# Crange Town Newspaper PASSOVER! Orange's Exclusive Newspaper Mailed Free To Every Home & Business in Orange

**VOL. 13 – ISSUE 4** 

CIRCULATION 6025

FRIDAY, MARCH 30, 2018



### Amity Schools Seeks 1.2% Budget Increase

Considers Funding for Capital Projects

By Melissa Nicefaro

Orange Town News Correspondent

The Amity Board of Education plans to ask taxpayers to support a budget for the upcoming school year during a town budget hearing April 26 at 7:30 p.m. at High Plains. The initial plan carried a 1.87% increase, which lowered to a 1.21% increase based on a savings in medical claims.

"To know that the number for Amity is going to be low this year is a good feeling for me," said Orange Board of Finance member James Leahy. The five-year average budget increase is 2.2%.

"Nine and one-half percent of the Amity budget is debt service, 65 and a half percent is salaries and benefits. That is not uncharacteristic, that would be the same in most school budgets," Superintendent of Schools Chip Dumais said.

Just under 10% of the budget goes to special education and the remaining 15.4% is designated 'other.' "We're seeing a \$500,000 increase in salaries in the budget, but a decrease in benefits of over \$300,000 due to our great claim performance," Dumais said. If

See "Budget" On Page 3



Amity Regional Middle School - Orange Campus Second Marking Period Honor Roll - Page 32



### Featured: The British Invasion Years

Upcoming for the Orange Independence Day Concert & Fireworks Spectacular

The Town of Orange may be small in population, but it gained the reputation for bringing in top flight bands and one of the best fireworks displays in the New Haven County.

For this year's Independence Day Concert, the Orange Town News, who is once again producing the event, is presenting "The British Invasion Years" to perform prior to the town's Annual Independence Day Fireworks Spectacular.

More than just The Beatles, The British Invasion Years is three shows in one!

First, you will hear classic songs by iconic sixties British Groups. British Invasion music was instantly embraced because it was so eclectic...the bad boy soul of the Rolling Stones, the defi-

ant anthems of The Who, the raw and powerful guitar sounds of The Kinks, the flower power grooves of The Zombies, and the uplifting pop of Herman's Hermits

The American Musical response follows, with memorable hits by celebrated artists like The Beach Boys, The Monkees, The Doors and Steppenwolf.

The sixties era retrospective concludes with an extraordinary note-fornote finale of The Beatles Abby Road album.

To preview the band go to www. britishinvasionyears.com.

The Independence Day Concert will take place on Sunday, July 1st (rain date Monday, July 2nd) at the Orange

See "Fireworks" On Page 2







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#### "Fireworks" From Page 1

Fairgrounds, 525 Orange Center Road, Orange.

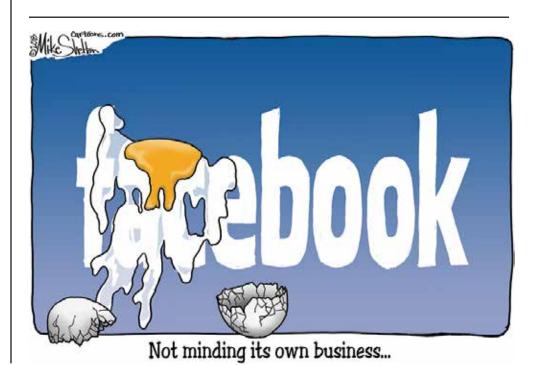
The festivities will begin promptly at 6:30 pm with welcoming comments from Orange First Selectman Jim Zeoli. The concert will be followed promptly at 9:30 pm by the Independence Day Fireworks Spectacular with Patriotic Music.

Orange Town News publisher and event producer Rocky Salperto said, "We are looking forward to another premiere event for area residents to enjoy. We are excited about producing this show for the seventh consecutive year. We hope everyone continues to enjoy this great community event.

Many thanks go out to our sponsors, our first selectman and town officials for their continued support."

The event is made possible through area sponsors including major sponsors: Cohen & Wolf, P.C.; Yale University, The Orange Foundation's Olga Fund, the Orange Town News & the Town of Orange.

Popular Food Trucks have been lined up and novelty items will also be available for purchase at the fairgrounds beginning at 6:00 pm. WPLR Radio will also be on location. Come early and get a good seat. Admission is free. There will be a suggested parking donation of \$5 that will benefit the Orange Little League. (See Sponsor Application on inside back page of this issue.)







#### "Budget" From Page 1

approved, the budget adds .2 strings teacher and 1 para-educator.

"We get a lot of questions – if student enrollment has gone down, why hasn't staffing gone down over the last five years? Certified staff and classified staff do not cost the same amount. We have seen an increase of 1.6% in special ed staff and a decrease of 4.2% certified staff for a net 2.6% decrease in certified staff. Classified staff has gone up, which is mainly para-educators, and that is based on the needs of students," Dumais said.

The budget includes a new 1:1 technology initiative with a \$135,000 initial cost that will be offset by an \$80,000 in savings for not replacing desktop computers.

John Belfonti, Board of Education member and chairman of the Amity Finance Committee addressed the Orange Board of Finance, first supporting the budget, saying, "It's a strong budget, very well thought out. We feel the number is reasonable." He then asked for support to appropriate that 1% of the budget to be set aside for capital improvements.

While drafting and discussing the budget, the Board of Education is considering holding a Special District Meeting to appropriate 1% or \$484,391 of the 2017-2018 operating budget to the Capital and Nonrecurring fund for future capital items. One percent is the maximum amount allowed by State statute.

"If you have a surplus, which we've been fortunate enough to have, some of that money – up to one percent of the budget – can be put aside. That can be used instead of bonding or other means of financing projects," he said. "We are looking at a fairly large surplus for the current year and we are looking at using some of that money to set aside for capital projects. The capital projects we're talking about is what we are looking to bond in a year and a half to two years from now. The purpose is to look towards not using as much principal in the bond that we're going to be putting out and using that money toward the bond."

"We're not looking at every year in a silo, we're looking at a long-term, long-range plan. There are a lot of projects that need to be done. We've had success with bonds going forward in years past and we're looking forward to that again and this is a way that can defray the total cost of the bond," Belfonti said.

It's important to look ahead and anticipate, said Dumais. "One of the things that we have done well over the past four or five years is paying attention to planning for the future with five-year plans for facilities and technology and even textbooks. I think this is a mechanism where capital projects so often get cut from operating budgets and schools are not left with any other way to complete projects," he explained.

Amity Board of Education member Thomas Hurley, from Orange, also supports setting capital funds aside. "It is imperative that we don't let our schools get in the shape that they were in before we spent \$70 million rebuilding them. Having the money in place for when we need it, and without paying bond interest and bond fees is sound financial planning. Just because you may disagree with something that is on that list should not change the fundamental fact that this is good planning," he said.

How the money is spent would be subject to Amity facilities committee, then the finance committee and Board of Education consideration and approval.

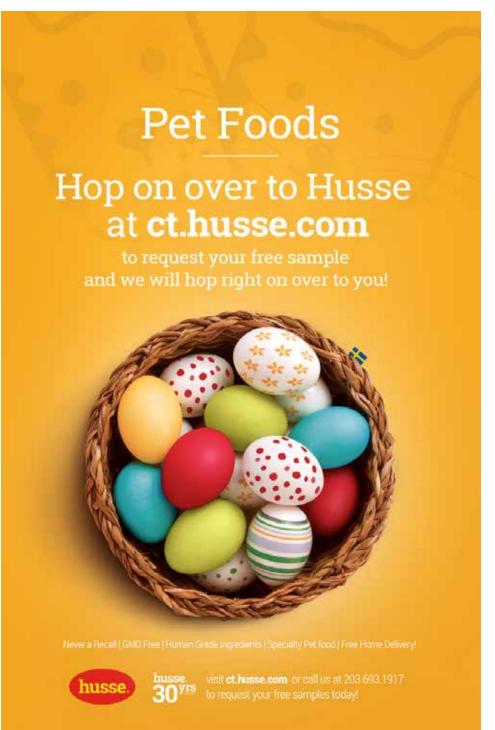


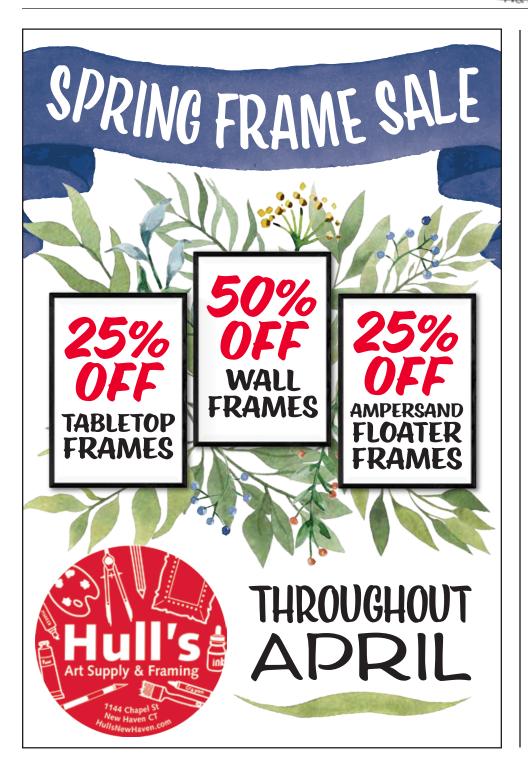
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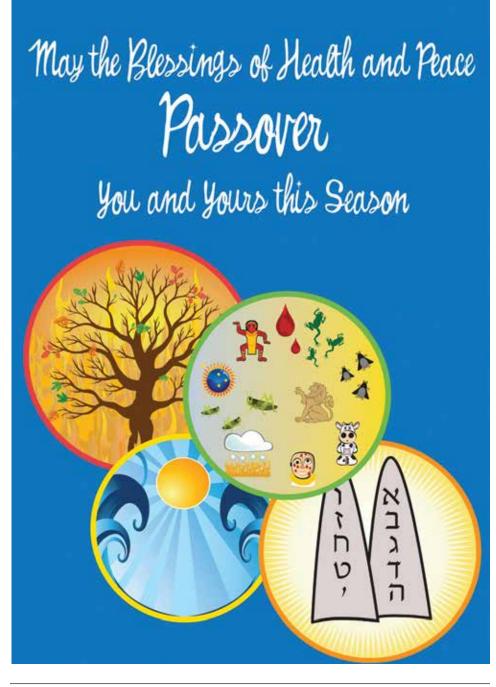
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### Ferraro Seeks Third Term

State Representative Charles Ferraro (R-117) announced he is seeking to continue the important work of resolving the state's financial crisis and advocating for the residents of Milford, Orange, and West Haven. "Right now my focus is on the legislative session and preventing Governor Malloy from pushing more taxes through." said Representative Ferraro. "I joined my Republican colleagues last session and showed that we can pass a state budget that starts to restore our state's economy and doesn't rely on increased taxes. Allowing a tire tax, a restaurant tax, and tolls to go through now will set us back drastically."

Since 2014, Rep. Ferraro has championed legislation helping veterans, small business owners, individuals with intellectual disabilities, first responders, and reformed the affordable housing regulations. Ferraro also supported a historic bipartisan budget passed last year that implemented a real bonding and spending cap.

"In 2014 I went to Hartford and hit the ground running," said Rep. Ferraro. "By working across the aisle, I was able to pass legislation that helped taxpayers in our communities, and legislation that will reform our state government. I am proud of what I have been able to accomplish in such a short period of time, but we still have a lot of work to do. I will not stop until our economy is firing on all cylinders and taxes are reduced."



Charles Ferraro

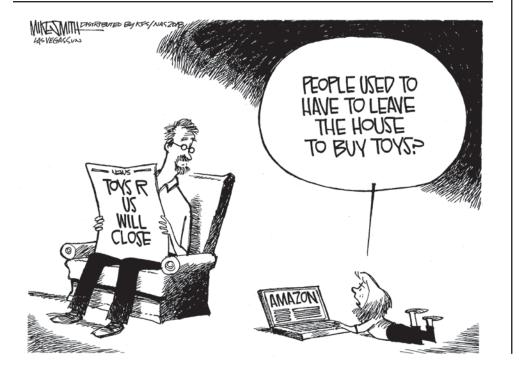
Rep. Ferraro is the ranking member of the Veterans' Affairs Committee and serves on the legislature's Human Services and Energy & Technology Committees. Ferraro owns West Haven Academy of Karate, Inc. and oversees over 70 karate schools in the United States and 30 in South America.

Once the current session has been completed, Charles will be out in the community speaking with voters to discuss the past legislative session and understand your concerns. Ferraro says his door is always open and can be reached at 203-410-3207 or cferraro04@snet.net. He encourages residents to follow his campaign on Facebook @ReelectFerraro or on his website www.ReelectFerraro.com.

### Volunteers Age 55+ Needed

The Agency on Aging of South Central CT has volunteer opportunities for adults age 55+. Volunteers can tutor young children in reading in East Haven, Hamden & New Haven schools and afterschool programs (training provided), help frail seniors organize

their monthly bills, read with a child in a North Haven elementary school, or visit with a homebound senior or a veteran. For more information, call Cherie at 203-785-8533 x2907 or email volunteer@aoascc.org. Also, visit www.aoascc.org.



### Did You Know?

What should my family do if I need help with decision making and don't have a Power of Attorney Instrument or Health Care Instructions? You may be surprised to learn that your family will need to initiate a conservatorship proceeding through the Probate Court.

Conservatorship, in general. If there comes a time that you need help making financial or health care decisions, and you have not previously signed a Power of Attorney Instrument or Health Care Instructions, your family will need to ask the Probate Court to appoint someone to make decisions for you. That person is called a conservator.

Conservator of estate. A conservator of your estate is authorized to make financial decisions for you. Examples include routine activities such as endorsing checks payable to you and paying your bills. But, with Probate Court approval, your conservator can engage in more extraordinary activities such as selling your home, making withdrawals from your retirement account, and making gifts of assets to family members.

**Conservator of person.** A conservator of your person is authorized to make personal decisions for you. Examples include consenting to surgery, authorizing the release of medical records, deciding on the best place for you to live, and accessing/making entries in your social media accounts. The conservator of your person can be (but does not have to be) the same person who is the conservator of your estate.

*Voluntary conservatorship.* Connecticut Statutes and Probate Court Rules allow you to file an Application for a Voluntary Conservatorship. The Application tells the Probate Court you need help with decision making and asks the Probate Court to appoint the person/people you name in the Application to help you. In most cases, the Probate Court will appoint the person/people you have chosen.

*Involuntary conservatorship.* If a third party thinks you need help with decision making, that third party will file an Application for an Involuntary Conservatorship. An Involuntary Conservatorship cannot be established without medical evidence that you need help with decision making. If there is disagreement about who should be appointed as your conservator, the Probate Court will hear evidence and make a decision based upon what appears to be in your best interests.

If you are interested in learning more about conservatorship proceedings, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



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**Publisher** Rocky Salperto **Editor** Marlene Silverstein

Production & Design J. Michael Kriz

Correspondents Laura Fantarella | Melissa Nicefaro | Bettina Theil

Restaurant Profiles Susan Noonan

Contributing Writers Roberta Nestor | Ginny Reinhard

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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the Editor must be unique to the Orange Town News.

### Contact us:

Rocky Salperto	Rocky@orangetownnews.com
Marlene Silverstein	Marlene@orangetownnews.com
J. Michael Kriz	Mike@orangetownnews.com
Susan Noonan	Susan@orangetownnews.com
Melissa Nicefaro	Melissa@orangetownnews.com
Bettina Theil	Bettina@orangetownnews.com

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### **OTN LETTERS POLICY**

Submit your letters for our **"From Our Readers"** section to:
Orange Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@orangetownnews.com.
Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.



Below are the next three issue dates and deadlines of the Orange Town News.

Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Date</u>	<u>Upcoming Issue Deadline</u>
May 4   Mother's Day Issue	April 27
May 25   Memorial Day Issue	May 18
June 29   Independence Day Issue	June 22
Note: Copy due by 4:00p.m. Thank you.	

### FROM OUR READERS

### Help Delilah the Dog

My name is Jeremiah Barrett and I go to Hope Academy in Orange. I'm trying to get my school service dog into the American Humane Hero Dog Award Show and I need people to vote for her. Delilah is our school service dog that help kids with many disabilities like Autism spectrum disorder, ADHD, Intellectual disabilities, Learning disabilities, and Emotional Impairments like Anxiety Disorders. I know Delilah is a small dog but she has a big heart. We were hoping you could put Delilah in your newspaper because we are a small school and she has made a huge impact on everyone she meets.

I remember when she was about to leave Hope Academy when her owner got a new job in a different place. We all said our goodbyes to her but after I left the room, many people were crying Elementary through High School. I was shocked to see the high school kids crying with tears because usually they do not like to show their emotions.

Her owner felt really bad and decided to leave Delilah with Ms. Wilcox, who is our school Principal. When I found out that she was staying, I was happy because her presence would be missed. Another reason why Delilah should win the award and be in your newspapers is because she follows Hope Academy's mission statement, "every student deserves a little HOPE." Delilah keeps us hopeful and this is a story you don't want to pass up on.

Jeremiah Barrett

### Two Angels Appeared

I am an Orange resident living in the vicinity of Racebrook, Tyler City and Graniss Roads. On Friday, March 9, I was walking out my driveway to retrieve my mail. My fifteen-year old English Springer Spaniel violated her pet fencing for the first time ever. I did not know at the time, but the battery was low in her electric collar. She followed me toward the road and would not respond to my calls for her to come to me. Within half a minute, she went into the roadway and approached the intersection. I was frantic and ran after her, as she ignored my commands.

A woman in a car stopped at the traf-

fic light at Graniss, pulled her car into the southbound lane of Racebrook, blocking the road. She got out and moved toward me and my dog. My dog decided to turn around and run back down Racebrook approaching northbound traffic, with me in pursuit. My mind flashed the image of my elderly dog who has survived a hermangiosarcoma of the spleen for over two years, as well as pancreatitis, being hit by a car or truck, ending her life. I became consumed with fear.

Suddenly, a young lady in a SUV stopped and pulled over in the northbound lane of Racebrook. She got out of her car approaching the dog and me. Slowly she approached the dog and Sable, being shy, ran back toward me and I grabbed her harness. This wonderful person, seeing that I was totally out of breath and minus a leash, picked Sable up and put her in her vehicle and told me to get in, "she was going to take us home". This girl carried Sable into our home and made sure we were both safely in the kitchen. I hugged this gal and told her Sable would be confined to her leash until I could find out why the collar was not working.

Unfortunately, my mental state did not allow me to find out who these two angels were. All I know is that they were so incredibly kind and I feel they were heaven sent. I hope that they have access to this publication and read this letter and know how grateful I am. God bless wonderful citizens like them.

Marjorie Schenk

#### American Legion Auxiliary Post 127 Laurel Girls State

Laurel Girls State is a leadership action program course designed to develop a working knowledge of the structure of government to all girls interested in government. This is a one week program of the American Legion Auxiliary Post 127 devoted to citizen training. It is open to all Orange High school senior girls and secondly to any Woodbridge or Bethany senior girl. Applications may be obtained on line at: www.alalgs.org.

Marianne Bauer American Legion Auxiliary Post 127 Girls State Coordinator

### SUPPORT OUR ADVERTISERS!

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### FROM THE SENIOR CENTER

BY DENNIS MARSH

#### Living Treasure Award Ceremony

This year Gloria Capecelatro, Ann Losh, and Fred Turner will be honored at the Living Treasure Award ceremony on May 4, 2018 at Race Brook Country Club in Orange. Tickets can be purchased at the Orange Senior Center in the High Plains Community Center (HPCC).

### Back Pain and How to Manage It!

Join Orange Community Services and the OVNA in hosting a Back Pain presentation by PT Juliann Chacko of Physical Therapy & Sports Medicine on May 9 from 6-7pm in the HPCC Café. Coffee and dessert will be served. RSVP at (203) 891-4784.

### **Peck Place Prom**

Peck Place School will once again host a Senior Prom at the Peck Place School on Friday, April 27 from 10:30am to 1:00pm. There will be a buffet style lunch and beverages. This is an actual prom with music and dancing, at no charge, just RSVP to (203) 891-4784. Evelyn Hahn will be returning to lead us in line dancing!

### **Crochet Demo**

Join us for a crochet demo on June 4 at 1pm. If enough people enjoy the demonstration we could start a class the following week, on June 11—July 9 at 1pm for 2 hours. The Demonstration is FREE! You could make a bear.

Wellness With Shop Rite

Shop Rite of Orange's Registered Dietitian, Courtney Huggins, RD will lead a discussion with a tasty dish that she will make right before your eyes. Her recipes are a real crowd pleaser! Join us on Monday, April 2, from 12:00-1:00pm.

### AARP Smart Driving Course

The next AARP Driver's Training course will be Thursday, April 5. The cost is \$15 for AARP members and \$20 for non-members. Call the senior center to sign up.

### Intermediate iPhone/iPad Class

Join us for intermediate iPhone/iPad with Aubry Monahan from April 9—12, 2018 from 10 – 12. A great opportunity to learn many of the features of an iPhone & iPad all in one week! Be sure to bring your device! Sign up soon as space fills up fast.

### Classic Movie Friday

Movie of the Month has been so popular that we added, Classic Movie of the Month. Since our most popular actress has been Meryl Streep let's start with "Bridges of Madison County" on April 13 at 1:00pm. Popcorn and soda to be served. Call for a seat (203) 891-4784.

### Money Management

Join the Money Management group on April 17 at 9:30am as Maria Biondi presents the Orange Visiting Nurses Association. All are welcome, just call to let us know you are coming at (203) 891-4784. The group meets in the Town Conference Room at the High Plains Community Center.

### Movie of the Month

Friday, April 20 "Lady Bird", 1:00pm, with Saoirse Ronan and Laurie Metcalf. In 2002, an artistically inclined seventeen-year-old girl comes of age in Sacramento, CA. Popcorn to be served. Call for a seat (203) 891-4784.

### Monday with Maplewood

Join us on April 23 when Chef Leif returns with his culinary delights for you to sample. Call (203) 891-4788. Your taste buds are sure to be pleased! We are very fortunate to have an Assisted Living in Town so check them out.

### Suzanne's Rock Painting Party

Join us on April 27 at 1:00pm for coffee & cookies as we paint rocks to replenish our Kindness Rock Garden. Let us know that you are coming at (203) 891-4784 and we'll supply the paint!

### **Hot Lunch**

The Orange Senior Center offers a lunch Monday through Friday, 11:30am – 12:00pm. A \$3.00 donation is suggested for persons 60 years and over. To register call (203) 891-4765 before 1pm, the day before.

### Movie Club

Join us on a celluloid adventure! Our group will discuss a current movie playing locally. We will then meet to critique the film as we discuss the script, acting, cinematography and directing. Meetings are held on the second Friday of the month at 3pm in the town conference room at the HPCC.

### **Orange Swimming Pool**

We received word that renovations on the town pool will begin in late August. During that time the pool will be closed. More information to come.

### **Trips**

#### PACIFIC NORTHWEST & CALI-FORNIA, April 23-30, 2018

8 days, 10 meals. Highlights: Seattle, Mount St. Helens Visitor Center, Portland, Columbia River Gorge, Portland Spirit Cruise, Redwood National Park, San Francisco, and more. Cost: \$2,999pp double, with early booking discount before October 23, 2017. Deposit & insurance due at registration.

#### ICELAND'S MAGICAL NORTH-ERN LIGHTS, October 30-November. 5, 2018

7 days, 10 meals. Highlights: Reykjavik, Northern Lights Cruise, Golden Circle, Geysir, Blue Lagoon, and much more. Cost: \$3,299pp double. Deposit & insurance due at registration.

### THE KINGS AND QUEENS OF COUNTRY at Log Cabin - no minimum trip, April 26, 2018

After lunch sit back and relax as two of the Log Cabin most popular "sold out" shows join forces to sing America's top country songs. Janice Dee (Tribute to Patsy Cline) and Danny Lee (The Colt .45 Band) will sing selections from Johnny Cash, Kenny Rogers, Tammy Wynette, Merle Haggard, Patsy Cline and more. Cost: \$99pp. Includes transportation, lunch, show, & driver gratuities. Full payment due at reservation. Minimal Walking required.

### Volunteer Your Time As An English Language Tutor

Literacy Volunteers Offers Tutor Training To Help Local Adults

Make a difference in someone else's life! Did you know there are more than 15,000 people in Milford and Stratford without a high school diploma? Did you know there are more than 1,600 adults who are not fluent in English? Did you know there are 46 non-English languages spoken in these cities? (Data taken from the Milford and Stratford School District Strategic School Profile, 2012-2013.)

Literacy Volunteers is offering volunteer TUTOR TRAINING classes in ESL (English as a Second Language) and Basic Literacy. TUTOR TRAINING classes in Milford will be held at Fannie Beach Community Center, 16 Dixon Street, Milford in Fall 2018. TUTOR TRAINING classes in Stratford will be held at the Sterling House, 2283 Main Street, Stratford from 6:00 p.m. to 8:00 p.m. on April 18, 25, May 2, 9, 16, 2018.

Volunteer tutors will learn techniques to assist Basic Literacy and ESL students with dialogue, listening comprehension, oral fluency, phonics, reading comprehension and writing skills. No previous teaching experience required! All prospective tutors will be interviewed in advance. For further information, call The Literacy office between the hours of 9 a.m. – 2 p.m. at 203-878-4800 or stop by the Stratford Library Satellite Office on Mondays or Wednesdays, 10:00 – 12:00 or Milford Library Wednesdays, 3:00 – 5:00.

Additionally, if you are interested in working with students preparing for their GED (General Equivalency Diploma) examination, or prefer to help adult students with basic literacy skills, call the Center's office to schedule your orientation meeting.

Literacy Volunteers is part of the Pro-Literacy network of adult basic education and literacy programs. ProLiteracy is working with its member programs to raise awareness of available ESL services.

"Non-English speakers in the U.S. can fall behind in education or employment in an already challenging job market," said David C. Harvey, president and CEO of ProLiteracy. "Language barriers can also prevent them from understanding important financial, educational, health care, employment or legal rights issues. By raising awareness of our members' ESL programs, adults in need will know where to find resources that can help them gain skills to address everyday matters."

For more information on Literacy Volunteers of Southern CT's ESL and other volunteer programs, visit www.lvsct.org or call 203-878-4800.

ProLiteracy, based in Syracuse, New York, champions the power of literacy to improve the lives of adults and their families, communities, and societies. It works with adult new readers and learners and with local and national organizations to help adults gain the reading, writing, math, computer, and English skills they need to be successful. ProLiteracy advocates on behalf of adult learners and the programs that serve them, provides training and professional development, and publishes materials used in adult literacy instruction. ProLiteracy has 1,200-member programs in all 50 states and the District of Columbia and works with 125 nongovernmental international agencies. For more information, please go to www.ProLiteracy.org and www.NewReadersPress.com.

### ORANGE EDUCATION ROUNDUP



### Klarides Testifies on Ethnic Data Bill

House Republican Leader Themis Klarides testified before the legislature supporting a bill that would ban the collection of detailed ethnic data not currently assembled on Connecticut students. At her side was Woodbridge resident and mother Lin Yang who called the potential practice dangerous and divisive.

Klarides told the Education Committee that Connecticut should take a preemptive strike against any formal efforts to compile data on which specific countries children come from. "You see here today a powerful, emo-

tional message that is being sent by hundreds of people who have taken the time to come here and have their voices heard," Klarides said.

Nearly 1,000 Asian Americans traveled to the Capitol to take part in a public hearing and tell lawmakers their concerns about the possibility that more granular data not currently required by the federal government could be collected and analyzed. Many said that they believed such a practice would send the wrong message to future generations of students.

### Elmer F. Manley Memorial Scholarships Available

Ansantawae Masonic Lodge #89, is offering two "Memorial Medical Scholarships" for \$1,000 each to a college student studying counseling, social services, psychology, psychiatry, nursing, medicine, social work, gerontology or pharmacology and having completed a minimum of two college semesters in their chosen field and maintaining a minimum GPA of 2.75 are encouraged to apply for this scholarship. Candidates must be a daughter, son, granddaughter, or grandson of a member of Ansantawae Lodge #89 or a resident of the town of Orange.

Also being offered are two "Memorial Lodge Family Scholarships" for \$1,000 each. Candidates must be a daughter, son, granddaughter, or grandson, of a member of Ansantawae Lodge #89. Applicants must have

completed a minimum of two college semesters in their chosen field and maintained a minimum GPA of 2.75. Qualified students are encouraged to apply.

Interested students should send a synopsis of their credentials and current social interests within their chosen field, along with a current official school transcript. [Transcripts should be sent directly from your school.] To: Lodge Scholarship Committee, Mrs. Elmer F. Manley, 1014 Fernbrook Road, Orange, CT 06477-1011. All requests must be received by May 25, 2018. Your full name, address, email and phone where you can be reached must also be included. For further information call (203) 799-2651 or (203) 623-9421 or email hcbypolly@yahoo. com, Subject: Scholarship.

### SUPPORT OUR ADVERTISERS!

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Amity Seniors, Maya Barbieri Of Woodbridge And Morgan Sullivan Of Bethany. Maya Was The Chair Of The Sock Hop And Morgan Serves As Co-President Of The Amity National Honor Society.

### Amity HS Holds Sock Hop for Local Non-Profit

On February 23rd, The Amity High School Chapter of The National Honor Society hosted its First "Sock Hop" and began a new tradition of having a winter formal dance with a charitable component. Over \$2,000 was raised and over 700 pairs of socks were collected which will be donated to the Columbus House in New Haven.

### Schools' After School Program Brings Fun With A Purpose

BY MELISSA NICEFARO
ORANGE TOWN NEWS CORRESPONDENT

Orange Schools' 21st Century before- and after-school program has a new look this school year. In July, Peck Place School teacher Tricia Lasto as-

Place School teacher Tricia Lasto assumed the role of leading the program and she says she has really enjoyed the faith that administrators and staff have put into her willingness to rebuild the

program.

"I enjoyed getting to know 21st Century," she said. "I thought I knew a lot about it and had a great vision of it, but it was really being there and seeing it work, and being there every day that made me understand."

To begin, she met with those involved

with the program, updated policies and protocols and went to visit other school districts with a 21st Century program. The program is run before school from 7 a.m. until school starts and when the school day ends, into the evening.

"We work on the social, emotional and intellectual needs of our students," Lasto said. On a typical day, the students arrive, chat with instructors, and have a snack. "We offer them physical activity every day, indoors or outside, making sure they can still run and play and be children after school.

"We have technology time and we have peer interactions, which is really

See "After-School" On Page 10

### ORANGE EDUCATION ROUNDUP

### Orange Places 1<sup>st</sup> in DRG for Growth in Learning

By Melissa Nicefaro

Orange Town News Correspondent

Orange students are showing growth in learning, according to a recently released Next Generation Accountability Report. The report was presented by Director of Curriculum/ Instruction & Personnel Evelyn Russo to the Board of Education at its March meeting.

"We have much better metrics now," Russo said. "Before we only looked at performance level, but now we have an opportunity to look at improvement within our performance levels. Being able to track academic growth of the same student over time is valuable. In the past, we only looked at academic test scores."

Four indicators are included in the index: academic achievement, academic growth, chronic absenteeism and physical fitness.

Academic achievement looks at ELA performance, math and science (only grade five) in all students and for high needs students. "For the 2016/17 year, Race Brook had 59 high needs students, Peck Place 34 and Turkey Hill 33," Russo explained. High needs students are averaged into all report indices.

Based on the index, schools are placed in one of three categories. A school with a score of 77.57 or higher is in Category 1, below 64 in Category 3, and those between are in Category 2. The percentage of all possible points earned on all available indicators is the accountability index. "That's different from the past when we had a DPI or just a district performance indicator or a school performance indicator that only focused on academic performance," Russo said.

The district received an 81% for the 2016/17 school year, up from 77% the prior year. "This approach is comparing different students from different years – it's a starting point for understanding change," Russo said.

Comparing the same students from one year to the next is what Russo calls "the gold standard for growth and for understanding curricular and instructional effectiveness. When you dig deep and look at our growth, we went up in all of these areas," Russo said.

ELA for all students increased 2.5%, ELA for high needs increased 3.2%, math for all students was up 9% and math for high needs learners was up 6.3%. Chronic absenteeism fell and the physical fitness score rose by 14%.

"When you look at things in isolation, you get a picture, but when you look at them with others, you get a context. When state averages are going down, we're holding our own and we're really proud of this," Russo said.

Orange ranked first in growth in ELA in its DRG last year. Two years ago, it was fifth. In math, Orange increased from 10th in the DRG two years ago to first this past school year.

Based on the report's findings, the Connecticut Department of Education recognized 124 schools of distinction, schools that are in the top 10% in certain criteria. Peck Place School, because of its demonstration of highest growth with the 'all students' group was awarded this distinction.

"Evelyn, I just wanted to say that it's really impressive when we look at these numbers that we know that kids are working hard and teachers are doing a great job, but to see this growth, it's just amazing," said board member Susan Riccio.

"Really, growth is where it's at," said Russo. "You can start a certain way – it's not how you begin, but how you end."

"Our philosophy 'together we will make a difference' plays a big part in this," said Superintendent of Schools Vince Scarpetti. "Our biggest investment are our teachers. I think that professional learning plays a huge role in this. Race Brook School was at a level 3. They're at a level 1 now."

Orange's DRG includes Greenwich, New Fairfield, Brookfield, Middlebury, Southbury, Newtown, Monroe, Trumbull, Fairfield, Granby, Simsbury, Avon, West Hartford, Farmington, South Windsor, Glastonbury, Madison, Guilford, Cheshire and Woodbridge.



Left to right: Katelyn Losty, Chris Barbery, Myzel Cervera, Matt Wezenski, Sedra Alasadi, Dylan Lyons, and Emma Quaranta (Missing Robert Pergolotti) Photo by Vittoria Fielosh

### Students Recognized for Their Character

Each marking period the Amity Middle School Orange staff recognizes students who go above and beyond demonstrating the Jackie's Nine character traits. The characteristics highlighted in the Jackie's Nine character education program include: Courage, Integrity, Determination, Citizenship, Commitment, Teamwork, Persistence, Justice, and Excellence. Congratulations to the following students for showing outstanding character: Katelyn Losty, Chris Barbery, Myzel Cervera, Matt Wezenski, Sedra Alasadi, Dylan Lyons, Emma Quaranta, and Robert Pergolotti.



### Spring Carnival

Where: Orange Fairgrounds

When: Friday, April 20th...6-10pm

Saturday, April 21st...12-9pm

Rain date (Sunday, April 22nd...12-5pm)

### Join us for Rides, Food and Fun!

Hosted by The Peck Place School PTO

















### Attention Teachers!

We want to know what's going on in your classroom! Let us know about any fun activities or holiday projects.

You can also send us your pictures.

(Parental consent required)

Orange Town News

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### BUILLETIN BOARD

**Al-Anon Meeting,** Monday mornings, 10:00 - 11:30am, Holy Infant Church Hall, 450 Racebrook Road, Orange; a support group for relatives and friends of alcoholics. For more information, contact www.ct-al-anon.org.

**Al-Anon Parents Meeting, Monday nights**, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to www.ct-al-anon.org or call Margaret at (203) 877-4313.

### Nicotine Anonymous Meetings,

Mondays, 6:30 – 7:30pm, Trinity Lutheran Church, 21 Robert Treat Parkway, Milford, open to all, no dues or fees, only requirement is the desire to be free of nicotine. For more information, call Bridges, 203-878-6365.

**Zumba Gold Classes** At Congregation Or Shalom, Tuesday and Thursday evenings at 7 p.m., Congregation Or Shalom, 205 Old Grassy Hill Road, simple and easy routines to follow, designed for people of all ages and no experience is needed. If interested, call Robin at 203.314.8176 or temple office at 203.799.2341.

Clean Energy Task Force of Orange, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The

Orange Arts & Culture Council, meets on the fourth Tuesday of every month, 7:30pm, HPCC, 525 Orange Center Road, check chalk board for

meeting room. The public is invited.

**Orange Recycling Committee** meets every 3rd Wednesday 7:00pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email Orangerecycles@gmail.com.

**Elm City Kennel Club General Meetings,** third Wednesday of each month, except during July and August, 7:00pm, North Haven Recreation Center, 7 Linsley Street, North Haven. For more information, contact New Member Coordinators Maureen Anderson, at 203-430-5229 (maureenanderson@snet.net).

**Blood Pressure Clinic** presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange, 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

**The Rotary Club Of Orange** meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Diane Eger at 203-530-4526 or visit www.rotarycluboforange.org for information about the club.

**Orange Historical Society Academy Antique & Gift Shop Museum**, open Saturdays, 10:00am-3:00pm. For information call 203-795-3106.

**Continuum of Care Needs Caregivers**, Would you like to make a difference in someone's life as a caregiver? Continuum Help at Home is currently looking for individuals to work as a Homemaker, Companion, or Personal Care Attendant. We have full-time, part-time and live-in positions avail-

able. Visit www.continuumct.org/ events to register and download an application.

**Trinity Community Preschool**, Enrollment for the 2018/2019 school year is open! - 33 Center Road, Woodbridge, the Preschool offers a nurturing, faithbased early learning environment for children aged 1 – 6 years, Visit www. trinityefc.com/preschool for more information on classes and schedules. For applications or to schedule a visit, contact the Preschool Director at sharonc@trinityefc.com or 203-387-4710 x25. Trinity Community Preschool admits students of any race, color, national and ethnic origin.

MAMI Support Group Meeting, meetings begin promptly at 6:00pm and end promptly at 7:30pm, BRIDG-ES, a community support system, 949 Bridgeport Avenue, Milford (entrance in the rear of the building), conference room on the second floor, on the following dates for 2018: April 3, May 1, June 5, July 10, August 7, September 4, October 2, November 6, December 4. They are free of charge and facilitator led. Family & Friends welcome.

Girl Scouts of Connecticut invites all interested guests to attend "A Conversation with Martha Hall Kelly" author of NYT best-selling novel Lilac Girl, Wednesday, April 11, 2018, 12:00-2:00pm, New Haven Lawn Club, 193 Whitney Avenue, New Haven. During lunch, Kelly will be interviewed by Diane Smith, Emmy award-winning TV and media personality. Come hear about Kelly's incredible journey writing this inspirational novel, hear from a local Girl Scout, and support an or-

ganization that build girls of courage, confidence, and character, who make the world a better place. To purchase tickets and support Girl Scouts of Connecticut, go to bidpal.net/MHK18.

Morning Book Discussion Group Meeting, April 5, 2018, 10:30am, The Ellen Aftamonow Woodmont Library, 16 Dixon Street. The book is "Small Hours," by Jennifer Kitses. The May book will be, "The Great Alone," by Kristin Hannah. The group meets the first Thursday monthly. All are welcome. For information call 203-874-5675.

**Trinity's Got Talent**, Saturday, April 7, 2018, 5:00-9:00pm, awesome pasta dinner, a fun talent show from our Trinity family, and a silent auction; all proceeds benefit our Dental, Construction, Baseball, and Music teams for their missions trip to the Dominican Republic through Trinity CARES International (www.trinityefc.com/tci). Trinity Church, 33 Center Road, Woodbridge. Tickets \$12/adult, \$7/ages 6-12, free for 5 and under. For tickets & info, call 203-387-4711 x10.

### Clothing Drive To Benefit Boy Scout Troop 115 Of Naugatuck,

Saturday, April 21, 2018, 10:00am-3:00pm, Naugatuck Town Green; Accepting clothing, shoes, handbags, linens, baby accessories, stuffed animals and bicycles as well as collecting used inkjet cartridges, old cellphones, cameras, game consoles and tablets, as well as can tabs. Kindly separate non-clothing from the clothing/linens. For info contact info@onmyhonor.com or visit our event page https://www.facebook.com/events/1851158634959401/.

### "After-School" From Page 8

public is invited.

important. With all of the technology we have in the world, it is really important to have peer-to-peer interactions. That interaction is also important with staff," Lasto says. Every day there are choice activities for the students such as clubs for knitting and baking that are embedded in the program.

"We also talk about community outreach and support. This is done in two ways: in our own Orange community, working with the principals in each school, decorating the cafeteria for certain events, or helping the PTO do certain things. We are part of the Orange school community, but also the Orange community, where we do things like bake cookies and make cards for veterans and doing things with the nursing homes in the area — really trying to stay connected."

This year, 261 students at the three

elementary schools participate in the 21st Century program: 100 at Peck Place, 110 at Race Brook and 48 at Turkey Hill.

The Homework Club that had been phased out of the program is back, 'better than ever,' according to Lasto. "We have Orange teachers doing the homework club, which is invaluable. They know the curriculum and the content, they know the strategies that students are learning in the classroom and that then carries over to the after-school program," she said. Kindergarten through third grade students work together as fourth through sixth grade students work together separately. For Reading Buddies, older students are paired with younger students, in yet another attempt to make a connection with their peers.

Overall, the 21st Century program has an embedded stealth learning component, where, as Lasto says, students

are learning without realizing they're learning. "The students are having a great time, learning about science, technology, engineering, arts and math," she said. "We're bringing technology such as robotics to the program, that every student who comes through will be able to use and learn from."

She presented her work to the Orange Board of Education at its February

meeting, where Chairman Bill Kraut thanked the ad hoc committee for getting the changes in motion over a year ago. "I never in my wildest dreams thought that you all could have accomplished this," he said. "You guys have really stepped up 21st Century and brought it forward a lot faster than I thought. It's in a great place and I know it's going to keep getting better."

### STUDENT NEWS

### Dean's List

#### John Hopkins Announces Dean's List

Suvasini Balaji of Orange, CT has earned her place on the Dean's List of the Krieger School of Arts and Sciences because of her strong grades during the Fall 2017 Semester. For Suvasini to excel in such a demanding environment is a testament to her intelligence, self-disci-

pline and willingness to work very hard.

### Brianna Gray Named To University of South Carolina's Dean's List

Columbia – Brianna L. Gray, of Orange, CT has been named to the Dean's List at the University of South Carolina, School of Nursing for the Fall 2018 semester.

### Milford Alderwoman Runs for 119<sup>th</sup> District Seat

Democrat Ellen Russell Beatty, currently a Milford alderman in her second term, is running for the 119th District state representative seat, currently held by Republican Pam Staneski. In a press release, Democratic Town Committee Chairman Rich Smith said Beatty brings "unparalleled practical experience and a fresh perspective necessary to tackle the state's financial deficit."

"As the first woman to hold the position of Associate Vice President of Academic Affairs at Southern Connecticut State University (SCSU), Beatty has a proven track record in fiscal management, strategic planning and consensus building," Smith said. "These skills, honed by years of professional and financial experience, are critically needed in Hartford now."

She has served as interim academic vice president, Dean of Health & Human Services and Director of Faculty Development at SCSU. She was a tenured professor of nursing and is now Faculty Emerita of

Public Health.

Beatty was a lecturer and adjunct clinical faculty member at the graduate nursing program at Yale University. More recently, she was the Director of Nursing Program and professor at Mercy College, Dobbs Ferry, New York.

Her career has been defined by advocacy for students and women. While at SCSU, she said she was instrumental in the establishment of the university's women's center that provided educational outreach and referrals for health, counseling and financial assistance. At a time when childcare did not exist on campus, Beatty played a critical role in founding the university's first day care program that supported students, faculty and staff. She also led the university's Women's Commission, where she



Ellen Beatty

advocated directly to the university's president on student issues.

She's been named one of 20 Noteworthy Women by the New Haven Business Times and is a past recipient of the Nightingale Award for Excellence in Nursing from the Connecticut Nurses' Association. Beatty also

serves on the Bridges
Healthcare Board of
Directors, and she
was the chairman of
the Board of Directors for the Visiting
Nurse Association of
South Central Connecticut.

She lobbied at both the state and federal levels for

greater support of non-profit agencies that provide services to the elderly and other vulnerable groups with a special focus on home health care and the impact of cuts to Medicaid funding.

Born in New York, Beatty earned masters and doctorate degrees in education from Columbia University. She also holds a master of art degree from New York University. She is married to Ed Beatty, a retired Milford Fire Battalion Chief. They raised their three sons in Milford and have three beloved grandchildren.

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### TOWN DEPARTIMENTS & AGEN

### Town of Orange Meetings for the Month of April 2018



(S	ubject to Change, Check with Town Clerk's Office	, 203-891-4730)
2nd	Country Fair Cmte7:00 pm	HPCC
	Zoning Board of Appeals7:00 pm	Town Hall
3rd	Economic Development Comm5:30 pm	Town Hall
	Town Plan & Zoning Comm7:00 pm	Town Hall
4th	Board of Assessment Appeals5:30 pm Conservation Comm7:00 pm	Town Hall HPCC
	·	
4th	CT DOT Public Meeting6:30 pm Route 34 & Route 15 Interchange at exit 58	Town Hall
5th	Memorial Day Parade Cmte6:30 pm	HPCC
9th	Traffic Authority4:30 pm	Police Dept.
	Board of Police Comm4:30 pm	Police Dept.
	Amity Board of Education6:30 pm	Woodbridge
10th	Inland Wetlands Comm7:30 pm	Town Hall
11th	Board of Selectmen7:30 pm	Town Hall
12th	Elderly Housing Liaison12 noon	Silverbrook Estates
	Community Services7:00 pm	HPCC
	OGAT7:30 pm	Town Hall
12th	CT DOT Public Meeting6:30 pm Route 34 & Route 15 Interchange at exit 58	Town Hall
	(backup date in case of inclement weather on Apri	l 4th)
16th	Family Counseling9:00 am	HPCC
	Board of Health7:30 pm	HPCC
17th	Town Plan & Zoning Comm7:00 pm	Town Hall
	Board of Finance7:30 pm	Town Hall
18th	CERT7:00 pm	HPCC
	Recycling Cmte7:00 pm	HPCC
19th	Memorial Day Parade Cmte6:30 pm	HPCC
10111	Case Memorial Library Comm7:00 pm	Case Mem. Library
00 1	O D 1 (E) .: 700	M IT DI
23rd	Orange Board of Education7:00 pm Youth Services7:00 pm	Mary L Tracy Bldg HPCC
	Board of Finance Budget Hearing7:30 pm	HPCC Cafeteria
25th	Safety Comm9:00 am	Town Hall
2011	Bond Construction Oversight Cmte7:00 pm	Town Hall
	Park & Recreation Comm7:30 pm	Town Hall
26th	MDC A 6.00 mm	Town Hall
70(II	WPCA6:00 pm Board of Finance Budget Hearing7:30 pm	HPCC
27th	Emergency Management8:00 am	Police Station



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Orange Land Trust hikers enjoying a Saturday morning in the woods, while learning some local history and seeing some of the most interesting, old growth, forest terrain in Orange.

### OLT Spring Guided Hike

Orange Turkey Hill Preserve

The Orange Land Trust will be leading a guided hike at the Turkey Hill Preserve on Saturday, April 14th. People should meet at 9:30 a.m. in the parking lot at 300 Derby Milford Road (GPS address). This is opposite Turkey Hill Road.

This is Orange's largest open space site, with 376 acres offering the most varied experiences for the visitor. An old growth core forest is dotted with ledges, ridges, vernal pools, gorges, streams, ponds, shallow waterways, and a few hills that are steep but hikeable. It is populated by a wide variety of plant life and wildlife.

This moderate to challenging hike will include information on the historical highlights, and a hike through one of the most enjoyable natural places in our area. Please wear appropriate footwear as there are some rocky areas and some "ups and downs" in the trail. We recommend hiking boots/shoes or shoes/sneakers with a good tread. A good hiking stick or trekking pole(s) can be helpful.

We will team up with the Orange **CERT Emergency Communications** Team. They will serve as trail assistants, while they get to know the area terrain and perform a simulated search and rescue communications exercise, such as would be needed to find and escort lost hikers out to safety.

This free hike, conducted by volunteers of the Orange Land Trust, is not at all difficult for those who are sure-footed and fit, and presents an opportunity to reconnect with our town's history and beauty. All are welcome and please bring a friend.

So, grab your hiking gear and plan to join us! Only steady rain showers will cancel. For information, call Chris at 203-397-7599.



### TOWN DEPARTMENTS & AGENCIES

### From the Fire Marshal



### Fire Prevention & Safety Guidelines for Spring Season

Spring has arrived and also the beginning of daylight savings time. If you did not change the batteries in smoke and carbon monoxide alarms when you changed your clocks, please take the time to do so. Alarms can save lives, only if they work.

As the warm weather approaches, families are turning their attention to indoor cleanup and outdoor projects. This is the ideal time to tour the home and yard for dangerous materials and unsafe conditions and to correct problem areas. The Orange Fire Marshal's Office suggests these important fire safety guidelines to help ensure a pleasant season:

First and foremost: Open burning, which is the burning of brush, vegetation and other debris where emissions are released directly into the air without passing through a chimney or stack, is not permitted in Orange. There are numerous fire and safety concerns such as air pollution, smoke, flying embers, odors, visibility and the possibility of the fire spreading out of control. In addition, it is a violation of the Connecticut Clean Air Act. Only clean, seasoned hardwood shall be permitted in an Open Burn fire, which requires a permit from the Fire Marshal's Office. The application, rules and regulations can be found on the website, www. orangefiremarshal.gov. Our office understands that this may be an inconvenience and appreciates your cooperation.

Prior to starting lawn care, walk around the area and remove sticks, stones and debris that could injure someone or damage equipment. Be sure lawn equipment is in proper working condition. Never fill the gas tanks while the equipment is operating, when it is still hot or when it is inside a garage, shed or similar area. Remember to quickly wipe up any spills. Always store gasoline in approved containers and do not use or store gasoline inside your home. Because vapors can readily ignite, gasoline can present a serious fire home hazard and is too dangerous to use for any purpose other than as a motor fuel. Never smoke or use any type of flame around gasoline. Extension cords used to operate the equipment must be in good condition and rated for outdoor use. Always unplug electrical tools and disconnect spark plugs on gasoline powered tools before making any adjustments or clearing jams near moving parts. Never work with electrical tools in wet or damp conditions. To prevent electrocution, use a ground fault circuit interrupter (GFCI). If you must leave your tools unattended, make sure they are turned off and inoperable to prevent unauthorized use, accidents and injuries.

Use gas and charcoal grills outside only. They pose both a fire hazard and the risk of exposing occupants to toxic gases and potential asphyxiation if used indoors or in any enclosed space. Position the grill away from siding, deck railings and out from under eaves and overhanging branches. Place the grill a safe distance from lawn games, play areas and foot traffic. Declare a three-foot "kid-free zone" around the grill and keep children and pets away from this area. Periodically, remove grease or fat buildup in the trays below the grill so it cannot be ignited. Check the gas cylinder hose for leaks before using it for the first time each year. A light soap and water solution applied to the hose will quickly reveal escaping propane by releasing bubbles. Never store propane gas cylinders in buildings or garages.

Indoor spring cleaning consists mainly of storing away winter clothing and cleaning and sprucing up the home's interior. It is also the ideal time to look for dangerous materials and unsafe conditions. Check each room, including the attic and the basement. Clutter, such as stacks of old newspapers or magazines, empty boxes, broken or obsolete appliances and furniture, is "Food for Fire". If a fire should occur, it would provide material to be consumed and help to spread the fire. It could also block or hinder an escape, as well as the incoming path of firefighters. Remove all hazards. Replace or fix frayed or damaged appliance cords, wiring, breakers or fuses. Check for water leaks, especially near electrical appliances. Store flammable liquids and chemicals in a cool, dry place. Items should be well marked and out of the reach of children. Be sure there is clearance between combustibles and appliances and other heat and ignition sources.

It is important to have and practice a Home Escape Plan. Know two ways out of every room and make sure doors and windows can be opened easily. Designate a place for family members to meet outside. Call 911 after exiting the home.

Carbon monoxide alarms are available free of charge to Orange residents. They may be obtained at the Orange Fire Marshal's Office, 355 Boston Post Road. If you would like alarms installed, assistance with changing the batteries in an existing alarm, have questions or need further information about any fire prevention and/or safety matter, please call the Orange Fire Marshal's Office at (203) 891-4711, Monday through Friday, from 8:30 am to 4:30 pm or visit the website at www. orangefiremarshal.com.

### Youth Services

by John Ulatowski



### Youth Services Artist Colony Drawing Class April 16th

Youth Services will hold an Artist Colony Drawing class on Monday, April 16th from 9:30 am to 2:30 pm in room 6. All artist materials provided at no cost and snacks and refreshments will be available or students can bring their own lunch. Students must be in 7th

and 8th grades and be an Orange resident or attend school in Orange. Instructor is artist Graham Dale. Class size limited to 10 students. Interested parents should email John Ulatowski, Youth Services Coordinator, at julatowski@orange-ct.gov.

### Youth Services Job Bank Residents Can Assist With Variety Of Jobs

Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, raking, snow shoveling, mother's helper, and more. For further information, please contact John Ulatowski, Orange Youth Services Coordinator at 203-891-4785.

### Memorial Day Committee is Looking for Honorees

Orange residents, do you know a veteran, male or female, especially one who served in Korea or WWII? If so, the Orange Memorial Day Committee wants to know about him or her.

Every year, the committee carefully chooses veterans to honor during the Memorial Day ceremony on the Orange Fairgrounds before the parade. These veterans fill the roles of Grand Marshal, Chief of Staff and Honored Veteran in the Memorial Day Parade.

Committee Chairman Kevin Gilbert said they are looking for veterans, who are Orange residents who were honorably discharged, particularly women who often are overlooked. He said many WWII veterans don't talk about

the war, so some people may not even know that they served.

As the holiday draws closer, there is a lot of planning and preparation that needs to be done, but nothing is as important as choosing the candidates they will recognize this year. "We hope to make a decision by the second week of April, so we need help getting names submitted for consideration as soon as possible," Gilbert said.

If you have someone in mind, or if you are a veteran who would like to be considered, please call Kevin Gilbert at 203-795-4647 or e-mail kpg25629@gmail.com or contact Karen Goldberg at 203-891-4738 or e-mail kgoldberg@orange-ct.gov.



### LOCAL BUSINESS ROUNDUP



L to R: Back row: Joe Cafasso Jr, Buddy DeGennaro, Dallas Davis, DiDi Strode, Ross Cotjanle. Front row: Ken Ginsberg, Frank D'Ostilio, Claire Sullivan, Nancy Andersen, Enilda Rosas, Regina Sauer, Young Lee. Missing from photo: Olivia Martson, Rachel Anastasio, Wendy Cohen-Sadik, Donna DiGioia, Jason Tessitore.

### Real Living Announces National Awards Agents

Parent company Real Living Real Estate announced the recipients of its prestigious production awards for its Real Living Real Estate offices throughout the country for the year 2017. The awards were presented at a company-wide conference in Saint Petersburg, FL. Wareck D'Ostilio Real Estate swept the awards ceremony with a total 35.

Ken Ginsberg received three awards for his commercial sales - Diamond Medallion recipient; Top 100 agents for production, Top 100 agents for most closed units.

Orange resident Regina Sauer received three national awards - Diamond Medallion recipient; Top 100 agents - most closed units; Top 100 agents for production, Real Living Real Estate.

Joseph Cafasso, Jr - received two national awards - Emerald Medallion recipient; Top 100 agents - most closed units.

Orange resident Ross Cotjanle received two awards - Sapphire Medallion Award for closed units; Recipient of 360 Service Diamond Elite Award.

The Urban Specialists, DiDi Strode and Olivia Martson - Sapphire Medallion recipients; Top 50 Team Award for closed units and Top 50 Team Award, Real Living; Nancy Andersen - Sapphire Medallion recipient; Recipient of 360 Service Diamond Elite Award.

- Jason Tessitore Sapphire Medallion recipient;
- Wendy Cohen-Sadik Sapphire Medallion;
- > Donna DiGioia Ruby Medallion

recipient;

- Young Lee Sapphire Medallion recipient;
- Rachel Anastasio Rudy Medallion recipient;
- Enilda Rosas Ruby Medallion recipient;
- Claire Sullivan Ruby Medallion recipient; and
- Dallas Davis Ruby Medallion recipient.

Woodbridge resident Buddy De-Gennaro received three awards - Recipient of 360 Service Diamond Elite Award; Emerald Medallion recipient; Top 100 agents for most closed units.

Frank D'Ostilio, Broker/partner of Wareck D'Ostilio Real Estate was the recipient of three awards: Diamond Medallion recipient, Top 100 agents most closed units and Top 100 agents for production, Real Living Real Estate.

"The competition was intense throughout the nation's real estate professionals associated with the Real Living brand. Those selected for these prestigious awards are highly motivated individuals with exceptional sales and customer service experience," said John Wareck, Broker/Managing Partner. "We are proud to have these amazing Realtors on our team."

Wareck D'Ostilio Real Estate has offices located at 47 High Street in New Haven, 1673 Litchfield Turnpike on the Woodbridge/Westville town line, 962 Main Street across from the Branford Green, 12 Roosevelt Avenue, The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.

### Orange Town News

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### Orr Joins Wareck D'Ostilio Real Estate

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming Jennifer Orr to the company as a Licensed Realtor. Jennifer was raised in Monroe and holds a Bachelor's of Science degree in Public Health. She has experience in the home mortgage industry field and is focusing on the residential real estate market in Milford, Stratford, West Haven, Monroe, Shelton and Orange.

An up and coming real estate agent, Jen has great business instincts and is knowledgeable about mortgage financing and procedures. A resident of Milford for many years, she is married with three children. She is passionate about Milford and loves where she lives. Jen is also an active volunteer at Calf Pen Meadow School and Harborside Middle School.

Her goal is to help others to attain the dream of home ownership. Jen is creating a very positive track record in sales and service. "We are delighted to have Jen affiliated with Real Living Wareck D'Ostilio Real Estate," said John Wareck, Partner/broker. "Our strong position in the community and continued growth helps us attract new



Jennifer Orr

additions like Jen to the company. The combined efforts of our veteran agents and our new Realtors have enabled us to achieve a level of sales growth unsurpassed in the Greater New Haven/Shoreline real estate market," added Frank D'Ostilio, Jr., Partner.

Contact Jen at 203-787-7800 or jen@WDSELLS.com.

Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.

### Preparing Garden Beds for Spring and Beyond

Gardening enthusiasts may have been thinking about their landscape plans throughout the winter, eager to once again get their hands dirty with soil. Whether a home gardener is making preparations for edible crops or beautiful flowers, he or she must take time to make the soil amenable to planting. To establish hearty, durable plants, gardeners can focus on three main areas: addressing soil composition, cultivating and adding nutrients.

### Soil composition

Many gardeners prefer growing a variety of plants in their gardens. Such an approach requires taking inventory of the type of soil in one's garden and making the necessary modifications so that the types of vegetables, herbs, shrubs, or flowers that will be planted can grow in strongly. In fact, according to the plant company Proven Winners, the most important step to developing good roots is preparing the soil.

Take a sample of the soil and examine it to see what is present. If the soil is too full of clay, too sandy, too dense, or too loose, that can lead to

problems where plants cannot grow in strong. Work with a garden center to add the right soil amendments to make a rich soil. This may include organic compost or manure, which will also add nutrients to the soil.

### Cultivation

Cultivating the soil can involve different steps. Removal of weeds, errant rocks, roots, and other items will help prepare the soil. Mother Earth News suggests working on garden soil when the soil is damp but never wet; otherwise, garden soil can become messy and clumpy. Use a digging fork or shovel to lightly turn the soil when it's mostly dry. Gentle tillings also can open up the soil to incorporate the nutritional amendments and relieve compaction that likely occurred from freezing temps and snow pressure. Tilling also helps with drainage and oxygen delivery to roots. The DIY Network suggests turning over soil at a depth of 12 inches to work the soil — about the length of a shovel

### LOCAL BUSINESS ROUNDUP



### FIVE-STAR RATED FACILITY

### Five Stars For Rehabilitation & Health Care Center

Leadership and staff of Orange Rehabilitation and Health Care Center, the only Skilled Nursing Facility in Orange, are excited to announce that the center has received a Five-Star, Much Above-Average rating from the Centers for Medicare & Medicaid Services. The star rating, which ranges from 1 to 5 stars, is based on criteria in 4 categories: Health & Fire Safety Inspection, Quality Measures, Staffing, and RN Staffing. Ratings in these categories are compiled into an overall rating, with 1 star indicating "much below average," 2 stars meaning "below average," 3 stars "average," 4 stars "above average," and 5 stars "much above average." This public information can be found on every skilled nursing and rehabilitation center in the country and includes inspection results, staffing ratios, and quality measures.

The Skilled Nursing Center, located at 225 Boston Post Road, Orange, provides short-term rehabilitation, inpatient pulmonary rehabilitation, and long-term care in a warm, welcoming environment. Highly-skilled staff, including physical, occupational, speech, recreational, and respiratory therapists, registered and licensed nurses, certified nurses' aides, and

more, are committed to exceptional care and service, helping short-term patients recover and return home after a hospitalization, and long-term residents enjoy a high quality of life.

Administrator Andree Acampora, MS, LHCA, who is the daughter of the center's founder, Beverly Acampora, is proud of her team and their accomplishments. "After serving our community for over 70 years it is an honor to be recognized with this 5 Star Rating. It would not be possible without the daily hard work and dedication of our entire staff. Each day they strive to provide our clients with the best possible care. The result of their hard work has been helping hundreds of satisfied clients leave our facility after receiving excellent rehabilitative and ancillary services. Those clients return to their full and active lives. We love what we do, and it really shows."

Orange Rehabilitation and Health Care is a 60-bed skilled nursing center located conveniently on the Boston Post Road in Orange. It provides subacute rehabilitative and long-term care services and has been family-owned and operated since its founding.

For more information on this topic, please contact Shaileen Landsberg, Nurse Liaison, at 203-258-0841.

### "Garden" From Page 14

spade. However, the resource Earth Easy says that existing garden beds have a complex soil ecosystem and simply top-dressing with compost or manure can be enough preparation for planting. Gardeners can experiment with the methods that work best for their gardens.

### Nutrition

Testing the pH and the levels of certain nutrients in the soil, namely nitrogen, phosphorous and potassium, will give gardeners an idea of other soil additions that may be needed. Soils with a pH below 6.2 often can benefit from the addition of lime several

weeks before planting. Soil tests will determine just how much fertilizer to add to the soil. Complete fertilizers will have equal amounts of nitrogen, phosphorous and potassium. Individual fertilizers can amend the soil with only these nutritional elements that are needed.

Top-dressing empty beds with a layer of mulch or compost can prevent weed growth and preserve moisture until it is time to plant. If existing shrubs or plants are in garden beds, use more care so as not to disturb roots or dig too deeply.

Preparing garden beds takes some effort initially, but can be well worth the work when plants flourish throughout the growing season.

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### 16<sup>th</sup> Annual Orange Business and Community Expo

Save the date for the 16th Annual Orange Business and Community Expo being held on Wednesday, June 6, 2018, from 11 a.m. to 4 p.m. at High Plains Community Center, 525 Orange Center Road, Orange. Annemarie Sliby, Executive Director says, "We are looking forward to hosting the 16th Expo and would like to welcome the public and business population to stop by to network and enjoy the day."

The Expo is free and open to the public. Business owners, their employees, and local residents can look forward to product demonstrations, activities, raffles and food trucks. Visit and network with 56 business vendors including: Albertus Magnus College, All American Waste, Cody White Funeral Home, Beardsley Zoo, Orange Visiting Nurse Association, Shops at Yale, University of Bridgeport, Visiting Angels and many more. For a complete list, check our website at www.orangeedc.com/events\_activities.

A Speed Networking event is taking place from 10 am to 11 am prior to Expo opening. This will be a fun and effective way to make connections. Rob Thomas, of Rob Thomas CT, professional networking coach, will be the moderator. Seating is limited and registration is required. Cost is \$15 per person and includes goodie bag, refreshments and raffle entry.

Following the Expo, the Orange Chamber of Commerce together with Eli's restaurant, will host a Business After Hours event on site under the Pavilion at High Plains Community Center. See the Orange Chamber booth for details.

Vendor space is still available. Showcase your business, products or service, sell your products on site, and network with business vendors/attendees. Vendor space is limited to 56 exhibitor booths. "Booth space is selling fast and we expect to be sold out by the end of April," Sliby states.

Exhibitor space is reasonably priced at \$300 for an 8 foot booth, which includes pipe and drape, linen topped-skirted table and 1 chair. In addition, all vendors receive their business information listed in the Event Program, their business marketing materials included in Event Welcome Bags, their company name listed in OrangeLife Magazine, an entry into the Vendor/Sponsor appreciation raffle, and exhibitor lanyards. Booths with electricty is very limited, but may be provided for an additional \$100. If you are interested in becoming a vendor, please register on-line at the OEDC website, OrangeEDC.com/events\_activities or call the OEDC office at (203) 891-1045.

If you unable participate as a vendor in the Expo this year, your business can still have a presence. For just \$75, your marketing materials will be included in the Event Welcome Bags, which go to all attendees and vendors. You may also place an ad in the Event Program; sizes and prices vary. Please call our office at 891-1045 for information on both opportunites.

Many thanks to our sponsors: Gold: Cohen and Wolf, NORTHEAST Electronics Corporation, Orange Economic Development Commission, Taylor Rental/Party Plus and The Shops at Yale; Bronze: Connex Credit Union, Statefarm Insurance, Shop Rite, All American Waste, Subway; Pewter: The Eagle Leasing Company and Hurwitz, Sagarin, Slossberg and Knuff. Event Bags: Colonial Properties. For more information, call the Orange Economic Development Corporation at (203) 891-1045 or visit the website at OrangeEDC.com/events\_acivities.



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**ORANGE** 



Left to right: Alexandria Perugino, Patrick Perugino 11, Sec of State Denise Merrill and Patrick Perugino SR.

The Perugino family (local residents) recently attended a private fundraiser for Secretary of State Denise Merrill for her re-election campaign for 2018. The event was held at the Roberti family estate in Kent and was co-hosted by Deputy Speaker of the House of Representatives Michelle Cook (D Torrington).



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Annual Mother's Day Race 2016

### 22<sup>nd</sup> Annual "Live Well" Mother's Day Race

Are you looking for a fun, healthy and family friendly way to kick off Mother's Day? Runners, walkers, volunteers and interested sponsors are invited to participate in Milford Hospital's 22nd Annual Mother's Day "Live Well" Race on Sunday, May 13th, 2018. The 5K Run/Walk is presented by Oncology Hematology Care of Connecticut in conjunction with "Live Well" community partners.

After record registration of nearly 700 participants in 2015, and soggy, but well attended events in 2016 and 2017, hospital officials expect more than 500 individuals to take part in the 2018 run/walk. The race begins at 9:00am and starts and finishes at Milford Hospital, 300 Seaside Avenue in Milford. It follows a scenic, seaside course through the Fort Trumbull area. Chip timing technology will track the runners. Timing is optional for those who choose to walk.

This year, awards will be given to the top three males and females in each age group, the top Milford Hospital employees and the top mother/child team finishers. 100% of race proceeds support the many community health and wellness programs, cancer and prevention screenings and educational programs and materials offered by Milford Hospital throughout the year.

"We are proud to be in our 22nd year of offering this unique family event that also supports our hospital and, ultimately, improves the health of our community. With the event taking place on Mother's Day, many families from near and far participate as a healthy, fun way to kick off the special day with mom" said Karen Kipfer, the

hospital's Director of Community Relations. "The hospital and our partner MS Running Productions look forward to welcoming new and returning participants and sponsors!"

Online registration is currently underway via www.hitekracing.com/ livewell. Registration will also be taken by mail. Entry fee for those registered by May 10th is \$20 for those aged 18 and under, \$27 for those aged 19-69; \$20 for those aged 70 and over. The fee will be \$30 after May 10th and on race day. Early check and bib pick up will be offered on Saturday, May 12th. Runners and walkers registered by April 25th are guaranteed to receive a "Live Well" dri-fit race t-shirt. Others will be distributed on a first-registered, first served basis. Following the race, participants can enjoy an outdoor continental breakfast and other festivities.

For the third year, event organizers are planning a kids "fun run" on the hospital campus to take place just prior to the main event. Additionally, a "Meet & Greet" with the Milford Hospital's physician specialists will be offered. Participants are encouraged to visit the "Meet & Greet" tent to pick up information, give-aways and participate in a blood pressure screening. Volunteers are needed along the race route to offer water, direct runners and help with safety. This is a great opportunity for service projects and community involvement.

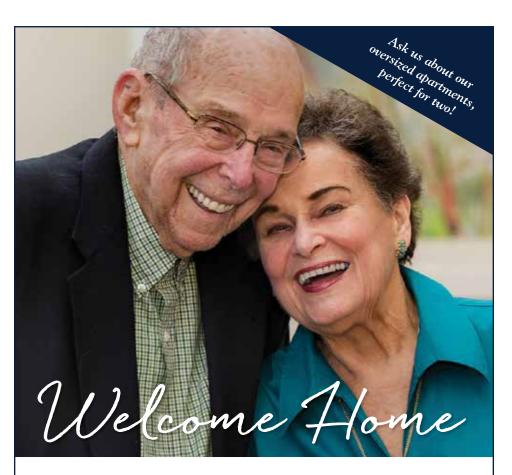
For more information on sponsorship, volunteer opportunities, how to register your home or how to register for the race, please call the Milford Hospital Community Relations Department at (203)876-4060.



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### ARTS & LEISURE



### Pitches & Tones

Yale's a cappella group, Pitches & Tones, will be performing in Orange on April 8th at Zion Lutheran Church. The event is called Music with a Mission and includes a silent auction starting at 4:00 PM.

Pitches & Tones is an a cappella group founded at Yale University in 2011. The group performs entirely member-arranged songs covering a variety of musical genres, including Pop, Folk, R&B, and Jazz. Members come from all over the world and all sorts of musical backgrounds. They love

to share their passion for music with audiences both at Yale and beyond.

Admission is a \$5.00 donation per person. There will be a meet and greet with the performers, including refreshments, following the concert. The silent auction includes items from the NY Jets, Panera Bread, Plan B Burger Bar, Jesse's Toys, Julia's Bakery, and many, many more. All proceeds support mission trips for Zion member families. Please join us at Zion Lutheran Church, 780 Grassy Hill Road in Orange, 203-795-3916.

### Who Dunnit?

Who doesn't love a murder mystery? Who isn't an Agatha Christie fan? Who hasn't played Clue?

For all you mystery lovers, or just those seeking family entertainment, the Orange Players will present "The Night I Died at the Palace Theatre" on Fridays and Saturdays, April 27th and 28th and May 4th and 5th at the High Plains Community Center, 525 Orange Center Road, Orange. Doors open at 7:30 p.m.

The play, written by Pat Cook, begins with a group of actors arriving to rehearse the final scene of a new play, only to find the director and author dead on stage. The mystery unravels with everyone accusing everyone else until Detective Jimmy Todd arrives on the scene. He slowly but surely puts clues together and finally solves the mystery.

Why don't you join us and have fun with your friends and family trying to

figure out Who Dunnit before the end of the play? You may even know one of the suspects. Our director is Amy Craw and the cast is as follows: Vickie Blake, T.J.Chia, Cyndi Consoli, Charlie Criscuolo, Nicholas T. Gachi, Brittany Homa, David Kaminski, Paula T. Lin, Mallie Massaro, Thursday Savage, Paul Templeton and Hugh Tucker. The production committee consists of T.J. Chia, Cyndi Console, Margaret Meisenhelder and Joan Stenner. The Stage Manager is Elizabeth Scott. The play is produced by special arrangement with THE DRA-MATIC PUBLISHING COMPANY of Woodstock, Illinois.

Tickets may be purchased by calling the Box Office at (475)227-7547 or online at WWW.OrangePlayers.net. General Admission is \$20. Seniors 65+ and Children under 12, \$18. Seating will be cabaret style - bring your own beverage and food.



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The four-year old class at Orange Congregational Church Nursery School had fun singing with Al DeCant on St. Patrick's Day.

### Shulkin, Again

by Freddy Groves

It's not looking good for Department of Veterans Affairs chief David Shulkin to continue in his job. He's come under the piercing gaze of the Office of the In-

spector General again ... never a good sign.

First it was traveling on the government dime to Denmark and taking his wife along, thanks to emails doctored

by Shulkin's chief of staff that indicated that the wife's trip could be paid for. Next came the recent scathing OIG follow-up report on the Washington, D.C., VA Medical Center, which had a laundry list of scary tales. Then, White House chief of staff John Kelly had to tell Shulkin to zip his lip, stop talking to the press and to keep to the business at hand, which is to focus on veteran care.

Now, rumors say, it's using his security detail to run personal errands. Specifically, a member of his security

staff was used for a Home Depot trip and then had to haul furniture into the Shulkin house.

Even at first glance, this is a very

stupid thing to do. How, one wonders, is a member of the security staff supposed to protect the VA secretary, and maybe even be in a position to pull out a gun to protect him, if he's

carrying furniture? Second, it's additionally stupid because maybe that highly trained member of the staff doesn't want to be used in that way.

In a short statement before a meeting of a Congressional subcommittee on the VA budget, Shulkin said he deeply regrets all the distraction. He said he's made it clear to his staff that he has no tolerance for anything other than the business they have to do for VA. He didn't mention the run to Home Depot or using his security staff to haul furniture.

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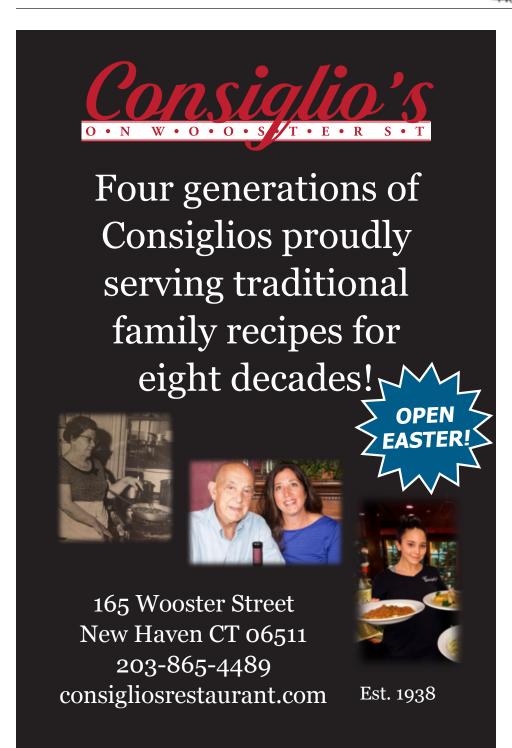
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March 20, 2018 marked the first day of spring and "How Do We Measure Up?" Math Day at The Peck Place School. Students participated in interactive learning centers that provided them with concrete opportunities to explore measurement in our world. Covering length, height, volume, capacity, weight, mass, time, area, perimeter, circumference, and surface area not a degree, minute, gram, inch, or pint was left unturned.



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**Q:** Hands down, my favorite new show is "**The Good Doctor.**" Please tell me that it has been renewed for another season! -- Patti T., via email

A: ABC's breakout freshman medical drama has indeed been renewed. As you know, the show centers on Dr. Shaun Murphy (expertly played by Freddie Highmore), a first-year surgical resident at Chastain Medical Center in San Jose, California. Shaun has autism and savant syndrome, which serves to help him see solutions that his colleagues sometimes can't when tough medical cases cross their paths. According to the numbers, "The Good Doctor" is ABC's most-watched new series in 13 years, and its audience holds steady each week. Earlier this season, Freddie received a Golden Globe nomination for his work as the unique doctor. The series, which airs Monday nights at 10/9c, also stars Richard Schiff, Antonia Thomas, Nicholas Gonzalez, Chuku Modu, Beau Garrett, Hill Harper and Tamlyn Tomita.

\*\*\*

**Q:** I remember there had been talk of a "**Sopranos**" movie before **James Gandolfini** passed away a few years ago, in order to let us know how everyone is doing after that shocking series finale. Are there any plans to resurrect that idea? -- Jonathan F., Trenton, NJ

A: Because of James' death back in 2013, the possibility of a "Sopranos" where-are-they-now movie is pretty much nil; however, series creator **David Chase** recently announced that there is a movie prequel in the works. Warner Bros. recently announced that Chase and **Lawrence Konner** (a writer for "The Sopranos" and "Boardwalk Empire") have already written a script, tentatively titled "The Many Saints of Newark." According to The New York Times, the story will take place in



Freddie Highmore [ABC/Stuart Pettican]

Newark during the 1960s and revolve around the city's race riots, which pitted the Italian and African-American communities against each other during the "Long Hot Summer of 1967."

\*\*\*

READERS: Let's talk reboots (again)! In the past few weeks, I've been mentioning older series that have gained new life, including "Roseanne," "Charmed," "American Idol," "Will and Grace," "Full House," "Murphy Brown," etc. Now you can add "Roswell" to list of revived series. The CW has given a pilot order to revisit the fantasy/alien drama series, which, like the original series, is based on the Melinda Metz book "Roswell High," with this go-round having an immigration twist.

The CW gave this description: "After reluctantly returning to her tourist-trap hometown of Roswell, New Mexico, the daughter of undocumented immigrants discovers a shocking truth about her teenage crush who is now a police officer: He's an alien who has kept his unearthly abilities hidden his entire life. She protects his secret as the two reconnect and begin to investigate his origins, but when a violent attack and long-standing government cover-up point to a greater alien presence on Earth, the politics of fear and hatred threaten to expose him and destroy their deepening romance."

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.



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### Building a Hydroponic Garden

Hydroponic gardening can change people's perceptions of what's needed to grow vibrant plants. Rather than soil, all you may need for a hydroponic garden is water to grow a variety of healthy, strong plants.

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Although it seems like a futuristic concept, hydroponics — or growing plants without soil — actually dates back many centuries. The hanging Gardens of Babylon and The Floating Gardens of China are two of the earliest examples of hydroponics.

According to Fullbloom Hydroponics, hydroponic gardening is a method of growing plants in a water-based, nutrient-rich solution. Instead of soil, roots are supported by an inert material, such as pellets, perlite, or vermiculite. Some people use coconut fiber, sand or gravel as well. The key is that the substance not supply any additional nutrition to the plant. In some instances, the roots grow in water alone.

Hydroponics works so well because the person doing the gardening can directly control the nutrients, oxygen and light according to what the plant needs. A nutrition-based water delivery system delivers food to the roots in a highly soluble form, rather than the roots having to search through the soil and extract the same nutrients. Absorbing food with very little effort means the plant can divert its energy to growing and flower production.

This method of no-soil growth can be used just about anywhere. Although it has not yet edged out traditional farming methods, hydroponics is gaining popularity among entrepreneurs and hobbyists. An added attraction to hydroponics is its efficiency. The gardening resource Maximum Yield says hydroponics is ideal where traditional farming is not an option, such as in large cities where there is little to no access to agriculturally amenable land. Hydroponics can even be merged with vertical farming methods, helping to save space and increase output. Hydroponic gardens can be placed anywhere there is access to water and natural or simulated sunlight. Empty warehouses, rooftops, old shipping containers, and much more can be turned into hydroponic garden locations with minimal effort.

Scientists say that there can be drastic differences in growth rates and yield from hydroponic and soil plants. The group Greentrees Hydroponics says the growth rate for a hydroponic plant can be 30 to 50 percent faster than a soil plant grown under the same conditions. Environmentalists tout that hydroponic gardening is also beneficial to the environment because the plants require considerably less water than those produced with soil gardening and require fewer pesticides or other amendments to thrive.

Hobbyists looking to dabble in hydroponics can find many different hydroponic systems on the market today, in an array of prices and sizes. Wicking, ebb and flow, aeroponics, nutrient film, and deepwater culture are different hydroponic systems, each with their own advantages. Once gardeners get the knack of hydroponics, they may not want to turn back to traditional soil gardening again.



### Ergonomic Techniques Can Make Gardening Less Taxing

Gardening is a popular activity that seems to be gaining even more supporters. Statistica reports that the number of people who gardened within the last 12 months in the United States rose from around 105 million in 2008 to 118 million in 2017.

Gardening can be relaxing yet physically demanding work. Gardeners who find themselves battling aches and pains after spending time in the garden may need to make a greater effort to reduce injuries and improve comfort when tilling, weeding or installing new landscape features.

Ergonomic gardening techniques and tools can help gardeners reduce their risk of injury and make gardening more comfortable.

### Warm up

Just as novice athletes wouldn't dive right into a strenuous workout at the gym, nor should novice gardeners immediately pick up a shovel and jump into digging a hole for their new tree. Gardening requires bending, stooping, lifting, twisting, and other movements that work the entire body. Spending 10 or more minutes stretching, walking and doing a few back and arm rotations can limber the body up for the physical activity to come.

### Use proper form

Think about the mechanics of lifting weights during a workout, as home and garden tasks may mimic movements made when exercising. The occupational therapists at Bend Spinal Care say that strain on the lower back can be reduced by positioning objects close to

the body and its center of gravity when lifting them. Furthermore, people can contract their abdominal (core) muscles when lifting and bending to support the back. When lifting heavy objects, power should be derived from the legs and buttocks rather than the back.

### Keep items close

Keeping work closer to the body will reduce the need for stooping, leaning or reaching, which should cut down on pulled muscles. Long-handled tools can help minimize reaching. Use step ladders to reach high areas or get down on padded cushions to work closer to the ground. This alleviates strain to the neck from having to look up or down for extended periods of time. Raised garden beds can bring plants to a person's level. The therapists at ProCare Physical Therapy say that working below shoulder level whenever possible can prevent shoulder strains; otherwise, perform tasks for no more than five minutes at a time.

### Invest in new tools

Cushioned grips and grip handles can prevent wrist fatigue, as can hand tools that keep wrists straight to improve strength and reduce repetitive motion injuries. Long-handled tools and push mowers should be as tall as the person using them. Seek out tools that keep the body in natural positions to maximize efficiency.

Even though gardening is viewed as a relaxing pastime, the work involved can be taxing on the body. Ergonomic tools and proper form can keep injuries at bay.

"The willingness to sacrifice is the prelude to freedom. The first step in the struggle to lift the yoke of bondage must be marked with the blood of idealism — of idealistic men and women who are willing to make the sacrifice that the realization of freedom requires. Liberty is not achieved by complacency; it is not won without suffering the scars of battle. It is accomplished by selflessness and sacrifice; it is won by courageous action." — ALFRED J. KOLACH

### CLUBS & ORGANIZATIONS

### Knights of Columbus Dinner Dance

The Knights of Columbus Father Breen Assembly will hold a dinner dance on Saturday, April 28, 2018 at its new location, 240 Naugatuck Avenue, Milford, CT. The dance is open to the public. The dinner will be from 6:30 to 8:00pm immediately followed by dancing with a DJ until 11:00. The buffet dinner will include carved London broil, chicken picatta, eggplant rollatini, cavatelli with marinara sauce, roasted potatoes, tossed garden salad,

cake, coffee and tea. The cost is \$25 a person. Please make checks payable to the Knights of Columbus Father Breen Assembly and mail payment to Joseph Lucisano, 93 Berkeley Terrace, Milford, Ct. 06460 by April 26,2018. If you are planning a table of 8 to 10 people, call Joe ahead of time at (203) 878-8343 to reserve a table for your group. Any other questions, please feel free to call Joe or email him at lucejk@aol.com.

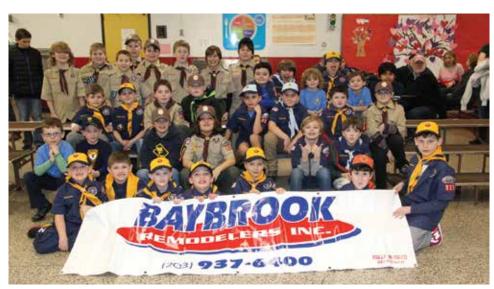
### Craft Vendors for 10<sup>th</sup> Annual Strawberry Festival

Artists, artisans, handcrafters, antique dealers and local business owners are sought to display their products at the 10th annual Strawberry Festival sponsored by the Orange Congregational Church on June 9 (rain date – June 10) at the Orange Fairgrounds. The local event that attracts more than

3,000 visitors provides a day of family fun with musical entertainment, rides, games and all manner of "things strawberry" For more information to register for a vendor booth, contact the church at 203-795-9749 or visit the church website at www.orange-congregationalchurch.org.



### www.OrangeTownNews.com





Cub Scout Pack 923 2018 Pine Wood Derby participants gather for race night thanks to the generosity of Baybrook Remodelers who initially purchased the track for the Pack and continues to provide storage for the unit. This year's winning car entries were Mario Petrazzuoli, Stephen Pedenski and Max Petrazzuoli.

### Cub Scout Pack 923 Races To Fill Food Bank!

It has become a yearly tradition for Cub Scout Pack 923 in Orange to give back to its community every winter at its annual Pine Wood Derby Race. The cub scouts collect nonperishables and toiletries for the Orange Food Bank. The Pine Wood Derby is a perennial favorite event for Cub Scouts all around the country and the world to participate in every winter. Pack 923 took the fun one step further by "charging" an entry fee to participate in the race and requiring the Scouts to help collect items at a time of the year people often do not think of their local food banks.

Cub Scout Pack 923 is a very active pack of 40 boys and now are welcom-

ing girls to come check out the adventures of Cub Scouting. Girls entering Kindergarten through 5th grade are encouraged to contact Pack 923 to join the newly created Family Cub Scouting group. Sisters have long been a part of our Pack. We have many siblings and sisters who were our "honorary cubs" and now girls will be able to become full-fledged members of Cub Scout Pack 923.

Please feel free to contact Pack Administrator Marie Pedenski at pmags2014@gmail.com or Pack Committee Member Kelly Orzel at klorzel@yahoo.com for more information about Cub Scout Pack 923.

"Easter is not a time for groping through dusty, musty tomes or tombs to disprove spontaneous generation or even to prove life eternal. It is a day to fan the ashes of dead hope, a day to banish doubts and seek the slopes where the sun is rising, to revel in the faith which transports us out of ourselves and the dead past into the vast and inviting unknown." — AUTHOR UNKNOWN, AS QUOTED IN THE LEWISTON TRIBUNE

### LOCAL SPORTS



### Klarides Sisters' Bill Proposal A Home Run for Athletes

House Republican Leader Themis Klarides and State Rep. Nicole Klarides-Ditria joined the President and CEO of Force3 Pro Gear Jason Klein to pitch a new law, Senate Bill 434, to the General Law Committee that will help protect athletes and give consumers more information about the protective equipment they are purchasing. Jason Klein of Force3 Pro Gear located in Derby said, "As a Connecticut company creating this breakthrough technology, we have a great story to tell, but unfortunately the non-profit organization that currently sets the safety standards for equipment used in little leagues and high school athletics, prohibits our company from sharing with the public our outstanding safety data."

According to Klein's testimony, the National Operating Committee on Standards for Athletic Equipment (also known as "NOCSAE") was formed in 1969 to commission research directed toward injury reduction. Little league and high school athletics, through their respective rules, require protective equipment used in baseball and softball to meet standards set by NOCSAE. The NOCSAE helmet standard uses a pass/fail threshold to determine whether or not a helmet meets the standard performance criteria. The NOCSAE pass/fail threshold is 1200 Severity Index units or SI. A helmet must test below 1200 SI in all 16 designated and random impact locations, including impacts at a helmet in ambient, high and low temperatures.

Klein added, "We are prohibited from sharing our severity index results with the public. In fact, there's been no place for an athlete or parent seeking helmet safety information to turn and no way for them to compare results with other helmets currently on the market."

House Republican Leader Themis Klarides said, "Concussions are a serious issue and providing athletes at every level with the best protective equipment should be everyone's top priority. I am shocked that these standards are not readily available to the consumers already. We are asking lawmakers to step up to the plate and pass this bill to make athletes safer and consumers more knowledgeable about the equipment they are purchasing."

State Rep. Nicole Klarides-Ditria explained, "As a parent of a student-athlete, an Atheltic Trainer, and a lawmaker, I think this bill is a home run and will help prevent concussions from occurring. We want to give parents and athletes all the information available about the safety of the protective equipment they are purchasing. Consumers should know that a certain helmet they are buying is not as safe as another helmet brand."

The bill now awaits action by the General Law Committee before it can be voted on by the full General Assembly. To learn more about Force3 Pro visit, www.force3progear.com.



The Lady Orange Grade 4 Team just recently won the Milford Knights Post Season Tournament capping a great season for the team. Team members include: Julia DeMaio, Mackenzie Smith, Lily Simons, Addy Pivovar, Ava Storz, Sarah Donegan, Sydney Cain, Sienna Murphy, Nina Nardecchia, Marlee Lyons, JJ Kirck. The team is coached by Todd Simons, John Pivovar and Mike Storz.



The Lady Orange Grade 8 team finished their Lady O careers winning the Milford Post Season Hoop Fest Grade 8 Tournament Championship, after going 3-0 in Pool Play. Team members include: Jayne Whitman, Sydney Manzione, Meredyth Laskowski, Adriana Tufano, Avery Butt, Sarah Granados, Anna Varholak, Victoria Gajdos, Emma Kirck, Meghan Kirck. The team is coached by Ed Whitman and Jason Kirck.





### DOLLARS AND SENSE

### Spring Cleaning For Your Documents

#### By Roberta L. Nestor

Spring is the perfect time to attack those piles of paper and even your computer files. There are many reasons to keep your personal papers in order and with identity theft on the rise it has become imperative to make sure you are properly shredding unwanted paper. With all of the paperless options available to us, the papers still pile up.

Let's start with the simple items, those you do not need to keep for more than a year. Basically you only need to keep credit card receipts and bank statements for a year unless they are needed for tax support. If they are related to your tax returns, then you should keep those for 7 years. Paycheck stubs and utility bills, credit card statements (that are not tax related) need only be kept for one year.

You should keep your end of year investment statements (for all retirement accounts as well as non-retirement accounts) until you have completely liquidated the investments. After you have sold them you still should hang on to these annual statements for 7 years from the time they were closed.

If you purchased a home, then you should keep the home closing documents (as well as the closing statement) for as long as you own the property – plus 3 years. Deeds for home ownership should all be kept as long as you own the property. If you had service contracts for a new home or builder's warranty's, these should also be held until the warranty expires

Our tax returns are the most important documents and the IRS has specific rules for how long you have to keep your tax returns which are listed below from the IRS website.

- 1. Keep records for 3 years if situations (4), (5), and (6) below do not apply to you.
- 2. Keep records for 3 years from the date you filed your original return or 2 years after the date you paid the tax, whichever is later, if you file a claim for a credit or refund after you file your return.
- 3. Keep records for 7 years if you file a claim for a loss from worthless securities or bad debt.
- 4. Keep records for 6 years if you do not report income that you should have reported, and it is more than 25% of the gross income shown on your return.
- 5. Keep records indefinitely if you do not file a return.
- 6. Keep records indefinitely if you file a fraudulent return.
- 7. Keep employment tax records for at least 4 years after the date the tax becomes due or is paid, whichever is later.

Many do not agree with the IRS guidelines and with good reason. There are several circumstances where you might want to consider keeping your old tax returns indefinitely. Ask anyone who has been audited or who has had income reporting errors on their social security statements. The burden of proof is on you, the taxpayer. Needless to say our tax returns contain 100% of our personal information and should be carefully stored at all times. Home theft, floods or fire can wipe out those manila folders or envelopes that we keep in our homes. A safe or safety deposit box is the best way to store these valuable tax returns.

Some of the more common reasons for keeping returns longer than 3 years would apply to individuals who have made non-deductible IRA contributions. These are reported as a part of your tax-return (Form 8606). Investment companies do not track whether or not your IRA contribution was deductible or not. 1099's for future IRA withdrawals may show distributions as being fully taxable even though you have already paid tax on contributions.

Significant home improvements you have made over the years contribute to the cost-basis when selling your home in the future. If you sell your home and the cost-basis is questioned, the IRS can ask for proof of those home improvements. Self-employed individuals have to be especially careful keeping records of equipment purchases that are being depreciated, again the IRS can require proof of those purchases, whether they were 7 years prior or 20 years prior.

If your tax returns are basic and do not involve home purchases, investments or retirement accounts you may choose to follow the IRS guidelines. For most of us, we would rather be safe than sorry and keeping records a few years longer can never work against you.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network - a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.



Crocus blooms are some of the first seen in early spring.

### Early-Blooming Spring Flowers

The arrival of spring is a welcome occurrence for many people. Budding flowers are among the harbingers of spring. Spring flowers can revitalize winter-weary people just when they need it most — and provide reassurance that brighter, warmer and longer hours of sunlight are just around the corner.

Cold-tolerant flowers are hardy enough to start blooming before the last frosts have dissipated. Other flowers will begin to fill in as days warm a little bit more, according to Better Homes and Gardens. Home gardeners looking to warm up their gardens with early blooms can use these flowers in their early-season containers, window boxes and planting beds.

**Pansy:** Pansies prefer cool weather, which can make them one of the best flowers to plant in early spring and late fall. Pansies come in a variety of colors, so there's bound to be an offering that will blend with any homeowners' landscape design.

**Creeping phlox:** Also known "moss phlox," creeping phlox is a short ground-cover that is a herbaceous perennial. Phlox produces small, fragrant flowers in dense clusters, which can attract wildlife, such as butterflies, to their mats across the soil surface.

**Snowdrops:** Snowdrops can peek out even when there is snow still on the ground — sometimes as early as January and February. But their name

is actually a reference to their appearance, as snowdrops have three white petals that hang down like drops dripping off the stem.

**Violets:** These flowers are closely related to pansies and, as a result, prefer cool seasons. Violets are generally slightly smaller than pansy blooms, but they can be just as beautiful. But as with pansies, violets will start to fade when the heat arrives.

**Crocus:** Crocus plants are relatively small, only reaching three to six inches in height. However, their grass-like leaves are some of the first sprouts that can be seen among bulb and corm plantings. Preferring full to partial sun, these gold, purple, lavender, white, or yellow flowers can be enjoyed during the earliest days of spring.

**Daffodil:** Daffodil bulbs produce cheerful, yellow flowers in early spring. They're one of the most recognizable flowers thanks to their familiar shape and fragrant aroma.

**Lenten rose:** Hellebores, also called the Lenten rose or Christmas rose, can tolerate light frosts. These blooms get their name from the time of year when they bloom, which is typically around the Christian Lenten season. Despite their name, these delicate flowers are not actually related to roses, however.

Early-blooming flowers give winter-weary gardeners hope that spring has arrived.



### HOUSES OF WORSHIP EVENTS

### Congregation Or Shalom Events

### **Weekly Services**

#### Minyan Services

- > Sunday 9:00 AM
- > Monday 7:30 AM
- > Thursday 7:30 AM

#### Healing Circle

> Wednesday 7:30 AM

#### Shabbat Services

- > Friday 7:00 PM
- > Saturday 9:30 PM

### Coffee and Learn with the Rabbi

Every Wednesday (please call the office for schedule) Rabbi Alvin Wainhaus teaches an hour-long class devoted to the ancient texts of our heritage and the light they shed on the current issues. The class begins at 11:00am and ends at 12noon sharp. Please call the office to confirm class is meeting. ALL ARE WELCOME!



Congregation Or Shalom

#### Zumba Gold At Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

### Upcoming Events at Temple Emanuel

April is a busy month at Temple Emanuel. Please join us at any or all of the following events:

### Friday, April 6 at 6:30

Family Shabbat lead by the 7th grade;

#### Thursday April 12 to Saturday April 14

Scholar-in-Residence Weekend with Rabbi Lawrence Englander, D.H.L., founding rabbi of Solel Congregation in Mississauga, Ontario, Canada, and co-editor of the recently published "The Fragile Dialogue: New Voices of Liberal Zionism," a collection of essays presenting a wide variety of modern liberal Zionist ideas. All events are open to the public;

### Thursday, April 12

- > 7:00pm 8:30 pm Mishnah class; Friday, April 13
- 5:30 pm Tot Shabbat with Rabbi Michael Farbman a special service for kids under 5 and their families;
- 6:00 pm Shabbat dinner please RSVP for dinner on the TE website;
- 7:30 pm Kabbalat Shabbat Service Rabbi Englander will discuss his book, "The Fragile Dialogue: New Voices for Liberal Zionism"; and



Temple Emanuel

### Saturday, April 14

- 10:00 am Shabbat Minyan with Rabbi Englander;
- 12:15 pm dairy lunch please RSVP for lunch on the TE website;
- 1:00 pm-2:30 pm Rabbi Englander will discuss new religious trends in Israeli popular music;
- 6:30 pm listen to and discuss
   Israeli songs of protest;
- > 8:00 pm Havdallah.

Please go to the TE website, www. TEGNH.org or call the office at 203-397-3000 for more information and to register for Friday dinner and Saturday lunch.

Friday, April 27 at 7:00 pm – special musical Kabbalat Shabbat, Israel @ 70, with the Temple Emanuel Band, followed by dinner and Israeli dancing. For more information about this event, please go to the Temple Emanuel website, www.tegnh.org, or call the temple office at 203-397-3000.



### Dr. Barry Holtz to Speak at CBJ

On Sunday, April 22 at 10 am, Congregation B'nai Jacob in Woodbridge will present Dr. Barry Holtz, in a lecture entitled, "Who was Rabbi Akiva and Why Should He Matter to Jews Today?" Dr. Holtz will discuss his acclaimed new biography of Rabbi Akiva -- Rabbi Akiva: Sage of the Talmud (Yale University Press, 2017). How did Rabbi Akiva transform from an impoverished, unschooled man of 40 into a beloved, influential Talmudic scholar and quite possibly, "the greatest rabbi of them all?" In this lecture, Dr. Holtz will explore what is entailed in writing a biography of a figure from the distant past and how the stories of Akiva's life

speaks to us today. Books will be available for purchase and signing following the program.

Barry W. Holtz is the Theodore and Florence Baumritter Professor of Jewish Education at The Jewish Theological Seminary. He served as Dean of the Seminary from 2008 to 2013. His five previous books include Back to the Sources: Reading the Classic Jewish Texts and Textual Knowledge: Teaching the Bible in Theory and in Practice, which received the National Jewish Book Award for education.

For more information, please contact B'nai Jacob at 203-389-2111 or http://www.bnaijacob.org.

### Orange Congregational Church Easter Services

Orange Congregational Church is an Open and Affirming Congregation, located at 205 Meeting House Lane in Orange. Easter Sunday services will be on April 1, 2018 at 6:30 a.m. for a Sunrise Service at Hannah's Hill (outside near the church) and then inside the church Sanctuary at 9:00 a.m. for traditional Easter Worship & Communion, including music from our Handbell Choir and Senior Choir and also at 11:00 a.m. for traditional Easter Worship & Communion, with music from our Junior, Handbell and Senior Choirs.

### Good Friday, March 30

7:00 p.m. Worship in the Sanctuary **Easter Sunday, April 1st** 

6:00 a.m. Sunrise Service at Han-



 $Orange\ Congregational\ Church$ 

nah's Hill outside near the church. A service offered by our Youth to celebrate the risen Christ. After worship, we will meet at Chip's Restaurant in Orange for breakfast.

9:00 a.m. & 11:00 a.m. Worship in the Sanctuary. *Music from our Junior Choir, Bell Choir and Senior Choirs*.

### www.OrangeTownNews.com

### HOUSES OF WORSHIP EVENTS



### Holy Week Service Schedule for Zion Lutheran Church

Good Friday (3/30) 7:30pm, Saturday Vigil (3/31) 7:30pm, Easter Breakfast (4/1) 9:15am.

Easter Sunday festival worship with

string quartet at 10:30am, followed by an Easter egg hunt. Visit us at 780 Grassy Hill Road, Orange or call (203) 795-3916. All are welcome!

### The First Church of Christ Celebrates Easter

We are pleased to announce the First Church of Christ Woodbridge Easter celebrations and to invite everyone in the community to join us at 5 Meeting House Lane for one or both of our Easter Sunday Services on April 1st.

### **Easter Sunrise Service**

6:30 a.m. on the Church Green in front of the Meeting House. The early light of Resurrection Day will greet us as we hear the amazing story of the Christ's resurrection. Following the service there will be a breakfast in the Parish House.

### Easter Sunday Worship Service

10 a.m. with glorious music, communion, and the proclamation of the Good News of Jesus' Resurrection. The service will feature special music from our Senior Choir and Bell Choir, both under the leadership of Faye Chen, and from our organist Nenad Ivovic.

We also invite all members of the community to join us throughout April for our regularly scheduled services and events:

### **Sunday Services**

10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

### **Church School**

Sunday at 10 a.m. the second



The First Church of Christ

through fifth Sundays during the school year with lessons based on the Lectionary.

### **Confirmation Class**

For children in 7th – 9th grades will not meet on the first Sunday of the month as usual due to the Easter services.

### Middle School Youth Group

For 5th – 8th graders meets the second Sunday on the month. In April the youth will join the Men's Fellowship in holding the annual pancake brunch for the congregation. Set up is on April 7th at 3 pm. The brunch is on April 8th following the worship service.

### Weekly Bible Study

Wednesdays, 10-11 a.m. in the Parish House. We study both Old and New Testament passages based on the Lectionary.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.



### **Episcopal Church of the Good Shepherd Easter Worship**

The Church of the Good Shepherd invites you to attend our services on Easter Sunday at 8am and 10am with our annual Easter Egg Hunt following the 10am service. All are welcome.

### First Tuesday April 3rd, 2018 6:45 p.m.

Men, please go through your closets and attics looking for pants that you no longer need and are in good repair. First Tuesday will be collecting and gathering them to be donated to the clothing closet at Loaves & Fishes in New Haven in April. Please bring your pants to the church by Tuesday, April 3rd. First Tuesdays start at 6:45, and end at 8pm. Folks of all ages (kids

in pj's even!) are welcome to come to the parish hall for fun, fellowship, and prayer. All are welcome.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music at 10 a.m. For more information about The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspheherd@optonline.net, visit our website @ www.thegoodshepherdorangect.org, and, of course, check our Facebook page www.facebook.com/cgsorangect for frequent postings.

### Chinmaya Saraswati Ashram to Host Spiritual Discourse

Chinmaya Saraswati Ashram at 393 Derby Avenue, Orange will host an inspirational discourse on Chapter 11– 'Vishwaroopa Darshanam' of the Bhagavad Gita by renowned Swami Shantanandaji. Be enlightened by the gems of this sacred scripture. Discourse times: Thursday, April 19

& Friday, April 20 - 7:30-9 PM; Saturday, April 21, 9:30 AM-11 AM and 11.30 AM -1 PM. Free Lunch 1-2 PM. Concluding Session - 4-5:30 PM. This is a FREE event. All are welcome, and registration is not required. For more information, visit chinmayafairfield. org.

### Congregation Mishkan Israel to Host Passover Seder Dinner

Congregation Mishkan Israel will be hosting its annual community Passover Seder on the second night of Passover, Saturday, March 31. The Seder will begin at 6:00 p.m. Members of the community are cordially invited. Please call the synagogue office for prices. Reservations are due by Friday, March 23. This program appeals to all ages.

Advance tickets are required; sales are available online at: cmihamden.org. This year's food is being provided by Emily's Catering.

Congregation Mishkan Israel is a reform synagogue located at 785 Ridge Road in Hamden. For more information and for reservations, contact the synagogue office at 203-288-3877.

### SUPPORT OUR ADVERTISERS!

Tell them you saw their ad in the Orange Town News.

### EMORIAL LIBARY EVE

Programs at the Case Memorial Library are free, except as noted for materials charges, and open to the public. Library hours are as follows, starting April 2: Monday and Thursday 10-8; Tuesday, Wednesday, and Friday 10-5; Saturday 10-5. The Library will be closed Friday, March 30 in observance of Good Friday, and Saturday, May 26 through Monday, May 28 for the Memorial Day weekend.

#### **Events For Adults**

Book Discussions

The Bookcase: Evening **Discussion Group** 

Thursday, April 19, 7 p.m.

Join The Bookcase leader Toby Zabinski for a discussion of The Unseen World by Liz Moore. Check for copies at the Circulation Desk.

#### 2018 Oscar Films

The Shape of Water | 2 hr. 3 min. | R Monday, April 9, 7 p.m.

Wednesday, April 11, 1 p.m.

At a top secret research facility in the 1960s, a lonely janitor forms a unique relationship with an amphibious creature that is being held in captivity.

#### Three Billboards Outside Ebbing, Missouri | 1 hr. 55 min. | R

Monday, April 16, 7 p.m. Wednesday, April 18, 1 p.m.

A mother personally challenges the local authorities to solve her daughter's murder when they fail to catch the culprit.

### Darkest Hour | 2 hr. 5 min. | PG-13

Monday, April 30, 7 p.m.

Wednesday, May 2, 1 p.m.

During the early days of World War II, the fate of Western Europe hangs on the newly appointed British Prime Minister Winston Churchill, who must decide whether to negotiate with Adolf Hitler or fight on against incredible odds.

### Lady Bird | 1 hr. 34 min. | R

Monday, May 7, 7 p.m.

Wednesday, May 9, 1 p.m.

In 2002, an artistically inclined seventeen-year-old girl comes of age in Sacramento, California.

### I, Tonya | 2 hr. | R

Monday, May 14, 7 p.m.

Wednesday, May 16, 1 p.m.

Competitive ice skater Tonya Harding rises amongst the ranks at the U.S. Figure Skating Championships, but her future in the sport is thrown into doubt when her ex-husband intervenes.

Call Me By Your Name

| 2 hr. 12 min. | R



176 Tyler City Road, Orange, CT 06477 203-891-2170 • www.casememoriallibrary.org

Monday, May 21, 7 p.m. Wednesday, May 23, 1 p.m.

In 1980s Italy, a romance blossoms between a seventeen-year-old student and the older man hired as his father's research assistant.

### **Events For Teens**

Book Chat Café

students who love to read and share their opinions over refreshments. Held at the Amity Middle School Media Center. Please see Ms. Leibrock to join and for more information about meeting dates and times.

# For Amity Middle School

Audience participation is highly encouraged at this storytime session just for 2s. Enjoy books, stories, music and movement, fingerplays and puppetry together. Registration is not required.

### Minute to Win It Physics with Cool-ology

Thursday, April 5, 5:30-6:30 p.m.

For children ages 5-10. Can you ace our one-minute physics challenges? Find out at this interactive workshop as we explore inertia, motion, and acceleration! Registration is required and opened on March 15.

### **STEM** Storytime: Weather

Saturday, April 7, 10:30-11:15 a.m.

Can a fairytale or picture book really be used to teach science? See how with Ms. Michelle! We'll read the book together as a group, learn more about the story through our re-telling, then make a scientific craft or try some hands-on experiments together. This storytime is best for children ages 3-5, but older siblings are welcome. Registration is required.

### Tween Event: LED Throwie Workshop

Thursday, April 12, 5:30-6:30 p.m.

For children in grades 4-6. "Throwies" are tiny lights constructed out of rare earth magnets, watch batteries, electric tape, and LED bulbs and are designed to stick to metal surfaces. Link them together to create a color-changing throwie "ball" or make individual lights to build a throwie constellation! Registration is required.

### No Bake Kids' Cooking Class with Courtney Huggins

Wednesday, April 18, Session I: 2-3 p.m.; Session II: 3:30-4:30 p.m.

For children ages 5-10. Make tasty, healthy recipes with Courtney Huggins, Orange ShopRite's Registered Dietitian! Registration is required. Please notify us of any food allergies at the time of registration so that we may make the proper accommodations.

#### Scratch Coding Storytelling

Thursday, April 19, 5:30-6:45 p.m.

For children in grades 4-6 (grade 3 with a parent). Create your own unique story using Google CS First! Laptops and headphones will be provided. Space is limited and registration is required. Registration opened on March 29.

### "The Rainbow Fish" Drama Workshop with Ingrid Schaeffer

Saturday, April 21, 2-3:30 p.m.

For children ages 5-10. Deep inside the ocean, a fish with sparkling rainbow scales captivates fellow sea creatures with his beauty. But everything changes when the rainbow fish refuses to share any beauty with his admirers. Ingrid Schaeffer will read Marcus Pfister's tale aloud to the group and provide costumes and props. Then, we'll re-enact the story together. Participants will also complete an art activity based on the book as part of the workshop. Registration is required and will open on Saturday, March 31. This drama workshop is generously funded by a grant from the Orange Foundation Trust U/A, Bank of America, N.A., Trustee.

### Code Studio

Thursday, April 26, 5-6 p.m.

For children in grades K-3. Play games that teach the basics of coding. Laptops and headphones will be provided. Space is limited and registration is required. Registration will open on Thursday, April 5.

### **Art Receptions**

**April:** Art by the children of Orange elementary schools, selected by art teachers, on view April 2-28. Reception: April 6, 4-56 p.m.

May: Art by the Bridgeport Art League, on view May 2-30. Reception: May 10, 5-7 p.m.

### **Events For Children** 3-5 Year Olds Storytime

Monday, April 2, 4 p.m.

Mondays starting April 9, 10:30 a.m.

Enjoy storytelling, books, music, fingerplays and puppetry at this story time series especially for 3-5-year olds! A story-related craft is offered following each session. Registration is not required.

### Lapsit Storytime

Tuesdays, 10:30 a.m.

Little ones and their caregivers are invited to this high-energy story time with Ms. Michelle! We'll practice nursery rhymes, sing and move together, plus explore touch-and-feel books. Registration is not required.

### 2-Year-Old Storytime

Wednesdays, 10:30 a.m.

"The Seder is long, but delightful, and no matter how sleepy we feel at the end of it we are very happy." - AUNT NAOMI



### Newest Additions To Case Memorial Library

Case Memorial Library, located at 176 Tyler City Road, has added more movies on DVD, Audiobooks and music CDs to its extensive collection. Check them out!

### Movies/TV on DVD

American Assassin Blade Runner 2049 The Crown, Season 1 Home Again

It

Kingsman: The Golden Circle
Logan Lucky
Shock Wave
Twin Peaks: A Limited Event Series
Victoria and Abdul

### Music on CD

Tony Allen -- The Source
Tori Amos -- Native Invader
Calexico -- The Thread That Keeps Us
Chris Stapleton -- From a Room, Volume 2
David Holland Quartet -- Conference of the Birds
Oliver Lake featuring Flux Quartet -- Right Up On

Ryuki Sakamoto -- Async
Bob Seger -- I Knew You When
Shame -- Songs of Praise
Rhonda Vincent and the Rage -- All the Rage

### **Audiobooks**

Amy Bloom -- White Houses
Kristin Hannah -- The Great Alone
Jane Harper -- Force of Nature
Walter Isaacson -- Leonardo da Vinci
Sophie Kinsella -- Surprise Me
Kate Moore -- The Radium Girls
Liz Moore -- The Unseen World
Michael Wolff -- Fire and Fury

### www.OrangeTownNews.com

Everyone Is Invited To A

### PUBLIC INFORMATIONAL MEETING

State Project No. 0106-0128

INTERCHANGE NO. 58 IMPROVEMENTS ON ROUTE 15 AT ROUTE 34 TOWN OF ORANGE, CONNECTICUT

To Be Held

### Wednesday, April 4, 2018

(Inclement Weather Date: April 12, 2018)

at the

Orange Town Hall Lower Level Meeting Room 617 Orange Center Road, Orange, CT 06477

Open Forum for Individual Discussions with DOT Officials will begin at 6:30 p.m. Formal Presentation at 7:00 p.m.

Residents, commuters, business owners, and other interested individuals are encouraged to take advantage of this opportunity to learn about and discuss the proposed project.

Written questions or comments should be directed to Mr. Michael S. Cherpak, P.E.
Transportation Supervising Engineer
Connecticut Department of Transportation
P.O. Box 317546
Newington, Connecticut 06131-7546
or e-mail Michael.Cherpak@ct.gov

PLEASE JOIN US ON Wednesday, April 4, 2018

Plans will be available at the Orange Town Hall two weeks prior to the meeting. The meeting facility is ADA accessible. Language assistance may be requested by contacting the Department's Office of Communications at (860) 594-3062 at least 5 business days prior to the meeting. Persons with hearing and/or speech disabilities may dial 711 for Telecommunications Relay Service (TRS). Language assistance is provided at no cost to the public and efforts will be made to respond to timely requests for assistance.

STATE OF CONNECTICUT DEPARTMENT OF TRANSPORTATION

### Avoid Chicks and Ducklings this Easter

Baby chickens and ducks make for adorable Easter scenery, as their soft feathers and diminutive size make them a natural draw for inquisitive and loving children looking for a new pet, but those little winged cuties will

grow into adult animals, which often make them impractical for the average family.

When purchasing chicks or ducklings, many people may not realize just how quickly these ani-

mals grow. Pekin ducklings, one of the more popular species of duck available, can reach adult size between 4 and 5 weeks of age. Chicks can transform from that small puffball of yellow or white feathers into an adult-sized bird in mere months. Some chicken breeds weigh four pounds between 7 and 9 weeks of age.

Many families find that once chicks and ducklings outgrow their initial nesting box they become impractical.

They need suitable shelter as well as a space to enjoy the outdoors. Animals are often abandoned if their needs become too much to handle.

The animal resource www.vetstreet. com also warns that ducks and chicks

tend to be messy pets. They shed feathers constantly and can deposit waste all over. Ducks and chicks also like to kick up bedding when nesting and can pass diseases to people

through their fecal matter, which is why humans must wash their hands after contact.

Many people also think that chicks and ducks are perfect for little kids, but the animals can become stressed by rough handling and peck or scratch to avoid perceived danger.

Instead of live ducks and chicks this Easter, well-meaning parents or grandparents are better sticking with the chocolate varieties.

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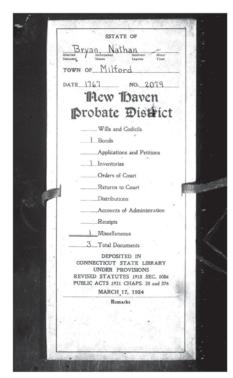
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### It's Now the Second Floor

No, it's not called the 2nd floor, and it's not the attic, it's the garret. The word garret comes from Old French with a military meaning of a watchtower, something similar to a garrison. Here guards or soldiers would be quartered to defend with its origin meaning to provide or defend. The garret of the Bryan-Andrew House is the place where 8 children slept, Nathan's children. When Mrs. Emerson sold the house, in 2000, the 2nd floor had a proper ceiling, narrow width floors with walls to match, painted white. The part that was the "attic" could be reached by a trap door in the ceiling of one of the partitioned-off bedrooms.

The Orange Historical Society (OHS), in its efforts to keep the house to the original 1740 design, has removed the 1940s "look" and replaced the floors with 10'x15" oak boards, some of which were found in the attic. There had been a staircase from the first floor to what is now the garret, but was removed during one of the owners' need to put in a shower in the only bathroom. To this end, the staircase was literally cut off, leaving two steps and two risers at the very top. Flooring then covered the opening and a closet was built there.



Probate record for Bryan

Since this area was now divided into two bedrooms and a 2nd bathroom, all evidence of the history of the hidden staircase was removed only to be discovered when touring the house. Ginny Reinhard, President of the OHS, noticed the pieces of stairs just hanging in place and upon further investigation, wallpaper could be seen on the inner wall of the missing staircase giving rise to the fact that indeed, there was a staircase there at one time. With additional research, the houses, known as a Vernacular cape had such

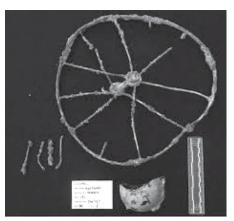


Garret staircase

a staircase in that place. Vernacular meaning simple and often copied in a certain area or colony.

A modern, curved mahogany staircase was built in the front part of the house, closing it in with one of the doors from the hall, most likely to keep heat from rising to the 2nd floor. This door exactly matched two others from this east side room. With the help of our contractor, Edd Oberg, the garret floor is complete and a colonial style railing has been installed so that this area can be used as it was originally intended. For visitors coming to see the house, a typical rope bed with colonial bed linen and a trundle bed will welcome sightseers to yesterday. Two blanket chests, one which appears to hale from Pennsylvania, a desk and a trunk will give rise to yet another completed original room.

One will need to notice the embroi-



Ezekiel's wheel - cosmogram with artifacts

dered letters and numbers on the bed linen as this was not only to show the bride's dowry but also upon which bed it was to be put. Beds, being handmade were of different sizes depending on the maker and the available material, so bed linen was made to match each bed. The OHS is fortunate to have several quilts from the Treat family and the Andrew family as well. Unfortunately, all of the inventory of the two Nathan Bryans, builder and son are long gone. The inventory of the father, as researched by Clare Staib-Kaufmann shows many items associated with the bedroom.

### And What Was In the Garret?

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1790 census

In 2001 the Orange Historical Society (OHS) was active in the restoration of the area that Mrs. Emerson's daughters used as bedrooms with the curved stairway winding around the chimneystack. Now this stack, although covered with tongue & groove, also had a small fireplace with a makeshift hearth of loose bricks. Once the decision was made to take the cover off, a whole new history emerged.

Under the bricks were small pieces of this and that, material, corncobs, chicken bones and small pieces of broken pottery. In looking at the corncobs, it was obvious that notches were carved into the ends which, when put together, made a cross, not a religious cross as we know it but more of an "x". There were several of these which peaked our interest to go into researching all of these "treasures."

And what did we find? Cosmograms, a circle with an "x" inside. Many slaves came from the BaKongo in West Central Africa and it was there that this symbol was used in their rituals. The Bakongo are a numerous and powerful people located in the southern portion of modern Democratic Republic of Congo near the Angolan border. It is here that the slave trade was carried on in earnest for the southern plantations. The cosmogram represented the universe and the path traveled through this world and the next. The slaves believed that the soul came and went from fire and it was the fireplace and hearth that gave us the various artifacts that represented their faith and the manner in which the soul came to them and departed.

According to Bakongo religion, an almighty God emanates power that may be controlled for either good or evil by living human beings, people who make sacred medicines or minkisi. These minkisi control the spirits of the cosmos connecting the living with the powers of the dead which involves putting together several spirit-embodying materials which as mentioned were found in the hearth in the garret. In addition to what was mentioned shells, pieces of wood, and little bundles of cloth would be part of the ritual.

The 1790 Census lists 2 slaves in the Bryan-Andrew house. Since New England did not have a widespread practice of owning slaves as was in the south, it can be interpreted that the two members listed were more likely household servants, but the census is very limited as to members of a household, thus the category of slave would be the most obvious place to put the two members. However, before Christianity was thrust upon them, they would have held to the beliefs of their ancestors.

In the late 18th century Methodist Episcopal preachers carried the Christian message to the plantations in Maryland and were somewhat successful in interpreting the cosmogram by repurposing it with the connection to Ezekiel's wheel. Both symbols put the universe theory together.



### The Orange Historical Society Presents

Taste of the Past

### Sheryl Faye Introduces Clara Barton

Civil War Nurse Founder, Red Cross

Please include names of people attending with you.



Clara Barton 1870

Saturday, April 14 1:00-3:30 p.m.

Orange Congregational Church Community Room, Orange Center Road
Join us for: Homemade Hearty Soups, Breads, Desserts
followed by the performance



Reservations Required – First Come, First Served: \$25 No Tickets at Door – Prepaid Reservations Only Make checks payable to: Orange Historical Society Send to: Orange Historical Society Taste of the Past, P.O. Box 784, Orange, CT 06477 or call Phyllis Gwatkin at 203–795–4549

### Sheryl Faye Portrays Clara Barton

Presented by the Orange Historical Society

The Orange Historical Society will hold its annual Taste of the Past event on Saturday, April 14, from 1:00 to 3:30 pm at the Orange Congregational Church Community Room, located on Orange Center Road. Highlight of the program will be Sheryl Faye appearing as Clara Barton, Civil War nurse and founder of the American Red Cross. A light lunch of homemade soups, breads and desserts will be served at 1:00. The performance will begin at 2:30. The annual event, celebrating its twelfth anniversary this year, also includes a silent auction of gift baskets and gift certificates.

Sheryl Faye is a full-time actress. Besides performing a variety of historical women for schools, libraries, historical societies, senior centers, and others, she also writes and performs with StageCoach Improv. She has been the voice of several characters for Sony Play Station games and for a variety of medical CD ROMS. She recently shot a national print ad for Vicks cold/flu and continues to keep busy working on films, television and theater throughout Boston and New York.

Clara Barton's life was dedicated to helping others. She accepted no pay as

she taught poor children whose parents had no money to send them to school. She raised warehouses full of food, medicine and clothing during the Civil War, and then courageously went to the front to nurse the wounded and dying. Finally she started the American Red Cross, which is her legacy today.

Founded in 1964, the Orange Historical Society strives to preserve the history of Orange for future generations by collecting those items that pertain to the settlement of Orange and the surrounding area. The Society maintains the Stone-Otis House, The Academy and The Bryan-Andrew House.

For donations of gift baskets or gift certificates for the silent auction, call Priscilla Searles at 203-397-1465.

Because the Orange Historical Society expects this event to sell out, reservations are required. Tickets are \$25 and will be sold first come, first served. No tickets will be sold at the door. Make checks payable to Orange Historical Society and send to: Orange Historical Society Taste of the Past, P.O. Box 784, Orange, CT 06477. Include your name, phone number and email with reservation.



Lambs were originally associated with the Jewish holiday of Passover, when lambs were sacrificed and their blood was used to mark which houses contained those faithful to God.

### Symbolisms of Easter holiday

Tradition plays an important role in Easter celebrations for many families.

Cherished traditions and symbols of Easter may include anything from egg hunts to lilies to lambs. Understanding the importance behind these symbols can make sharing the miracle of Easter that much more special.

### Eggs

Eggs are one of the more recognizable symbols of Easter. For Easter egg hunts, eggs are hard-boiled and decorated in bright hues. It's believed that the origins of Easter eggs are both secular and religious. From the secular (once pagan) perspective, the egg is an ancient symbol of new life, according to The History Channel, and has been associated with pagan festivals that celebrate spring. Some Christians feel that Easter eggs represent Christ's emergence from the tomb and his subsequent resurrection. Eggs were once a food not consumed during Lent, therefore painting and decorating them to mark the end of fasting and penance became a way to celebrate Easter.

### Crucifix

The crucifix is one of the central symbols of Easter and Christianity. The cross is a symbol of Christ's crucifixion and sacrifice. The crucifix also highlights the ability of God to give new life to people after death. In addition to wearing and displaying the cross during Easter, some people bake hot cross buns as another symbol of the season.

### Rabbit

The Easter bunny is very much a secular symbol of the holiday, but one that has become so ingrained with the season that many people ascribe to it a Christian meaning. Pagan celebrations of spring often linked rabbits or hares with the season because of their fertility and ability to bring forth new life. According to the Christian living resource Crosswalk, believers associate the rabbit coming out of its underground home as a symbol of Christ emerging from the tomb.

### Lilies

Lilies are often exchanged during Easter celebrations or presented as hostess gifts for those sharing the holiday meal with others. The American Bible Society says lilies grow in the spring around the time when Easter is typically celebrated. Also, because they look like trumpets, they can be a symbol that heralds Christ's resurrection.

### Lamb

The lamb is another symbol associated with Easter. Lambs were originally associated with the Jewish holiday of Passover, when lambs were sacrificed and their blood was used to mark which houses contained those faithful to God. As a result of his crucifixion, Christ became the symbolic lamb for all — the ultimate sacrifice. In fact, Christ is often referred to as "The Lamb of God."

The Easter holiday is replete with many recognized symbols. Unearthing their meanings can be a learning experience and a way to further immerse oneself in this holy holiday.



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### Amity Middle School - Orange Campus



### Second Marking Period Honor Roll

### First Honors 7<sup>th</sup> Grade

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### Second Honors 7<sup>th</sup> Grade

Alana Abrams

Sreenidhi Tadepalli

Holly Thorndike

Adam Zhang

Athanasia Zikos

Omar Almashi Elizabeth Antalik Colin Aronin Kwesi Asiedu Jayden Benichak Jason Byun Christopher Carlson Justin Chang Arielle Chetwynd Patrick Coughlin Marin Cunningham Emma Curis Mia Destival Nicholas Digiovanni Ijo Ejara Timothy Everett Leo Gao Natalie Garcia Lillian Kaempffer Grayson Kuchta-Humphrey Dylan Lyons Ariana Morera Castro Cameran Palermo Robert Pergolotti Michael Perrone Aanchal Poddar Sarah Pultz Anna Saccente Isabella Salvatore Caitlyn Smith Cassidy Smith Spencer Stratford Merina Visnic Matthew Vitagliano Craig Wezenski

### First Honors 8<sup>th</sup> Grade

Daniela Abreu

Anika Agrawal

Mitchell Bachman Benjamin Bae Mason Beaudette Faith Bernier Molly Blair Alison Bowler Aditi Chalasani Cindy Chen David Cho Ryan Cohutt Ashley Daneshfar Emma DelVecchio Mia Dow Keira Droney Gillian Fuchs Jake Genovese Emma Hatjopoulou Seamus Hennessy **Emily Hoddinott** Alexandra Hurlburt Levi Huss Eze Miguel Iheanacho Niharika Joq Zola Kneeland Alexander Kovalsky Jade Krukar Jason Kwon Meredyth Laskowski Ryan Lima Katelyn Losty Anibal Loureda Scott Lowder Brodey Lu Jessica Luo Jason Marino Aaron Mayerson Bryan McMilleon John McNabola Kaia Melville Cassandra Millea Colby O'Connor Varun Prabhu Liliana Restrepo Corey Richards Ryan Schumann Colleen Shaw Melanie Sherrick Andrew Soldra Eric Song Pranav Sundararajan Liam Tassiello Jacqueline Tice Julianna Tran Anna Varholak Rose Wegman Megan Wu Tiffany Yang



Ivv 7.hena

Piper Zschack

### Second Honors 8<sup>th</sup> Grade

Amal Abassi Rocco Antonucci Jack Belfonti Jack Bordeleau Avery Butt Benjamin Cap Brett Chodos Paul Cortes Macie Cox Mirla D'Amico Christian D'Astous Maria Dalle Ave Ava DeMaio Yadashi Ejara Mackenna Feurer Matthew Fitol

Zack Geremia Adam Glassman Ryan Hatrick Padraig Haughton Chloe Hawkins Claudia Homiski Kyle Hummel Greta Imre-Seres Amir Jarad Hannah Johnson Martyna Krzysztopik Daniella Landino Du Gohn Lee Kalliopi Maniatis Gabriel Maus Kayley Mingione

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Akil Rajendran
Carly Ryan
Jonathan Salado
Nolan Smith
Robert Stankye
Adriana Tufano
Jayne Whitman
Anthony Young
Martin Zhang

### Citizenship Recognition – 7th Grade

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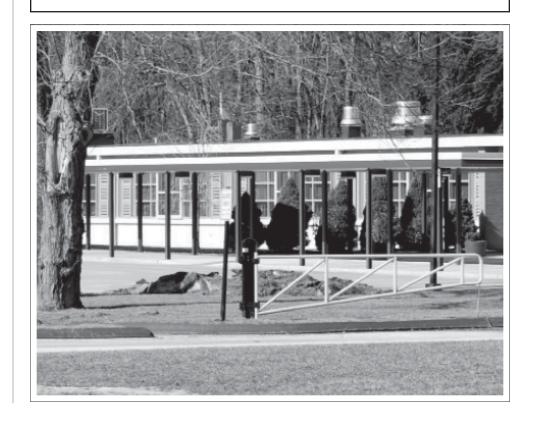
Jesse Palermo
Mia Perrotti
Sean Pivovar
Aanchal Poddar
Luca Santin
Brendan Smith
Caitlyn Smith
Cassidy Smith
Sreenidhi Tadepalli
Craig Wezenski

### Citizenship Recognition – 8th Grade

Daniela Abreu Anika Agrawal Benjamin Bae Julianna Barretta Molly Blair Gianna Borrelli Benjamin Cap Cindy Chen Ryan Cohutt Yadashi Ejara Mackenna Feurer Erika Fontana Gillian Fuchs Emma Hatjopoulou Padraig Haughton Chloe Hawkins Seamus Hennessy Niharika Jog

Zola Kneeland Jasmina Krehic Martyna Krzysztopik Makena Legault Anibal Loureda Alexandra Louros Brodey Lu Jillian Lucibello Jessica Luo Jason Marino Gabriel Maus Aaron Mayerson John McNabola Cassandra Millea Melissa Musante Emma Quaranta Emily Reed Liliana Restrepo

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### Memorial Service For Robert Reinhard

Ginny Reinhard invites friends and family to a memorial service for her husband, Bob Reinhard, to celebrate Bob's 77 years on this earth on April 8, 2018, 4:00pm at Congregation Or Shalom, Old Grassy Hill Road, Orange. Following the service, there will be a social hour and all friends and family are welcome. For information, please call Ginny at 203-795-6465.

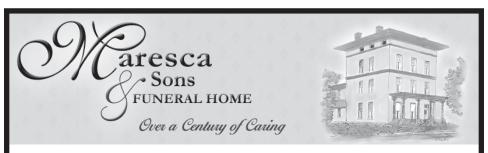


### **DEATH NOTICES**

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@orangetownnews.com

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### Easter Eggs Unwrapped

Why We Eat Chocolate Eggs at Easter

Every chocolate lover has the Easter holidays circled in their calendar. This is a time when colourfully wrapped chocolate Easter eggs begin to dominate the shop shelves, but not many people give thought as to why this is (who can blame them with so much heavenly confectionery to enjoy?).

Many cultures and religions around the world see an egg as a sign of fertility and life; this makes it the perfect symbol for a time of year that is all about renewal and birth.

### Christianity

Easter is a Christian springtime festival that celebrates the death and resurrection of Jesus Christ. On Easter weekend, Good Friday commemorates the crucifixion of Jesus and his burial, whilst Easter Sunday celebrates his resurrection.

So, what do eggs have to do with it? In Christianity, the shell of an egg symbolises the sealed tomb that Jesus' body was placed in, whilst a cracked shell symbolises his resurrection with the tomb left empty.

In the past Christians celebrated Easter by decorating chicken or duck eggs and giving them to each other as presents. Early Christians would stain eggs red in the memory of the blood of Christ. Over time, these became more elaborate and colourful, with jewels even being used to create beautiful pieces of art.

With the invention of moulded chocolate in the nineteenth century, some very clever people in Germany and France had the wonderful idea of creating chocolate Easter eggs to give to loved ones as gifts instead – a seasonal tradition was born!

And the Easter Bunny? This is a folklore figure that originated among German Lutherans. Originally described as a hare and not a rabbit, the creature would determine whether children had been good or bad and carried coloured eggs and candy in its basket to give to good children.

#### Lent

Eggs also relate to Lent – the religious observance where Christians would commit to fasting or abstaining from certain luxuries (often including eggs). This was a form of penance that began on Ash Wednesday and ended on Easter Sunday. Feasts would then take place on this day which would include all of the luxuries that they had sacrificed during this period. In today's day and age, many Christians maintain this tradition by giving up eating chocolate for Lent and then indulge in a chocolate egg (or two) on Easter Sunday.

### Our Egg-cellent Range

So, now you know and can impress any customers with your knowledge. We have an enormous range of chocolate Easter eggs and other mouth-watering treats to choose from, including items for every taste and budget. Catch the eye of your customers with Booja-Booja's stunning papier mache egg, filled with Fine de Champagne truffles - I think the beautiful colours would make this a superb display centrepiece. We also have La Suissa's pastel box of crispy cream eggs, cute white, milk and dark chocolate hensFree Web Content, Weibler's gift box of playful hollow figures and Divine's fair-trade raspberry dark chocolate egg.

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1. Black Panther (PG-13)

Chadwick Boseman, Michael B. Jordan

2. A Wrinkle in Time (PG)

Storm Reid, Oprah Winfrey

3. The Strangers: Prey at Night (R)

Christina Hendricks, Bailee Madison 4. Red Sparrow (R)

Jennifer Lawrence, Joel Edgerton

5. Game Night (R)

Jason Bateman, Rachel McAdams

6. Peter Rabbit (PG)

animated

7. Death Wish (R)

Bruce Willis, Vincent D'Onofrio

8. Annihilation (R)

Natalie Portman, Jennifer Jason Leigh

9. The Hurricane Heist (PG-13)

Toby Kebbell, Maggie Grace

10. Jumanji: Welcome to

the Jungle (PG-13)

Dwayne Johnson, Karen Gillan

### TOP 10 V.O.D

1. Three Billboards Outside Ebbing, Missouri (R)

Francis McDormand

2. Coco (PG)

animated

3. Darkest Hour (PG-13)

Gary Oldman

4. Murder on the Orient

Express (PG-13)

Kenneth Branagh

5. Lady Bird (R)

Saoirse Ronan

6. Daddy's Home 2 (PG-13)

Will Ferrell

7. Wonder (PG)

Jacob Tremblay

8. A Bad Moms Christmas (R)

Mila Kunis

9. Just Getting Started (PG-13)

Morgan Freemen

10. Roman J. Israel, Esq. (PG-13)

Denzel Washington





The Rock, Karen Gillan and Jack Black in "Jumanji: Welcome to the Jungle" [Sony Pictures]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of March 19, 2018.

### PICKS OF THE WEEK

### "Jumanji: Welcome to the Jungle" (PG-

**13)** -- A hypochondriac weakling, a jock, a social media princess and an awkward nerd girl serve detention in a dingy basement and pass the time by being inadvertently sucked into a video game, embodying the players. They must recover the eye of the jaguar, returning Jumanji to peace, or die trying. The Rock, Kevin Hart, Jack Black and Karen Gillan star as the adult avatars in the game, joined by Nick Jonas about midway through. Each of them takes a turn killing it as a teen trapped in an adult's body. It's funny, charming and highly recommended. Rating alert: There are some "bathroom"-related references that may require explanation to younger kids.

"Small Town Crime" (R) -- This snappy crime thriller by brother directors Eshom and Ian Nelms stars John Hawkes as Mike Kendal -- a washed-up ex-cop, prototypically alcoholic and delightfully unapologetic -- who happens upon the dead body of a young woman in the field on the side of the road. He might need a couple of cold ones in the morning to get things moving, but he's all heart, and though a cop he ain't, he "assigns" himself to the investigation. Teaming up with the dead girl's grandfather (Robert Forster), he leads the way through an unsavory and lovable cast of characters, inadvertently putting his adoptive sister (Octavia Spencer) and her husband (Anthony Anderson) in jeopardy along the way.

"Pitch Perfect 3" (R) -- The Barden Bellas are back for one last a capella-adventure in "Pitch Perfect 3," the final film in the series. Despite being the reigning mouth-music champions, Beca (Anna Kendrick), Chloe (Brittany Snow), Fat Amy (Rebel Wilson) and the rest of the girl gang find no glory in the post-college world. Desperate for a chance to recapture the good old days, Aubrey (Anna Camp) offers a reunion opportunity: compete for a chance to open on a USO tour. If you loved the first one, and really liked the second, you'll probably like this one too.

"Downsizing" (R) -- In a world of overpopulation and limited resources, here's a solution: get shrunk. Matt Damon stars as Paul, a normal-Joe kind of guy who, along with wife Audrey (Kristen Wiig), decide to chuck it all, allow scientists to shrink them down to 5 inches tall and live big in a community of fellow downsizers. Audrey decides at the last minute not to go through with it, and we are left with the ho-hum goings-on of Paul, his friends Dave and Dusan (played by Jason Sudeikis and Christoph Waltz, respectively) and love interest Ngoc Lan Tran (Hong Chau). The film launches into a social commentary that has nothing to do with being tiny, and despite all the star power, the story ends up being too small to retain much interest.

1. Who wrote and released "Rocky Mountain High"?

- 2. Which artist had an international hit with "Come Back and Stay"?
- Who wrote and released "Across 110th Street"?
- 4. What was the original name of the band Gerry and the Pacemakers?
- 5. Name the song that contains this lyric: "Now Jenny Diver, ho, ho, yeah, Sukey Tawdry, Ooh, Miss Lotte Lenya and old Lucy Brown, Oh, the line forms on the right, babe, Now that Macky's back in town."

thug by the name of Captain Macheath.

"The Ballad of Mack the Knife" and became "Three Penny Opera" in America in 1933. Mack was a vicious fictional street when Mars, the candy company, objected. 5. "Mack the Knife," by Bobby Darin, 1959. The German song was originally called most of the music for the film soundtrack of the same name, 4, Gerry Marsden and the Mars Bars, but they had to change it Young, in 1983. The song was used in "Grand Theft Auto: Vice City Stories" in 2006. 3. Bobby Womack, in 1973. He wrote I. John Denver, in 1972. It was temporarily censored by the FCC for promoting drugs, due to use of the word "high." 2. Paul

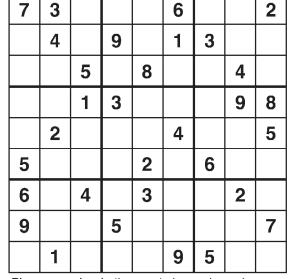
### Sports Quiz

#### BY CHRIS RICHCREEK

- 1. In 2017, Los Angeles Dodgers pitcher Clayton Kershaw made his seventh consecutive Opening Day start, tying a franchise record. Who else did it?
- 2. Who has led the American League in runs scored the most times?
- Clemson's Deshaun Watson set an ACC record in 2016 by throwing for 580 yards in a game. Who had held the record?
- 4. How many consecutive double-double seasons of points and rebounds did San Antonio Spurs great Tim Duncan have to start his NBA career?
- 5. Who was the last Edmonton Oilers player before Connor McDavid in 2017 to win the Hart Memorial Trophy as the NHL regular-season
- 6. How many consecutive years did Dale Earnhardt Jr. win NASCAR's Most Popular Driver Award?
- 7. Name the last time before 2017 that four American women made up the semifinals of tennis' U.S. Open?

on). 5. Mark Messier, in 1990. 6. Fifteen years. 7. It was 1981 (Tracy Austin, Chris Evert, Martina Navratilova 1. Don Sutton (1972-78). 2. Babe Ruth, eight times (1919, 20, '21, '23, '24, '26, '27 and '28). 3. Stephen Morris of Miami, Fla., threw for 566 yards in a game in 2012. 4. Thirteen seasons (the 1997-98 season through the 2009-10

### by Linda Thistle 7 3 6 4 9 1 3 Sudoku answ on page 37



Weekly **SUDOKU** 

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### **DIFFICULTY THIS WEEK:** ◆

♦ Moderate ♦ ♦ Challenging



♦ ♦ ♦ HOO BOY! © 2018 King Features Synd., Inc.





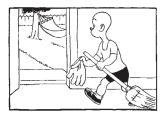


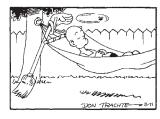




















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### King Crossword

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### **ACROSS**

1 "Grey's Anatomy" network

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- 4 Facebook contribution
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### Leonardo DiCaprio and Brad Pitt

By Tony Rizzo

are joining forces for Quentin Tarantino's ninth film, "Once Upon a Time in Hollywood." Tarantino spent five years writing the script about Hollywood in 1969, and since he is one of the ultimate film buffs, who better than Tarantino? The film has DiCaprio playing a former Western star and Pitt as his longtime stuntman. Leo's cowboy lives next door to Sharon Tate, who was murdered, with her friends, by The Manson Family. Margot Robbie, Oscar nominated for "I, Tonya," is set to play Sharon Tate. Tarantino worked with Pitt in "Inglorious Basterds" (2009) and with DiCaprio in "Django Unchained" (2012).

Chris Hemsworth may put his "Thor" hammer down, for a while, to take on aliens in the spin-off of "Men in Black" (which won't have either Tommy Lee Jones or Will Smith). It's set for a June 2019 release.

"Saturday Night Live" alum and "Bridesmaids" (2011) star Kristen Wiig will do battle with Diana Prince (aka "Wonder Woman") in the sequel of the blockbuster 2017 film, which grossed \$821 million. "Black Panther" is set to pass "Wonder Woman" at the box office any day now, and hit the \$1 billion mark shortly thereafter.

When "The Bad Seed" hit movie theaters in 1956, it earned three Oscar acting nominations, for Nancy Kelly, Eileen Heckart and young Patty McCormack. It was remade as a TV film in 1985 with Lynn Redgrave and David Carradine, but wasn't a critical or ratings hit. Lifetime planned to remake it in 2015, but it was postponed ... until now.



Rob Lowe [Depositphotos]

Rob Lowe will star, produce and direct for Lifetime and has cast Mckenna Grace in the title role as the murderous child. McKenna has a recurring role in "Designated Survivor" (as Kiefer Sutherland's daughter), is in Netflix's "Fuller House" and will star in its upcoming remake of "The Haunting of Hill House." "Hill House" was filmed as "The Haunting" in 1963 with Julie Harris and Claire Bloom, and in 1999 with Liam Neeson and Catherine Zeta-Jones. Patty McCormack, long associated with the original "Bad Seed," will play the psychiatrist who treats her in this one.

Six-time Oscar-nominee Shirley MacLaine, who won an Oscar for "Terms of Endearment" (1983), is truly one of the last movie stars left on the planet. She'll play an elf named Polly, the childhood nanny of Noelle, the daughter of Santa Claus, played by Anna Kendrick, in Disney's "Noelle." "SNL" alum Bill Hader plays her brother, and Julie Hagerty plays Mrs. Claus. Michael Gross of "Family Ties" will portray the Elder Elf. It's set to open in November 2019. MacLaine, who has written several books about past lives, probably never thought she'd be an elf in this one!





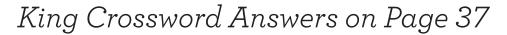












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"[T]he main objective of the Seder, the first night of Passover, is to educate to freedom... This is true freedom: Our ability to shape reality. We have the power to initiate, create and change reality rather than only react and survive it. How can we all educate our children to true freedom? Teach them not to look at reality as defining their acts but to look at their acts as defining reality.... That's education to freedom; that's the message of the Seder." — YAACOV COHEN



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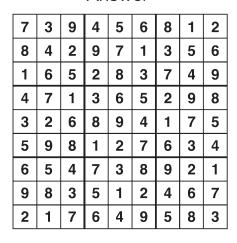
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— Weekly SUDOKU —

Answer



— King Crossword — Answers

Solution time: 27 mins.

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### Bark Bytes...

By Vicki & Richard Horowitz



### Managing Your Dog's Stress At Easter And Passover

Easter and Passover are busy times for many households. Friends and family come and go, deliveries are made to the door, delicious smells emanate from the kitchen, and a general happy hubbub means that something special is happening. Among those affected by these changes is the family dog.

While one dog may revel in the change of pace, another may find it a confusing, stressful time. Your normally placid dog may suddenly begin to exhibit unusual behaviors, such as stealing food, jumping up on people, or growling or snapping at visitors. As pack leader, you need to communicate and demonstrate to your dog that while his world may be different, you will continue to keep him safe and secure.

When an insecure dog—no matter his size or breed—encounters a new situation, he doesn't know what to do. If he feels threatened, he may react defensively with a snap or bite.

On the other hand, a well-socialized dog is comfortable meeting and being with others, both dogs and people. He has been introduced to a variety of situations and knows he and his pack have remained safe through them all.

The following are some tips to help calm your dog and keep everyone in the home safe during the active holiday season.

### Children Visitors

Dogs that live in a household with no children may not be comfortable when kids come to visit. The chaos created by youngsters like grandchildren will inherently raise the energy level in the house, causing the dog to worry or stress. Here are some ways to control such situations if your dog does not cope well with children.

- Always supervise kids (especially very young children) and dogs when they are alone together. This is when most dog bites to children occur.
- With a very young child, parents must be vigilant and monitor their tot's interactions with the dog. Parents should teach children of all ages to treat dogs with respect and gentleness.
- Never invite a child to feed the dog by hand—this teaches the dog it is acceptable to take any food from a child. Because of a child's small size, the dog may view her as an equal and thus may try to take advantage of the situation.
- › Boundaries And Security
- Dogs need to have their own "home," a place where they feel secure and calm. If your dog doesn't already have a place of his own, create one for him.
- A crate or pet carrier provides a natural safe haven for your dog. Keep his crate or dog pillow in a quiet area of the home and direct your dog to go there when you need to set boundaries. While he may not like being separated from you, he will still feel secure.
- If your dog begins to bark or nip at visitors, remove him from the area and keep him in his safe place until your guests

- have gone.
- Keep the dog out of certain rooms where he can get underfoot. For example, training your dog to stay out of the kitchen—where most household accidents occur—is a good safety measure. It also helps to prevent your dog from begging for food
- If you travel during the holidays, taking his crate/carrier will help your dog feel more relaxed, since "home" is wherever he finds you and his familiar bed.

#### **Elderly Dogs**

Elderly dogs may not enjoy the extra hustle and bustle of the holiday season. Be mindful of keeping your older dog comfortable when his routine is disrupted.

- If your elderly dog gets cranky around visitors, simply take him to his special quiet place where he won't be bothered and can feel secure.
- > Remind children to be respectful of your older dog. Always provide supervision when dogs and kids are together.

### Front Door Behaviors

A knock on the door can be a stimulating event for a dog, whether he sees it as fun or alarming. It is natural for him to want to know who the visitors are to determine if they are friendly or not. However, a dog that explodes with excitement at the sound of the doorbell is both annoying and unsafe—he may dash out the door and run into harm's way, he may get underfoot and become a trip hazard, he may knock people over, or he may become aggressive to the visitor.

- To help your dog be calmer, exercise him prior to the arrival of guests. After 30 minutes of walking or playing, your dog will more likely be relaxed or want to nap.
- As a general rule, don't allow the family dog to greet unfamiliar guests because commotion and unusual circumstances can cause stress for dogs.
- Consider putting your dog on a leash as guests arrive to maintain better control of him.
- Teach your dog to sit and stay on command. When the doorbell rings, put him in a sit-stay and do not open the door until he calms down.
- If your dog gets overly excited with arriving visitors, remove him from the scene ahead of time. Place him in his crate in a quiet room, and then let him join the party later.

By anticipating how your dog may react to new activities and visitors, you can help ensure that everyone—both two- and four-legged—has a fun and safe holiday.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, one of the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-trainingnew-haven-ct.com.



ARIES (March 21 to April 19) Resist a confrontation with that irksome person. The matter will soon blow over anyway. Meanwhile, channel your high Arian energy into areas with more positive potential.

TAURUS (April 20 to May 20) The innovative Bovine finds a creative way to resolve a sensitive domestic problem by midweek. A former colleague returns with an intriguing business suggestion.

GEMINI (May 21 to June 20) An unexpected critical statement from someone you trust could catch you momentarily off guard. But you soon recover your equilibrium and rise to the challenge.

CANCER (June 21 to July 22) You might feel you can handle a new project on your own. But advice from someone with experience could help you avoid possibly costly as well as time-consuming obstacles.

**LEO (July 23 to August 22)** Waiting for others to make decisions is difficult for the take-charge Lion. But by week's end, you should hear news that will help you regain control of the situation.

#### VIRGO (August 23 to September 22)

Your superjudgmental side could dominate the week unless you try to keep it in check. Otherwise you risk offending people, including some who are very close to you.

#### LIBRA (September 23 to October 22)

Expect more information to come out about that possible career shift. Meanwhile, your loving concern helps someone close to you get through a worrisome period.

#### **SCORPIO** (October 23 to November

21) Despite an occasional setback, workplace pressures should continue to ease through most of the week. This would be a good time to plan that long-delayed

**SAGITTARIUS (November 22 to December 21)** The sage Sagittarian quickly recognizes an opportunity when she or he sees it, especially if it's one you've been planning for. Take aim and go for it.

CAPRICORN (December 22 to **January 19)** The Sea Goat's unique insight guides you as you check out a questionable situation. Your efforts should prove rewarding for you and your many supporters.

#### **AQUARIUS (January 20 to February**

18) You might want to pace yourself a bit more. Rushing could lead to serious slip-ups. Take more time to check out details you might otherwise overlook.

#### PISCES (February 19 to March 20)

The best way to resolve those remaining problems is to ask others for help. They'll be happy to do so, especially when you agree to share the credit for a job well done.

**BORN THIS WEEK:** Your natural gift for honest leadership earns you the respect and admiration of others.

### Rest in Peace, Riley

**DEAR PAW'S CORNER:** I wanted to write and tell you about "Riley," a little dog we fostered. He came to us after being rescued from a terrible living situation, and he had spent a long time getting medical treatment at the local shelter before being cleared to stay with a family.

Riley was emaciated when he was rescued. He was missing one eye from an attack by another dog. As a mixed-breed toy terrier, he had specific health needs that weren't met, and by the time he reached the shelter had severe

kidney disease and diminished neurological function.

The vet told us that we would likely be his last family. Because his heart and kidneys were damaged, along with other issues, he was not expected to live more than six months. Knowing this, we were determined to make his final days as comforta-

ble and loved as possible. We have another rescue, a fierce little mutt named "Zu-Zu," who became Riley's little sister and protector, cuddling next to him in his doggie bed.

Despite the abuse he suffered, Riley was an incredibly loving dog. Under our care and with Zu-Zu at

> his side, his health improved. He lived with us for just over two years before finally passing away last week.

> We were thrilled to foster Riley and just wanted the world to know about him. Please tell your

readers, if they have the means, to consider fostering rescued pets to prepare them for eventual adoption. -- Tracey L., Gloucester, Massachu-

**DEAR TRACEY:** Riley indeed sounds like a wonderful dog, and I'm glad he found his way to you. Thank you for sharing his story.

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

### Just Like Cats & Dogs by Dave T. Phipps WE WENT OUT LAST NIGHT TO FEEL YOUNG AND CAREFREE, ALL IT DID WAS MAKE ME FEEL OLD AND NAUSEOUS.



"Rattle the dog's dish, dear."

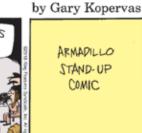
R.F.D.

### by Mike Marland

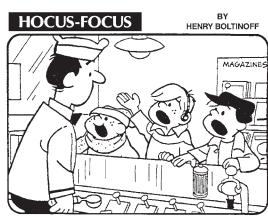








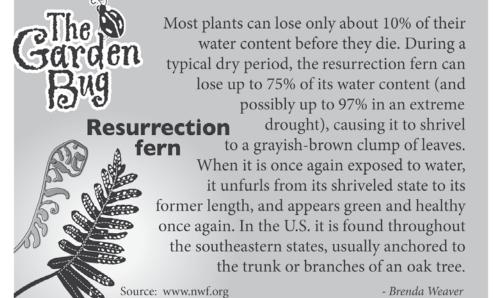




Find at least six differences in details between panels.



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### ORANGE FAIRGROUNDS GAZEBO

525 Orange Center Road, Orange

For this year's Independence Day Concert, the Orange Town News, who is once again producing the event, is presenting "The British Invasion Years" to perform prior to the town's Annual Independence Day Fireworks Spectacular. More than just The Beatles, The British Invasion Years is three shows in one! First, you will hear classic songs by iconic sixties British Groups. British Invasion music was instantly embraced because it was so eclectic...the bad boy soul of the Rolling Stones, the defiant anthems of The Who, the raw and powerful guitar sounds of The Kinks, the flower power grooves of The Zombies, and the uplifting pop of Herman's Hermits. The American Musical response follows, with memorable hits by celebrated artists like The Beach Boys, The Monkees, The Doors and Steppenwolf. The sixties era retrospective concludes with an extraordinary note-for-note finale of The Beatles Abbey Road album.

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