. Interviewed by Lana Ho, Publicity Chairman.

LOVE TO CROCHET?

Join the Hooked on the Sound (HOTS) Crochet Guild! We are a chapter of the Crochet Guild of America (CGOA), a non-profit group of enthusiastic crocheters in the southwest area (New Haven County) of Connecticut. We meet monthly to share stitch successes, assist with pattern problems, and generally have a great time crocheting! Please feel free to join us, there are NO FEES! Just bring along any project you are working on or one you may need help with.

We meet at the Case Memorial Library, 176 Tyler City Road, Orange CT, 203-891-2170 (library only) Saturdays, 10am - 1pm on the following dates for 2014: March 1, April 5, May 3, June 7, July 12, August 2, September 6, October 4, November 1, and December 6. Our meeting room is on the 2nd level (the small meeting room). There is an elevator available (wheelchair accessible).

Visit our website at www.hotscrochetguild.yolasite.com/. Have a question? Email us at HOTSCrochetGuild@Live.com. Like us on Facebook (Hooked on the Sound) and follow us on Twitter (@HOTS_Crochet). Happy Yarning!

ORANGE & MILFORD HISTORICAL SOCIETIES TO HOLD JOINT MEETING

The March joint meeting of the Milford Historical Society and the Orange Historical Society will be held at the Mary Taylor Church, 168 Broad Street (on the Green), Milford on March 17th. Refreshments will be served at 7p.m. with a short business meeting to follow. All are welcome and the event is free.

The speaker will be Cheshire historian, Robert Larkin, who will discuss the state's Irish Regiment, the 9th Connecticut Volunteers. His interest in the 9th Regiment of Connecticut Volunteers was inspired by an ancestor who fought with the regiment, Private John Marlow, who fell near Vicksburg in 1862. A monument honoring Connecticut's Irish Regiment was unveiled in 2008.



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JOHN FRANCIS, JR. WINS NATIONAL GEOGRAPHIC BEE

John Francis, Jr., a 6th grade student at New England School of Montessori, won the school-level competition of the National Geographic Bee on 1/15/2014 and a chance at a \$50,000 college scholarship. The school-level Bee, at which students answered oral questions on geography, was the first round in the 26th annual National Geographic Bee. This year's Bee is sponsored by Google (visit http://maps. google.com/help/maps/education/).

The Bee's questions test students' knowledge of physical and political geography, cultural history, and historic events and their places. The elementary students of the school have been practicing for the Bee since October 2013. John Francis, Jr. won the championship round by providing the correct answers to 2 of 3 questions, one of which was, "The city of Portland is the eastern terminus for an oil pipeline that connects with Montreal, Canada. Portland is located on Casco Bay in which New England state?"

The kickoff for this year's Bee was the week of November 11, with thousands of schools around the United States, and in the five U.S. territories participating. The school winners, including John Francis, Jr., will now take a written test; up to 100 of the top scorers on that test in each state will then be eligible to compete in their state Bee April 4, 2014.

The National Geographic Society will provide an all-expenses paid trip to Washington, D.C., for state champions and teacher-escorts to participate in the Bee national championship rounds May 19-21, 2014. The first-place national winner will receive a \$50,000 college scholarship, a lifetime membership in the Society, and a trip to the Galapagos Islands, courtesy of Lindblad Expeditions and National Geographic.

Award-winning journalist Soledad O'Brien will moderate the national finals on May 21. The program will air on television. Check local listings for dates and times.

Everyone can test their geography knowledge with the exciting GeoBee Challenge, an online geography quiz at www.nationalgeographic.com/geobee, which poses 10 new questions a day.

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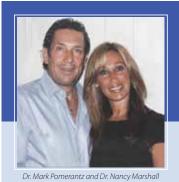
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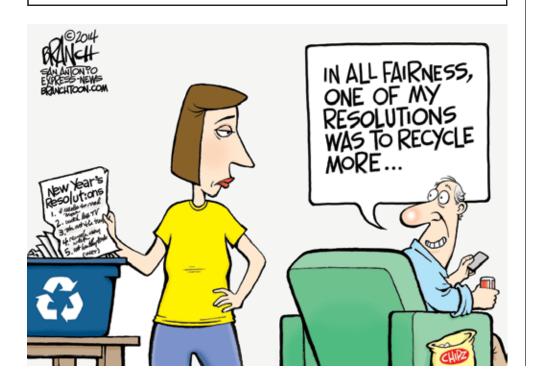
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Recently Connecticare awarded the Amity Teen Center a grant for \$15,610.82 through the Neighborhood Assistance Act. This money can only be used for energy conservation. The Teen Center will finish covering the roof at 10 Selden Street in Woodbridge, with solar panels.



A student sitting comfortably waiting for the movie to start.

MLT MOVIE NIGHT

The students from Mary L. Tracy School enjoyed a viewing of Monsters University during Family Movie Night. Many students wore their pajamas and brought a chair or blanket to view the movie from.





Q: Can you tell me what **Christian Slater** is up to now? I recently saw his amazing performance in the movie "**He Was a Quiet Man**," and it made me realize I really miss seeing him. -- Veronica W., Hanover, Pa.

A: You have only about a month to wait before you can see Christian again on a regular basis. On Tuesday, March 11, at 10 p.m. ET/PT, ABC will premiere a new series called "Mind Games," which stars Christian and Steve Zahn. They play brothers Ross (Christian) and Clark Edwards (Steve), who are partners in Edwards and Associates, an unusual business based on the belief that people's decisions are influenced by their environment in ways they're not aware. By using the hard science of psychological manipulation, the brothers commit to solving their clients' problems. With Clark's expertise and Ross's con-artist ways, the brothers use psychology and science to offer clients an alternative to their fates.

Q: I don't think I can wait much longer for season four of "**Game of Thrones**." -- Carlos F., via email

A: Just hold on a little longer. The highly anticipated premiere of the hit fantasy/drama series is set for April 6 at 9 p.m. ET/PT on HBO. The TV series, which is based on the books series by **George R.R. Martin**, shocked audiences at the end of last season with the infamous "Red Wedding," and season four's 10 episodes will prove to be just as exciting. It will be roughly based on the second half of "A Storm of Swords," the third book in the "A Song of Ice and Fire" novels.

According to showrunner **David Benioff**: "I think [season four] is going to surpass season three. There are so



Christian Slater

many scenes we've been waiting for so long to do, and it just gets more and more fun to write for these characters. We're very excited for it."

**>

Q: Any news about "**Devious Maids**"? -- Pamela G., via email

A: I have two exciting bits to tell you: First, season two will premiere on Lifetime on April 20 at 10 p.m. ET/PT. Second, **Mark Deklin** (whom you all know I LOVED on "GCB") has signed on as a regular cast member. As of this writing, I don't know whom he'll play or how he'll impact the season, but I'll let you know as soon as I can drag the information out of him.

Q: I am a fan of "**NCIS**" and have wondered why **Cote Pablo** left the series. -- Judy D., via email

A: Cote left for personal reasons, which she chooses not to expand on. On the possibility of returning, she told TV Guide Magazine: "The greatest thing about this last episode is that Ziva doesn't die. As long as a character doesn't die, the character can always come back." Cody recently signed on to co-star in the film "**The 33**," which is based on the events of the 2010 Chilean mine collapse.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com.





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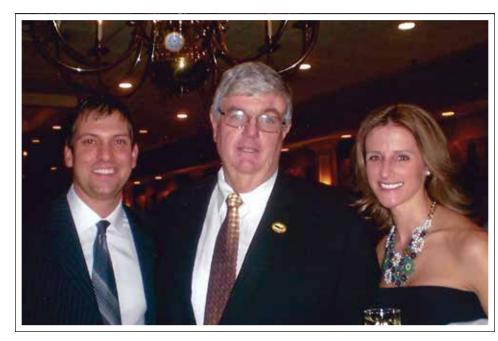


75 Years and Still Going Strong

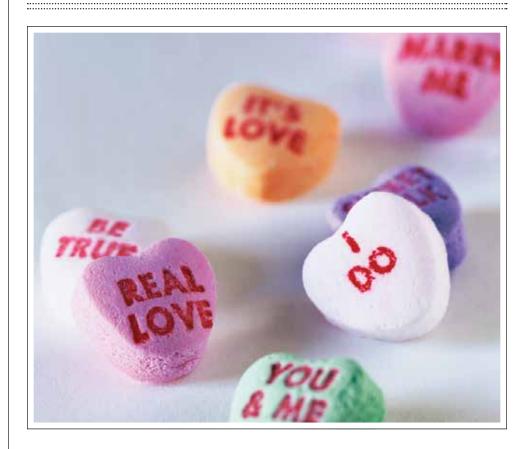


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First Selectman James Zeoli greets Dr. Anthony Nardecchia Jr. and his wife Angela at the Inaugural Ball, which was a huge success, and held at the Grassy Hill Country Club on the evening of January 16th, 2014.



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The children at Mary L. Tracy School were treated to a very special 2014 Chinese New Year Celebration (Year of the Horse). The celebration began with Chinese Lion Dancing performed by Wu Dang Kung Fu Academy and Chinese Martial Arts performed by Master Jack Guo. A few students were selected from the audience to learn basic kicks and punches (as seen in the picture). In addition, Ms. Haiyan Grzelak from Lotus Leaf, LLC played the Chinese harp for the children and also demonstrated traditional Chinese calligraphy. The celebration ended with a Chinese peacock dance performed by Ms. Xi Wang from the Xi Wang Dance School. Keeping with Chinese tradition, all of the students received a beautifully embellished red envelope to take home, which were filled with treats. The celebration was truly enjoyed by all!



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Bagels and Books (Ages 2-4)

Sunday, February 16, 10:30-11:15am Monthly, pre-school aged children have the opportunity to attend a free interactive storytime and singalong. Location: JCC of Greater New Haven, 360 Amity Rd., Woodbridge, CT 06525. Register: Laura LJ Ross, (203)387-2522 x 317, laurar@jccnh.org, http://jccnh.org/page.aspx?id=248876.

Vote On The Next Big Jewish Play!

JCC Theaterworks Presents The Jewish Plays Project

Sunday, February 16, 7-7:30 pm; Directed by David Winitsky - A showcase of new Jewish work in which the audience votes on which play gets a full New York workshop. Come help choose the next great Jewish play! Tickets: \$25 Adults; Seniors/Students:\$12. Purchase online: http://jccnh.org/page.aspx?id=265294; http://www.jewishplaysproject.org/. Location: JCC Auditorium, Contact: DeDe Jacobs-Komisar, 203-387-2522, dedek@jccnh.org, Stephanie Plude - Marketing and Communications Associate JCC and Jewish Federation of Greater New Haven, Ph. 203-387-2522 Ext. 202.

RELATIONAL JUDAISM

Using the Power of Relationships to Transform the Jewish Community

Thursday, February 20, 2014, 7 pm - A visionary educator, cofounder of Synagogue 3000, and inspirational speaker, Dr. Ron Wolfson, has just written a book which is capturing the rapt attention of the Jewish community: "Relational Judaism: Using the Power of Relationship to Transform the Jewish Community". Come for an interactive talk for the whole community. Free, http://jewishnewhaven.org/local_includes/downloads/66287.pdf. Location: JCC Auditorium, 360 Amity Rd., Woodbridge; Contact: Hilary Goldberg, 203-387-2424 ext. 325, hgoldberg@jewishnewhaven.org.

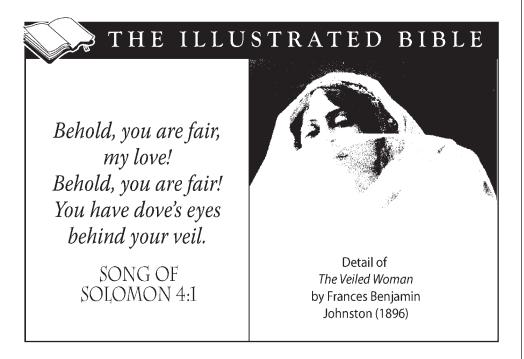
VENDORS WANTED FOR ANNUAL STRAWBERRY FESTIVAL

Vendors are wanted for the annual Strawberry Festival sponsored by the Orange Congregational Church to be held on June 14 (rain date – June 15) at the High Plains Fairgrounds in Orange, CT. Artists, artisans, handcrafters, antique dealers and local business owners are welcome. For more information, contact the church at 203-795-9749 or visit the church website at www.orangecongregationalchurch.org. Last year 70 vendors were at this



Orange Congregational Church

popular event that welcomed more than 3,000 visitors to the Fairgrounds.



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LOCAL BUSINESS



COLDWELL BANKER – ORANGE IN THE GIVING SPIRIT!

The Coldwell Banker Residential Brokerage office in Orange hosted its 3rd annual toy drive for the Yale Toy Closet over the holidays. It was an overwhelming success! Thank you to the community for embracing the spirit of giving and participating in it year after year!

The REALTORS also participated in the annual "Senior Stockings" program for the 10th year. They joyfully filled the "stocking" with lots of goodies to distribute to the Seniors through the Orange Community Services Department for the holiday season. Coldwell Banker Residential Brokerage 'believes" in giving back to the community and is proud to participate in these wonderful programs year after year.

For more information, please contact Aileen DeFeo at (203) 795-6000. The Orange Office, located at 564 Racebrook Road.

WARECK D'OSTILIO ANNOUNCES "ROOKIE OF THE YEAR" FOR 2013

John Wareck and Frank D'Ostilio of Real Living Wareck D'Ostilio announced that Realtor Karen Bogdanoff has been recognized as "Rookie of the Year, 2013".

A native of New Haven, Karen is a graduate of UCONN with a B.A. in Economics and a law degree from New York Law School. Karen has practiced law in both New York and Connecticut for many years.

"Karen joined the team and immediately got her first listing on a lovely home in Branford. Using her law background and negotiation skills, the property sold in days leading to several other transactions that closed before year end. We are thrilled to have Karen on our team," D'Ostilio said.

"Her stellar reputation, professionalism and attention to detail



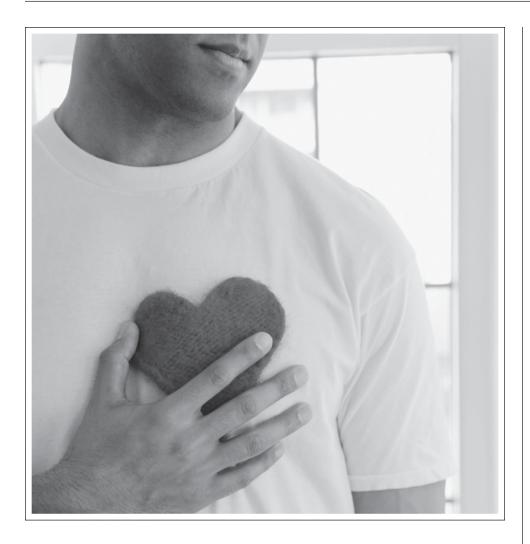
Karen Bogdanoff

are evidence that Karen has taken her new career by storm," said John Wareck. "Her skills of advocacy, negotiation and communication benefit both her clients and the company as a whole," he added.

A resident of Woodbridge, Karen is married to Attorney Raymond Bershtein. They have two children. In her spare time, Karen is a steadfast volunteer in local community and charitable organizations.

ART IN THE LIBRARY

The Orange Imaging Club will be participating in its first exhibit at the Case Memorial Library, 176 Tyler City Road, Orange. The reception was on the 6th of February. Club members have 20 pieces on display/for sale with wide variety of themes. You will also be able to take in the oil painting exhibit of Nancy Lee Vadnais. Her Landscape and still-life work represent nostalgic discoveries from Ontario's Ottawa Valley. The exhibit will be open during regular library hours up to the 28th of February.



AMAZING FACTS ABOUT THE HUMAN HEART

Every Valentine's Day homes and businesses dress up the decor with cupids and hearts to celebrate a day all about love and affection. The heart shape has been used to symbolically represent the human heart as the center of emotion and romantic love. Hearts symbolizing love can be traced back to the Middle Ages.

Those familiar with human anatomy realize that an actual heart bares very little resemblance to the ideographic heart shape used in art and imagery. Similarly, the human heart really has nothing to do with human emotions. Despite this, there are many interesting components of the heart, and a man or woman truly cannot love or live without one.

The heart as an organ is relatively small in size. It is roughly the size of a fist and weighs only 11 ounces on average. Although diminutive, the heart is responsible for pumping 2,000 gallons of blood through 60,000 miles of blood vessels each day. It accomplishes this by beating 72 times a minute in a healthy adult. All of the cells in the body receive blood except for the corneas in the eye.

The heart works harder than any other muscle in the body. In a fetus, it begins beating at four weeks after conception and will not stop until a person's time of death. Even then, sometimes the heart can be revived. A heart can also continue to beat outside of the body provided it has an adequate oxygen supply.

Although many people refer to all of the blood vessels in their body as "veins," they're actually a combination of veins and arteries. Veins carry fresh, oxygenated blood to the body through arteries. The main artery leaving the left heart ventricle is called the aorta, while the main artery leaving the right ventricle is known as the pulmonary artery. Blood traveling back to the heart flows through veins after it has passed the lungs to pick up oxygen. The thumping noise that is heard while the heart is beating is actually the chambers of the heart closing and opening as blood flows through.

While the heart may not be the cornerstone of emotions, it can be affected by feelings. Studies have shown that a "broken heart" is a real occurrence, according to Live Science. Bad news or a breakup with a loved one can put a person at increased risk for heart attack. This type of trauma releases stress hormones into the body that can stun the heart. Chest pain and shortness of breath ensue but can be remedied after some rest.

Conversely, laughter and positive feelings can be beneficial for the heart. Research has shown that a good laughing fit can cause the lining of the blood vessel walls -- called the endothelium -- to relax. This helps increase blood flow for up to 45 minutes afterward.

Although having a big heart colloquially means that a person is loving and goes out of their way for others, physically speaking, a big heart is unhealthy. An enlarged heart can be a sign of heart disease and compromise the heart's ability to pump blood effectively. Left untreated, it can lead to heart failure.

There is good reason to get amorous with a loved one on Valentine's Day or other times during the month. Being intimate can provide a physical workout, in some instances doubling a person's heart rate and burning up to 200 calories. That's the equivalent of a brisk 15-minute run. Also, a study of 2,500 men aged 49 to 54 found having an orgasm at least three times a week can cut the likelihood of death from coronary disease in half, according to The New England Journal of Medicine.

The heart is an amazing organ responsible for sustaining life. Although it is not directly tied to love and emotions, without the heart such feelings wouldn't be possible.



CELEBRATE VALENTINE'S DAY WITH KIDS IN TOW

Romantic nights out on the town are how many couples celebrate Valentine's Day. Restaurants and resorts book quickly come Valentine's Day, while movie theaters tend to be packed as well. Even babysitters cash in come February 14, as parents look to enjoy a romantic night away from the kids.

Parents who do not secure a babysitter well in advance of the holiday will have to spend Valentine's Day with kids in tow. Many parents actually prefer to spend Valentine's Day with their children, and there are plenty of family-friendly Valentine's Day activities to keep everyone occupied.

Dessert spree

Valentine's Day is the one day of the year to fully engage your sweet tooth. And what child doesn't enjoy sampling plenty of sweet treats? Create a sundae station after dinner, complete with different flavors of ice cream and various toppings. Include mix-ins, like brownie bits or small chunks of pound cake. Everyone can create their own sundae, topped off with whipped cream and a cherry.

This is also a time to experiment with different dessert recipes. Encourage kids to come into the kitchen and dabble in pastry arts. Bake and decorate heart-shaped cakes and cookies. Whip up healthy, pink-tinged strawberry-banana smoothies. Create edible candy-and-chocolate bouquets to use as the centerpiece on a dining table. The opportunities for fun with sweets are endless.

Get crafty

Families also can use this Valentine's Day as a chance turn off their electronic devices and have fun with crafts and hobbies. While heart-shaped paper crafts are requisite for the day, that doesn't mean you need to be limited to all frilly creations. Boys can construct their own Cupid bows from twigs and some yarn. Everyone can whip up a batch of fizzing, scented bath salts. Homemade craft dough also makes for a fun project, and the dough can be turned into all different shapes, including hearts and bows.

Fancy dinner at home

Who says you have to venture out for fine dining? Plan an intimate dinner right in your own dining room. Have the entire family dress up in semi-formal clothing and enjoy a candle-lit meal on fine china. The meal need not be fancy, as long as everyone enjoys what they are eating. Plan for dessert afterward.

Movie night

Rather than facing the crowds at area theaters, you can visit your nearest movie quick-serve kiosk or purchase a movie through your cable service provider. Find family-friendly films with love and togetherness as the center theme. Then whip up a large bowl of popcorn, snuggle under the blankets and enjoy a movie marathon.

Memory box

Purchase or find a wooden, plastic or metal box that will last for several years. Have all members of the family gather their favorite items or things that are sentimental to them and place them in the box. These can be ticket stubs, photographs, jewelry, or other trinkets. Place them in the box and seal it. Agree not to open the box until next Valentine's Day to see how the family has grown and evolved.

Get planting

Valentine's Day is frequently accompanied by bouquets of roses and other flowers. Begin a new family tradition of planting flower seeds on February 14. Use small pots that can be kept indoors in a bright window for a few weeks until the arrival of spring. Then transplant outdoors and continue to enjoy full-grown flowering plants for months to come.

Plan a family excursion

Engage in an activity that everyone enjoys together. Spend a day sledding down a wintry slope or skating at a nearby ice rink. Hike through a town park and witness the landscape during a cold-weather season. Visit a zoo, museum or aquarium and take in all the sights and sounds.

Although Valentine's Day is billed as a day for couples, the entire family can still enjoy the day together.







THESE APHRODISIACS MAKE FOR GREAT VALENTINE'S DAY GIFTS

If ever there was a day to rev up the libido and enjoy amorous feelings, that day is Valentine's Day. The official day for love and romance offers couples the chance to spend time together and express their feelings of affection for each other.

People have enjoyed foods purported to be aphrodisiacs for centuries. Believed to boost the libido, aphrodisiacs were enjoyed by Cleopatra and Casanova, and they were commonly used among ancient Greeks.

Aphrodisiacs are agents that work on the mind and body to increase sexual desire and arousal. Foods affect the body in different ways and can have a positive impact on how a person feels. Certain foods can help promote feelings of intimacy, increase blood flow and create euphoria.

With Valentine's Day upon us once again, here are some purported aphrodisiacs that can be incorporated into special dinners with a sweetheart.

- Almonds: This nut has been regarded as a fertility symbol through the years.
 While it has been said almond aroma can incite passion, there is no concrete proof. Still, almonds are a good source of essential fatty acids and important B vitamins that can help prevent coronary artery disease.
- Asparagus: This vegetable may inspire lust in men and women, but it also is
 a good source of various vitamins. Asparagus is a member of the lily family
 that is nutrient-dense, containing folic acid, potassium, fiber, vitamin B6,
 and thiamin.
- Avocados: This fruit has a shape that could put people in the mood. In fact, centuries ago Catholic priests from Spain who visited Mexico found commonly grown avocados to be obscene and prohibited their consumption.
- Bananas: Potassium is a key nutrient for muscle strength. Muscle contractions will be more intense and the body will have greater endurance after consuming bananas.
- Chocolate: Chocolate and romance have often gone hand-in-hand. Chocolate contains the chemical phenylethylamine, a stimulant that releases dopamine and produces feelings of well-being and excitement.
- Figs: This sweet fruit has been revered as an aphrodisiac for thousands of years. In many cultures, figs are considered to be a symbol of fertility. Figs are very high in fiber and have a higher mineral profile than any other fruit or vegetable.
- Hot peppers: Chili peppers and others that contain capsaicin help to increase circulation and stimulate nerve endings. A spicy meal may lead to a spicy ending to the night.
- Oysters: This shellfish is one of the better-known aphrodisiacs. However, not
 every person finds seafood palatable. Oysters are high in zinc, the mineral
 known to increase libido. Therefore, it stands to reason that other foods high
 in zinc might be just as effective at inspiring romantic notions.
- Pomegranates: This fruit owes its power to the antioxidants within. Antioxidants help protect the lining of blood vessels, allowing more blood to flow through and increasing sensitivity around the body.
- Salmon: This pink fish is packed with omega-3 fatty acids that aid in the production of key hormones in the body, including estrogen and testosterone.

A variety of foods that are hailed as aphrodisiacs may add some spice to Valentine's Day celebrations.

B AND B TRANSPORTATION HAS PERFECT BUS INSPECTION

B and B Transportation, Inc., one of the school bus companies that provides transportation to the students in Bethany, Orange, Woodbridge and Amity schools, has passed the yearly bus inspection from the Department of Motor Vehicle with a perfect record. The company owns 75 plus vehicles and DMV found no defects on any of them. "Our garage maintenance staff is amazing. They are the hardest working individuals in the business. Our buses are constantly in use and normal wear and tear can be hard to keep up with. But our mechanics know their stuff and they strive for perfection. This year they reached their goal. No defects. That's amazing. They are to be highly commended." said Brad Cohen, Vice President of the company.

B and B Transportation, Inc. also provides school bus services to many private schools and special needs schools in the area including Yale University and Hopkins School. The company has two locations in Bethany.



Amity Girl Scout Thinking Day Event!

Since 1912, Girl Scouts has helped girls build courage, confidence, and character. Join us and see how Girl Scouts discover themselves as they explore their world, connect with others, and take action through activities and programs that are relevant and exciting to girls today.

PLEASE JOIN US

Sunday, March 2, 2014 Holy Infant Gym 450 Racebrook Road, Orange, CT 2:30p.m.-5:00p.m.

Learn about Girl Scouting in your community and how to become a member.

Visit countries and activities for girls who attend will be provided.

Want to make a difference in a girl's life? Consider becoming a volunteer.

Even one day a month can make a huge impact. Training is available.

If you need additional information or seek inquiry but can not attend you may contact: **Mary Cassidy** at (203) 393-9670 or e-mail: mary@cassidy.com.co.



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DOLLAR\$ AND \$EN\$E

LOVE, TRUST AND MONEY

By Roberta L Nestor

Every family is different, every relationship unique but love is love and when it comes to money, you tend to trust those that you love. It makes sense. So, when it comes to family discussions about money most of us believe in the traditional process. A husband and wife, assure one another that what's mine is yours and of course, if something happened to both of us, the children would, of course, share equally. It's all in the family when you have love, trust and in this case, money.

What could go wrong? Mom and Dad have three grown children, two boys and their daughter Valentine. Valentine is the only one who lived close by. Their boys had moved on, one to California and the other to Texas. As Mom and Dad aged, they became to depend on Valentine. When Dad turned 80, he was diagnosed with Alzheimer's and Valentine moved back home to take care of her parents full time. She helped with household chores, doctor's appointments and eventually taking care of the bills and her parents' finances.

Mom was still sharp as a tack and knew it was time to see an attorney to make changes in their wills. She had heard so many horror stories of how the nursing home could take all of their money and she also wanted to make sure that Valentine would always have a place to live. The first visit to the attorney was overwhelming. Over the years, they had accumulated considerable assets, they lived modestly and never used their savings and their investments were worth over a half a million dollars. The attorney talked about putting the house in Valentine's name (a quit claim), updating mom and dad's will and more importantly he emphasized the need for "living documents". Things like power of attorney and appointing a "health care agent" or representative.

Since her sons lived so far away, Mom decided it would be best if Valentine was appointed the executor of their estates, as well as power of attorney and health care representative for both parents. She also thought it would be best if Valentine was a co-owner on all of their investments; knowing that if something happened to them, she would be able to access the accounts and would share equally with her brothers. They also put her on their checking account so she would be able to help with the bills if needed.

Sadly, both Mom and Dad got sick at the same time. Valentine was overwhelmed with the care, finances and decisions that she had to make and asked her brothers for help. There wasn't much they could do being so far away. When her parents passed away, her brothers came home. The Will was read and all assets were to be divided equally between the three children. However, there really weren't any assets – all of the bank accounts and the house had already been put in Valentine's name as a joint owner – and Dad's \$300,000 IRA named Valentine as the sole beneficiary.

Valentine was responsible ... morally, to give her brothers their share. But legally,

she had no obligation whatsover. Her siblings descended on her immediately.

Focus on the IRA account. Did you know, even though the Will named all children equally, the IRA did not. Regardless of the will, Valentine would inherit the entire IRA account. Since Valentine is the sole beneficiary, if she were to distribute funds to her brothers, she would first have to pay state and federal taxes on the entire distribution. Valentine didn't understand why she had to pay all of the taxes. And, to make matters worse, she hasn't seen her brothers in many years, the entire time that she has been taking care of her parents. They never came to help with anything.

Sadly, her brothers hired an attorney who insists on payment from the IRA and their share of the bank accounts immediately! Before she could clean out the home of her parents, she was being sued by her brothers. They insisted on full accounting of every transaction since she became a signer on their checking account. They claimed that Mom and Dad had been coerced into changing their Will and that Valentine had excessive influence over their parents.

This story plays out in real life and loving families more than one could imagine. You might jump to the conclusion that the attorney should have done something differently, but not necessarily. When families make beneficiary changes, or add an adult child on their checking account, they usually don't ask an attorney for advice. Adding Valentine to the bank accounts made sense to her Mom, it was to make things easier for Valentine to help them with their finances.

You should talk to a financial advisor or an attorney when changing anything that involves your estate. Make sure you keep your beneficiaries up to date and if you want your children to share equally, don't name just one. When you name each of your children individually, they have choices they can make independent of siblings. One child may opt for a lump sum and to pay taxes, while another may want to continue tax deferral. Being clear and consistent leaves little room for doubt and then your children will be able to maintain the love and trust that you want them to always have with one another.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network - a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

BULLETIN BOARD



Al-Anon Parents Meeting, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to www.ct-al-anon. org or call Margaret at (203) 877-4313.

BREATHE, BALANCE, BELIEVE Vinyasa Yoga for the Family, Mondays @ 5:15-6:15 pm, Saturdays 9:00-10:00 am, in the Parish hall, Church of the Good Shepherd 680 Racebrook Road, designed to help children and adults strengthen both physically and mentally, participants practice at their own level, teacher is certified and member RYT. Please bring a yoga mat and blocks if you have them.

Nicotine Anonymous Meetings, Mondays, 6:30 – 7:30pm, Trinity Lutheran Church, 21 Robert Treat Parkway, Milford, open to all, no dues or fees, only requirement is the desire to be free of nicotine. For more information, call Bridges, 203-878-6365.

Zumba Gold Classes at Congregation Or Shalom, Tuesday and Thursday evenings at 7 p.m., Congregation Or Shalom, 205 Old Grassy Hill Road, simple and easy routines to follow, designed for people of all ages and no experience is needed. If interested, call Robin at 203.314.8176 or temple office at 203.799.2341.

Clean Energy Task Force of Orange, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The public is invited.

Orange Arts & Culture Council meets on the fourth Tuesday of every month, 7:30pm, Case Memorial Library, 176 Tyler City Road. The public is invited.

Orange Recycling Committee meets every 3rd Wednesday except for January, July & August, 7pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email Orangerecycles@gmail.com.

Blood Pressure Clinic presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange (formerly Laurel Estates), 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

The Rotary Club of Orange meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Diane Eger at 203-530-4526 or visit www.orangectrotary.org for information about the club.

Orange Historical Society Academy Antique & Gift Shop Museum, open Saturdays, 10:00am-3:00pm. For information call 203-795-3106.

Milford Parks and Recreation AQUA ZUMBA, McCann Natatorium, 34 Park Circle, Milford, led by Renay; 8-week class beginning Monday, January 31, 2014 and Wednesday, February 3, 2014; 7:30-8:30pm. Pre-register at www.ci.milford.ct.us or call Renay 203-522-2616 zumbarenay@gmail.com; \$56R/61NR for 8 classes or Monday and Friday's \$112R/\$122NR for 16 classes.

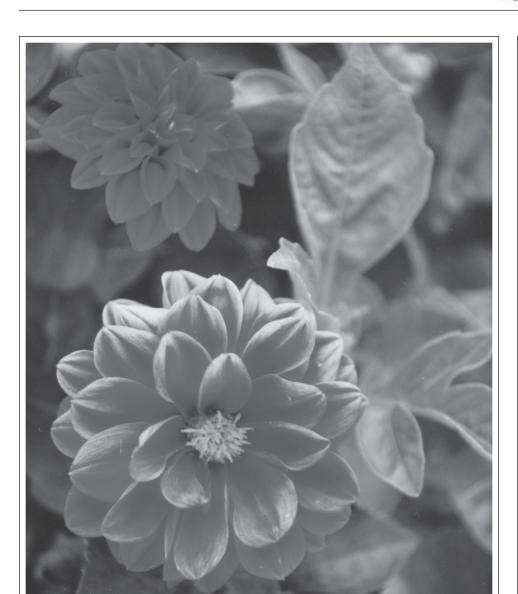
Bridgeport Art League February Program, featuring award winning painter Diane Napolitano, FREE event, Monday, February 17, 2014, 11:45am, coffee and dessert-demo to follow, St. Paul's Episcopal Parish Center, 25 Church Street, Huntington. Inquire about our classes. All are welcome to attend. For more information, contact Diane Napolitano at 203-924-6074 – email: napolitanj@comcast.net.

P.V. O'Donnell Comhaltas Session Features Dylan Foley, Thursday, February 20, 2014, 7:45pm, St. Gabriel's Parish Hall, 26 Broadway, Milford, musicians, dancers and guests are welcomed, free admission, BYOB. For information, call 203/257-8737.

2014 Greater New Haven St. Patrick's Day The Great Guinness Toast, February 21, 2014, 7:00pm to Close, O'Toole's Irish Pub, 157 Orange St., New Haven, live music by the One Night Stands, and \$5.00 Guinness all night long! Tickets \$10.00/per person and may be purchased at the door. For advanced tickets, contact event chair Patrick Smith patrick.smith@yale.edu). Further information available http://www.stpatricksdayparade.org.

Milford Lions Present A Taste of Italy Night, February 22, 2014, 6:00pm to 8:30pm, St Mary's School Hall, 70 Gulf Street Milford, Baked Ziti, House Salad, Garlic Bread, Dessert, Coffee, and Beverages, Raffles & Prizes, sponsored by Milford Bank, entertainment by Coastal Chordsmen; catering by Scott Rohrig from Lasse's; Tickets/\$12.00 per person (children 5 and under Free). For more information, email MILFORDCTLIONS@GMAIL.COM or visit www.e-clubhouse.org/sites/milfordct. Purchase tickets, contact: Martha @ (203)641-2190 or Lin @ (203) 671-6800. ALL PROCEEDS GO TO LOCAL CHARITIES.

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EXPLORE ALTERNATIVE FLOWERS FOR VALENTINE'S DAY

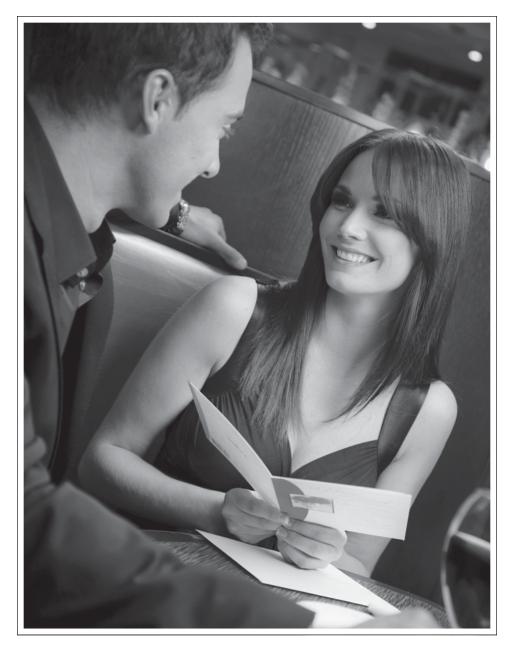
Behind only Mother's Day, Valentine's Day is the second most popular day to give flowers to a loved one. Thousands upon thousands of roses are imported from areas of South America in time for Valentine's Day, and the rose has become the unofficial flower of this day.

Those who have given a bouquet of roses before understand that roses can be quite expensive, and that price only rises on holidays like Valentine's Day. Instead of feeling pressured into giving a dozen longstemmed roses, gift-givers can explore other beautiful flower options available.

Red roses may signify love, but just about any other crimson-hued flower can also represent the strong emotions felt for a sweetheart -- and at a much more affordable cost. When visiting the florist to have a bouquet or arrangement of flowers assembled for Valentine's Day, consider mixing and matching some other flowers for an arrangement with flair and originality.

- Dahlias: Named after Anders Dahl, a Swedish botanist, these flowers are native to Mexico but actually prefer cooler growing conditions. Dahlias come in all sizes, from small blooms of a few inches to much larger blossoms that may be a foot in width. They are related to the sunflower, daisy and chrysanthemum. The Dahlia usually is not a scented flower, which may work for people who are especially sensitive to scented blooms.
- Chrysanthemums: Also known as mums, chrysanthemums are versatile flowers that symbolize optimism, joy, fidelity and love. Although mums are traditionally yellow, they can also be white, red and other hybrid hues.
- Peonies: Peonies are herbaceous perennial plants that produce large, often
 fragrant flowers ranging in color from red to white. Peonies are highly prized
 by Eastern cultures, and in China they are known as the "flower of riches
 and honor."
- Carnations: Carnations have the scientific name of Dianthus, which means "flowers of God." Carnations are particularly coveted because they can last long after being cut, which makes them popular in floral arrangements. Dark red carnations are said to convey affection and deep love. Because of their popularity, carnations are often easily affordable.
- Columbine: Columbine is native to North America, Asia and Europe. It has lacy-looking leaves and bell-shaped flowers. While columbines are traditionally used as garden plants to attract hummingbirds, a few blooms added to a floral arrangement can brighten up the design.
- Poppies: Low-maintenance and usually easy to grow, poppies' vivid red color and large blooms add to their aesthetic appeal.
- Cardinals: Cardinals are long, tubular flowers that grow wild throughout North America. Tall and dramatic, these red flowers can add drama to any floral arrangement.

The rose may be traditional for Valentine's Day, but gifting with a variety of redhued flowers may add visual appeal and affordability to arrangements.



SAVE MONEY THIS VALENTINE'S DAY

Valentine's Day can be a joyous time for couples, but it can also be expensive. A bouquet of roses and some new jewelry capped off with a night out on the town adds up, and many men and women find themselves looking for ways to celebrate Valentine's Day without breaking the bank.

While a night in is always a great way to save some money, couples can still spend a night away from home without straining the wallet. The following are a few ways cost-conscious couples can save some money this Valentine's Day.

- Avoid prix fixe. Many restaurants offer prix fixe menus on Valentine's Day.
 These menus reduce the amount of options at a couples' disposal, and couples
 might be forced to pay for several courses when they would prefer just an
 entree. If cost is a concern, pick a restaurant that offers a full menu instead
 of prix fixe. This allows you to avoid potentially costly appetizers and desserts while still affording you the opportunity to share a night out together.
- Avoid going out on Valentine's Day. Another way to save money is to go out
 a day or so before or after Valentine's Day instead of on the holiday itself.
 Many restaurants are fully booked for dinner on Valentine's Day, so you
 might be forced to choose a restaurant that stretches your budget. It should
 be easy to book a reservation a night before or after the holiday, and doing
 so allows you to choose a restaurant that's more aligned with your budget.
- Shop ahead of time. It's customary to exchange gifts with your significant other on Valentine's Day, but it might be difficult to find a good deal on a gift if you wait until the last minute. Rather than procrastinating, shop for a gift well in advance of the holiday. Because of the proximity of Valentine's Day to the holiday season, you might be able to find a gift when shopping for the holidays. The holiday shopping season is known for its great deals, so look for something you can save until mid-February. If you go this route, just make sure the gift you buy will still be eligible to be returned or exchanged if need be. Even if you wait until after the holiday season to find a gift for your valentine, the earlier you start shopping the more time you have to comparison shop and hunt for a deal.
- Consider a picnic. A day or night away from home doesn't have to be spent
 at an expensive restaurant or on a romantic getaway. If the weather allows,
 consider a picnic in the park. Cook up your valentine's favorite meal and
 bring along a bottle of wine and then enjoy some time together under the
 warm sun at a fraction of the cost of a more traditional Valentine's Day date.
- Forgo roses for a rose bush. Roses are a staple of Valentine's Day, but they
 can also bust a budget. Instead of an expensive bouquet, tell your loved one
 you will plant him or her a rose bush instead once the weather warms up.
 This frees up some money in the short term, and once the rose bush blooms
 this will prove one Valentine's gift that keeps on giving.

Valentine's Day is a beloved tradition for many couples, but it doesn't have to stretch your budget.



DEATH NOTICES

Marie E. Capobianco

Entered into rest, January 26, 2014, Marie Ielpi Capobianco, 92, of Naragansett, RI, formerly of Orange, CT; wife of the late Peter P. Capobianco; beloved mother of

Celeste C. Corcoran, MD (J. Russell, MD) of So. Kingston, RI and Peter N. Capobianco of San Diego, CA; cherished grandmother of Carlye Ann Corcoran; sister of the late Alfred & Ann Ielpi and Joseph Elpi; born in New Haven on August 2, 1921, daughter of the late Vincent & Adelina Saldino Ielpi. Marie retired as a supervisor of medical records at St. Raphael's Hospital and was a past president of the Hospital's Ladies Auxilliary. She was a long time communicant of Holy Infant Church and very active in its Woman's Guild and CYO programs as well as serving as a volunteer for the American Cancer Society and the Legion of Christ.



Marie E. Capobianco

Funeral arrangements were handled by Maresca & Sons Funeral Home, 592 Chapel Street, New Haven on February 1st. Mass of Christian Burial was in Holy Infant Church, Orange with burial in Orange Center Cemetery. In lieu of flowers, contributions may be made to St. Mary's Star of the Sea Church, 864 Point Judith Road, Naragansett, RI 02882. Offer condolences at www.marescafuneralhome.com.

Philip J. Casolino

Entered into rest, January 29, 2014, Philip J. Casolino, 92 of New Haven Avenue, Orange; beloved husband of Edna Fusco Casolino; father of David (Janecke) & Thomas

Casolino of Orange, Elizabeth (Francesco) D'Amato of Hamden and Andrew (Kathy) of IL; also survived by 8 grandchildren; predeceased by his brother Julius; born in New Haven July 3, 1921, son of the late Andrew & Elizabeth Anastasio Casolino. Philip graduated from Trinity College with a BA degree, later from Fort Schuyler Maritime College as a deck officer and received his MBA from Harvard Business School. He had been employed as an Industrial Engineer by Ford Motor Co., later by Sikorsky Aircraft and retired from Armstrong Rubber Co. Phil enjoyed traveling with his wife Edna of 62 years to over 50 countries.

A Mass of Christian Burial was held at Holy Infant Church,



Philip J. Casolino

450 Race Brook Road, on Saturday, February 1st. Burial followed in St. Lawrence Cemetery. In lieu of flowers contributions may be made to Our Lady of Grace Monastery, 11 Race Hill Road, Guilford, CT 06437. Offer condolences at www. marescafuneralhome.com. Maresca & Sons Funeral Home, 592 Chapel St. was in charge of arrangements.

George Edward Panza

George Edward Panza, 85, of Allingtown, West Haven, CT entered into to his eternal rest with The Lord January 13, 2014. He was the husband, 64 years, of

Dolores E. DeMarseilles Panza; her loving Georgie. Always supportive Father of Florinda {Lin} (Thomas) Hayes, Pascal (Sheila) Panza, and Janet (Joseph) Manfield. Brother of Anthony and John Panza. Loving Pop and Big Guy to Matthew (Kristin) and Michael (Bethany) Hayes, Nichole Panza, Danielle Panza, and Joseph Manfield. Devoted great grandfather to Emmett, Michael, Sara, Alexandra, and Tobin.



George Edward Panza

A guiding light and steady tiller to five generations, Mr. Panza, 7th of 8 children of his parents Pascal and Florence Ardolino Panza, Mr. Panza was also predeceased by his sisters Carolyn (Louis) Iannucci, Fannie (Jake) Giuliano, Dolores (Joseph) Labanaro, Anna Mongillo, and his brother Sabino (Sue). Mr. Panza

proudly served his country during the Korean Conflict with U.S. Army National Guard of Connecticut, 102nd Infantry, 43rd Division.

In 1940, Mr. Panza, with his father and brothers, founded Panza Construction and Woodworking Company. At the time of his death he was Chief Operating Officer of Panza Construction, Panza Enterprises, and Quality Restoration and Supply Company, all of West Haven, CT., where he was fully engaged in the work he loved: millwork, cabinetry, and custom moldings. Mr. Panza's leadership and direction



DEATH NOTICES

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@orangetownnews.com of residential and commercial construction and renovation was well accomplished and respected throughout the tri-state area.

Mr. Panza served his church by volunteering his tradesman skills and steadfast get-it-done, leadership, and serving as an usher throughout his lifetime. He was a life member of both The Amity Club and The Veterans of Foreign Wars. He was an over 20 year veteran umpire of the American Softball Association. Upon his "retirement" in 1993, "GP" was honored by both the Connecticut Legislature and the City of West Haven for his exemplary citizenship. In addition to his warm smile and blue collar grit, Mr. Panza was well known for his playful but pointed idioms: "If you're not sick, get up and go"; "There is a solution to every problem; "Don't worry about it."

A self-taught wine maker, Mr. Panza enjoyed sharing his love of the family tradition with his sons and grandchildren with every Panza-Hayes vintage pressed and bottled; almost as much as he enjoyed sharing the fruits of that labor with family and friends at seasonal holidays and special occasions.

George's family is most grateful for the care and attention provided to Mr. Panza by the staff at Yale-New Haven Hospital Emergency Department and 6-1 ICU. They provided timely and effective trauma care and made his last days comfortable, and, patiently and compassionately, supported his family in their time of need.

West Haven Funeral Home at the Green handled the arrangements. His funeral procession was on Friday, January 17 with a Mass of Christian Burial St. Paul's Church, West Haven, CT. Burial followed in St. Lawrence Cemetery. Donations in George's name are encouraged to be made to the George and Dolores Panza Scholarship Fund c/o The Amity Charitable Trust, P.O. Box 4192, Yalesville, CT 06492. To leave an online condolence, please visit www.westhavenfuneral.com.

POSITION AVAILABLE

POSITION: Spring Session: Interim Director for Adult & Continuing Education* Evenings (Tuesday-Thursday)

REQUIREMENTS: Connecticut certification: 092 - Intermediate Administration and Supervision

LOCATION: Amity Regional District No. 5

RATE: To be determined

START: Spring Session – Starting March 3, 2014

APPLY TO:

Amity Regional School District No. 5 ATTN: Personnel-SS-IDA&CE-D 25 Newton Road Woodbridge, CT 06525

DEADLINE: Tuesday, February 11, 2014

*Interested candidates please submit:

- Cover letter
- Cover let
 Resume
- Letters of Recommendation (min. of 3)
- Copy of proper, valid Connecticut certification

 $If \ responding \ via \ email, \ please \ send \ via \ paula.cofrancesco@reg5.k12.ct.us. \ Any \ questions, contact \ Paula \ Cofrancesco \ at \ 203-397-4861 \ or \ Email-paula.cofrancesco@reg5.k12.ct.us.$

The Amity Board of Education does not knowingly condone discrimination in employment, assignment, program, or services on the basis of race, gender, color, religion, national origin, age, sexual orientation, disability, or unrelated abilities to perform the duties of the position.

POSITIONS AVAILABLE

The following coaching position(s) is/are open as follows:

2013 – 2014 School Year SPRING 2014

Asst. Varsity Boys' Lacrosse Coach Asst. Varity Boys' Track Coach

Applications may be obtained by calling the Athletic Department at 203-397-4839.



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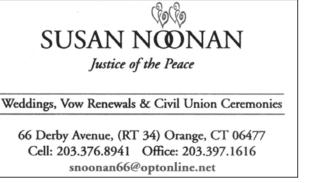














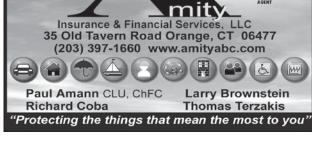




natureandscents@yahoo.com

www.natureandscents.com Free Consultation/Insured/References Sharon L. Hine 203 668 6315

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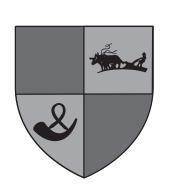
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ENTERTAINMENT

TOP 10 MOVIES

1. Lone Survivor (R)

Mark Wahlberg, Taylor Kitsch

2. Frozen (PG) animated

3. The Legend of Hercules (PG-13) Kellan Lutz, Gaia Weiss

4. The Wolf of Wall Street (R) Leonardo DiCaprio, Jonah Hill

5. American Hustle (R)

Christian Bale, Amy Adams 6. The Hobbit: The Desolation

of Smaug (PG-13) Ian McKellen, Martin Freeman

7. August: Osage County (R) Meryl Streep, Dermot Mulroney

8. Saving Mr. Banks (PG-13) Emma Thompson, Tom Hanks

9. Paranormal Activity: The Marked Ones (R)

Andrew Jacobs, Jorge Diaz

10. Anchorman 2: The Legend Continues (PG-13)

Will Ferrell, Christina Applegate

TOP 10 RENTALS

1. We're the Millers (R)

Jennifer Aniston

2. Elysium (R)

Matt Damon

3. The Wolverine (PG-13)

Hugh Jackman

4.2 Guns (R)

Mark Wahlberg

5. Man of Steel (PG-13)

Henry Cavill

6. The Lone Ranger (PG-13)

Johnny Depp

7. The Heat (R)

Sandra Bullock

8. Insidious: Chapter 2 (PG-13)

Patrick Wilson

9. The Internship (PG-13)

Vince Vaughn

10. White House Down (PG-13)

Channing Tatum

STRUCKHOFF



Matthew McConaughey in "The Dallas Buyer's Club"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Feb. 3, 2014.

PICKS OF THE WEEK

"The Dallas Buyer's Club" (R) --Matthew McConaughey delivers a career-altering performance as a hardpartying cowboy who became a hero to many people only after he was told he had 30 days to live. Ron Woodroof (McConaughey) was diagnosed with HIV in the early 1980s, when little was known about the virus and many promising treatments were not available in the U.S. Ron sets about smuggling medicine into Texas for the benefit of himself and the HIV-positive population.

As Ron's character develops, there is a raw and believable change as he sympathizes with people he used to shun. The film also carries a strong contender for best supporting actor with Jared Leto as Rayon, a transsexual and fellow HIV patient who becomes Ron's friend and business partner.

"About Time" (R) -- Tim (Domhnall Gleeson) is a decent, fumbling, charming and awkward young Brit who learns on his 21st birthday that the men in his family can time travel -- only into the past and only into moments from his own life. Tim's power allows him to erase and re-do his most uncomfortable mistakes and missed opportunities. He spends the rest of his (screen) time keeping his girl and staving off life's tragedies.

Written and directed by Richard Curtis (veteran of a thousand English romantic comedies, including "Love, Actually" and "Four Weddings and a Funeral"), the movie deviates just a little while still showing the Curtis stamp. It's painfully cute, full to the brim with sentiments and a little clumsy while advancing the plot. It's an easy watch, and sure to have a few laughs for even the most cynical viewers.

"Free Birds" (PG) -- This is the big, animated, star-studded, 3D Thanksgiving movie about turkeys using a time machine to go to the first Thanksgiving and prevent turkey from ever being part of the tradition. Though it's stuffed with sight gags and goofy sidekicks, it's just never very funny. The way factory farms and turkey hunts are depicted can be pretty scary for the young ones. If you want your child to be a vegetarian, there must be a kinder way than making him or her sit through this.

CHART BUSTERS

Top 10 Pop Singles

1. Pitbull feat. Ke\$ha

"Timber"

2. One Republic

"Counting Stars"

3. Eminem feat. Rihanna

"The Monster"

4. Lorde

"Royals"

5. A Great Big World &

Christina Aguilera "Say Something"

6. Katy Perry

"Dark Horse"

7. Passenger

"Let Her Go"

8. Avicii

"Wake Me Up!"

9. Miley Cyrus

"Wrecking Ball"

10. Imagine Dragons

"Demons"

Top 10 Country Singles

1. Florida Georgia Line

"Stay"

2. Luke Bryan

"Drink a Beer"

3. David Nail

"Whatever She's Got"

4. Luke Bryan "That's My Kind of Night"

5. Cole Swindell

"Chillin' It"

6. Cassadee Pope

"Wasting All These Tears"

7. Eli Young Band

"Drunk Last Night"

8. Jason Aldean "When She Says Baby"

9. Zac Brown Band

"Sweet Annie"

10. Parmalee

"Carolina"

Who had a hit with "Shadow Dancing"?

- Which song was originally titled "Guess Who's Making Whoopie (With Your Girlfriend)"?
- Name the group that released the cover of "Little Darlin' in 1957.
- Which duo released "Leather and Lace" in 1981?
- Name the song that contains this lyric: "I'm not superstitious about ya but I can't take no chance. You got me spinnin', baby, you know I'm in a trance."



lly by Eddie Floyd in 1966. Others have done covers, but it was Amii Stewart in 1979 that made it a dan

Mike Rosenberg

J. Andy Gibb, in 1978. The Jackson 5, in 1971. The title was chang 2 "Mama's Pearl," by the Jackson 5, in 1971. The title was chang

Weekly **SUDOKU** by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging * * * HOO BOY!

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Sudoku answers on J

COMICS/CROSSWORD/HOLLYWOOD

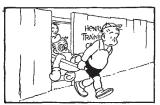
























ACROSS

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- 11 Carry on
- 13 One's years
- 14 Carry on
- 15 Eastern
- potentate 16 Scrooge's
- cry 17 Open
- slightly
- 18 Beelzebub
- 20 Grate 22 Tiny veggie
- 24 Cafe
- 28 Frisbee material
- 32 Trembled
- 33 Apiece
- 34 One of the Seven
- Dwarfs 36 Smell
- 37 Group character Missile
- launcher Mexican
- cactus 43 Humor
- 44 Newcomer
- 46 Indiana's state flower
- 50 Not working
- 53 The 50 States (Abbr.)
- 55 Perlman of "Cheers"
- 56 Layer

King Crossword

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- once 59 Health
- resorts 60 Pirouette
- pivot 61 Chances, for short
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- 1 Angers
- 2 Dalai -3 Make with yarn
- Taxi Culture
- Detox
- location patrons
- medium
- - 30 Sore
- 23 Help 25 Agenda

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(Var.)

9 Eggs

21 Bro's

10 Apiece

12 They use

19 Trawler need

counterpart

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- heading 26 Chess piece 50
- 27 Gumbo ingredient 28 Sound from
- a chick 29 Tardy
- Some casino 31 Corn on
 - the -

- 35 Crow's call 38 Pigpen
- 40 Goose egg
- 42 Burst, volcano-
- style clay pigeons 45 Norway's
 - capital Columbus'
 - home 48 Tide type
 - 49 Sweet potatoes' kin "- only a
 - paper moon. Chips'
 - go-with 52 Meadow
 - 54 Sailor's assent

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By Tony Rizzo

HOLLYWOOD -- Robert Redford won the New York Film Critics Circle Award and is Oscar bound for "All Is Lost," in which he was the only actor on screen for the entire film. After that, why do you suppose he chose (at 77) to do a featured role in the upcoming sequel "Captain America: The Winter Soldier" with Chris Evans, Scarlett Johansson, "Revenge" star Emily Vancamp and Samuel Jackson? It'll be out in April.

Cate Blanchett, who won a best actress nod from the Critic Circle for Woody Allen's film "Blue Jasmine," has completed five films, starting with "The Monuments Men" with George Clooney and Matt Damon; the animated "How to Train Your Dragon 2," with Gerard Butler and Jonah Hill; the third and final installment of "The Hobbit: There and Back Again"; and two films for Terrence Mallick: "King of Cups" with Christian Bale and Natalie Portman, and the untitled Mallick musical drama with Ryan Gosling, Christian Bale, Natalie Portman, Michael Fassbender, Rooney Mara, Val Kilmer and Benicio del Toro. Cate currently is filming Kenneth Branagh's live action "Cinderella."

Dan Stevens died in the season three closer of "Downton Abbey" and was the topic of the season four premiere, watched by 10.2 million viewers, because he wanted to move on. He's filmed "The Guest," screened Jan. 17 at The Sundance Festival; "The Cobbler," with Adam Sandler, Dustin Hoffman and Steve Buscemi, arriving in November; and is playing Sir Lancelot in "Night at the Museum 3," with Ben Stiller,



Cate Blanchett

Robin Williams and Ricky Gervais. And everyone thought he was crazy to leave "Downton Abbey"!

CBS will send off "How I Met Your Mother" to rerun heaven March 31 with a special hour finale. ... "Friends With Better Lives," which stars James Van Der Beek (last seen in "Don't Trust The B---- In Apartment 23"), Brooklyn Decker (wife of tennis pro Andy Roddick in real life) and Kevin Connelly (who will reprise his character Eric Murphy in the film version of "Entourage") will follow it, hopefully to fill the void. ... NBC plans a mid-season premiere of Jon Favreau's "About a Boy," with Minnie Driver and David Walton (of "Burlesque" and seven episodes of "New Girl"); and "Growing Up Fisher," with Jenna Elfman ("Dharma & Greg") and J.K. Simmons (so good on "The Closer" and inv all those Farmers Insurance commercials). The show's executive producer is Jason Bateman, who also will be the narrator. The pilot was directed by "Friends" star David Schwimmer. Bateman just completed "Horrible Bosses 2" with Jennifer Aniston, Jason Sudeikis, Charlie Day and Kevin Spacey, out in November. Wouldn't it be funny if executive producer Jason Bateman turned out to be a "Horrible Boss" 2?





A COUPLE OF EGGS WILL BE



WHEN I'M ILL, I EAT THEM SOFT-BOILED...











PROPERTY TRANSFERS

335 PINE TREE DR Robert J Smith to George Amigdalos
416 LONGMEADOW RD Michael R Mulherin CO TR to Jay Arnold
321 RACEBROOK RD Anthony Dalto II AKA to Yuxiang Zhao
542 MEETINGHOUSE CIRCLE Benjamin Cutrufello to Hyeonsu Kim
397 NARROW LA Thomas Rodriguez to Lan Wei
83 GRANNIS RD Bruce E Rapuano to Sachin Kulkarni\$360,000
213 DEERFIELD LA Sunrise Hill Estates LLC to Marilyn M Lender\$461,924
204 DEERFIELD LA Sunrise Hill Estates LLC to Joseph P Robilotto
207 HYLAND TERRACE Marybeth Chugg ESQ to Luciano Verdura JR\$295,000



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Classified ads are \$20 for up to 20 words.

Each additional word is 50 cents.

All ads must be prepaid. All ads are subject to approval.

Send a copy of your ad and check payment to:

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SERVICES

ACADEMIC TUTORING - For middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

HOUSE CLEANING - Good references! Good prices! 12 years' experience! Call Ediomar (203) 945-7820.

A.D. MASONRY - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: www.crofut.com/a.d.masonry/.

HOUSECLEANING - We use eco-friendly products to make your home sparkle! Professional, detailed, dependable. Belle Home Housecleaning. 203-647-0383 or email karen@bellehome.net Please visit us at www.bellehome.com.

WWW.ORANGETOWNNEWS.COM



All real estate advertising in the Orange Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Orange Town News will not knowingly accept any advertising for real estate which is in violation of the law.



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Orange Town News, P.O. Box 1126, Orange, CT 06477

FOR RENT

WOODBRIDGE - UNITS AVAILABLE - INCLUDING UTILITIES. Waiting list open. Applicants must be 62 or older or disabled. One Br-\$978/mo; Two Br-\$1057/mo incl all utilities. Not subsidized. Patios, private entry, all ground level access. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

ORANGE - Handicapped apartment, 2BR, center of town. Gas heat, \$1,284 plus utilities. Agent: 203-795-8888.

OFFICE SPACE AVAILABLE - Various options, desk space and/or whole office. Orange shopping center, 663 Orange Center Road. Frank Woodruff Rogers, owner. 203-795-8888.

ORANGE – 5 room apartment, second floor. \$1225. Orange Center Road. Agent: 203-795-8888

SMALL OFFICE FOR RENT - Peoples Bank building. 653 Orange Center Road. Call owner agent Frank: 203-795-8888.

FOR SALE

TWO BURIAL PLOTS - available in Orange, CT. 650.00 each or 1100.00 for both. Call if interested: 1-610-419-1285. Leave message.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 175 local non-profits. Donate your furniture, housewares, clothing etc. and make a difference! Call 203-782-4800 for Furniture Pick-Up. Two Locations for donation drop-offs and shopping: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

CLASSIFIED ADS START AT JUST \$20!

Call 203-298-4399 for more information.

King CrosswordAnswers

Solution time: 21 mins.

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Weekly SUDOKU

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ARTS & LEISURE



Papercrafting is an inexpensive hobby that can produce beautiful creations for various occasions.

PAPERCRAFTING FOR VALENTINE'S DAY

Millions of cards are exchanged each Valentine's Day, which, according to the Greeting Card Association, is the second most popular holiday to exchange cards, trailing only Christmas.

While thousands of greeting cards perfectly express personal sentiments, many individuals still prefer to craft their own personalized valentines. Papercrafting creates something unique and worthy of saving. An art form in which paper is used to create three-dimensional objects, such as models or sculptures, papercrafting's most widely known manifestation is origami, in which paper is folded and manipulated into various forms. Papercraft also can be used to make pop-up cards and other elaborate creations.

Papercrafting can be enjoyable and challenging and generally requires a good eye for design. But computer software programs and templates exist to make papercrafting a more viable option for those without a flare for design.

One of the advantages to papercrafting is it tends to be inexpensive. All a person needs is paper, a creative idea, a cutting tool, and an adhesive. Various projects can be created to make heart sculptures, homemade paper gift boxes, cupids, cards, and three-dimensional flowers ideal for Valentine's Day. Web sites like pepakuracorner. blogspot.com, www.papercraftsquare.com or kelleighratzlaff.com are great resources for prospective papercrafters.

Craft stores such as Michaels, A.C. Moore and Hobby Lobby also may offer tutorials on how to design and build various papercrafts. Visit a local store and inquire about classes. Such stores also may have books on papercrafting that often come with templates to help beginners get started. Books worth investigating include "Paper + Craft: 25 Charming Gifts, Accents, and Accessories to Make from Paper," by Minhee and Truman Cho; "Paper Made!: 101 Exceptional Projects to Make Out of Everyday Paper," by Kayte Terry; and "Decorating with Papercraft: 25 Fresh and Eco-Friendly Projects for the Home," by Clare Youngs.

Papercrafting allows men, women and children to put personal touches on crafty Valentine's Day projects.



THE MANY BENEFITS OF MASSAGE THERAPY

Advertisements for vacation destinations often paint couples' massages as the premier romantic activity. It's true that massages can be relaxing and sensual, making such sessions ideal gifts come Valentine's Day. Yet, massages aren't just sultry oils and New Age music. They can actually be very good for overall health.

Massage therapy is beneficial in various ways. Massage is no longer just available in upscale health clubs or luxury spas. Massage spas have cropped up in malls, hospitals, clinics, and even office buildings, making massage therapy that much more accessible.

The Mayo Clinic notes that while more research is needed to confirm the benefits of massage, it may be helpful for a variety of health ailments. In addition to easing sore muscles, reducing joint pain and helping soft tissue strains or injuries, massage can promote relaxation, reduce anxiety and calm feelings of stress. Massage reduces levels of the stress hormone cortisol. This helps to lift spirits and can often lower blood pressure. Massage also may help to boost the neurotransmitters dopamine and serotonin, which are associated with depression.

According to Health magazine, massage also can help promote healthy sleep. It has something to do with the effect of massage on delta waves, which are the brain waves connected to deep sleep. There is some evidence that massage can also increase white blood cell counts, promoting improved immunity.

Many people rely on massages to relieve pain. According to a report published in 2011 in the American College of Physicians' "Annals of Internal Medicine," massage helps people in pain feel and function better than those who do not receive treatment. Massage can alleviate stiffness and pain and promote a better range of motion. And pain relief is not just for the back, arms and legs. Massage can reduce risk for migraines and decrease pain from tension headaches.

Massage even has beauty benefits. Rubbing the face and scalp can promote blood flow and encourage lymphatic drainage. This can add vitality to the complexion and plump up the skin. Dull hair may appear more shiny and revitalized.

People can explore different types of massage and experiment with what works best for their ailments. Everything from Swedish massage to reflexology is offered at massage clinics.

Because massage involves being partially or completely undressed and having a massage therapist touch various areas of the body, it is important to find a therapist with whom you feel comfortable. Make sure that the therapist is fully certified and qualified. It also helps if he or she is properly vetted by the spa or clinic. Therapists will heed a person's preferences with regard to the massage, only concentrating on the areas specified. If anything feels uncomfortable or a client prefers not to have an area of the body touched, he or she simply needs to address that with the therapist at the beginning of the session.

The gift of a massage session can be romantic and improve one's overall health.



ORANGE RESIDENTS!

Have an Upcoming Birth Announcement,
Anniversary, Engagement or Wedding?
Send it to us with a photo and we will publish it FREE.
Orange Town News, P.O. Box 1126, Orange, CT 06477
Email: edit@orangetownnews.com





KARATE CLASSES OFFERED BY ORANGE PARK & RECREATION

The Orange Park and Recreation is offering karate classes for ages 4 to adult. Classes start March 4, 2014 at the High Plains Community Center. Superior Karate offers a family discount and also teaches in Stratford, Trumbull and Monroe. For more information, contact Chris Sansonetti at 203-936-7508 or visit www.superiorkarate.net.

AMITY SOFTBALL's Spring Fundraiser Support Our Freshman, JV and Varsity!

****MOHEGAN SUN BUS TRIP****

When: Saturday, March 22nd 2014 Pick-up: AHS 3:45pm/Return 12am

Cost: \$40/ticket

INCLUDES:

- \$15 Food Voucher
- \$15 Bet Voucher
- Round Trip Transportation From/To Amity High School
- 50/50 Raffle
- Goods and Services Raffles from Local Restaurants and Merchants!

Make checks out to Judi Eaves or Cash and send to: Tony Ferranti, 551 Locust Dr., Orange CT 06477 or Judi Eaves, 53 Lacey Rd., Bethany CT 06524

Contact Info:

Tony Ferranti: (203) 687-1432 tony@appleoil.com Judi Eaves: (203) 606-0694 judieaves@sbcglobal.net

Community Meeting

ORANGE PLAN OF CONSERVATION AND DEVELOPMENT

How Can Our Town Plan Make Orange An Even Better Place?

The Town Plan and Zoning Commission is updating Orange's Plan of Conservation and Development. <u>Come tell us what you think!</u>

Tuesday February 25, 2014

7:00 PM to 9:00 PM um @ High Plains Communit

Gymnasium @ High Plains Community Center 525 Orange Center Road



PLEASE PLAN ON ATTENDING!



BARK BYTES...

By Richard & Vicki Horowitz

Why Spay or Neuter Your Dog?

February is Spay/Neuter Awareness Month in addition to World Spay Day on February 26. Spaying or neutering your pet is important for a number of medical and behavioral reasons. In the United States, millions of animals are put to death because of overpopulation - there are not enough good homes to go around!

Medical Reasons

- Because neutering removes the testes, your male dog will be at a lower risk
 for testicular cancer. Spaying females prior to their first heat cycle will help
 eliminate the risk of breast cancer and prevents uterine infections and
 uterine cancer.
- As your male dog gets older, his prostrate will enlarge which can make urination difficult. If his prostrate becomes infected, it is difficult to treat without neutering.
- Carrying and giving birth to puppies can be both physically dangerous and stressful for your female dog. Spaying eliminates these potential risks.

Behavioral Reasons

- **Marking.** Male dogs and cats mark their territory by spraying urine. This urine can have a strong odor, particularly in cats. Neutering helps eliminate the odor and incidences of spraying.
- **Roaming.** Male dogs that are not neutered often roam around looking around for females in heat. Conversely, female dogs in heat will roam to look for male dogs. This can cause them to get lost or injured. Male and female dogs that have been spayed or neutered often live longer, mainly because they engage in less risky behaviors like running away.
- **Aggressiveness.** Some research suggests that neutered male dogs display less aggression towards other dogs, while other studies dispute this. However, it is known that other male dogs can easily detect an unneutered dog's high testosterone level and become aggressive. Females may be less aggressive toward both dogs and people after they're spayed. Un-spayed females may try to get the attention of a male dog by fighting. Spaying can reduce or eliminate this behavior. Spaying your dog can also eliminate the possibility of hormonally driven guarding behavior.
- **Mounting.** A dog that is neutered is less likely to mount other dogs, furniture and inanimate objects. Although mounting can reflect a sexual behavior, it can also be a display of dominance. Neutering will only eliminate sexual mounting.

A common myth is that neutering can adversely affect your dog's personality. Not so! It may change behaviors related to male sex hormones (such as aggressiveness), but not your dog's friendliness or playfulness. Additionally, if you have more than one pet in your home, your pets will generally get along better if they are neutered.

Neutering will not eliminate all of your dog's behavior problems. It will help reduce testosterone levels in male dogs, but it will not eliminate the hormone completely. If your dog continues to have behavior or obedience problems, training can help eliminate these unwanted behaviors.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue. Call 203-298-4399 to place your ad!



ARIES (March 21 to April 19) Seeing the silly side of some really ridiculous situations helps give the Lamb a new perspective on how to handle them. Some important contacts can be made this weekend.

TAURUS (April 20 to May 20) Try to complete your outstanding tasks by midweek. This leaves you free to take advantage of new possibilities -- both professional and personal -- opening up by week's end.

GEMINI (May 21 to June 20) With both your creative side and your energy levels rising this week, you should be able to tackle that too-long-neglected project again. A family member might have important news.

CANCER (June 21 to July 22) An explanation you requested seems to be more confusing than enlightening. You should insist on clarifications now, rather than deal with problems that might arise later.

LEO (July 23 to August 22) Your energy levels might be ebbing a bit. But that's no excuse for taking catnaps when you could be working on those unfinished tasks. There'll be time to curl up and relax by week's end.

VIRGO (August 23 to September 22)

It's a good time to get those ideas out of your head and into a readable format if you hope to have them turned into something doable. A good friend is ready

with worthwhile advice.

LIBRA (September 23 to October **22)** Careful -- you might be stepping into dangerous territory if you decide to "exaggerate" the facts too much. Remember: The truth speaks for itself and needs no embellishment.

SCORPIO (October 23 to November

21) Although your workplace successes have earned you many admirers, there are some colleagues who are not among them. Be careful how you proceed with your new project.

SAGITTARIUS (November 22 to **December 21)** You might have to go into great detail to explain why you're currently reluctant to make changes to an already prepared plan. Be sure you have all the facts to back yourself up.

CAPRICORN (December 22 to January 19) Travel plans might still be uncertain. But instead of getting upset about the delay, open yourself up to other possibilities, and begin checking out some alternative destinations.

AQUARIUS (January 20 to February

18) Changing conditions might require you to alter some of your plans. While you might be agreeable to this, be prepared with explanations for those who do not want changes made.

PISCES (February 19 to March 20)

Although you might have to deal with some detractors who aren't too kind in their critiques, you gain points when you're willing to stand up and defend your work.

BORN THIS WEEK: You have a gift for creating a warm and loving environment between yourself and others.

LITTLE DOG GETS TOO MANY TREATS

DEAR PAW'S CORNER: How many treats is it safe to feed to a small dog at once? My grandmother always feeds two big fake pepperoni sticks to her Shih-Tzu after each walk. She walks "Cody" three times per day. Cody is looking a little stout. -- Lila S., Dothan, Ala.



DEAR LILA: Most pet-food products, including treats, have a suggested serving amount based on a dog's size. But in general, pet treats should make up no more than 10 percent of the pet's total daily calories.

Six "pepperoni"-flavored sticks per day is an awful lot of treats for a small dog. Does Cody eat all of his regular pet food as well? How much food is he given at his mealtimes?

It can be difficult to correct a situation like this when you're not the pet owner. However, you should give it a try. Ask your grandmother how Cody's last veterinary exam went, and whether the vet mentioned his weight. Ask her if you can help monitor Cody's food intake, and try to convince her to reduce the amount of treats the dog receives after each walk. I'm willing to bet that if she feeds Cody just half a stick, breaking it into small pieces that she gives one at a time, the dog won't notice the reduced amount.

Find out from your grandmother if the vet has recommended a lower-calorie diet for Cody. If so, look at ways to get that calorie count down, and convince her to reduce the amount of treats to just one or two small bites of Cody's favorite pepperoni stick after each walk. Your grandmother may resist, but it's important for Cody's health and is a way to ensure a longer relationship with her favorite dog.

Send your questions or advice to ask@pawscorner.com.

Just Like Cats & Dogs



MISTER BREGER By Dave Breger



"What a hard day at home I'VE had, dear-three murders, four fatal illnesses, three tragic accidents, two suicides and six nervous breakdowns!

LAFF-A-DAY



PAGE 39

"I warned you not to make loud comments about his being a fake!"

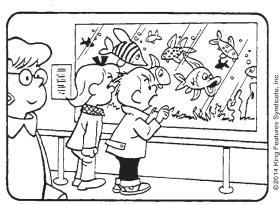
HUBERT - - By Dick Wingert



"It isn't a costume, exactly—I came over here

HOCUS-FOCUS





YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below. Differences: 1, Sign is missing. 2. Pendant is missing. 3, Head is moved. 4, Fluorescent light is missing. 5. Fish is reversed. 6, Jacket is missing.

giri baby Names for 2013 1. Charlotte 2. Amelia 3. Olivia 4. Ava 5. Aria 6. Violet 7. Sophia 8. Scarlett 9. Audrey 10. Emma Source: BabyNames.com



Whether it is found in the wild, or grown, harvested and dried, about 2 out of every 3 cats are affected by

the **catnip** plant. Cats will roll in it or try to eat it. As a garden plant, it likes sunny spots, growing 3 feet or more, and displays delicate, bluish flowers in summer. Also used in teas, tinctures, or poultices for human use, it is known to induce calm, restfulness and healing. - Brenda Weaver





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We Sell More Homes in Orange ... Yours Could Be Next!

Your Trusted Neighborhood Real Estate $C \circ m \circ p \circ a \circ n \circ y$



ON DEPOSIT IN 16 DAYS! 7 Skyview Road



ON DEPOSIT! 668 Estelle Court



ON DEPOSIT! 942 Orange Center Rd



ON DEPOSIT! 277 Great Oak Road



ON DEPOSIT IN 38 DAYS! **404 Cold Spring Lane**



ON DEPOSIT IN 11 DAYS! 778 Mapledale Road



ON DEPOSIT IN 5 DAYS! 545 Locust Drive



SOLD! 15 Country Club Close



SOLD in 9 DAYS! 20 Pryde Drive



SOLD in 3 DAYS! 542 Meetinghouse Cir



SOLD in 35 DAYS! **70 Sunset Drive**



SOLD in 22 DAYS! 497 Ridge Road



SOLD in 6 DAYS! 747 Mapleview Drive



239 Hemlock Hill Road



SOLD! 358 Knight Lane



SOLD in 41 DAYS! 823 Hillcrest Road



351 Grassy Hill Road



317 Drummond Road

CARTUS

Rte. 114, 564 Racebrook Rd., Orange, CT 06477 • 203.795.6000

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ORANGE, WE GOT YOU COVERS
ON YOUR WAY TO WORK, AND ON YOUR WAY HO









VALID AT: RT.15 MERRIT PARKWAY **ORANGE SERVICE PLAZAS** NORTHBOUND & SOUTHBOUND

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Not good in conjunction with any other offer. No substitutions. Additional charge of Extras. Pice tax if applicable.
Does not include Double Meat or Premium subs (Only to be used if the offer excludes Double Meat or Premium subs)







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