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# Orange Town News



Orange's Exclusive Newspaper

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VOL. 6 - ISSUE 3

CIRCULATION 6089

FRIDAY, MARCH 4, 2011

## Orange World War II Vet Gets Early 100th Birthday Gift



U. S. Congresswoman Rosa DeLauro visits the home of World War II veteran George Posener with the news of the receipt of pension funds owed him for over thirty years. Posener is pictured with DeLauro and his caregiver Evelyn M. Brown.

By Richard Weizel - Orange Town News Correspondent

While George Posener, 99, still lives modestly in the Orange home he built himself decades ago, the retired insurance company owner has given away close to \$1 million in endowments to the Yale School of Medicine and numerous causes for children. Now, Posener, who insisted for decades that he was owed a small pension for vital military work he performed for the War Department as a civilian during World War II, will be able to give away even more. That's because Posener, who vowed he would fight for a military pension that was denied nearly four decades ago -- even if it took him until his 100 birthday -- has finally won the battle. And just in time. True to his word, and possibly with a touch of prophesy, Posener recently got an early \$34,000 birthday gift just 10 months before he becomes a Centurion in December. "I'm thrilled because this will enable me to help even more children and I

(*"Posener"* continued on page 27)

**HONOR ROLL**

**Amity Middle School - Orange Campus  
Second Marking Period Honor Roll  
in this Issue (page 16)**



## THE OUTSIDE LIVING BOX

Cinzia Zanetti's job brings her face to face with the biggest beauties in the movie business. As a make-up artist to the stars, Zanetti has had a hand in adding glitz and glamour to a bevy of Hollywood faces for over 20 years.



Laura Fantarella

As a young teen at Amity Junior High in the 1970s, Zanetti loved her art classes, particularly drawing and painting faces and portraits of rock stars. "I always loved make up, music and movies," Zanetti said. "I kept the stubs from every movie I went to." Upon high school graduation she got a job at the make-up counter at the former G. Fox department store in the Trumbull Shopping Mall. The job was "re-



Cinzia Zanetti

ally fun" and she realized becoming a make-up artist could be a career that combined her creativity and love of the arts. She began commuting to New York where she took art classes at Parsons School of Design and make-up classes with make-up artists from ABC Television. Realizing she would have more opportunities to work on movie sets in California, Zanetti relocated to L.A., where she enrolled in the Joe Basco Make-up Academy in Hollywood.

"It is a very competitive field, of my class of 25 only about two of us

(*"LOtB"* continued on page 9)



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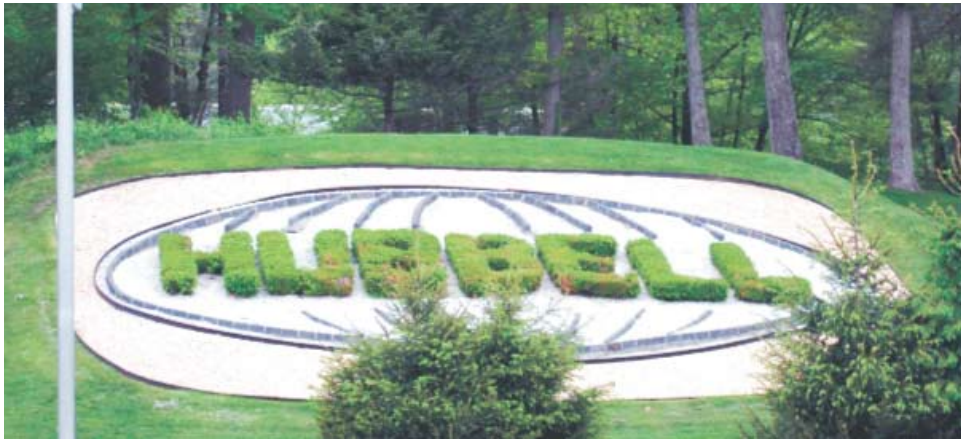
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## Zeoli Continues Negotiations Towards Hubbell Property Deal

### Residents to Make Final Decision at Town-wide Referendum

By Laura Fantarella - Orange Town News Correspondent

Town officials now have an estimated value of the hundreds of acres of woodlands and open space they hope to purchase for town use currently owned by corporate giant Hubbell Inc. First Selectman Jim Zeoli said he cannot disclose the real estate appraisal at this time, but officials now have a "benchmark" on the Derby-Milford Road property which will be helpful in their negotiations to buy the land.

A town purchase would stave off Hubbell's original plan to build hundreds of "clustered" single family and duplex homes, including about 75 affordable housing units, on approximately 400 acres of land, some of which abuts the Merritt Parkway. Hubbell filed suit against the town after the Plan & Zoning Commission denied its request for a zone change which would have allowed the plan to move forward. Zeoli and several town officials are scheduled to meet with Hubbell representatives before a judge later this month. "I don't have any idea what this meeting is about or why we've been requested to appear," Zeoli said. "We'll know when we get there."

Hubbell dismissed "very fair," earlier offers from the town which began at about \$4 million and eventually went to \$6 million, Zeoli said. "We based our offers at that time on the value of other land in that immediate area and nearby land the town has already purchased. I'm not sure what their realtor will see," he said. In lieu of the latest information from an appraiser, Zeoli said he is "still very confident in previous proposals," to Hubbell.

Zeoli also pointed out that a town purchase would not include Hubbell's existing corporate offices or about 40 acres surrounding that site. "That will generate more money as well. The difference in revenue we are at with Hubbell is a snowflake in a blizzard to them," he said, pointing out that public records predict Hubbell will do \$2.7 billion in business this year. "This is a blip on the radar screen to them, but it will have a major impact on the town," Zeoli said.

If purchase plans proceed, eventually residents will decide what will be best for the town in a town-wide referendum. Hubbell's corporate headquarters have been in Orange for nearly 35 years. Hubbell plans to move to Shelton later this year.

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*Pictured are the recent winners of the DARE essay contest from the sixth grade at Peck Place School. This year's winners are shown here with Officer Aquino from the Orange Police Department. From left to right: Tyler Appel, Kaitlin Schultz, EmilyRose Martino, and Emily Mullins each read his/her essay during the DARE graduation ceremony on Feb. 11, 2011.*



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 Circulation of 8,645.

Office Address: **653 Orange Center Road**  
 Mailing Address: **P.O. Box 1126**  
**Orange, CT 06477**  
**Phone: 203-668-3368**  
**Fax: 203-799-7826**

Published by Orange Town Newspaper, LLC

Publisher ..... Rocky Salperto  
 Editor ..... Marlene Silverstein  
 Production & Design.... J. Michael Kriz  
 Correspondents..... Richard Weizel; Laura Fantarella,  
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To submit news articles/local events contact 203-668-3368  
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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Orange Town News.

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Orange Town News

Below are the next two Orange Town News Issue dates and deadlines for your convenience. Thank you for all of your submissions to the paper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
March 18th.....	March 25th
April 8th.....	(Easter/Passover issue) April 15th

Note: Copy due by 4:00p.m. Thank you.

## FROM OUR READERS

### Parents Most Influential in Teen Decision Making

From proms to graduations, teens have plenty of reasons to celebrate this time of year. But no matter what the reason for celebrating, help keep the occasion safe for everyone by making sure alcohol isn't part of your teen's party plans.

Parents play an important role in helping teens make smart decisions, including choices related to alcohol. According to the 2008 GfK Roper Youth Report, the majority of youth—71 percent of 13- to 17-year-olds—say parents are the No. 1 influence on decisions about whether they drink alcohol or not.

At Dichello Distributors, Inc. we're parents too, and we share the same concerns as every other parent about these issues. That's why we distribute free copies of Family Talk About Drinking, which encourages parents to talk with their children about underage drinking. In addition, our Prevent. Don't Provide program reminds adults that supplying alcohol at teen parties is never a good idea. To help prevent alcohol sales to minors, we also provide retailers with I.D.-checking materials and training to help them serve and sell alcohol responsibly.

Thanks to law enforcement and these kinds of community-based programs, we're making progress in the fight against underage drinking.

We can all do our part this prom and graduation season to help keep celebrations safe.

Tony Lota  
 Alcohol Awareness Coordinator  
 Dichello Distributors, Inc.  
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### More Letters on Page 8

Orange Town News

## OTN Letters Policy

Submit your letters for our "From Our Readers" section to  
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 or email: [letters@orangetownnews.com](mailto:letters@orangetownnews.com).

Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Orange Town News for publication.** We reserve the right to reject any letter.



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# ORANGE EDUCATION ROUNDUP

## Kasey Killeen Makes Dean's List

Kasey Killeen of Orange, a freshman in the Honor's Program at Villanova University has earned the high standard of academic excellence of placement on the Dean's List for the 2010 fall semester. She is majoring in Mathematics and Psychology with a minor in Spanish. She is a 2010 graduate of Amity High School.



Kasey Killeen

Kasey was selected to be an LPH (Local Program Host) for the Special Olympics Program at Villanova and was assigned to a specific county where she served as an ambassador for Villanova. She also serves and supports the RUIBAL (Reaching Urban Individuals BY Action and Love) Challenge where she is a valuable mentor and role model to children in inner-city Philadelphia schools. Kasey is a member of the Villanova Pastoral Musicians and she works part-time in the Math Learning Resource Center.

## Orange Residents Named To Sacred Heart Honor Roll

Sacred Heart Academy Principal Sr. Maureen Flynn, ASCJ has announced the Honor Roll for the Second marking period of the 2010 - 11 academic school year. The following students from Orange have been named to the Honor Roll:



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## Amity Teen Center Holding A Free Practice SAT Test

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On March 5 from 9:00 a.m. to 1:15 p.m. the Amity Teen Center and the Princeton Review will be hosting a FREE practice SAT test. The Amity Teen Center is located at 10 Selden Street in Woodbridge. For more information, call Jennifer Boilla at (203) 668-9348.



Mary L. Tracy recently held their annual Children's Fair, which was sponsored by the schools PTO. There was a silent auction, raffle baskets, games, manicures, face painting, and cupcake decorating. Despite the rain, it was a great turnout! Thank you to all of the volunteers as well as the fair committee who made this event a success!

Out on a Limb

by Gary Kopervas



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## ORANGE EDUCATION ROUNDUP

### Peck Place Uses Grant for Innovative New Program

By Laura Fantarella – Orange Town News Correspondent



An unconventional break from convention has first graders sitting up and paying attention in Mallory Gorry's class. The Peck Place teacher traded traditional classroom desk chairs for big blue stability balls in hopes of increasing her students' focus and decreasing squirminess in her classroom.

The balls are part of the "WittFitt" consulting company program whose mission is "to educate children and adults about the importance of proper posture, active sitting and the strengthening of muscles used in daily activities," according to the company's training manual. Gorry's class is the first in Connecticut to implement the ground-breaking new program. She got the idea when she saw a college friend's photos posted on Facebook. Her friend, who is a teacher at a Massachusetts elementary school, had photos of her own students sitting on balance balls in her classroom. "I looked at the photos and thought 'Oh my God!' – Innovative Teaching Grant!" Gorry said.

In fact, the project was ideal for the Orange school district's Innovative Teaching Grant program which provides support for projects that foster new teaching techniques, activities, and/or technologies to increase students' active engagement and learning. Gorry applied and was awarded \$500 to purchase 20 new balls which arrived in the classroom in November. The program awards about \$5,000 each year to such projects. The WittFitt program claims a multitude of benefits -- from improving balance, coordination, and posture, to enhancing attention and concentration and improving learning through movement and increased blood flow to the brain.

The first step in introducing the balls was a "Stability Ball Use Contract" that had to be signed by the student, parent and teacher outlining the four important rules. 'Bottom on the ball, feet on the floor, sit up straight and respect your ball chair – no bouncing, or recess behavior on your ball.' An infraction of any rule leads to the 'Ball chair time out' – one week off the ball with the teacher and two weeks with a substitute. "We've had just a few time outs and it's been one of the worst weeks in the students' lives!" Gorry said. Students were acclimated gradually, first sitting on them for a few hours at a time every few days until using them full-time in January. Students always have the option of sitting in a regular chair, but they rarely do.

In just a few short months, Gorry is happy to report the program is producing many of the promised results. "There are so many benefits. Because

the leg is slanted when sitting on the ball, the body has increased blood flow which leads to better focus," Gorry said. "It forces you to engage your core and back muscles and to sit up which improves your posture and flexibility." Even the students' printing has improved because the students are holding their pencils correctly. "It's hard to write if you're slouched over your desk," she said.

She isn't the only one to see a marked improvement in attention, posture and schoolwork. "The other day when my class lined up to go to music, the music teacher said to them, 'I love your great posture,'" Gorry said. "I think they are all standing a little straighter." School principal Al DeCant agreed. "I've seen a significant difference in attention, focus and general behavior," he said.

Gorry also pointed out that today's kids are different than past generations. "They love technology, they are used to constant stimulation, they don't like to sit still," she said. The balls enable them to move around to balance while still paying attention. But perhaps the best benefit of all – this is fun! Gorry's students had this to say about their unique chairs. "It helps me color neater," Avery said. "I write neater," Anika chimed in. "I like bounce time!" Liam added. "It makes me stronger!" Chloe said.

"The kids absolutely love it," Gorry said, summing up the experience. "They feel very special. The novelty hasn't worn off."

### Prussin Named to Hofstra Dean's List

Mark Prussin, of Orange, a freshman at Hofstra University in Hempstead, NY has been named to the Dean's List for the Fall 2010 semester. Mark is a 2010 graduate of Amity High School and is in the School of Communications pursuing a major in Broadcast Journalism. Mark is the son of Liz and Bob Prussin, and the grandson of Rita and Bill Lewis of West Haven and Shirley and Sam Prussin of Bridgeport.

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## Register Your Team for the American Cancer Society "Relay for Life"

By Laura Fantarella – OTN Correspondant

When a young friend of the family had a reoccurrence of his cancer, Kathrine Carangelo hoped participating in the American Cancer Society's Relay for Life event would help her feel less helpless. "I wanted to do all I could to be supportive and help our friends through this trying time," Carangelo said. "I never dreamed someone so close and so young would be affected by cancer. This event seemed like a good thing to do."

The Relay for Life event has been held in the Bethany, Orange, and Woodbridge area since 1999. The American Cancer Society describes the event as an occasion "to celebrate the lives of people who have battled cancer, remember loved ones lost too soon, and fight back against the disease." Anyone can organize a team – typically honoring a friend or loved one affected by cancer. The team raises donations and then camps out in tents all day and night at a local venue, taking turns walking around a track or path. Because "cancer never sleeps," teams are asked to have at least one team member walking the track for 24 hours straight. There's plenty of fun, food and entertainment throughout the two day event, including performances by the Amity High School Drama Club and a local dance team, volleyball and Frisbee games.

This year's Relay will be held May 21 and 22 at High Plains Community Center. Last year Carangelo organized "Team Marco" to honor Marco Bonato, 6-years old at the time, who was diagnosed with a rare eye cancer when he was two. The 13-member team, that included family and friends, raised over \$9,000 in donations. One team member was Marco's kindergarten teacher, Katlyn McDonald who was a first year teacher at Mary L. Tracy School. McDonald went the "extra mile," walking about seven miles from 4 p.m. Saturday to 7 a.m. Sunday. "Marco is just the best kid. He has a constant smile on his face. He's really special. I wanted to keep walking for him. I couldn't stop," she said. "Marco was in my first kindergarten class and I will remember him for every year to come."

By all accounts, Relay for Life is a life changing event. Both Carangelo and McDonald were overwhelmed by how positive the experience was. "It really brings the community together. For one night everyone puts aside their own issues to honor others," McDonald said. Carangelo described it as "heartfelt." "It just makes you feel good about humanity," Carangelo said. Best of all, said Marco's father, Bill Bonato, Marco was thrilled his friends walked in his honor. "He was excited everyone was rallying for him," Bonato said. "He wears his 'Team Marco' tee-shirt to bed every night." Thankfully, Marco is now doing well and is a first grader at Turkey Hill School.

Mary Shaw never dreamed when she first organized a team in 2007 that cancer would later strike so close to her own home. Shaw happened to attend a PTA meeting that featured a presentation and video about Relay for Life. "I knew immediately I wanted to sign up and get involved," said Shaw, whose father had died of cancer years before. Unbelievably, just a few months later, her husband Matt was diagnosed with non-Hodgkin's lymphoma at just 39 years old. "It was the shock of our lives," she said. "My heart and soul were already in the cause, but suddenly the event took on a life of its own. We really had a focus. The Relay took place while he was going through treatment." Then, in 2009, Shaw was diagnosed with breast cancer. "The event evolved even more," she said. "The Relay for Life happened to fall into our lives in an odd way. I just hope our stories may motivate others to start their own teams."

Shaw's original team, which started with a small group and raised about \$4,000, is now one of the largest teams in the event. Last year about 50 friends and family joined in, raising more than \$10,000 for the cause. "This has never been about Matt and I, it's irrelevant we both got cancer. We were already emotionally wrapped up in this. We just don't want cancer to affect anyone else," she said. Luckily both Shaws are cancer-free and preparing to walk in this year's Relay.

The most moving part of the event is the "Luminaria Ceremony" at the



Brothers Joey, (left) and Michael Carangelo (right) walked to honor their friend Marco Bonato (middle) in last year's Relay For Life.

end of the walk, when participants assemble around the field with illuminated bags called luminaria. Each luminaria, bears the name of someone who has battled cancer. Survivors and others share their stories, inspiring the family and friends who continue to fight back in their honor. "The Luminaria Ceremony is a highlight of the event and intensely emotional," Carangelo said. "There's not a dry eye in the crowd."

This year, Relay for Life committee chairpersons George Geane and Debbie Davis say they want to exceed last year's donations. "Last year our goal was \$90,000 and we raised over \$114,000," Geane said. "This year our goal is \$110,000."

For more information on how to register a team or make a donation, visit [www.relayforlife.org](http://www.relayforlife.org) and enter the Orange zip code, 06477 in the "Find an Event" box in the upper right hand corner.

## FROM OUR READERS

### Orange Town Attorney Clarifies Revaluation Timetable

Recently, in several area newspapers, a paid advertisement from an area law firm stated that the Town of Orange ("Orange") conducted a property revaluation on October 1, 2010 and as a result taxpayers should consider pursuing a tax appeal. Please be advised that Orange did not conduct a revaluation as advertised.

Orange is scheduled to implement a revaluation as of October 1, 2011, but Orange has requested enabling legislation from the state legislature to postpone the revaluation until October 1, 2013. State Representative Themis Klarides introduced proposed bill number 5476 which would authorize Orange to postpone the revaluation. At this time, Orange is waiting for action from the state legislature.

If you believe that your property assessment is not accurate or if you are concerned about this issue, you should protect your rights by consulting with an attorney.

Vincent M. Marino, Esq.  
Town Attorney  
Town of Orange

### Weather Dampens OHS Antique Show

The 4th weekend of February has come and gone; the traditional weekend of the Orange Historical Society Antique Show. It was with deep regret that the Board of Directors and I chose to cancel this 20 year-old show due to the possibility of inclement weather and rising show costs. The response from the dealers was one of regret since they considered our show one of the best in the area. To those of you who have helped to make this the best event, we give you our heartfelt thanks. We couldn't have done it without you.

Sincerely,  
Ginny Reinhard OHS President

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## Jewell Named to American Legion Hall of Fame

Don Jewell, Historian of Post #127 American Legion, holds the plaque naming him to the Connecticut Department of the American Legion Hall of fame. The meeting was at the mid-winter conference of the American legion on January 22, 2011. Don has held all offices in Post 127 including Commander 6 times. He was also Commander of 2nd District New Haven County twice. His activities in the American Legion are too numerous to mention. Don's general feeling about life is: "I may not always have my way, but I always have my say."

("LOtB" continued from page 1)

actually work in the industry," she said. Her first jobs were on the sets of commercials, music videos and non-union films. The "big break" came in 1984 when she was hired to do make-up for an ABC television movie starring Ellen Burstyn and Paul Sorvino. Her freelance career took off as she got jobs working on the sets of movies and television series that included Babylon 5, Dr. Vegas, Better Off Ted, Dodgeball, Valentine's Day, Iron Man and more. She is currently working on the set of the CBS hit "The Mentalist," starring Simon Baker, where she makes up all guest stars on the show.

Though the job has "moments of being glamorous," mostly it is just really hard work that requires a great deal of physical stamina. Days often begin at 4:30 or 5 a.m. and can continue until well after midnight. "We may be shooting inside or outside, in the day or night - it could be really hot, really cold, maybe raining, and I am usually climbing all over the place. It is very physically demanding. I have to stay very fit and healthy," she said. Still, she would never trade her job for nine to five. "I love the variety of my work," she said. "I love the nice locations and the opportunities I've had to meet so many people." Her job has brought her to locations all over the United States as well as China, Rome and Mexico.

Zanetti said she is rarely star-struck, even though the celebrities who have sat in her chair include Ben Affleck, Terri Hatcher, Heather Locklear, Angela Bassett, Gwyneth Paltrow, Allyssa Milano, Courtney Cox, Ben Stiller, Rob Lowe, Stockard Channing, George Clooney, Jerry Seinfeld, Mario Lopez, Colin Farrell, Anne Hathaway, Jennifer Garner and Isabella Rossellini, to name a few. "In general the actors I meet are usually pretty great people," she said. "I just care about whether they are polite. Now if I were to do Mick Jagger's make-up - I think then I'd be nervous!" She is even low key about her three Emmy nominations for her work on Babylon 5 and being among the glitterati on the red carpet attending the awards ceremony.

By the end of her 70-hour work week Zanetti packs up and leaves her L.A. apartment and retreats to her Palm Desert home where she relaxes by taking long walks and Jacuzzi soaks, shopping and going out to dinner. One of the perks of the job is a few months hiatus from shooting when Zanetti can kick back and do some travelling, often returning to her Martin Lane home in Orange to visit family.

Although she's not sure where her next job will take her, it will probably be somewhere warm and fabulous. "Who knows what's next? That is part of the fun," Zanetti said.



Geane and Davis start every day with a friendly, 6 a.m. walk on treadmills at the Amity High School weight room.

## Cancer Survivors Join Forces as Committee Co-Chairs

By Laura Fantarella - Orange Town News Correspondent

Debbie Davis and George Geane were casual colleagues for many years before they realized how much they really had in common. Both work at Amity Regional High School, Davis as a health and fitness instructor and Geane as a security officer. But it wasn't until they both volunteered to work on the American Cancer Society's Relay for Life committee in 2006 that they realized they were both cancer survivors as well.

When they first met, Geane was a patrolman on the Orange Police Department. "We'd run into each other for years, he was often the police officer at many after-school events and I was often there attending one of the athletic events," Davis said. "But once we started working together on the Relay for Life committee we just developed this special bond." For the last two years, Geane and Davis have co-chaired the event together as well. When Geane was asked to assume the job, he looked at Davis and said, "I won't do it alone!" and bingo - here we are."

Geane, now 59, was just 34 when he had a cancerous tumor removed from his neck. Davis was diagnosed with breast cancer 12 years ago and after undergoing treatment, has been cancer-free since. Both took the news in stride. "I didn't even tell my wife before the surgery that the tumor was cancerous," Geane said. "I didn't want to worry my family." He was fortunate to not have to undergo any further treatment. Davis was matter-of-fact as well. "If this is the deck I was dealt, so be it," she said of learning her diagnosis. But while they may have stiff upper lips when it comes to their own illnesses, the two get emotional when talking about the Relay for Life event and others who are fighting a battle with cancer. "When we hold the luminaria ceremony after the relay on Saturday night, there is not a dry eye in the house," Geane said. "It's sad but joyous. When you see all those candles lighting up the night it is really something to see." Davis agreed. "It's very moving to see someone walking the track at 3 a.m. in the morning," she said.

Now the two are inseparable, meeting at 6 a.m. each morning to work out on side by side treadmills in the high school's weight room; trading good natured barbs throughout the work day and organizing this year's Relay for Life. "I think we complement each other. He's more pragmatic and professional, I'm more laid back. We work well together." But probably best of all, Davis said with a twinkle in her eye, "We both have a good sense of humor."

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## CLUBS AND ORGANIZATIONS

### Orange Lions Hold Easter-Egg Hunt

The Orange Lions Club is sponsoring its 49th annual Easter Egg Hunt on Saturday, April 16th, at the High Plains Community Center in Orange. In case of inclement weather, a "rain or snow date" has been set for Saturday, April 23rd at High Plains Community Center with the same procedures as scheduled on April 16th. The Easter Bunny will arrive at 12:30 PM, one half-hour before the start of the Easter Egg Hunt itself. There will be face painting for the children and hot coffee for the adults.



The Easter Egg Hunt is divided into four age groups. This allows each child to have an equal opportunity to collect the thousands of chocolate eggs that will be hidden. The age groups are: (1) Pre School through Kindergarten; (2) First Grade & Second Grade; (3) Third Grade & Fourth Grade; (4) Fifth Grade & Sixth Grade. More than 10,000 chocolate eggs will be distributed during the hunt. Prizes will be awarded to children in all age categories for finding specially marked eggs.

An adult should accompany all participating children. Each child should have a bag or basket to collect their eggs. Parents may wish to bring a camera for a picture of their child with the Easter Bunny. Please note that parking for this event should be on paved parking areas only.

Lion Nick Bencivengo is the Chairman of this year's event. Anyone who wishes to make a donation is asked to contact Nick at 203-901-9062. All donors will be acknowledged for their generosity at the Easter Egg Hunt.

The annual Easter Egg Hunt is but one of many community events and activities sponsored by the Orange Lions Club each year. Among the other annual events are: the Community Thanksgiving Dinner, the Senior's pizza party, a wine tasting fundraiser in January, and also "A Taste of Amity". In addition, the Orange Lions make contributions to many community organizations, such as sponsoring a Little League team. For many years, the Lions has funded a Community Grants Program for local groups who are seeking funds for a special reason. In particular, the Orange Lions Club has made many gifts to the Case Memorial Library over the years for the purchase of large print books, audio tapes and the like for the sight impaired and the general public. The Orange Lions also fund two \$1,000 scholarships each year for students graduating from Amity Regional High School.

The Orange Lions Club co-sponsors (with the Milford Lions Club) the Foundation High School Leo Club (Lions youth group) for special needs youths, the only club of its kind in North America. The Lions provide needed funds each year to support eye research, training of Fidelco guide dogs for the blind, to Lions low vision centers which provide vision aids to the sight impaired, to the Connecticut Radio Information System, and to Camp Hemlocks for blind and sight-impaired children. The club also collects used eyeglasses for refurbishing and recycling to Third World countries, helping to restore the gift of sight to thousands of people all over the world.



Employees at Casual Male XL on the Post Road in Milford, collected money and made a donation to The Senior Wish Society of Milford and Orange. (L-R) is Pam Martin; Janice Civitello, Senior Wish Society, and Kathy Jackson store manager.

### Senior Wishes Come True

Recognizing that wishing is ageless and giving is priceless, the directors of The Senior Wish Society of Milford & Orange accepted the challenge to assist the seniors in our community for the last 10 years. This year 26 wishes were granted in the Milford and Orange area which were wishes of necessity. Wishes include utility bills, car tires and car repair, glasses, medical test, orthopedic shoes, moving expense, home appliance and home repair and more. All wishes are kept confidential and an application can be obtained at the Milford Senior Center or Orange Community Center or by calling 203-734-5449. Our funding comes from donations from businesses, area clubs, made in memory of loved ones and individual. The senior wish board hosts a variety of fundraiser's such as casino bus trips, mini golf tournaments, Shop-Rite sponsorship. The board of directors is looking forward to increased donations and granting wishes to keep our seniors independent and in their homes.

### Garden Club Holds Joint Meeting

Please join the Garden Club of Orange and the Milford Garden Club for a Joint Meeting on March 8 at the Holy Infant Church Guild Hall, 450 Racebrook Road, Orange. Lucian Addario, owner of Lucian's Florist and Greenhouse in Hamden, will be discussing the dramatic use of tropical plants for interiors. Addario is a specialist in plantscapes with over 40 years experience in the industry and has designed plantscapes throughout the United States and the Caribbean. As an added bonus, June Early, Floral Designer at Lucian's will be using her knowledge of English Garden Style arrangements to show you how to create traditional and creative designs large and small. The meeting begins at 11:30 AM with a light lunch, followed by a brief business meeting and then the presentations by Addario and Early. Come learn and be inspired! There is a \$5 fee for non-Club members.

To learn more about the Garden Club of Orange, please visit our website at <http://www.orange-ct.gov/gardenclub.html> or contact Teresa Evangeliste at 203-795-3195.

### OPAC Meeting Rescheduled

An organizational meeting for OPAC (Orange Parents for Arabic and Chinese) language learning for Pre-K-8th grade (start at 3-4 years of age) has been rescheduled to meet on March 24, 2011 at 6-7 pm in Room #2 at the High Plains Community Center. The meeting is open to any interested parents and residents. For further information, contact: Sylvester L. Salcedo, cell: 203-650-0118, or [ssalcedo98@aol.com](mailto:ssalcedo98@aol.com).



#### Teen Center Holds Annual Toad's Place Benefit

The Amity Teen Center's 16th Annual Toad's Place benefit was held on February 21. The band pictured is "Hypnosis". They were the grand prize winners of our Battle of the Bands. The band members are all students at Amity High School. They are Bowen Kirwood on drums, Shayne Fischman (black and white shirt) and James Bonvinicini (bassist).

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## TOWN DEPARTMENTS AND AGENCIES

### Land Trust Sponsors "The World of Owls"

The Orange Land Trust (OLT) is sponsoring a program on The World of Owls at its Annual Meeting being held Wednesday, April 27th, in the cafeteria at High Plains Community Center at 7:00 p.m. Julie Collier of Wingmasters will be showing how owls use their specialized powers of sight, hearing, and flight to survive and thrive. A wealth of fact and folklore about these masters of the dark explains the natural and unnatural history of owls. A variety of live owls provide the focus of the presentation.

Collier is not only a gifted handler of birds and speaker, she is also proficient at drawing these wonderful creatures. The OLT will have on sale t-shirts featuring one of Collier's drawings. Collier will also have note cards and drawings available.

All are welcome to this free program. It will be preceded by a brief business meeting of the OLT. High Plains Community Center is located at 525 Orange Center Road in Orange. If you have any questions, please call Judy at (203) 799-6321.

### From the Youth Services Coordinator

By John Ulatowski



Some Living History Club members prepare for their meeting with Amity High School students. Pictured are (l to r): Bill Dietz, Dr. Don Tasso, and Rosemary Courtney. The Club spoke of their personal experiences during the Great Depression and World War 2.



Members of the LHC take turns speaking to students about their eyewitness accounts of history.

### Youth Services Living History Club

The Youth Services Living History Club recently went to Amity High School to address combined History classes during two of their sessions. The Club spoke on the subjects of the Great Depression and World War 2 which they had personally experienced. The event was arranged by Wendy Carrafiello, a History teacher at the school. The sessions took place in the Student Media Center. The Club members started the program with a brief description of their background, first-hand experiences within the two events, and a variety of anecdotes in regard to how friends, family, and the general public were affected by these historical events. Also, there was an open forum for students who wanted to ask questions. Students had recently been studying the Great Depression and World War 2 and now had the opportunity to gain a different perspective and insight on the events directly from individuals who actually lived through them. Members from the Living History Club attending the sessions were William Dietz, Rosemary Courtney, and Dr. Don Tasso. The Club also has as members Lea Turner, Mary Cardea, and Marty Stofik. The session was also attended by Pat Pepe, an invited guest from the school. Youth Services wishes to express it's sincere appreciation to Dr. Charles Britton and Wendy Carrafiello for their encouragement and speaking opportunity of the program for the Amity students.

The Living History Club is a first-hand, eyewitness learning Club that encourages senior citizens to share their personal experiences with Middle and High School students who have a keen interest in Social Studies. Examples of subjects include the Great Depression, World War 2, what home life was like half century ago, economic times, entertainment, the advent of television and computers, world events, political elections, songs of the day, latest fashions. The Club will be able to visit classes during or after school hours and have an informal exchange that would be educational and fun.

For inquiries, please contact: John Ulatowski, Youth Services Coordinator, Town of Orange Tel 203-891-4785 or email: julatowski@orange-ct.gov.

### OVNA Healthline



The next Orange VNA Blood Pressure Clinics will be held at their office, at 605A Orange Center Road, the former Library on Thursday, March 24, from 1:00pm to 2:00pm. If you are having problems with your blood pressure or your Doctor would like more frequent monitoring; this is a chance each month to get your blood pressure checked. Also this is an excellent opportunity to get more information and teaching from the VNA nurses on various health issues.

In addition, the OVNA will be holding "Health Chats/Blood pressure clinics" at the Orange Senior Center every month. Next Chat/BP clinic will be Tuesday, March 15th, 10:30am, at High Plains Community Center.

The Orange VNA is licensed by the State of Connecticut, certified by Medicare and Accredited by the Community Health Accreditation Program (CHAP).

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## Choosing a Retirement Plan That Works For You, Your Business and Your Employees

By Richard J. Zorena, CFP®

Most of us look forward to enjoying the freedom of a financially secure retirement. Of course, how well you live tomorrow is largely determined by how well you plan – and save – today. It used to be that workers could rely on Social Security payments as a major source of retirement income. However, that is no longer the case as Social Security payments simply do not go as far as they used to, and people expect to maintain higher income streams during longer periods of retirement.

The secret to a financially successful retirement can be summed up in one word – planning. Essentially, that means planning early, planning sensibly and planning knowledgeably. There are a number of effective ways for business owners, professionals and their employees to save for the future – with many retirement plan alternatives from which to choose.

A retirement plan can offer important advantages to business owners:

- Tax-deductible contributions to the plan that may reduce your current tax bill
- A valuable recruiting tool which may be positioned as part of the total benefits package offered by your business, and which can in turn help in retaining valued employees.

Whether you are considering adopting a retirement plan for the first time or evaluating an existing one, it's important that you understand your options.



### What Are Your Options?

In general, there are two types of retirement plans – defined benefit plans and defined contribution plans.

With a defined benefit plan, each participant's retirement benefit is determined by the formula set forth in the plan. Employer contributions vary from year to year and must meet certain funding requirements, and the plan sponsor assumes the investment risk. This type of plan may be most appropriate for businesses with predictable earnings that want their older employees (with less time to accumulate retirement assets) or longer-service employees to benefit the most.

Defined contribution plans provide an individual account for each participant into which employer and/or employee contributions are made. The benefits that will eventually be paid to participants are based solely on the amount of those contributions and investment performance of the account. The plan may be structured so that each plan participant assumes the investment risk of his/her own account. Some of the plans available include simplified employee pension plans ("SEP-IRAs"), profit sharing plans, 401(k) plans, and savings incentive match plans for employees ("SIMPLE IRAs"). Let's take a look at each of these plans.

A SEP-IRA is for business owners seeking a simple, lower-cost employer-funded retirement plan that is easy to establish and maintain. With the SEP-IRA, each eligible employee sets up an individual retirement account ("IRA") into which the employer makes contributions. This plan may be especially suitable for new businesses or companies with cyclical profit histories since the employer can vary the amount to be contributed from year-to-year – or even choose not to contribute at all in less profitable years. Also, there is no minimum or maximum number of eligible employees necessary to establish the plan; however, eligible seasonal and part-time employees must be included.

A profit sharing plan is for business owners seeking an employer-funded retirement plan with more flexibility in plan design than is available in a SEP-IRA. Although both plans can be structured to allow contributions to vary each year, a profit sharing plan can have additional features such as a vesting schedule (to reward longer-term employees) and a loan program.

For employers who want their employees to share in some or all of the cost of funding the retirement plan, a 401(k) plan may be a viable choice. A 401(k) plan is a form of profit sharing plan that allows employees to contribute pre-tax dollars through a salary reduction agreement. In addition, the employer may – but is not required to – make matching and/or discretionary contributions for which the employer may be able to take a tax deduction. Before adopting a 401(k) plan, the employer should first consider the additional administrative requirements and costs that may be incurred with this type of plan.

A SIMPLE IRA is for businesses that have 100 or fewer employees and do not currently contribute to a retirement plan. It enables a business owner to establish a 401(k)-type savings plan without all of the typical costs and complexities associated with a traditional 401(k) plan. Employees can elect to make salary deferral contributions, subject to lower annual contribution limits than a 401(k) plan. In addition, the employer is required to make contributions each year under one of two formulas.

### Where to Get Help

Providing sufficient retirement income for you and your employees at a reasonable cost to your business requires careful planning and investing. Whether you want to establish a retirement plan for the first time or have your existing plan evaluated, a financial advisor can consult with you to help you identify retirement plan and investment alternatives that are appropriate to your needs and those of your business and your employees.

Retirement planning for you and your employees is far too important to put off. Take the time now to understand your choices and identify your goals. There are a number of tools available to help analyze the future needs of both you and your employees. Remember that professional advice can be crucial in creating a plan that is appropriate for you and your business.

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Vice President – Investments  
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## OVFD Holds Chili Supper

Come and enjoy a bowl of Chief Charlie's Chili with family and friends. The Orange Volunteer Fire Department Auxiliary will be holding its annual Firehouse Chili Supper on Saturday, March 19, from 5 - 8 PM at Station 1 on Orange Center Road. The auxiliary will be serving a bowl of chili (with refill), corn muffin, green salad, dessert and beverage for \$8.00 a person, children under 5 eat Free with a paying adult. We do offer meatless chili. Tickets should be purchased in advance from an auxiliary member, at Knights' Inc., Boston Post Road, or by calling Linda at (203) 799-2486. All proceeds benefit the Orange Volunteer Fire Department.



Orange Firehouse

## Parkinson's Fundraiser Brunch March 27

The 2nd annual "Champagne Brunch and More – for a Parkinson's Cure," is set for 11 a.m. to 1:30 p.m., Sunday, March 27, at Racebrook Country Club, 246 Derby Ave., Orange. The music of Joseph Pelaccia and Jett Parker will entertain guests throughout the fundraising event. Tickets are \$50 each.

There will also be a silent auction to raise funds for The Michael J. Fox Foundation for Parkinson's Research to help find a cure for the millions impacted by the disease.

The event will be hosted by Team Fox member Jody Culmone, a Woodbridge resident and a member of Milford Rotary, who was diagnosed with PD in 2004.

Corporate sponsorships are being sought from \$500 to \$5,000. For their support of Team Fox, corporations will receive recognition and tickets for the brunch. Donations are tax deductible.

Checks for tickets, sponsorship, and donations should be made out to Support Parkinson's Inc., a non-profit organization, and sent to Team Fox/Jody Culmone, 65 Peck Hill Road, Woodbridge, CT 06525. For more information, please call 203-387-4182.

## St. Patrick's Day Corned Beef Dinner

The Orange Republican Town Committee is sponsoring a corned beef and cabbage dinner on Monday, March 14th at Biagetti's restaurant, 77 Campbell Avenue, West Haven at 6 pm. Tickets are \$35.00/per person in advance. It will be a cash bar. For more information, call 203-795-9679. The RSVPs will close on March 9th. Returns may be mailed to; ORTC, 177 Old Tavern Road, Orange 06477. Everyone is welcome and invited to attend.



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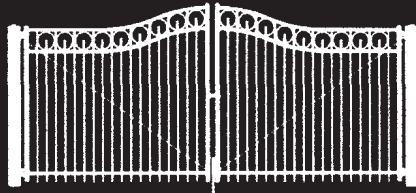
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## CASE MEMORIAL LIBRARY EVENTS

Case Memorial Library - 176 Tyler City Road - Orange, CT 06477 - 203-891-2170 Reach us on the web at [www.casememoriallibrary.org](http://www.casememoriallibrary.org)

### Children

#### Winter story hour schedule:

Sessions for age 2 will be held on Monday, March 7, 14, 21, 28 at 10:30 a.m. Session for age 3-5 (includes craft) will be held on Wednesday, March 9, 16, 23, 30 at 4 p.m.

#### Mother Goose is on the Loose!

Held on Thursday, March 10, 17, 24, 31 at 10:30 p.m.: Lapsit storytimes are for babies and toddlers up to 24 months and include nursery rhymes, music, and movement. Please pre-register. Space is limited.

#### Children's Film: Toy Story 3

Saturday, March 19, 1 p.m.: Join us for a screening of Toy Story 3 where the toys are mistakenly delivered to a day-care center instead of the attic right before Andy leaves for college. It's up to Woody to convince the other toys that they weren't abandoned and to return home! Oscar-nominated in four categories including Best Picture! 103 minutes.

### Teens

#### Book Chat Cafe

Tuesday, March 8, 2:15 p.m. Held in the Amity Middle School Media Center for teens who love to read and share their opinions over refreshments. Please see Mrs. Goss.

### Adults

#### Oscar Films

Monday, March 7, 7 p.m.: A screening of the Oscar-nominated film "Winter's Bone" starring Jennifer Lawrence as part of an ongoing Oscar film series. Run time: 100 minutes. R.

#### Film Buffs: The Damned United

Thursday, March 10, 7 p.m.: Set in 1960s and 1970s England, "The Damned United" tells the confrontational and darkly humorous story of Brian Clough's doomed 44 day tenure as manager of the reigning champions of English football, Leeds United. Run time: 98 minutes. R.

#### A Lighthearted Look at Life: Book Discussion Series

Wednesday, March 16, 7 p.m.: "You Can't Take It with You" by Moss Hart and George S. Kaufman.

Wednesday, April 6, 7 p.m.: "As You Like It" by William Shakespeare.

Wednesday, May 4, 7 p.m.: "Pygmalion" by George Bernard Shaw.

Discussion leader Julie Stern will take us through this four-part book discussion series demonstrating that great writers can indeed see the amusing side of life. This special series sponsored by the Connecticut Humanities Council and the Friends of the Library is sure to be lively, engaging, and intellectually stimulating. Copies are available at the Circulation Desk. Please pre-register.

## Case Memorial Library Proudly Presents Floral Treasures

Two local artists will be displaying their artwork at the Case Memorial Library, 176 Tyler City Road, during the month of March 2011. Terry Bogan, a talented watercolour artist from Branford and Patricia Brundage, an accomplished photographer from Stratford, will present a display of floral treasures.

Terry Bogan's use of vibrant color and incredible energy are evident in the floral and still life paintings she has created over the past thirty plus years. Her watercolours are found in private collections in many states, Canada, Europe, and Australia. In 2010 Yale's Smilow Cancer Center purchased five of her paintings for their permanent art collection. She is a member of the New Haven Paint and Clay Club, Connecticut Watercolor Society, and several shoreline art organizations.

Patricia Brundage, MNEC has been on the Board of Directors of the Connecticut Association of Photographers, member of Fairfield Photographers Network, Milford Fine Arts Council, past President of the Greater Bridgeport Camera Club, member of Photographic Society of America, NAPP and an active participant in juried local and regional competitions, both as entrant and judge. She has been honoured by the New England Camera Club Council as a Master Member for her photography. Her specialty is floral with a pleasant mixture of other genre presented with an artistic flair.



Case Memorial Library

#### Fashion Therapy

Wednesday, March 16, 7 p.m.: Look fabulous at any age, any size, any time! Pam Friedlander, professional wardrobe consultant, will teach you how to coordinate clothes that will make you feel great. Men and women are welcome. Please pre-register.

#### Genealogy Workshop

Saturday, March 23, 7 p.m. Greg Thompson of the Connecticut Society of Genealogists will show you how to research your family history. This month's topic will be "Using Federal Census from 1790 to 1930."

#### Fly Fishing Cape Cod

Thursday, March 24, 7:30 p.m.: Experienced fly fisherman Paul Dinice returns to the library to speak about fly fishing locations, tourist "must sees," restaurants, and towns and places to stay on Cape Cod, which has been called the best striped bass fishery in the world.

#### Art in the Library

Watercolors by Terry Bogan and photography by Patricia Brundage will be on display in the Meeting Room throughout the month of March.

Programs at the Case Memorial Library are free (except as noted for materials charges) and open to the public. Pre-registration is requested in person or by phone. Sign up to receive notification of library happenings via the e-newsletter form available in the library or online. The library's hours are as follows: Monday - Thursday, 10-8; Friday, 10-5 and Saturday, 10-4.



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## HAPPENINGS AT THE SENIOR CENTER

By Dennis Marsh

### Nominations for this Year's Living Treasure Awards are now being Accepted

Nominations are being accepted for this year's Living Treasure Awards until March 15. Nomination forms are available in the Orange Community Services Office, at Town Hall, and can be printed from the Town Website [www.orange-ct.gov](http://www.orange-ct.gov), the Senior Center website [www.orangeseniors.org](http://www.orangeseniors.org) and on Facebook/Orange Senior Center. Three individuals will be selected by a review committee made up of town representatives. The three individuals chosen will be honored at the Senior Center's Pasta Festa! on May 13. Nominees must be current residents of Orange and at least 65 years of age. Nominees must have demonstrated positive actions to improve the quality of life for individual residents or enhanced the Orange community as a whole as a volunteer. Each Living Treasure selected receives a plaque engraved with his or her name and all names are added to the plaque hanging in the High Plains Community Center containing the names of previous recipients.

### Senior Lunch Program

Did you know the Orange Community Center has a fantastic lunch program opened to all regardless if you are a member of the senior center? Save yourself the hassle of cooking, and come on out with a friend and enjoy a meal. It is a cafeteria style lunch program, serving Monday, Tuesday, Thursday, and Friday from 11:30 am to 12:30 pm. The cost of the lunch is a suggested donation of \$2.00, but no-one will be denied a meal. All you need to do is to call Ellen in the kitchen before 1:00 pm, the day before at 891-4765 to reserve a meal.

### First Cabaret Night of 2011 will be a St Patrick's Day theme

Join us on Tuesday, March 15 from 5:30 to 7 pm for our first Cabaret Night of the year. Barbara Lehrer of Coldwell Bankers will be sponsoring the entertainment. Bobby Morrill will be singing Irish music for St. Patrick's Day. Coffee and dessert will be served at 5:30 and music begins at 6 pm. Tickets are \$5 pp and are available in advance in the senior center.

### Men's Club

At the March 10, 2011 Men's Club at 10:30am, Chuck Fleischman, will

talk about the New Haven Derby Model Train club. Afterwards you will be invited to run the trains, just down the street in the Academy building. Call and let us know you are coming. Ladies welcomed!

### Ladies Lunch and Learn

Dr. Jason Jenkins, of Jenkins Wellness, will speak about "100 Years of Health, Love, and Happiness: The Secrets You have Never been Told" at the March 17 Ladies Lunch and Learn at 12 noon in the senior lounge. Ladies bring their brown bag lunch at 11:30 and the program begins at noon. Coffee and dessert is served. Call the center to register for this event.

### Health Chat with the OVNA

Join Maria Biondi, a nurse from the Orange Visiting Nurse Association, on Tuesday, March 15 at 10:30 in the senior lounge library for a Health Chat. The topic for this month's Health Chat is Managing Diabetes. Following the chat, Maria will be available to take blood pressures. Call to let us know you are coming.

### Trips

Come down to the Orange Senior Center and sign up for some great trips! Now Taking Reservations for Yakov Smirnoff @ Foxwoods - Friday, April 8, 2011. Arrive in the morning and get your casino bonus of \$10 Keno and \$15 Food Coupon. After several hours of gaming at your own pace, head over to the Fox Theater where the Yakov Smirnoff Show begins at 2 pm. This is Yakov's only New England performance, so don't miss it. Cost: \$74 pp, payable in full at registration, includes transportation, casino bonus, show, and driver gratuity.

St. Patrick's Day at Villa Bianca, Seymour CT - Wednesday, March 16, 2011. All you can eat family style luncheon including one complimentary drink ticket per guest. Following lunch, listen and dance to your favorite Irish music. Cost: \$38 pp with transportation or \$30 pp driving on your own. Experience this beautiful Inn and an afternoon of Irish spirit. Don't forget to wear your green! Full payment at registration. Space limited for those wanting transportation.

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# AMITY MIDDLE SCHOOL – ORANGE CAMPUS

## Second Marking Period Honor Roll

### First Honors 7th Grade

Myles Allen  
 Matthew Arovas  
 Kofi Asiedu  
 Andrianna Ayala  
 Nicholas Bencivengo  
 Natalie Booth  
 Thomas Boutros  
 Michael Cannata  
 Timothy Cannata  
 Ryan Chizmadia  
 Jordan D'Onofrio  
 Molly Dragan  
 Catherine Dunleavy  
 Max Einbinder  
 Katherine Esposito  
 Lauren Flaumenhaft  
 Haley Forcier  
 Clara Gamsu  
 Samantha Gaynor  
 Christina Genovese  
 Michael Gregory  
 Alessandra Gusmano  
 Jamie Hashem  
 Melanie Hauser  
 Timothy Johnston  
 Christina Judd  
 Karalyn Kachmar  
 Matthew Kachmar  
 Peter Keefe  
 Samir King  
 Cassidy Kirby  
 Katie Koshes  
 Georgia Kral  
 Ellen Li  
 Helen Liu  
 Jamie Longobardi  
 Samantha Lopez  
 Youssef Maklad  
 Jacob Mayerson  
 Matthew McKenna  
 Sean McKenna  
 Yongwook Nam  
 Sarah O'Brien  
 Jenna Ortoleva  
 Joshua Petro  
 Elizabeth Poland  
 Rosie Richetelli  
 Brian Ronai  
 Helen Ruckes  
 Benjamin Santaus  
 Matthew Schmitt  
 Brittany Smith  
 Hannah Smith  
 William Steinbrick  
 Gabriella Torrenti  
 Cameron Viesel  
 Christopher Winkel  
 Varun Yetukuri  
 Sydney Young  
 Martha Zhang

### First Honors 8th Grade

Matthew Attolino  
 Benjamin Bacal  
 Caitlyn Black  
 Katelyn Browe  
 Paige Bullock  
 Matthew Canna  
 Thomas Canna  
 Taylor Choe  
 Madison Csejka  
 Sydney Formica  
 Ashlyn Gallo  
 Allison Germano  
 Jacob Gibbons-Morales  
 Arvene Golbazi  
 Morgan Guadagnoli  
 Scott Gusciora  
 Amanda Hudson  
 Sricharan Kadimi  
 Owais Khan  
 Sarah Kilian  
 Daniel Kruger  
 Emma Lampropoulos  
 Mollee Lasto  
 Ru Zhou Liang  
 Gigi Lin  
 Harsha Lingareddy  
 Rachel Marcus  
 Caroline McDonald  
 Alec Melotto  
 Cristian Mortali  
 Zoe Marie Moscato  
 Emily Nicefaro  
 Frances tO'Neill  
 Jared Pepper  
 Lauren Perrone  
 Haley Pierson  
 Jenna Pisano  
 Natasha Proctor  
 Cassandre Pyne  
 Joseph Racaniello  
 Matthew Ronai  
 Anthony Sacco  
 Matthew Sacco  
 Nicole Schatz  
 Mattie Sokoloski  
 Mary Spodnick  
 Mackenzie Stratton  
 Claire Sweeney  
 Jessica Szkotnicki  
 Vimratha Teepireddy  
 Jamie Thimineur  
 Kaitlin Thomas  
 Renoj Varghese  
 Maia Wohlert

### Second Honors 7th Grade

Aliaksei Adamik  
 Omar Anwar-Krumeich  
 Jeanne Marie Bidon  
 Nicholas Celentano  
 Riaz Charania  
 Eugene Cho  
 Abigail Clark  
 Patrick Cleary  
 Lydia Cooper  
 Jody DeGennaro  
 Sara DeRose  
 Michael DeVito  
 Christina DiStefano  
 Garrett Doyle  
 Mary Farace  
 Lucas Farrell  
 Isabella Ferraro  
 Madison Flanagan  
 Laurindo Fonseca  
 Mary Fox  
 Molly Fusarelli  
 Nicholas Gallucci  
 Erik Galvin  
 Cameron Greifenberger  
 Kelly Grindall  
 Christopher Hughes  
 Nikta Khani  
 Harika Lingareddy  
 Andrew Lipsitz  
 Kelly Lockwood  
 Annika Lundgren  
 William McDonald  
 Katherine Meehan  
 Stephanie Melanson  
 Aria Mohseni  
 Hanna Natalino  
 Micaela Nelson  
 Kevint Nusdeo  
 Isabella Oleschuk  
 Kendra Osinski  
 Kimberly Parniawski  
 David Pereira  
 Michael Rempfer  
 Cassandra Roth  
 Carly Sacco  
 Dario Salati  
 Stephanie Satonick  
 Bret Schneider  
 Meagan Schultz  
 Sarah Smeriglio  
 Blake Smith  
 Michael Stewart  
 Melissa Taggart  
 Clarissa Tripp  
 Julia Wilde

### Second Honors 8th Grade

Mohammad Ahmed  
 Joshua Arata  
 Jack Arnold  
 Anthony Capuano  
 Sara Carson  
 Amanda D'Astous  
 Nicole DeBarba  
 Jillian Demaio  
 Jack Demirjian  
 Gabrielle DiGello  
 Alayna Dixson  
 Christopher Doolan  
 Sophia Figueroa  
 Megan Elaine Foley  
 Megan Elizabeth Foley  
 Priya Gopani  
 Amelia Justo  
 Frank Kachmar  
 Rebecca Kaplan  
 Ariel Loewenthal  
 Mariana Marchitto  
 Rachael Mastrangelo  
 Karli Peraza  
 Victoria Petro  
 Ethan Quirion  
 Kelly Runda  
 Jasmin Serrano  
 Zachary Shelnitz  
 Rebecca Spargo  
 Megan Steigleder  
 Lauren Thomson  
 Caroline Torro  
 John Vitti  
 Janaya Young



**Congratulations  
 To All The  
 Honor Roll  
 Students!**

### Citizenship Award – 7th Grade

Myles Allen	Samantha Gaynor	Brian Ronai
Andrianna Ayala	Jamie Hashem	Kassandra Roth
Nicholas Bencivengo	Eleni Haskos	Carly Sacco
Jeanne Marie Bidon	Karalyn Kachmar	Benjamin Santaus
Natalie Booth	Matthew Kachmar	Matthew Schmitt
Christopher Cassella	Peter Keefe	Meagan Schultz
Abigail Clark	Georgia Kral	MacKenzie Seymour
Leanne D'Acunto	Helen Liu	Brittany Smith
Molly Dragan	Annika Lundgren	William Steinbrick
Katherine Esposito	Kendra Osinski	Michael Stewart
Madison Flanagan	Kimberly Parniawski	Gabriella Torrenti
Lauren Flaumenhaft	Elizabeth Poland	Julia Wilde
Haley Forcier	Rosie Richetelli	Christopher Winkel

### Citizenship Award – 8th Grade

Matthew Attolino	Morgan Guadagnoli	Lauren Perrone
Alyssa Benedetto	Amanda Hudson	Haley Pierson
Hollianne Boiano	Sricharan Kadimi	Jenna Pisano
Katelyn Browe	Sarah Kilian	Cassandre Pyne
Sara Carson	Haley Kober	Matthew Ronai
Taylor Choe	Emma Lampropoulos	Mary Spodnick
Madison Csejka	Mollee Lasto	Megan Steigleder
Amanda D'Astous	Gigi Lin	Claire Sweeney
Anastasia Esposito	Ariel Loewenthal	Jamie Thimineur
Megan Elizabeth Foley	Mariana Marchitto	Kaitlin Thomas
Julia Forbes	Rachel Marcus	Lauren Thomson
Sydney Formica	Alec Melotto	Maia Wohlert
Ashlyn Gallo	Zoe Marie Moscato	Janaya Young
Hilde Gehr	Emily Nicefaro	
Priya Gopani	Frances O'Neill	





## ARTS AND LEISURE



### Turkey Hill School Drama Club Presents "Wizard Of Oz"

Students at the Turkey Hill School are all abuzz over this year's Drama Club production of the "Wizard of Oz" which opens on March 25th on the stage of Turkey Hill School. "The Turkey Hill School Drama Club is a dream come true for me," says Colleen Murray, principal of THS. "With the rigor and high accountability in education these days, it is more important than ever to offer children multiple opportunities to integrate the arts. This is no easy task and I am grateful for the many parent volunteers who are making this possible."

Seventy-five students are participating in the production from grades one through sixth grade. Another 15 students are behind the scenes working on the props and stage crew. "The kids are doing so much to make this a great show including learning their lines, painting, singing and learning dances," says Deborah Sansone, Drama Club chairperson and producer. "The best part is that they are using their imaginations and having fun!"

The show is directed by all parent volunteers including; Rebekah Melville, Donna Ricciardi, Tracey Papelo, Sheri Morrison, Debra Tashlein, Jackie Hutchison, Alicia Dwyer, Jen Hayes, Monika Gagnon, Kathy Gulia, Phyllis Kraut, Lauri Dougherty and Ginger Sherrick. Eva Santacapita, Music Teacher at THS, is serving as the Music Director with her assistant Ellie Flaumenhaft, a former Turkey Hill Student and current Amity High School student. Dance choreographers include Melissa Gulia, Ilana Sheveloff, Lauren Flaumenhaft and Ellie Flaumenhaft, also Turkey Hill alumni and Amity High students.

The Wizard of Oz will take place at Turkey Hill School in the gymnasium on Friday, March 25th at 7:00 p.m. and Saturday, March 26th at 12:00 p.m. Tickets are \$10.00 for adults and \$5.00 for seniors and students. Tickets can be purchased either at the box office before each performance or in person at Turkey Hill School beginning March 1st.

### Davis Gallery to Feature Works by Linda Wingerter

The Davis Gallery, located at 200 Boston Post Road is proud to present "Painted Pages: 15 Years of Children's Book Art." by Linda Wingerter, published local illustrator with her stunning and captivating paintings. The event is free and open to the public. A family friendly exhibit. The Opening Reception, where you will get to meet the artist, will be held on March 19th from 2-5pm. The Show runs from March 19th - April 11th, 2011 during the hours of 10:00am-6:00pm M-F and 10:00am-6:00pm Saturdays. For more information, call 203.795.4705.

Linda S. Wingerter grew up in a family of artists, her great grandfather painted church murals in Russia, her grandfather was a puppeteer, her grandmother was a miniaturist, her father was a graphic artist, and her mother is a book designer. Linda studied at the RISD. In 1996 she graduated with a BFA in Illustration. She is a West Haven, CT resident.

Her children's books include One Grain of Sand, by Pete Seeger, and The Water Gift and the Pig of the Pig by Jacqueline Briggs Martin, and many illustrations for school textbooks, and magazines such as Weekly Reader. Her work has been honored with three SCBWI Magazine Merit Awards, the Lupine Award, and a Bulletin Blue Ribbon honor. She is also a regular contributor to Cricket Magazine.

Linda has been exhibiting since 1994 in places such as the Cenci Gallery (Rome), Woods-Gerry Gallery (Providence, RI), Art on the Mountain (Dover, VT), Huntington House Museum (Windsor, CT), the Eric Carle Museum (Amherst, MA) and the Society of Illustrators (NYC). Originals from her books have been displayed by the New York Public Library of Manhattan, and in the NYC Society of Illustrators' Original Art children's book show.

In 2002 she was chosen by the state of Connecticut to create an ornament for the official Blue Room White House Christmas tree in Washington, DC.

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The 3-year old class from the Orange Congregational Church Nursery School exchanged valentines with their classmates and celebrated with a special valentine snack. The preschool currently has open enrollment for their three and four-year old classes for the 2011-2012 school year. The nursery school invites anyone interested to call or stop by for a visit.

## Orange Town News

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## Maplewood at Orange Calendar



Maplewood at Orange, formerly Laurel Estates, is located at 245 Indian River Road. All events are free and are open to the public. Some require an RSVP. For more information on any of the events below, please contact Briana at 203-795-3117 or find our activities page on [www.Facebook.com/MaplewoodAtOrange](http://www.Facebook.com/MaplewoodAtOrange).

- **Generations Stitch Club** - Every Tuesday from 11am-12pm - Calling all knitters, crocheters, embroiderers and seamstresses of all ages and experience levels, join us for a gathering of good company and fiber fun. Come to learn, come to teach, come to play!
- **Bible Study** - Every Tuesday evening at 6:30pm - Reverend Rhonda Taylor of the First and Wesley United Methodist Church joins us for a non-denominational discussion exploring "The Good Book".
- **Wellness Clinic** - Every Thursday at 1:00pm-2pm - Stop by our Activities Room for a free blood pressure reading and/or weight measurement by one of our Registered Nurses.
- **Telling A Story of Your Life: A Creative Writing Workshop Series** - March 1st, 8th, 14th, 22nd, and 29th at 3:30pm. Join writing teacher Jean Madden as she guides us through the process of journaling our thoughts and feelings, and recording our memories as a legacy for future generations. Use journals to create a written record of one extraordinary event in your life. We will be putting our thoughts on paper, stirring up memories through our writing, re-discovering and focusing on one story (an event, a moment of truth, the first kiss, the first fight) writing down this story, and sharing it with members of the group and family. Space is limited; refreshments served. Please RSVP to 203-795-3117.
- **The Benefits of Exercise** - Thursday, March 10th at 1:30pm - We all know exercise is good for us, but in this free seminar we'll really spell out all the benefits to the mind, body and spirit when you engage in a regular exercise regime. We'll also talk about the best exercises for people with physical limitations. Space is limited; refreshments served. Please RSVP to 203-795-3117.
- **Tom and Leslie's Jewelry Shop** - Friday, March 11th from 11am-1pm - Designer jewelry and handbags at affordable prices, Tom and Leslie have something for everyone! Join us for coffee and a muffin on the house while you peruse some great deals.
- **KookeeUkies Jam Session** - Sunday, March 13th and 27th from 1:30-3:30pm - Join everybody's favorite ukulele band as the gang congregates at Maplewood for a casual jam session. Learn the easy-to-play ukulele with helpful and friendly fellow music-lovers and you can even join in yourself! Refreshments are served at this event.
- **Saint Patrick's Day Dinner and Dance Performance** - March 17th at 5:30pm - Break out your best green suit or dress and join us for an evening of traditional St. Patty's fare followed by a rousing performance by the young dancers of Mulkerin's School of Irish Dancing. Seats for this event are limited and fill up fast. Call to reserve your spot at 203-795-3117!
- **Recipe for Healthy Stress Seminar** - Thursday, March 24th at 3:30pm - Healthy stress? Can there be such a thing? Indeed, stress motivates us to get things done and accomplish day-to-day as well as major items on our to-do list. Too much stress, however, is never a good thing. Join the VNA Community Healthcare team as they present information on just how much stress is good for us and what to do if we're experiencing too much! Space is limited; refreshments served. Please RSVP to 203-795-3117.
- **Maplewood at Orange Horizon's Program Open House Reception** - Thursday, March 24th at 5pm - We're very pleased to announce the first of two stages of memory-care accommodations available now at Maplewood at Orange! Our luxury accommodations allow seniors with mild to moderate memory loss to live the good life while still remaining safe and secure, giving peace of mind to both family and Residents alike. Join us for cocktails, hors d'oeuvres, live music, and a tour of our beautiful new apartments! Please RSVP to 203-795-3117.

## "Dining with Susan"

By Susan Noonan



### Twisted Vine Restaurant

I really love when one of our readers sends me an e-mail about an enjoyable restaurant experience. I am sharing what I received from Gary Spadoni, Orange resident:

"Susan, I enjoy reading your column in the Orange Town News and thought you should know about a gem of a restaurant in Derby called "The Twisted Vine". It is in an old 1892 bank building (vaults intact), very homey with oak and stained glass and old electrified gas fixtures. We went there Saturday night and they started out by bringing a basket of warm homemade garlic toast. We ordered both of the special homemade soups, Mussel (with loads of mussels) and Italian wedding soup (again loaded with meatballs, spinach, etc.) which were superb. Since a salad add-on was only \$2, we all ordered salads and were pleasantly surprised to see that not only were the salads very large, they consisted of different types of greens, not plain iceberg, and also olives, tomatoes, cucumbers, etc. The house Italian was delicious! We then ordered the meals, which were ample and delicious (I had rare seared tuna on a bed of rice, my wife had a chicken dish with tons of fresh veggies, and our friends had tilapia, also delicious). After dinner we went downstairs into the basement where they have an intimate lounge with a bar and live music that actually appealed to our age group (50+). The place was packed so we sat at the bar and had excellent drinks. The entire experience, great food, friendly staff, and reasonable prices made it one of the best dining experiences we've had in a long time. Try it out!"



Twisted Vine Restaurant

Thank you Gary for your suggestion and I did try it out on a Sunday for an early evening dinner. My experience was similar to Gary's and I would certainly recommend "The Twisted Vine" for lunch, dinner or just cocktails. My favorite appetizer was the "Seven Layer Portabella" w/fresh mozzarella, roasted peppers, squash, eggplant, Provolone, tomatoes w/sun dried tomato aioli & balsamic reduction drizzle-very unique & delicious. Great ambiance, service, large portions, along with reasonable prices. The Twisted Vine also offers some very private tables for two. Perfect for that special wedding proposal, anniversary or just a couple looking for a cozy and romantic evening.

This location was formerly Tartaglia's and the Old Birmingham Restaurant. The Twisted Vine opened in July 2005 and offers a comfortable yet elegant atmosphere. As Gary mentioned above, this historic landmark, built in 1892 was originally the Old Birmingham Bank and still maintains the very impressive original vault from the bank in the main dining room. The downstairs "Birmingham Cellars" cocktail lounge offers the full dinner menu & cocktails. Happy Hour Wednesday-Friday. Live entertainment Thursday-Saturday beginning at 8:00pm. Catering available for special events both on & off premises. Hours: Lunch Tuesday-Friday 11:30am-2:00pm - Dinner Tuesday-Thursday - 5:00pm-9:00pm Friday & Saturday 5:00pm-10:00pm - Sunday 4:00pm-8:00pm - Dinner in lounge on Friday & Saturday until 10:00pm. Visit their web site for complete menus & special events: [www.twistedvinerestaurant.com](http://www.twistedvinerestaurant.com). Reservations recommended - All major credit cards - Handicapped accessible-Take-out on all menu items.

**Twisted Vine Restaurant**  
**285 Main Street, Derby (just a short drive on Route 34)**  
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Final notes: Make a visit to this historic and charming restaurant in Derby. It has been rumored that some "friendly ghosts" reside in the building. I will let the staff & regular customers of the "Twisted Vine" be the judge of that! Remember to support our local family owned businesses. If you have a favorite restaurant e-mail [susan@orangetownnews.com](mailto:susan@orangetownnews.com).

Orange Town News

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**SOCIETY NEWS**



**Denny – Tonucci Engagement Announced**

Kevin and Sally Denny of Orange announce the engagement of their daughter, Sarah Elizabeth, to Carl C. Tonucci, III, son of Carl Jr. and Barbara Tonucci of Orange.

Sarah is the granddaughter of Henry and Elinor Novicki of Middletown, CT and the late Robert and Alice Denny of Orange, CT. Carl is the grandson of the late Carl Sr. and Anne Tonucci of Orange and the late Manuel and Frankie Rodrigues of West Haven.

The future bride received her Bachelor of Science in Nursing from the University of Connecticut in 2008. She is a registered nurse at Yale New Haven Hospital. The future bridegroom is a graduate of Platt Regional Vocational Technical High School in Milford. He is a plumbing mechanic at Cordone & Tonucci Plumbing and Heating in New Haven, CT. The couple recently purchased a home in Milford where they will reside. A July 2, 2011 wedding is planned.

**From Your State Representative** *By Themis Klarides*



**Klarides Responds to Governor's Budget**

State Representative Themis Klarides of Woodbridge, Orange and Derby expressed deep concern about the levels of taxation and increased spending in Governor Dannel Malloy's proposed budget. The proposed budget fails to curb state spending. The governor's proposal spends \$900 million more over the next two years, according to Malloy's own budget director Ben Barnes.

The governor spoke of "shared sacrifice" but Klarides was hard pressed to find the state government's share in the acclaimed sacrifices. "For months we've heard this budget would be based on cuts and sacrifices. The people of Connecticut and our small businesses have already sacrificed. We're getting hit on all fronts with tax increases, but who among us are getting pay raises? With unemployment over 9 percent, tax increases are not the right answer to creating jobs. It's our small businesses who will be the ones that suffer most," said Klarides.

The proposed budget increases the size of the state budget from \$19.3 billion this fiscal year to \$19.7 billion and then onto \$20.2 billion the following year. The budget also includes billions in new taxes. "A \$3 billion tax hike over the next two years paired with a budget increase will be a hard pill for residents in my area to swallow. If you include the hospital taxes, we're looking at \$4 billion in taxes. Taxes were supposed to be a last resort. Instead we see increased taxes and increased spending," Klarides said.

She and fellow Republican leaders said tax hikes on hair cuts, alcohol sales, clothing and gas would hit Connecticut's middle class the hardest, claiming the increased costs would only hurt the small businesses that provide them.

Klarides praised Governor Malloy on several aspects of the proposal. "Union contracts currently go into effect without the approval of the legislature. I was glad to hear the governor included measures to increase accountability on these contracts and is committing to pushing for \$1 billion in union concessions. He also stuck to his promise not to cut education aid to Connecticut municipalities," said Klarides.

She applauded the governor for keeping his commitment not to use borrowing to fill deficit and supports the switch to Generally Accepted Accounting Principles. Klarides expressed her optimism in these areas, but fears he missed what should have been a top priority of curbing the state government's addiction to spending.

For more information, visit [www.cthouserules.com](http://www.cthouserules.com).

**Change Proposed to Affordable Housing Statute**

Under current state law, municipalities in the state of Connecticut sit on an uneven playing field in negotiations with developers seeking to build on undeveloped land commonly held as open space. Pending legislation proposed by state Senator Gayle Slossberg (D-Milford), however, would change state law to reform the affordable housing appeals process to give towns greater opportunity to preserve pristine land within their borders. "We have two equally important policy goals in our state: providing affordable housing opportunities and preserving open space and land of environmental significance," said Senator Slossberg. "Right now, the statutes favor development. However, that isn't necessarily in the best interest of the municipality and I believe we should be allowing for greater local control in situations where these two policy goals collide."



*Gayle Slossberg*

Under Senator Slossberg's proposal, applications for affordable housing developments would be referred to local conservation commissions which would then determine the environmental significance of a tract of land. If a parcel is designated and certified as potential open space, appeals procedures would no longer apply—giving towns greater opportunity to negotiate with developers on equal footing. "While pursuing the laudable goal of encouraging development of affordable housing options, I believe our procedure has put the system out of balance," Senator Slossberg said. "The system overrides, in part, the state goal and our local interest in preserving what little open space we have left. I believe this proposal would be a great stride toward leveling the playing field and restoring that balance."

The proposals—codified as Senate Bill 302 and House Bill 5781—currently await action from the Housing Committee.

The 2011 regular legislative session adjourns on June 8. Senator Gayle Slossberg represents Milford, Orange and a portion of West Haven in the Connecticut State Senate. She serves as co-chair of the Government Administration & Elections Committee and vice chair of the Public Health Committee and the Select Committee on Veterans' Affairs.

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A very Happy Valentine's Day at Great Beginnings Preschool in Milford. The children at the preschool made 150 Valentine's for the Valentine's Day Dance at the Milford Senior Center with candy and balloons.



The students in grade two at Turkey Hill School were visited by the Goodwives of the Orange Historical Society. It is the second history class presented by Mrs. Reinhard, Mrs. Clarke and Mrs. Vadney. This was made possible through a grant from the Jamie A. Hulley Arts Foundation. The students made taper candles. First, they held a small branch with an attached string and dipped the string into hot wax. Then, they dipped the candle into cold water and repeated this procedure many times, until a candle was formed. The children learned that people living in the 1700's needed to make candles every day for light and that it was a necessity, not a hobby. The students are looking forward to the next visit!

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Noah Wyle

**Q:** I just watched an excellent movie called "Shooter" with **Mark Wahlberg**. There also is a **Donnie Wahlberg**, I think, on "Blue Bloods." Are they related? Also, was one of them in the Backstreet Boys? -- Nancy G., Punta Gorda, Fla.

**A:** Mark and Donnie Wahlberg are brothers. The elder Wahlberg, Donnie (41), got his start in New Kids on the Block back in 1984; however, the group didn't really break out until 1988's "Hangin' Tough," NKOTB's second album. The group broke up in 1995. Donnie then embarked on an acting career, co-starring in "Ransom," "The Sixth Sense," "Band of Brothers" and "Boomtown." While he hasn't given up his acting career, he and the rest of the New Kids have reunited, and this summer they are touring with, ironically, the Backstreet Boys.

In the late '80s/early '90s, brother Mark, 39, had some success with Marky Mark and the Funky Bunch, whose single "Good Vibrations" became a No. 1 hit in 1991. Mark segued into film after doing numerous ad campaigns for Calvin Klein, co-starring in "The Basketball Diaries," "Boogie Nights," "The Perfect Storm" and "The Departed" (for which he was nominated for a Best Supporting Actor Academy Award), among many others.

**Q:** Is TNT going to make another movie in "The Librarian" series? -- Bridget C., via e-mail

**A:** While "Librarian" star **Noah Wyle** has stated that there are no immediate plans for another movie, he is definitely on board when they decide to make the next one. For now he is busy with his new TNT show (debuting June 10) "Falling Skies," while "Librarian" executive producer, **Dean Devlin**, is busy with TNT's "Leverage." However, this might bode well for "The Librarian" series, as Noah said in an interview last summer: "I miss ('The Librarian') so much. In fact, one of the big

reasons I wanted to do 'Falling Skies' for TNT is that Dean's got his show ('Leverage'), I've got my show, and we can apply [pressure] to TNT to make some more 'Librarian' movies."

\*\*\*

**Q:** Now that **Arnold Schwarzenegger** is no longer the "Gubernator" of California, will he return to movies? - Alan H., Akron, Ohio

**A:** Arnold took to his Twitter account recently to let the world know he's ready to act again: "Exciting news. My friends at (agency) CAA have been asking me for seven years when they can take offers seriously. Gave them the green light today."

\*\*\*

**Q:** Has "Chase" been taken off the air? We really enjoy the show and miss it! -- Karin R., via e-mail

**A:** As of this writing, "Chase" has not OFFICIALLY been canceled; however, it has been pulled off NBC's schedule with no plans to air the remaining episodes. So, yes, the series is pretty much dead in the water. "Chase" was replaced by the game show "Minute to Win It," which scored 3.2 million more viewers than "Chase."

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com. For more news and extended interviews, visit [www.celebrityextraonline.com](http://www.celebrityextraonline.com) and [twitter.com/Celebrity\\_Extra](http://twitter.com/Celebrity_Extra).

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**Get Ready to Cruise News**

By Leslie Marsh



**Cruises for Food and Wine Enthusiasts**

Theme cruises provide the opportunity for a group of people to indulge in a particular hobby or interest. There are themed cruises for activities such as wine tasting, quilting, gardening, motorcycling and dancing, musical tribute cruises for groups like the Beatles, Elvis and the Rat Pack and fund-raising cruises to help a favorite charitable organization (I am currently organizing a fundraising cruise for SOaRING, Saving Orange Residents in Need). Programs might include guest speakers, classes, special performances and theme related shore excursions. One of the most popular themes is cooking and Celebrity Cruises and their "Savor Your Destination" program gives food and wine enthusiasts more ways to experience a memorable and enjoyable trip.



*Eclipse Hero*

In 2011, Celebrity will present twelve guest chef theme cruises on its award-winning Solstice Class ships. Each cruise will offer food-and-wine themed activities that complement Celebrity's overall premium experience, emphasizing the love of fine food and wine. Activities may include a meet-and-greet cocktail reception, guest chef-led cooking demonstrations highlighting techniques and ingredients, book signings, and a "Star Chefs" cook-off featuring an interactive cooking competition, complete with a special recipe booklet featuring the guest chef's creations. For a fee, guests also can participate in hands-on cooking classes led by the guest chef in the ship's galley, or enjoy an exclusive food-and-wine-pairing dinner designed and presented by the guest chef in either Murano or Tuscan Grille, two of the five specialty restaurants onboard. Some of the upcoming "Savor Your Destination" cruises include:

- Television personality Chef Sara Moulton sailing on Celebrity Eclipse on March 26, 2011
- Chef Timon Balloo of Sugarcane in Miami, sailing on Celebrity Equinox on April 1, 2011
- Chef Govind Armstrong of 8 Oz. Burger Bar in Louisiana, Los Angeles, and Miami's South Beach, sailing on Celebrity Equinox on April 11, 2011
- Chef John Suley of Gotham Steak at Miami's Fontainebleau Resort, sailing on Celebrity Equinox on April 22, 2011
- Chef Angel Palacios of La Broche in Madrid, Spain, sailing on Celebrity Solstice on June 7, 2011
- Chef Jordi Valles of The Ritz-Carlton in Cancun, Mexico, sailing on Celebrity Solstice on October 11, 2011

Theme cruises can add so much to your overall experience on a cruise. Rates for the remaining 2011 Savor Your Destination guest chef theme cruises start at just \$699 per person.

If you're interested in planning or participating in a theme cruise, call me! I'd be glad to help!

*Leslie Marsh, ECC owns Cruise Planners of Orange. You can reach her at 203-799-2367 or email [leslie@getreadytocruise.com](mailto:leslie@getreadytocruise.com)*



*Mary L. Tracey students in Mrs. Gloria's kindergarten class learn about "healthy hearts" during the school's Valentine's Day celebration!*

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Co owners and siblings George Chatzopoulos and Dina Bajko will celebrate Chip's 45th anniversary by offering customers a short stack of their award winning buttermilk pancakes for only 45 cents, just like in 1966.

## Chip's Celebrates 45 Years - 1960's Style

By Laura Fantarella - Orange Town News Correspondant

A landmark Orange restaurant will go retro on Monday, March 7th in celebration of its 45th anniversary. Chip's Restaurant will party in true 1960's style - with music from the era, servers dressed in sixties attire, and best of all, offering a short-stack of its famous buttermilk pancakes throughout breakfast for 45 cents, just like when it first opened in 1966.

Co-owners and siblings George Chatzopoulos and Dina Bajko, bought the restaurant eight years ago from original owner Chip Marks. It's a true family business with Dad Dennis helping out and Mom Angelica working in the kitchen. When it first opened in 1966 it was a Perkin's Pancake House franchise which Marks' later renamed Chip's. When Chatzopoulos and Bajko took over they made a smooth transition with few changes to the menu and dining room. Most important, they retained the Chips' secret buttermilk pancake recipe that has reaped rewards and accolades from customers and local media alike, even winning "Best Pancakes" in Connecticut Magazine's popularity contest in 2009 and 2010. "Chip's always had good food and a good reputation, we never wanted to take anything away," Chatzopoulos said. Instead he and Bajko gradually added new items to the menu and new flavors like pumpkin and cranberry orange to the pancake selection. They have daily specials and even offer a three course dinner and beverage for \$12.95 each day. Several years ago they redecorated the dining room and built an addition to hold 25 more seats.

Chatzopoulos and Bajko say they love being part of the Orange community. "We have so many regular customers and the townspeople have always been so supportive of us. I love seeing the generations of people who've been coming here for years," she said. She particularly enjoys when people who have moved away stop in and tell her, "I used to work here when I was a kid!" They also are generous in supporting many town fundraisers and events. "We do what we can to give back to the community," Chatzopoulos said.

The anniversary special will be from 6:30 to 11:30 a.m. Chip's is open from 6:30 a.m. to 11:30 p.m. seven days, serving breakfast all day, lunch and dinner.

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## HISTORY CORNER

With Ginny Reinhard

### Who Was Mary Rebecca Woodruff?

For those Orange residents who were fortunate to have bought the 1949 History of Orange have no doubt read it from time to time and stored it away or as in some cases, donated it to the various library collections. It is 177 pages of facts, figures, stories, events and above all people of the past that established the Town of Orange in 1700.

It was not then known as Orange but Bryan's Farms, with the first purchase made by Richard Bryan Jr., from the Paugussett Sachem, Ansantawae. The availability of this information and the history of Orange are due to the diligence and research skills of Mary R. Woodruff, born in 1876 to a well-known family. The daughter of Stiles D. Woodruff, founder of the S.D. Woodruff & Sons Seed Company had 3 brothers, Frank, Watson and Robert with the family holding prominence in both Milford and North Milford (Orange), not only as a seed company but also as owners of the Orange Water Company.

Yes, Orange had its own water company established in 1911 and sold to the New Haven Water Company in 1937. Not only was Mary a director of the fledgling company, she was also the treasurer! The source of supply came from a reservoir on Grassy Hill and as the subscriber the list grew, this supply was increased by a pipeline from a reservoir of the New Haven Water Company. When the Orange School opened in 1909, a pipe was extended to the school as well as the Green and fire hydrants were installed in the center of town. At the height of its business, there were over 75 subscribers.

Mary was a graduate of The Academy, an 1878 building on the Green erected for a high school and public purposes and, as near as we can tell from extensive research, she attended Wesleyan Academy in Massachusetts, going on to Oberlin College in 1897. Her major was arts & sciences but it appears that she stayed for her freshman year only. The school in Ohio supported missionary programs and social programs and her attendance at the Orange Congregational Church as secretary of the annual meetings and as a member of the missionary committee were only a couple of the missionary positions she held throughout her life; an obvious connection to the time she spent at Oberlin.

A tall, stately woman in later years, Mary received the respect of all who knew her and as she became more and more prominent in the Town of Orange, she was approached, at a town meeting in 1946 as the unanimous choice to compile the history of the Town of Orange. At this request, Mary conducted countless interviews and searched histories, manuscripts, photographs and family papers to present the history from the colonization of the Milford

Colony in 1639 to 1949, the date of its publication. Her attention to detail is extraordinary.

As close as she was to her love of history, her family was of greater importance as interviews with her great nieces tell of her love of children, her generosity with her time and just sharing with family whenever possible. Receiving 15 pounds of fabric samples, Mary whipped up 50 aprons to sell at a church bazaar and then asked for more fabric. It was not uncommon for her



Mary Woodruff graduation picture taken in front of "The Academy" in 1891.

to attend a 4H meeting to teach the little girls how to sew while always sewing fancy dresses for her family. In 1935, when Connecticut was celebrating its 300 year anniversary, Mary can be seen, standing in front of the Congregational Church wearing a period dress, cape and hat of the era and holding, for authenticity, a foot warmer. Mary knew just what to do.

As a child, she was not considered to be very healthy, rather frail at times but her graduation day picture, at the Academy, shows a determination that obviously lasted until her death in 1973 at age 96 having outlived her 3 brothers. In fact, rumor has it that her brothers were somewhat daunted by her determination and forthright attitude toward her many obligations and life itself.

Never marrying, Mary Rebecca spent her life living with family members in her home in Orange, New Haven and, at times, in Florida as the Woodruff family stayed nearby giving the family the closeness that is all but a memory for many families today, as jobs take them to the far reaches of our country and in some cases abroad. Given what we have been able to discover about the author of the History of Orange, the choice of her as its compiler was indeed a good one.

The Orange Historical Society has been given a grant by the Orange Foundation through the O'Sullivan Family Fund to reprint this history book and it will be available this spring at the Town Hall, The Academy and the Stone-Otis House.

Ginny Reingard is president of the Orange Historical Society.



Mary R. Woodruff in 1971.

#### "The History of Orange" by Mary R. Woodruff

Paperback issue with 1868 map included.

**\$18.95**

(shipping charge \$5.00)

Can be purchased at:

**Town Hall, Stone-Otis House  
or The Academy  
for more information  
call 203-795-6465.**

## BUSINESS ROUNDUP

### Orange's "Jamba Juice Store" to be first in Connecticut

#### West Coast Favorite to be Offered at Brueggers Bagels

Jamba Juice (NASDAQ:JMBA) a highly recognized, healthy active lifestyle brand, has announced the upcoming April 1 expansion into its first Connecticut location and latest new market to open as 2011 gets rolling.

"I am excited to bring Jamba Juice, an renowned and popular smoothie favorite, officially to fans here in Orange," said David Katz, owner/operator, Jamba Juice in Orange, Connecticut. "We start the blenders whirling officially on April 1 and fans will be able to enjoy one of our more than 30 made-to-order whole fruit smoothies, including a new line up of Fruit and Vegetable smoothies that provide a full serving of veggies in every 16oz serving and the latest innovation to the Jamba Juice smoothie portfolio. We will also be serving up fresh squeezed orange and carrot juices, wheat-grass, and, of course, Jamba's famous slow-cooked oatmeal made with organic steel cut oats."

Jamba Juice is committed to bringing health and happiness to customers everywhere and has been inspiring and simplifying healthy living since it opened its first California store in 1990. Jamba offers a portfolio of on-the-go, portable, better-for-you menu choices made from quality ingredients and developed with strict product development standards including 0g trans-fat, no high fructose corn syrup, no artificial flavors, and no artificial preservatives. Jamba's goal is to serve up simple, honest goodness that makes eating healthier easier.

Jamba's menu provides beverage and meal options for customers, including those with special dietary needs such as non-dairy, non-gluten, vegetarian, and vegan. Jamba Juice's iconic smoothie line-up includes All Fruit™ smoothies that are dairy free with no added sugar, Jamba Light™ smoothies, which are under 160 calories, our all-time favorite classics as well as pre-boosted smoothies that are blended with a purpose to address specific dietary needs. Jamba also offers Ideal Meals™, a better-for-you meal alternative when you need something convenient and nutritious to eat, but don't have time for a sit down meal. Latest offerings from Jamba also include its Probiotic Smoothies, a great way to support the immune system and digestive health, along with Fruit and Vegetable smoothies, which provide one full serving of vegetables and two full servings of fruit in every 16oz. serving. Jamba Juice smoothies, with the exception of creamy treats, provide 1.5 to 3.5 servings



**Jamba Juice**



Pictured is Brueggers Bagels store owner David Katz, who is set to launch the state's first "Jamba Juice" on April 1st at 263 Boston Post Road, Orange.

of fruit. Additional nutritional information is available in Jamba's nutrition guide available online at [www.jambajuice.com](http://www.jambajuice.com) or by calling customer care at 1.877.4RFRUIT.

Jamba will be located conveniently in the Bruegger's Store at 263 Boston Post Road, Orange, CT 06477. PH. 203-795-1300

The store will be open daily from 7:00 a.m. to 9:00 p.m. to enable fans coming and going a convenient option to pick up a nutritious and delicious menu offering. Parents will be able to enjoy their favorite coffee offering, while the kids enjoy their favorite Jamba Juice smoothie.

### New Seminar Series for Local Businesses

The Orange Chamber of Commerce Business to Business Fusion Group kicks off its new breakfast seminar series on Tuesday, March 8th with "Produce Winning Marketing Campaigns through Effective Online and Print Mediums" The seminar will feature Michele Kelly, GraphicWays Design; Barbara Metzger, Sign-A-Rama, Jocelyn Murray, Marketing and Event Resources, and Carole Norman, GraphicImage. Participants will learn how to get a target audience's attention by creating a strong, cohesive brand and effective marketing. Hear how to communicate via email, social media and the Web to optimize your online presence and how to combine online methods with print marketing vehicles such as signage, direct mail and brochures.

The seminars are FREE for members of the Orange Chamber, \$5 for non-members, and will be held at the Smart Living Center, 297 Boston Post Road, Orange. Registration and continental breakfast begins at 8:15, the seminar and Q&A will run from 8:30 a.m. to 9:30 a.m. The April 12th seminar is "How to Grow Your Business: S.O.S. – Simplify, Organize and Succeed," and will feature Anita Taylor, Professional Organizer.

The first 15 registrants receive a FREE 10 minute consultation with one of the seminar presenters.

To register, contact the Orange Chamber of Commerce at 203.795.3328 or via email to [mary@orangetchamber.com](mailto:mary@orangetchamber.com). When registering via email, please include all contact information. Nonmembers may pay in advance or at the door.

Founded in 1962, the mission of the Orange Chamber of Commerce is to provide leadership in promoting a favorable business climate for our members. The Chamber is dedicated to being a proponent for the business community through education, interaction and support.

The **Orange Chamber of Commerce**



### Shiner Joins "FASTSIGNS" as New Sales Representative

Brian Reeves, owner of "FASTSIGNS" of Orange recently announced that Mike Shiner has joined the company as a sales representative. "I am excited to have someone with Mike's extensive sales and marketing background join us" stated Reeves. "Mike has been selling a wide range of promotional products for over 10 years and will add these products to our core business as a full service graphics design and sign manufacturer. We have already launched our program and you can review our production selections from our home page [www.fastsigns.com/536](http://www.fastsigns.com/536)."

FASTSIGNS® solves communications challenges – large and small - and in doing so, helps companies realize their full potential. They are located at 525 Boston Post Road, (next to Mr. Kold Kuts). Brian or Mike can be reached at 203-298-4075.

## BUSINESS ROUNDUP

### Plato's Closet Opens Orange Store

Local teens and twenty-somethings now have a place to bring that excess of stylish clothing that has been piling up in their closets and dressers for months. With a focus on being fashion savvy and shopping smart, Plato's Closet® recently opened to buy clothing in Orange from the community's residents in anticipation of their grand opening.

Located at 575 Boston Post Road in Orange, Plato's Closet is part of a unique nationwide recycling retail store chain that specializes in clothes for teens and twenty-somethings.

"We look for the latest styles and trends in clothing and accessories for guys and girls," said Rhonda Colborne, who co-owns the new Plato's Closet in Orange with her fiancée John Milachouski. "In today's economy, consumers on a budget need the cost savings when it comes to buying brand-name clothing, shoes, purses, belts, and jewelry. We encourage the community to go through their overflowing closets, bring in their cool clothes and walk out with money in their pockets."

According to Rhonda, guys and girls love to shop at Plato's Closet because they can take their gently-used, brand name clothing and accessories and turn them into cash. Unlike a typical consignment store, Plato's Closet does not require appointments, and pays consumers cash on the spot for the items the store purchases.

For more information or store hours, please contact Rhonda Colborne or John Milachouski at 203-877-1114 or visit <http://www.platosclosetmilford.com>.



### CEO Hired for Boys & Girls Village, Inc.

Ms. Carol Smith-Harker, Board President of Boys & Girls Village, Inc. has announced that Mr. John R. Cocciolone, former President/CEO of Easter Seals of Michigan, Inc. has accepted the position of CEO of Boys & Girls Village. Mr. Cocciolone will begin his new position effective Monday, March 14th.

Mr. Cocciolone has several years experience in non-profit administration. He has been involved with Easter Seals administration since 1987. Easter Seals of Michigan is a major mental health services provider in the state. The services are provided to adults and children and include an Hispanic mental health center as well as a jail diversion program. The organization is also becoming a leader in the field of service in Michigan for children with autism.

Mr. Cocciolone has been an administrative surveyor for the Commission on Accreditation of Rehabilitation Facilities and, as part of this work, provides consultation to non-profit human services organizations in areas including continuous quality improvement, program benchmarking and performance evaluation, human resources practices and administrative and operations systems and supports.

Mr. Cocciolone is married and has two adult sons. He is very excited about relocating to Connecticut where he has some close personal ties. Although Mr. Cocciolone will not be on-site fulltime until March 14th, he will be in attendance and introduced to the community at the agency's Awards Dinner on March 3rd at the Race Brook Country Club. Mr. Cocciolone has indicated real excitement about coming to Boys & Girls Village and helping the organization to move forward during these challenging economic times in the state.

### Lori Miko Joins Weichert Regional Properties

Orange, CT – Lori Miko has joined the real estate firm of Weichert Realtors Regional Properties at its Orange office. A Licensed Realtor since 2001, Lori is passionate about all aspects of real estate. She has earned multiple designations such as Accredited Buyer Representative, is Quality Service Certified and has earned the e-pro designation. Lori is also an Internet Lead Specialist, Relocation Specialist, REO and Short Sale specialist. She has been repeatedly honored for her sales achievements, having earned coveted status in the Beazley Company's Founders Club and more recently Prudential's 2010 Honor Circle award. She is a multiple Honor Circle award recipient. She is also serving her second term as a director on the Valley Board of Realtors, holding the position as Secretary.

(“Posener” continued from page 1)

always knew I was right, even when they denied me the pension all those years ago,” Posener said. Not only did he win his fight for a military pension, but Posener, with the help of Congresswoman Rosa DeLauro and her staff, discovered he was also due a civilian pension for work he did during the war – amounting to \$34,000 – going back several decades.

It turns out that as an ordinance inspector redesigning weapons, inspecting ballistic tests and transporting arms in New Haven during the war, Posener was due a lot more money than even he thought, DeLauro said. Her staff's research proved that he qualified for a civilian pension for the work he did during the war and an ongoing monthly military pension as well. DeLauro delivered the \$34,000 check to Posener personally at his home last week, indicating to the media throng at the event, that he contacted her office recently inquiring yet again about a veterans' benefit he always believed was owed to him. Posener had tried numerous times to collect the pension over the years, only to be told over and over he wasn't eligible for it. “George was slated to be drafted into service during World War II, but due to his engineering skills was retained by the War Department as a civilian worker. He worked (in New Haven) as an ordinance inspector, redesigning weapons, inspecting ballistic tests and transporting arms. He also helped convert a Thompson submachine gun into a better weapon through the use of a fixed firing pin,” DeLauro said.

Posener, who will turn 100 on Christmas Day, attended the Yale School of Ballistics. His “beloved wife” Leah died in 1987 after more than 40 years of marriage, but Posener has continued his work as a “generous philanthropist,” say those who know him best. “He is a wonderful man, he lives to help others, even now as he approaches his 100th birthday,” said his full-time caretaker, Evelyn Brown, who explained that Posener and his late wife devoted their lives to helping young people after experiencing two still-born births during the 1940's.

“He's always talking about all the children he wants to help, so he was very excited to have gotten this pension money – not for himself – but for the help it will provide others,” Brown said. Brown, who has been Posener's caretaker for more than three years, described him as a “simple, but wise man,” who has given \$1 million to Yale School of Medicine and contributed to the Smilow Cancer Center, and other Yale facilities including the Sterling Memorial Library, Harkness Hall, and the Payne Whitney Gym. He has also established several funds at his synagogue, the Congregation Beth El-Keser Israel (BEKI) on Harrison Street in Westville. Brown described how Posener said he was once being treated at Yale New Haven Hospital, when a young doctor came into his room and told Posener that if it hadn't been for his generosity to an endowment, he couldn't have afforded medical school. “I'm just looking to improve what God has given to me,” Posener said. “He truly is a remarkable man.” DeLauro said. “He's been very generous.”

Brown showed DeLauro and the media who attended the check presentation a room where several violins were laid out on a bed. “He's giving them away to children who want to learn to play but can't afford to buy an instrument,” Brown said. “That tells you all you need to know about him.”



George Posener, an avid violinist, plans on giving away his collection of violins to area children who want to learn to play but can not afford the instrument.

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## St. Luke's Steel Band to Perform at Holy Infant

New Haven's own St. Luke's Steel Band will perform on Sunday, March 13th at the Holy Infant Church gymnasium, 456 Racebrook Road, Orange. The concert will begin at 4:00PM. The band's unique sound and varied musical style appeals to listeners of all ages. The band's repertoire includes calypso, reggae, jazz, popular, classical and sacred selections. The band was organized in 1999 and has been under the direction of Debbie Teason. The performing ensemble is composed of 25 dedicated members from the historic St. Luke's Episcopal Church on Whalley Avenue in New Haven. The band performs throughout the region at concerts and festivals. For this performance the band will be under the direction of Kenneth Joseph.



Holy Infant Church

The performance will benefit the Pipe Organ Renovation Fund of the Orange Congregational Church. Tickets are \$15. Children 12 and under are free. Tickets will be available at the door the day of the concert. For information, contact the Orange Congregational Church office at 203-795-9749.

## Orange Lions To Make Community Grants

The Orange Lions Club is pleased to announce that it will provide a limited number of mini-grants to eligible community organizations and/or individuals in 2011. The program is intended to provide funds to worthy causes and activities in the town of Orange that might not otherwise be funded, announced Orange Lions Club President Marianne Miller. She explained, "While our Lions Club continues to provide funds to Lions blindness prevention programs, aid for the blind, and eye research, which are long-time Lions Club priorities, we feel strongly that it is important to allocate funds to local projects as well." Miller emphasized that this funding is in addition to two \$1,000 college scholarships which the Orange Lions Club has awarded to Amity High School graduates from Orange for many years, in conjunction with the Orange Scholarship Fund. In addition, the Orange Lions continue to provide such community activities as the annual Community Thanksgiving Dinner, Easter Egg Hunt, and Seniors' Pizza Party. The Orange Lions also collect used eyeglasses for restoration and distribution to needy people all over the world. Drop boxes for used eyeglasses are located in the Case Memorial Library and the High Plains Community Center lobby. The Orange Lions also conduct eye screenings for glaucoma and other eye diseases, which has been done at the Orange Senior Health Fair in recent years. The Orange Lions also co-sponsor, in conjunction with the Milford Lions Club, a Leos youth group at the Foundation High School for special needs youths.



Miller has appointed Mark DeFeo of Orange to chair the community mini-grants program this year. DeFeo stated that blank applications for the community mini-grants program are now available at the High Plains Community Center in the Community Services Department, at the Peoples United Bank branch on Orange Center Road, and also at the Case Memorial Library. He stated, "In addition to our ongoing commitment to fund anti-blindness programs and provide aid to those with sight problems, the Orange Lions feel that it is crucial to continue to use some of our fund-raising resources for local community-based projects and activities. We have an outstanding review committee which will enable us to make fair and appropriate decisions regarding all allocations." Completed applications are due to be submitted to the Orange Lions no later than April 15, 2011. All Orange non-profit clubs and related non-profit organizations, individual Orange residents, and Orange government entities are eligible to apply. The recipients of Orange Lions mini-grants will be announced in early May after the selection committee completes its review of all timely applications.

### Ward-Heitmann House Museum Travels to the Berkshires

The Ward-Heitmann House Museum, 277 Elm Street, West Haven invites you to join them on April 6, 2011 as they visit the Norman Rockwell Museum, Stockbridge, Massachusetts, the largest and most significant public collection of original works by the 20th century illustrator. Exhibits include an array of paintings, drawings and photographs that reflect the evolution of the artist's life and career.

Price of \$94 per person includes R/T transportation, museum entrance fee, Red Lion Inn luncheon, all taxes, gratuities, and free shopping time in Stockbridge Village. Trip is limited to 29 persons, and reservation deadline is March 28, 2011. For reservations, contact Kathryn Gregory at 203-933-0599 or e-mail: [kathryngregory@sbcglobal.net](mailto:kathryngregory@sbcglobal.net).



## Got Pain?

by Mary Schwartz, CPT

I recently attended the 2011 IDEA Personal Trainer Institute conference that was held in Alexandria, Virginia. It was a great opportunity for me to learn from the best trainers in the industry. I took many different classes, including program design, kid's fitness, semi-private training and corrective exercise. I came away from the conference humbled. I was reminded that although I have been in this business for nearly a decade that exercise science and program design is always evolving and changing.

Attending this conference made me reflect on the way I currently train my clients and to think about how I can utilize my new knowledge and skills to help my clients achieve better results. I learned how to properly design a program that incorporates soft tissue work, corrective exercises, core training, strength training and metabolic work. I learned the importance of not only giving my clients what they want, but also giving them what they need.

One common theme that was reiterated over and over again was the issue of chronic pain. Chronic pain is defined as pain that extends beyond the expected period of healing. I learned that most people, regardless of whether they are active or not, are currently experiencing chronic muscle or joint pain that limits their mobility. I learned that most joint pain is the result of dehydrated connective tissue and nervous system imbalances and how addressing the neurofascial system can help reduce or eliminate the pain.

Regardless of whether your chronic pain is the result of dehydrated connective tissue and nervous system imbalances, an acute trauma, an overuse injury or improper body mechanics, it must be addressed before continuing with your current exercise program. The "No Pain, No Gain" philosophy is no longer accepted. Pain is the body's way of letting you know that something is wrong. If you experience any pain while working out, you should take a step back and re-evaluate the movement. Are you performing the exercise correctly? Is the weight you are using appropriate for your fitness level? Are you injured?

If you are unable to identify the cause of the pain, try modifying the exercise by reducing the weight you are lifting or by using only your body weight to perform the exercise. Pay close attention to your form and see if that alleviates the pain. If that doesn't work, try reducing the range of motion of the exercise. If you still feel pain after making the proper modifications, completely eliminate the exercise and seek professional help. Do not perform the exercise again until you can perform it without pain.

The personal training industry has changed dramatically over the last decade. Today, we are more focused on health and wellness than ever before. Clients not only want to look great on the outside, but also want to feel great on the inside. They want to grow old gracefully and are seeking out ways to remain healthy and active as they grow older. So, if you are experiencing chronic pain, don't ignore it! It is possible to reduce or eliminate your pain and go on to lead an active pain-free life.

For more information, or to schedule a free consultation, please contact me at (203) 824-3913 or e-mail me at [mary@workoutwithmary.com](mailto:mary@workoutwithmary.com).

Mary Schwartz is a Certified Personal Trainer and owner of Mary Schwartz Personal Training located in Orange, CT.

Orange Town News

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## Bulletin Board



**Al-Anon Parents Meeting**, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to [www.ct-al-anon.org](http://www.ct-al-anon.org) or call Margaret at (203) 877-4313.

**Clean Energy Task Force of Orange**, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The public is invited. Next meeting is July 20th.

**Orange Recycling Committee** meets every 3rd Wednesday except for January, July & August, 7pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email [Orangerecycles@gmail.com](mailto:Orangerecycles@gmail.com).

**Blood Pressure Clinic presented by Gentiva & Maplewood of Orange**, 1st Thursday of every month, Maplewood of Orange (formerly Laurel Estates), 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

**The Rotary Club Of Orange meets every Friday**, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Dan McAllister at 203-799-9073 for information about the club or visit [www.orangectrotary.org](http://www.orangectrotary.org).

**Chabad of Orange ~ Woodbridge Weekly Puppet Show**, Saturday Mornings, 11:30am, 261 Derby Avenue, puppeteers will captivate your children's attention each week while learning about their Jewish Heritage, history & values; geared for children ages 3-8.

**Art in the Library**, featuring Terry Bogan and Patricia Brundage, the month of March 2011, Artists' Reception, Case Memorial Library, 176 Tyler City Road.

**Discovery Museum Guitar Exhibit**, Saturday, February 15 - May 15, 2011, 4450 Park Avenue, Bridgeport; Admission \$9.50/adults, \$8.00/students, children, \$7.00/seniors, free for children 2 and under, 10:00am-5:00pm Tuesday-Saturday, Noon-5:00pm Sundays. For more information, visit [www.discoverymuseum.org](http://www.discoverymuseum.org) or call (203) 372-3521.

**Davis Gallery Presents "Photographic Reflections"**, featuring Kenn Hopkins, Show Dates February 26 - March 15, 2011, Hours M-F 10-6 Sat 10-2, 200 Boston Post Road (inside VideoLab). For more information, call 203.795.4705.

**Amity Teen Center Free Practice SAT Test**, Saturday, March 5, 2011, 9:00am-1:15pm, 10 Selden Street, Woodbridge. For more information, call Jennifer Boilla at (203) 668-9348.

**Hooked on the Sound Crochet Guild**, Saturdays, 10am-1pm, March 5, April 2, May 7, June 4, July 9, August 6, September 10, October 1, November 5, December 3, 2011. Visit Web site at: [www.HOTSCrochetGuild.yolasite.com](http://www.HOTSCrochetGuild.yolasite.com).

**Davis Gallery Presents "Painted Pages: 15 Years of Children's Book Art."** by Linda Wingerter, Opening Reception, Saturday, March 19, 2011, 2:00-5:00pm, Show runs from March 19th - April 11th, 2011 during the hours of 10:00am-6:00pm M-F and 10:00am-6:00pm Saturdays. For more information, call 203.795.4705.

**Orange Volunteer Fire Department Auxiliary Chili Dinner**, Saturday, March 19, 2011, 5:00-8:00pm, Station 1, Orange Center Road, \$8/pp, children under 5/free w/paying adult. Tickets must be purchased in advance at Knight's Inc. or call Linda at (203) 799-2486.

**Orange & Milford Historical Societies Joint Meeting**, Tuesday, March 22, 2011, 7:00pm, Case Memorial Library, 176 Tyler City Road, Free admission, refreshments. Tony Bosse Depression Glass collection; he will do appraisals of items brought in for \$1/piece. For more information, call 203-7956465.

**Milford Knights of Columbus Presents The Tony Farina Show**, Wednesday, March 23, 2011; \$99/pp includes RT bus transportation, meal, show, taxes and gratuities; \$25/deposit needed for reservation; balance due February 1, 2011. For more information, call John Bernard at 203-77-2737.

**Orange VNA Blood Pressure Clinic**, Thursday, March 24, 2011, 1:00-2:00pm, 605A Orange Center Road, the former Library.

**Turkey Hill School Drama Club Presents The Wizard of Oz**, Friday, March 25th at 7:00 p.m. and Saturday, March 26, 2011, 12:00pm, Turkey Hill School gymnasium, Tickets \$10.00/adults and \$5.00/seniors and stu-

dents. Tickets can be purchased either at the box office before each performance or in person at Turkey Hill School beginning March 1st.

**The Galvanized Jazz Band**, will perform in an Orange Arts and Culture Council Fund raiser to be held on Saturday, March 26th, at 8:00 p.m. (doors open at 7:00 p.m.) at the Holy Infant Gym. The sponsor for this event will be the United Illuminating. There will be cabaret style seating, and patrons are encouraged to BYOB and snacks. Tickets are \$20.00 for OACC members, \$25.00 for non-members. Call 203-795-5133.

**Friends of The Library Presents "Atticus"**, a free program featuring actor Richard Clark, Wednesday, March 30th at 7:00 pm, Case Memorial Library, 176 Tyler City Road.

**27th Golden Oldies Review**, Saturday, April 2nd from 8:00 pm - 1:00 am. Michael Hoover presents "Memories of Elvis", Showtime is at 9:30 pm at "Westwoods" (Italian American Club) Chase Lane, West Haven. Music by Boppers D.J.'s also featuring Carla Gemma Caccvale. Cash Bar, Door Prizes, Raffle. Tickets ar \$25. For more information call Geri Caccavale at 203-795-5473 or Lucy Prokop at 203-468-2528.

**Orange Lions Club 49th Annual Easter Egg Hunt**, Saturday, April 16, 2011, "rain or snow date" Saturday, April 23, 2011, Easter Bunny arrives 12:30 PM, Easter Egg Hunt 1:00 PM, HPCC, 525 Orange Center Road. For more information or to make a donation, contact Lion Nick Bencivengo, Chairman at 203-901-9062.

**Orange Land Trust Annual Meeting** is featuring is The World of Owls, Wednesday, April 27, 2011, 7:00pm, at High Plains Community Center cafeteria. For more information, call Judy at (203) 799-6321.

**Huge Vendor Extravaganza For 2011**, Vendors Wanted, for the benefit of Christian Counseling and Family Life Center, Saturday, June 18, 2011 (rain date Saturday, June 25, 2011), 9am-3pm, Riverwalk - Veterans Park, Shelton, CT (high traffic area), live music, food vendors, raffles. Call Judith 203-926-0687 for details.

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# LOCAL SPORTS



## Dan Weiss Named to All-State Soccer Team

Dan Weiss, 16, of Orange has been selected by the Connecticut Soccer Coaches Association of America to the 2010 All-State team. He is a junior at Hamden Hall Country Day School and plays center midfield on the varsity soccer team. At the end of the fall season, Dan was recognized with both the team MVP and Fairchester Athletic Association All-County awards.



Dan Weiss

He also recently competed at the North American Grappling (NAGA) New England Championship and won first place in both the Gi (in which the grapplers wear uniforms and No-Gi (no uniforms) divisions in his age group. In last year's NAGA World Championship, he placed first in the Gi competition. The difference between the two categories affects the grappling style. With jackets, for instance, the grapplers can grab the cloth as a means to control their opponent.

Dan trains at the Renzo Gracie Jiu Jitsu Academy in West Haven.

## Karate Classes Offered

The Orange Parks and Recreation is offering karate classes for ages 4 - adult. The next session starts March 8, 2011 at the High Plains Community Center. Master Sansonetti also teaches in Stratford, Trumbull, Ansonia and Monroe. For more info call 203-783-9768 or visit [www.superiorkarate.net](http://www.superiorkarate.net).

## Orange Little League Registration 2011 Underway

Orange Little League has begun registration for the 2011 season. This league provides ball games for resident children of Orange in the following leagues:

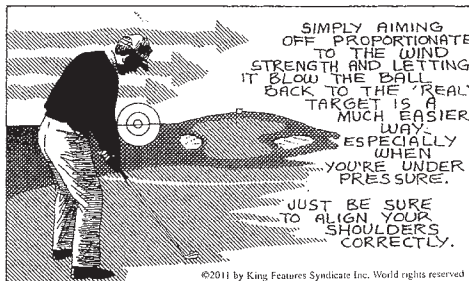
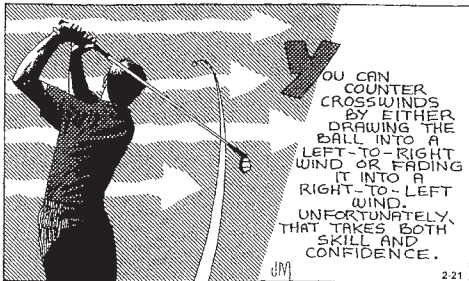
- T-ball - boys and girls ages 5-6
- Baseball - boys only ages 7-12
- Senior Baseball - boys only ages 13-16
- Softball - girls only ages 7-12
- Senior Softball - girls only ages 13-15

A player's age is determined as of 4/30/11 for ALL Baseball or 12/31/10 for ALL Softball.

Uniforms are provided for players 7 and over, shirts/hats only for T-ball. New registrants must provide a copy of their birth certificate. The league offers reduced fees for registrations received before February 20th.

To register online, go to [www.orangettleleague.com](http://www.orangettleleague.com). Registration forms are also available online or can be picked up in the Park & Recreation Office at High Plains Community Center. For further information please call Cary Peterson at 203-799-6178.

### Play Better Golf with JACK NICKLAUS



The Holy Infant Orangemen displaying their 2nd place trophies: Front row L-R- Justin Altorelli, Marc Chodos, Jack Balocca and Daniel Chodos. Back row L-R- Brendan Corris, Asst coach Jay Balocca, Mark Dellatorro, MJ Dzikowski, Michael McGurrin, Brian Curtin, Head Coach Powell Chodos and Asst coach Mike Dzikowski. Missing from photo-Patrick Winkel, Gerald Singleton and Tin Gnidula.

## Holy Infant Orangemen Come In 2nd Place

The Holy Infant Orangemen 5th/6th Grade Team got beat by St Theresa's 6th grade team in the championship game of the St Theresa Invitational basketball tournament by a score of 40-22. The Orangemen, who trailed at halftime 27-8, played a tremendous second-half, by packing in a tight 1-2-2 zone defense, forcing St Theresa to take outside shots. The Orangemen made a run outscoring the eventual champions 14-13 in the second half. Michael McGurrin led the Orangemen with 14 points. MJ Dzikowski and Marc Chodos also scored for the Orangemen. In the semi-final game, the Orangemen avenged an earlier season defeat by besting the St Theresa 5th grade team by a score of 32-19. Patrick Winkel led the Orangemen with 10 points, while McGurrin and Gerald Singleton chipped in with 6 apiece.

1. Name the two people and two teams involved in the only trade of managers in major-league history.
2. How many consecutive years did Chicago White Sox knuckleballer Wilbur Wood win at least 20 games?
3. When was the last time before the 2009 season that SMU's football team played in a bowl game?
4. In 1978-79 and 1979-80, George Gervin led the NBA in scoring, while the same player was second both times. Who was it, and what team did he play for?
5. Who is the only person to win the Jack Adams Award as NHL coach of the year three times with three different teams?
6. Name the two people to have won a men's World Cup soccer crown as a player and as a coach.
7. In how many weight divisions has boxer Manny Pacquiao won titles?



by Chris Richcreek

- Answers**
1. Joe Gordon was traded from Cleveland to Detroit for Jimmy Dykes in 1960.
  2. Four -- 1971-74.
  3. It was 1984.
  4. World B. Free of the San Diego Clippers.
  5. Pat Burns, with Montreal (1989), Toronto (1993) and Boston (1998).
  6. Brazil's Mario Zagallo and West Germany's Franz Beckenbauer.
  7. Eight.

# Attention Orange/Milford/Woodbridge Business Owners!

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## Orange Soccer Association Spring Soccer Program Registration Form



**ORANGE SOCCER ASSOCIATION**

P. O. Box 605  
Orange, Connecticut 06477

**OSA SPRING 2011 Soccer Program**  
AFTER JANUARY 15, 2011

----> **NEW REGISTER ON LINE AT [WWW.OSA-CT.COM](http://WWW.OSA-CT.COM)** <-----

**REGISTRATION DEADLINE: SATURDAY, MARCH 27<sup>ST</sup>, 2010**

**Who:** Boys and Girls, Residents of Orange, Ages 5 through 12.

**When:** **Sundays, MAY 1<sup>ST</sup> through JUNE 26<sup>TH</sup> 2011**

**Where:** Mary L Tracy School  
Fred P. Wolfe Park  
*Locations and times subject to change due to facility availability.*

**Fees:** **\$75.00** per player until APRIL 2<sup>ND</sup>, 2011  
\$10.00 Late fee on any registrations after APRIL 2<sup>ND</sup>, 2011

**Format:** **U-5 (Clinic) Divisions will remain coed**  
(U-5 = Age 5 as of JULY 30, 2011) 12:00-1:00 PM

**Girls and Boys divisions in the following age groups:**  
U-6 & 7 division (Age 6 & 7 as of JULY 30, 2011) PLAYS AFTER 1:00 PM  
U-8 & 9 division (Ages 8-9 as of JULY 30, 2011) PLAYS AFTER 1:00 PM  
U-12 division (Ages 10-12 as of JULY 30, 2011) PLAYS AFTER 12:30 PM

**How to Register:**

1. Complete the attached form and mail with a check payable to: **OSA Orange Soccer Association, PO 605, Orange, CT 06477**
2. **Walk-in registrations: Saturday, MARCH 12<sup>TH</sup>, 2011 9:00 AM - 12:00 PM MARY L TRACY SCHOOL** <----- **NEW SPOT (Foyer Area By The GYM).**
3. Walk-in registrations accepted by the Orange Park and Recreation office, High Plains Community Center during business hours through APRIL 2<sup>ND</sup>, 2011

**Registration Rules:**

1. A separate registration form must be submitted for each participant. A check or money order made out to the Orange Soccer Association, or exact cash, must accompany registration. Please do not mail cash.
2. For insurance purposes, all new registrations must submit a copy of their birth certificate to be retained by the Orange Soccer Association.
3. A parent or legal guardian must sign the registration form.

**Sponsor Information:**

If you wish to sponsor a team please complete the section labeled Sponsors at the bottom of the registration form on the reverse side of this page. If you supply camera ready artwork of your company's logo, it will be silk screened on the back of the team's shirts. If you cannot supply a logo, your company's name will be printed in block letters on the back of the shirts. Thank you for your support. Sponsor forms must be received no later than Sunday, APRIL 2<sup>ND</sup> 2011.

**Fees:** \$100.00 per team per season.  
\$200.00 per team for three (3) seasons.

**Questions:** Contact **Dario Salati**, Registrar, by email [dariosalati@optonline.net](mailto:dariosalati@optonline.net), OR [WWW.OSA-CT.COM](http://WWW.OSA-CT.COM)  
OSA Co-Presidents, Tom Pisano 877-2058, Bill Hoffman 799-1313

**REGISTRATION DEADLINE: SATURDAY APRIL 2<sup>ND</sup> 2011**



**ORANGE SOCCER ASSOCIATION**

P. O. Box 605  
Orange, Connecticut 06477

**OSA SPRING 2011 Soccer Program**  
**PLEASE PRINT CLEARLY**

**Soccer Questionnaire (Please complete):** Boys Soccer: \_\_\_\_\_ Girls Soccer: \_\_\_\_\_

Player's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Sex: \_\_\_\_\_

Grade: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_

Parents/Guardian Names: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Was Player registered in: Spring 10 \_\_\_\_\_ Fall 10 \_\_\_\_\_ Work Phone: \_\_\_\_\_

Player's Athletic Ability (Please rate: 1=Beginner, 2=Fair, 3=Average, 4=Good, 5=Excellent): \_\_\_\_\_

Player's Shirt Size (order larger size if in doubt): **CONTACT E MAIL** \_\_\_\_\_

**Youth:** MED. LG. **ADULT:** SM. MED. LG. X-LG. XX-LG.

**Parent/Guardian Authorization and Release:** I/We hereby authorize our child to participate in the 2011 OSA Spring Season, and agree to hold the OSA, its directors, officers and coaches, harmless for any liability arising there from. I/We authorize the rendering of emergency medical care under whatever conditions are necessary to preserve life, limb, or well being of my/our child.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Fee for soccer registration is \$75.00 per player before APRIL 2<sup>ND</sup>, 2011**  
Fee is \$85.00 after APRIL 2<sup>ND</sup>, 2011

**REGISTRATION DEADLINE: APRIL 2<sup>ND</sup>, 2011**

Information: Web: [www.osa-ct.com](http://www.osa-ct.com), Email: [dariosalati@optonline.net](mailto:dariosalati@optonline.net)

Please donate to the Orange Soccer Associations Field Development Fund for Orange soccer fields:  
\$10 \_\_\_\_\_ \$20 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ Other: \_\_\_\_\_

**MANDATORY COACHES MEETING MONDAY 4/10/2011 7:30 PM HIGH PLAINS COMMUNITY CENTER!**

**Coaching:** Will you volunteer as a coach \_\_\_\_\_

Name: \_\_\_\_\_ email \_\_\_\_\_

**Sponsors:** Are you interested in sponsoring a team (Y/N) \_\_\_\_\_ (WE NEED SPONSORS)

Company Name: \_\_\_\_\_ Company Logo (Y/N): \_\_\_\_\_

Address: \_\_\_\_\_ **Fees:** \$100 per team per season

City / State / Zip Code: \_\_\_\_\_ \$200 per team - 3 seasons

Phone Number: \_\_\_\_\_

**No special requests**

# Wine Talk

With Ray Spaziani

## Wine from a Box?



I have had several questions about box wines and I have had some that are very good. The biggest enemy of wine is air. If you open a bottle of wine and have a glass of red wine especially, then stick the cork in and have a glass the next night you will most likely notice the wine is not the same as you had enjoyed the night before. Some oxidation has taken place. Repeat the procedure and have a glass the next night and you will notice the wine has degenerated considerably. It is now oxidized. The color is compromised and the taste is not good and the aroma indicates there is something wrong. There are a couple of ways to go with this problem. You can drink white wine that you chill. Being in the fridge stabilizes white wine and the oxidation process is not nearly as profound. The wine retains its stability for about two weeks and is drinkable for almost a month. There are a couple of ways to solve this problem with red wines as well.

This is a Vacu Vin set. What the procedure entails is to pour a glass of wine and then insert a rubber cork into the wine bottle and then pump out the air with the pumping device in the picture. The wine is not affected by the exposure to air and no oxidation can take place. The cost is about \$30.00 for the set and it is well worth it. Additional rubber corks can be purchased if you open a couple of reds. The Vacu Vin procedure is usually good for a week or ten days and sometimes much longer. It is easy and works well. By the way, most bars do not know how to handle wines. They open reds and shove the cork in and sell a glass at a time. They always say that they run through the wine very quickly and they do not need to vac the wines. Do not believe them. I have had wines that are hopelessly oxidized that had to be there for a week or more. Ask them to open one up for you or have a beer. Most restaurants and bars have no idea how to deal with wines. They all know how to charge for wines, however.



Vacu Vin set

Another possibility is to try a red wine in a box. There is a plastic bag that houses the wine that collapses around the wine as you pour off a glass. It does not allow the air to get to the wine to become exposed to the air and prevents oxidation of the wine. Back in the middle 1960s when the collapsible bag was invented, fair to poor wines were placed into the bags. However, there are currently some very good to fine wines available in a box. One of my favorites is "Black Box" wines. The Cab and Merlot are very, very good and the other red varietals are very good as well. At \$22.00 a box for the equivalent of four 750 bottles of wine, that is a great bargain. Try some black box reds, you will be glad you did!



Black Box wine

My American Wine Society Chapter recently had a great wine dinner at a new restaurant in New Haven called The Old School Saloon and Bistro. It is located at 418 State Street. We judged two white wines. One was a New Zealand Sauvignon Blanc from the Marlborough region called Monkey Bay. Big fruit and nice finish are the characteristics of this wine. At \$14 it is a great buy. The wine we placed with it is a Chilian Savibnon Blanc that sells for \$4.99 a bottle. It is called Francesca and is a great buy. The monkey Bay scored higher, but only by one half a point! Try that Chilean Sav. Blanc!! It is the best buy ever!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

# Be Alert to Internet Scams During Tax Season

By Roberta L. Nestor

"Experience is the name everyone gives to their mistakes." — Oscar Wilde

Experience can be a good thing, but not when it comes to fraud. One mistake you don't want to make is to fall victim to an Internet scam, as it could lead to the loss of money or even your identity. Cyber crimes are a widespread threat these days, but tax season presents some specific attempts to be wary of.

## Dollars and sense

As surely as you are working hard to file your paperwork, Internet scam artists are working hard to defraud you by posing as the IRS. You should always be cautious about opening unsolicited e-mails, but it's easy to overlook a scam at a time when you are also receiving legitimate messages about your taxes.

### Common Internet Tax Scams

To help you discern the "real" e-mails from the phony, here are three common scams to watch for:

**Underreported income.** Claiming to originate with the IRS, these fraudulent e-mails allege that you have underreported income and that you can find out how much you owe by opening an attachment. But beware: doing this downloads a virus.

A virus attacks your computer and can attach itself to other programs on your system. Many e-mail viruses replicate themselves when you open the viral attachment or read the e-mail and then send themselves to your contacts, who think the message is from you. Viruses can cripple your computer; you don't want to send them along to your friends and coworkers.

**Refund.** These communications promise quick and easy tax refunds—in exchange for your personal information and for details about your financial institution. It's obvious that this type of information could allow a would-be criminal to pose as you and access your personal finances. If your social security number gets into the hands of the wrong person, that person can do serious damage to your credit, which can take years—or even a lifetime—to repair.

**Making work pay.** These messages refer to reduced payroll taxes for qualifying individuals through a provision of the 2009 government stimulus package. They ask for personal information so that the IRS can deposit money owed you into your bank account. In reality, the provision provides a tax credit for qualified individuals in the form of reduced withholding from their paycheck.

Like the Refund scam, the perpetrators here are fishing (or, rather, phishing) for your identifiable personal information to do things like open credit lines in your name and access your bank and investment accounts.

### Tips To Help You Avoid Becoming A Victim

1. The IRS never discusses official tax matters over the Internet. Forward any communication where the sender poses as the IRS via e-mail to phishing@irs.gov; then, delete the e-mail from your inbox.
2. Don't open attachments from unknown senders.
3. Research a company or website before you submit personal information.
4. Never give your social security number to an unknown source online.
5. Visit the FBI website, [www.fbi.gov/cyberinvest/escams.htm](http://www.fbi.gov/cyberinvest/escams.htm), to learn whether the type of e-mail you received is a common cyber scam. The site also offers tips for avoiding Internet scams.

Hopefully, this information will prevent you from falling prey to Internet scams during tax season and throughout the year. You can always discuss any suspicious communications you receive with a trusted financial professional or tax advisor before opening the door—or e-mail—to risk.

"This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Investors should consult a tax preparer, professional tax advisor, and/or a lawyer."

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue, in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. She can be reached at TSM Financial Services, 203-876-8066 or [roberta@tsmfinancial.com](mailto:roberta@tsmfinancial.com).

### STAN SMITH'S TENNIS CLASS

**CROSSOVER STEP**

Proper footwork on the volley is crucial. You should use a "crossover step" at the net – pivoting on the foot on the side that the ball is coming toward and stepping with your front foot.

**FOREHAND VOLLEY**

**INCORRECT** **CORRECT**

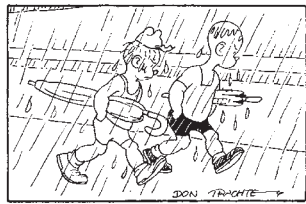
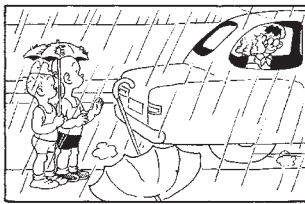
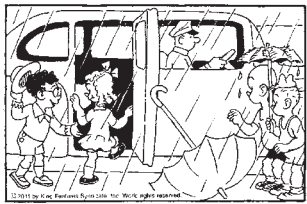
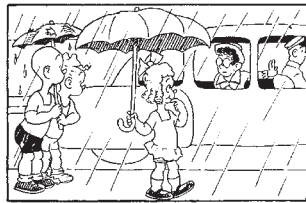
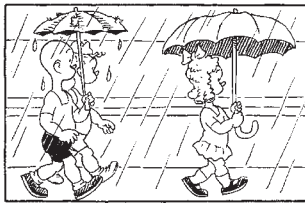
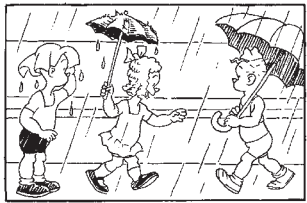
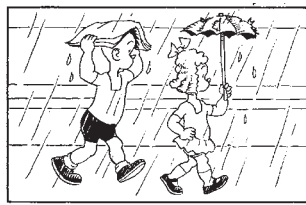
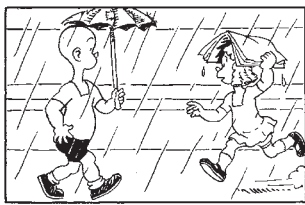
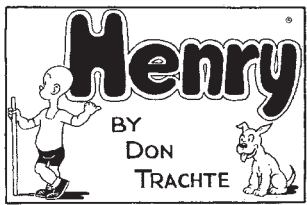
Using this crossover step allows you to cover more area at the net. This will also make you turn your shoulders for the volley.

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COMICS / CROSSWORD / HOLLYWOOD



The Spats

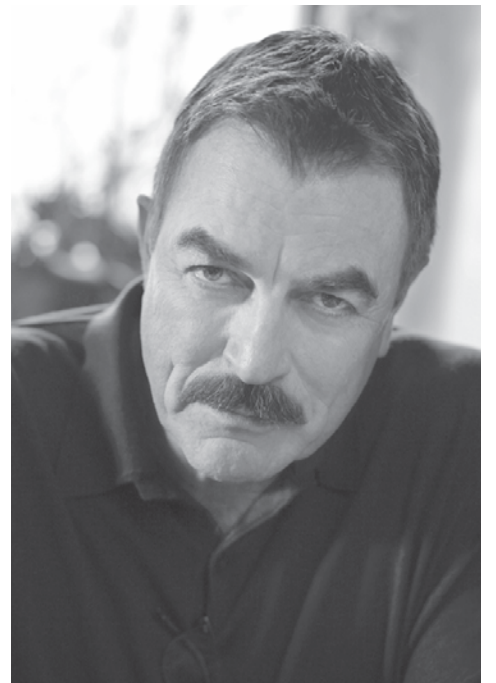
by Jeff Pickering



HOLLYWOOD

By Tony Rizzo

HOLLYWOOD -- In the 1970s, I met an actor in the contract program of 20th Century Fox. They gave him small parts with a few lines until his big break came in the movie "Coma" -- he played a corpse. Next came a contract at Universal Studios, where his six TV pilots didn't sell. Steven Spielberg wanted him to star as Indiana Jones in "Raiders of the Lost Ark." With five days left on his contract, Universal talked CBS into buying a show, starring him, without a pilot, and off he went to Hawaii to shoot the series. Then, the Screen Actor's Guild called a strike, and he sat there, unable to work on the series, doing landscaping to pay his rent. As soon as the strike was over, "Magnum P.I." became a mega hit. The actor -- if you haven't already guessed -- was Tom Selleck.



Tom Selleck

I've known Tom Selleck, I've always found him to be a regular guy who just happens to be one of the biggest stars in Hollywood. Watch his show once, and you'll be hooked.

Post-"Magnum" he became a bona fide movie star because of films like "Three Men and a Cradle." In 2005, Tom became Jesse Stone, the police officer in Robert B. Parker's series of novels. "Stone Cold" (the fourth book) was the first to air, followed by "Night Passage" (the first book), "Death in Paradise" (third book out) and "Sea Change" (fifth book). Next came "Thin Ice" and "No Remorse," original stories written by Selleck and Michael Brandman. All are available on DVD. Next up is "Innocents Lost," also written by Selleck and Brandman and filmed in Halifax, Nova Scotia. It will air on Monday, May 9. CBS is so happy that it's ordered an eighth film.

Tom passed on turning Jesse Stone into a weekly series, so CBS came up with "Blue Bloods," his new hit series. It did so well in its Wednesday-night time slot that CBS should put it there permanently. In the 40 years

When "Dancing With the Stars" returns on March 12 for its 12th season, it will be without three-time professional winner Derek Hough and his sister, two-time winner Julianne Hough. Derek will be filming "Cobu-3D" with Asian star BoA. It's a modern Romeo and Juliet story, not unlike the recent "Step Up 3D" film. Julianne was in "Burlesque" and is starring in the new "Footloose," due out in October. She's currently dating "American Idol's" Ryan Seacrest. Mentioned for Season 12 are "Barnaby Jones" beauty Lee Meriwether, Charlie Sheen's ex, Brooke Mueller, and "Falcon Crest"/"Renegade" star Lorenzo Lamas. They should change the name of the show to "Dancing With Celebrities," because it rarely gets big-name stars!

Send letters to Tony Rizzo's Hollywood, 8306 Wilshire Blvd., No. 362, Beverly Hills, CA 90211.

King Crossword

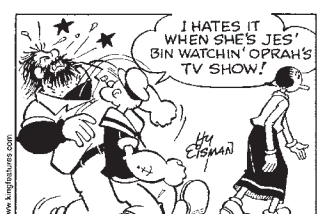
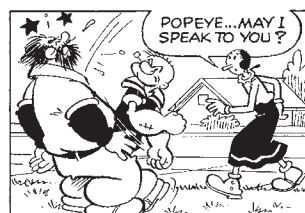
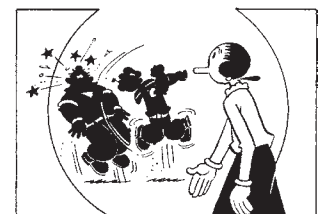
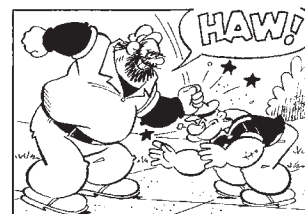
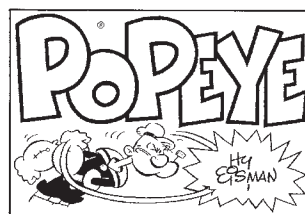
ACROSS

- 1 Eastern potentate
- 5 Knock
- 8 Wash
- 12 Bollywood costume
- 13 Id counterpart
- 14 Alkali neutralizer
- 15 Raindrop sound
- 16 Unsolved mystery, maybe
- 18 Martial arts instructor
- 20 Not so quietly
- 21 Aleutian island
- 23 Away from WSW
- 24 "Price Is Right" jackpot
- 28 Bullets, for short
- 31 Cushion
- 32 Coasters
- 34 Author Fleming
- 35 Came to land
- 37 Piece of luggage
- 39 Rowing tool
- 41 "Nerts!"
- 42 Pieces of work
- 45 Salary

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- 49 Potential precedent
- 51 Swear
- 52 Capri or Wight
- 53 Scratch
- 54 Take out of context?
- 55 High-protein beans
- 56 Sullivan and McMahon
- 57 Picnic invaders
- 3 Press
- 4 Coarse cutting tool
- 5 One-person concerts
- 6 Past
- 7 Survey
- 8 Gap
- 9 Students' life
- 10 Workbench attachment
- 11 Linda of Broadway
- 17 Female deer (Abbr.)
- 19 Extras
- 22 Exhaust
- 24 Resort
- 25 Actor Linden
- 26 With malice
- 27 Enlighteners
- 29 More (Sp.)
- 30 Individual
- 33 Dazzle
- 36 Flavors
- 38 Locust
- 40 Fun and games
- 42 Elevator man
- 43 Mexican money
- 44 Unchanged
- 46 Microwave, e.g.
- 47 Lose
- 48 Rams fans?
- 50 Despondent

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# Death Notices



## Roy Eugene Cant

Roy Eugene Cant of Orange, beloved husband of the late Cynthia Louise Cant passed away peacefully in his home Tuesday, February 8, 2011.

Born August 15, 1933 in Zion, Il, the son of the late Roy L. and Ethel Cant, he grew up on a farm in Solon, Iowa and graduated from Coe College in Cedar Rapids where he was a member of the Phi Kappa Tau Fraternity. Roy was awarded the Outstanding Performance Award for Trumpet solo by the Iowa High School Music Association. He played other instruments including the French Horn and was a member of the Harold and The Hawk Eyes and also sang to the delight of all. He attended Boy's State and was in the marching band in the Honor Guard at the Inauguration of Dwight D. Eisenhower. He also played Eco Trumpet Taps for many of the fallen Military. Roy served in the U.S. Army as a member of the Military Police. He worked in sales and marketing for McKesson & Robbins, Bristol Myers, and E.R. Squibb in the Mid-West and New York. He opened Class Printing in Fairfield in 1973 and was currently still running the business. As President of the Fairfield Chamber of Commerce, he established the Visual Improvement Program and worked on increasing the Chamber's activities and helped build membership. He was awarded the Harold Harris Award for his contributions to Town and the Chamber. An active member of the Fairfield Rotary Club, he was Past President and chaired the Rotary Foundation Golf Tournament for twenty five years. He chaired the Fairfield Host Families Program for the Special Olympics World Games and served with Tom Christie on the "Gift of Life" Program that helps children survive death threatening illnesses. Roy received the Paul Harris Award from Rotary, the Norman Parsells Memorial Club Fellowship Award and the Bridgeport Dental Association Outstanding Citizen Award. Roy helped establish Clasp Homes where he served as Vice President. He also served on the Board of Family Services Woodfield. A member of Racebrook Country Club, he made a hole-in-one on the ninth hole. An amateur pilot, he both owned and operated an airplane for several years. Roy was a current member of the Orange Sewer Commission.



Roy Eugene Cant

Survivors include daughter, Kyle (Brian) Buckley and grandchildren Meaghan and Timothy of Loveland, CO, son, Michael Cant of Guilford; daughter, Susan (Stephen) Lackey and grandson Jason of Norwalk; daughter, Beth (Francis) Devenny and granddaughters, Kimberly and Sarah of Easton, MD; and son, Christopher (Terri) Rieke and grandchildren Lindsey, Kaitlyn and Ryan of Aiken, SC; a sister, Doralee and her husband Joseph Crews and their children, Richard T. Crews, Constance Weller and her husband Samuel, Cynthia Smith; and Jeffery A. Crews and his wife Gloria; and several great nieces and great nephews. He was predeceased by a brother, Donald Cant and a grandson, Brian Buckley, Jr.

A service to celebrate Roy's life was held on February 21, 2011 at the First Church Congregational in Fairfield, CT, immediately followed by a reception at the Gaelic American Club. In lieu of flowers, memorial contributions may be made to Fairfield Rotary Foundation, in care of Walter Leask, P.O. Box 411, Fairfield, CT 06824.

## Robert Strona

Robert Strona, age 59, resident of Orange and beloved husband to Catherine Lawlor Strona passed away on Monday, February 7, 2011 at home. Born on February 8, 1951 in New Haven, he was the son of Helen Decko Strona and the late Dominic Strona. Bob was a mechanic for the former Textron Lycoming. He graduated from Amity Regional High School and the University of New Haven with a degree in Criminal Justice.



Robert Strona

In addition to his wife Catherine and mother Helen, he is survived by his most cherished daughter Caitlyn, his sister Doreen Mantilia of Clinton and many loving nieces and nephews. He also leaves a great niece and two great nephews.

A Prayer Service was held at the Cody-White Funeral Home followed by a Mass of Christian Burial, held at Holy Infant Church. Interment followed at Orange Center Cemetery. In lieu of flowers, memorial contributions may be made to the New Alliance Bank, 34 Old Tavern Rd, Orange, CT 06477 in loving memory of Robert Strona for the benefit of Caitlyn Strona.

## Anna Marie Chiamonte

Anna Marie Chiamonte, 65, of Orange passed away at home with her family at her side on February 19, 2011. Wife of Lawrence Chiamonte MD. Beloved mother of Christina Chiamonte of Orange, Lawrence (Melissa) Chiamonte Jr. of Greenwich and Gregory Chiamonte of NY, cherished grandmother of Cecelia and James McIntosh, and sister of Michael Giuliano of Bethany, Pat Giuliano of Hamden, John Giuliano of Branford, Robert Giuliano of Woodbridge, Gloria Hannigan of PA, Lynda Richetelli and Kathy Cimino both of Orange. With her husband by her side, Anna Marie worked as a nurse for Urban Health Plan for many years. She fought courageously for 5 years, beating cancer once, prior to her remission. Interment was private. For online condolences, please visit [www.westhavenfuneral.com](http://www.westhavenfuneral.com).



Anna Marie Chiamonte

## Town of Orange Meetings for the Month of March, 2011

1st	Economic Development Commission.....	5:30 pm	Town Hall
	Town Plan & Zoning Commission.....	7:30 pm	Town Hall
2nd	Board of Finance (special meeting).....	7:30 pm	Town Hall
3rd	OGAT.....	7:30 pm	Town Hall
7th	Country Fair Committe	7:30 pm	HPCC
	Zoning Board of Appeals.....	7:30 pm	Town Hall
8th	Inland Wetlands Commission.....	7:30 pm	Town Hall
9th	OVNA Governing Board.....	8:30 am	Clark Bldg
	Board of Selectmen.....	7:30 pm	Town Hall
10th	Community Services Commission.....	7:30 pm	HPCC
	District Animal Control.....	7:30 pm	Woodbridge
14th	Tree Committee.....	10:00 am	Town Hall
	Traffic Authority.....	4:30 pm	Police Dept
	Board of Police Commissioners.....	4:30 pm	Police Dept
	Amity Board of Education.....	6:30 pm	Woodbridge
	Conservation Commission.....	7:00 pm	Case Memorial Library
	Orange Board of Education.....	7:30 pm	Turkey Hill School
15th	GATA.....	7:00 pm	Town Hall
	Town Plan & Zoning Commission.....	7:30 pm	Town Hall
16th	CERT.....	7:00 pm	HPCC
17th	Case Memorial Library Commission.....	7:30 pm	Case Memorial Library
	WPCA.....	7:30 pm	Case Memorial Library
21st	Family Counseling.....	9:00 am	HPCC
	Board of Finance.....	7:30 pm	Town Hall
	Board of Health.....	7:30 pm	Case Memorial Library
23rd	Safety Commission.....	9:00 am	Town Hall
	Park & Recreation Commission.....	7:30 pm	Town Hall
25th	Emergency Management Advisory Council....	8:00 am	Police Station
28th	Youth Services Committee.....	7:30 pm	HPCC

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## Orange Town News

### Death Notices

The Orange Town News will publish death notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: [edit@orangetownnews.com](mailto:edit@orangetownnews.com)

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- 322 HOLLOW ROAD**  
Stephen B. Bednarz to Lipang Lee .....\$505,000
- 94 SUNSET DRIVE**  
Frank J. Dispazio EST to Thomas J. Daulizio .....\$287,000
- 377 HILLTOP ROAD**  
Eugene B. Wirkus TR to Amy Storz .....\$458,000
- 101 SUNRISE HILL CIRCLE**  
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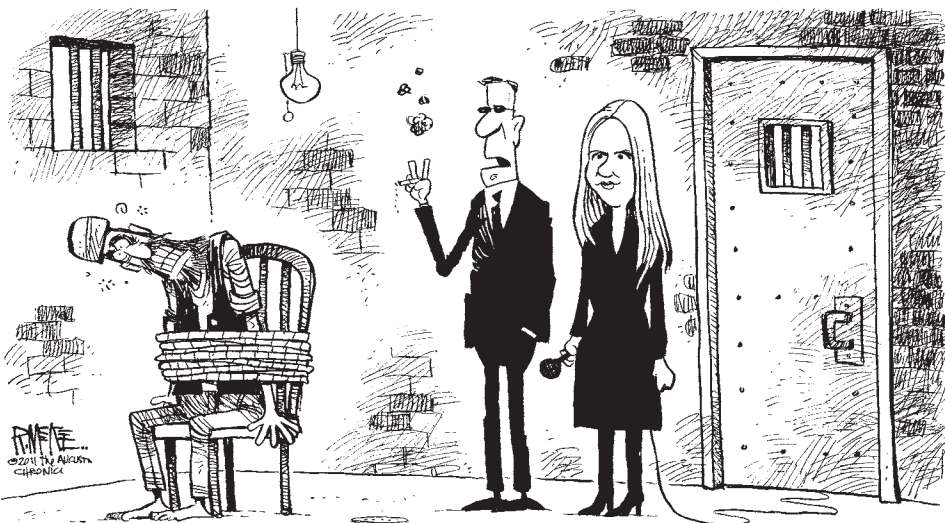
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Orange Town News

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— **King Crossword** —  
Answers

Solution time: 21 mins.

A	M	I	R	R	A	P	L	A	V	E
S	A	R	I	E	G	O	A	C	I	D
P	L	O	P	C	O	L	D	C	A	S
S	E	N	S	E	I	L	O	U	D	E
			A	T	T	U	E	N	E	
S	H	O	W	C	A	S	E	A	M	M
P	A	D	S	L	E	D	S	I	A	N
A	L	I	T	S	U	I	T	C	A	S
		O	A	R	P	F	U	I		
O	P	U	S	E	S	I	N	C	O	M
T	E	S	T	C	A	S	E	A	V	O
I	S	L	E	M	A	R	D	E	L	E
S	O	Y	S	E	D	S	A	N	T	S

— **Weekly SUDOKU** —  
Answer

7	3	9	5	4	1	2	8	6
2	4	8	7	3	6	5	9	1
6	5	1	2	9	8	7	3	4
9	2	3	8	7	4	1	6	5
1	8	4	6	5	9	3	2	7
5	6	7	3	1	2	8	4	9
8	1	2	9	6	5	4	7	3
3	9	5	4	2	7	6	1	8
4	7	6	1	8	3	9	5	2

Orange Town News

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# ENTERTAINMENT



- 1. Just Go With It (PG-13)**  
Adam Sandler, Jennifer Aniston
- 2. Justin Bieber: Never Say Never (G)**  
Justin Bieber, Usher
- 3. Gnomeo & Juliet (G)**  
animated
- 4. The Eagle (PG-13)**  
Channing Tatum, Jamie Bell
- 5. The Roommate (PG-13)**  
Leighton Mester, Minka Kelly
- 6. The King's Speech (R)**  
Colin Firth, Helena Bonham Carter
- 7. No Strings Attached (R)**  
Natalie Portman, Ashton Kutcher
- 8. Sanctum (R)**  
Alice Parkinson, Richard Roxburgh
- 9. True Grit (PG-13)**  
Jeff Bridges, Hailee Steinfeld
- 10. The Green Hornet (PG-13)**  
Seth Rogen, Jay Chou



- 1. Red (PG-13)**  
Bruce Willis
- 2. Secretariat (PG)**  
Diane Lane
- 3. The Social Network (PG-13)**  
Jesse Eisenberg
- 4. Takers (PG-13)**  
Chris Brown
- 5. Let Me In (R)**  
Kodi-Smit McPhee
- 6. Conviction (R)**  
Hilary Swank
- 7. Dinner for Schmucks (PG-13)**  
Steve Carrell
- 8. The Town (R)**  
Ben Affleck
- 9. Inception (PG-13)**  
Leonardo Di Caprio
- 10. Open Season 3 (PG-13)**  
(animated)



### Top 10 Pop Singles

- 1. Wiz Khalifa**  
"Black and Yellow"
- 2. Bruno Mars**  
"Grenade"
- 3. Katy Perry**  
"Firework"
- 4. Pink**  
"Perfect"
- 5. Dr. Dre feat. Eminem & Skylar Grey**  
"I Need a Doctor"
- 6. Enrique Iglesias feat. Ludacris & DJ Frank E**  
"Tonight (I'm Lovin' You)"
- 7. FarEast Movement feat. Ryan Tedder**  
"Rocketeer"
- 8. Rihanna feat. Drake**  
"What's My Name?"
- 9. Pitbull feat. T-Pain**  
"Hey Baby (Drop It to The Floor)"
- 10. Britney Spears**  
"Hold It Against Me"



Chris Young

### Top 10 Country Singles

- 1. Chris Young**  
"Voices"
- 2. Kenny Chesney**  
"Somewhere With You"
- 3. Luke Bryan**  
"Someone Else Calling You Baby"
- 4. Blake Shelton**  
"Who Are You When I'm Not Looking"
- 5. Keith Urban**  
"Put You In a Song"
- 6. Brad Paisley**  
"This Is Country Music"
- 7. Taylor Swift**  
"Back To December"
- 8. Jason Aldean with Kelly Clarkson**  
"Don't You Wanna Stay"
- 9. Billy Currington**  
"Let Me Down Easy"
- 10. Tim McGraw**  
"Felt Good On My Lips"



Excalibur

**EDITOR'S NOTE:** New DVDs reviewed in this column will be available in stores the week of March 8, 2011.

## PICKS OF THE WEEK

**"The Walking Dead: Season 1" (Unrated)** -- Written, produced and directed by Frank Darabont ("The Shawshank Redemption") and based on the popular series of graphic novels by Robert Kirkman, AMC's "The Walking Dead" is a solid, edge-of-your-seat adult drama -- even for people like me who aren't particularly big fans of the zombie genre.

Season 1, although only six episodes long, does a great job intro-

ducing the major characters and the premise of the series. Police officer Rick Grimes (Andrew Lincoln) is wounded in a shoot-out and falls into a coma. When he eventually awakens in a hospital, he soon discovers that the world is ending. Somehow the dead now walk the earth.

Grimes makes his way back to his home outside of Atlanta, where he finds his wife, son, police partner and a few survivors. Together, they must avoid -- or battle -- zombies as they search for a safe haven to make a new home.

"The Walking Dead," although unrated, is definitely for mature audiences only. It contains strong language and graphic depictions of violence and sexuality.

**"Jackass 3" (R/Unrated)** -- Johnny Knoxville, Steve-O and Bam Margera are back with another film chock full o' Pain & Stupid. If you're looking for a movie that has stunts involving stun guns or cram-packed porta-potties, "Jackass 3" is right up your alley. (And I think we all know how uncomfortable that can be.) The film is available in 3D DVD, Blu-ray, DVD and theatrical and unrated versions.

**"Excalibur" [Blu-ray] (R)** -- John ("Deliverance") Boorman's 1981 epic telling of the story of King Arthur is the best Arthurian Romance movie ever made. From the drawing from the stone of Excalibur, to Arthur's meeting and subsequent marriage to Guenevere, to the formation of the Round Table and Arthur's tragic death at the hands of his son Mordred, "Excalibur" is a sweeping and spellbinding film, featuring bravura performances by Nigel Terry, Helen Mirren, Nicol Williamson, Liam Neeson, Gabriel Byrne and Patrick Stewart.

1. Name the three bands that Randy Bachman has been associated with.
2. Which rock group is known for the following songs: "30 Days in the Hole," "Natural Born Bugie" and "I Don't Need No Doctor"?
3. "The Heat Is On" was featured in which 1984 film?
4. Name the group that released "This Old Heart of Mine"? Bonus: What well-known singer covered the song a decade later?
5. Name the one hit by Crazy Elephant.
6. Is Percy Sledge the brother of Sister Sledge?



Answers: 1. The Guess Who, Bachman-Turner Overdrive and Ironhorse. 2. Humble Pie. The group formed in 1968. 3. "Beverly Hills Cop." The song only hit No. 12 on the pop charts but became the theme song for the NBA's Miami Heat in 1988. 4. The Isley Brothers, in 1966. The song went to No. 6 on the R&B charts. Rod Stewart covered the song in 1976, with less success. 5. "Gimme Gimme Good Lovin'." in 1969, reached No. 12 on the charts. Other songs didn't make it into the Top 100. 6. Nope. Percy was born in 1941 in Alabama. Sister Sledge is a four-sister group born in Philadelphia from 1954 to 1961. They formed the group in 1972.

Sudoku answers on page 36

## Weekly SUDOKU

by Linda Thistle

		9			1	2		
	4		7					1
6				9			3	
		3		7		1		
	8				9			7
5			3				4	
		2		6		4		
3					7			8
	7		1					5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

# Midnight Rambler



**DEAR PAW'S CORNER:** I have an 8-year-old Schnauzer, "Fixer," who has recently started getting into things during the night, after I'm in bed. He has torn open bags, taken things from my purse and gotten into my grandkids' arts and crafts box. Now I have to be careful not to leave anything around. We have not changed the way we are doing things. Could this be his age? -- Phyllis H., Rochester, N.Y.

**DEAR PHYLLIS:** I'd be remiss if I didn't recommend you take him to the veterinarian first thing, just to make sure there is no underlying health issue causing his sudden behavioral change.

If everything checks out, tackle the problem from two angles. First, even though you haven't changed his daily schedule, something subtle may have changed in the house or yard. Pay attention to nighttime happenings. Is there some new noise outside? Did something happen while you were asleep, perhaps, that may have caused Fixer to become anxious?

Next, make some changes in his day and night routine that will help him feel more secure when you're asleep. Extend his evening walk a bit and add some basic obedience training and play time to the evening schedule. When it's your bedtime, lead Fixer over to his bedding and have him lie down and stay. Check back in five minutes, then in 30; if he's still in his bed, praise him and give him a little treat. If he's not in his bed, lead him back and repeat. Place a favorite chew toy next to him.

At first, Fixer will hop right back out once he thinks you're asleep and proceed with his nightly rummaging. Be patient. It will take some time for him to associate this routine with the idea that you want him to stay there at night. Meantime, keep placing people things out of reach. Put doggie toys in their place.

Get more pet advice and information at [www.pawscorner.com](http://www.pawscorner.com). Send your questions or tips to [ask@pawscorner.com](mailto:ask@pawscorner.com), or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.



# What's Happening at The Goddard School

Have you ever imagined what it would be like to travel over the rainbow? During the month of March children will learn how imagination and creativity shape our world. The children will be exploring various authors and illustrators, will be reciting nursery rhymes and will be reading various fairy tales. Building, music and dramatic play evoke imagination and creativity, so you will be sure to see a flurry of activity in all of those areas. There is no telling where this month will take us as the children use their imaginations!

We are gearing up for summer here at The Goddard School. This year we are taking a trip around the world through our imaginations during our Passports Around the World summer program! We have visitors planned from Science Snoopers, Safari Rides, Critter Caravan, Kindermusik, My Gym and more! Grab your passport and get ready for a fabulous adventure. If your child is at Goddard this summer then they are in the right place!

During the week of April 11th-15th, we will be celebrating The Week of the Young Child. The goal of this week is to create an opportunity for educators, programs and parents to promote awareness of the needs of young children throughout the community. In order to accomplish this goal we will be offering a week-long event called "Take 5 with your Child," and "A Day in the Life of a Preschooler." These activities are designed to create an additional opportunity for each parent/caregiver to spend a few extra moments with their child or to walk in their shoes for a morning and become involved in the typical daily activities. We hope that these activities will give parents a sense of what is accomplished at Goddard on a daily basis as well as give them an opportunity to spend some quality time with their child. For more information on The Week of the Young Child, you can visit the NAEYC (National Association for the Education of Young Children) website or phone our office for details (203-795-5575).

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**When:** March 13, 2011

**Time:** Bus leaves at 8:45am and will arrive at the casino at 10:00am  
Bus leaves casino at 3pm and will arrive in Milford at 4:15pm

**Where:** Milford, Exit 40 Park & Ride at Old Gate Lane

**RSVP: Diane Thomas**  
**Phone:** (203) 497-3866  
**Email:** [dthomas@constellationhs.com](mailto:dthomas@constellationhs.com)

# Salome's Stars

**ARIES (March 21 to April 19)** You might feel more encouraged about changes in your personal and/or professional life. However, it might be best not to rush things but rather work with them as they evolve.

**TAURUS (April 20 to May 20)** The Bovine's business sense is especially keen this week. But remember that it's always best to investigate before investing. Make sure there are no hidden factors that can rise up later on.

**GEMINI (May 21 to June 20)** Working on a family project could create tension between and among those concerned. Your good sense and your patience can help reduce bad attitudes and raise positive feelings.

**CANCER (June 21 to July 22)** You should be seeing more progress in the development of your plans and more supporters joining in. News from the past could help change someone's long-held position.

**LEO (July 23 to August 22)** With personal aspects strong this week, Leos and Leonas might want to spend more time with family and others who are especially close to them. Also expect news of a possible career change.

**VIRGO (August 23 to September 22)** Taking a strong stand can be helpful this week. But be careful you don't cross the line into obstinacy. Best to

take a position on facts as they are, not as you want them to be.

**LIBRA (September 23 to October 22)** You have a strong sense of the needs of others. This week, turn some of that sensitivity into an honest self-appraisal, and let it find places where you can help yourself.

**SCORPIO (October 23 to November 21)** Creating an emotional comfort zone to handle a personal problem helps at first. But by midweek, you'll realize you need to deal with it directly or it could linger for too long.

**SAGITTARIUS (November 22 to December 21)** Turning the page on a mistake to start fresh might not be the thing to do. Better to go over each step that led up to the decision you made and see which one misled you.

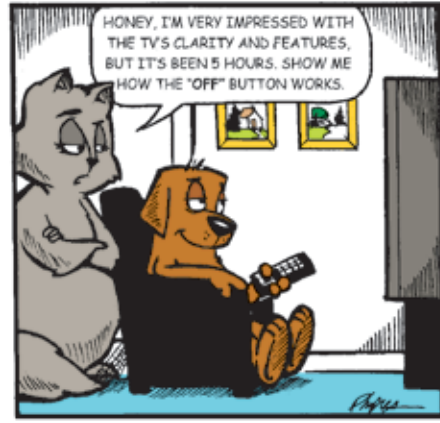
**CAPRICORN (December 22 to January 19)** Goats enjoy a varied diet, but eating crow isn't on the menu -- at least not this week. An embarrassing situation might have gone wrong before you got into it. Check it out.

**AQUARIUS (January 20 to February 18)** Your sense of honesty might impel you to speak up about a situation you disapprove of. That's fine. But do so without sounding accusatory. You might not know all the facts behind it.

**PISCES (February 19 to March 20)** Being asked to create a reassuring attitude in the middle of chaos isn't easy, but you can do it. Support for your efforts comes slowly, but it does come. Enjoy an arts-filled weekend.

**BORN THIS WEEK:** Your honesty about people and issues is expressed in a positive, not painful, way.

Just Like Cats & Dogs by Dave T. Phipps



MISTER BREGER By Dave Breger



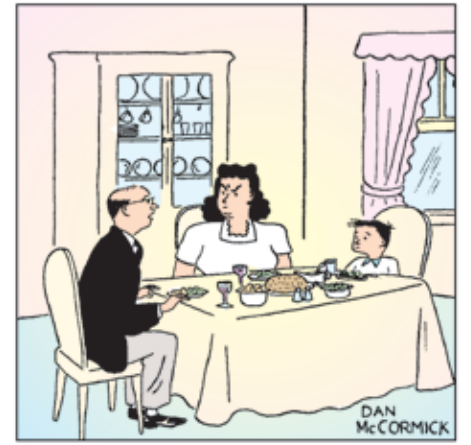
## Birdling BITS

BY Cindy Brook

**Keep It Local**  
Buying birdseed doesn't have to be an adventure. Many local grocery and hardware stores keep plenty on hand. A basic seed mix works because it has a little bit of everything, and black oil sunflower seed is good too, because most birds love it.

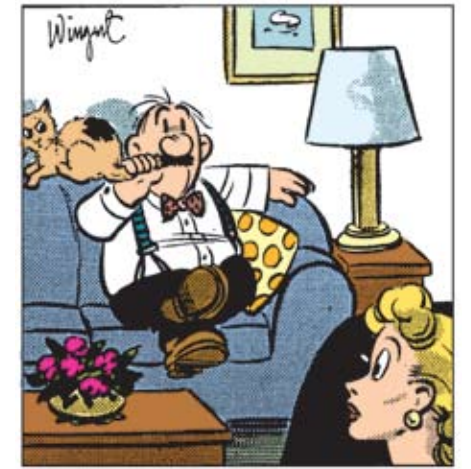
E-mail: [birdlingbits@cfl.rr.com](mailto:birdlingbits@cfl.rr.com)  
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LAFF - A - DAY



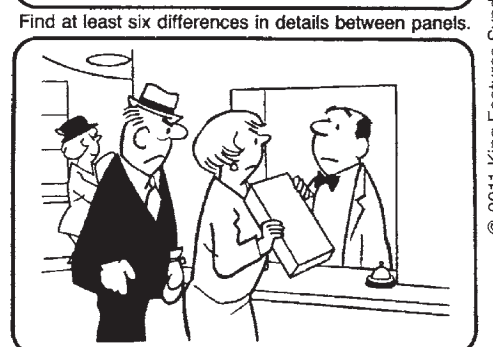
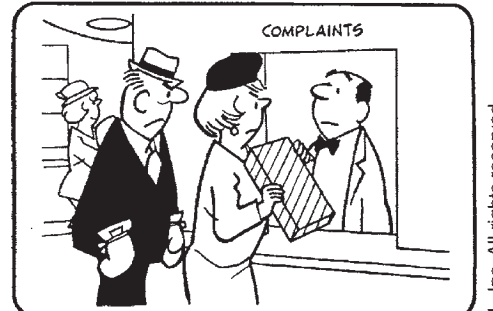
"Eat your spinach, Junior! Don't you want to grow up big and strong like your mommy?"

HUBERT - - By Dick Wingert



"How would I look with a moustache?"

HOCUS-FOCUS BY HENRY BOLTIHOFF



Find at least six differences in details between panels.  
Differences: 1. "Complaints" sign is missing. 2. Woman has no hat. 3. Bell is on counter. 4. Box has no stripes. 5. One boxing glove is missing. 6. Shopper's hat is black.

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## top ten

### Air-purifying houseplants

1. Areca palm
2. Lady palm
3. Bamboo palm
4. Rubber plant
5. Dracaena "Janet Craig"
6. English ivy
7. Dwarf date palm
8. Ficus Alii
9. Boston fern
10. Peace lily

Source: NASA

## top ten

### HEALTHIEST FAST-FOOD CHAINS

1. Panera Bread
2. Jason's Deli
3. Au Bon Pain
4. Noodles and Company
5. Corner Bakery Cafe
6. Chipotle
7. Atlanta Bread
8. McDonald's
9. Einstein Bros. Bagels
10. Taco Del Mar

Source: [www.Health.com](http://www.Health.com)

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<b>Ecco Domani Pinot Grigio</b> (750ml) <b>\$9<sup>99</sup></b> 	<b>Cupcake Wines</b> (750ml) <b>\$9<sup>99</sup></b> 	<b>Linderman's Wines</b> (1.5 L) <b>\$9<sup>99</sup></b> 	<b>Barefoot Wines</b> (1.5 L) <b>\$10<sup>99</sup></b> 	<b>Bailey's Irish Cream</b> (750ml) <b>\$22<sup>99</sup></b> 	<b>Emmets Irish Cream</b> (1.75 L) <b>\$24<sup>99</sup></b> 
<b>Zaccagnini Montepulciano</b> (750ml) <b>\$14<sup>99</sup></b> 	<b>Duckhorn Decoy Cab or Merlot</b> (750ml) <b>\$19<sup>99</sup></b> 	<b>Mirassou Wines</b> (750ml) <b>\$8<sup>99</sup></b> 	<b>Pepperwood Wines</b> (750ml) <b>\$6<sup>99</sup></b> 	<b>Woodbridge Wines</b> (1.5 L) <b>\$12<sup>99</sup></b> 	<b>CK Mondavi Wines</b> (1.5 L) <b>\$9<sup>99</sup></b> 
<b>Guinness Stout &amp; Draught 12 Pack</b> (Bottles) <b>\$14<sup>99</sup></b> 	<b>Harp 12 Pack</b> (Bottles) <b>\$14<sup>99</sup></b> 	<b>Smithwick's 12 Pack</b> (Bottles) <b>\$14<sup>99</sup></b> 	<b>Guinness 8 Pack</b> (Cans) <b>\$13<sup>99</sup></b> 	<b>Heineken 12 Pack</b> (Bottles) <b>\$14<sup>99</sup></b> 	