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New Cleveland Indian's GM Chris Antonetti pictured with Larry Dolan, owner of the team.

("LOtb" continued from page 1)

left the Expos to join the Indians in 1998 as an assistant in the Baseball Operations Department. Over the next decade he was promoted to director of Major League Operations, then assistant general manager and most recently, vice president in 2007. He's been involved in player acquisitions and evaluations; negotiating player contracts; and managing the Indian's farm system, professional scouting department and statistical analysis systems.

In his tenure with the team, Antonetti has worked closely with former GM and new team president Mark Shapiro who mentored and empowered him along the way. In early 2000, Antonetti helped Shapiro orchestrate the team's historic rebuilding efforts that transformed an aging roster back to a playoff contender. He has helped build the club's more recent influx of championship-caliber talent like Shin-Soo Choo, Chris Perez, Carlos Santana, Asdrubal Cabrera, Justin Masterson, Drew Pomeranz and LeVn Washington. In 2010, the Indians' first-year player draft was hailed by Baseball America as the top draft in major league baseball.

His new position is a dream job for a guy who lives and breathes baseball. As GM, Antonetti is involved in every aspect of running the team -- negotiating player contracts, researching trades and recruits, player development, and managing a multi-million dollar budget which has one of the smallest payrolls in the league. "It's a very demanding job and it would be difficult to do if you weren't passionate about it," Antonetti said, citing long hours and a grueling schedule with just a brief lull around the holidays. "I love the professional baseball environment. It's an exciting challenge to help build a major league team and an organization," he said. Even though he's had job offers from other teams over the years, Antonetti is loyal to the Indians. "I work with a great group of people and it's a very professional organization," he said. "I have a great situation and I'm very happy here." This year promises to be especially exciting as the Indians have a young and talented team. "Last year we had one of the youngest teams in the league," Antonetti said. "I think there will be a lot of excitement and uncertainty this year and we'll have the chance to surprise some people."

Balance in his life comes in the form of his wife, Sarah, who "never asks who we traded that day" and his two young daughters. "I try to be the best husband and father I can be," he said.

SPECIAL FEATURE

Youth Head Injuries: Are You Informed?

By Anne Buley - Orange Town News Correspondent

In the U.S., concussions are an alarmingly commonplace injury, particularly among kids and most particularly among active, athletic ones. The January 31, 2011 issue of TIME magazine presented a comprehensive look at concussions in youth athletics. The report, *Headbanger Nation*, reports that up to 3.8 million Americans are getting concussed per year, according to the Centers for Disease Control and Prevention, and even that big figure is a moving target. In 2005, according to TIME, the number of children who visited the emergency room for treatment of concussions was more than twice what it had been in 1997. Flying under the radar are injuries mild enough to get passed off by coaches as a mere ding or ignored by players—often along with their parents—anxious to get back on the field.

Due to the national debate of concussions, the Orange Town News is taking a closer look into the topic of head injuries in Orange youth athletics and what is being done to protect children in the community. "You must treat every head injury as a concussion, until you can prove otherwise," says Jim Ronai, the coach of several youth sports in Orange and Director of Physical Therapy and Sports Medicine at Rehabilitation Associates in Milford.

Representatives from youth sports in Orange from football and baseball to soccer and basketball agree, and across the board believe that educating coaches, players, and parents about the risks of head injuries and taking safety precautions to protect against concussions is key. "It should be a rule in every league, including every sport in youth athletics, that no one should be allowed to coach until they are properly educated about the signs of a concussion and what needs to be done if it should happen," Coach Ronai says, highly imploring parents to be informed as well. Parents and coaches need to know the tell-tale signs of a concussion, he says, including slurred speech, headache, dizziness, ringing of the ears, malaise and nausea. Later, more serious, symptoms include sensitivity to light, irritability, poor attention and focus.

"I don't think there is enough being done, but there is momentum and the discussion is on the radar screen," Ronai adds. His Rehabilitation Associates employee Katie Bryant, who serves as the full-time athletic trainer at Amity High School, concurs. "Education on the signs and risks of a concussion are so important. It's never appropriate to say that a kid just had his or her bell rung. A head injury, no matter how minor, is a concussion," she says.

Many high schools across the country are implementing computerized baseline cognitive testing before athletes can step on the field, which, according to Bryant, has been discussed at Amity but not executed due to the expense and lack of staff to facilitate it. For now, Amity uses the SAC (Standardized Assessment of Concussions) and the BESS (Balance Error Scoring System) to access if an athlete has suffered a concussion. Bryant points to other safeguards at Amity, noting that while all Amity High School coaches have long been required to take continuing education courses on safety, this year the State of Connecticut is implementing a mandatory course on concussions. "The fact that Amity has a full-time athletic trainer is also an im-

("Head Injuries" continued on page 32)



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ORANGE EDUCATION ROUNDUP

Szatkowski Makes Dean's List at Rider

Matthew Szatkowski, of Orange, a sophomore at Rider University in Lawrenceville, NJ has achieved the Dean's List for the Fall 2010 semester. Matthew is a 2009 graduate of Amity High School and is in the school of Liberal Arts and Sciences pursuing a major in Communications, Radio and Television and a minor in Sports Business. He is the son of Victor and Laura Szatkowski.

Murphy Named to Freshman Honor Roll

On January 27, 2011, the University of Wyoming listed Brendan F. Murphy from Orange on the 2010 fall semester academic Dean's and Dean's Freshman Honor Roll. The honor roll consists of regularly enrolled undergraduates above freshman standing who earned a 3.4 or better grade point average, and freshmen who have earned a 3.25 or better grade point average. To be eligible, students must have been enrolled for a minimum of 12 credit hours taken for letter grades. For more information about the University of Wyoming, view the Web page at: www.uwyo.edu.



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Education Board Prepared to Deal with 2011-2012 Budget

Superintendent James Set to Announce Retirement at End of 2011

By Richard Weizel - Orange Town News Correspondent

ORANGE - During nearly eight years as Orange Superintendent of Schools, Timothy James has faced numerous obstacles. But, as luck would have it, the 61-year old school chief may be facing the biggest challenge of his 40-year education career before retiring at the end of December. James and the Board of Education are trying to meet a request by the Board of Finance to submit a 2011-2012 education budget with a zero percent increase to the current fiscal year's nearly \$17.6 million.

With Orange's share of the three-town Amity regional school district going up more than \$700,000 in the new fiscal year that begins July 1, the town's Finance Board wants the local school board to come in with the zero percent hike. The town's Amity share is rising because a higher percentage of Orange students - 48 percent - will comprise the Amity middle and high school programs for grades 7-12 in September. "We know with all the rising costs it won't be easy and don't know if it's even possible, but it's something we have asked the school board and administration to do," said Republican Board of Finance member Joseph Nuzzo. "Because of the Amity budget we're behind before we even get started, so we have to urge the Orange Board of Education and all other departments to strive for a zero percent increase to keep the budget and taxes from rising too high. We must keep costs down across the board."

However, with education budget hikes of just one percent last year and .08 percent the year before, James and School Board Chairwoman Jeanne Consiglio say while they will "do our very best" to meet the finance board's request, it won't be easy and is unlikely. "We are going to do everything we can, including going over our new budget line item by line item and try and find ways to keep down insurance and fuel costs in an effort to meet the finance board's request," said James. "The (school) board understands what the finance board is seeking and we will make every effort to keep the budget as low as possible." But, James added "we won't sacrifice the high standards of our programs and curriculum and it is our intention to keep our average class size at 18 or 19 students."

James, who told the Orange Town News he's planning to officially notify the school board in March that he will retire at the end of December, said he can't think of a "more daunting task" than keeping the education budget at a zero percent increase - especially after two consecutive years of one percent hikes. James said he and the school board will present the proposed education budget to the Board of Finance later than the usual February deadline - on March 14 at 7:30 p.m. at Turkey Hill School - because they are awaiting word on how many teachers will accept early retirement packages recently offered to them. He said 17 teachers are eligible and that the board is expect-

("Education Budget" continued on page 10)

Michael J. Paolini, CPA

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Phone: 203-668-3368
Fax: 203-799-7826

Published by Orange Town Newspaper, LLC

Publisher Rocky Salperto
 Editor Marlene Silverstein
 Production & Design.... J. Michael Kriz
 Correspondents..... Richard Weizel; Laura Fantarella,
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 Sales Represetnative.... Joy Haines
 Restaurant Profiles..... Susan Noonan
 Contributing Writers Leslie Marsh; Roberta Nestor;
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(*Roof" continued from page 1*)

Lieberman said. Lieberman said he has no clue what the repairs might cost until he learns what caused the leakage. He has consulted a local roofing company to investigate the problem and provide an estimate.

Luckily the water damage was contained to an area that is not frequented by patrons, said library director Meryl Farber. "We are open for business as usual," Farber said. "This has been an extreme winter, we haven't had problems like this in a long time."

Selectman Mitch Goldblatt, who was Chairman of the Building Committee when the library construction began, said the committee hired a reputable architect who had designed other libraries in New England. "The plan included features, like the interior gutters, that were specifically designed to withstand New England winters. Obviously we will do whatever needs to be done to make the necessary repairs, we are not going to let the library fall into a state of disrepair. This winter has caused lots of issues with many properties," he said.

Town Residents Vote to Acquire Mortgage Holding on Stalled Housing Project

By Laura Fantarella - Orange Town News Correspondent

The town's plan to take an assignment of an approximate \$2.1 million mortgage for the stalled 24-acre Lakeside Village project from Bank of America may lead to the town acquiring the property at no cost.

At a town meeting held on January 3rd, residents voted to approve the plan to acquire the mortgage on the site of a proposed 63 unit condominium and affordable housing complex. The property, currently owned by Ravenswood Development LLC, borders Indian Lake and the transfer station on South Orange Center Road.

If the developer cannot pay the debt, the town could end up foreclosing on the property and assume ownership at no cost, according to town attorney Vincent Marino. Bank of America proposed the plan to officials in exchange for the town releasing the \$2.1 million bond on the project that was issued by the bank. "We are stepping into the shoes of the bank," Marino said. "They are assigning the note and mortgage to us. This makes sense because we will be in control of what happens to the property. There really is no downside to the town."

The original proposal for Lakeside Village, submitted in 2006 by Ravenswood Development LLC, called for six residential buildings with 12 dwellings in each unit. In accordance with the state's affordable housing act, at least 20% of the homes would be affordable. Although the town denied the application, the developers received the go ahead from the court after bringing a suit against the town. The revised application called for 63 units, 30 percent of which would be affordable. Construction on the infrastructure began but stopped shortly thereafter when the real estate market collapsed and the developer had financing problems, Marino said.

According to First Selectman James Zeoli, the developers have a timeline to either find a buyer for the property or pay off the debt to the town. "If they are able to sell the property the town will receive back taxes and legal fees, sewer assessments and possibly a donation of land," Zeoli said.

The developer will also have the option of making a deal with the town to reduce the mortgage and retain ownership of the property. "Since the town has no money invested in the land, the selectmen could vote on whether they would accept an offer which would be non-taxable revenue that would go into the general fund," Marino explained.

Town officials did not support the condominium plan citing environmental and safety issues. In a prepared fact-finding statement, among other concerns, the Wetlands Commission stated the project would be located over a former landfill and there was no information on the effect that may have had on the land. "Methane gas would be produced at the site, the potential release of buried hazardous materials and problems associated with uneven settling or compaction. Use of a former landfill without anything in the record from the Department of Environmental Protection as to the proper abandonment and closing creates a substantial health and safety issue that outweighs the need for affordable housing," the draft resolution stated.

Zeoli said he never thought the site was suitable for housing and if the town were to own it, the land may be used to one day expand the transfer station. "I would like to see the site used for leaf compost and brush management eventually," he said.

Orange Town News

OTN Letters Policy

Submit your letters for our "From Our Readers" section to
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Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Orange Town News for publication.** We reserve the right to reject any letter.

CT APDA Offers Scholarships

The Connecticut Chapter of the American Parkinson Disease Association is continuing its scholarship program, established in 2010, for children, grandchildren and legal wards of people who are living or have lived with Parkinson's Disease. There will be three (3) \$500 scholarships awarded in the state.

Candidates must be high school seniors, residing in Connecticut, who will be attending a four-year, two-year or technical college. The awards will be based upon academic achievement, school & community activities and an essay about how their relationship with a relative with Parkinson's Disease has affected their life, especially in regards to their values & career goals. Financial need will not be evaluated.

Applications are due by March 15th. For information, or to receive a copy of the application, please contact Carol W. Scoville, coordinator for the APDA Scholarship Committee, at 860-676-2711.

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Orange Scholarship Fund Association

The Orange Scholarship Fund Association is once again offering scholarships to graduating seniors of accredited secondary schools. The student must be a resident of Orange, but may attend any secondary school.

The scholarship applications may be obtained at the Case Memorial Library or by calling Ms. Jean Virshup at 203-795-9592. The completed applications must be returned by March 15th. Incomplete applications will not be accepted.

These scholarships are made possible by donations from Orange townspeople and local merchants. The scholarships are presented to the winners at a tea to be held at the Case Memorial Library in June.

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Orange Town News

Below are the next two Orange Town News Issue dates and deadlines for your convenience. Thank you for all of your submissions to the paper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
February 25th	March 4th
March 18th.....	March 25th

Note: Copy due by 4:00p.m. Thank you.

Battle of the Bands Benefit At Toad's Place

On Monday, February 21, the Amity Teen Center will be holding its 16th annual Battle of the Bands Benefit Show at Toad's Place, 300 York Street in New Haven. This year all proceeds from the show will go toward a new roof for the Amity Teen Center building at 10 Selden Street in Woodbridge.

For the past three months many teens from Orange, Woodbridge and Bethany have been coming to events at the Center to vote for their favorite local teen bands. These bands will have the privilege of playing at the Toad's Place benefit show. Every member of each band that has been chosen is required to sell tickets for the show to their friends and family, and to volunteer some of their time at the Teen Center. Some of them helped out at our historic "People's United Bank Chilly Chili Run" on New Year's Day in Orange.

The bands that will be playing at the benefit show are: Wreckless, Orcumentary, She Eats Planets, The Hypnosis, Flood The Ark, Without Regrets, 30th of February, Taken To the Skies, Believe, Third of May and As Pirates Often Do.

The doors open at 3:30 p.m. and the show will begin at 4:00 p.m. and go on until midnight. Tickets are \$10 in advance and \$12 at the door. You can buy tickets ahead of time online at www.toadsplace.com. You may also purchase them at the Teen Center on Fridays and Saturdays (February 11th and 12th or February 18th and 19th) between 3:00 p.m. and 10 p.m. If you have any questions, please call our Director Jennifer Boilla at 203 668-9348.

We appreciate all of the community support we had for our New Year's Day 5K race and the three 90-plus year old runners that made history that day. At this event the BOW teenagers will be the stars! They are all putting a lot of effort into preparing for this show. They have a lot of musical talent, so come out that night to support them and help the Teen Center raise money for a new roof.

Anyone wishing to make a tax deductible donation toward this project can mail it to the Amity Teen Center, Inc., P.O. Box 3671, Woodbridge, CT 06525.

Scholarship for Future Teachers

The New Haven County Retired Teachers Association will be awarding a \$1000 scholarship to a graduating senior at a New Haven County high school who has an interest in pursuing a career in teaching. The deadline for applications is March 31, 2011. Applications are available in the guidance office of New Haven County high schools.

For further information contact: N.H.C.R.T.A.; Margaret Fitch, Scholarship Committee at 203 281-1353.

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CLUBS AND ORGANIZATIONS

American Legion Post 127 to Hold Valentine Day Dance

The American Legion Post 127 is holding a Valentine Day Fundraiser Dance Saturday, February 12, 2011 from 7-11pm, at American Legion Post 127, 630 Grassy Hill Road, \$ 20.00 with R.S.V.P., \$ 25.00, at door. The Menu consists of Chicken Marala, Stuffed Shells, Eggplant Rollatini, Desert, and Coffee, B.Y.O.B, Music by "DJ" Chuck Czajkowski of Milford, CT. R.S.V.P. to Silvester Salcedo, 203-650-0118.



Orange Rotary Holds 17th Annual Auction

Please join the Orange Rotary Club at its upcoming 17th annual auction. The evening begins at 6:30 on Friday, March 4, 2011 at the Racebrook Country Club, 246 Derby Avenue. (Route 34).



Kick off the night with a preview and silent auction while enjoying some delicious hors d'oeuvres and drinks. A delicious buffet dinner comes next and at 8:00 the highlight of the evening – the live auction – begins! Every item offered will surprise and delight the guests.

This event is the flagship fundraising event for the club. Well over \$12,000 was raised last year and some of the funds will be directed to Rotary's efforts in Haiti and to its Polio Plus campaign. It is the goal of Rotary International to eradicate polio in the four countries where it still exists. In order to achieve this important goal, Rotary recently joined forces with the Bill and Melinda Gates Foundation.

The local community though, is of paramount importance. From grade school to college, Rotary supports our town. Each October, a personalized dictionary is distributed to every third grader in the Orange grammar schools. Rotarians visit classrooms to read to students, they run the Amber Alert program, they award scholarships – and that's just the tip of the iceberg! Most recently, Rotary initiated "Operation Warm" which provides brand new coats to those in need. The club is also contributing to the much needed renovation and expansion of the food pantry at the High Plains Community Center.

It's no wonder that so many friends turn out each year to support the club and the generosity of local businesses who contribute wonderful auction items never disappoints! Get your tickets now from your favorite Rotarian. The price of \$37.50 includes hors d'oeuvres, buffet pasta bar, carving tables and two drinks including beer and wine. Tickets are also available at Orange Fence, Chips Restaurant and Michael's Jewelers.

Visit www.orangectrotary.org for more information and to learn about what Rotary does for you. You can have a great time while helping Rotary do great things!

Garden Club of Orange Recieves 3M Donation

The 3M Foundation has donated \$250 to the Garden Club of Orange in recognition of Patricia Dray's commitment to the community. As a volunteer, Dray serves as Chairperson of the Publicity Committee and has worked on many of the Club projects including maintaining and planting of the Town green and public spaces. The purpose of the Garden Club is to promote and encourage garden skills and knowledge, environmental awareness and conservation.



Pictured are Dray and Club President Nettie Bartocetti.

"3M employees and retirees generously give their time and skills to help others," said Robin Torgerson, vice-president, 3M Community Affairs. "We are pleased to recognize their commitment to their communities."

As part of the 3M Volunteer Match, the 3M Foundation will donate \$250 to eligible non-profit organizations for which a 3M employee volunteers 20 hours or a 3M retiree volunteers 25 hours or more per calendar year. For more information on this program, please contact 3M Community Affairs at 651-733-0144.

If you are interested in learning more about the Garden Club of Orange, please visit its website at www.orangect.gov/gardenclub.html or call membership Chairperson Teresa Evangeliste at 203-795-3195.

February Garden Club of Orange Meeting

Brighten up your snow filled winter by attending the February 8th meeting of the Garden Club of Orange. Christiana Soares Jones, Museum Educator and Curator at the Osborne Homestead Museum and Gardens Estate, will introduce fourteen historical Connecticut gardens. As curator of the Osborne Estate in Derby, Jones is responsible for the Museum gardens which include formal flower gardens, ornamental shrubs, and flowering trees, providing an endless pageant of color from spring through autumn. Club members will also display artistic craft designs with the theme "My Sweet Valentine".

The meeting will be at the Case Memorial Library and begins at 11:30am with a light lunch followed by a brief business meeting and then Jones' presentation. Guests are welcome. If you would like to learn more about the Garden Club of Orange, please visit its website at www.orangect.gov/gardenclub.html or call membership Chairperson Teresa Evangeliste at 203-795-3195.

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TOWN DEPARTMENTS AND AGENCIES

OVNA Healthline



The next Orange VNA Blood Pressure Clinics will be held at its office, at 605A Orange Center Road, the former Library. Thursday, February 24, from 1:00pm to 2:00pm. (Note correction of Date from our flier.) If you are having problems with your blood pressure or your Doctor would like more frequent monitoring; this is a chance each month to get your blood pressure checked. Also this is an excellent opportunity to get more information and teaching from the VNA nurses on various health issues.

In addition the OVNA will be holding "Health Chats/Blood pressure clinics" at the Orange Senior Center every month. Next Chat/BP clinic will be Tuesday, March 15th, 10:30am at High Plains Community Center.

The Orange VNA is licensed by the State of Connecticut, certified by Medicare and Accredited by the Community Health Accreditation Program (CHAP).

Health Chat & Blood Pressure Clinic at the High Plains Community Center
"Managing Diabetes"
Tuesday, March 15th at 10:30am
Blood Pressure Clinic
at OVNA Office
Thurs., March 24th from 1:00-2:00



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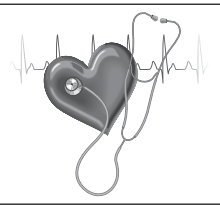
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From the Orange Health Department



Orange Health Department Urges Residents to Test Homes For Radon Gas

Radon, a naturally-occurring radioactive gas formed from the natural decay of uranium, is found in rock, soil and water. While radon in outdoor air poses a relatively low threat to human health, radon can enter homes from the surrounding soil and become a health hazard inside buildings.

Federal health officials estimate that radon is responsible for more than 21,000 lung cancer deaths per year. Only smoking causes more lung cancer deaths. Breathing radon over prolonged periods can present a significant health risk. As such, the Orange Health Department is urging Town residents to test their home for radon gas.

A radon testing program conducted in the Town twenty years ago indicated that one out of every five homes had elevated levels of the gas (4.0 pico curies per liter or greater). Since the gas can't be seen or smelled, people are often unaware that elevated levels may be present in their home. As we are in the middle of winter, this is the best time to have your home tested.

Testing for radon is simple and inexpensive. Radon test kits can be purchased from the American Lung Association of New England for \$12. You can order a test kit by calling either 1-800-586-4872, 860-289-5401 or they can be obtained locally at most big box hardware stores. Radon can also be found in well water. If you test your home and find that there is a radon problem and your water comes from a well, have your water tested by a laboratory certified to measure radon in water.

To learn more about radon, you can visit the State Health Department website at www.ct.gov/dph/radon, call 860-509-7367 or visit the EPH web site at www.epa.gov/radon. The Orange Health Department is also available to assist in evaluating the test results and in suggesting radon mitigation.

SENIOR HAPPENINGS

By Dennis Marsh

Nominations For This Year's Living Treasure Awards Are Now Being Accepted

Nominations are being accepted for this year's Living Treasure Awards until March 15. Nomination forms are available in the Orange Community Services Office, at Town Hall, and can be printed from the Town Website www.orange-ct.gov, the Senior Center website www.orangeseniors.org and on Facebook/Orange Senior Center. Three individuals will be selected by a review committee made up of town representatives. The three individuals chosen will be honored at the Senior Center's Pasta Festa! on May 13. Nominees must be current residents of Orange and at least 65 years of age. Nominees must have demonstrated positive actions to improve the quality of life for individual residents or enhanced the Orange community as a whole as a volunteer. Each Living Treasure selected receives a plaque engraved with his or her name and all names are added to the plaque hanging in the High Plains Community Center containing the names of previous recipients.

Lions Club Pizza Party

February 14, 1 – 3:00 pm the Lions Club will sponsor a Valentine's Day Pizza Party for Orange Seniors. Willie Nininger will be performing. Call the center to make a reservation.

First Cabaret Night of 2011 Will Be a St. Patrick's Day Theme

Join us on Tuesday, March 15 from 5:30 to 7 pm for our first Cabaret Night of the year. Barbara Lehrer of Coldwell Bankers will be sponsoring the entertainment. Bobby Morrill will be singing Irish music for St Patrick's Day. Coffee and dessert will be served at 5:30 and music begins at 6 pm. Tickets are \$5 pp and are available in advance in the senior center.

Men's Club

On the March 10, 2011 Men's Club at 10:30am, Chuck Fleischman, will speak about the New Haven Derby Model Train club. Afterwards you will be invited to run the trains, just down the street in the Academy building. Call and let us know you are coming. Ladies welcomed!



Goddard School Celebrates 5-Year Anniversary

On January 31, 2011, The Goddard School in Orange reached a five-year milestone. Parents and families have been happily attending the school since January of 2006 and Goddard looks forward to serving the community for many years to come! To celebrate this milestone, a few family friendly activities were held. The children at The Goddard School worked on creating "Pancake Art" which was hung at Chips in Orange during the week of January 31st - February 4th. The "Pancake Art" represented the various varieties of delicious pancakes that Chips in Orange has to offer. There was a "Family Pancake Night" at Chips in Orange on February 2nd complete with tasty pancakes, cupcakes, balloons and a celebration. Parents had a chance to view their children's artwork, and have a pancake supper with other Goddard families, teachers and friends! A big "thank you" goes out to Chips for allowing us to hold our celebration at their establishment!

In addition to our birthday celebration we had a wonderful "Community Games" themed open house for currently enrolled and prospective families on February 5th between 11:00 a.m. and 1:00 p.m., complete with activities from our fabulous Goddard teachers, the PTO, and representatives from My Gym of Orange. The agenda featured games that encourage a child's creativity, critical thinking, and confidence as well as encourage collaboration and communication! It's all about being part of a community at The Goddard School in Orange.

(*Education Budget" continued from page 5*)

ing between 6-8 will retire which would save the school system an estimated \$100,000 to \$125,000.

James said despite top administrators requesting as much as five percent salary hikes, he has urged the six-member administrator's bargaining unit to seek lower increases. He said, however, he wants to hold off on how much the top administrative staff members receive until their performance evaluations are completed in May.

Some school board members, however, citing the fact that the teachers' union agreed to a new contract last year with no pay raises for 2 years and no "step" increases, have strongly spoken out against the five-percent hikes and perks for upper administrators, said Consiglio. Some board members have even suggested that some of the positions, including the school system's finance director and facilities director, could be made into part-time posts rather than reducing the number of teachers and increasing class size. "It's fair to say that some school board members are very much against salary hikes for top administrators and would want to consider some kind of reorganization of the upper administrative staff," said Consiglio. "These are all things we could consider, but our biggest concern right now is to keep the budget as low as possible without impacting the high quality of our school system. As a board we're committed to preserving teachers, curriculum, technology and anything going into the classroom, that is our priority," Consiglio said.

Parents, including PTA leaders, have urged the school board not to submit a new budget that results in teacher layoffs, cuts to programs and an increase in class size. Sheri Morrison, co-president of the Turkey Hill School PTA, recently made a plea to the school board to maintain "educational excellence" in Orange. "You have a daunting task ahead of you and will spend endless hours making difficult decisions. These decisions are made more difficult due to tough economic times," Morrison told the school board. "At this time, though, the Turkey Hill School PTA is reaching out to you, as our elected officials and advocates for our children's education. The number one predictor of a child's success is the quality of his or her teacher. We expect that you will provide our children with high quality teachers and support those teachers with exceptional professional development opportunities to continue to improve their craft," Morrison said.

"In addition to quality teachers, other conditions must exist to support teaching and learning," she said, including "maintaining low class size and providing students and teachers with up to date curriculum supported by research based materials and resources. "If our district is to continue to realize good results on standardized tests, we must make sure that students and teachers are continuously provided with new programs of instruction that compliments the curriculum and standards," she said.

Morrison, who has one daughter in second grade and another starting kindergarten in September, said she and her family moved to Orange five years ago because of the "high standards and excellence" of the school system. "We see schools closing and redistricting in other towns and we would hate to see those things happen in Orange," Morrison said.

Consiglio said that won't happen. "When it's all said and done, I think we're going to end up with a very slight budget increase, but one that supports the continuation of educational excellence that our students and parents have come to rely on," she said. "We just have to find every possible way to keep our costs down."

James and Consiglio said budget workshops will be held throughout February.

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- It is NOT a FAST.
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CASE MEMORIAL LIBRARY EVENTS

Case Memorial Library - 176 Tyler City Road - Orange, CT 06477 - 203-891-2170 Reach us on the web at www.casememoriallibrary.org

Children

Winter story hour schedule:

Sessions for age 2 will be held on Monday, February 28 at 10:30 a.m.
Session for age 3-5 (includes craft) will be held on Wednesday, February 23 at 4 p.m.

Mother Goose is on the Loose!

Held on Thursday, February 24 at 10:30 p.m.: Lapsit storytimes are for babies and toddlers up to 24 months and include nursery rhymes, music, and movement. Please pre-register. Space is limited.

Winter Teddy Bear Storytime

Wednesday, February 16, 6:30 p.m. For children ages 2-5. Wear your pajamas and bring your teddy bear and blankie! Please pre-register.

Family Sing-Along with Al deCant

Saturday, February 19 at 1 p.m. All ages are welcome. Sing away the winter blues with Al deCant's rousing hootenanny!

Teens

Book Chat Cafe

Tuesday, March 8, 2:15 p.m. Held in the Amity Middle School Media Center for teens who love to read and share their opinions over refreshments. Please see Mrs. Goss.

Adults

Oscar Ballot Contest

The library is holding its first Oscar ballot contest! Stop by the library to fill out a ballot with your Oscar winner predictions until February 26. All entrants will receive complimentary popcorn and two winners will receive an Oscar DVD gift of their choice! All ages are welcome to participate.

Oscar Films

Wednesday, February 16, 7 p.m.: A screening of the Oscar-nominated film *The Social Network* starring Jesse Eisenberg as part of an ongoing Oscar film series. Run time: 120 minutes. PG-13.

Monday, February 28, 7 p.m.: A screening of the Oscar-nominated film *The Kids Are All Right* starring Annette Benning, Julianne Moore, and Mark Ruffalo as part of an ongoing Oscar film series. Run time: 106 minutes. R.

Monday, March 7, 7 p.m.: A screening of the Oscar-nominated film *Winter's Bone* starring Jennifer Lawrence as part of an ongoing Oscar film series. Run time: 100 minutes. R.

Yoga for Joy and Renewal

Tuesday, February 15, 7:30 p.m. Enliven your spirit with a night of yoga dedicated to awakening your energy, vitality, peace, and relaxation. Led by Sue Neufeld, Level 2 Certified Para Yoga Teacher. Please bring a yoga mat or towel.



Case Memorial Library

A Lighthearted Look at Life: Book Discussion Series

Wednesday, February 23, 7 p.m.: *The Blithe Spirit* by Noel Coward
Wednesday, March 16, 7 p.m.: *You Can't Take It with You* by Moss Hart and George S. Kaufman
Wednesday, April 6, 7 p.m.: *As You Like It* by William Shakespeare
Wednesday, May 4, 7 p.m.: *Pygmalion* by George Bernard Shaw
Discussion leader Professor Julie Stern will take us through this four-part book discussion series demonstrating that great writers can indeed see the amusing side of life. This special series sponsored by the Connecticut Humanities Council and the Friends of the Library is sure to be lively, engaging, and intellectually stimulating. Please pre-register.

Genealogy Workshop

Saturday, February 26, 10 a.m. Greg Thompson of the Connecticut Society of Genealogists will show you how to research your family history. This month's topic will be "Using Records and Documents that Belong to Your Family."

Social Security Information Session

Tuesday, March 1, 4:30 p.m.: Social Security Specialist Maria Grice will discuss the ins and outs of Social Security. Get the answers to all your questions. Sponsored by Boomers and Beyond: A Lifelong Learning Center.

Art in the Library

Works by George Fleischman, Ginger Kleinbardt, and Elisabeth Catusus will be on display in the meeting room through the month of February.

Programs at the Case Memorial Library are free (except as noted for materials charges) and open to the public. Pre-registration is requested in person or by phone. Sign up to receive notification of library happenings via the e-newsletter form available in the library or online. The library's hours are as follows: Monday - Thursday, 10-8; Friday, 10-5 and Saturday, 10-4. The library will be closed on Monday, February 21 in observance of Presidents Day.

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Friends of the Case Library Sponsor Richard Clark Program

"Atticus", a free dramatic program featuring actor Richard Clark, will be sponsored by the Friends of the Case Memorial Library on Wednesday, March 30th at 7:00 p.m.

The presentation is based on Harper Lee's classic novel, "To Kill a Mockingbird". Atticus steps from the pages of the book, characterized as a devoted father, a compassionate friend and an uncompromising attorney of high ideals. He represents the best of the human spirit as he defends an African-American man accused of rape. The triumph and tragedy of events are played out against a background of bigotry and hatred in 1930s Alabama. The timeless novel and this program both speak with truth and power to today's world and society as well.

Richard Clark has been performing for thirty years in regional New England and New York theatre and has done work on television as well. He has studied at the American Academy for Dramatic Arts, The Actor's Academy and the Actor's Loft. His series, "Keeping History Alive" brings historical figures, including Mark Twain, John Barrymore, William Shakespeare and others to the public. He was previously seen at the Case Memorial in "Papa", a Hemingway program.

ARTS AND LEISURE



Art Colony Works Displayed at HPCC

Youth Services again this year encourages students to submit one work of art that will hang at the High Plains Community Center for approximately 3 months. The artists' work will be seen by many of the Center's visitors. Works can be submitted now. Pictured are some recent submissions.

Artist or parent can call John Ulatowski, Youth Services Coordinator, at 203-891-4785 or email at julatowski@orange-ct.gov for questions/form on guidelines information. Parents or student can also bring art work to Community Services office at High Plains Community Center Monday-Friday between 8:45 am to 4:00 pm. - Parent must sign permission and waiver form to exhibit and attached to back of art work.

Guidelines: All artwork, novice and advanced, will be represented in the exhibit. Exhibit is ongoing, and will accept submissions as long as hanging space is available. The Art Colony is open to all Orange youth. Media will be paintings, drawings, and photography. Works should be matted and should not be framed. Light-weight simple matting.

Amity Art Department Launches Artist Series

Amity High School's Art Department kicked off its Visiting Artists Series by featuring one of their own alumni artists, Louis Jefferson III, class of 2004. Jefferson shared his artistic techniques and explained how he marketed his work to the public. Jefferson's message to Amity students was to "just keep putting yourself and your work out there." The annual Visiting Artist Series program is funded by a grant from the Jamie A. Hulley Arts Foundation. Its purpose is to expose students to the many possible career paths in the world of professional art. For more information see jamie-hulleyartsfund.org and jeffersonart.com.



THEATER REVIEW

"The King's Speech," directed by Tom Hooper

by Zander Oppen

"The King's Speech," the recent recipient of 12 Academy Award nominations, is a resplendent, beautiful (and beautifully realized) film about Prince George VI and his journey to becoming king, despite a seemingly insurmountable speech impediment. As portrayed by the brilliant Colin Firth (as the King), this is equally the story of the unlikely friendship that develops between the King and the one man who can help him, speech therapist Lionel Logue (Geoffrey Rush in an equally sensational performance). Their relationship is very much at the heart of the film and, under the sensitive direction of Tom Hooper, the audience is able to see the transformation of how the initially unwilling Firth slowly begins to trust his teacher Rush and the glorious results that follow. One of the best things about "The King's Speech" is that, although he is royalty, Firth's King is ultimately seen to be just as human and complex and flawed as any character that has ever appeared on the screen. One grows to care about him very deeply and it is because of this depth of feeling that "The King's Speech" proves to be a truly moving and triumphant film of the human spirit.

Set in London in the time period from the 1920's to England's entry into WWII against Germany, "The King's Speech" is also crucially set at the time of the first use of radio broadcasts. As is noted in the screenplay, the King of England can no longer just "look respectable in uniform and not fall off his horse" to earn the public's respect; he must now read speeches on the air to the masses. This is the crux of the problem at the beginning of the film for Colin Firth's Prince George VI: hampered with a crippling stutter; it is of grave concern as to how he will eventually manage to fill the shoes of his ailing father and assume the throne of the King of England. Firth's wife (the enchanting Helena Bonham Carter) is the first to seek out help for her husband, ultimately enlisting the guidance of speech therapist Geoffrey Rush. As noted, the relationship between Firth and Rush is initially very rocky, but they gradually develop a near miraculous friendship that transforms the life of each man. To give anything more away about the plot would spoil the wonderful surprises that follow, but, rest assured, "The King's Speech" is in the very good hands of director Hooper and his screenwriters.

Chief praise, however, must go to the astonishing portrayal of the King by Colin Firth. Previously nominated for his fine work in the film "A Single Man," this actor's performance in "The King's Speech" proves that everything leading up to this present film has simply been a warm-up. Playing a character who could run the danger of being seen as just a figure of fun and ridicule, Firth endows his role with unexpected nuances and layers and reveals the soul of a man struggling with an impediment he has no control over and one truly feels his pain and his determination to overcome the obstacles. By turns, stubborn, regal, weak, brave and ultimately heroic, Colin Firth captures the viewer's attention and empathy from the very beginning of the film and maintains that hold right until the very end. Acting of this caliber isn't seen everyday and, if for no other reason, "The King's Speech" should be required viewing for the work of Colin Firth alone.

Fortunately, "The King's Speech" has even more to recommend it, including a peerless cast right down to the smallest role; a handsome production that captures time and place perfectly; and, most importantly, an unlikely but moving story at the very heart of the film. It should be noted that "The King's Speech" offers a lot of humor, as well, and ultimately proves to be much more than the sum of its extraordinary parts. Nominated for the most Oscars of any movie of 2010, it would only be fitting that the Academy mirror the crowning of Firth's Prince George VI as King of England in the film by bestowing their highest "crown" to Colin Firth's amazing portrayal, and, come to think about it, don't be surprised if it "crowns" "The King's Speech" itself with their highest award for a film, as well.



Zander Oppen

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The Turkey Hill School Fathers Club held its 4th Annual Pancake Breakfast at Chip's Restaurant. Proceeds will be used to benefit the school.



St. Patrick's Day Corned Beef Dinner

The Orange Republican Town Committee is sponsoring a corned beef and cabbage dinner on Monday, March 14th at Biagetti's Restaurant, 77 Campbell Avenue, West Haven at 6 pm. Tickets are \$35.00/per person in advance. It will be a cash bar. For more information, call 203-795-9679. The RSVPs will close on March 9th. Returns may be mailed to; ORTC, 177 Old Tavern Road, Orange 06477. Everyone is welcome and invited to attend.

REAL ESTATE TAX APPEALS

Have you received a letter from the Town that your property has been reassessed? Connecticut requires that all towns reassess the real estate on its Grand List every 5 years. If you own property in Hamden, West Haven, Wallingford, Orange, North Branford, Clinton, Deep River, Greenwich, Fairfield or Westport this is the year for your town. The Assessment is equal to 70% of the fair market value of your property as of October 1, 2010. If you believe that the town has wrongfully assessed your property there is a specific course of action that you must take.



Frances B. Granquist

First you must apply to the Board of Assessment Appeals in your town by application no later than February 20th of this year. Some towns have a deadline of February 18th due to the 20th falling on a Sunday. You can get the application from the Town Assessor's office. Also pick up a copy of your field card and review the information for accuracy. Make certain that the town has the proper acreage and size of your building.

You will meet before a board of one to three persons hired by the town to listen to your complaint in the month of March. What you should bring with you is any information that you have that would indicate the value of your real estate on October 1, 2010. The best information would be an appraisal prepared by a certified appraiser indicating the fair market value as of October 1, 2010. The next best indication of value would be a market analysis by a real estate broker showing sale's prices of properties similar

to yours. If you have recently refinanced your real estate you should ask the bank for a copy of the appraisal or perhaps you have an appraisal prepared for the purpose of determining the amount of property insurance you should carry. While you are in the town hall you can review similar properties and see how they have been assessed. Point out to the Board if they have been inconsistent in assessing similar properties and ask why your property is assessed more than others. If you have any damage to your property or other reasons why your property is less valuable or desirable you should take pictures to show the Board.

After the meeting the Board will inform you by letter of their decision to reduce your assessment or not. If you are still unhappy with the assessment you can appeal to the Superior Court within 2 months of the notice. A Judge will then decide if the town has valued your property correctly.

While an appeal is pending the property owner can pay 75% of the bill for properties assessed under \$500,000 and 90% of the bill for properties assessed at \$500,000 or more. If you pay the reduced amount, be aware that if you don't reduce the value by 10% or 25% you will be responsible for the amount of tax you owe plus interest at 18% for the period that it was delinquent.

If you have any questions about the appeal process please feel free to give Attorney Frances B. Granquist a call or send her an email. She has been bringing successful appeals for over 22 years.

Frances B. Granquist is a Partner with The Pellegrino Law Firm, PC
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Maplewood at Orange Calendar



Maplewood at Orange, formerly Laurel Estates, is located at 245 Indian River Road. All events are free and are open to the public. Some require an RSVP. For more information on any of the events below, please contact Briana at 203-795-3117 or find our activities page on www.Facebook.com/MaplewoodAtOrange.

- Generations Stitch Club- Every Tuesday from 11am-12pm - Calling all knitters, crocheters, embroiderers and seamstresses of all ages and experience levels, join us for a gathering of good company and fiber fun. Come to learn, come to teach, come to play!
- Bible Study- Every Tuesday evening at 6:30pm - Reverend Rhonda Taylor of the First and Wesley United Methodist Church joins us for a non-denominational discussion exploring 'The Good Book'.
- Wellness Clinic - Every Thursday at 1:00pm-2pm - Stop by our Activities Room for a free blood pressure reading and/or weight measurement by one of our Registered Nurses.
- Telling A Story of Your Life: A Creative Writing Workshop Series- February 1st, 8th, 17th, and 22nd at 3:30pm-Join writing teacher Jean Madden as she guides us through the process of journaling our thoughts and feelings, and recording our memories as a legacy for future generations. Use journals to create a written record of one extraordinary event in your life. We will be putting our thoughts on paper, stirring up memories through our writing, rediscovering and focusing on one story (an event, a moment of truth, the first kiss, the first fight) writing down this story, and sharing it with members of the group and family. Space is limited. Please RSVP to 203-795-3117.
- How To Talk To Your Doctor- Wednesday, February 9th at 3:30pm-A man or woman standing in a white coat can appear awesome, even intimidating. You're sure they want what's best for you, but what if you disagree with something they say? Learn how to express your needs in a way that is conducive to better communication between doctors and their patients-you! Space is limited. Please RSVP to 203-795-3117.
- Home Safety and Fall Prevention-Friday, February 11th at 1:30pm-A home should foster a sense of safety and security. Make sure yours is hazard-free and learn proper body mechanics for getting out of bed and chairs with a physical therapist from Excella Healthcare. Space is limited, please RSVP to 203-795-3117.
- How To Preserve Your Assets- Wednesday, February 23rd at 3:30pm-Harvey Weinstein, CFP discusses the methods needed to preserve what you've worked so hard to earn. Learn important methods such as: Creating a Payment Plan; Learn about a Veterans Benefit that Pays Your Long Term Care Expenses; Use Tax Benefits to Pay Long Term Care Expenses; Learn about Opportunities and Pitfalls: In Managing Assets When Ill, and In Safeguarding Family Wealth. Space is limited. Please RSVP to 203-795-3117.
- KookeeUkies Jam Session-Sunday, February 27th from 1:30pm-3:30pm-Join everybody's favorite ukulele band as the gang congregates at Maplewood at Orange for a casual jam session. Learn the easy-to-play ukulele with helpful and friendly fellow music-lovers and you can even join in yourself! Refreshments are served at this event.
- Spring Wishes Event-February 25th at 12:30pm-With record-breaking snow fall this winter, most of us are wishing for spring. Come send some collective wishes to Mother Nature with us at our first annual Spring Wishes Event! Enjoy light spring fare, colorful flowers and a special take-home gift to get you thinking "Spring!" Space is limited, please RSVP to 203-795-3117.

"Dining with Susan"

By Susan Noonan



Romantic Restaurants For Valentine's Day

Love is always in the air on Valentine's Day. Having a romantic dinner with your loved one is one of the most memorable ways of celebrating Valentine's Day. I would like to share a few of my favorite picks for romantic restaurants in the area. All of these well-established restaurants have that special ambience that will make your Valentine's Day celebration very special.

JEFFREY'S RESTAURANT BY CLAUDIO - 501 New Haven Avenue, Milford, CT 06460 - 203-878-1910 - www.jeffreysofmilford.com. Jeffrey's Restaurant has an excellent reputation for outstanding food and service. The main dining room offering sweeping views of the salt marsh has elegant furnishings including linen tablecloths and napkins; the ideal place for that special occasion or business meeting. The intimate lounge offers a fireplace and piano. Many evenings you will find guests dancing and being serenaded by owner Claudio himself. He is a true gentleman and the ultimate host with a gift of making his customers feel like they are very special and part of his family.

CONTE'S RISTORANTE - 1573 Boston Post Road, Milford, CT 06460 - 203-783-1766 - Owner/Chef Claudio Conte offers outstanding Italian cuisine, service, ambience in addition to mellow dinner music performed by talented Pianist & Vocalist, Ray Cranshaw, 6 nights a week. Conte's will be featuring a special Valentine's menu from Friday thru Monday.

ADRIANA'S RESTAURANT & WINE BAR - 771 Grand Avenue, New Haven CT 06511 - 203-865-6474 - www.adrianasrestaurant.net. If you are craving excellent Italian food, outstanding service, along with romantic ambience Adriana's is definitely the place to be. The charming owners Francesco, Federico, & Valentino, along with the rest of their well trained staff, will make you feel right at home.

CAFÉ GOODFELLAS - 758 State Street, New Haven, CT 06511 - 203-785-8722 - www.cafegoodfellas.com - Featuring Italian food prepared to perfection along with elegant service. Chef/Owner Gerry Iannacone focuses on simple farm fresh ingredients coupled with traditional Italian cooking in an atmosphere where customers always have a great time.

CENTRAL STEAK HOUSE - 99 Orange Street, New Haven, CT 06510 - 203-787-7885 - www.centralsteakhouse.com. The beautiful dining room features an open kitchen and seating on the first floor and on the lower level three unique private wine cellar rooms. What truly sets the stage is the wood-burning grill in the kitchen, which allows Central Steakhouse to prepare some of New Haven's tastiest beef.

CHRISTOPHER MARTINS - 860 State Street, New Haven, CT 06511 - 203-776-8835 - www.christophermartins.com - Nestled right between Amato's and Modern Pizza is the very well established Christopher Martins. The bar is always bustling with activity, but the beautifully decorated dining room is very mellow and peaceful. The linen tablecloths and napkins add to the warmth and coziness with a touch of elegance. It is known for its modern interpretations of classical American, Italian and Mediterranean cuisine, along with outstanding service.

CONSIGLIO'S - 165 Wooster Street, New Haven, CT 06511 - 203-865-4489 - www.consiglios.com. The time has come to "Rediscover" Consiglio's. The longevity of this restaurant speaks for itself. Consiglio's is the perfect example of the "Little Italy" restaurant offering warm, cozy, romantic ambience, flawless service and, of course, the outstanding food.

FINAL NOTES: These are just a few of my favorite "romantic spots" in the area. Reservations are a must for all these popular restaurants. Please remember to support our local family owned businesses as they all have taken a tremendous hit during this brutal winter. Let's hope that spring is just around the corner. Happy Valentine's Day to all and don't forget the romance! If you have a favorite restaurant e-mail: susan@orangetownnews.com.



Consiglio's Restaurant is the perfect example of the "Little Italy" restaurant offering warm, cozy, romantic ambience, flawless service and, of course, the outstanding food.

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From Your State Representative *By Themis Klarides*



Republicans Reveal 'Common Sense' Agenda

Deputy Republican Leaders Themis Klarides of Woodbridge, Orange and Derby and Vincent Candelora of East Haven, North Branford and Wallingford, stood with fellow Republicans on January 25th to reveal the priorities of the Republican legislative agenda. The outline includes massive state government reorganization and downsizing, freezing state employee salaries and other across-the-board spending cuts to save Connecticut taxpayers billions over the next two years. The state faces a projected \$7 billion deficit for the next two years.

Republicans also offered other suggestions on how to deal with the state's fiscal crisis: rolling back spending to previous levels to save as much as \$1.6 billion; a 5 percent reduction in the state's workforce for \$250 million in cuts; and state employee givebacks worth nearly \$1.75 billion. Republicans said that their proposals to preserve municipal aid over the next two years still saves the state \$1 billion. Despite the massive drop off in revenue, no significant spending cuts were made over the last two budget cycles, which caused this year's large deficit. "We, the Republican caucus, have a plan. Year after year the majority party decided to push hard decisions down the road and we now face a daunting \$7 billion deficit for the next two years. The legislature must start today to cut spending and find ways to create government efficiencies. Our plan does just that, but we must start today. Inaction is not an option," said Klarides after the news conference.

Candelora added, "Our last budget and deficit mitigation plans plucked off all of the low hanging fruit and squeezed the very last drop out of that fruit. One-time fixes have been exhausted, too. Now we must saddle up and lead, making the hard governing decisions we were elected to do and steward the state responsibly. This plan we Republicans revealed today answers that call to action."

Short and Long-Term Savings

The set of proposals include immediate savings for taxpayers, such as the 10 percent pay and perk cuts for lawmakers to realize \$3.7 million and elimination of longevity bonuses for state employees to save \$30 million annually. The two-year pay freeze for state workers would save \$337 million, according to the non-partisan Office of Fiscal Analysis.

Republicans said the long-term restructuring of pension benefits for state employees would require them to contribute more to their retirement packages and would raise the age of when workers could retire. "We can no longer afford the size of government we have. Our state debt obligations, pensions and health care benefits are crushing Connecticut's ability to provide all the present services it does. We have to re-order state government and it's something we can no longer pass along down the road," Candelora said. "We offer our 'Common Sense' ideas of re-ordered priorities to deal with the state's fiscal crisis that for too long has been ignored at the taxpayers' expense," said Klarides.

Other features of the Republican plan:

- Merging 43 agencies into 11, including combining all Legislative Management agencies into one entity
- Reducing the number of managers using private industry standards to determine the proper ratio to rank and file workers
- Limiting bonding to 10 percent of state budget. Connecticut borrowed \$1.6 billion to pay for operating expenses in the last two years
- Eliminate the 10 percent corporate surcharge and the business entity tax
- Provide tax credits to companies that hire off unemployment rolls

For more information about the budget proposal or to see clips from the news conference, visit www.cthouserules.com.



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L to R: Kaylan McDowell- Smith-UCONN dietetics program student intern, Teresa Dotson-RD, CD-N, Melissa Castelluzzo-RD, Congresswoman Rosa DeLauro, CDA President Colleen Thompson-MS RD, Maryann Meade- MS,RD, CD-N, CDE, Jayme Calloway-Univ. of New Haven dietetics program student intern, Nina Ruckes-MPH,RD CD-N.

Orange Resident Presents DeLauro with Award

Orange resident Nina Ruckes, MPH, RD, CD/N; Dietitian for The Connecticut Hospice, Inc and member of the Connecticut Dietetic Association (CDA) and several of her fellow CDA members presented Congresswoman Rosa DeLauro (CT-3) with their Distinguished Legislator award in her New Haven office on Friday, January 28, 2011.

CDA President, Colleen Thompson MS RD explained, "Congresswoman DeLauro has been a tireless champion of childhood nutrition and associated agricultural programs. Connecticut, like most of the U.S., suffers from the unique dilemma of dealing with a drastic rise in childhood obesity while still combating significant child hunger issues. Congresswoman DeLauro has taken the lead on child nutrition issues supporting the IOM recommendations to improve the nutritional value of the WIC food package, holding school meals to the standard of the Dietary Guidelines and notably improving the food safety and security system in the US."

"I am honored to receive the Distinguished Legislator Award from the Connecticut Dietetic Association, a leading advocate for Connecticut's health professionals and an essential provider of nutrition information," said Congresswoman DeLauro.



Ashlyn Gallo, Hollianne Boiano, and Amelia Justo assemble robots.

Amity Middle School Orange Campus Launches Robotics Program

Submitted by William Dahn, Technology & Engineering Education Teacher

The Technology & Engineering Education program at Amity Middle School in Orange has started a robotics program this year. Students are learning about robotics in a practical, "hands-on" environment, utilizing Lego Mindstorms robotics kits. The new robotics program is part of all grade-eight technology education courses and will afford every eighth grade student the opportunity to explore the exciting field of robotics. The Amity District spent last year studying the concept and over the summer, teachers from both the Orange and Bethany campuses worked to develop the course.

Automation and robotic applications have grown exponentially over the past ten years within many fields. Initially, manufacturing saw the greatest increase in the use of robots to perform repetitive, high speed, precise operations. The use of robots in efficient, lean manufacturing is now the norm rather than the exception. Robotic applications are also used widely in the fields of surgery, law enforcement, subterranean search and rescue, maintenance, space exploration and undersea exploration. Robots perform tasks that require extreme precision and repetition as well as performing tasks in environments that are unsafe for humans. Robotics is a rapidly emerging field that will necessitate training and education at many levels – from engineer to maintainer. Robotics is a multi-billion dollar emerging industry that the U.S. must lead if we are to maintain our standard of living.

This type of activity will allow our students to learn and develop 21st century skills such as logic, mathematics, scientific process, applied physics, innovation, computer programming, construction techniques, project management, engineering design and application, teamwork, problem solving and communication skills. Moreover, the addition of this activity to our Technology Education programs will not only expose our students to this emerging high technology content but will also support and enhance the district's Science, Technology, Engineering and Math ("STEM") initiative. Through robotics, students have the opportunity to put STEM academic concepts in context in a fun, engaging and hands-on way. In short, robotics covers a large array of topics and serves as a premier integrator, providing students with the opportunity to make many important cross-discipline connections.

The overarching goal of our middle school robotics program is to develop problem solving leaders through dynamic hands-on STEM educational experiences.

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Q: Can you tell me if “Sanctuary” will be back on TV for another season? I really hope so, because it is one of the most original and interesting dramas on television today. -- Jamie J., via e-mail

A: You’re in luck -- Syfy has green-lighted a fourth season of “Sanctuary,” which is scheduled to begin production on a 13-episode season this spring in Vancouver, B.C., with an eye toward a fall 2011 premiere. “Sanctuary” follows brilliant scientist Dr. Helen Magnus (**Amanda Tapping**) and her team, who use their unique combination of instinct, medicine and cutting-edge science to find and aid a clandestine population of beings that the world refuses to believe exists.

Q: What can you tell me about my favorite new TV couple: Detective Esposito and Dr. Parrish on “Castle”? I’ve been wanting them together forever, and now that it’s happened, I can hardly believe it! -- Suzie W., Conyers, Ga.

A: Well, believe it, Suzie! The fans spoke, and the higher-ups actually listened! I chatted recently with **Tamala Jones**, who portrays the beautiful and slightly sassy medical examiner Dr. Lanie Parrish, and this is what she told me about how it all came about: “**Jon (Huertas, Detective Esposito)** started campaigning for this last season. He got all of the Twitter fans to join him and get this thing going. And the producers decided: ‘OK, let’s do it. If it’s what they want to see, let’s give it to them.’ That’s the one thing that our producers definitely pay attention to -- Twitter and e-mails they receive about what people want to see.”

Q: Did **Nicole Kidman** and **Keith Urban** have another baby? When did this happen? I’ve seen her at premieres and on awards shows, and she never looked pregnant to me! -- Fred D., Tacoma, Wash.

A: Nicole has had a history of dif-



Tamala Jones

ficult pregnancies and miscarriages, so for this baby, the couple decided to use a gestational surrogate. This means that the egg came from Nicole and the sperm from Keith; however, they used a surrogate to carry the baby to term for them. Daughter **Faith Margaret** was born Dec. 28 in Nashville.

READERS: With the **Academy Awards** coming up, many readers are asking for my Oscar picks. I’ll give it a go, but let me warn you, I haven’t batted over .500 since the year “**Titanic**” swept the awards. Here are my main-category picks: Best Picture: “**The Social Network**”; Best Director: **David Fincher** (“The Social Network”); Best Actor: **Colin Firth** (“The King’s Speech”); Best Actress: **Natalie Portman** (“Black Swan”); Best Supporting Actor: **Christian Bale** (“The Fighter”); Best Supporting Actress: **Hailee Steinfeld** (“True Grit”); and Best Animated Feature: “**Toy Story 3.**” Tune into the awards ceremony on Sunday, Feb. 27, to see how many I got right.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com. For more news and extended interviews, visit www.celebrityextraonline.com and twitter.com/Celebrity_Extra.

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Get Ready to Cruise News

By Leslie Marsh



The Disney Dream: It's Definitely Not Just for Kids

Walt Disney once said, "If you can dream it, you can do it." The folks at Disney Cruise Line have spent the last several years dreaming big, and the result of all those dreams is their brand new ship, the Disney Dream. Many people wouldn't consider a Disney cruise because they feel that it is just for kids. One of Walt's big dreams was to provide entertainment for "children of all ages," and they have delivered with some wonderful choices for adults.



Disney Dream Ship

When you first embark, you enter into a grand foyer, several stories high, designed to remind passengers of the classic ocean liners of the past. Passengers are clearly tickled as each travelling party is announced over the loud speaker, "Please welcome Leslie Marsh to the Disney Dream!" The décor is beautiful, you are not overwhelmed by Disney characters but they are certainly there if you want to see them.

This ship boasts a new and improved adults-only section called The District. Here, you will find several fabulous bars and lounges. Pink is the Dream's new champagne bar where the signature selection is Tattinger's pink champagne. It is decorated with blown glass orbs made to look like champagne bubbles. Skyline is a classic bar with dark woods and seating. There is a large "window" behind the bar with rotating cityscapes of New York, Paris, Rio and Hong Kong. Evolution is the disco which featured the best DJ we have ever heard on a ship. He played great dance music and the dance floor was always packed.

There are two adults-only restaurants onboard. The first is Palo (which is also featured on the Disney Magic and Wonder). Serving Northern Italian fare, the up-charge for this restaurant is just \$20. The second is an exclusive new restaurant called Remy. This 3.5-4 hour fine dining experience begins with an exclusive champagne cocktail prepared tableside and continues with selections created by two-star Michelin chef Arnaud Lallement from France and Chef Scott Hunnel from the award winning Victoria and Alberts at Walt Disney World. This dining experience is \$75 per person and is receiving rave reviews.

Along with adults-only pools and deck areas, a fabulous spa and the Aqua Duck (not for adults only, but a fun waterslide that takes you out over the ocean! Go to facebook.com/ctcruiseplanners for a picture of me trying it out). This is a ship not to be missed!

VALENTINE'S DAY SPECIALS



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Orange, CT 06477-3519
(203) 795-8302

Mon - Thu 9 am-8 pm • Fri, Sat 9 am-9 pm



Not responsible for typographical errors. Prices subject to change without notice. Prices in effect through 2/28/11.

WINE TASTING EVERY SATURDAY • CHECK OUT OUR REBATE CENTER AND SAVE

Ballatore Spumante (750ml) \$8⁹⁹ 	Segura Viudas Brut (750ml) \$8⁹⁹ 	Veuve Cliquot Yellow (750ml) \$39⁹⁹ 	Villa Jolanda Moscato Rose (750ml) \$9⁹⁹ 	Mi Amore Red or White (750ml) \$9⁹⁹ 	Manage a Trois Wines (750ml) \$10⁹⁹ 
Cupcake Wines (750ml) \$9⁹⁹ 	Bella Sera Wines (1.5 L) \$10⁹⁹ 	Barefoot Wines (1.5 L) \$10⁹⁹ 	Beringer White Zinfandel (1.5 L) \$10⁹⁹ 	Bolla Wines (1.5 L) \$11⁹⁹ 	Bacardi Light or Dark (1.75 L) \$22⁹⁹ 
Smirnoff Vodka (1.75 L) \$21⁹⁹ 	Bailey's Irish Cream (750ml) \$22⁹⁹ 	Skinny Girl Margarita (750ml) \$12⁹⁹ 	Johnnie Walker Black (1.75 L) \$62⁹⁹ 		
Budweiser & Bud Light 24 Pack (Loose) \$15⁹⁹ 	Coors Light 24 Pack (Loose) \$16⁹⁹ 	Rolling Rock 24 Pack (Loose) \$18⁹⁹ 	Corona 12 Pack (Bottles) \$13⁹⁹ 	Heniken 12 Pack (Bottles) \$13⁹⁹ 	

Wine Talk

With Ray Spaziani

ZAP!



Zinfandel Advocates and Producers, or ZAP as it is fondly known as, is celebrating its 20th anniversary soon. This wonderful big bold red wine is promoted and judged by this California group that is known for their lack of pretention. Zinfandel is a high alcohol wine loaded with explosive fruit flavors. The flavors range from strawberry to blackberry to raspberry and the finish generally is long with tannins and sometimes acid laced with anise and pepper. A small group of passionate Zin lovers came together to get Zinfandel the recognition they felt the grape variety deserved. They felt Zinfandel deserved the recognition as a highly respected varietal that could compete with the finest wines around the world. Today it has become evident the founders of ZAP have achieved their goals. People have stopped looking down their nose at the Zinfandel varietal.



Zinfandel grape varital Growing in California

The original origin of Zinfandel was a mystery for some time. Finally, researchers at the University of California at Davis using DNA profiling have proved Zinfandel is a clone of the Croatian variety Crijenak. This goes back to Roman times. The Romans took the Croatian Varietal and planted it in Southern Italy. They produced Primitivo for many years and used it as a blending wine as well. Italian immigrants brought Zinfandel to California and they called it Primitivo. The DNA profiling proved this wine is genetically the same as Zinfandel.

The same grapes are used to make "white zinfandel" which is the largest selling wine in the country. A different style of production makes this wine a blush and sweet wine that is popular with non-wine drinkers. It was produced about 50 years ago and was known as a pop wine. The fermentation is stopped before the sugar can be converted into alcohol.

This allows the wine to retain its sweetness and the skins are quickly removed from the juice to give the wine the lighter pink color. This wine was made by Sutter Home and they have been very successful with it. It did allow the old Primitivo vineyards planted by the Italian immigrants between 1850 and 1929 to come back to life. Then the big deep red Zinfandel could be produced on a larger basis.

One of my very favorite wine writers, Jay MCinerney, who's column appears in the weekend edition of the Wall Street Journal, related that Joel Peterson founder of Ravenswood winery, was told by a partner they had to produce "White Zinfandel" in order to become profitable. His response was he refused to make a wimpy wine. He came up with a wine called Vintners Blend that was an inexpensive Red Zin that has become an international best seller to the tune of 500,000 cases per year!

Ravenswood makes several great Zinfandels at several different price levels. My favorite Zinfandel, is a wine called 7 Deadly Zins. It retails for about \$15.00. This wine is a blend of Zinfandel grapes from the Lodi Appellation. This wine was developed by David and Michael Phillips. The brother's objective was to make a wine so captivating that no

one could refuse. They went to the finest old vine Zin growers in Lodi and they found seven vineyards which they chose for their superiority. Now how do you label such a wine? Given the Phillips brothers Catholic school upbringing they chose 7 Deadly Zins. There is a poem on the back of the bottle. The last stanza reads as follows:

*Oh Lord, forgive me my zin
With the tilt of the glass, I commit seven zins,
Oh Lord, with your help... I'll do it again.*

Indulge!

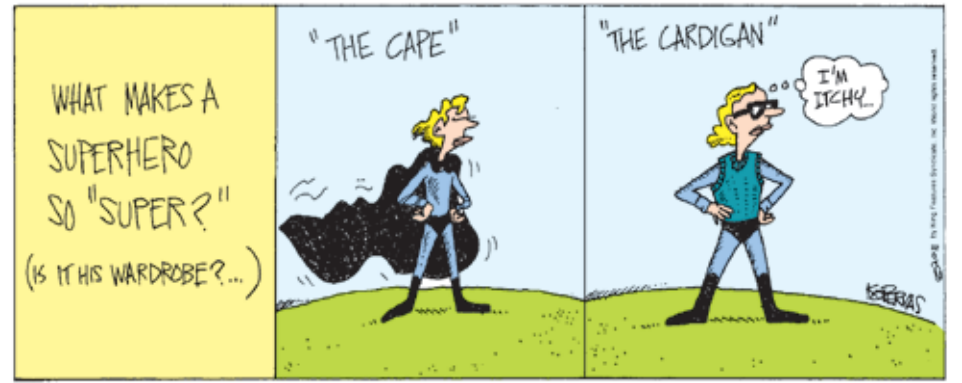
Try some big red, unpretentious, Zinfandel. Match it with a steak or Pizza or a prime rib or even a burger! You will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award-winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.



Out on a Limb

by Gary Kopervas



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HISTORY CORNER

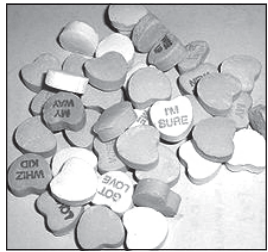
With Ginny Reinhard

The History of Valentine's Day

As we cut up our once-used cardboard boxes for recycling, I think back to the big box that our teachers brought to school and the pile of red, pink and white construction paper on her desk. Yes, we were going to make a Valentine's box and we got to pass them out to our friends and sometimes there was a lollipop stuck into the card with "I Love You" printed across the top. Oh boy was that a day to look forward to! But why? All the rest of the year, the boys would only tease us on the playground at recess time but on this marvelous day, they sent us a card.

I can still see the faces of those boys who only put the cards in that box because their mother made them do it and receiving it only meant they were your friend for the day, not even the day as long as it took to distribute the cards and eat the pink-iced cupcake. After that? No holds barred. In the days of paste and make it yourself cards, we were faced with a paperback book about the size of a coloring book with punch-out cards and envelopes you put together by gluing side "A" to flap "A" and so on until you made an envelope in which you put this gaily printed "Be My Valentine" card with the accompanying puppy or cat smiling at the prospect of being your friend.

But alas, only the puppy was happy as the boys began taking the stash of candy hearts off your desk while the teacher was looking the other way. Now the teacher, who for the most part was adored by her students, was the recipient of a glorious amount of heart shaped candy boxes, one more elaborate than the other



and notes accompanying them. While the flurry of cards was distributed, the Valentine box began to lose its identity and within minutes became a pile of red, pink and white paper and the ugly cardboard color that it started with. Valentine's Day was over!

So, where does this tradition come from? The history of Valentine's Day and its patron saint is shrouded in mystery, but we have embraced the month of February as one for romance. There are several legends about Valentine, a priest from 3rd century Rome, when Claudius II, decided that single men made better soldiers, outlawed marriage for young men. Realizing the injustice of this decree, Valentine defied Claudius and continued to marry young lovers in secret and for his effort caused him to be put to death.

Enter Valentine #2, who helped Christians escape harsh Roman prisons where they were treated inhumanely and he, in turn, was killed. The next legend tells of Valentine, himself being imprisoned, falling in love with the daughter of his jailor, who visited him during his confinement. It is said that he wrote her a letter and signed it From Your Valentine which can be found

on a myriad of cards today. The truth behind these legends is murky at best but whoever Valentine was he was certainly heroic, sympathetic and most importantly, a romantic figure.

Valentine's Day began its popularity in Great Britain around the 17th century. It was common for friends and lovers to exchange small tokens of affection or handwritten notes but by the end of the 18th century, printed cards began to replace the written ones as it was, at this time when direct expression of feelings was discouraged. Seems to be a contradiction in terms.

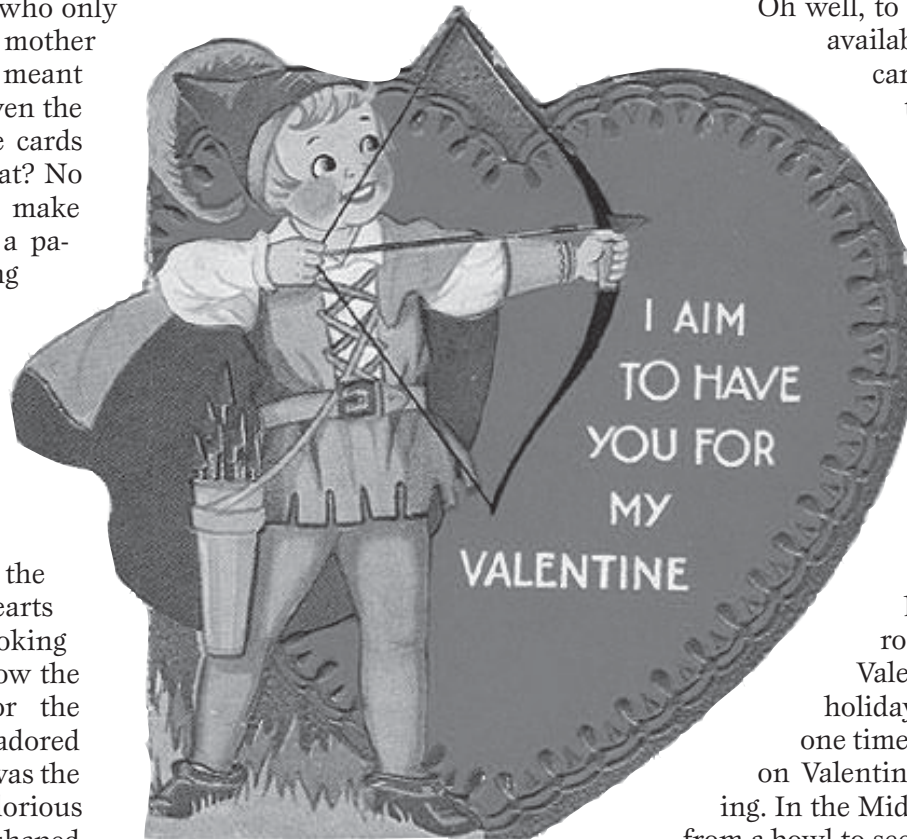
Oh well, to go on....By 1840 in America, valentines were available with the first commercially mass-produced card created by Esther A. Howland, known as the Mother of the Valentine making elaborate creations with real lace, ribbons and colorful pictures known as "scrap." Displaying valentines was a Victorian art form and for those women who continued to fashion their own and who were dexterous with sharp scissors accomplished an almost unlimited range of decorative professions of their love to whomever would receive it.

In the second half of the 20th century, the exchange of cards was extended to all manner of gifts in the United States and those lollipops stuck in a card had to make way for the foil-covered chocolate hearts, the heart-shaped boxes and the traditional dozen roses! Valentine's Day, once known as Saint Valentine's Day is the second largest card-sending holiday in the year with Christmas being the first. At one time, in England, children would dress up as adults on Valentine's Day and went from house to house singing. In the Middle Ages, young men and women drew names from a bowl to see who their valentine would be and wore those names on their sleeves for one week. "To wear your heart on your sleeve" makes it easy for people to know how you feel. In some countries, receiving a gift of clothing from a man is a signal if she wishes to marry him by keeping it while others believe if a robin flies overhead on Valentine's Day, the woman will marry a sailor, a sparrow, a poor man and a goldfinch? A millionaire.

A love seat is a wide chair which was first made to accommodate a woman and her many petticoats, later made into an "s" shape for the couple to sit together but not too closely. Then there was the courting candle whose length was set by the girl's father and when the candle burned to its end, the suitor was asked to leave. After the candle came the kerosene lamp whose amount of kerosene was limited and when the light began to spark and spit, the young man made his exit. An obvious conclusion to the term "sparking" derived its meaning from this practice. Spoons, carved and given as a gift at this time were considered to mean a lover's intentions.

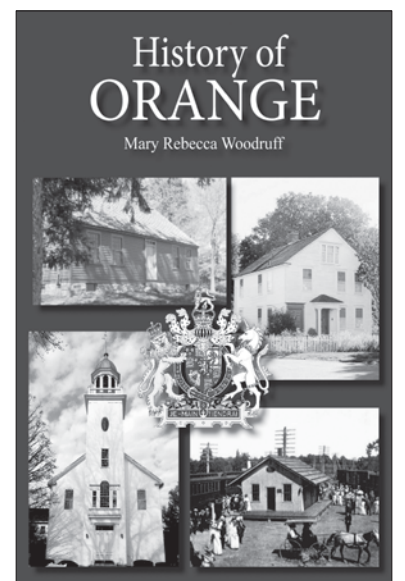
So, what is your plan for this Valentine's Day? Will it be candy, flowers, a handwritten letter, a large oversized commercial card, or perhaps a greeting from one of the Internet sites with an e-card? How about a bottle of wine and dinner at a favorite restaurant or maybe....I guess, in the long run, it's the thought that counts. Happy Valentine's Day!

Ginny Reinhard is president of the Orange Historical Society.



Is it Spring Yet?

For the Town of Orange spring is not around the corner, but for the Orange Historical Society spring is almost here. After almost 40 years, the "History of Orange" by Mary Rebecca Woodruff is being reprinted and will be available this spring. Available in paperback, the cover was designed by Bob Belletzkie and OHS president Ginny Reinhard with the final touches and approval by the publisher, The Connecticut Press. The book is true to Miss Woodruff's work with the text and pictures faithfully reproduced. Anyone wishing to order the book may send \$18.95 plus \$4.00 shipping to PO Box 784, Orange, CT 06477. Books will be available at the Stone-Otis House and Town Hall in the Town Clerk's office. For further information, call 203 795-6465.



ORANGE HOUSE OF WORSHIP EVENTS

Congregation Or Shalom Upcoming Events:

All events are open to non-members.

Shabbat Family Dinner for Shabbat Across America: Friday, March 4, 6:00 PM: The cost is \$18.00 for a family of 4 and \$3.00 for each additional family member. The service starts at 7:00 PM. Call Congregation Or Shalom for reservations at 203-799-2341. All checks must be in before February 28, 2011. Seating is limited!



Congregation
Or Shalom

Purim Carnival, Sunday, March 6, 10:30

AM: Join us for this annual family event as we gear up for Purim. There will be lots of games and prizes as well as food to purchase. Plan to bring the whole family for a fun filled time.

Kinder Kreations: Sunday, March 13, 9:15 AM: Free pre-school event where we provide three and four-year-olds with the sights, sounds and sensations of Judaism. They also spend time with Rabbi Wainhaus as he plays his guitar.

Purim Megilla Reading and Spiel (spoof), Saturday, March 19: The Megilla reading will begin at 6:30 PM followed by the Spiel (spoof) at 7:30 PM. Children are encouraged to come in costume and men who wish to be considered for Queen Esther should come dressed as a potential Queen!

Coconuts: Performs Saturday, April 2, 7:30 PM: More than just a comedy show, more than just a band. Hilarious parodies, sing-alongs and good ol' Rock & Roll. Join us for this "Fun" raiser. \$18 per person. Call the office for reservations at 203-799-2341.

Zumba Gold: Tuesdays & Thursdays, 7:00 PM – 8:00 PM: Join Zumba Gold with coach Robin Allen each week for a one hour class. Call Robin for more information at 203-314-8176.

Opening Doors: Congregation Or Shalom, is once again offering its "Opening Doors" program for children in grades Kindergarten through Grade 2 in the Fall. Young families may enroll their children in the Sunday School program without the requirement of membership in the synagogue. Rabbi Alvin Wainhaus, synagogue spiritual leader, noted that bringing young families within the orbit of the community will stimulate them to open the "doors" to various groups and committees within the synagogue. "Ultimately, we hope they will become part of the Or Shalom Family," Rabbi Wainhaus said.

Naming Babies: Does your Jewish child need a Hebrew name? If so, we will provide him/her with one. There is no charge and this is open to Congregation Or Shalom members and non-members. Call the Or Shalom office at 799-2341.

Services:

Sunday mornings: 9:00 am

Monday mornings: 7:30 am

Thursday mornings: 7:30 am

Friday evenings: 7:00 pm (the first Friday of each month is our Family Service where Rabbi Wainhaus reads the children a story in lieu of a sermon. Following the Service, there will be a dairy Oneg Shabbat-refreshments.)

Saturday mornings: 9:30 am

Congregational Church to Present Family Concert

"Saint Luke's Steel Band" will present a family concert to benefit the Pipe Organ Renovation Fund of the Orange Congregational Church on Sunday, March 13, 2011 at 4:00 PM in the Gym at Holy Infant Church, 450 Racebrook Road, (Ct Rte 114) in Orange. The concert will feature calypso, reggae, classical and sacred selections. The band is an intergenerational group of approximately 25 players from St Luke's Episcopal Church in New Haven.

Band members range in age from high school students to their oldest member in his early 80's. Tickets will be \$15 each. Children 12 and under are free. Tickets can be ordered through the Orange Congregational Church Office (203-795-9749) or purchased at the door the day of the concert.



Orange
Congregational Church

www.OrangeTownNews.com

Bulletin Board



Al-Anon Parents Meeting, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to www.ct-al-anon.org or call Margaret at (203) 877-4313.

Clean Energy Task Force of Orange, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The public is invited. Next meeting is July 20th.

Orange Recycling Committee meets every 3rd Wednesday except for January, July & August, 7pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email Orangerecycles@gmail.com.

Blood Pressure Clinic presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange (formerly Laurel Estates), 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

The Rotary Club Of Orange meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Dan McAllister at 203-799-9073 for information about the club or visit www.orangectrotary.org.

Chabad of Orange ~ Woodbridge Weekly Puppet Show, Saturday Mornings, 11:30am, 261 Derby Avenue, puppeteers will captivate your children's attention each week while learning about their Jewish Heritage, history & values; geared for children ages 3-8.

Hooked on the Sound Crochet Guild, Saturdays, 10am-1pm, March 5, April 2, May 7, June 4, July 9, August 6, September 10, October 1, November 5, December 3, 2011. Visit Web site at: www.HOTSCrochetGuild.yolasite.com.

Davis Gallery Presents "Three Person Show", featuring Sharon Morgio, Cathy Amendola, and Mark Dittmar, Show dates Saturday, January 22-Friday, February 18, 2011, M-F 10:00am-6:00pm and Saturdays 10:00AM-2:00PM, 200 Boston Post Road, (inside VideoLab). For more information, call 203-795-4705.

Discovery Museum Guitar Exhibit, Saturday, February 15 - May 15, 2011, 4450 Park Avenue, Bridgeport; Admission \$9.50/adults, \$8.00/students, children, \$7.00/seniors, free for children 2 and under, 10:00am-5:00pm Tuesday-Saturday, Noon-5:00pm Sundays. For more information, visit www.discoverymuseum.org or call (203) 372-3521.

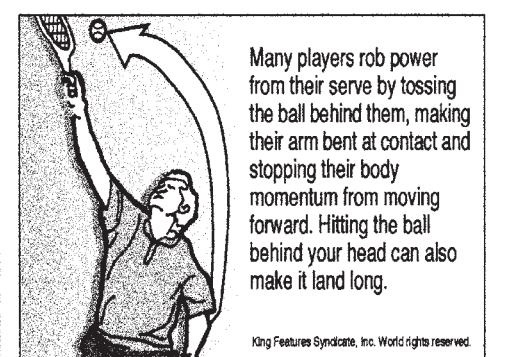
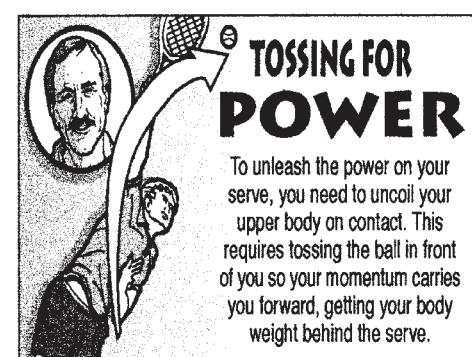
Davis Gallery Presents "Photographic Reflections", featuring Kenn Hopkins, Opening Reception February 26, 2010 from 1:00-4:00pm, Show Dates February 26 - March 15, 2011, Hours M-F 10-6 Sat 10-2, 200 Boston Post Road (inside VideoLab). For more information, call 203.795.4705.

Orange & Milford Historical Societies Joint Meeting, Tuesday, March 22, 2011, 7:00pm, Case Memorial Library, 176 Tyler City Road, Free admission, refreshments. Tony Bosse Depression Glass collection; he will do appraisals of items brought in for \$1/piece. For more information, call 203-7956465.

Milford Knights of Columbus Presents The Tony Farina Show, Wednesday, March 23, 2011; \$99/pp includes RT bus transportation, meal, show, taxes and gratuities; \$25/deposit needed for reservation; balance due February 1, 2011. For more information, call John Bernard at 203-77-2737.

Friends of The Library Presents "Atticus", a free program featuring actor Richard Clark, Wednesday, March 30th at 7:00 pm, Case Memorial Library, 176 Tyler City Road.

STAN SMITH'S TENNIS CLASS



BUSINESS ROUNDUP

Orange Resident Honored at Milford Chamber Award Ceremony

Over 200 people were in attendance at the Milford Chamber of Commerce 56th Annual Meeting and Awards Luncheon held at Grassy Hill Country Club in Orange.

The Chamber's 2010 Lifetime Achievement Award was presented to Orange resident Armand Cantafio, president and chairman of the board of Northeast Electronics. Founded by Cantafio in 1961, the company is known as a world leader in the hermetic glass-to-metal sealing industry.

Cantafio also is the chairman and president of the Connecticut Burns Care Foundation. Cantafio is a member of the United States Military Academy Appointee Selection Committee, as well as chairman of the Citizens Advisory Group at Platt Regional Vocational Technical School.

The Milford Chamber of Commerce recognizes local business leaders for their contributions to the community.

Others receiving awards include: David Hart Stevens of Stevens of Milford who was named "Business Person of the Year 2010." Milford Photo was named the Small Business of the Year 2010."

Schick Wilkinson Sword received the "Corporate Award 2010" for outstanding growth to the business climate.

Napoli Nissan received the "Business Image Award 2010" for making significant improvements and maintenance, enhancing the company image and appearance.

Cyrus Settineri, owner of CS Brokers, received the "Milford Progress, Inc., Economic Development Award."

The Junior Woman's Club of Milford received the "Public Sector Award 2010" for its contributions to the city of Milford.

Jody Culmone, president and founder of the Milford Consortium for Child Care Initiatives, was the recipient of the "Human Service Award 2010."

The Health Wellness Council honored Diane Frankel-Gramelis, Milford Hospital's director of education, for improvement and expansion of community health services.

The "Community Service Award 2010" was given to the Vaccino Family, founders of Bodie's Place, a "boundless playground."

The Eastern Bag and Paper Group received the "Green Award" for exhibiting and implementing environmentally friendly business practices.

David Slossberg of Hurwitz, Sagarin, Slossberg & Knuff, was recognized as the "Milford Chamber Director of the Year 2010."

The "Ambassador of the Year 2010" was awarded to Robert Kademian, Action COACH, for his work in the Ambassadors Committee.



On Thursday, January 20th, members of the Orange Chamber of Commerce Board of Directors joined with Orange First Selectman Jim Zeoli in welcoming the Orange Family Diner to Orange. The diner is located at 285 Boston Post Road (formerly Equinox Diner) and serves breakfast, lunch and diner. Orange Family Diner provides "Real Food for Real People" at affordable prices to meet the family budget. Pictured (l-r): Chamber Board members, Rick Roberts; Ron Capozziello; OEDC Director, Paul Grimmer; OCOC Director, Janice Lettick; Diner owners Esra & Emily Elshafey (along with their parents Mack & Louis), First Selectman, Jim Zeoli; OCOC Vice-President, Rocky Salperio and Board member, Mike Shiner.

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LOCAL SPORTS



Andrea DelVecchio, 4th grader at Peck Place School, holds the trophy she and her teammates on the Squirt B Gold team of the The Greater Bridgeport Riverhawks won during the "Freeze Out" Tournament January 14-16 at UMass Amherst. With an assist on the tie-breaking goal, Andrea's team came home with the Gold Medal.



Pictured (l-r): Nick Musante, Dan Decilio, Michael Anil, Gunnar Poulimas & Master Sansonetti.

Orange Recreation Karate Students Awarded Black Belt

Orange, CT – Orange Recreation students Nick Musante, Dan Decilio, Michael Anil & Gunnar Poulimas were awarded the rank of 1st Dan Black Belt on December 3rd from the Cheezic Tang Soo Do Federation in Waterbury. Master Sansonetti congratulates his students on earning this prestigious honor. Master Sansonetti holds classes in Stratford, Trumbull, Monroe and Ansonia. For more info call 203-783-9768 or visit www.superiorkarate.net.



Jocelyn Eagle and Master Chris Sansonetti

Orange Student Wins Trophies

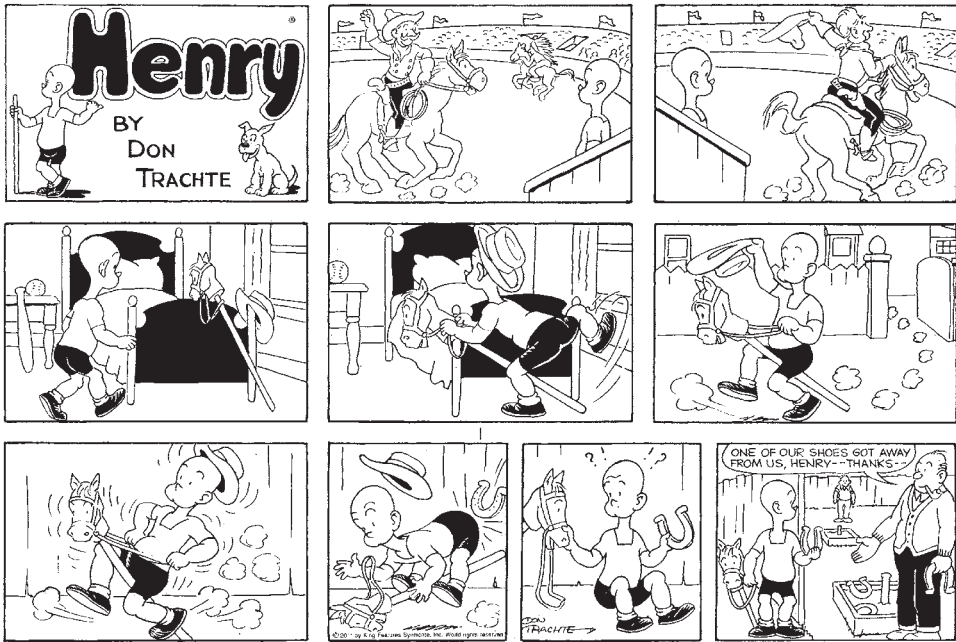
Jocelyn Eagle placed 2nd in Weapons & 4th in Sparring at the Cheezic Tang Soo Do Federation Challenge in Waterbury on January 23, 2011. Jocelyn is a student at the Orange Recreation Karate Program. Master Chris Sansonetti congratulates Jocelyn on this big achievement. Master Sansonetti also teaches in Stratford, Trumbull, Ansonia and Monroe. For more information, call 203-783-9768 or visit www.superiorkarate.net.



Bevvino Earns Black Belt

Nicholas Bevvino, a Third Grader at Racebrook Elementary School, recently received his Black Belt at a ceremony in December at the East Haven Taekwondo facility. Nicholas has been taking classes at the Taekwondo in Derby for the past 3.5 years and is pictured with his instructor, Master Jang.

COMICS / CROSSWORD / HOLLYWOOD



The Spats

by Jeff Pickering



King Crossword

ACROSS

- 1 Put one's foot down?
- 5 Level
- 9 Boston — Party
- 12 Tittle
- 13 Staffer
- 14 Massage
- 15 Suburban parent, maybe
- 17 Exist
- 18 Elbow counter-part
- 19 Loop in lace
- 21 Superhero garments
- 24 Work station
- 25 Oodles
- 26 Not to be tossed aside?
- 30 Chum
- 31 Bed cover
- 32 Summertime mo.
- 33 Cast members
- 35 As well
- 36 Covered walkway
- 37 Sword handles
- 38 Wan
- 40 Canaanite's deity
- 42 Mainlander's memento
- 43 Wife of a links nut
- 48 Bobby of

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- hockey
- 49 Always
- 50 Protuberance
- 51 Dine on
- 52 Pedestal
- 53 Leaves
- DOWN**
- 1 A sib
- 2 Excessively
- 3 List-ending abbr.
- 4 Small bundle
- 5 Passenger's payment
- 6 Rickey
- 7 Commotion
- 8 Storm
- 9 Part of a mouse,
- maybe
- 10 Franc
- 11 Help in crime
- 16 Navy rank (Abbr.)
- 20 "Life — cabaret, ..."
- 21 Team leader (Abbr.)
- 22 Winged
- 23 Pullover garment
- 24 Union fees
- 26 Comical Caroline
- 27 Ending for musket or market
- 28 Insatiable desire
- 29 Vanity
- cases?
- 31 Mooched
- 34 Multipurpose truck
- 35 Under the weather
- 37 "Hee —"
- 38 Lotion additive
- 39 Antitoxins
- 40 Wasn't
- 41 Frizzy hairstyle
- 44 Eggs
- 45 "Cock-a-doodle- —!"
- 46 Rhyming tribute
- 47 Film director Craven

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King Crossword Answers on Page 28

HOLLYWOOD

By Tony Rizzo



Jerry Lewis

HOLLYWOOD -- "Everything old is new again." Some of us who remember the old things when they were new wonder why they keep bringing them back when they weren't that good to begin with. Take the news that Paramount Pictures plans to remake six Jerry Lewis films -- "The Bellboy," "Cinderfella," "The Family Jewels," "The Errand Boy," "The Patsy" and "Who's Minding the Store" -- that were panned by most critics, staying afloat because of the loyalty of die-hard Lewis fans. Lewis had his moments of hilarity, but they weren't as sustained in these films as they were in "The Nutty Professor," which was remade with Eddie Murphy and even spawned a sequel. And who can they come up with to be the new Jerry Lewis? Eddie Murphy, Jim Carrey and Johnny Depp are too long in the tooth to play the naive, bungling youth that even Jerry Lewis was too old to play originally.

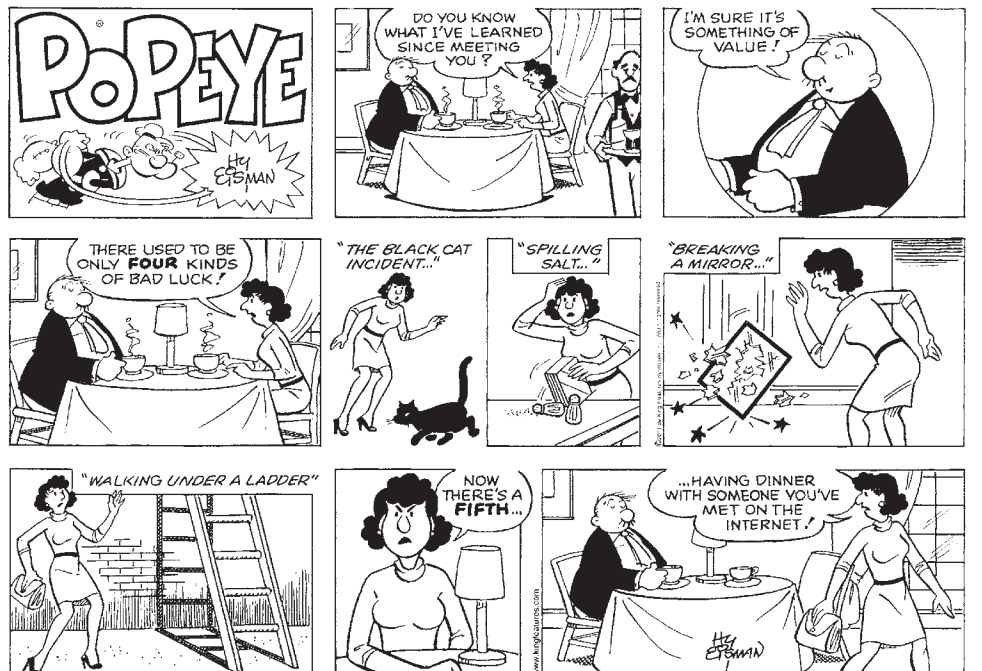
And more remake news ... ABC is bringing "Charlie's Angels" back to TV. The show was originally created as a spin-off for Kate Jackson, who was fourth lead on "The Rookies." Jaclyn Smith was cast next, then along came a popular model, Farrah Fawcett. I visited the set many times, and the three stars had full-length mirrors on the set to be sure they were perfect for every take. This caused a lot of delays, but paid off when the show became a hit. This "modern take" will at least have the original producer, Leonard Goldberg, and producer of the "Charlie's Angels" film, Drew Barrymore. The voice of Charlie belonged to "Dynasty" star John Forsythe; it will now belong to "Hart to Hart" star Robert Wagner.

The list of the 10 top-grossing films, worldwide, in 2010 is out, and

it may surprise you, as it did me. Six were in 3D, four were animated and four were hero driven or sci-fi. "Toy Story 3," in 3D, made more than \$1.1 billion; followed by "Alice in Wonderland" 3D, \$1 billion; "Inception," \$825 million; "Harry Potter and the Deathly Hallows, Part 1," \$824 million; "Shrek Forever After," in 3D, with \$740 million; "Twilight Saga: Eclipse," \$693 million; "Iron Man 2," \$582 million; "Despicable Me," 3D, \$540 million; "How to Train Your Dragon," \$495 million; and "Clash of the Titans," \$493 million.

Where are the great films that become classics? Don't we still enjoy a great story fueled by an incredible performance? This might be why producers don't buy original scripts and stick to tried and true formulas that have high visibility. Could it be there's so much drama already in our everyday lives, because of texting and twittering, that we need to hide in darkened theatres to escape to another realm?!

Send letters to Tony Rizzo's Hollywood, 8306 Wilshire Blvd., No. 362, Beverly Hills, CA 90211.



Emotional Investing

By Roberta L. Nestor

No matter how you look at it, investing is an emotional experience. Investment experiences can be equated to a love and hate relationship. Love it when you are making money and hate it when losing. Fear and greed is another type of relationship that investors often have with markets. Fear of losing money means “get out” and greed means “put me back in”. Countless times investors have made comments about markets as if the market itself was a real, live, breathing thing.

Study after study shows that the majority of investors make investment decisions based on reactions of sudden market declines or, of late, geopolitical events such as Greece’s debt crisis, the massive oil spill in the Gulf, and now Egypt. And, it’s not only negative news that brings investors to make rash decisions. After a few years of an upward trend investors want to get back in. The concept of buying low and selling high has no regard for investor emotions.

Dollars and sense

These emotions are real and “Behavioral Finance” is on a fast-track. It is the study of investor behavior and is designed to help investors and advisors better manage emotions when it comes to investing. We live in a time where more and more complex financial decisions are shifting increasingly from institutions to individuals. A good example of the shift of investment decisions is the 401k; when companies offered traditional pension plans, employees did not have to decide how to invest their funds. 401k plans shift that responsibility to the employee.

That shift of responsibility has not paid off for most investors. Dalbar is a company that has been producing the “Quantitative Analysis of Investor Behavior” for the past sixteen years. One of its more well-known studies is that of the average 401k investor versus the markets. It goes like this: Over the last 20 years from 1990 - 2009 the average equity fund investor earned only 2.3% annually over the 19-year period included in the study, compared to annualized inflation of 2.18% and the S&P 500 Index average annual return of 8.2%*.

2.30% versus 8.20%??? Why does this happen?

According to behavioral studies, as human beings, we generally have a stronger preference for avoiding losses than for making gains when evaluating the risks of an investment. Because of this behavioral tendency, we respond and react more quickly to the onset of negative events that could trigger painful losses in our portfolios than we do when faced with a similar likelihood that could lead to performance gains.

How can you avoid these emotional pitfalls? Work with a qualified financial advisor - someone who will listen to your fears but will remain the voice of reason. There is a cost to making emotional decisions and shown in the 401k study, emotional decisions can have a large impact on your retirement plan. An advisor will ask about your investment experiences and will craft a portfolio that is based on your individual risk tolerance, not that of the markets.

*All indices are unmanaged and investors cannot actually invest directly into an index. Unlike investments, indices do not incur management fees, charges, or expenses. Past performance is no guarantee of future results.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Investors should consult a tax preparer, professional tax advisor, and/or a lawyer.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. She can be reached at TSM Financial Services, 203-876-8066 or roberta@tsmfinancial.com.

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Death Notices



Doris Nanfelt Morrissey

Doris Nanfelt Morrissey, 93, of Orange, CT, formerly of West Haven, widow of the late John F. Morrissey, beloved mother and grandmother, died Thursday, December 30, 2010 at the Hospital of St. Raphael. Born in New Haven, December 9, 1917, she was the daughter of the late Frank H. and Gertrude Niemeyer Nanfelt. A communicant of St. Lawrence Church, she was a member of St. Theresa’s Guild as well as an active member of the Ladies Auxiliary #9422 of the VFW. Doris is survived by her three children, John F. Morrissey Jr. of West Haven, Mary Zyskowski and her husband Thomas of Hamden, and Elizabeth Morrissey of Orange, as well as two cherished granddaughters, Catherine and Anne Marie Zyskowski. Also surviving are a cousin, William Niemeyer of Florida, three nephews, a niece, and her dedicated caregiver, Carmen Angeles. Doris was predeceased by her brother, Russell H. Nanfelt. Gifts in Mrs. Morrissey’s memory may be made to St. Lawrence School, 231 Main Street, West Haven, CT 06516.



Doris Nanfelt Morrissey

Orange Town News

Death Notices

The Orange Town News will publish death notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@orangetownnews.com

HEALTH AND FITNESS

Did Cupid Steal Your Figure?

by Mary Schwartz, CPT

Have you been struck by Cupid’s arrow? Maybe you are in the midst of a new relationship right now? Perhaps you’re a newlywed, a happily married couple or coming up on your 25th wedding anniversary? Being in love is magical, but the excitement of a new relationship can cause you to shift your focus from yourself to that of your new love. Once the newness of the relationship wears off and life settles down, you may find that your figure is missing. Oftentimes, couples “let themselves go” once they are in a relationship. They become “comfortable” and no longer make an effort to look their best. Careers take off, children come along and before they know it, they are sporting a beer belly or wearing mom jeans! They let Cupid steal their figure but now it’s time to get it back!

Take a moment to think back to what it felt like when you first fell in love? What was it that attracted you to each other? Was it her sense of humor, his brilliant mind or did you share some mutual interest? Hopefully, your partner had many charming qualities, but chances are you were initially attracted to the way he or she looked. When you look your best, you have self-confidence which makes you more attractive. Now fast-forward five, ten, fifteen or twenty years into the future. Are you confident in the way you look? Are you still physically attracted to your mate or have you lost that loving feeling? What if I told you that not only could you get it back, but you could look and feel younger, stronger and fitter than you have in years and possibly even better than you did when you first met?

Well, you can! What better way to show your partner that you love them than by encouraging and supporting them to get in shape! Instead of buying candy or flowers for them this year, why not give them the gift of health? Commit to help each other get in shape. Use this year to reconnect with your partner, revive your passion for each other and reignite the spark that originally brought you together. Spend lots of quality time together engaged in healthy, fun activities. You could go grocery shopping together, prepare meals together, take cooking class’s together, workout together, take long walks together, run, go for a bike ride or learn a new sport together. By the end of the year you will not only be stronger physically but a stronger couple as well!

For more information or to suggest a topic for a future article, please contact me at (203) 824-3913 or e-mail me at mary@workoutwithmary.com. Mary Schwartz is a Certified Personal Trainer and owner of Mary Schwartz Personal Training located in Orange, CT.

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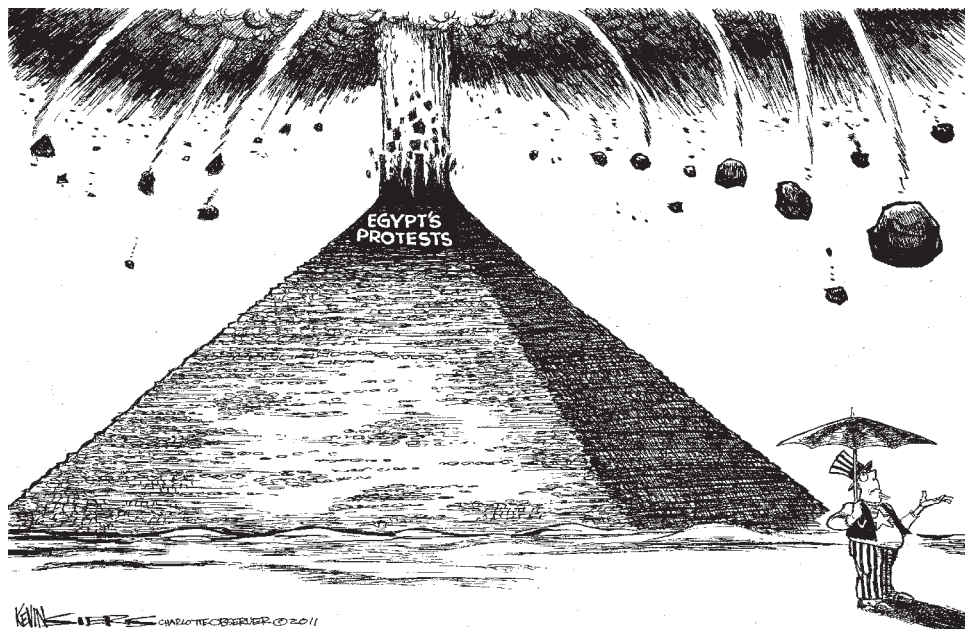
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Weekly SUDOKU — Answer

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6	4	2	9	3	1	7	5	8
9	5	1	7	6	8	4	3	2
3	8	7	5	4	2	6	9	1

ENTERTAINMENT



- 1. No Strings Attached (R)**
Natalie Portman, Ashton Kutcher
- 2. The Green Hornet (PG-13)**
Seth Rogen, Jay Chou
- 3. The Dilemma (PG-13)**
Vince Vaughn, Kevin James
- 4. The King's Speech (R)**
Colin Firth, Helena Bonham Carter
- 5. True Grit (PG-13)**
Jeff Bridges, Hailee Steinfeld
- 6. Black Swan (R)**
Natalie Portman, Vincent Cassell
- 7. Little Fockers (PG-13)**
Robert De Niro, Owen Wilson
- 8. The Fighter (R)**
Mark Wahlberg, Christian Bale
- 9. Yogi Bear (PG)**
animated
- 10. TRON: Legacy (PG)**
Jeff Bridges, Garrett Hedlund



- 1. The Social Network (PG-13)**
Jesse Eisenberg
- 2. Dinner for Schmucks (PG-13)**
Steve Carrell
- 3. Salt (PG-13)**
Angelina Jolie
- 4. Resident Evil: Afterlife (R)**
Milla Jovovich
- 5. Machete (R)**
Danny Trejo
- 6. The Town (R)**
Ben Affleck
- 7. Case 39 (R)**
Renee Zellweger
- 8. The Other Guys (PG-13)**
Will Ferrell
- 9. Piranha (R)**
Elisabeth Shue
- 10. Wall Street: Money Never Sleeps (PG-13)**
Michael Douglas



Top 10 Pop Singles

- 1. Britney Spears**
"Hold It Against Me"
- 2. Bruno Mars**
"Grenade"
- 3. Katy Perry**
"Firework"
- 4. Rihanna feat. Drake**
"What's My Name?"
- 5. Wiz Khalifa**
"Black and Yellow"
- 6. Enrique Iglesias feat. Ludacris & DJ Frank E**
"Tonight (I'm Lovin' You)"
- 7. Ke\$ha**
"We R Who We R"
- 8. Pink**
"Raise Your Glass"
- 9. The Black Eyed Peas**
"The Time (Dirty Bit)"
- 10. Bruno Mars**
"Just the Way You Are"

Top 10 Country Singles

- 1. Kenny Chesney**
"Somewhere With You"
- 2. Tim McGraw**
"Felt Good On My Lips"
- 3. Keith Urban**
"Put You In a Song"
- 4. Carrie Underwood**
"Mama's Song"
- 5. Chris Young**
"Voices"
- 6. Luke Bryan**
"Someone Else Calling You Baby"
- 7. Blake Shelton**
"Who Are You When I'm Not Looking"
- 8. Jason Aldean**
"My Kinda Party"
- 9. Taylor Swift**
"Back to December"
- 10. Brad Paisley**
"This is Country Music"



Luke Bryan



Chris Pine

EDITOR'S NOTE: New DVDs reviewed in this column will be available in stores the week of Feb. 15, 2011.

PICKS OF THE WEEK

"Unstoppable" (PG-13) -- If you like movies about runaway trains and the buff, determined Choo-Choo Boys charged with stopping them, then Boy Howdy, have I got the perfect film for you.

In "Unstoppable," an unmanned train carrying tons of deadly chemicals is barreling across the Pennsylvania countryside -- 1 million tons of ironclad mayhem on a collision course with Scranton.

Engineer Denzel Washington and conductor Chris Pine are the only two people who can save Scranton from going up in flames and being awash in steaming toxic death -- and never have I wanted two people to fail more.

"Waiting for Superman" (PG) -- In "Waiting for Superman," Davis Guggenheim, director of "An Inconvenient Truth," the Academy Award-winning documentary on climate change, turns his sights on America's ailing education system.

In this controversial documentary, Guggenheim suggests that one of the major problems with education today is teachers unions, which protect bad teachers all for the sake of perpetuating tenure agreements. He also is a proponent of the charter school system, which hasn't been proven to be substantially better than public schools. The lottery system used to pick the students is absolutely soul-crushing to watch.

While it's clear that Guggenheim has an agenda, "Superman" isn't one of those Michael Moore-style films that are long on propaganda and short on facts. No matter where you stand on the issue, this film is sure to provoke thoughtful and passionate discussion.

"Dr. Who: A Christmas Carol" (Unrated) -- This innovative take on the Charles Dickens' holiday classic makes for one of the most enjoyable Doctor Who Christmas specials in recent memory.

It's Christmas Eve, and honeymooners Amy Pond and Rory Williams are aboard a luxury cruise ship that becomes disabled by a mysterious cloud formation above the surface of an alien planet. They and the ship's 4,000 passengers have less than an hour before they crash. In order to save them, the Doctor (Matt Smith) must warm the frozen heart of the planet's most powerful man, the miserly Kazran Sardick (Michael "Dumbledore" Gambon).

Filled with whimsy, pathos and humor, this Christmas special is a delight for adults and children alike.

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Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

8			3				7	
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

- ★ Moderate
- ★★ Challenging
- ★★★ HOO BOY!

Pet Ownership

February is Responsible Pet Owners' Month. It's an interesting designation, really, as I'm not entirely clear as to whether we're supposed to be celebrating Responsible Pet Owners, or making pet owners feel guilty about not being as responsible as they should be.



On one hand, I'm getting plenty of notices to remind my readers to take their pets in for check-ups (if they haven't done so already), get their vaccinations up to date and basically work harder at keeping pets healthy and happy. On the other hand, I'm getting plenty of press releases about scads (that's right, scads) of products that apparently are absolute must-haves in order to be a truly responsible pet owner.

To me, it's all a bit weird. Isn't responsible pet ownership a year-round activity? Has it suddenly become OK to just condense our responsibility to our pets into the shortest month of the year? Is responsible pet ownership really being promoted, or is this just another way for marketers to convince pet owners that they have to have the latest, most expensive tooth-brushing devices to keep their dogs' teeth from just falling out?

Not that there aren't good products being touted. Safety harnesses to keep your pet in place while traveling in the car -- good idea. Better, safer chew toys for dogs -- another good idea.

What I'm getting at is this: Designating a month for responsible pet ownership is a well-intentioned move, but truly responsible pet owners consider it a year-round occupation. Why not celebrate responsible pet owners for who they truly are -- compassionate people who see their pets as part of the family and make sure they get the care and love they deserve, all the time?

Get more pet advice and information at www.pawscorner.com. Send your questions or tips to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

Winterize your Pets

By Dr. T.C. Nanavati

Snowstorm after snowstorm has descended upon us. It is hard for homo sapiens but what about the animal kingdom? There are lots of critters outside freezing in the freezing weather. The earth is covered in snow and the birds have nothing to eat. The squirrels can smell about 5 inches deep to dig up nuts but in this Mount Rushmore of snow they can't do very much! It is time to think about your pets.

1.) Insulation-pets need extra calories to stay warm in this cold weather. If they don't eat enough food they will lose weight quickly. That will invite the onset of diseases and will break down the immune system. The indoor pets should get enough exercise because they do not go out in the cold weather.

For outdoor dogs, if you have made a shed please cover it with insulation and put some padding like straw on the floor and the door of the shed should be covered in some weather resistant material. Make enough room for him to move around. If the dog house is too big he will lose heat. It should also be on a raised platform so when the snow melts or it rains the water cannot get into it. If it is really freezing and the dog is willing to stay inside bring him in at night time. There are some dogs who want to stay outdoors rain or shine. If you go shopping, please do not leave your dog in the car as the cold temperature might invite hypothermia because the closed windows will trap the cold air inside. Long haired dogs have a better chance of surviving cold weather, but short haired dogs should use warm doggie clothing.

2.) Deadly antifreeze-During wintertime after the car is parked, it can leak antifreeze which is a death warrant for cats. Because of the sweet taste they lick it and that leads to kidney damage and ultimate death unless taken immediately to the emergency clinic for treatment. Also, cats jump underneath the hood to keep themselves warm. Unsuspecting owners get in the car, turn on the engine which causes trauma to the cat and the cat then needs emergency help.

3.) Frostbite-During this extreme freezing weather if the animals are exposed to extreme temperatures, it might lead to frostbite. Most commonly affected areas are the tail, ears, foot pads, etc. When the pets come back from outside wash their feet and try to dry their body. Change of coloration of the skin is a good sign to bring your pet to the vet.

4.) Keep your animal clean-During this season most of the driveways need salt or de-icing material. If the animal licks this material it can cause damage to the animal. As soon as the animal comes back, please wash the animals feet with warm water using some kind of mild soap (like dove). These days there are non toxic ice melts that you can buy from the store or online.

www.OrangeTownNews.com

Comedy Night to Benefit The Animal Haven

The Animal Haven of Greater New Haven is having a comedy night fundraiser to benefit the shelter. The entertainment for the night are comics Rick Carino, Robin Fox and Seymour Swan. The event will be Friday, February 18th at Mark Barry's Restaurant, 464 Boston Post Road in Orange. Doors open at 7pm and the show starts at 8pm. There will also be a raffle as well. Tickets are available at Mark Barry's, the Animal Haven, or by contacting Chris at chriskat32@aol.com.

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Salome's Stars

ARIES (March 21 to April 19) St. Valentine's Day magic rules the entire week for romantic Rams and Ewes. Music, which is the food of love, is also strong. The weekend offers news both unexpected and anticipated.

TAURUS (April 20 to May 20) Your aspects favor the arts -- which the Divine Bovine loves, loves, loves. Also, for those looking for romantic love, Cupid is available for requests. After all, his mother, Venus, rules your sign.

GEMINI (May 21 to June 20) Loving commitments continue to grow stronger. Ditto budding relationships. A recent move to help start up a new career-linked direction could soon begin to show signs of progress.

CANCER (June 21 to July 22) Single Moon Children might be eager to take that proverbial chance on love. But your more serious side will feel better if you take things slowly and give your moonstruck self more time.

LEO (July 23 to August 22) It's a love fest for Leos and Leonas this week. Paired Cats might expect to be purrfectly in sync. And with matchmaking friends, single Simbas searching for romance shouldn't have too far to look.

VIRGO (August 23 to September 22) More understanding on both sides can work miracles in restoring ail-

ing relationships to health. Make the first move, and you'll be closer to your much-wanted reunion.

LIBRA (September 23 to October 22) Accept the fact that you are worthy of being loved, and you'll find proof in what is revealed to you over the course of the week. Also accept a compliment offered with great sincerity.

SCORPIO (October 23 to November 21) Planning to take a new direction in life is exciting. And so is a new awareness of someone's special affection. Expect a slow and mostly steady development of the situation.

SAGITTARIUS (November 22 to December 21) Although you might still feel you weren't treated quite right in a recent matter, all that will work out in time. Meanwhile, enjoy the week's special qualities and potentials.

CAPRICORN (December 22 to January 19) Deciding not to give up on a troubling romantic situation helps start the healing process. Expect to find some valuable insight into yourself as things move along.

AQUARIUS (January 20 to February 18) The week is filled with positive potentials, but it's up to you to make the right choices. The advice of someone who truly cares for you and your well-being can be priceless.

PISCES (February 19 to March 20) It's a good time to make yourself available to possibilities of the romantic kind. Already paired? Good. In that case, be sure to reassure that special person of your feelings.

BORN THIS WEEK: Your generosity gladdens the hearts of others, and you bask in their joy.

Just Like Cats & Dogs by Dave T. Phipps



MISTER BREGER By Dave Breger



LAFF-A-DAY



HUBERT - - By Dick Wingert



Birding Bits BY Cindy Brook

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E-mail: birdingbits@cfl.rr.com
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HOCUS-FOCUS BY HENRY BOLTINOFF



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top ten

ORGANIC APHRODISIACS

1. Celery
2. Banana
3. Pomegranate
4. Peach
5. Ginkgo nut
6. Oats
7. Basil
8. Garlic
9. Ginger
10. Black pepper

Source: <http://socyberty.com>

top ten

Valentines Day Family Movies

1. *The Little Mermaid*
2. *The Princess Diaries*
3. *The Aristocats*
4. *Cheaper by the Dozen (2003)*
5. *The Parent Trap (1998)*
6. *Be My Valentine, Charlie Brown*
7. *Shrek*
8. *Hairspray (2007)*
9. *Cinderella*
10. *Lady and the Tramp*

Source: <http://holidays.kaboose.com/>

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(“Head Injuries” continued from page 3)

portant safety net for the community,” she says, “and that is not the case at all high schools.”

A Study in Technique

Other important steps to protect kids is proper technique, say area coaches, and making sure kids are not sent back to play too soon. “A child with a concussion must sit out for at least 2 weeks and must be medically cleared by a doctor before returning,” says Rich Photos, President of Amity Pop Warner, the local football program that has seen a decline in the number of concussions with only one case in the 2010 season. Photos adds that at least one medically-certified trainer is present at every football practice and an EMT is hired by the league to be at every game.

Photos also speaks towards proper technique as an important safeguard against concussions. “If a kid leads like a ram with his head, he will be at much greater risk of a concussion,” he says. “We practice this over and over and over again. We have discussions with kids constantly about the importance of proper technique to help protect themselves. There is far too much emphasis on winning in youth sports,” says Bill Hoffman, co-president of Orange Soccer Association and a director for Amity travel soccer. “We must emphasize to parents and coaches that kids are not to go back onto the field if a head injury is suspected.”

Soccer is on the radar as a high-risk sport, partly because players head the ball, but also as a result of players colliding with other players and the ground. Hoffman, though, has not seen a lot of concussions on the Orange soccer fields. “Proper technique is emphasized and the younger players are very reluctant to head the ball. I believe it’s more of an issue at the high school level.”

The Right Stuff

Proper equipment also plays an important role. Photos says that top-of-the-line helmets are used by his football players and special helmets are used by players who have suffered concussions in the past. Hoffman also speaks toward head gear for soccer players that is growing in popularity.

Baseball is the sport in Orange where equipment is a particularly important discussion. Safety has always been the number one priority for Orange



Little League, but more so now that one of their own suffered a devastating head injury. “People may not think it’s a big issue until it happens to their child. Then it’s the biggest thing in the whole world,” says Marcy Winkel, who, together with her husband, Jim, are advocating for Orange Little League players to wear pitching helmets. Their son suffered a severe head injury in 2009 while pitching and being hit in the head with a line drive. While their son, who now has 3 metal plates in his head, has made a full recovery and has resumed playing baseball, they don’t want to see it happen to another child. The Winkels would like to see all pitchers be required to wear protective head gear and have been advocating at the Old Tavern Little League complex for batting helmets to be on all pitchers and infielders.

According to Dave Crow, Orange Little League, hardball player agent, a committee, which included the Winkels, was put together that looked into mandating helmets. “Ultimately, helmet manufacturers were not able to guarantee that batting helmets would protect the pitcher,” says Crow. “So we took the approach that we highly recommend that players wear batting helmets while pitching and explain the risks and offer options. In the young coach-pitch league where players are just learning how to pitch, however, helmets are required. Our hope is that by starting them young, wearing a pitching helmet will be second nature.” “We put helmets on batters’ heads to protect them from 50 mph pitches,” says Winkel. “Why not put them on pitchers when the ball is coming towards them off the bat even faster? It’s just not an acceptable risk that I am willing to take. I hate to see others take that risk.”

Winkel explains that there are many steps in the right direction, pointing towards pitching helmet prototypes that are in the works, although nothing is currently on the market, and proposed legislation that pitchers will be required to wear head gear. TIME also reports that lawmakers are imposing rules governing how kids should be assessed for concussions and when they should and should not be eligible to play.

Also of particular significance in baseball circles is that, beginning this year, the use of composite bats have been banned by Little League International, of which Orange Little League is a member.

“Composite bats were banned by multiple youth leagues, including Little League, and others will soon follow suit,” says Ronai, who is also on the medical safety committee for USA Baseball, which sets policy for multiple youth baseball leagues. “When composite bats are used over time, the walls of the bats thin, creating the trampoline effect, enhancing performance, and reducing the reaction time for pitchers and fielders. Certain bats can be tampered with to enhance performance more quickly. It’s a variable we wanted to control, so they were banned.”

“We will continue to study the safety issues,” says Crow. “If we can find a way to make baseball safer for the Little Leaguers, we will. That is my promise.”

Whether it’s finding out about the latest protective equipment, being informed about symptoms, or knowing proper technique, youth organizers agree that being educated is paramount in protecting our youth from the national epidemic of concussions.

“Get informed when you sign your kids up for youth athletics,” concludes Ronai. “The time to be educated is not after something terrible happens.”

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