

# Orange Town News



Orange's Exclusive Newspaper

Mailed FREE to Every Home & Business in Orange

VOL. 11 – ISSUE 6

CIRCULATION 5991

FRIDAY, JUNE 3, 2016



Queen Flash with Special Guest Phil Naro.

## "QUEEN FLASH" FEATURED FOR JULY 4<sup>TH</sup> CONCERT & FIREWORKS

The Town of Orange may be small in population, but it now has the reputation for bringing in internationally renowned bands and one of the most spectacular fireworks displays in New Haven County.

For this year's Independence Day Concert, the Orange Town News, who is once again producing the event, is presenting "Queen Flash" to perform prior to the town's Annual Independence Day Fireworks Spectacular. The six members of "Queen Flash", who are making their CT debut, hail from Montreal, Canada. The band will feature Special Guest vocalist Phil Naro. The internationally renowned Naro, will lead the group with 2 hours of Queen's greatest hits including Bohemian Rhapsody, Crazy Little Thing Called Love, Another One Bites the Dust, Under Pressure & We are the Champions. This fabulous Queen tribute is an exciting, high energy show that will get people out of their seats. For more information about the band, visit their

website: [www.queenflash.ca](http://www.queenflash.ca).

The event will take place on Saturday, July 2nd (rain date Sunday, July 3rd) at the Orange Fairgrounds, 525 Orange Center Road, Orange.

The festivities will begin promptly at 6:30 pm with welcoming comments from Orange First Selectman Jim Zeoli. The concert will be followed promptly at 9:30 pm by the Independence Day Fireworks Spectacular with Patriotic Music.

Orange Town News publisher and event producer Rocky Salpento said, "We are looking forward to another premiere event for area residents to enjoy. We are excited about producing this show for the fifth consecutive year. As the crowds keep increasing year to year, (the 2015 event produced a record crowd of over 8,000) we hope everyone continues to enjoy this great community event. Many thanks go out to our sponsors, our first selectman and town officials for their

See "July 4" continued on Page 8

# Happy Father's Day

## ORANGE SUPERINTENDENT SCARPETTI CONTRACT RENEWED

By Melissa Nicefaro – Orange Town News Correspondent

The Orange Board of Education unanimously voted in favor of renewing and extending the contract of Superintendent of Schools Vince Scarpetti at its monthly meeting on May 16. Scarpetti joined the district on July 1, 2015. He was formerly principal at West Shore Middle School in Milford for seven years. Prior, he was principal at Milford's Pumpkin Delight Elementary School and was a teacher in Bridgeport schools. His contract is for one year and continues on July 1, 2016.

"I would like to thank Dr. Scarpetti for his first year in the Orange School system. Our schools, our children and our community has benefited from his excellent leadership," said board of education member Susan Riccio.

"I want to echo those sentiments as well. I think that we are very fortunate as a town to have Dr. Scarpetti working with us, our schools and our children. I thank you very much for all of your time and dedication. I look forward to having you here for many years to come. Thank you," said board member Christian Young.

In addition to his day-to-day responsibilities of overseeing the school district's operations, Scarpetti has made a conscious (and appreciated) effort to visit schools and become a member of the Orange community. He attended screen-free events held by the elementary school for five evenings in late April in addition to concerts, productions and picnics held throughout the school year.



Dr. Vince Scarpetti

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AUTHOR ALAN KATZ VISITS  
TURKEY HILL SCHOOL STUDENTS

By Dana Zottoli, Grade 2 Teacher

On May 23, 2016, Turkey Hill School had the privilege of having Author, Alan Katz make three presentations to grades one through six throughout the day. As a print and television writer, Alan Katz has majored in silliness for more than 30 years. During that time, in addition to his many picture and poetry books and latest chapter books, he's written for a whole bunch of TV shows, several editions of the Grammy Awards and Tony Awards and Kids Are People Too. He's done lots of Nickelodeon projects and written articles for the New York Times and the New York Daily News. He's even created hundreds of comic books, trading cards and web videos. During Mr. Katz's visit, students were

entertained by his lively connections between family and everyday life and the development of his life work as an author. He inspired students through shared photos, discussions, videos, book clips, and sing-alongs. He presented autographed copies of books ordered by the students and he graciously answered questions and posed for photos with students. Mr. Katz's visit was an opportunity for students to experience how the writing they participate in daily can develop into a true craftsmanship as a professional through perseverance. High fives, smiles and waves were all signs that Author Alan Katz inspired the students at Turkey Hill into becoming our next generation of great authors.

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We want to thank all those who participated in the most recent food drives in our community. The Post Office Food Drive took place on May 14th, Relay for Life on May 21st and Turkey Hill School collected various paper products and nonperishables. The generosity of our residents, students, families, school staff and teachers is so greatly appreciated. These donations will keep the Food Bank well stocked and will help

Orange residents in need. The Food Bank is sustained solely through donations. We purchase grocery gift cards monthly to supplement the nonperishable items. Monetary donations or grocery gift cards would also be appreciated at any time. A heartfelt thank you to all!

Joan Cretella,  
Director Orange Community Services  
Denise Stein,  
Municipal Agent/Outreach Worker

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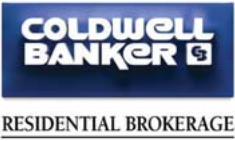
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EDUCATION

Pictured left to right are some of the Video Production students with instructor, Tristan Douglas of Hidden Light Film (front row: Julian Barroso; back row: Ayah Almashi, Carolyn Iff, Akshat Kulkarni, Mauricio Cortes, Evan D D'Onofrio, and Tristan Douglas).

AMITY MIDDLE SCHOOL ORANGE VIDEO PRODUCTION PROGRAM

This year Amity Middle School in Orange has had a cadre of 8th grade students participating in a Video Production program run by former Amity student, Tristan Douglas. The program was made possible through a grant from the Jamie A. Hulley Arts Foundation (www.jamiehulleyartsfund.org).

Mr. Douglas met with the student cadre thirteen times over the course of the school year and introduced the students to the art of video production. Students learned how to storyboard, set up and use a professional video camera and equipment, navigate the intricacies of filming a video, and much, much more.

Thanks to the Jamie A. Hulley Arts Foundation grant, the video production students were exposed to a wide array of learning opportunities. Amity Middle School in Orange does not currently have a course in video production like Amity Regional High School does; however, many students are interested in that aspect of art and drama. This opportunity was embraced wholeheartedly by the students. The program was a resounding success; and if offered again next year, there are several current seventh graders who are very interested in participating in it.

The final video will be shown in June at the Moving Up Ceremony at Amity Middle School in Orange and will be viewed by the nearly 900 people attending the ceremony.

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# ORANGE EDUCATION ROUNDUP

## TOWN ATTORNEY TO ENTER NEW RELATIONSHIP WITH BOARD OF ED

By Melissa Nicefaro - Orange Town News Correspondent

In an effort to save money spent on legal fees, the Board of Education opted in favor of working with Town Attorney Vincent Marino rather than the firm it typically works with, Shipman and Goodwin. "Since I've been on the board, our legal fees have become a bit of an issue because they are high," explained Board of Education chairman Bill Kraut. "We discussed how we can lower those expenses and we thought we could tap the resources that the town uses, Cohen and Wolf and Vin Marino."

Marino handled the contracts and legal issues associated with the flood and shut down of Peck Place School in 2014. By using Marino and Cohen and Wolf, the district could save around 40% per hour for a lead attorney, and over 50% for an associate attorney. "I personally like the idea because I know Vin is very conscious of cost. We did approach Shipman about paying a retainer and they were not interested," said Kraut. The school district will not terminate the relationship with Shipman and Goodwin, but will have the option to save money by working with the local attorney.

The board voted in favor – with one abstention and two no votes — of entering a retainer with Cohen and Wolf

for a six-month trial period at a rate of between \$1,000 and \$1,500 a month. This year, the Board of Education spent \$63,000 in legal fees and is looking to lower those costs.

Board member Susan Riccio, who voted against the proposal, out of fairness would have preferred to have opened the offer to any local attorney. However, she does support the board's relationship with Marino. "When it comes to town attorneys and board attorneys, it's really an executive decision, not something you put out to bid to the lowest cost provider. Vin Marino knows the ins and outs of our town, the politics of

our town, the personnel of our town and I think it's a great idea," said board member Christian Young.

Cohen and Wolf has roughly 50 attorneys in offices across the state. "It's a substantial firm. Their depth and breadth of expertise is incredibly expansive from contracts to employment to municipal. They don't have any shortage of very capable counsel," Young said.

The board approved Superintendent Vince Scarpetti negotiating a six-month contract capped at no more than \$1500 monthly with Cohen and Wolf and Attorney Marino.



Vincent Marino

## ORANGE ENTERS CT HEALTHY FOOD CERTIFICATION PROGRAM

By Melissa Nicefaro - Orange Town News Correspondent

Orange Schools will once again enter the Connecticut Healthy Food Certification Program. Connecticut General Statutes require that all board of educations for all public schools participating in the National School Lunch Program must certify annually to the Connecticut State Department whether the district will follow the national nutrition standards for all food sold to students separately from reimbursable school meals.

The board of education voted in favor of undergoing the certification at its

monthly meeting in May. "We participate with the National Lunch Program and they have their requirements for nutrition. The state has criteria for healthy food which are a bit stricter and that is the direction we all want to go in,"

explained Schools Business Administrator Mary-Jo Sierakowski.

"By participating, we will get from the state, depending on the lunch count, \$6,000 to \$8,000.

The other part is not only the revenue coming in, but it's also important to confidently say that our lunch program does meet the healthy standards that were established by the state."



## TURKEY HILL STUDENTS LEARN ABOUT INFLUENTIAL PEOPLE

Did you know that Elvis Presley invented cool? Were you aware that Jane Goodall lived with chimpanzees? Well, on May 6th, visitors to Turkey Hill School discovered many amazing facts about several influential people in history. The Madame Tussaud's Wax Museum

project is one of the most highly anticipated events in 5th grade at THS! Upon entering the school, visitors were escorted to a mock Madame Tussaud's museum that spread throughout the upper wing of Turkey Hill. Frozen throughout

the classrooms were fifth graders dressed up as people from the past ranging from Ben Franklin to Walt Disney. Next to each person was a button. When participants in the audience came and "pressed" their button, each student came to "life" and delivered their speech. Once their speech was complete, they transformed back into their wax figurines. "I liked

this project because the 5th grade teachers made the learning fun in a unique way that everyone enjoyed" explains a 5th grade student who dressed up as Princess Diana. Prior to this event, students each chose an influential figure from history. They then conducted a re-

search report, where they had to synthesize information from several sources, including videos, and websites. In addition to their research report, fifth graders had the choice of creating a multimedia presentation on a technology forum

like Prezi, Thinglink, Google Slides and Adobe Voice. While the presentation was going on, 6th grade AV club members filmed the entire event for family members that couldn't attend to watch at home. The students' hard work and dedication to their projects was evident and their teachers and parents couldn't have been prouder!

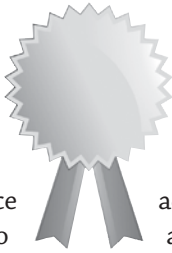


## SUPERINTENDENT'S RECOGNITION AWARD

Faith Bernier, Alexandra Hurlburt, Colleen Shaw and Nolan Young from Race Brook School; Anika Agrawal, Jasmina Krehic and Liliana Restrepo, from Turkey Hill School; and Claudia Homiski, Colby O'Connor, Liam Tassiello and Jayne Whitman from The Peck Place School are sixth grade students who have been awarded the Connecticut

Association of Public School Superintendents' (CAPSS) Superintendent/Student Recognition Award at a ceremony held at the Board of Education on May 16, 2016.

Criteria for the award are leadership, service to the school, academic prowess relative to ability, and service to others in the community.





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Orange Town News

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Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline

Upcoming Issue Dates

June 24th.....

Independence Day Issue July 1st

July 22nd .....

Summer Issue July 29th

August 26th .....

Labor Day/Back to School Issue September 2nd

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Orange Town News

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Please limit letters to 500 words and include a daytime phone number  
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Town News for publication. We reserve the right to reject any letter.

"July 4" continued from Page 1

continued support."

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# LOCAL BUSINESS ROUNDUP

## ORANGE BUSINESS & COMMUNITY EXPO

The Orange Economic Development Corporation will be hosting the 14th Annual Orange Business and Community Expo on Wednesday, June 8, 2016, from 11:00 a.m. to 4:00 p.m. at the High Plains Community Center, 525 Orange Center Road, Orange. The Expo is free and open to the public. Enjoy the day with free activities, food samples, and networking. Spread the word to all your friends, family, and co-workers.

Start the day by signing up at the Welcome Center to receive your Welcome Bag full of goodies and register for the Passbook Raffle for your chance to win one of five prizes. Drawing will be at 3:45. Continue your day by enjoying food samples from various restaurants such as Chips, Coromandel, DiBellas Subs, or buy a bag of Kettle Korn by Elm City and a slice of pizza at Reno and Sons Pizza Truck for the ride home.

Returning this year, for kids of all ages, will be an Animal Exhibit by Beardsley Zoo and a first time appearance by the Barnum Museum. Other activities include Chair Massages with Massage Green; Skin Analysis & Makeovers with Mary Kay; Spinal Screenings & Postural Evaluations with Connecticut Chiropractic Specialists/Omni Physical Therapy; Blood Pressure, Body Fat & BMI Checks with Crunch Fitness; and Nutrition, Fitness Advice & BMI Checks with The

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Network with 56 business vendors including, Amity Insurance & Financial Services, Floman and Depaola Law Firm, StateFarm Insurance Agent Kevin Piscitelli, Orange Visiting Nurse Association, Morgan Stanley, Salons by JC, The Maids and many more. A Business After Hours event hosted by the Orange Chamber of Commerce will follow the Expo at Mexico Tipico Restaurant. Details are available at the Chamber Booth.

New this year is the Expo Marketplace area, where you can shop for jewelry, cosmetics, accessories and crafts while listening to the sounds of Musician, Tim Payson. Payson's performance will begin at 1:30.

We couldn't do it without the help of our Sponsors—many thanks to: Signature: The United Illuminating Company; Gold: Cohen and Wolf, Northeast Electronics Corporation, Orange Economic Development Commission, Taylor Rental/Party Plus, University of New Haven, Yale University, and Bronze: Orange Fence and Supply.

Please call the Orange Economic Development Corporation office at (203) 891-1045 for more information or visit the OEDC website at [OrangeEDC.com/expo.htm](http://OrangeEDC.com/expo.htm).



## HTG SUPPLY LIGHTS UP ORANGE

The nation's largest retailer of hydroponic organic growing equipment supplies as well as Grow Lights, popular Grow Tent Kits, LED Lights, and a long list of organic nutrients that include Canna Nutrients (exclusive distributor) and Fox Farm -- that's just the start of HTG Supply's huge inventory for everything a grower needs for indoor and outdoor plant and crop production. "We have all your needs except the seeds," commented Cody Christensen, store manager in Orange, a part of HTG's nationwide network of 16 locations.

Indeed, the well stocked store on the Boston Post Road is a gardening oasis, carrying every popular national brand of supplies, including HTG's own branded proprietary products such as High Yield Lighting, AgroMax and GrowBright. "Today's trend in plant growth begins with indoor propagation," Christensen

added. "Grow Tent Kits, LED Grow Lights, Hydroponic Systems -- there's a wide choice of cutting edge systems tailored to each grower's needs. "Together with lighting and with virtually every nutrient under the sun -- that's our product commitment to people who are already growers or just starting out with something as basic as ProMix organic soil."

HTG Supply's staff offers each customer free advice on lighting setups, nutrient needs, planting and growing techniques. "That's something you can't get from a big box store or any other source," Christensen concluded. "We're very well-schooled in horticulture. We also hold occasional seminars on various growing subjects open to the public."

For more information, call Cody Christensen directly at 203-672-1324, email [ctstore@htgsupply.com](mailto:ctstore@htgsupply.com) or visit [www.htgsupply.com](http://www.htgsupply.com).

## PROGRESSIONS SALON WELCOMES LUCY MAURO

Lucy has been a successful full service stylist since 1989 with a stellar following throughout the New Haven County area. Previously from Joiya Day Spa, Lucy is a specialist in all aspects of hair care and design. She is certified in Deva Curl, SoCap extensions and a Joico Hair Care colorist.

A resident of East Haven, Lucy is married with two children. Her son is in the Coast Guard.

"We are very excited to have Lucy as part of the "Dream Team" at Progressions," said Stephanie Cabral, co-owner of the salon with her husband Mario.

Lucy invites all her previous clients and welcomes new ones to the salon.



Lucy Mauro



American Legion

Post 127

Golf Tournament

Monday, August 15, 2016

at the Country Club of Woodbridge

50 Woodfield Rd, Woodbridge

The cost is \$100 per person which includes a continental breakfast, lunch, greens fees, cart, tournament prizes and a bag of goodies.

The money generated from the tournament will benefit The American Legion Post 127.

Scramble Format ~ Registration will be from 8:00 – 8:30 am  
Shotgun Start at 9:00 am \*\*\*PLEASE BE ON TIME\*\*\*

Tee Signs, Banners and Sponsorships Available  
Raffle Donations Appreciated

Any questions about the Tournament or Sponsorships please call  
Richard at 203-795-4400 or email [cenami@aol.com](mailto:cenami@aol.com)

Please make checks to: American Legion Post 127  
And mail them to Richard Cenami at 355 Miles Road ~ Orange, CT 06477

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Please register by August 8<sup>th</sup> ~ \$100 per Person or \$400 per Foursome  
You may register as a Foursome or an individual... we will build Foursomes as registrations come in.



# TOWN DEPARTMENTS & AGENCIES

FROM THE OFFICE OF  
THE FIRE MARSHAL



## CAMPING AND FIRE SAFETY

Many vacationers will enjoy escaping into the wilderness to camp now that the warm weather has arrived. However, there are hazards that go along with camping and the Orange Fire Marshal's Office suggests the following safety tips.

Purchase flame resistant tents and place them a safe distance from a campfire. Keep lanterns and open flames outside the tent and use only flashlights or battery powered devices within. Have a fire extinguisher available inside the tents.

When camping in a recreational vehicle, use only electric or battery lights. Install a battery operated smoke detector in all sleeping areas. Clean and properly maintain appliances, gas connections, and fume vents. Place portable heaters away from combustible items. Keep a fire extinguisher by the exit door and do not block exits. Prepare and practice a fire escape plan. In case of fire while driving, pull to the side of the road, turn off the ignition switch and evacuate the vehicle.

Gas appliances and cylinders are the items most often involved in starting unwanted fires and explosions. When an appliance is not in use, the tank should be turned off at the valve. Change disposable gas cartridges only when completely empty. Replace cartridges and cylinders in the open air, away from any ignition source and never use a damaged cylinder or one that has been in a fire. Make sure that flexible pipes are securely clipped and do not leak. Each year, check the cylinder hose for leaks before using it. Apply a soap and water solution to the hose to reveal escaping propane which produces bubbles. If the appliance does not have a gas gauge, use the following test to estimate the amount of gas left in the tank. Boil a cup of water, pour it over the side of the tank and feel the metal. Where the tank is warm, it is empty and where it is cool to the touch, there is gas. Always transport and store a cylinder in a secure and upright position so it will not fall, shift or roll. Never carry it inside a closed trunk and have the safety plug in place. Remove the tank from the vehicle immediately upon arrival at the destination. Grills of any type should be positioned away from overhanging branches or eaves. Declare a three foot "safe zone" around the grill to keep children and pets from the area.

Campfires are fun for atmosphere and cooking. However, in many states and recreational areas a permit may be re-

quired for open burning. Check first with Park Rangers, the campground manager or the state before lighting a campfire, as area fire danger conditions will be monitored and, in some cases, permits will not be issued. Locate the campfire a safe distance from tents, trees or buildings. If a pit is not provided, clear vegetation and dig one that is surrounded by rocks, before building the campfire. The stones ringing the fire pit may become extremely hot and burn exposed skin as well as melt the bottoms of shoes.

Do not use gasoline as a starter. The flash flame caused by igniting fuel-soaked materials can reach several feet beyond the perimeter of the fire pit and severely injure bystanders. Build a fire suitable to the task at hand. Avoid huge bonfires when children are present. When cooking on a campfire, use a pot-holder to pick up utensils or pans. Be alert to changing wind conditions and watch for flying sparks and embers. Stay away from the downwind side and wear snug fitting clothing around campfires. Teach everyone to STOP, DROP and ROLL if clothes catch on fire. Extinguish fires by dousing them with water, stirring the ashes, and pouring more water over the site. Repeat this procedure until the fire is completely out. Do not smother the fire with sand as this can create an "oven" in which coals continue to burn for hours. ALWAYS keep a water supply nearby in case it is necessary to quickly extinguish the fire. Put out fires and turn off lanterns and stoves before retiring for the evening.

A camping adventure is an excellent way to enjoy a variety of family activities. Do not let carelessness be the cause of a devastating vacation. Be extremely careful when camping with children as it is very easy for a child to fall into a campfire. Remember too, children (like adults), are often mesmerized by the open flames and will want to "play" with fire by poking it with a stick or adding fuel to the flames. Teach children to respect fire by setting a positive example.

Open burning, other than small permitted campfires, is NOT allowed in the Town of Orange. Please visit the website at [www.orangefiremarshal.com](http://www.orangefiremarshal.com) for open burning rules and regulations or contact the Orange Fire Marshal's Office at (203) 891-4711, Monday through Friday from 8:30 am to 4:30 pm for any questions or concerns regarding fire safety, prevention or open burning.

## O.V.F.D. AUXILIARY PANCAKE BREAKFAST

The Orange Volunteer Fire Department Auxiliary will hold its 17th annual Pancake Breakfast on Saturday, June 4th from 7:30 A.M. to 11 A.M. at the Fire Station, 355 Boston Post Road, Orange. Enjoy scrambled eggs, your choice of bacon or sausage, potato patties and all you can eat "Chip's" pancakes prepared for you by the Orange Volunteer Firefighters. Orange juice, milk, coffee and tea will also be served. Prices are: \$8.00

for Adults, Children ages 6-12: \$6.00. Age 5 and under are free with a paying adult. Save \$1.00 per person by purchasing an advance ticket from any auxiliary member or at Knight's Inc., 286 Boston Post Road, Orange.

All proceeds benefit the Orange Volunteer Fire Department. For further information, contact Lynn Knight @ 203-795-5882 or email [lmk415@yahoo.com](mailto:lmk415@yahoo.com) or visit our website at [www.orangevfd.com](http://www.orangevfd.com).

## TOWN OF ORANGE MEETINGS FOR THE MONTH OF JUNE 2016

(Subject to Change, Check with Town Clerk's Office, 203-891-4730)



6th	Zoning Board of Appeals .....	7:00 pm	Town Hall
	Country Fair Cmte .....	7:30 pm	Exhibit Hall
7th	Economic Development Comm .....	5:30 pm	Town Hall
	Town Plan & Zoning Comm .....	7:30 pm	Town Hall
8th	OVNA Board of Governors .....	8:30 am	Clark Bldg
	GATA .....	7:00 pm	Town Hall
	Board of Selectmen .....	7:30 pm	Town Hall
9th	Elderly Housing Liaison Cmte .....	12 noon	Silverbrook Estates
	Community Services Comm .....	7:00 pm	HPCC
13th	Traffic Authority .....	4:30 pm	Police Dept.
	Board of Police Comm .....	4:30 pm	Police Dept.
	Amity Board of Education .....	6:30 pm	Woodbridge
14th	Inland Wetlands Comm .....	7:30 pm	Town Hall
15th	CERT .....	7:00 pm	HPCC
	Recycling Cmte .....	7:00 pm	HPCC
16th	Senior Advisory Board 2016 .....	1:00 pm	HPCC
	Case Memorial Library Comm .....	7:00 pm	Case Mem. Library
20th	Family Counseling Advisory Council .....	9:00 am	HPCC
	Board of Finance .....	7:30 pm	Town Hall
	Board of Health .....	7:30 pm	HPCC
	Orange Board of Education .....	7:30 pm	Mary L. Tracy School
21st	Town Plan & Zoning Comm .....	7:30 pm	Town Hall
22nd	Safety Comm .....	9:00 am	Town Hall
	Park & Recreation Comm .....	7:30 pm	Town Hall
23rd	Bond Construction Oversight Cmte ..	7:30 pm	Town Hall
24th	Emergency Management .....	8:00 am	Police Station
27th	Youth Services Advisory Board .....	7:30 pm	HPCC





**Achievements**

**Eastern Student Allison Greenberg Presents Research Poster At CREATE Conference**

Willimantic, CT -- More than 250 talented students at Eastern Connecticut State University presented research and creative work at the university's second annual CREATE conference this past April. CREATE stands for Celebrating Research Excellence and Artistic Talent at Eastern, and is the university's premier, academic year-end showcase. At the culminating event, students of all majors presented professional posters, live music, dance performances, artwork, photography, documentaries and panel discussions. Allison Greenberg '17 of Orange, who majors in Business Administration, presented a research poster at the event. Greenberg's project, co-presented by classmate Kehlsi Haynes, was titled "Developing Diversity Management Practices that Recognize the Importance of National Culture: The Case of Pfizer."

**Eastern Student Sean Sayers Recognized By Communication Department**

Willimantic, CT -- Outstanding students in the Communication Department at Eastern Connecticut State University were recently recognized at the department's annual "Celebration of Excellence," concluding the 2015-16 academic year. Students received awards for their work in radio, television, journalism, research and public relations. Sean Sayers '16 of Orange, who majors in Communication, received an award for excellence in journalism with the Campus Lantern. Professor John Hale, chair of the Communication Department, said of the event, "The 'Celebration of Excellence' allows the department to formally recognize those students whose contribution in communication clubs and professional organizations exemplifies the highest standards of excellence, as well as offering a forum for formal induction ceremonies into national honor societies in the field."

**Dean's List**

**JMU Announces Spring 2016 Dean's List**

HARRISONBURG, VA (05/27/2016)- JMU is pleased to announce that the following students made the dean's list at James Madison University for the spring 2016 semester. Students who earn dean's list honors must carry at least 12 graded credit hours and earn a GPA of between 3.5 and 3.899.

Danielle Frobel of Orange (06477), who is majoring in interdisciplinary liberal studies.

Addison Robbins of Orange (06477), who is majoring in theatre.

James Madison University offers each student a future of significance - not an education of mere prestige, but an extraordinary education of exceptional scholarship, inventive thinking, unparalleled attention to the world community, a university-wide enthusiasm for

teaching, and a commitment to student success.

**Keene State Announces The 2016 Spring Dean's List**

Keene, NH -- Keene State College is pleased to announce that 1,323 students have been named to the spring 2016 dean's list. To qualify for the dean's list, Keene State College undergraduate students must be enrolled in a degree program and must have completed a minimum of six credit hours in the semester, receiving no failing or incomplete grades. Students must achieve a 3.5 or higher grade point average on a 4.0 scale to earn dean's list honors. Congratulations to the students from Orange who made the list: Kristen Bellico, and Alexis Schwartz.

**Lasell College Announces Dean's List For Spring 2016**

Newton, MA -- Lasell College has released the Dean's List for outstanding academic achievement during the Spring semester of the 2015-16 academic year. A student must earn a semester GPA of 3.5 or higher to receive Dean's List recognition. Those from Orange receiving recognition are: Jilliana Sliby, a member of the Class of 2016 with a major in Communication; Jonathan Sutton, a member of the Class of 2017 with a major in Marketing; and Sophia Figueroa, a member of the Class of 2019 with a major in Fashion Design and Production

**Northeastern University Announces Spring Semester 2016 Dean's List**

Boston, MA. — Northeastern University is pleased to recognize those students who distinguish themselves academically during the course of the school year. Orange resident Nina Waskiewicz, majoring in Business Administration, was recently named to the University's dean's list for the spring semester, which ended in May 2016. To achieve the dean's list distinction, students must carry a full program of at least four courses, have a quality point average of 3.5 or greater out of a possible 4.0 and carry no single grade lower than a C- during the course of their college career.

**AnneMarie Cain Named To Dean's List At Paul Smith's College**

Paul Smiths, NY -- AnneMarie Cain of Orange, Conn., has been named to the Dean's List at Paul Smith's College for the spring 2016 semester. Cain, who is majoring in baking arts and service management, earned a semester average of 3.3 or higher to receive this distinction.

**Anthony Sacco Named To UVM Dean's List**

Burlington, VT -- Anthony Sacco has been named to the dean's list for the spring 2016 semester at the University of Vermont. Sacco from Orange, CT, is an Art History major in the College of

See "Student News" continued on Page 25

**TEN REASONS TO BUY FROM ORANGE'S ONLY OIL COMPANY**

1. We're in-town and quick to respond when you need us most!
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3. Our service people are NEVER on commission and have no reason to sell you something you do not need.
4. We're experts in keeping older equipment up and running smoothly.
5. Clean, professional service staff and drivers.
6. We fully understand that it's you, our customer, that has kept us in business for four generations.
7. There's always a friendly, helpful Tamaro family member on the other side of the phone to address your specific needs and solve your problems promptly.
8. Competitive pricing.
9. Verifiable positive customer feedback available to you at our office. Come and view our binder full of kind words and thank you notes from some of the best customers anyone could ask for.
10. Last but not least, old school values and excellent service are alive and well here. We take great pride in serving you and hope to earn your continued patronage.

*We may be Orange's only oil company, but we know you have plenty of choices. We're hopeful you will give thought to joining the growing number of Orange residents using their hometown oil company today.*

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*Oil Corporation*



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# CASE MEMORIAL LIBRARY EVENTS

Programs at the Case Memorial Library are free (except as noted for materials charges) and open to the public. Library hours are as follows: Monday and Thursday 10-8; Tuesday, Wednesday, and Friday 10-5; Saturday 10-4. The Library will be closed on Saturday, July 2 and Monday, July 4 in observance of Independence Day. Registration is highly recommended for all Library events.

## Weekly Storytimes

Come to our weekly storytimes to have fun, meet new friends, and set your child on the path to lifelong learning!

### Lapsit Storytime

Our lapsit storytimes are for babies and toddlers up to 24 months and feature nursery rhymes, music, and movement. Tuesdays at 10:30 a.m. Visit [casememoriallibrary.org/events](http://casememoriallibrary.org/events) for upcoming dates.

### Two-Year-Old Storytime

Our 2-year-old storytimes feature storytelling, music, and movement. Thursdays at 10:30 a.m. Visit [casememoriallibrary.org/events](http://casememoriallibrary.org/events) for upcoming dates.

### Three to Five-Year-Old Storytime

Our 3 to 5-year-old storytimes feature storytelling, rhymes, finger plays, and a craft activity. Mondays at 4 p.m. Visit [casememoriallibrary.org/](http://casememoriallibrary.org/)



176 Tyler City Road, Orange, CT 06477  
203-891-2170  
[www.casememoriallibrary.org](http://www.casememoriallibrary.org)

events for upcoming dates.

## Children On Your Mark, Get Set, Read!: Children's Summer Reading Program

Our summer reading game is back! June 16-August 19, children entering pre-school through grade 5 are invited to come to the library to register or sign up online at <http://tinyurl.com/cmlchildsrp2016> and receive a draw-string bag. When participants have read their first book, they will choose and decorate a game piece and pin it to our Summer Reading Game Board. Game pieces will be moved from one area of the Board to the next with each book

read. Read three books and receive a temporary tattoo. Read five books and complete one activity from our "Choose Your Challenge" activity list (or make up your own!) Then, stop by the library, pick up a science kit, and get entered into the Summer Reading Grand Prize Raffle of your choosing. Students entering grade 6 may choose to participate in either "On Your Mark, Get Set, Read!" or the teen summer reading program, "Get in the Game – Read!"

Registration is required for most children's programs and opens three weeks in advance of the program date.

## Summer Reading Registration Day

Thursday, June 16, 11:30 a.m. - 4 p.m.

Stop by the library and register for our summer reading game for pre-K through sixth grade. Learn more about changes we've made, our brand new "Choose Your Challenge" option, and this year's prizes! Can't make it but still want to be a part of it? Simply stop by the Children's Room at your earliest convenience or visit our website to sign up.

## "Animal Athletes" Show with Animal Embassy

Saturday, June 18, 10:30 a.m.

Come to the Library to meet a menagerie of exotic creatures with amazing athletic skills! Animal Embassy will be bringing a veiled chameleon, an Argentine black and white tegu, gray tree frogs, a rabbit, a carpet python, a Eurasian eagle owl, and a lovebird.

## "Ready...Set...Read!" with Al deCant

Thursday, June 23, 10:30 a.m.

Get ready for some catchy music, awesome stories, and a generous helping of audience participation at this high-energy show perfect for pre-schoolers and their families.

## 4th of July Craft

Wednesday, June 29, 2 p.m.

Children ages 4-8 are invited to join Ms. Gina and create one-of-a-kind fire-

work paintings using common household items like glue, water, salt, and paint. Space is limited to 20 participants.

## "The Tortoise and the Hare" Drama Workshop with Ingrid Schaeffer

Saturday, July 16, 1:30 p.m.

Children ages 5-10 will be provided with a costume piece and props to act out this classic Aesop fable with a twist. The workshop will conclude with a craft that corresponds to the theme of the story. Space is limited to 22 children.

## Teddy Bear Picnic Story Time

Thursday, July 21, 4 p.m.

Join Ms. Michelle by the sitting wall outside for an extra special story time! Bring your favorite bear and a snack. We'll provide juice and tons of fun! Space is limited to 25 children.

## Harry Potter Potions Class for Tweens

Monday, August 1, 2:30 p.m.

Congratulations! The Case Memorial Library is pleased to invite you to a potions class for young witches and wizards. Explore the magic of Harry Potter and the Cursed Child with Professor Gina, who will be teaching students on crafting a Gillyweed potion. Wands and textbooks are not required. For tweens entering grades 4 to 6. Space is limited to 24.

## Friendship Day Craft and Games

Wednesday, August 3, 2 p.m.

Bring a friend and make new friends at Friendship Day! We will be making friendship bracelets out of recycled t-shirts and playing board games like Jenga and checkers. The library will have t-shirts available, but feel free to bring an old one from home. If you are bringing a friend, don't forget to register yourself and your pal! For children entering grades 1-3. Space is limited to 24 participants.

## Family Film: Zootopia

Wednesday, August 10, 1 p.m.

Come watch a new flick on the big screen! Refreshments will be provided. This film is rated PG. Registration is not required.

## Ninja Headband Craft

Wednesday, August 17, 2 p.m.

In honor of our summer reading theme – On Your Mark, Get Set, Read! – children ages 4-8 are invited to raid our stash of fabric markers and embellishments to make customizable ninja headbands! We'll transform ordinary cotton t-shirts into super stealthy summer reading gear. All materials will be provided. Space is limited to 20 participants.

See "Library" continued on Page 13

## NEWEST ADDITIONS TO CASE MEMORIAL LIBRARY

Case Memorial Library, located at 176 Tyler City Road, has added more movies on DVD, Audiobooks and music CDs to its extensive collection. Check them out!

### Movies on DVD

- Bridge of Spies
- Creed
- Dragon Blade
- Grandma
- Homeland, Season 4
- Outlander, Season 1
- The Revenant
- The Secret in Their Eyes
- Son of Saul
- Spectre

### Music

- Bartok, Bela – Mikrokosmos 6 and other works (Classical)
- Chopin, Frederic – 4 Ballades, Berceuse, 4 Mazurkas (Classical)
- Elgar, Edward; Walton, William – Cello Concertos (Classical)
- Haydn, Franz Josef – Symphonies 78-81 (Classical)
- Matmos – Ultimate Care II (Popular)
- Monroe, Ashley – The Blade (Country)
- Now That's What I Call Music! 57 (Popular)
- Raitt, Bonnie – Dig In Deep (Rock)
- 21 Pilots – Blurryface (Rock)
- Williams, Lucinda – The Ghosts of Highway 20 (Country)

### Audiobooks

- Simonson, Helen – The Summer Before the War
- Sweeney, Cynthia D'Aprix – The Nest
- Vowell, Sarah – Lafayette in the Somewhat United States (Biography)
- Wheeler, Michael – The Art of Negotiation (658.405)



.....  
"Library" continued from Page 12

**Magic Show with Ed Popielarczyk**  
Friday, August 19, 11 a.m.

Ready to make some magic? Children ages 3 and up will watch the spellbinding Ed Popielarczyk as he weaves storytelling and magic together at this family-friendly show.

**Teens**  
**Get in the Game – Read!: Teen Summer Reading Program**  
June 16 – August 19.

For students entering grades 7-12. Students entering grade 6 may choose to participate in "Get in the Game-Read!" or the children's summer reading program, "On Your Mark, Get Set, Read!" Here's how it works: tell us what you're reading this summer by stopping in the Library with your reading record or logging it online here: <http://tinyurl.com/cmlteensrp2016>. Read at least two books and you're guaranteed a prize! For every five books you read you'll be entered into a grand prize raffle drawing. Plus, each week you finish a book and log it online you'll be entered into a raffle drawing for a \$10 iTunes gift card.

Registration is required for all teen programs and opens three weeks in advance of the program date.

**Smartphone Holograms**  
Tuesday, June 28, 2-3 p.m.

How does a hologram work? We can teach you! We're kicking off our summer reading for teens with a mind-blowing STEM craft. All materials will be provided for you, but you may want to bring your own smartphone or tablet. Space is limited to 24 participants.

**Shibori Tie Dye Totes**  
Wednesday, July 6, 2-3:30 p.m.

Make your own tie-dye book tote using the Japanese shibori method then make a frozen banana parfait while you wait for your tote to dye. Wear old clothes; this might get messy! All supplies will be provided. Supplies are limited so give us a call or stop by the Library to let us know if you plan to come. Space is limited to 30 participants. Rain date: Thursday, July 14, 2 p.m.

**Action Painting Workshop**  
Tuesday, July 19, 2-3:30 p.m.

Join us on the back lawn for an interactive Jackson Pollock-style painting workshop using splatter and drip paint techniques then make a frozen banana parfait while your painting dries. Wear

old clothes; this might get messy! All supplies will be provided. Supplies are limited so give us a call or stop by the Library to let us know if you plan to come. Space is limited to 24 participants. Rain date: Thursday, August 4, 2 p.m.

**Henna Tattoos with Jamilah**  
Tuesday, July 26, 2-4 p.m.

Learn more about henna and get your own beautiful tattoo from professional henna artist Jamilah. Space is limited so give us a call or stop by the Library to let us know if you plan to come. Space is limited to 20 participants.

**Stamped Initial Bracelets**  
Wednesday, July 20, 2-3 p.m.

We're making stamped initials bracelets! Make one for yourself, craft matching bracelets with your friends, or create a gift for someone special. Supplies are limited so give us a call or stop by the Library to let us know if you plan to come. Space is limited to 24 participants.

**Adults**  
**Exercise Your Mind: Adult Summer Reading Program**  
June 16 – August 19.

For adults 18 and up and recent high school graduates. Each time you visit the Library, fill out a simple form with the title and author of a book you've just finished, give it a star rating, and drop it in the raffle box. Every two weeks we'll hold at raffle drawing for a \$25 Amazon gift card. Can't make it to the Library? No problem! You can participate online here: <http://tinyurl.com/cmladultsrp2016>

**Lou Gehrig: The Story of a Great Man**  
Monday, June 13, 7 p.m.

Award-winning storyteller Carol Birch tells the story of Lou Gehrig, an American hero whose story resonates for diehard baseball fans and the uninitiated alike, followed by the lesser-known story of the people of North Platte, Nebraska who, during World War II, with only their own resources and ration cards, greeted, fed, and thanked six million military personnel as they set off to serve our nation. Sponsored by the Friends of the Library. This program will open with the Friends of the Library Annual Meeting including the induction of new officers and presentation of the Lucy Scillia Scholarship to an Orange graduating senior. Registration is required in person or by telephone.

**Films**  
**2016 Oscar Film Series**  
Registration is required in person or by telephone for all Oscar films and opens three weeks in advance of the program date.

**Carol**  
Monday, June 6, 7 p.m.  
Wednesday, June 8, 1 p.m.

An aspiring photographer develops an intimate relationship with an older woman. R. 1 hour 58 minutes.

**Creed**  
Monday, June 27, 7 p.m.  
Wednesday, June 29, 1 p.m.

The former World Heavyweight Champion Rocky Balboa serves as a trainer and mentor to Adonis Johnson, the son of his late friend and former rival Apollo Creed. PG-13. 2 hours 13 minutes.

**Joy**  
Monday, July 11, 7 p.m.  
Wednesday, July 13, 1 p.m.

Joy is the story of the title character, who rose to become founder and matriarch of a powerful family business dynasty. PG-13. 2 hours 4 minutes.

**45 Years**  
Monday, July 25, 7 p.m.  
Wednesday, July 27, 1 p.m.

A married couple preparing to celebrate their wedding anniversary receive shattering news that promises to forever change the course of their lives. R. 1 hour 35 minutes.

**Star Wars: The Force Awakens**  
Monday, August 1, 7 p.m.  
Wednesday, August 3, 1 p.m.

Three decades after the defeat of the Galactic Empire, a new threat arises. The First Order attempts to rule the galaxy and only a ragtag group of heroes can stop them, along with the help of the Resistance. PG-13. 2 hours 15 minutes.

**The Hateful Eight**  
Monday, August 15, 7 p.m.  
Wednesday, August 17, 1 p.m.

In the dead of a Wyoming winter, a bounty hunter and his prisoner find shelter in a cabin currently inhabited by a collection of nefarious characters. R. 3 hours 7 minutes.

**Trumbo**  
Monday, August 29, 7 p.m.  
Wednesday, August 31, 1 p.m.

In 147, Dalton Trumbo was Hollywood's top screenwriter, until he and other artists were jailed and blacklisted

for their political beliefs. R. 2 hours 4 minutes.

**Book Discussions**  
**The Bookcase: Evening Discussion Group**  
**The Book of Unknown Americans by Cristina Henriquez**  
Thursday, June 23, 7 p.m.

Join Bookcase leader Toby Zabinski for The Book of Unknown Americans by Cristina Henriquez.  
Check the Circulation Desk for copies. Please pre-register.

**Books & Breakfast: Morning Discussion Group**  
**Dead Wake: The Last Crossing of the Lusitania by Erik Larson**  
Tuesday, July 19, 10 a.m.

Join Books & Breakfast leader Carol Davidson for a discussion of Dead Wake by Erik Larson. Check the Circulation Desk for copies. Please pre-register.

**Friends' Members Only Book Sale**  
Saturday, July 16, 10 a.m.-12 p.m.

Join the Friends of the Library for coffee and great deals on thousands of new and gently used books including hardcover and paperback fiction and non-fiction for adults, children, and teens as well as vinyl records, DVDs, CDs, and audiobooks. It's the perfect place to pick up a gift for an upcoming event, add a new special book to your coffee table collection, or just grab a few great new things to read. Not a member? Not a problem! You can join the day of the sale.

**Square One Theatre: Reader's Theatre Showcase**  
**Scott and Hem**  
Monday, July 18, 7 p.m.

The Square One Theatre Company will present a live, staged reading of "Scott and Hem," a drama with F. Scott Fitzgerald and Ernest Hemingway about the cost of love, friendship, and the price of being a writer. Please pre-register. Sponsored by the Shirley Martin Prown Fund.

**Art in the Library**  
**June:** Oils, watercolors, and acrylics, by Elizabeth B. Wright.  
• On view June 2-29.  
• Reception: June 9, 5-7 p.m.  
**July:** Watercolors and sculptures by Nandou Lu and Gary Rappaport.  
• On view July 2-29.  
• Reception: July 7, 5-7 p.m.  
**August:** Watercolors by Lisa Rehm and Shuba Balakumar.  
• On view August 2-30.  
• Reception: August 4, 5-7 p.m.

"One of the greatest gifts my father gave me - unintentionally - was witnessing the courage with which he bore adversity. We had a bit of a rollercoaster life with some really challenging financial periods. He was always unshaken, completely tranquil, the same ebullient, laughing, jovial man. — BEN OKRI



# HISTORY CORNER

By Ginny Reinhard



## Have You Checked on Your Ancestors Lately?

So, with all of the interest in ancestors these days, I thought you might like to know a little about our Postmaster who had the post office in his home on Orange Center Road in the 1850s with the eventual move to the railroad station in 1871. It seems, according to Susan Woodruff Abbott, in her "Families of Early Milford," one Thomas Oviatt married into the Bryan Family with his wife Frances. He appears in Milford in 1664 making frequent trips back to England carrying letters to and fro. An interesting note is that Alexander Bryan called him his nephew and since Alexander Bryan was well known in England and apparently of great wealth and position there, the letters may well have been from Bryan himself. In 1689, Oviatt was made Milford town clerk but his business appears to be that of a Chandler or candle and soap maker.

He was indebted to Richard Bryan, Alexander's son who apparently either lent him money to establish his business or to bail him out of debt. He and his wife acknowledged this debt to be paid to Richard, his heirs and assigns within 15 months from the 14th of May 1684. The debt was secured with houses, lands, soap firkins (wooden buckets) ashes and oil, enough to be used for soap to pay for the ashes. Now you are probably asking, "what is she saying here?" Well, it's simple. Soap was made with lime, wood ashes, straw and water. With the straw, lime and ashes in layers, in a large wooden tub, with a bung hole, water was poured through these layers, over and over until the liquid became lye, the foundation of most soap.

There was much "a do" about the death of Thomas's son Samuel in 1749. Sam's grandson John was awarded administrator of the estate and listed as a "soap boiler". Chandler sounds so much more colonial, doesn't it? A whole litany of "whys and wherefores" followed with a positive affirmation that John should indeed take charge of



Sidney Oviatt's house.

the estate. Samuel's son Samuel, in a document to the Probate Judge affirms that "he does not choose to take the trouble of admn on the estate of his Hon. father by reason of living at such a distance (Goshen) and the estate very small". Well, excuse me! The affidavit is written and signed by the younger Samuel's wife Rodah further saying that

"we declare that we heard that the said Sam'll declare that he would not trouble himself about it and also depose that some one of his brethren would take it out." Certified Mar 16th 1767. Yipes!

Now Rodah's husband, Samuel, the very same who denounced his father's estate now dies in 1767 and we find on March

16th a statement, "I Rhode (change in spelling) Oviatt of Milford, widow of Sam'll Ovit late of Milford dec. (declare) do not choose to take the trouble of administration on the estate of my late husband nor have anything to do with it: but choose my son-in-law Moses Mallory will take the same. I am yours Roda Oviatt with her X. The woman couldn't even write her own name! Somehow a John Cowell got into the mix and both Roda and son Isaac, objected to this change in administration on March 24th.

To add to the soap opera, in 1770, Rhoda Oviatt was declared unfit to take

care of herself and the first selectman of Milford prayed for authority to sell her dower interest in her dwelling house in Milford. So there! And then there's Lois, the daughter of the grandson of our first Oviatt, Thomas. Born in 1752, her will, dated June 10, 1826 leaves all to sister Libbie (Sybil unmarried) or her heirs,??? otherwise to my legal heirs. Her estate consisted of 1/2 interest in personal effects, the other half belonging to estate of Sybil (Libby?) Oviatt. Distributed to John Edwards 1/2 an island in the Housatonic River. I wonder who got the other half? Also personal property to Elijah Camp, Martin Edwards et al. There are a total of 20 names in that list. There must have been a good

deal of fighting over the spoils with that many contenders. Remember Samuel didn't want anything to do with his father's estate? Well guess what, neither did HIS son. So now we have the great grandson declining to administer the estate of his father because of distance and his will names his wife and his children. The kicker to this one is he leaves the household furniture to his wife, the furniture she brought with her to the marriage! Folks, you can't make this "stuff" up. Another Samuel pops up with a military record in the Revolutionary War in 1779 at the age of 16. In a newspaper article it was told that Sam was a carpenter in the Army, sent to West Point and then in 1789 to Valley Forge. He fought in the south and when the war was over, walked home, over 100 miles.

Lois' brother, Thomas married Elizabeth Botsford in 1769 and filed for divorce in 1793 on the grounds of desertion since December of 1785, leaving a child of 4 years old. A variety of unusual names appear in the genealogical listing for the Oviatt family; Giles, Comfort, Japheth, Tamar, Huldah, Tamor, Clarinda, Heman, Luman, Salmon, Noyes, Dotha, Adelia, Orsen, Birdsey, Hanford, Uri but the names got more familiar as the years went on.

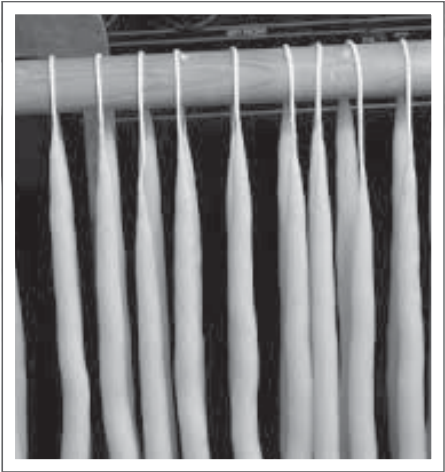
To say the Oviatt's were colorful is an understatement. By 1755 Benjamin was born and he fought in the Rev. War as a Minute Man, a most distinguished honor as was the participation of his wife Mary Elizabeth Carter in the French and Indian War. Her history is written in the history of Goshen. Remember Goshen?

It appears a lot of the Oviatts lived there. Ebenezer also fought in the Rev. War, as did Nathan who, for 2 months guarded the Coast of Long Island Sound.

Our Sidney may have been less colorful than his ancestors but his place in the history of Orange was well respected. One can still see the post

outside his house, the one on the corner of Porter and Orange Center, where a horse could be tethered while its owner was doing business with him. It is also noted in Mary Woodruff's book that Sidney was a shoemaker. There were quite a few of them in town. Sidney died at the age of 80 years due to paralysis.

Thus ends the tale of the Oviatt family. Please note that any spelling that appears to be incorrect is not of this author. There were no editors in the writing of wills, probate complaints or subscriber's affirmations, such as they were, so you are on your own.



Candles drying on a "candle stick".



A firkin.

Is it spring yet? You bet it is as the Academy Museum Antique Shop at 605 Orange Center Road. New and exciting antiques and collectibles are just the thing for your spring and summer events. Come and check out the wedding display of gifts for the brides and bridesmaids. What little junior bridesmaid wouldn't love a bride doll to remember an important day? The shop is open Saturdays from 10:00-3:00. For information call 203 795-3106.



# "THE LOU GEHRIG STORY" AS TOLD BY STORYTELLER CAROL BIRCH

The program, "American Heroes," will be presented by Ms. Carol Birch on June 13, 2016 at 7 p.m. in the Meeting Room at the Case Memorial Library. She will follow the life of Lou Gehrig through his childhood, his career with the New York Yankees, his marriage, and his final battle with ALS.

The son of impoverished immigrants, he went on to attend an Ivy League university. Painfully shy, he avoided speaking in public, yet he is remembered for a speech which reverberates in the American psyche to this day. In a world where winning is everything, Lou Gehrig offered us all a more complex understanding of just what it is to lose and what it is to win. His story, with humor and heart, grit and glory, resonates for diehard baseball fans and the uninitiated alike.

Birch will then tell us the story of the people in North Platte, Nebraska, who during WWII, with only their own resources and ration cards, greeted, fed, and thanked six million military person-

nel passing through town as they set off to serve our nation.

In 1971 Birch began telling stories that resonated from shy hope to tenderness to humor and good sense. She has appeared on television, been covered in the print media, and received numerous awards, among them the Circle of Excellence award from the National Storytelling Network and, most recently, her newest CD, More Than A Cup of Kindness, which featured her story of the North Platte Canteen, received a Parents' Choice Gold Award.

Before the program, The Friends of the Case Memorial Library will conduct a brief meeting to elect new officers and to award the Lucy Scillia Scholarship to an Orange Graduating Senior. The Friends established the scholarship to commemorate Lucy Scillia, who was an active member, a professional librarian and served on the Library Commission.

All members of the community are invited to attend. To register, visit the library or call 203.891.2170.



American Red Cross

## RED CROSS URGES BLOOD, PLATELET DONATIONS

The American Red Cross urges blood and platelet donors to choose their day to give and help ensure blood is available for patients all summer long during its annual summer awareness campaign, sponsored by Suburban Propane. "Many Americans will be celebrating the unofficial start to summer this Memorial Day weekend, but seasonal activities that bring joy to so many can also lead to a shortage of blood and platelet donations when regular donors become busy," said Donna M. Morrissey, director of national partnerships for the Red Cross Biomedical Services. "Patients don't get a summer holiday from needing lifesaving blood and platelet donations and

are counting on generous volunteers to help maintain a sufficient supply this summer."

The Red Cross relies on volunteer donors for the 14,000 blood donations needed every day to support patients at about 2,600 hospitals and transfusion centers nationwide. However, during the summer months of June, July and August, about two fewer donors schedule an appointment to give blood at each Red Cross blood drive than what patients need.

The next blood drive in Orange will be June 10, 2016 from 11am-4pm, High Plains Community Center, 525 Orange Center Road.



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WEDNESDAY, JUNE 22 | *Caregivers*

WEDNESDAY, JULY 13 | *Dementia Research Update*

6:00 PM - 8:00 PM  
Maplewood at Orange  
245 Indian River Road, Orange  
A light dinner will be served.

Please respond to Maria Tomasetti, Alzheimer’s Association Connecticut Chapter, 203-230-1777, ext. 14 or [mtomasetti@alz.org](mailto:mtomasetti@alz.org).




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## MAKE A LUNCH KIDS WILL DEVOUR

Bacon makes everything better! Toss some on a sandwich for more flavor.

Children can be picky eaters, making it challenging for parents to find foods their kids will consume. Family dinners are challenging enough, but lunches kids will love can be even more difficult to come by.

Parents can prepare lunches kids are certain to devour by thinking outside of the traditional lunch box. Using some creativity and building off of kids' favorite foods is the key.

**Make it miniature**

Mini versions of kids' favorite foods can be entertaining and entice children to try things they normally wouldn't. If it's fun-sized, it can be swallowed in one bite. Think about mini sandwiches cut into fun shapes with a cookie cutter. Or use little condiment cups to hold chicken salad, soup or yogurt.

**Offer variety**

Give kids a bit of a buffet inside of their lunches. This way, if something isn't tickling their taste buds, they still have other healthy options at the ready. This technique also ensures that kids will not get hungry after skipping meals. Lunch buffets do not have to be complicated. Include half of a sandwich, a piece of fruit or an applesauce cup, some trail mix, and a granola bar. Look for complex carbohydrates and protein so that little bellies will feel full.

**Go with what works**

If a child really enjoyed the previous night's dinner, offer up a repeat for lunch the next day. Some schools have a microwave where hot foods can be reheated. If that's not available, invest in a thermos or a durable, insulated container that can keep the foods at a comfortable temperature. Lunchtime at school occurs not too far into the day, and it's feasible that food can still be warm if heated right before leaving the house.

**Sneak in some nutrition**

If kids are bound to eat the same thing over and over again, mix it up in subtle ways. Add a slice of tomato to a plain cheese sandwich and serve it on whole-wheat bread for added nutrition. Blend cauliflower into mac-and-cheese so it's barely noticeable. Add flavor to lunch meats with a piece of bacon. Bake up nutritious cereal bars on your own that pack a nutritious punch and could have pureed fruit as the base.

**Breakfast for lunch**

Most kids go ga-ga over breakfast foods. Use that to your advantage, sending them in with egg-bacon-cheese bagel sandwiches, or some cereal to which they can add milk bought from the cafeteria. Thin pancakes can be rolled and stuffed with fruit in a crêpe style that makes for a tempting treat.

**Rely on school lunch**

School lunches shouldn't be dismissed. When the pantry and refrigerator simply aren't offering up the right inspiration, let children try something provided by their schools. They may like the menu, and that will save you time and effort in the morning. Plus, many school lunches are designed to be nutritionally balanced.

Picky eaters frequently make meal creation challenging. However, with some ingenuity, kids' lunches can be enjoyed and savored.

## OSFA SCHOLARSHIP AWARDS

The Orange Scholarship Fund Association will present scholarships to seven Orange high school seniors at its annual Awards Reception to be held on June 11 at 1 PM, at the Case Memorial Library. The public is welcome to join students and their families and friends to hear Sapna Sawh, a 1999 graduate of Amity, who went on to Tufts University and then a successful career in the fashion industry as a designer of women's handbags for a number of high-end labels. As a professional fellow with the non-governmental organization Nest, she has worked in Swaziland with local artisan weavers to develop a luxury handbag collection, which was recently introduced to the New York market as Kho Kho. The Awards ceremony will be followed with light refreshments.

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Four year olds at Orange Congregational Church Nursery School learn about the work of a police dog from TFC Bryan Martini. TFC Greg Zeoli of Woodbridge (OCCNS parent) is in the background with TFB Brian Becker.



TFC Brian Becker explained what a traffic police officer does.



As part of our curriculum on People in the Neighborhood, Orange Congregational Church Nursery School had fun field trips across the street to see First Selectman James Zeoli and the Fire Department on Orange Center Road. We learned so much!



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At the Panther Pounce 5K on Saturday, May 14th, Officer Max Martins, parent William Chizmadia, and parent/school nurse Cheryl Mingione were recognized for their actions at the 2015 Panther Pounce where they acted as first responders providing CPR for a runner who suffered a heart attack on the course. These individuals were given recognition certificates and an award from the state, town and elementary school. Their heroic actions saved the man's life!



Principal Michael Gray with Race Brook School 6th grade students Alexandra Hurlburt, Colleen Shaw, Faith Bernier and Nolan Young who were awarded Certificates of Excellence from the Connecticut Association of Public School Superintendents during the May 16th Orange Board of Education Meeting.

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LOCAL SPORTS



ORANGE TOOK ON THE CAPE AND MADE IT!

Dennis Marsh and Denise Stein of Orange Community Services assembled a team to take on Ragnar Cape Cod, a 200 mile Relay Race. The team of 12 started in Hull, MA, on Friday, May 13 at 8:30am and ran to Provincetown, MA. We arrived at the Pilgrim Memorial on Saturday, May 14 at 5:30pm. We completed the run in 33 hours, 1 hour ahead of our expected time. The run raised over \$3,000 for the Town of Orange Emergency Fuel Bank and Food Pantry. Also on the team were Aubry Monahan, John DeMarsilis, Antea DeMarsilis, Christine Kratz, Emily Hayes, Chris Gates, Bridget Gates, Alyssa Couden, Amanda Keeler, and Michael Mariano of Center of Balance gym. Center of Balance is a premiere training facility here in Orange. Mike was instrumental in preparing the

team for the challenge that the team would face. Thank you Center of Balance and all our sponsors: **Gold Level:** Yale New Haven & State Affairs, Lions Club of Orange, Orange Rotary Club **Silver Level:** Cody White, F&W Equipment, Orange Fence, Stein Beck Family, People's United Bank **Bronze Level:** Bob's Discount Furniture, Advance Spine & Sport, Puerto Vallarta, Orange Visiting Nurses Association, Law office of Floman DePaola, Birmingham Family, Consiglio Family, Cretella Family, Gentile Family, George Family, Hudgens Family, Maley Family, Moule Family, and Pol Family. And thank you to all our sponsors at the Friends level.

FROM THE YOUTH SERVICES COORDINATOR

By John Ulatowski



Pictured above is a recent class of a Youth Services Home Alone class of students and instructors James Vincent, Deputy Fire Marshal and Officer Robert Amarone of the Orange Police Department. Programs are presented at each of the Elementary schools. Youth Services also wishes to thank school Principals Denise Arterbery, Michael Gray, and Eric Carbone. The program covered topics such as passwords, strangers, personal safety, playing outside, answering the door, phone calls, and fire safety.

Area Residents Need Jobs Help? Youth Services Job Bank Can Assist

The Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, attics/basements, raking, snow shov-

eling, small painting, party helper, tutoring, clerical assistance, mother's helper...and more. For further information, please call John Ulatowski, Orange Youth Services Coordinator, at 203-891-4785.

Youth Services High School Volunteers Can Assist With Orange Community Events

Orange Youth Services has a list of Orange High School youth who are available to assist their community with a variety of volunteer needs. Our volunteers have signed up with a parent with Youth Services to access opportunities in regards to attaining their necessary school volunteer credits. They are available for a wide variety of community, school, and organizations located in Orange.



A big thanks to Mr. Zeoli for visiting Orange Community Nursery School and reading a story for our 4s and 5s class during our community helper unit.













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DINING WITH SUSAN

By Susan Noonan



GRIMALDI'S ITALIAN KITCHEN

Grimaldi's Italian Kitchen in Woodbridge (featuring a brick coal-fired pizza oven) opened October 2014. Local residents now have the New York Pizza from Grimaldi's (under the Brooklyn Bridge) right here in New Haven county.

From 1890-1930, Italians flocked to the United States, creating legendary Meccas in places like Brooklyn, New York and, of course, New Haven, Connecticut. With them came many massive cultural contributions, a zest for life, an unmovable spirit, energy and a legacy of culinary greatness. In many ways, Italian Americans truly created a restaurant experience in the new world.

Grimaldi's was an integral part of the wave. It is fully dedicated to bringing their customers the Italian classics we all love, the way we love them. Grimaldi's Italian American immigrant recipes have not changed since 1917-nor will they ever. They use only the finest, freshest, local and Italian imported meats, cheeses and sauces. They make everything from scratch and this won't change as well. Grimaldi's has been voted one of America's best for over 100 years. It seeks to continue that tradition with its full menu now offering, in addition to pizza & calzones, many great choices of dinner entrees and pasta dishes.

You can "build your own pasta" by picking a pasta (6 choices) and a sauce (9 choices) and add-ons such as sausage, chicken, salmon, etc. (8 choices). All entrees are served with a fresh house salad or soup, and you can also pick a pasta & sauce. I had Chicken Fran-

cese over cheese ravioli (loved it). Also, would highly recommend the house-made cannoli for dessert. In addition, a wide range of appetizers, salads, Panini's, subs, & desserts are offered. The restaurant seats approximately 140 and features a main dining room, a 24-seat private party room called "The Woodbridge Room" and a designated room which serves a full bar complete with a select wine list and a large assortment of beers and spirits. Specialty drinks are made with muddled fresh fruits and fresh-squeezed juices.

**Grimaldi's Italian Kitchen**  
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FINAL NOTES: Grimaldi's is definitely my new favorite place for top notch Italian cuisine. I was extremely impressed with the food, atmosphere, and attentive service. If you have a favorite restaurant, please e-mail [susan@orangetownnews.com](mailto:susan@orangetownnews.com) or [susan@woodbridgetownnews.com](mailto:susan@woodbridgetownnews.com).





**Q:** I remember this lovely actress who played Mark Greene's daughter on "ER" and who also was on "The Young and The Restless" for a few years as Daisy. Can you tell me what I can see her in nowadays? -- Tiffani T., via email

**A: Yvonne Zima**, who made her big-screen debut at age 5 opposite legendary actor **Al Pacino** in "Heat," has been keeping herself busy. Aside from numerous roles in TV shows and movies such as "The Long Kiss Goodnight," "Law and Order: SVU," "Castle" and "Masters of Sex," she also takes on the dual starring role in the Lifetime television original movie "Killing Mommy" (premiering Saturday, June 11), where she plays twins Deb and Juliana Hansen.

I asked Yvonne what it was like filming this dual role, and she told me she was excited to take on the challenge: "It's a really wonderful script, written by **Trent Haaga**. And the person behind all these films, (executive producer) **Pierre David**, makes a ton of films for Lifetime. He has figured it all out. I really like Pierre. I think he's lovely. He's French-Canadian. He smokes; he swears; he's a real person.

"A big part of my preparation was trying to keep these two characters separate and to make them quite opposite. You have Juliana, who is a materialistic brat. Then you have Deb, who is kind of a barfly and completely in pain. She drinks and she smokes and she gets into fights. Keeping those two people separate was the main challenge, because you don't want to watch a movie where you have twins and they are doing the same stuff and they're basically the same."

\*\*\*

**Q:** I have been watching a series on ABC called "American Crime," and it hasn't been on for three or four weeks,



Yvonne Zima [Danika Singfield]

and I was wondering if it has been canceled. -- Mike H., Palm Springs, Florida

**A:** ABC has renewed "American Crime" for a third season, and like the previous two seasons, it most likely will premiere in the first quarter of the new year. And also like the previous two seasons, viewers can expect an entirely new storyline, with familiar faces playing new characters. I can't wait to see what John Ridley and company have in store for us.

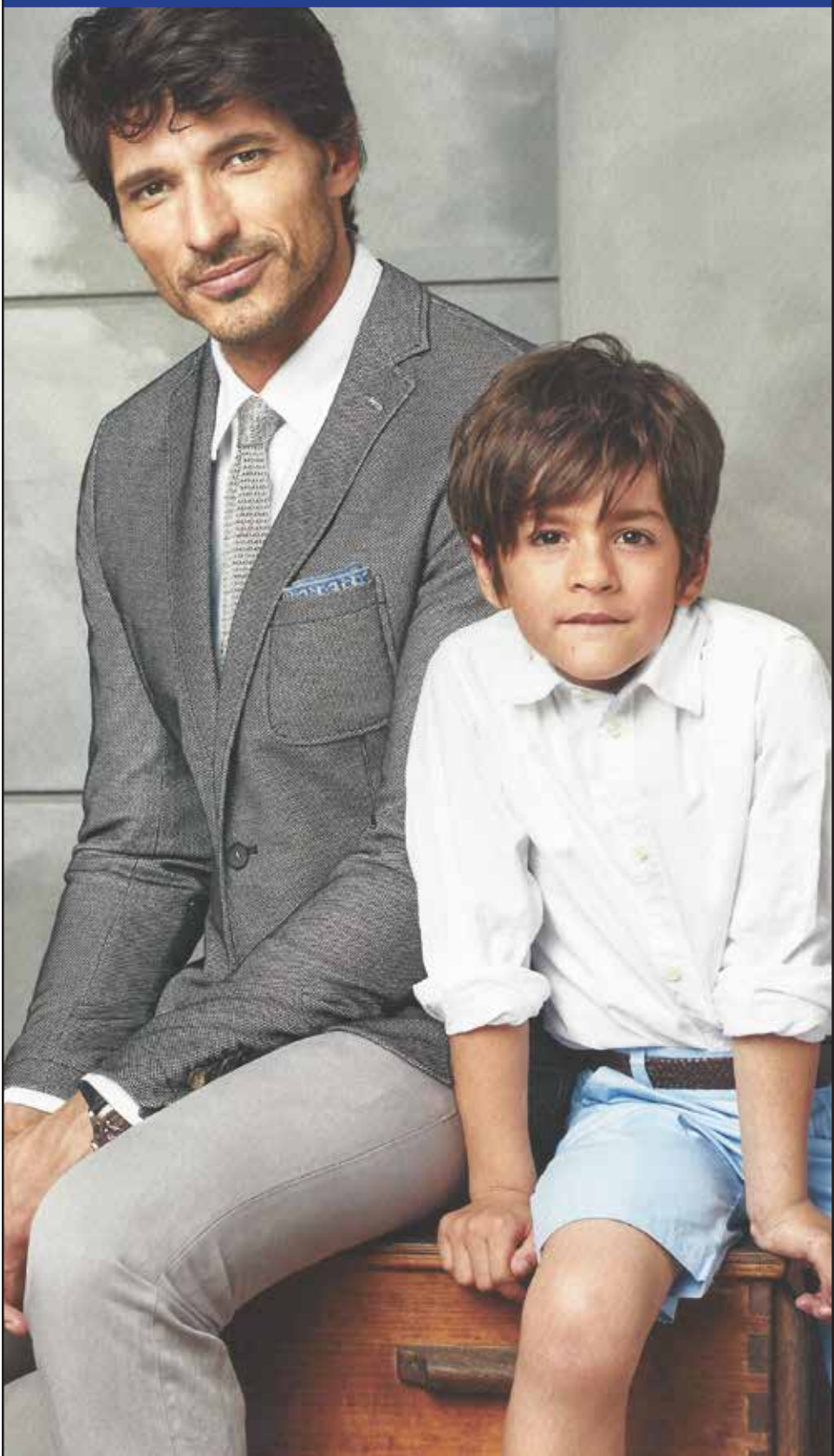
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Readers: Three days after I filed my most recent TV column, in which I spoke of the future of "Castle," ABC announced that it had decided to cancel the long-running series. Along with "Castle," ABC also has canceled "Wicked City" (which was the first to go this past fall), "The Family," "Galavant," "Marvel's Agent Carter," "The Muppets," "Nashville" (which is being heavily shopped to other networks, like Hulu and CMT -- fingers crossed!) and "Of Kings and Prophets." Stay tuned, as I'll reveal over the next several weeks which of your favorite shows at the other networks got the ax.

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The children at Orange Community Nursery School had a visit from the Suzuki School of Music. They got a chance to hear and play the guitar and the violin.

FOUR HEALTHY HOBBIES FOR MEN

How a man spends his free time can go a long way toward improving his quality of life and overall health. Family- and work-related stress might be unavoidable, but a healthy hobby can make it easier for men to cope with that stress. But even if you aren't stressed out, the following healthy hobbies can improve your quality of life and help you make the most of your free time.

Dust off that old guitar. Playing an instrument, whether it's the guitar, the piano, the drums, etc., is a great way to relax and, depending on when you started playing, may have a significant and positive impact on your mental health in the years to come. A study published in the July 2012 issue of Frontiers in Human Neuroscience found that playing a musical instrument may reduce the effects of mental decline associated with aging. Researchers behind the study based their findings on adults who learned to play music in childhood, so men who learned to play their guitar or tickle the ivories as a child might benefit more than those who learned to play as an adult. But even grown men with no previous musical experience can benefit from playing during their free time.

Hit the dance floor. Perhaps thanks to the popularity of the hit television show "Dancing With the Stars," which has seen professional football players like Emmitt Smith, Donald Driver and Hines Ward excel on the dance floor, more and

more men are taking up dance, which can improve cardiovascular health and help men shed a few extra pounds. Dancing is also a great way to build muscle and improve bone health. What's more, few women can resist a man who isn't afraid to show his stuff on the dance floor.

Escape into a good book. Reading is a great way to keep abreast of what's going on in the world, and reading also provides several health benefits. Research has shown that activities like reading can improve memory function, delaying or even preventing age-related memory loss. Reading is also a great way to cope with stress, providing a welcome respite from the daily grind that allows you to peacefully unwind at the end of the day.

Get your hands dirty in the garden. Gardening is another great way to relieve stress while also getting some time in the fresh air. A 2011 study from researchers based in the Netherlands found that gardening is more effective at improving mood than reading. That study examined two groups of people who were instructed to read or garden for 30 minutes. When the half hour was up, the participants who gardened reported being in a better mood than those who read, and the gardening group also had lower levels of cortisol, a hormone associated with stress. Additional studies have also linked gardening to reducing the symptoms associated with depression.

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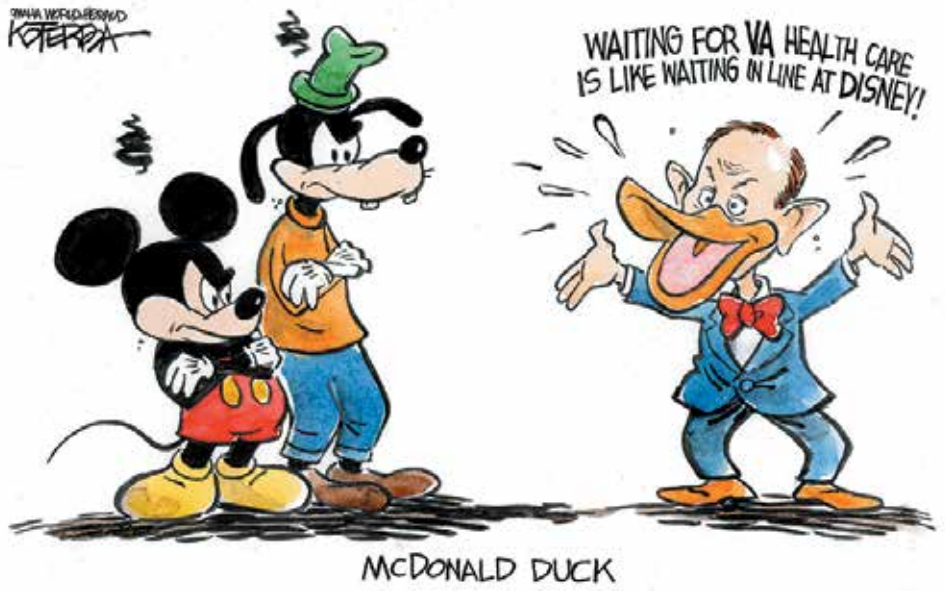
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# AMITY HIGH SCHOOL EARTH DAY

AP Environmental Science and Critical Issues students at Amity Regional High School on May 11, 2016 participated in a special "Earth Day" event in partnership with Optimum Community that enabled students to interact first-hand with State Governor Dannel Malloy and Department of Energy and Environmental Protection Commissioner Rob Klee. Following welcoming remarks from Principal Anna Mahon, Optimum Community moderator Kerry Donovan discussed the upcoming program. Governor Malloy and Commissioner Klee addressed the students and then participated in a Q&A answering questions posed by 12 students regarding a number of environmental issues. Topics discussed included the Flint water debacle and how CT plans to assure its residents that the water is safe, transportation and increased energy savings, underground transmission lines, effective renewable energy sources, and more.

"It was a pleasure interacting with the bright, motivated young people here today," said Governor Malloy. "I hope our

discussion helped them gain a better understanding of where we stand on various legislation affecting our environment and region. Their questions were timely and dealt with a number of important issues that range from wastewater treatment to renewable energy sources and much more. I commend Optimum Community for bringing this program to our schools."

Commissioner Klee noted, "It's vital that students today are knowledgeable about current issues that affect our environment as they are our future. From what I saw here today, I have no doubt that we...and the environment...will be in good hands. I would also like to thank Optimum Community for making this informative and interesting program available to our young people."

Cablevision Vice President of Public Affairs Jennifer Ostrager said, "Optimum Community is pleased to partner with Amity Regional High School to provide students with an opportunity to meet and engage with government leaders like Governor Malloy and Commissioner Klee."

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# CLUBS & ORGANIZATIONS



## CUB SCOUT PACK 923 CELEBRATES WITH BLUE & GOLD BANQUET

It is an annual tradition for all Cub Scout packs around the nation to celebrate the accomplishments of their boys with an evening named aptly "Blue & Gold" for the official colors of Cub Scouting. The evening includes presenting current year awards including earned achievements and the infamous Pine-wood Derby results along with the boys' promotion to the next rank.

Cub Scout Pack 923, sponsored by Race Brook Elementary PTA with members from Race Brook School as well as Turkey Hill School, observed the year-end event recently with not only their families but with special guests including Orange First Selectman Jim Zeoli, Race Brook Elementary principal Mike Gray and Yankee Council representatives Donna Wesolowski and Kristine Sullivan. During Mr. Gray's congratulations to the boys, he conveyed the importance that scouting will have in their future lives. "Scouting supports your growth personally, with your

family and in your community and I promise you it will carry you through to your adult life as I still remember lessons from my scouting years fondly." He encouraged each boy to continue with Scouts in addition to their other activities and hobbies. Jim Zeoli additionally expressed he would follow the boys' progression in scouts and their involvement in our community as well as hoping to see each of them reach the rank of Eagle Scout, the highest rank in The Boy Scouts of America organization.

Pack 923 has extended an invitation to come find out more about their group and its activities. Please contact Marie Pedenski at pmags2014@gmail.com for more information about meeting members and its leaders after the Town of Orange's Memorial Day Parade. Boys who are 7 years of age (or entering first grade) through 5th grade qualify to join at this time. General information about Boy and Cub scouting will be available including summer camp opportunities.

## ORANGE ROTARY SHREDDING AND BIKE DONATION DAY

The Rotary Club of Orange, together with Orange Recycling, will hold a shredding day at High Plains Community Center on June 25 from 9 am-12 pm. Bicycles of all sizes can also be donated at the same time.

Items brought for shredding should be personal documents, and all paper should be removed from binders or notebooks beforehand. Although there is no charge to area residents, donations will be gratefully received. The donations will be used for our annual student scholarships.

Donated bicycles will be given to BEEEP Inc. (Bicycle Education, Entrepreneurship and Enrichment Program).

BEEEP is a New Haven-based non-profit program that recycles bicycles and teaches repair and riding skills. BEEEP enriches the community through biking for people who don't have bikes, those whose bikes are broken, and those who don't feel safe riding in the city.

Rotary is the only service club of its type in the world. Orange Rotary welcomes new members at its weekly luncheons. The Orange Rotary Club includes community business people, professionals, and like-minded individuals. Those interested in membership can consult [www.rotaryclubfororange.org](http://www.rotaryclubfororange.org). This website offers insight into Rotary's mission and service opportunities.



## JOIN THE ORANGE & WOODBRIDGE CONSERVATION COMMISSIONS

Saturday, June 11: start at 7:45 am to 8:45 am Turkey Hill Preserve, Orange – Deep Forest nesters

The Orange area is blessed with many wonderful Open Spaces. Orange Conservation Commission has requested birder Frank Gallo to lead the walk. He is an expert birder and Connecticut Audubon's Senior Naturalist who has handpicked our site to explore in spring, from hidden gems, such as Turkey Hill Preserve. Frank will guide walkers to a variety of species of seasonal birds. No experience necessary. Binoculars are available upon request. Preregistra-

tion recommended. Contact Louise at 203-878-7440 x 502 to register and to request binoculars. Meet at parking lot. GPS address: 700 Derby Milford Road.

Fee: 7 week series \$60 (\$30 seniors, \$45 CAS members); weekly, \$9 per walk (\$5 seniors, \$7 CAS members)

See more at <http://www.ctaudubon.org/coastal-center-at-milford-point/#sthash.GWnVY9DO.dpuf> or [www.Orangetconservationcommission.com](http://www.Orangetconservationcommission.com).



by Freddy Groves

## VA EXPANDS TELEHEALTH MENTAL-HEALTH CARE

Veterans living in rural areas have been able in many cases to take advantage of TeleHealth. Via phone calls, video conferencing or storage of information, more than 600,000 veterans received care last year without leaving home.

Now the Department of Veterans Affairs is adding more mental-health resource centers to its lineup. What this means to veterans is rapid access to mental-health care in rural areas or areas that are underserved by mental-health providers. The facilities, gearing up this summer, will be located in Charleston, South Carolina; Salt Lake City, Utah; Pittsburgh; Boise, Idaho; Seattle; and Portland, Oregon. An additional facility is already up and running in West Haven, Connecticut, for serious and complex mental-health concerns such as bipolar disorder and chronic depression.

Telemedicine might well be one of the most technologically beneficial forms of patient care that the VA provides,

with 2.1 million telehealth visits last year. Thanks to TeleHealth, many veterans can continue to live at home and have their vitals monitored without having to move to a nursing home. Clinical Video Telehealth means a veteran can have a prescription changed or consult and ask questions without having to go to a medical facility.

Real-time video conferencing allows a patient to communicate directly with the health-care provider through one of the gadgets, such as computers, telephone and monitors. Store-and-Forward collects images and signals that are transmitted to the medical staff to be reviewed and assessed later.

If you live in an area where much of your care from the VA is through Telehealth, you can keep an eye on changes via its quarterly online newsletter. Go to [www.telehealth.va.gov](http://www.telehealth.va.gov) and click on Newsletters for the list of current and past issues.



BULLETIN BOARD

**Al-Anon Parents Meeting**, Monday nights, 7:30pm year-round, United Church of Christ, Plymouth Building, 18 West Main Street, Milford – supporting parents of alcoholics and/or substance abusers. For more information, go to [www.ct-al-anon.org](http://www.ct-al-anon.org) or call Margaret at (203) 877-4313.

**Al-Anon Meeting**, Monday mornings, 10:00 - 11:30am, Holy Infant Church Hall, 450 Racebrook Road, Orange; a support group for relatives and friends of alcoholics. For more information, contact [www.ct-al-anon.org](http://www.ct-al-anon.org).

**Nicotine Anonymous Meetings**, Mondays, 6:30 – 7:30pm, Trinity Lutheran Church, 21 Robert Treat Parkway, Milford, open to all, no dues or fees, only requirement is the desire to be free of nicotine. For more information, call Bridges, 203-878-6365.

**Zumba Gold Classes** At Congregation Or Shalom, Tuesday and Thursday evenings at 7 p.m., Congregation Or Shalom, 205 Old Grassy Hill Road, simple and easy routines to follow, designed for people of all ages and no

experience is needed. If interested, call Robin at 203.314.8176 or temple office at 203.799.2341.

**Clean Energy Task Force of Orange**, meets on the third Tuesday of every month at HPCC, 525 Orange Center Road, conference room, 8 o'clock. The public is invited.

**Orange Arts & Culture Council** meets on the fourth Tuesday of every month, 7:30pm, HPCC, 525 Orange Center Road, check chalk board for meeting room. The public is invited.

**Orange Recycling Committee** meets every 3rd Wednesday 7:00pm, HPCC conference room, 525 Orange Center Road, public is invited to attend. For more information, email [Orangerecycles@gmail.com](mailto:Orangerecycles@gmail.com). Beginning August, meetings will be held every 3rd Tuesday at 7:00pm except for October which will be held on October 14, 2014.

**Elm City Kennel Club General Meetings**, third Wednesday of each month, except during July and August, 7:30pm, Paws’N Effect, 36 Corporate Ridge

Drive (off Sherman Avenue), Hamden. For more information, contact New Member Coordinators Gary Wilson, at 203-996-2245 ([gwilson86@comcast.net](mailto:gwilson86@comcast.net)) or Maureen Anderson, at 203-430-5229 ([maureenanderson@snet.net](mailto:maureenanderson@snet.net)). Next meeting Wednesday, April 16, 2014. Refreshments will be served. Our April meeting will include a program on AKC Dog Shows 101.

**Blood Pressure Clinic** presented by Gentiva & Maplewood of Orange, 1st Thursday of every month, Maplewood of Orange, 245 Indian River Road, 1:30-2:30pm in the Community Room. No appointment necessary.

**The Rotary Club of Orange** meets every Friday, 12:15pm at the Racebrook Country Club, 246 Derby Avenue; prospective new members may contact Diane Eger at 203-530-4526 or visit [www.orangectrotary.org](http://www.orangectrotary.org) for information about the club.

**Orange Historical Society Academy Antique & Gift Shop Museum**, open Saturdays, 10:00am-3:00pm. For information call 203-795-3106.

**The Senior Care Professional Council 18th Annual Health Fair "New You" NAMI Support Group Meeting**, every first Monday of the month, meetings begin promptly at 6:00pm and end promptly at 7:30pm, BRIDGES, a community support system, 949 Bridgeport Avenue, Milford (entrance in the rear of the building), conference room on the second floor, meeting dates June 6, 2016, July 11, 2016, August 1, 2016, September 12, 2016, October 3, 2016, November 7, 2016 and December 5, 2016. They are free of charge and facilitator led. Family & Friends welcome.

**Bethany Volunteer Fire Department 9th Annual Car, Truck, Bike Show & Garden Tractor Pulls**, Saturday, June 25, 2016 (rain date Sunday, June 26, 2016), 11:00am-5:00pm, Bethany Airport Field, 765 Amity Road (Route 63), Bethany, \$10/parking per carload/show and \$5/entry fee garden tractor pulls. Any questions, contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597.

“Student News” continued from Page 11

Arts and Sciences. To be named to the dean’s list, students must have a grade-point average of 3.0 or better and rank in the top 20 percent of their class in their respective college or school.

Thomas Meehan Named To Worcester Polytechnic Institute’s Spring 2016 Dean’s List

Worcester, MA -- Worcester Polytechnic Institute (WPI) has announced that Thomas Meehan of Orange, Conn., a member of the class of 2017 majoring in interactive media and game development and computer science, was named to the university’s Dean’s List for academic excellence for the spring 2016 semester. The criteria for the WPI Dean’s List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean’s List by the amount of work completed at the A level in courses and projects.

Graduations

Alicia Cardella Graduates from Assumption College

Worcester, MA -- Alicia Cardella, of Orange, CT, was one of 693 graduates to receive a degree during Assumption College’s 99th Commencement exercises on Saturday, May 7, held at the DCU Center in downtown Worcester, MA. Cardella was awarded a Bachelor of Arts degree.

Eastern Connecticut State University Congratulates Undergraduate Class Of 2016

Willimantic, CT -- More than 12,000 family members and friends filled the

XL Center in Hartford on Tuesday, May 17, to cheer on their sons and daughters, brothers and sisters, as 1,221 undergraduates and 25 graduate students received their diplomas at Eastern Connecticut State University’s 126th Commencement exercises. The following are students from Orange, CT who graduated: Dana Blydenburg, graduated Magna Cum Laude with a Bachelor of Science degree in Psychology; Michael Mastrianni, graduated with a Bachelor of Science degree in Business Information Systems; Kyle Mullins, graduated Magna Cum Laude with a Bachelor of Arts degree in Economics; Sean Sayers, graduated with a Bachelor of Science degree in Communication.; Hanna Sokoloski, graduated with a Bachelor of Arts degree in Social Work; and Alexis Stewart, graduated with a Bachelor of Arts degree in Social Work.

Keene State College Celebrates 960 Graduates

Keene, NH -- On Saturday, May 7, Keene State College’s Commencement honored the graduating class of 2016. From Orange, CT Kristen Bellico graduated with a BA in Communication-Studies and Alexis Schwartz graduated with a BA in Criminal Justice Studies.

Orange Resident Graduates From Lasell College At May 2016 Commencement Exercises

Newton, MA -- Jilliana Sliby of Orange, CT has received a BA degree from Lasell College. The achievement was announced during commencement exercises on the Newton, MA campus in May 15, 2016. Sliby majored in Communication.

WCSU January And May

2016 Undergraduate Degree Recipients

Danbury, CT — Western Connecticut State University conferred undergraduate degrees upon the following Orange students on Sunday, May 22, at the Webster Bank Arena at Harbor Yard in Bridgeport: George Diamandoulis, BS Nursing.

Inductions

Eastern Social Work Majors Inducted Into Honor Society

Willimantic, CT -- A number of Eastern social work majors were recently inducted into Eastern’s chapter of Phi Alpha, the national social work honor society. Hanna Sokoloski ‘16 and Alexis Stewart ‘16 of Orange were two of the inductees. The society provides a closer bond among students of social work and promotes humanitarian goals and ideals. Phi Alpha

fosters high standards of education for social workers and invites into membership those who have attained excellence in scholarship and achievement.

Katherine Boynton Selected For International Philosophers Honorary Society At St. Lawrence University

Canton, NY -- Katherine D. Boynton of Orange has been selected for membership into Pi Sigma Tau, the international honorary society for philosophy at St. Lawrence University. Boynton is a member of the Class of 2017 majoring in biology. She graduated from Academy of Our Lady of Mercy. Students must have completed three semesters at St. Lawrence, be in the top 35 percent of her or his class, and must have taken at least two courses in philosophy with a philosophy average of at least 3.5.

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# HOUSES OF WORSHIP EVENTS



## THE CHURCH OF THE GOOD SHEPHERD JUNE EVENTS

The Episcopal Church of the Good Shepherd moves into summer with a slate of activities to interest people of all ages.

On Youth Sunday, June 5th, our 9:30 service will be led by the young people of the congregation filling the roles of readers, preachers, and Eucharistic assistants. Please join us as we mark God’s promise of renewal and hope through the ministry of our young people and the celebration of our new confirmands. All are welcome at The Episcopal Church of the Good Shepherd.

During the summer months **Recreational Fun** will continue on Wednesday mornings in the Parish Hall from 10:30am to Noon while **The Shepherd’s Table**, our free lunch and fellowship program, goes on hiatus for the summer. We look forward to seeing our Wednesday regulars this summer as well as newcomers.

**Interested in learning more about the Gospel of Luke?** This summer we will have an opportunity to study scripture using a combination individual/group method of gospel learning called **The 50 Day Bible Challenge**. Using a book of daily readings from Luke with reflections written by Episcopalians, prayers, and questions, we will work individually and then gather for a weekly group discussion at a time mutually convenient to the members of the group. Please contact the parish office at 203-795-6577 or at [thegoodshepherd@optonline.net](mailto:thegoodshepherd@optonline.net) to join us or with any questions.

**Join The Rev. Diana Rogers** on Saturday, June 18th at 9am to learn about walking **The Good Shepherd’s labyrinth**. The great pavement labyrinths first appeared in cathedrals like Chartres and Amien in the 12th through 14th centuries. Used for spiritual meditation and

contemplation, walking the labyrinth has been a spiritual exercise for centuries. Come learn more about this enduring spiritual practice. Meet at the labyrinth on the south side of the church off Pryde Drive at 9am.

In June our popular **Prayer Shawl Ministry** meets on Wednesday, June 22nd at 6pm in the Parish Hall. Anyone interested in knitting or crocheting a prayer shawl for a person in need is welcome to join us. Open to the public, we craft all year-round and meet regularly. Our prayer shawls are blessed during a Sunday Eucharist and then distributed by our parishioners to friends, neighbors and family members in need and at area hospitals.

Please join us at 7pm on Wednesday June 29th for our monthly **Healing Prayer** with **Holy Eucharist Service** in the church. Enter by the front door. All are welcome.

**Vacation Bible School** returns to The Church of the Good Shepherd in July, running from Monday, July 18th through Friday, July 22nd. Look for more details in early July. Please contact the parish office at 203-795-6577 or via email at [thegoodshepherd@optonline.net](mailto:thegoodshepherd@optonline.net) with any inquiries.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music @ 9:30 a.m. For more information about the Church of the Good Shepherd’s many other programs, please call the Parish Office @ (203) 795-6577, email us @ [thegoodspheherd@optonline.net](mailto:thegoodspheherd@optonline.net), visit our website @ [www.thegoodshepherdorangedt.org](http://www.thegoodshepherdorangedt.org), and, of course, check our Facebook page [www.facebook.com/cg-sorangedtfor](http://www.facebook.com/cg-sorangedtfor) frequent postings.

## HOLY INFANT BUS TRIP TO BROADWAY THEATER

The Holy Infant Church Women’s Guild is having a bus trip to the Westchester Broadway Theater on Wednesday, November 16. The show is Saturday Night Fever. The price is \$99 which includes lunch, transportation, gratuities, and show ticket. The coach will leave the Holy Infant parking lot at 450 Racebrook Road at 9:30 am and will return following the show.

A payment of \$49.50 is required at the time of reservation with the balance



Holy Infant Church

due by October 7. Call (203)799-2379 for a reservation.

## ORANGE CONGREGATIONAL CHURCH HAPPENINGS

Orange Congregational Church at 205 Meeting House Lane in Orange, CT (203-795-9749) invites you to come worship with us at our regular Sunday worship services taking place at 8 a.m. in the Chapel or 10 a.m. in the Sanctuary. Baccalaureate Sunday is June 12th at our 10:00 a.m. worship service. On this special day we will lift up all of those who will be graduating this year. We will also be awarding scholarships to High School seniors who are the recipients of the Scholarships of Orange Congregational Church. Also, please save the date for the Orange Congregational Church Golf Tournament on Friday, July 22nd at the



Orange Congregational Church

Orange Hills Country Club. All proceeds go to our Christian Service & Outreach Board for support of Columbus House and other local charities. To play or be a Sponsor, please call the church office 203 795-9749.



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**THE RIGHT FATHER'S DAY GIFT**

Father's Day is an annual celebration of fathers and the contributions they make to their families. Dads get their due on Father's Day, when sons, daughters and wives typically give dad a few gifts to show their appreciation for all he has done for them and how much he means to them.

Finding the right Father's Day gift is not always so easy. No two fathers are the same, so while a silk necktie might bring a smile to one father's face, such a gift may fall flat with other dads. By asking themselves a few questions in the weeks before their dad's big day, Father's Day shoppers can narrow down their options and find gifts that Dad will appreciate.

What are Dad's hobbies? Even if your father or husband loves what he does for a living, a gift that indulges one of his favorite hobbies may be just the thing to make this Father's Day extra special. Outdoorsmen may prefer some new camping or fishing gear, while fathers who have an artistic side may prefer some new paint brushes and canvasses. If Dad's a car guy, book a day at a nearby racetrack where he can race around the track and embrace his inner race car driver.

What does Dad need? Sometimes the best gifts are what a recipient needs as opposed to what he wants. If you no longer live at home, ask your mother if there's anything your father needs

that would make his life easier or more enjoyable. If you live at home, pay close attention to your father to see if there's anything that could lighten his load. For example, if Dad loves spending time in the garden, take a sneak peek at his gardening tools and replace any that have grown dull or rusty.

What does Dad want? For the Dad who doesn't seem to need anything, consider something he may want that he's never had before. If Dad loves to cook but has never had formal training, enroll him in a cooking class. If Dad loves a local sports team but hasn't been to a game in years, purchase tickets to a game and go with him to make the day even more special.

Is Dad a techie? Dads with a love for technology are living in the golden age of gadgets. Father's Day shoppers looking to satisfy their fathers' love of technology have a host of possibilities at their disposal. Even if Dad is an early adopter who tends to get all the latest gadgets before anyone else, the tech industry evolves so rapidly that you're bound to find something new on Dad's wish list that he hasn't purchased yet.

Finding the right Father's Day gift can be challenging. But shoppers who stop to think about their father and what makes the family patriarch happy can unearth a host of gift ideas that Dad is sure to love.



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DOLLAR\$ AND \$EN\$E

INHERITING STOCK FROM DAD

By Roberta L Nestor

When I was a kid, back in the 1970s, my dad would bring home his Wall Street Journal, and he would read the "B" section to spot good stocks. He loved to pick stocks. The thought process was simple: pick large companies you know and whose products you use. By today's standards, his stock portfolio would be considered simple. Exxon (formerly Mobil), Johnson and Johnson, AT & T, and Philip Morris. There was a tremendous pride in owning a piece of corporate America.

In the 1970s, nearly 80% of all investors were men, and the best game in town was to buy individual stocks directly from the company, versus a brokerage account. Mutual funds did not capture the public's attention until the late 1980s and 1990s. So, if you have a father or grandfather that was born in the 1930s or 1940s, chances are they used individual stocks to create wealth. Buying an individual stock back then meant buying and holding that stock for the long term, truly investing in the company. Certainly the process of purchasing stocks has changed dramatically. Historically, you would either have a stock-broker purchase the stock or you could actually purchase shares directly from the company. Every so often my dad would go into his small safe and show me the actual stock certificates. He never received a statement in the mail; his only proof of ownership were the certificates themselves. Coming home with the Wall Street Journal in hand, he would show me how to calculate what the stock was worth on any given day.

Aside from learning how to apply basic math to real life, I also learned how to calculate the PE (the ratio of Profit to Earnings) to help find "value" stocks, meaning a stock appears to be undervalued based on historical profits. At the start of the 1970s the average PE ratio of the S&P 500 ranged from 15-19, but over that decade of "stagflation" dropped to around 7. I began to understand dividends, and it was drilled into my mind that the only way to have a stock grow properly was to reinvest those dividends and buy more shares. How did he keep track of all of the additional shares? In a little black book. Of course, in the 1980s, the brokerage industry embraced technology

and the stock certificates for additional shares stopped coming in the mail. This is when we began to have "certificated" and "non-certificated" shares as well as statements directly from the corporation.

Today, many of us are inheriting or have inherited individual stocks and have torn emotions as to what to do. It is impressive to see how such a small initial investment could grow so much. For example, if you invested \$10,000 in the summer of 1970 into Exxon for 30 years and reinvested dividends you would have \$3,980,000. Chevron would have grown to \$2,150,000 and Johnson & Johnson \$2,019,000 for the same time period (past performance is not necessarily indicative of future results). The wonderful gift of inheriting stock or mutual funds (that are held in non-retirement accounts) is all of that growth – may come to you free of tax! However, if you held inherited stock in your name for a period of years and then sold it, you could realize a long term capital gain or loss depending on the difference in the share price from when you took ownership to when you sold it.

If you have inherited stock, talk to your financial advisor and your tax advisor before making any decisions. There are many options to consider if you plan to leave as a legacy to your heirs. Pre-planning for the inevitable transfer of assets will help increase the tax efficiency of the gift you leave to your children, grandchildren, or a charity of your choosing.

Happy Father's Day to all!

*Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.*

Wine Talk

With Ray Spaziani



START THE SUMMER WITH WINES FROM WALLA WALLA

Washington's first grapes were planted at Fort Vancouver by the Hudson's Bay Company in 1825. By 1910, wine grapes were growing in many areas of the state, following the path of early settlers. French, German and Italian immigrants pioneered the earliest plantings. Wine historians Ron Irvine and Dr. Walter Clore document this in their book.

The Wine Project is a continuous and connected effort to cultivate wine grapes beginning with those early plantings at Fort Vancouver. Hybrid varieties arrived in nurseries in the Puget Sound region as early as 1854, and by 1860 wine grapes were planted in the Walla Walla Valley. Large-scale irrigation, fueled by runoff from the melting snowcaps of the Cascade Mountains, began in eastern Washington in 1903, unlocking the dormant potential of the land and its sunny, arid climate. Italian and German varietals were planted in the Yakima and Columbia Valleys and wine grape acreage expanded rapidly in the early part of the 20th century. In 1910, the first annual Columbia River Valley Grape Carnival was held in Kennewick.

By 1914, important vineyards had sprung up in the Yakima Valley—most notably the vineyards of W.B. Bridgman of Sunnyside. Muscat of Alexandria vines on Snipes Mountain dating to 1917 are still producing and are considered the oldest in the state.

The arrival of Prohibition in 1920 put a damper on wine grape production, but ironically may have helped spawn early interest in home winemaking. At the end of Prohibition, the first bonded winery in the Northwest was founded on Puget Sound's Stretch Island. By 1938 there were 42 wineries located throughout the state.

The first commercial-scale plantings began in the 1960s. The efforts of the earliest producers, predecessors to today's Columbia Winery and Chateau Ste. Michelle attracted the attention of wine historian Leon

Adams. Adams, in turn, introduced pioneering enologist Andre Tchelistcheff to Chateau Ste. Michelle. It was Tchelistcheff who helped guide Chateau Ste. Michelle's early efforts and mentored modern winemaking in this state. The resulting rapid expansion of the industry in the mid '70s is now rivaled by today's breakneck pace, where a new winery opens nearly every 30 days.

The trend for quality wine production started by a few home winemakers and visionary farmers has become a respected and influential \$4.8 billion-plus industry within Washington State. Washington wine is available in 50 states and more than 40 countries globally. Washington ranks second nationally for premium wine production and over 50,000 acres\* are planted to vinifera grapes. Over 40% of these vines have been planted in the last 10 years as the industry rapidly expands. Significant developments in Washington State include the formation of the Washington State Wine Commission, a unified marketing and trade association, in 1987. In 2003, the Washington Wine Institute and its educational partners celebrated the state's \$2.3 million investment (per biennium) to create new 2-year and 4-year degree programs supporting Washington's growing wine industry. The program provides an educated work force to satisfy the needs of the growing industry. A degree program, ongoing education and research enhance the state's reputation as a quality wine-producing region. In 2011, the industry voted to increase their annual assessments to help fund a world-class Wine Science Center at Washington State University which opened in June 2015.

Washington State wines are wonderful. The whites are crisp and clean generally unoaked and great deck wines. The reds are fruity and light. My wine recommendation is Chateau Ste Michelle Dry Resling. It is crisp and fruity and great for summer fun!

"A real man loves his wife, and places his family as the most important thing in life. Nothing has brought me more peace and content in life than simply being a good husband and father." — FRANK ABIGNALE



DEATH NOTICES

Jay David Jamron

Jay David Jamron passed away on Monday, May 2, 2016 with his daughter Hannah and Dawn Calvo, his loving partner, by his side. Born in New Haven, CT, a graduate of the University of New Hampshire, Jay was 57 years old on April 17th. He dealt with ALS (Lou Gehrig's Disease) with courage and strength. He leaves his loving parents, Marcia and Marvin Jamron of Orange, CT, his adored daughter Hannah Elizabeth Jamron of Orange, CT, his dear sisters, Lisa Jamron Block, M.D. and Susan Jamron Veilleux, his brother-in-law, Eddy Block, his Aunt and Uncle Doris and Richard Jamron of California, his caring nieces and nephews, Zachary and Gregory Reiner, Katie, Madeline, and Erin Block, Adam and Samuel Veilleux, aunts Roberta Burrows and Judith Friedler, uncle Lewis Borofsky, and cousins Jeffrey, Liz, Joseph and Kathleen Friedler. Jay's great love of life, his music and his band will be remembered by his many friends with great fondness and shared memories. Jay was an amazing father and son, a hard working senior real estate appraiser for his own company and the IRS. He was a fantastic musician and a peaceful and extraordinary person. His love of adventure and life will be continued along with all the beautiful memories we share of him. The family requests that if any donations are offered, please send them to: ALS Association of Connecticut, 4 Oxford Road, Milford, CT 06460.

Robert Rawlings Kidd

Robert Rawlings Kidd, 93, of Orange passed away Tuesday, April 26, 2016. Born in Virginia to John Robert Kidd and Nannie Ashby Collins, he spent most of his youth in West Point, Virginia before attending Virginia Polytechnic Institute in 1939 at the age of sixteen. After graduating with a degree in Chemical Engineering, he worked ten years for Goodyear Tire and Rubber Company. He spent the last four of those years in Indonesia, where he and Marjorie Clements were married. Upon returning to the U.S., he began work at Armstrong Tire Company in West Haven, building a house in Orange in 1959. Once he retired from his position as Director of Materials Engineering at Armstrong, Bob enjoyed volunteering as an executive consultant for the International Executive Service Corps (IESC) in India. He also gave his time assisting seniors with their tax returns, and was an active member of the Orange Scholarship Fund advisory committee for many years. Bob was an avid bridge player, and loved reading, investing, working on crossword puzzles, and taking care of the flora and fauna around his home. His family remembers many happy hours spent with him at the Orange Public Library. Bob is survived by his wife, Marjorie Clements Kidd; three daughters, Kathi Kidd, Paula Greer, and Rebecca Kidd; a son, Greg Kidd; and three grandchildren, Steven, Sasha, and Ila.

Editor's Note: This is being rerun by request of the family with some additional information.

DEATH NOTICES

The Orange Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: [edit@orangetownnews.com](mailto:edit@orangetownnews.com)



LEGAL NOTICE

TOWN OF ORANGE

A certified list of Republican party-endorsed candidates for the Town of Orange for the election as Registrar of Voters and Justice of the Peace will be on file with Office of the Secretary of 30 Trinity Street Hartford, Connecticut and the Office of the Town Clerk and copies thereof will be available for public distribution.

A Primary will be held August 9, 2016 if the required primary petition(s) for opposition candidate(s) is filed, pursuant to Section 9-382 to 9-450 of the Connecticut General Statutes, not later than 4:00 p.m. on June 7, 2016. Petition forms, instructions and information concerning the procedure for filing of opposition candidacies, including schedules may be obtained from:

Frederick A. Kendrick — Republican Registrar of Voters  
617 Orange Center Road, Orange Connecticut 06477

*Patrick B. O'Sullivan*  
*Orange Town Clerk*

LEGAL NOTICE

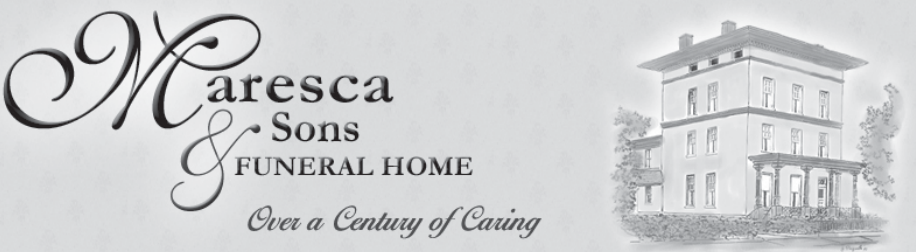
TOWN OF ORANGE

A certified list of Democrat party-endorsed candidates for the Town of Orange for the election as Registrar of Voters and Justice of the Peace will be on file with Office of the Secretary of 30 Trinity Street Hartford, Connecticut and the Office of the Town Clerk and copies thereof will be available for public distribution.

A Primary will be held August 9, 2016 if the required primary petition(s) for opposition candidate(s) is filed, pursuant to Section 9-382 to 9-450 of the Connecticut General Statutes, not later than 4:00 p.m. on June 7, 2016. Petition forms, instructions and information concerning the procedure for filing of opposition candidacies, including schedules may be obtained from:

Janice Casey — Democrat Registrar of Voters  
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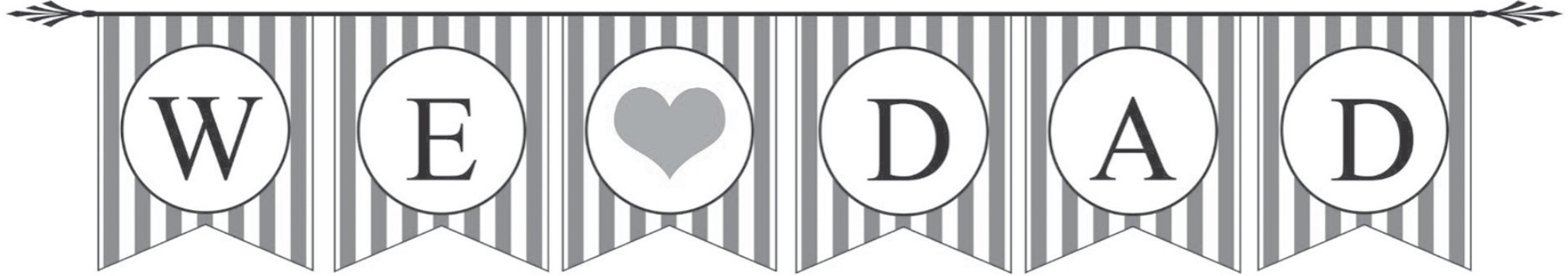
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and I never loved any other man as much." — HEDY LAMARR



ENTERTAINMENT

TOP 10 MOVIES

- 1. **Captain America: Civil War (PG-13)**  
Chris Evans, Robert Downey Jr.
- 2. **The Jungle Book (PG)**  
Neel Sethi
- 3. **Money Monster (R)**  
George Clooney, Julia Roberts
- 4. **The Darkness (PG-13)**  
Kevin Bacon, Radha Mitchell
- 5. **Mother's Day (PG-13)**  
Jennifer Aniston, Kate Hudson
- 6. **Zootopia (PG)**  
animated
- 7. **The Huntsman: Winter's War (PG-13)**  
Chris Hemsworth, Jessica Chastain
- 8. **Keanu (R)**  
Keegan-Michael Key, Jordan Peele
- 9. **Barbershop: The Next Cut (PG-13)**  
Ice Cube, Regina Hall
- 10. **The Boss (R)**  
Melissa McCarthy, Kristen Bell

TOP 10 VOD

- 1. **Star Wars: The Force Awakens (PG-13)**  
Daisy Ridley
- 2. **The 5th Wave (PG-13)**  
Chloe Grace Moretz
- 3. **Joy (PG-13)**  
Jennifer Lawrence
- 4. **The Revenant (R)**  
Leonardo DiCaprio
- 5. **Ride Along 2 (PG-13)**  
Ice Cube
- 6. **The Choice (PG-13)**  
Benjamin Walker
- 7. **Daddy's Home (PG-13)**  
Will Ferrell
- 8. **Krampus (PG-13)**  
Adam Scott
- 9. **Norm of the North (PG)**  
animated
- 10. **Sisters (R)**  
Amy Poehler

- 1. Johnny Cash and The Carter Family had a hit with "Busted" in 1962. What other artist had a more famous hit the same year with the same song?
- 2. The Drifters released "This Magic Moment" in 1960. Which group released the song in 1969?
- 3. Name the group that wrote and released "Nights on Broadway."
- 4. Who wrote and released "Tuesday's Gone"?
- 5. Name the song that contains this lyric: "He takes me deep-sea fishing in a submarine, We go to drive-in movies in a limousine, He's got a whirly-birdy and a 12-foot yacht."



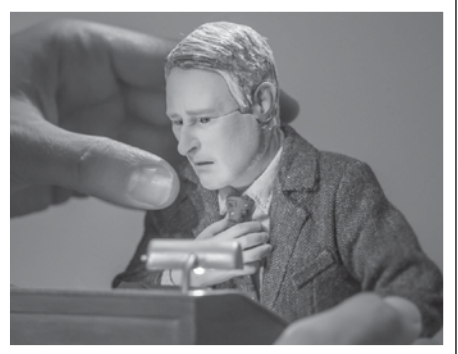
1. Ray Charles. His version went to No. 4, while Cash's only reached No. 13. 2. Jay and the Americans. 3. The Bee Gees, in 1975. It was Barry Gibb's first try at falsetto. The radio version was cut to 2:52, while the album version stayed at 4:32. 4. Lynyrd Skynyrd, in 1973. Off its eponymous first album. 5. "Tan Shoes and Pink Shoes and Pink Shoelaces," a 1959 hit for 13-year-old Dodie Stevens. The song tells about boyfriend Doolley who objected to putting on a uniform and going to war because he was into wearing tan shoes, pink shoelaces, a polka dot vest and a big hat with a purple band.

SPORTS QUIZ

By Chris Richcreek

- 1. Three players have hit a home run for their 3,000th major-league hit. Name two of them.
- 2. In 2015, the Chicago White Sox's Chris Sale became the second pitcher to record double-digit strikeouts in eight consecutive games. Who else did it?
- 3. When was the last time the Cincinnati Bengals won an NFL playoff game?
- 4. In 2015, Steve Alford became the fourth UCLA men's basketball coach to reach the NCAA Tournament's Sweet 16 in each of his first two seasons. Who else did it?
- 5. Who scored the overtime goal in 1975 that gave the New York Islanders their first NHL playoff series triumph?
- 6. In 2015, Columbus' Justin Meram logged the fastest goal in Major League Soccer playoff history (9 seconds). What had been the fastest?
- 7. Which two schools have won the most NCAA Division I men's team swimming and diving championships?

1. Wade Boggs, Derek Jeter and Alex Rodriguez. 2. Boston's Pedro Martinez (1999). 3. It was the 1990 season. 4. Gene Bartow (1976, '77), Gary Cunningham ('78, '79) and Steve Lavin ('97, '98). 5. J.P. Partee. 6. Columbus' Adrian Paz scored in 26 seconds in 1996. 7. Michigan and Texas, with 12 each.



Behind the scenes in "Anomalisa"  
[Paramount Pictures]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of June 6, 2016.

PICKS OF THE WEEK

"Zootopia" (PG) -- In the futuristic metropolis of Zootopia, society is run by all types of animals -- predators and prey, from big ol' rhinos to tiny hamsters -- coexisting (mostly) peacefully in a diverse and advanced society. Optimistic officer Judy Hopps (voiced by Ginnifer Goodwin) follows her dream of becoming the first bunny on the police force, only to face doubts and put-downs from the bigger animals in the precinct. When a string of attacks threatens the predator-prey peace, Judy teams up with Nick, a sly-fox con artist (Jason Bateman) to solve the case.

Disney's 3D animations continue to get better and better under the direction of PIXAR's John Lasseter. This latest one manages to be timely, thoughtful and fun, with a sense of humor that spans

generations. It shows how much better kids' movies can be when there's more than rapid-fire gags and dazzling visuals.

"Hail, Caesar!" (R) -- While shooting an overblown old-Hollywood Biblical epic, the headlining movie star (George Clooney) gets kidnapped, and it's up to one dedicated studio fixer (Josh Brolin) to recapture the dopey A-lister, manage the press and keep the Hollywood dream factory going. Throw in a brassy screen-darling (Scarlett Johansson) and the caper is almost complete.

The Coen brothers sure have fun with their knowledge of cinema history and backlot absurdity. The story is littered with movies within the movie, each one a well-tuned parody of genres past. Brolin is great as a hardworking true-believer in movie magic, even though he knows all of the tricks and dirty secrets that keep the illusion alive. It's definitely fun, but knowing a bit about Golden Age cinema will add to the enjoyment.

"Anomalisa" (R) -- It's not everyday you get to see a deeply introspective, intimate drama starring stop-motion animated puppets, but it turns out they are perfect for creating a sense of unease and isolation. Michael (David Thewlis) is on a business trip, promoting his book about motivational speaking and connecting with others. But he feels deeply unmotivated, and he can't connect with anyone, as they all look and sound like slightly different versions of the same mass-produced person (Tom Noonan voices everyone but the two leads). Michael's haze is momentarily pierced when he meets Lisa (Jennifer Jason Leigh). It's slow and melancholy throughout, but writer/director Andy Kaufman succeeds in creating a unique experience.

Sudoku answers on page 34

Weekly SUDOKU

by Linda Thistle

4			8		1		
		2		9		6	
	8				6		3
	5				4	9	
3				2			5
		9	3				8
		3			8		7
7			1			4	
	1			6			9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

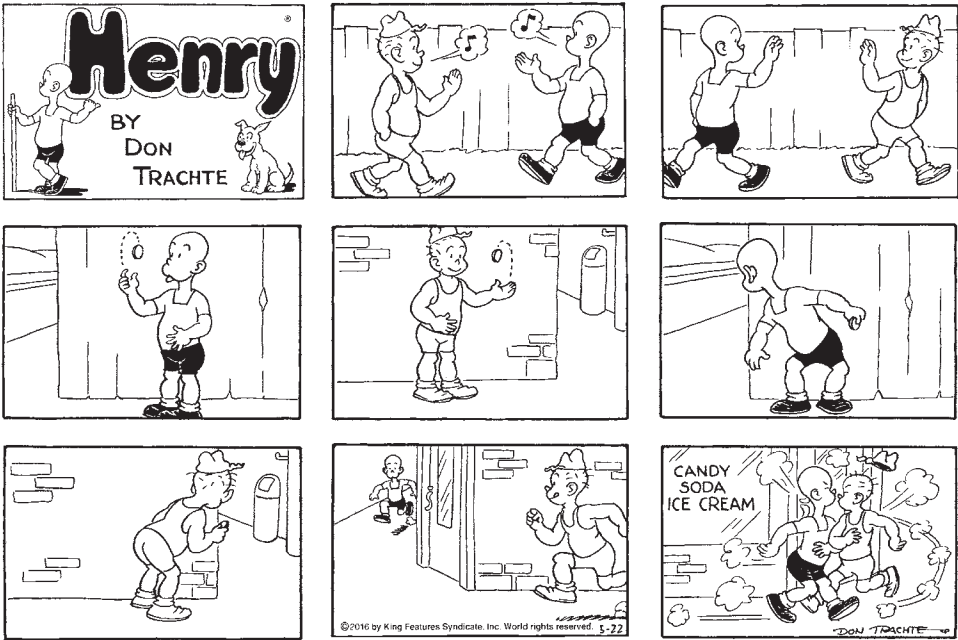
♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!



COMICS/CROSSWORD/HOLLYWOOD

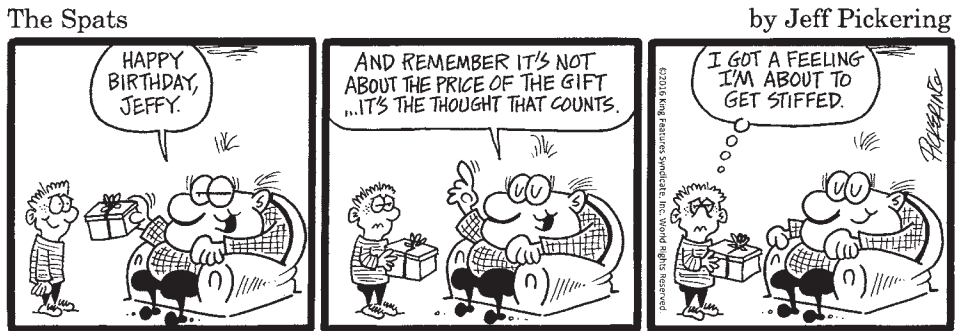
Henry

BY DON TRACHTE



The Spats

by Jeff Pickering



King Crossword

ACROSS

- 1 Speed-of-sound number
- 5 Away from NNE
- 8 Differently
- 12 Jai follower
- 13 Island garland
- 14 Cambodia neighbor
- 15 Price reduction
- 17 African herd
- 18 Goes in
- 19 Old foundation garment
- 21 "Gee, ya think?"
- 22 Goblet feature
- 23 Young Lincoln
- 26 "Family Guy" daughter
- 28 Burn with steam
- 31 "Go away!"
- 33 Fix the sound-track
- 35 Sandwich cookie
- 36 Chess soldiers
- 38 Periodical, for short
- 40 Barbie's companion
- 41 Approach
- 43 Dinner for Dobbin
- 45 Plot
- 47 Rhododen-

1	2	3	4	5	6	7	8	9	10	11
12					13			14		
15				16				17		
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			21			22				
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31			32		33		34		35	
36				37		38		39		40
			41			42		43		44
45	46					47			48	49
50										
51					52	53				
54					55			56		
57					58			59		

- 25 Dron kin
- 29 through the woods
- 32 product
- 36 "Hi, sailor!"
- 40 5 Inebriated
- 44 Director Spike
- 48 Native country
- 52 6 Stitch
- 56 "SNL" announcer Pardo
- 59 Part of GSN
- 64 7 Offstage areas
- 68 Like some jacks
- 61 Coach
- 65 8 Crete-born painter
- 69 Nassau's islands
- 63 Parseghian
- 67 9 Sightseers' stop
- 71 America's uncle
- 60 Small combo
- 66 10 Devil's purchase
- 70 39 Stare
- 62 Newspaper
- 68 11 Brutus' being
- 72 42 Place to heal
- 64 pg.
- 70 16 Snare, for one
- 74 44 1945 conference site
- 66 Small shots
- 72 20 "Monty Python" intro
- 76 46 Fellow
- 68 Tosses in
- 74 23 Recipe meas.
- 78 48 Fat
- 60 "Two and a Half Men" role
- 76 24 "Eureka!"
- 80 49 Oklahoma city
- 62 Wagon
- 78 25 Quaint and unpretentious
- 82 50 Commotions
- 64 Walked
- 80 27 Wrigley
- 84 53 Sphere

HOLLYWOOD

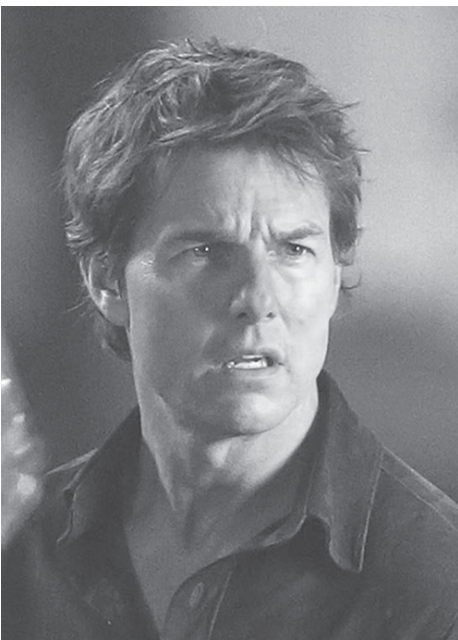
By Tony Rizzo

Tom Cruise wants his Mummy! Not long ago we suggested that the 53-year-old superstar should stop making action films and return to making movies like "Born on the Fourth of July" (1990), "Jerry Maguire" (1996) and "Magnolia" (1999), for which he received Oscar nominations. Now instead of the tall buildings and fast-moving vehicles, he'll be chasing a mummy -- and mummies don't run very fast.

Universal Studios has long wanted to reboot its "Mummy" franchise, which started in 1932 with Boris Karloff. There were seven "Mummy" films made between 1999 and 2015, ending with the four "Scorpion King" movies. Tom Cruise gets his "Mummy" come July 2017.

Meanwhile, "Beautiful Mind" Oscar-winner Russell Crowe has signed on to play "Dr. Jekyll and Mr. Hyde" (for which Fredric March won an Oscar in 1931). He's currently onscreen in the comedy "The Nice Guys," with Ryan Gosling, Matt Bomer and Kim Basinger.

Hollywood bigwigs have voted Johnny Depp the actor they'd most like to be invisible, so now he'll play "The Invisible Man," opening in April 2018.



Tom Cruise in "The Mummy" [Universal Pictures]

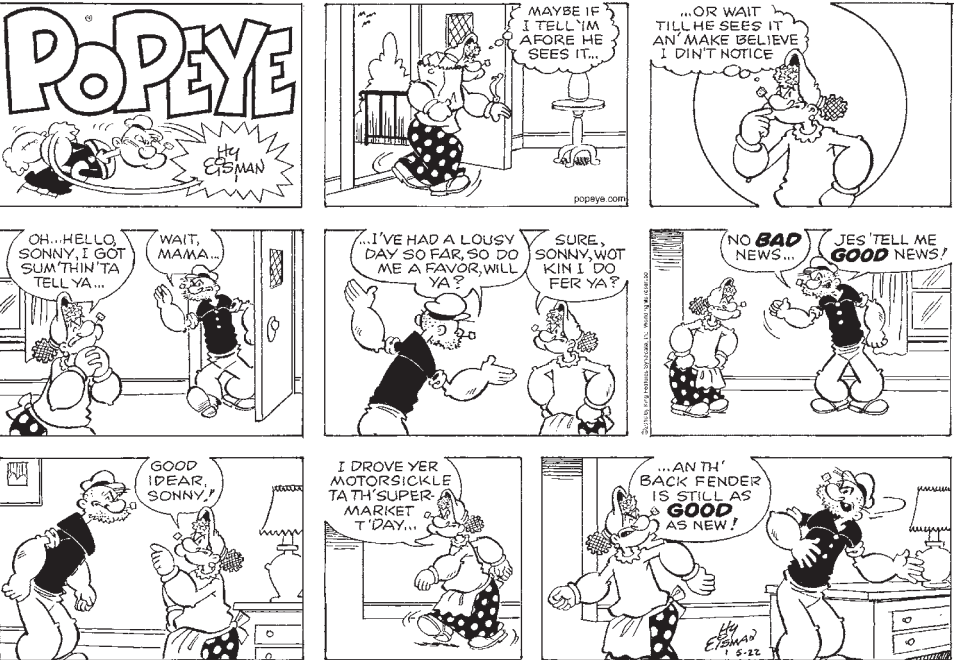
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Who'd ever imagine that wrestling star Dwayne "The Rock" Johnson would become one of the most successful film stars of this decade? In 2014, his "Hercules" film cost \$100 million and grossed \$245 million, while Kellen Lutz's "Legend of Hercules," from the year before, cost \$70 million and only grossed \$61 million. "Furious 7" followed in 2015 at a cost of \$190 million and grossed \$1.5 billion, while "San Andreas" cost \$110 million and grossed \$447 million. Now he's teamed up with Kevin Hart ("Ride Along 2" cost \$40 million and grossed \$122.6 million) for another kind of ride-along film, "Central Intelligence," arriving June 17. "Fast 8" is due April 14, and then it's back to the beach for "Baywatch," playing the role that made David Hasselhoff famous, due May 2017. And you thought the only Rock in movies was Rock Hudson!

"Sharknado the Fourth Awakens" is hitting TV screens in July, with Ian Ziering, Tara Reid and David Hasselhoff in jeopardy again. With every "Sharknado" film, I can see my shark's tooth and sharkskin suit going up in value!

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POPEYE





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King Crossword

Answers

Solution time: 25 mins.

M	A	C	H		S	S	W		E	L	S	E
A	L	A	I		L	E	I		L	A	O	S
M	A	R	K	D	O	W	N		G	N	U	S
E	N	T	E	R	S			G	I	R	D	L
			D	U	H			S	T	E	M	
T	A	D		M	E	G		S	C	A	L	D
S	H	O	O		D	U	B		O	R	E	O
P	A	W	N	S		M	A	G		K	E	N
		N	E	A	R			H	A	Y		
S	C	H	E	M	E			A	Z	A	L	E
A	H	O	Y			H	O	M	E	L	A	N
G	A	M	E			A	R	A		T	R	I
O	P	E	D			B	B	S		A	D	D

Weekly SUDOKU

Answer

4	6	5	8	7	3	1	9	2
1	3	2	4	9	5	8	6	7
9	8	7	2	1	6	5	4	3
2	5	1	7	8	4	9	3	6
3	4	8	6	2	9	7	1	5
6	7	9	3	5	1	2	8	4
5	2	3	9	4	8	6	7	1
7	9	6	1	3	2	4	5	8
8	1	4	5	6	7	3	2	9

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# HOW TO CUT HOME ENERGY COSTS

Finding ways to cut cooling costs can save homeowners substantial amounts of money.

Home ownership is expensive. First-time homeowners may experience some sticker shock when shopping for their first homes, and that awakening may only grow more rude when the first month's mortgage payment and utility bills arrive in the mail.

But owning a home still makes more sense for many people than does renting. In addition to the potential financial benefits of home ownership, many homeowners see their homes as points of pride that strengthen their families' ties to their communities. And while the sticker shock of home ownership may never wear off, homeowners can take steps to cut costs around the house, most notably by employing a few strategies to reduce energy consumption.

## Cooling

Rising temperatures tend to produce higher energy bills, as homeowners look to air conditioning to mitigate the effects of heat and humidity. While abandoning AC is an unrealistic idea for people living in especially warm climates, there are ways to make AC units more efficient. Routinely clean AC filters so they can operate at maximum efficiency, replacing old or worn down filters when necessary. Keep AC units off during the day when no one is home, using the unit's programmable functions to turn the AC on roughly 30 minutes before you arrive home so the house is not a sweatbox.

## Heating

Heating costs also can do damage to homeowners' monthly budgets. Wood

floors might be more trendy than carpeting, but carpeting can increase heat retention in a home, especially if the home has little or no insulation beneath its floors. When the heat is on, make sure curtains or drapes are not blocking vents, and keep them open during the daytime when you are home to allow more warm sunlight in. Much like with your AC unit, clean heating filters regularly and program the thermostat so you are not heating your home while no one is there.

## Lighting

Cut lighting costs by replacing standard light bulbs with compact fluorescent bulbs, which are more energy efficient and have longer life expectancies. When installing external lights on your home, install motion-detecting lights so you can safely get in and out of your house without having to keep a porch light burning for hours on end. When laying out rooms in your home, place lamps in corners where they will reflect light off of two walls, providing more bang for your lighting buck.

## Electronics

Vampire power is a little known foe to homeowners. Electronics like televisions and computers consume energy even when they are not turned on. This is referred to as "vampire power." Unplug electronics when they are not in use, or plug such devices into power strips that you can turn off when you aren't home or when devices are not being used.

Home ownership comes with many hidden costs, but homeowners can reduce their monthly energy bills in various ways.



# GREAT GETAWAY IDEAS FOR GUYS

A weekend spent fishing with friends makes for an ideal getaway for many men.

Weekend getaways are a great opportunity to unwind and escape the daily grind of everyday life. That's especially true for men faced with the pressures of raising a family and maintaining a career. Such men need a break every so often, and a weekend getaway can make for the perfect respite from all of that responsibility.

Many men prefer to share their weekend getaways with male friends who also could use a break. Multiple men making the trip mandates that it be planned in advance and not a last-minute affair. It also requires a little collaboration on the part of the participants, as a fun getaway for one man might seem like a chore to another. The following are a few getaway ideas men might want to consider when looking to get away from it all.

## Fishing Trip

A fishing trip is an ideal getaway for men who love to fish and need to relieve a little stress. Fishing is not for everyone, so make sure everyone is on board when planning a trip for your friends and yourself. The relaxing nature of spending some time on the water and catching some fish makes this the ideal getaway for men looking for a peaceful weekend to enjoy the great outdoors. Take along a grill so you can cook up the fruits of your fishing labors each night.

## Stadium Tour

Few getaways may pique the interest of baseball fans more than a stadium tour. Pack up the car and plan a stadium tour with your friends. Many teams are located within driving distance of one

another, so it's very possible men could cross a handful of stadiums off their lists in just a few days.

## Hit the Links

Many men dream of spending a weekend on the golf course, and a golf getaway can make for the perfect weekend for men who love to share a few laughs on the links. Speak to a travel agent about planning a golf getaway weekend. Chances are you can save money by packaging your airfare, accommodations and even your greens fees into a golf getaway package. Then simply hit the links and enjoy all that time relaxing in the sun. And instead of playing your typical 18 holes, play 36 instead!

## Embrace Your Inner City Slicker

If you want your getaway to be a little more fast-paced, plan a weekend with friends in a favorite city where you can enjoy nightlife, great food and a few drinks. Spend the afternoon catching a ball game or soaking up some of the city's culture before you and your friends engage in a little revelry after dark. If you and your friends will be flying in from different regions of the country, choose a centrally located city so no one has to fly too far or spend too much on airfare.

## Skiing

Men who prefer cold weather to warmer climates might enjoy a weekend on the slopes. Whether you like to ski or snowboard or prefer to relax in the ski lodge, a skiing trip is a great opportunity to get away and enjoy some time in the great outdoors during a time of year when your chances to get outside are few and far between.





# ROTTWEILERS HELP CELEBRATE CONNECTICUT STATE LATIN DAY

The theme of the 35th annual Connecticut State Latin Day (CSLD) on April 29 was, "Serit arbores quae saeclo prosint alteri," or, "He who plants trees benefits the next generation." More than 1,600 Latin students from 50 Connecticut middle and high schools celebrated the language and culture of the ancient Romans at Holiday Hill in Cheshire.

The festivities included the presentation, "The Rottweiler Dog and His Work for the Romans," which highlighted the early history of the breed and its contributions to Roman civilization. The presentation was sponsored by Stratford (CT) High School Latin teacher Amy Harkenreader and Linda Chehy, a teacher for English for Speakers of Other Languages (ESOL).

Trap Falls Kennel Club (TFKC), based in Shelton, CT, conducted the presentation, and represented Stratford High School in CT State Latin Day MMXVI (2016). Chehy, also a TFKC member, said, "Their role was to talk about the Rottweiler in Roman history". TFKC President Laura Wells of Shelton explained the history of this noble breed,

which historians believe dates back to ancient Rome. Wells, who also owns the canine rehabilitation center Pawz for Wellness in Shelton and is a Rottweiler breeder and owner of many champions, was assisted by TFKC Board member, Cindy Richardson of Stratford and Diane Andrade of Orange, CT.

"It is thought that the Rottweiler developed from the Mastiff type dog from Western Asia, which guarded Roman cattle herds by day and Roman homes by night," Wells said. "Roman soldiers needed a strong and sturdy dog to 'cart' or bring supplies to different sites." This early history of the Rottweiler as a carting dog can be documented in Roman art and literature.

Wells also showed techniques for teaching carting to a dog by doing live demonstrations with three of her Rottweilers, Bubba, Dakota, and Rebel. "Both students and teachers were excited to help with the demonstrations," Wells said, "and the response to the program was extremely positive...with the CT State Latin Day Committee, giving us a huge thumbs up, in hopes that we return with the dogs next year."

# "STRUTT YOUR MUTT FOR AARF" SUPER SATURDAY

Save the date and get ready for a fun filled day. Amity Animal Rescue Fund, (AARF), is holding a "Strutt Your Mutt for AARF" on Saturday, June 4th from 11 - 2 PM at the Orange fairgrounds on Orange Center Road. There will be dog costume competitions with awards for the most creative costumes in several categories. There will also be awards for dogs with the longest tail, shortest ears and more. No event would be complete without a dog parade and there will be a "Strutt" around the fairgrounds walking path.

Enjoy great food from area vendors, wonderful live music supplied by The Hypnosis, fabulous raffles, and informational tables where you can pick up tips on animal care. 'Boucin City' will be on hand with inflatables for the kids to enjoy.

TV weather personality Scot Haney will be joining the festivities at 11:15 to kick off the "Strutt". Orange First Select-

man Jim Zeoli will stop by to say hello to attendees.

AARF is an all-volunteer, 501c3 non-profit organization that has a trap/neuter/release program for feral cats, sponsors discounted rabies and microchip clinics for animals during the year, distributes food to animals in homes with limited funds and helps the local shelter try and find forever homes for adoptable animals in our community.

For your dog's safety, all dogs attending the "Strutt" must be on leash, licensed and current on their rabies shots. No dogs in heat or younger than 6 months of age. There will be water at various locations at the fairgrounds; however, AARF suggests you also bring water for your dog. Please, only bring dogs who are friendly to people and other animals.

The cost to "Strutt Your Mutt for AARF" is \$15.00 for the first dog, and \$5.00 for each additional dog you bring. All dog registrants will receive a gift.

# BARK BYTES...

By Vicki & Richard Horowitz



# CHANGING YOUR DOG'S BEHAVIOR

"How long should it take to change my dog's behavior?" There are five characteristics that affect a dog's learning process.

**First is his relationship with you.** If your dog believes he's the Leader, then he's not as likely to follow your instructions. From a human standpoint are you the boss at work or an employee? If you're an employee, then you are not as likely to influence the boss's behavior as he or she is to influence yours. The same holds true in our homes with our dogs. If you're the boss, you get to make the rules. If your dog is the boss, he gets to make the rules. Of course, this is from his perspective.

**Second is his willingness to learn.** From the human perspective consider reading a book. If we can't spell or don't understand the meaning of the words we won't be able to read a book. We need the foundations first. The same is true with your dog. If you haven't built a good foundation first, then you're not as likely to be successful. For example:

- Let's say your dog Scruffy has a tendency to not listen when you're out in public. Does he listen when you are alone and there are no distractions or does he only sometimes listen? If he doesn't listen without distractions, he's not going to listen when there are other things vying for his interest. You need to build the foundation first.
- Scruffy also pulls on the leash when on a walk around the neighborhood. How about in the house or in the back yard? If he doesn't follow you or walk with you in the house or in the yard, he's not likely to do them in the neighborhood. Again, if you haven't built the foundation, he's not ready to learn in a more challenging environment.

**Third is the actual environment itself.** If your dog is aggressive to other dogs, has anything bad ever happened to your dog? If your dog has been attacked five different times while walking in the neighborhood that could be part of the problem. Dogs learn by association. Who, what, when, where and how, matter. If you continue putting your dog in a stressful situation and he keeps having bad experiences, he'll associate those bad experiences with who is there, when they happen, where they take place, etc.

If there are young children in your home and they are running around playing and yelling, which is certainly normal, your dog might not be able to

concentrate on learning, especially if he's a puppy. He'll most likely want to join the fun and run, play and jump along with the kids. You might find that you have to find time when things are calmer and quieter to teach. Again, the environment can be a big factor.

**Fourth is your dog's personality and temperament.** If your dog is a shy or nervous dog he's going to have problems relaxing when facing new experiences such as meeting new people or seeing new things. If your dog is more confident, he's not as likely to worry about those new situations. That doesn't mean that the nervous dog can't learn to accept new situations, but it is likely that you'll have to go a lot slower.

Dogs are individuals, with their own personality and temperament. What one dog finds easy to learn another might find a real struggle. What one enjoys another might dislike. It's important to learn about your dog's likes and dislikes. Just as we learn in different ways, so too do dogs.

**Fifth is communication.** Remember that dogs are pack animals and communicate in a canine way, primarily non-verbally. As dog owners, we typically communicate verbally. This can lead to misunderstandings. When you learn to speak some canine and communicate with your dog in a language he understands, the learning process can go faster.

There are other factors as well. Your dog's breed characteristics, his intelligence and his previous experiences are also part of the equation. These can also add challenges or assist in changing your dog's behavior.

So how fast will Rover learn? That depends.

Understand the factors and take them into account. Work on establishing your dog's respect and trust along with building a loving relationship. Build a good foundation first and expand the lessons from there as your dog shows you he's ready to progress. Work in a suitable environment for what you are trying to achieve and communicate with your dog on a level he understands. When we put that all together we know what happens...a well-behaved dog!

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit [www.dog-training-new-haven-ct.com](http://www.dog-training-new-haven-ct.com).





**ARIES (March 21 to April 19)** Lots of possibilities begin to open up by midweek. Some seem more appealing than others. But wait for more facts to emerge later on before you consider which to choose.

**TAURUS (April 20 to May 20)** Bravo to the determined Bovine. While others might give up, you continue to search for answers. Expect your Taurean tenacity to begin paying off by week's end.

**GEMINI (May 21 to June 20)** You might want to consider stepping back from the task at hand for a while. This could help you get a better perspective on what you've done and what still needs to be done.

**CANCER (June 21 to July 22)** Your keen Cancerian insight should help you determine whether a new offer is solid or just more fluff 'n' stuff. The clues are all there, waiting for you to find them.

**LEO (July 23 to August 22)** Being ignored is difficult for any proud Leo or Leona. But pushing yourself back into the spotlight might be unwise. Instead, let things work themselves out at their own pace.

**VIRGO (August 23 to September 22)** Trying to uncover a colleague's secret under the pretext of showing concern is ill-advised. Control your curiosity in order to avoid raising resentment in the workplace.

**LIBRA (September 23 to October 22)** Expect to hear good news about a loved one. Also, be prepared for some changes in several family relationships that could develop from this lucky turn of events.

**SCORPIO (October 23 to November 21)** Some surprises are expected to accompany a number of changes that will continue through part of next week. At least one could involve a romantic situation.

**SAGITTARIUS (November 22 to December 21)** You might be upset by some of your critics. But most of your associates continue to have faith in your ability to get the job done, and done well.

**CAPRICORN (December 22 to January 19)** A workplace goal that suddenly seems out of reach is no problem for the sure-footed Goat, who moves steadily forward despite any obstacles placed in his or her way.

**AQUARIUS (January 20 to February 18)** Uncertainty about who is right and who isn't might keep you from making a clear-cut decision. Wait until you know more about what you're being asked to decide.

**PISCES (February 19 to March 20)** Be careful to keep your emotions in check when dealing with a demanding personal situation. You need to set an example of strength for others to follow.

**BORN THIS WEEK:** You have an extraordinary ability to rally people to do their best. You would be a treasure as a teacher.

MORE RESOURCES FOR THERAPY DOGS

DEAR PAW'S CORNER: I read your column about the owner whose therapy dog helps children with a fear of dogs. I also have a Golden Retriever therapy dog, and we have had many success stories.

Please tell your readers that organizations have different requirements for therapy dogs to visit their facilities, as well as for the handlers. For example, the hospitals we visit have additional health screening requirements for the handler. If they're looking for a good certification for their dog, Therapy Dogs International is a highly accepted certification. -- Ed A., Indiana

DEAR ED: Many thanks for the tips! It's definitely important to do your homework and learn as much as you can before submitting your dog and yourself as a therapy dog and handler. Different facilities may

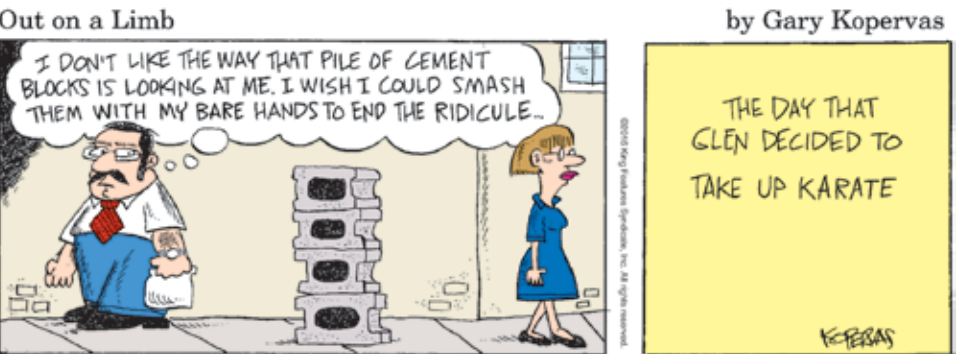
need additional clearances -- not just a certification from a therapy-dog organization, but health checks for the owner/handler and background checks.

Therapy Dogs International has details on its website about its requirements for therapy dogs, and guidelines and testing information that will give owners a good idea of what they need to do to get their dog ready. For example, dogs have to be at least 1 year old. They don't have to take any specific therapy-dog classes, but they should have at the very least basic to intermediate obedience skills, a good temperament and up-to-date vaccinations and health records.

Owners also need to be aware that therapy dogs are not service dogs -- that is a different testing and certification process with different, often more stringent, requirements.



Send your questions or comments to ask@pawscorner.com.

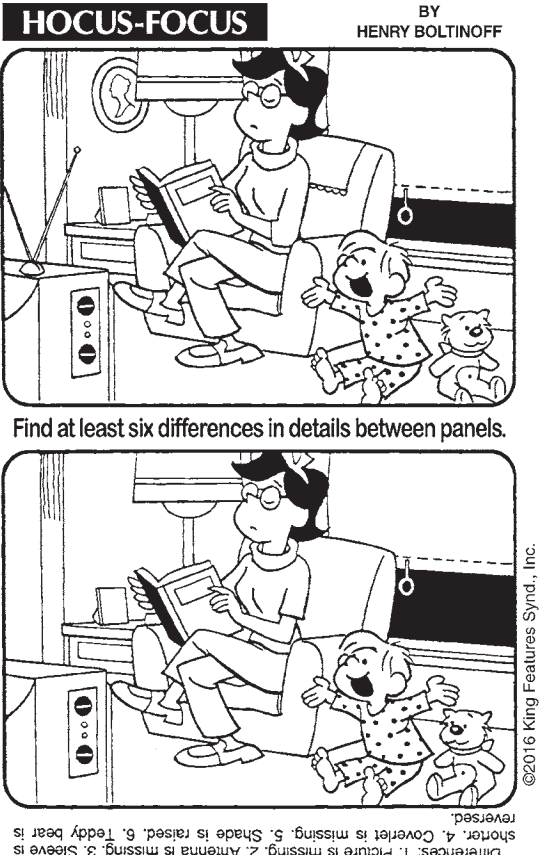


top ten

Once-Popular Boy Names

1. Clarence
2. Herbert
3. Elmer
4. Ernest
5. Harold
6. Eugene
7. Willie
8. Albert
9. Arthur
10. Walter

Source: Ancestry.com



The Garden Bug

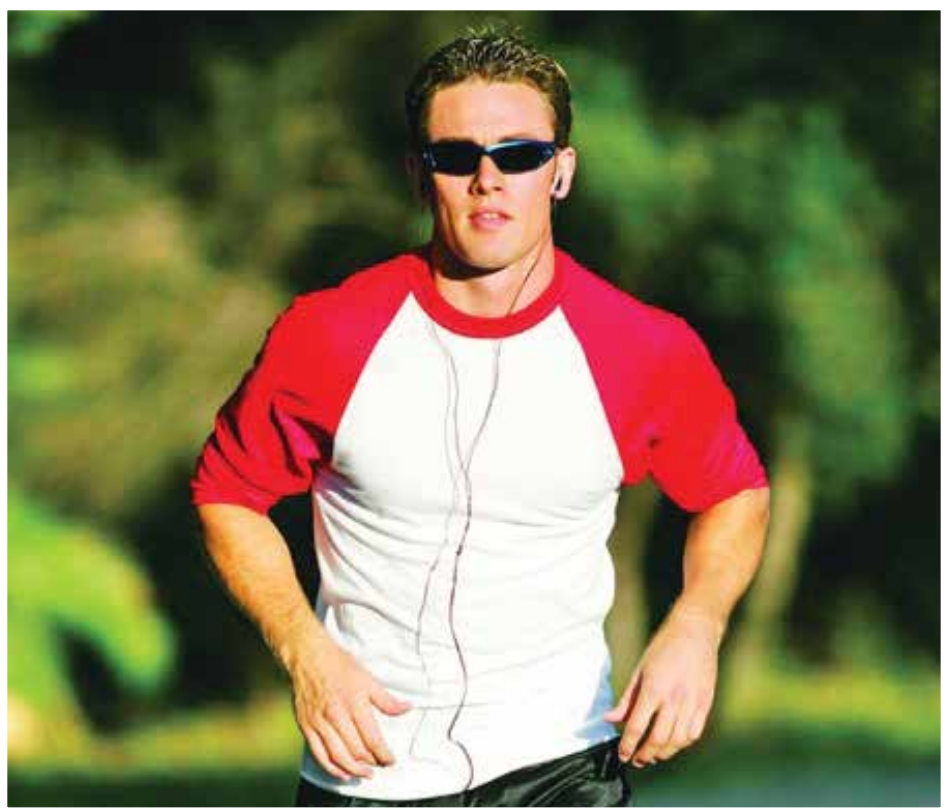
Dahlias

If you have very limited growing space, dahlias are very showy and do well in large pots or garden boxes. They do best in containers that hold at least 12 to 14 inches of potting medium (smaller containers will require more frequent watering) and always used the highest quality potting mix possible. If you find them regularly wilting from the heat, move the containers to a location with less afternoon sun.

- Brenda Weaver

Source: cgdahlias.com





## HOW MEN CAN COPE WITH STRESS

A healthy activity like jogging is one way men can effectively cope with excessive stress.

Stress is a significant part of many people's lives. Men and women experience stress for a variety of reasons, but the rigors of managing a career and a family are something many men and women point to as their biggest causes of stress.

Though both men and women suffer from stress, how they respond to stress is vastly different. According to a report from the American Psychological Association titled "Stress in America," only 52 percent of men say it is very important to manage stress. That pales in comparison to the 68 percent of women who recognize the importance of managing stress. In addition, the APA notes that roughly 25 percent of women recognize they are not doing enough to manage stress, while just 17 percent of men feel the same way. Such statistics are important, as men who underestimate stress could be unaware that stress increases their risk for depression, anxiety and cardiovascular disease.

Recognizing a problem with stress is a great first step toward reducing it and improving your long-term health. There are many ways men can reduce stress, but the APA again notes that men are far less likely than women to employ strategies to reduce stress. Fifty-one percent of women, for example, admit to reading as a means of relieving stress, while only 31 percent of men say they read to relieve stress. Men who want to buck these trends can take several steps to cope with and ultimately reduce their stress.

Find the cause of your stress. Recognizing the things that trigger your stress can help you avoid them or at least be more prepared for them going forward. Workplace stress is considerable for many people, and a 2012 study published in the medical journal *Cardiology & Vascular Medicine* found that people with job strain at work, which the authors defined as high demand on the individual and little to no freedom to make their own decisions as to how and when to do the work, had a 23

percent greater risk of heart attack. If work is the primary cause of your stress and you don't address it, the impact on your health could be dire.

When you find yourself stressing out, take a moment to write down the things that might have triggered the stressful episode. It might be a particular task at work or driving in heavy traffic. Once you have identified the things that trigger your stress you can work to avoid them as best as possible or you will be able to see them coming and might be able to respond more calmly.

Find a healthy response to stress. How you respond to stress is essential to reducing it. As previously noted, many men do not even recognize the importance of managing stress, and those men might be more inclined to respond to stress in negative, unhealthy ways, such as by smoking or drinking. Such responses will only exacerbate the problem.

Finding a healthy response to stress is essential. Some research has suggested that exercise enhances the body's ability to deal with stress and provides the body with somewhat of a trial run at responding to stress. When the body is exercising, several of its physiological systems must communicate with one another, and those same systems must work together once again when the body is responding to stress. So exercise may not only relieve stress but also help your body become more capable of coping with stress. Discussing stress with others or a stress-reducing activity like meditation are also healthy responses to stress.

Take a proactive approach to stress. Many people can trace their stress to taking on more than they can handle. This can occur at the office, in your personal life or, as is the case for many people, a combination of both. Stretching yourself too thinly can make you vulnerable to stress. Even if one particular thing like work or family is not stressing you out, it's important to recognize that stress can also be caused by a combination of things. Before stress even has a chance to settle in, make an effort to give yourself more down time and do not stretch yourself too thin.



## HOW MEN CAN MAKE MORE TIME FOR FAMILY

Fathers can make more time for their families in a variety of ways.

When analyzing the role of men in the household, it's clear that those roles have changed over the years. Data from the American Time Use Survey and the Pew Research Center reveals that in 2011 men were spending far more time performing household duties than they were in 1965. Men spent 10 hours per week on chores in 2011, which is more than double the amount of time (four hours) they devoted to household duties in 1965.

Despite that more active role at home, many men still feel they are not spending enough time with their children. The Pew survey, which examined more than 2,500 adults, found that 46 percent of fathers felt they weren't spending enough time as they wanted to with their kids. Professional commitments keep many men from spending ample time with their kids, and while it may not be realistic for most fathers to walk away from their careers, there are steps men can take to make more time for their families.

Don't overextend yourself at the office. Much is made of how today's youngsters have more hectic schedules than those of yesteryear. But it's not just kids who are overextending themselves. Fathers who can't say no at the office might be legends in the boardroom, but that willingness to take on extra work could be cutting into the time they spend with their families. Learn to delegate more at the office, taking on only what you can handle in a normal day's work. Taking on too many responsibilities can significantly cut into the time you have available for family.

Turn off the television. After a long day at the office, it can be tempting to come home and unwind in front of the television. But you might be spending more time in front of the tube than you think, and that time on the couch is valuable time that could be spent connecting with your family. In its 2011 American

Time Use Survey, the Bureau of Labor Statistics revealed that individuals age 15 and over spent more than half of their leisure time watching television. While bonding over a favorite movie or television show can bring families closer together, keeping the television on as background noise during dinner or other times of the day can make it harder for families to connect and share meaningful conversation. Turn the television off when eating dinner and work to reduce the time you and your family spend in front of the TV.

Leave the office at a set time every day. The demands of a successful career can be significant, and many fathers admit to sacrificing family time for the sake of their careers. But it's possible to have a successful career and still spend more time with your family. One trick is to leave your office at a reasonable time every day, regardless of work demands. Making it home for family dinners each night can have a profound impact on your children. A survey from the National Center on Addiction and Substance Abuse found that the more children have dinners with their parents, the less likely they are to smoke, drink or use drugs. Men who want to spend more time with their families should make it a priority to leave their jobs at a set time each day, regardless of their workload. Technology has made it possible to stay connected to your work even when you aren't in the office, so you can always get things done at home after dinner with your family while the kids are doing their homework.

Stop working on weekends. Men who travel often for business or those who simply cannot get away from the office on weeknights should reserve their weekends for time with the family. Don't take your work home with you on the weekend and don't check your email until you go back to work on Monday. Work-related distractions, such as checking your email on your smartphone, can take away from the time you have with your family.



Celebrate the Town of Orange's

**INDEPENDENCE DAY CONCERT**

**& FIREWORKS DISPLAY 2016**

**QUEEN FLASH**

THE ULTIMATE QUEEN TRIBUTE

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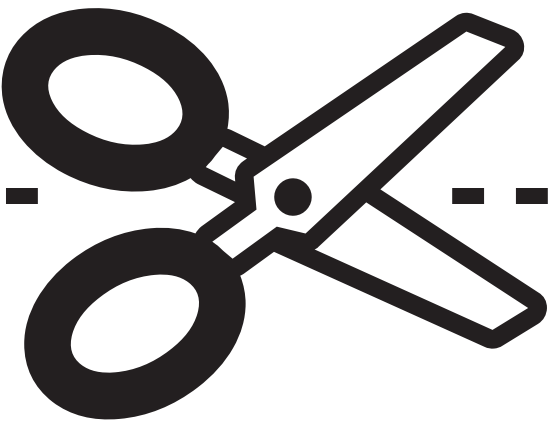
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# Celebrate the Town of Orange's **INDEPENDENCE DAY CONCERT & FIREWORKS DISPLAY 2016**

## **QUEEN FLASH**

**FEATURING SPECIAL GUEST VOCALIST PHIL NARO**



**SATURDAY, JULY 2<sup>ND</sup>**

(Rain Date: Sunday, July 3<sup>rd</sup>)

**ORANGE FAIRGROUNDS GAZEBO**

**525 Orange Center Road, Orange**

The Town of Orange will be holding its Annual Independence Day Concert & Fireworks Display on Saturday, July 2nd at the Gazebo on the Orange Fairgrounds. For this year's **Independence Day Concert**, the **Orange Town News**, who is once again producing the event, is presenting "Queen Flash" to perform prior to the town's **Annual Independence Day Fireworks Spectacular**. The six members of "Queen Flash", who are making their CT debut, hail from **Montreal, Canada**. The band will feature **special guest vocalist Phil Naro**. The internationally renowned Naro, will lead the group with 2 full hours of Queen's greatest hits including, **Bohemian Rhapsody, Crazy Little Thing Called Love, Another One Bites the Dust, Under Pressure & We Are the Champions**. This fabulous Queen tribute is an exciting, high energy show that will get people out of their seats. For more information on the band, visit their website: [www.queenflash.ca](http://www.queenflash.ca).

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The Olga Fund

