

# Orange Town News



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Milford, CT

VOL. 5 - ISSUE 9

CIRCULATION 6260

FRIDAY, JULY 23, 2010

## 10-Year Old Establishes "Laps for Life" Fundraiser

By Laura Fantarella - OTN Correspondent

When ten-year-old Grace Whitmore learned her love of swimming could help raise money to fight diseases, she dove at the chance. A little girl with a big heart, Whitmore has several friends who are struggling with serious diseases and she wants to help.

She and her family recently established "Laps for Life," a "kids helping kids" fundraiser that benefits The Leukemia and Lymphoma Society (LLS) and the Juvenile Diabetes Research Foundation (JDRF). Kids raise money from sponsors and swim laps at their own pace in whatever waters they choose - whether in the ocean, lake, public, or backyard pool.

The idea blossomed last summer when Whitmore swam 1,000 laps at the Paugusset Club pool just for fun. "People would see me swimming laps each day and ask my mom what I was doing," Whitmore said. "So this summer I decided to swim 1,500 laps and do it for a good cause." She began her ambitious undertaking on the last day of school and hopes to complete her goal by the end of July. When she is done, Whitmore will have swam about 22 miles!

Whitmore had a tough time deciding which worthy cause to support. She originally planned to swim to benefit the Leukemia and



Grace Whitmore

Lymphoma Society after meeting Katie Winkle, a popular Orange teen who is currently in remission from the disease. Whitmore, who also loves softball, took pitching lessons from Winkle and an "instant friendship" developed between the two. "I wanted to do something to help," Whitmore said.

Then, when a close family friend and fellow Peck Place student was diagnosed with juvenile diabetes, Whitmore was torn. "I felt very badly when I heard he had to inject himself with insulin a few times every day," she said. "Diabetes has also impacted my family. My grandpa died of it when I was six and my nana also has it. I know way too many people with diabetes. So I decided that I also wanted to swim to raise money for diabetes research."

Whitmore and her family hope other kids will be inspired to participate as well. "It's a great way to get kids moving. Maybe Grace will start something," her mom, Anne, said.

Kids interested in participating can log onto the JDRF website, [www.jdrf.org/teamjdrf](http://www.jdrf.org/teamjdrf), and click on find your event; Laps for Life. If you'd like to make a pledge, e-mail Grace at [swimmergirlgracie@yahoo.com](mailto:swimmergirlgracie@yahoo.com). Pledge options are Bronze (\$10); Silver (\$15); or Gold (other). Whitmore will keep you updated on her progress via e-mail. "And don't forget to e-mail me to let me know if you will be swimming with me," she said.

## Orange Students Master 2010 Connecticut Mastery Tests

By Richard Weizel - Orange Town News Correspondent

ORANGE - For the most part, Orange students in grades 3-6 mastered the 2010 Connecticut Mastery Test in all three main categories - math, reading and writing. A larger percentage of students surpassed both the "goal" and "proficiency" levels than in most school districts across the state. With a couple of exceptions, pupils in the four grades at Race Brook, Turkey Hill and Peck Place schools showed moderate to vast improvement from a year ago in both meeting the goal and the proficiency categories.

Meeting the goal is above average, but within achievable levels, state education officials said. Proficiency is the level used to identify schools and districts that are making adequate yearly progress under the federal No Child Left Behind Act.

Both school and town officials praised Orange educators for providing students with high educational standards, including solid work and study habits that they say made it possible for a higher percentage of students to perform at or above proficiency and goals levels on the tests.

"It is a tribute to the Board of Education's commitment to provide the best possible resources to our teachers and to the dedication of our talented administrators and teachers", said Supt. of Schools Tim James.

"The Orange Board of Education has been working to focus the board's efforts on curriculum and the overall classroom experience to achieve consistency and quality at each of our schools," said School Board Chairwoman Jeanne Consiglio. "While we are very pleased with the (CMT) test score results, we will strive for continued improvement in the overall experience of our students. Obviously, this will take time, but I, as chairwoman, was very pleased to see the scores and look forward to a more complete analysis of the results from our administrators," Consiglio said. "The Board has created a working timeline for 2011 with target dates for completion of curriculum revision in Social Studies, Math, and World Language. The goal of each of these revisions is to improve the content and delivery of materials to our students so they are well prepared when they arrive at Amity (middle and high schools)."

Consiglio said the school board voted in 2010 to address curriculum as a "committee of the whole" and that "we will have curriculum as an agenda item at each of our meetings in 2011. CMT scores are just one piece of the



(*"Mastery Tests" continued on page 5*)

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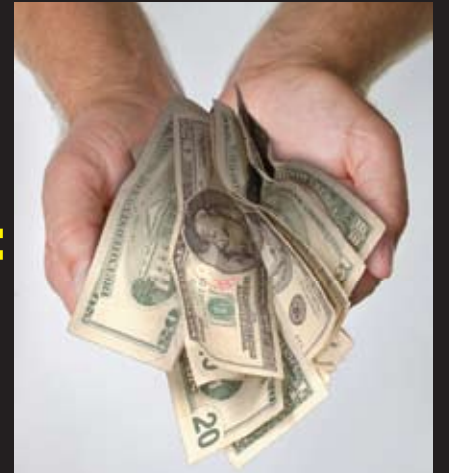
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Sassy "tweens" were the inspiration behind the new line of beauty products

## "Sassy" Orange Moms Become Entrepreneurs

By Laura Fantarella -OTN Correspondent

Mary Robbins and Andrea Fisher soon realized they had more in common than their kindergarten-age daughters when they first met at Mary L. Tracy School six years ago. They both worked in local mental health agencies; they both are high energy, and they both sold Mary Kay cosmetics that their daughters loved to experiment with.

But when they had to keep taking the anti-aging creams away from their daughters it got them thinking... why not develop a line of wholesome cleansing products that their young 'tweens' could use? "I thought if Mary Kay can do it, why can't we? Andrea and I wanted to develop and manufacture a line of organic shampoos, conditioners and body lotions that would be good for our daughters," Robbins said.

The concept gradually took on a life of its own as Robbins and Fisher started collecting ideas from their group of friends, most of whom have daughters the same age. The moms were more than willing to make suggestions - and to get involved in the fledgling business. What ensued is a line of natural, healthy hair and body products for young girls called "Sassy."

Kristen DeMaio, Kim Formica, Sue Laugeni and Sheryl Kober, all signed on to become "Sassy Moms", bringing their own areas of expertise ranging from bookkeeping and sales to graphic design and marketing to the table. "We had a lot of ideas. We call Andrea the Queen of Green, so we wanted an organic product without a lot of additives. Kim's daughter has a nut allergy so we wanted it to be nut and dye-free," Robbins said. "And we knew we wanted it to smell fresh and clean with a cute logo."

Formica added, "We're really a group of moms that don't want to dump a lot of chemicals on our kids' heads." Their daughters even got involved, trying out the new products and making their own suggestions. "The girls are actually the ones who came up with the name 'Sassy' after they held a contest in their fourth grade class at Turkey Hill School to name the product," said DeMaio.

The women then embarked on a quest to find a company to manufacture their products without chemical additives, using fresh ingredients like honey and olive oil. "There was a lot of trial and error as we tried companies in the Philippines and Asia, but we finally found a match with an Israeli company. Its formulas are always fabulous!" Robbins said. The new venture is especially exciting for Robbins because it is such a change from her job as a licensed clinical social worker and therapist. She actually developed the concept for the new business after a particularly harrowing experience involving a young child who was suicidal. "I had an epiphany one day - no one ever died because they wore the wrong color lipstick!" she said.

The Sassy products are also unique because each bottle contains an inspiring message written by Robbins to help girls feel good about themselves. "I bring my training as a therapist to the business. Young girls are so vulnerable at this age and I see too many with self-esteem issues. So many girls don't feel good about themselves." A bottle of shampoo contains the message, "If you believe you are beautiful, so will others. Look in the mirror, focus on the positive and repeat: I am beautiful;" while another said, "Clean is smart and smart is attractive. Women fought for equal rights and education for all girls. Be clean, smile and show your smarts."

Busy schedules and a plethora of mom duties mean getting together to talk business are more likely to be "bleacher" rather than "board" meetings. The Old Tavern Road baseball field is common ground and the women can meet while the kids are playing ball. "Our meetings are always a lot of fun," Fisher said. If a large order comes in, the women band together to pack it up and ship it out. "One time one of the husbands even delivered the order. We are truly a grassroots operation!" DeMaio said.

The company has had some early success but Robbins said she needs investors to take it to the next level. "We're actively seeking investors!" she said. Their goal is to eventually see Sassy on the shelves in many beauty salons. The products are available at [www.sassyshampoo.com](http://www.sassyshampoo.com) or locally at Jesse's Toys.

Orange Town News

Below are the next two Orange Town News Issue dates and deadlines for your convenience. Thank you for all of your submissions to the paper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
August 6th.....	August 13th
August 27th .....	September 3rd

Note: Copy due by 4:00p.m. Thank you.

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Published by Orange Town Newspaper, LLC

Owner/Publisher ..... Rocky Salperto  
Editor ..... Marlene Silverstein  
Production & Design.... J. Michael Kriz  
Restaurant Profiles..... Susan Noonan  
Correspondents..... Richard Weizel; Laura Fantarella,  
Anne M. Buley  
Contributing Writers .... Bob Brown; Leslie Marsh; Roberta Nestor;  
Ginny Reinhard; Mary Schwartz;  
Ray Spaziani & Ken Warren

Mailed to every home and business in Orange.

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Pictured (l-r): Mark Powell (Man of the Year); Notre Dame President Br. James Branigan, C.S.C. and Brandon Gomez (Code Award Winner).

## Mark Powell Earns Notre Dame "Man of the Year"

Notre Dame High School of West Haven announced its two highest honors during the School's 61st Commencement Exercises held on May 30, 2010.

Following Senior Speaker Irio Schiano's remarks and the presenting of diploma's to the Class of 2010, the two highest awards Notre Dame bestows upon its students were announced. The two awards are the Notre Dame "Code Award" and the Notre Dame "Man of the Year." Both are voted upon by the school faculty. Brandon Gomez '10 was named "Code Award" Winner and Orange resident Mark Powell '10 Earned the ND "Man of the Year" honor. The Code Award is given to the senior whom the faculty deems best lives his life by the words stated in the Notre Dame Code. The Man of the Year is defined by the student who has made the greatest positive contribution to school life during his senior year.

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# ORANGE EDUCATION ROUNDUP

("Mastery Tests" continued from page 1)

puzzle."

First Selectman James Zeoli said he was also pleased with the results and credits both educators and parents. "It has taken a combined effort of teachers, administrators and parents to bring about these excellent test score results," said Zeoli. "There are some people who criticize and say teachers and administrators place too much emphasis on helping students do well on the mastery tests," Zeoli added. "But these tests represent state and federal standards that are used to judge how well we are doing at educating our kids and I couldn't be happier with the big strides we have made in Orange to meet these educational goals."

In Orange the percentage of third graders who met the goal in math rose from 84.3 percent in 2009 to 86 percent in 2010, while the percentage who reached the goal in reading jumped a whopping 10.4 percent - from 70.5 a year ago to 80.9 this year. In the writing category the percentage of third graders who met the goal also showed a marked increase - rising from 72.9 to 79.3.

The percentage of fourth graders who met the goal in math rose from 85.8 to 89.5; in reading from 78.1 to 78.7 and in writing from 87.1 to 89.3.

Fifth graders who reached the goal in math rose from 91 percent to 91.6, but declined in both reading, from 88.8 to 83.1, and in writing from 91.2 to 89.1.

The percentage of sixth graders who met the goal in math jumped impressively, from 90.4 percent to 95.9; in reading from 88.8 to 92.3, and in writing from 87.7 to 88.7.

The percentage of students who met proficiency levels either remained the same or jumped in the three categories in most of the grades.

The Connecticut Mastery Test, also called the CMT, measures reading, writing and math skills for public school students in third through eighth grades. Fifth- and eighth-graders also take the test in science. More than 250,000 students took the test this year. According to the state Department of Education, the 2010 scores were up in most content areas and grades compared with 2009. Areas that did not improve statewide, however, were: reading at grades 4 and 5, both at the proficient and goal levels, and writing in grades 3, 7 and 8 at the proficient and goal levels.

## CT Mastery Test Scores Orange Elementary Schools

Grade 3		Mathematics		Reading		Writing	
School	Year	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.
Race Brook School	2009	86.9%	96.7%	78.0%	86.4%	73.0%	90.5%
Race Brook School	2010	<b>92.9%</b>	<b>98.2%</b>	76.8%	<b>87.5%</b>	66.7%	<b>91.2%</b>
Turkey Hill School	2009	83.3%	89.6%	56.3%	72.9%	58.3%	87.5%
Turkey Hill School	2010	<b>89.5%</b>	<b>98.2%</b>	<b>84.2%</b>	<b>87.7%</b>	<b>86.0%</b>	<b>93.0%</b>
Peck Place School	2009	82.6%	95.7%	73.9%	87.0%	82.9%	92.9%
Peck Place School	2010	76.9%	95.4%	<b>81.5%</b>	<b>93.8%</b>	<b>84.6%</b>	<b>96.9%</b>
All Schools (Combined)	2009	84.3%	94.4%	70.5%	83.0%	72.9%	90.6%
All Schools (Combined)	2010	<b>86.0%</b>	<b>97.2%</b>	<b>80.9%</b>	<b>89.9%</b>	<b>79.3%</b>	<b>93.9%</b>

Grade 4		Mathematics		Reading		Writing	
School	Year	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.
Race Brook School	2009	81.8%	98.7%	69.9%	83.6%	72.7%	96.1%
Race Brook School	2010	<b>95.2%</b>	98.4%	<b>82.0%</b>	<b>88.5%</b>	<b>84.4%</b>	<b>96.9%</b>
Turkey Hill School	2009	88.4%	97.7%	88.1%	90.5%	77.8%	86.7%
Turkey Hill School	2010	85.4%	93.8%	75.0%	81.3%	75.5%	<b>95.9%</b>
Peck Place School	2009	88.9%	96.8%	81.0%	88.9%	79.7%	93.8%
Peck Place School	2010	87.1%	<b>100.0%</b>	78.3%	<b>95.7%</b>	<b>80.6%</b>	<b>94.4%</b>
All Schools (Combined)	2009	85.8%	97.8%	78.1%	87.1%	76.3%	83.0%
All Schools (Combined)	2010	<b>89.5%</b>	97.8%	<b>78.7%</b>	<b>89.3%</b>	<b>80.5%</b>	<b>95.7%</b>

Grade 5		Mathematics		Reading		Writing	
School	Year	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.
Race Brook School	2009	93.4%	100.0%	90.2%	96.7%	93.7%	98.4%
Race Brook School	2010	91.9%	98.6%	83.6%	91.8%	<b>94.7%</b>	<b>98.7%</b>
Turkey Hill School	2009	86.5%	98.1%	90.0%	84.0%	94.3%	98.1%
Turkey Hill School	2010	<b>95.6%</b>	97.8%	80.0%	<b>91.1%</b>	83.0%	95.7%
Peck Place School	2009	91.9%	95.3%	87.1%	91.8%	87.5%	97.7%
Peck Place School	2010	88.3%	95.0%	84.7%	<b>93.2%</b>	87.1%	91.9%
All Schools (Combined)	2009	91.0%	97.5%	88.8%	93.9%	91.2%	98.0%
All Schools (Combined)	2010	<b>91.6%</b>	97.2%	83.1%	92.1%	89.1%	95.7%

Grade 6		Mathematics		Reading		Writing	
School	Year	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.	At/Above Goal	At/Above Prof.
Race Brook School	2009	91.0%	95.5%	92.4%	95.5%	85.7%	95.7%
Race Brook School	2010	<b>96.7%</b>	<b>100.0%</b>	<b>93.4%</b>	<b>100.0%</b>	<b>92.1%</b>	<b>98.4%</b>
Turkey Hill School	2009	96.2%	100.0%	90.4%	96.2%	86.8%	94.3%
Turkey Hill School	2010	<b>98.0%</b>	100.0%	<b>93.8%</b>	<b>100.0%</b>	<b>90.9%</b>	<b>98.0%</b>
Peck Place School	2009	86.1%	100.0%	84.8%	92.4%	90.0%	97.5%
Peck Place School	2010	<b>94.2%</b>	100.0%	<b>90.7%</b>	<b>97.7%</b>	85.6%	95.6%
All Schools (Combined)	2009	90.4%	98.5%	88.8%	94.4%	87.7%	96.1%
All Schools (Combined)	2010	<b>95.9%</b>	<b>100.0%</b>	<b>92.3%</b>	<b>99.0%</b>	<b>88.7%</b>	<b>97.0%</b>

Orange Avg	2010	90.8%	98.1%	83.8%	92.6%	84.4%	95.6%
State Avg	2010	62.6%	83.6%	57.1%	72.3%	58.3%	80.3%

\*Bold indicates performance increase from 2009

## Orange Elementary School Registration

Registration of elementary students grades K-6 new to Orange will be held on the dates and times indicated.

ALL KINDERGARTNERS will be registered at Mary L. Tracy School.

PLEASE NOTE: Parents are requested to bring child's birth certificate, proof of residency, physical and immunization records at the time of registration.



### Kindergarten

Mary L. Tracy School - Thursday, August 12, 2010, 9:00 a.m. - 11:30 a.m.

### Grades 1 - 6

Race Brook School - Thursday, August 12, 2010, 12:00 p.m. - 2:30 p.m.

Turkey Hill School - Friday, August 13, 2010, 9:00 a.m. - 11:30 a.m.

Peck Place School - Friday, August 13, 2010, 12:00 p.m. - 2:30 p.m.

## Lauralton Hall Class of '60 Reunion

Class of 1960 Lauralton Hall reunion will be held the weekend of September 17, 18, and 19, 2010. Exciting, fun-filled plans are being made at the Lauralton Hall Reunion Committee's planning meetings. Committee members are Lauralton Hall classmates - 1960 - already enjoying the fun of getting together.

Friday, September 17 will be a "meet and greet". Cocktails and hors d'oeuvres will be hosted by Lauralton Hall classmate and Congresswoman Rosa DeLauro. On Saturday, September 18 a Homecoming Mass at Lauralton Hall at 5:30pm will be followed by dinner and cocktails at 7:00pm at the Hilton Garden Inn, 319 Old Gate Lane, Milford.

For more information, please call Geri Gamble, '60 at 203-795-5473 or email Anne Cassidy at Anneweimann@gmail.com. Be on the lookout for reunion invitations and more details. If you've received NO info - it means you're missing! Call or email.



## OTN Announces On-Line Community Bulletin Board & Town Meeting Schedule

The Orange Town News is proud to announce that beginning on August 1st, we will be adding a Community Bulletin Board to our on-line version of the newspaper. Keep up to date with a variety of community events and have your favorite club and organization post its upcoming meeting date, location and time. Email us your bulletin board events to [bulletinboard@orangetownnews.com](mailto:bulletinboard@orangetownnews.com) and we will post them on our website [www.OrangeTownNews.com](http://www.OrangeTownNews.com).



In addition, beginning in August the OTN will have a Monthly Town of Orange Meeting Schedule posted on our web site. All Orange Government Boards & Commission meetings for the month will be available including the date, time and location of the meeting.

These are just a few more enhancements to your hometown newspaper.



## FROM OUR READERS

### California Angels Are No More

In your most recent issue, the cover story on Max Russell being drafted by the Angels was a well written and informative piece, however, there was an error to bring to your attention. At the current time, the Angels are known as the Los Angeles Angels of Anaheim, not the California Angels, as noted in the article. The team was known as the California Angels from September 02, 1965 (after changing their name from the previous Los Angeles Angels since their inception in 1961) through the end of the 1996 season. Beginning with the 1997 season and through the conclusion of the 2004 season, the team was referred to as the Anaheim Angels.

Thank You,  
Stan Osowiecki

*Stan, You are absolutely correct. For some of us "old school" baseball fans, I guess we will always think of them as the California Angels (as well as the Cleveland Browns & the Brooklyn Dodgers). Thank you very much for the correction and keep us on our toes. – OTN Staff*

### Connecticut Should Adopt California Law

The debate over whether marijuana should or should not be legal has been an issue since the 30's when it became illegal. In the years around 1930 people were not well informed about marijuana; therefore, were susceptible to propaganda. The most influential propaganda of this time was a film called reefer madness. The film explored tragic events that happen when High School students used marijuana. In the film marijuana was the cause of a hit and run accident, manslaughter, suicide, and rape. The people who saw the film believed it and told their children how bad marijuana was. Marijuana was then made illegal in the 1937.

Recently I became infatuated with the legalization of marijuana as my father was diagnosed with cancer. I then discovered the effects that marijuana has on pain alleviation based upon studies researched at UCLA. All of the studies suggested that marijuana alleviates pain caused by chemotherapy. This started to fascinate me why this miracle drug was illegal.

Let us look at the economy and what marijuana could do for it. If we were to make it legal we could tax it and regulate it as we do. Making marijuana legal will open up this huge cash crop that will help our country with the recession that we are in. We have already seen California benefit from legalizing medicinal marijuana as it collected 11 million dollars in tax revenue last year. Now, think about how much larger that number could become if marijuana was legal in the US, now we're talking about 550 million dollars in tax revenue. Last year alone the DEA spent 10 billion dollars fighting marijuana.

That would not be the only cash crop that marijuana would provide. Legalizing marijuana would allow people to once again grow hemp. The uses of hemp include foods, fuel, clothing, textiles, and paper; in fact Thomas Jefferson drafted the Declaration of Independence on hemp paper. This substance can also be used for fuel instead of gasoline which kills about 2,100 people in the US per year, pollutes our environment, and is one of the reasons we are in a war right now. Hemp has a negative connotation because it is seen as marijuana, but in fact it is not. The difference between hemp and marijuana is that hemp is the male cannabis plant and marijuana is the female cannabis plant.

Being a marijuana activist, I have dealt with hearing the statement "marijuana is a gateway drug" meaning that it will cause people to use harder drugs such as cocaine and heroin. This so-called gateway drug theory is not true; although, it does appear to be a valid point. When someone first starts using marijuana, most likely they have used alcohol, caffeine, and probably over-the-counter medications. May I ask why these are not considered to be gateway drugs? The answer to this question is that someone told them that it is OK to use these substances. Marijuana is targeted as a "gateway drug" due to the fact that it is the most used illicit drug and probably the first that most people encounter. There is no evidence that marijuana is a gateway drug, this theory is purely based on anecdotal evidence.

Most people believe that marijuana is harmful, but don't have the slightest clue on how it works. When marijuana is eaten in food or smoked it travels into the blood stream then is carried to the brain. Throughout the brain we have specialized receptors called cannabinoid receptors. When marijuana is carried to the brain it binds to these receptors. The cannabinoid receptors are located in the cerebellum, hippocampus and the basal ganglia. These areas of the brain deal with movement, memory, and problem solving. Effects from this are time slowing down, relief from pain, and gain in appetite; this is why marijuana works wonders for people who deal with chronic pain. Let me leave you with this: if you discovered a substance that could help people with pain, be used for clothing and fuel, would you introduce it to the world or let it perish?

Asher Brandt - Orange

[www.OrangeTownNews.com](http://www.OrangeTownNews.com)

Orange Town News

## OTN Letters Policy

Submit your letters for our "From Our Readers" section to  
Orange Town News, P.O. Box 1126, Orange, CT 06477  
or email: [letters@orangetownnews.com](mailto:letters@orangetownnews.com).

Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Orange Town News for publication.** We reserve the right to reject any letter.

## Annual Fireman's Carnival Set for August 5-8

By Laura Fantarella – OTN Correspondent

Organizers have their fingers crossed that the sun will shine for four days on the annual Orange Volunteer Firemen's carnival Thursday-Sunday, August 5-8 on the Orange Fairgrounds.

The weather was disastrous for last year's event with torrential rains causing the carnival to close two of its four day-run. "We're hoping for blue skies," said Don Foyer, Department of Public Works and organizer of the carnival.

As usual, there's lots of fun in store for the department's major fundraiser that typically draws thousands of carnival goers from all over the state. There will be over 20 rides including a few new ones according to Foyer. This year's entertainment includes popular local D.J. Bobby Fantarella of "HotRoc" Productions, spinning tunes on Thursday, "Southern Comfort Band" on Friday and "Freeplay" on Saturday. The annual fireworks display will take place at 10:30 p.m. on Friday and 10:45 p.m. on Saturday. And no one can leave without visiting the food tents that boast hot dogs, hamburgers, lobster rolls, fried dough, roast beef sandwiches, french fries, the "Worlds Best Ice Cream Sundaes" and more.

"The carnival is a highlight of the summer season in Orange and has been an annual tradition for decades," Foyer said. "It is the department's major fundraising event and the proceeds are crucial for our annual budget." Monies raised this year will help offset the costs of the department's state of the art \$460,000 fire rescue truck.

The event also features the OVFD's annual raffle with a first prize this year of a 2010 ATV, second prize a 7-night eastern Caribbean Cruise and third prize a 7-night Disney vacation. Tickets are \$5 each. The raffle drawing will be held on Sunday, August 8th at 4:30 p.m.

Special tickets packages for rides can be purchased on line by visiting [www.orangevfd.com](http://www.orangevfd.com) at a discount. Parking and admission are free.

## 2011 Leadership Class Accepting Applications

People who are retired or of retirement age often have energy and experience to share with the community. The Orange Leadership Program offers a structured and dynamic program for meeting like-minded individuals, developing leadership skills and putting talents to work for the greater good. The Leadership Program, which was established in 2004, is designed for adults over the age of 55 interested in using their wisdom and talent in meaningful ways in the community. More than 75 persons, ages 55-88, from a variety of educational and career backgrounds, have participated in the Orange Leadership Program since its start.

Class members meet one day a month from September to May with graduation in June. In each session class members learn more about their town and state government, the media, leadership skills, decision making, team building, legislative advocacy, and communication skills from knowledgeable speakers. Participants work on a team to complete a community action project over the course of the 9 months. Team projects have included improving town trails, mentoring grade school students, starting a handyman/skills bank program, establishing a computer center, organizing bulk trash pick-up, starting a friendly visitor program and restructuring property tax for seniors. For those who are retired or approaching retirement, the Leadership Program has proven to be a wonderful way to connect with others and become engaged in meaningful community pursuits. Applications for the Class of 2011 are available in the senior center office or online at the town's website [www.orange-ct.gov](http://www.orange-ct.gov). Applications are due by July 30 and 15 people are accepted into the program each year. For more information, call the senior center at 203-891-4784.

Orange Town News

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## CASE MEMORIAL LIBRARY EVENTS

Case Memorial Library - 176 Tyler City Road - Orange, CT 06477 - 203-891-2170 Reach us on the web at [www.casememoriallibrary.org](http://www.casememoriallibrary.org)

### In the Children's Department

#### Summer Story Hour Schedule:

Sessions for age 2 will be held on Monday, July 26, August 2, 9 at 10:30.  
Session for age 3-5 (no craft activity) will be held on Wednesday, July 28, August 4, 11 at 10:30.

#### Children's Summer Reading: Books are Dino-mite!

Registration is ongoing for the summer reading program "Books are Dino-mite!" for Orange students entering grades 1 through 6. Pre-schoolers may join as Read-to-Me members. Dino-mite readers will be awarded fun prizes and can win raffle prizes. Please register in person with your child in the Children's Department. All summer reading programs require pre-registration. Registration for each program will open two weeks before the program date.

#### Teddy Bear Picnic Storytime

Thursday, July 29, 4 p.m.: Bring your favorite teddy bear and blankie for a storytime outside on the sitting wall. Bring a light snack. Juice will be provided. Ages 2-5.

#### Drama Workshop with Ingrid Schaeffer: "The Magical Dinosaur Toy Shop"

Wednesday, August 4, 2 p.m.: Join us for "The Magical Dinosaur Toy Shop" where Ingrid Schaeffer will lead participants in acting out the tale. The workshop also includes a visual art component. Ages 5-10. Space is limited.

#### Dinosaur Parade

Tuesday, August 10, 2 p.m.: Come dressed in your best homemade costume for a dinosaur parade! We'll be giving out prizes for the biggest, scariest, and most unusual costumes. Refreshments will be served.

### Teens

#### Teen Summer Reading: Feed Your Brains!

There's still time to register for this year's Teen Summer Reading Program, "Feed Your Brains." Orange teens that read 8 books in 8 weeks and return their reading records to the library can register to receive a participation gift at the end of the summer. All teens are invited to attend the End-of-Summer Reading Party on Monday, August 16 at 6 p.m. where we will eat pizza, watch a movie, and give out summer reading participation gifts. Leave a suggestion for the movie or a pizza topping in the Teen Suggestion Box in the Teen Department.

### Adults

#### Adult Summer Reading: Books are Dynamite!

Register now for this year's Adult Summer Reading Program, "Books are Dynamite!" Read 8 books between June 21 and August 14 to be entered into our raffle drawing for some great prizes. The raffle drawing will take place at the end-of-summer reading party on August 21 with live music from the Black Sheep on the library lawn. Feel free to bring a picnic lunch - the library will provide dessert. Everyone is invited to attend this fun-filled event, but only adult summer reading participants who returned their summer reading records and registered for the raffle will be eligible to win prizes.

#### Summer Film Series: When In Rome

Saturday, August 7, 1 p.m.: The next film in our summer film series is When In Rome, starring Kristen Bell, Josh Duhamel, and Angelica Houston. Bell plays Beth, an ambitious New Yorker who travels to Rome where she plucks magic coins from a special fountain. The coins attract an assortment of odd suitors, including a sausage merchant, a street magician and an artist. But, when a persistent reporter throws his hat in the ring, she wonders if his love is the real thing. Refreshments will be served. Please pre-register.

#### Keep Track of Your Reading

Do you have trouble keeping track of the books you've read? It's easy



when you have the library's computer system maintain a list for you! Log in to your Case Memorial Library account from the library website and "Opt In" to "My Reading List" to have the computer keep a list of the books you read from that point forward. See a library staff member for details!

#### Social Security Information Session

Monday, July 26, 4:30 p.m.: Social Security Specialist Maria Grice will discuss how to apply for benefits, what benefits are available, on-line services, Medicare, COLA increases, the future of Social Security and more. Get the answers to all your questions. Pamphlets and brochures will also be available. No registration necessary.

#### Square One Theatre Company: "Love, Loss, and What I Wore"

Monday, July 26, 7:00 PM: Join us as Square One Theatre Company Reader's Showcase presents the off-Broadway smash hit "Love, Loss, and What I Wore", an intimate collection of stories by Nora and Delia Ephron, based on the book by Ilene Beckerman. Free and open to the public. Seating is limited. Pre-registration is required.

#### Art in the Library

Watercolors, oil, charcoal, and photography by Paula Hoostowski and Elizabeth Smolinski will be displayed in the Meeting Room of the Case Memorial Library through the month of August. The public is invited to meet the artists at the opening reception on Thursday, August 5 from 5-7 p.m.

*Programs at the Case Memorial Library, 176 Tyler City Road, Orange, 203-891-2170, are free (except as noted for materials charges) and open to the public. Pre-registration is requested in person or by phone. Reach us on our website: [www.casememoriallibrary.org](http://www.casememoriallibrary.org). Sign up to receive notification of library happenings via the e-newsletter form available in the library or online. The library's summer hours are as follows: Monday and Thursday, 10-8; Tuesday, Wednesday, and Friday, 10-5 and Saturday, 10-4.*

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## CLUBS AND ORGANIZATIONS



Peter Leonarz, Ann Carollo and Ron Wachter (l-r) are pictured with their recognition plaques or pins at the recent Orange Lions Recognition Dinner at Chip's Restaurant in Orange.

### Orange Lions Club Awards Three Members

The Orange Lions Club recently bestowed year-end recognition upon three of its members for their sustained efforts in serving their community and supporting the Lions efforts to preserve eyesight and support the blind and sight-impaired.

Peter Leonarz of Orange was the recipient of the Knight of the Blind recognition. This recognition is given to recognize service to eye research and blindness prevention programs by the Connecticut Lions Eye Research Foundation. Mr. Leonarz has been a member of the Orange Lions Club for more than twenty years. He has served as President for two separate one-year terms, and has served as co-leader of the annual Lions SightSaver Days for many years. He also participates in virtually every Lions event the Lions conduct throughout the year.

Ann Carollo of Milford received the Melvin Jones Fellowship, the highest form of recognition a Lions Club can bestow on one of its members. Ms. Carollo has served for six years as Secretary of the Orange Lions, a demanding volunteer position. She also has served as the facilitator of the Leos Club youth group at the Foundation High School in Milford, a youth group founded in 2000 and co-sponsored by the Orange and Milford Lions Clubs. It is the only Leos Club in North America, out of more than 2,000 clubs, specifically geared for special needs youth. In addition, Ann has served as the Kitchen Captain for the annual Lions Community Thanksgiving Dinner for the past eight years. Ms. Carollo is a two-time recipient of the Melvin Jones Fellowship, having received the recognition also from the Leos Club at the Foundation High School.

Ronald Wachter received the Ambassador of Sight recognition in honor of his efforts to serve Lions with compromised sight. The Ambassador of Sight recognition is in honor of the late Lions District Governor Gene Poulos and is awarded by Lions District 23A of which the Orange Club is a member. Mr. Wachter served as the President of the Orange Lions in 2007-2008 and has consistently participated in Orange Lions Club community support activities over the course of his membership in the club, particularly helping with the "A Taste of Amity" event, the Lions largest fund-raiser of the year.

### Local Democrats Hold Picnic

Residents are invited to attend the Orange Democratic Town Committee's annual picnic on Wednesday, July 28th at the Pavilion at High Plains Community Center beginning at 5:30 p.m.

The family event will feature an exciting new menu, live entertainment, door prizes, children's activities and an opportunity to meet the Democratic State candidates.

Invited guests include: Dan Malloy, Nancy Wyman, Ned Lamont, Susan Glassman, Richard Blumenthal, Congresswoman Rosa DeLauro, State Senator Gayle Slossberg, State Representative Paul Davis and Beverly Streit-Kefalis, Judge of Probate.

"We wanted to make this a more inclusive event, so we have planned activities for kids and to give voters the chance to meet their local representatives as well as those who are running for statewide office before the primary on August 10th. We'll have great food, fun and guests, so it should be a fun and interesting evening" said Barbara Lehrer, Co-chair of the event.

Admission is \$20/per person, \$10 for kids 12 and under. For more information contact Barbara Lehrer at 203-640-6407 (Barbara.lehrer@coldwellbankermoves.com) or Bob Shanley at 203-772-0555.

### American Legion to Host 2nd Annual Golf Tournament

The Orange American Legion Post 127 will hold its 2nd Annual Golf Tournament on Monday, July 26th at Orange Hills Country Club. Registration for the scramble format will begin at 7:00 a.m. with a shotgun start at 8:30 a.m. Cost of \$110 includes greens fee, cart, breakfast, lunch and prizes. Singles are welcome and will be paired with a foursome. To register or be a sponsor, call Trevor at 203-795-3267 or Peter at 203-799-7357. Proceeds from this event will help both the American Legion and their baseball teams.



### Orange Rotary Holds Annual LOBSTERFEST

The Orange Rotary Club invites you and your family and friends to celebrate the season in style at its 14th annual LOBSTERFEST. The party begins at 3:30 on August 14 and goes until dusk – come rain or shine. At the High Plains Community Center, the lobster will be succulent and the steaks will be sizzling. In addition to the main course - twin lobster or steak - you'll find all the "fixins" and some good old fashioned "chowda", as well as beer, wine and soft drinks. Hotdogs and hamburgers will be available for the kids. They can play in the Moon Bounce while you dance to the sounds of the DJ.



Tickets are \$40/adults, \$7/kids and are available through any Rotarian or by calling 795-1009. You can also stop by Michael's Jewelers or Orange Fence & Supply Company.

LOBSTERFEST 2010 is a major Rotarian fundraiser. Proceeds support programs in town as well as some international efforts. Most recently, the club awarded three scholarships to college-bound Orange students. The scholarship program is now in its tenth year. And for the first time, Rotary lent its support to the "Odyssey of the Mind" at Racebrook School. Given its focus on supporting education and our young people, Rotary continues with the annual "dictionary" project, that is, providing personalized dictionaries to all third graders, as well as offering Amber Alert at the Orange Country Fair. Beyond our young people, Rotary uses its funds to support specialized collections at the Library as well as activities at the Orange Senior Center including the medical equipment rental program.

Again this summer, you can have a great time while helping Rotary do great things.

Visit our new website at [www.orangetownnews.com](http://www.orangetownnews.com)

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# TOWN DEPARTMENTS AND AGENCIES

**From the Desk of the Municipal Agent** *By Dennis Marsh*



## Domestic Violence

I recently met a woman who lives alone. Her son and his wife moved to Florida. As they prepared to move to Florida their nineteen year-old son did not wish to move. Instead he asked his grandmother if he could stay with her. In return he promised to mow the lawn, take the trash out, and help around the house. He promised to get a job and attend college classes at night. His father was happy to have someone living with his mother looking out for her. They knew she was capable of living alone; they just didn't want to leave her all alone.

The grandson did not follow through with the duties he promised to do. He stayed out late and slept until 1:00 in the afternoon. He neglected the lawn and rarely took out the trash. He never kept a job more than a few weeks and couldn't afford college. Then one day the woman noticed money was missing from her wallet. This happened a couple of times a week. She began to question herself, "Did I spend that much this week?" "Am I losing my mind?" Being a self reliant, independent person she started to track what she spent and created a budget for herself. She realized someone was taking money from her purse and suspected her grandson. At first she dropped hints and asked subtle questions to see what her grandson would say. She loved her grandson and didn't want to ruin their relationship. She blamed herself and felt as if she failed in her parenting duties. But she knew she could not afford to support herself as well as her grandson on her limited income. So, eventually it became too much and she confronted him. To her

surprise, he asked her with shock embarrassment, "Are you saying I'm stealing from you?" She began to doubt herself again.

A few more weeks went by until she was once again convinced that he was taking her money. She again confronted him. She said to her grandson, "This arrangement is not working for me. I would like for you to look into somewhere else to stay." This time her grandson said, "You better not be throwing me out. I'm going to call Dad. He wanted me to watch over you. He thinks you are beginning to lose it and he is going to put you away." Naturally she was frightened and confused. How could this have happened? What was she going to do? Who is going to believe me, this is my grandson; family members don't steal from one another. She felt guilty and betrayed.

At the senior center she came across a brochure for Domestic Violence Services. She learned that in addition to physical abuse, people can also be victims of financial and emotional abuse. So the woman called the 24-hour hotline. Do you know what the counselor said? She didn't say "throw the bum out" or "You're crazy". She believed her and asked her what did she want to do? She quickly said that she didn't want to call the police, but she didn't want him to live with her either. The Domestic Violence Services staff supported her and encouraged her to call her son and explain to him what was going on. They helped her to remain safe and to resolve the family conflict. They told her about support groups and even offered her one-on-one counseling. With their support, she called her son. He came right up from Florida and removed her grandson from her home.

October 20 from 1:00 pm to 3:00pm the Orange Triad will be holding a panel discussion on domestic and financial abuse. To reserve a seat for the panel discussion or if you would like to learn more, you can call Dennis Marsh at Orange Community Services 891-4788.

**OVNA Healthline**



The next Orange VNA Blood Pressure Clinics will be held on Thursday, August 5th from 1pm-2pm in its office at 605A Orange Center Road, the former Library. No appointment is necessary.

If you are having problems with your blood pressure or your Doctor would like more frequent monitoring; this is a chance each month to get your blood pressure checked. Also, this an excellent opportunity to get more information and teaching from the VNA nurses on various health issues. The Orange VNA is licensed by the State of Connecticut, certified by Medicare and Accredited by the Community Health Accreditation Program (CHAP).

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## ORANGE HOUSE OF WORSHIP EVENTS

### Upcoming Events at Congregation Or Shalom

All events are open to non-members.

**Opening Doors:** Congregation Or Shalom is once again offering its "Opening Doors" program for children in grades Kindergarten through 2 in the Fall. Young families may enroll their children in the Sunday School program without the requirement of membership in the synagogue.



Rabbi Alvin Wainhaus, synagogue spiritual leader, noted that bringing young families within the orbit of the community will stimulate them to open the "doors" to various groups and committees within the synagogue. "Ultimately, we hope they will become part of the Or Shalom Family," Rabbi Wainhaus said.

**Zumba:** Tuesdays at 7:00 pm: Join Zumba with coach Robin Allen each week for a one hour class. Call Robin for more information at 203-314-8176.

**Membership:** Special new member rates are available. Call the office for more information at 203-799-2341.

**Naming Babies:** Does your Jewish child need a Hebrew name? If so, we will provide him/her with one. There is no charge and this is open to Congregation Or Shalom members and non-members. Call the Or Shalom office at 799-2341.

**Services:**

- Sunday mornings: 9:00 am
- Monday mornings: 7:30 am
- Thursday mornings: 7:30 am
- Friday evenings: 7:00 pm (the first Friday of each month is our Family Service where Rabbi Wainhaus reads the children a story in lieu of a sermon. Following the Service, there will be a dairy Oneg Shabbat-refreshments.)
- Saturday mornings: 9:30 am

### Holy Infant Religious Education Update

Our department is currently holding its registration for the 2010/2011 school year. If you are a parishioner at Holy Infant and have a child entering the first grade this September, please contact our office so we can send you a registration packet. Also, our department is holding its annual Back to School Shower. If you would like to make a donation to our program please contact our department. For further info, please contact Mrs. Connie Gustafson, DRE at [infant@sbcglobal.net](mailto:infant@sbcglobal.net) or call 203-799-2417.



### Temple Emanuel Holds "Book Talk"

The Temple Emanuel Sisterhood Book Group invites all women in the Greater New Haven area to attend our next book talk on Thursday, July 22nd. Betsy Stone will lead the discussion on the book "Not Me" by Michael Lavigne. Refreshments will be served at 6:30 pm, the discussion will start at 7:00pm. A \$5 donation is requested. For directions and further information, please contact Susan, book discussion chairperson at [blinskys1@aol.com](mailto:blinskys1@aol.com). Hope you will join us!



"Not Me" is a remarkable debut novel that tells the dramatic and surprising stories of two men—father and son—through sixty years of uncertain memory, distorted history, and assumed identity. When Heshel Rosenheim, apparently suffering from Alzheimer's disease, hands his son, Michael, a box of moldy old journals, an amazing adventure begins—one that takes the reader from the concentration camps of Poland to an improbable love story during the battle for Palestine, from a cancer ward in New Jersey to a hopeless marriage in San Francisco. The journals, which seem to tell the story of Heshel's life, are so harrowing, so riveting, so passionate, and so perplexing that Michael becomes obsessed with discovering the truth about his father.

As Michael struggles to come to grips with his father's elusive past, a world of complex and disturbing possibilities opens up to him—a world in which an accomplice to genocide may have turned into a virtuous Jew and a young man cannot recall murdering the person he loves most; a world in which truth is fiction and fiction is truth and one man's terrible—or triumphant—transformation calls history itself into question. Michael must then solve the biggest riddle of all: Who am I?

Intense, vivid, funny, and entirely original, "Not Me" is an unsparing and unforgettable examination of faith, history, identity, and love.

### Scrabble Challenge 2010

On Tuesday, July 27 starting at 6:15 pm, the Temple Emanuel Sisterhood will host the first annual Scrabble Challenge. Teams of up to 5 adult players can play for \$100/team or up to 6 players for \$120/team. Individual players can pay \$25 and will be added to a team.

The fee includes a light supper and dessert for each player. Prizes will be awarded to all team members for first, second and third places. Team trophy awarded for first place. Tea Cup Auction also to be held!

Registration Deadline is Friday, July 16th. For questions or information, email [sisterhoodjan@yahoo.com](mailto:sisterhoodjan@yahoo.com).

Temple Emanuel of Greater New Haven is located at 150 Derby Ave. (corner of Route 34 and Dogwood Road) in Orange CT.

### Our Lady Of Sorrows Church

Located at 378 Spring Street, Orange - Our Lady of Sorrows offers Traditional Catholic Services weekly Sunday-Saturday 9:00 am & 7:00 pm; Thursdays 9:00 am only. Call 203-795-5076.



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# Wine Talk

With Ray Spaziani

## Head Over to Mark Barry's for Great Wine Specials



Located at 464 Boston Post Road in Orange is an exciting new restaurant called Mark Barry's. Mark Barry is an executive chef who had a golf buddy that was a retired businessman by the name of Henry Totz. When Henry realized what a great chef Mark is and, as their friendship grew, he urged him to find a location for a restaurant. Thus, Mark Barry's has a slight golf motif in that it has a pub room, a main restaurant area, and small private room similar to many restaurants directly associated with golf clubs. Mark Barry's has a tavern menu, a dinner menu for the restaurant, a banquet room menu and a catering menu as well!

The tavern menu has Angus burgers, club sandwiches, teriyaki sliders and lots of other wonderful sounding and reasonable priced fair. (The Prime Rib French Dip and Swiss on ciabatta bread for \$10.00 is one I can't wait to try!!) The dinner menu has unique specials and great prices. I was impressed with the \$6.00 per glass house wine which is a Concha Y Toro Frontera. I sampled two of the whites that are Chilean. The chard was a nice clean single fermentation chard that was crisp and without oak. I liked this very much and at six bucks it was a great buy. The Concha Y Toro Frontera Chilean Pinot Grigio was different but pleasant. Other nice whites they carry are Chateau Ste. Michele Riesling at \$9 per glass and \$27 per bottle and a Marlborough region Sauvignon Blanc called Oyster Bay for \$27 that is a great choice. Among the Reds, Estancia Merlot is one of my favorites and it is also priced at \$27.

There is a Markham Cabernet and some good Malbec and Shiraz choices that should be a lot of fun to make. There is also an Enrico Prosecco for \$9 per glass. This is a wonderful Italian sparkling wine. My overall impression of Mark Barry's is very positive and the wine list is extensive!

Our summer wine special this month is Chateau Saint Michele Chardonnay at around \$11 is a great buy and a great crisp Washington State white wine!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

## From the Youth Services Coordinator

John Ulatowski



Pictured are some Art Colony artists displaying their recognition certificates at year-end event with for the artists and families.

## 3rd Annual Art Colony Students Displayed Their Work on HPCC Walls

The Youth Services Third Annual Art Colony was an opportunity for Orange youth, grades K-12, to offer a work of art from various media: drawings, paintings, prints, and photography. The art work had been displayed on the walls of High Plains Community Center over three months and had been viewed by hundreds of visitors to the Center. Collection of art work was assisted through school resources. The work of all youth was accepted for display. Twenty works were submitted this year. An artist/parent-sibling, event was held in May to celebrate the artists. Subway and Reno's Pizza donated the food for the event. The premise of the Art Colony is to encourage all students to appreciate their respective artistic gifts and to have the chance to be exhibited and enjoyed by the community. Special thanks to AMS Art teacher Rebecca Casey for her assistance.

Please Note: Parents of 2010 Incoming 7th graders need to complete a Youth Services Activity Guidelines permission slip if the student plans to attend the coming Youth Services dances. The information is used for dance rosters. Parents can email John at julatowski@orange-ct.gov for copy of slip. Subject the email: dance slip.

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Our members are all moms like you who are looking to meet other moms while enjoying many of the area attractions.

For more information about the MOMS Club of Orange or to find out how to become a member, please contact: Susan - Membership Vice President at 795-9800 or email momsfororange@hotmail.com

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# State & Federal Candidates Visit Orange



## Malloy Thanks Local Democrats for Support

Endorsed democratic gubernatorial candidate Dan Malloy took time to thank his Orange team of supporters at the opening of his campaign headquarters in New Haven last week.

## Republican Senate Candidate Linda McMahon Tours Orange Businesses

Republican Senatorial Candidate Linda McMahon with David Katz, owner of Brueggers Bagels in Orange.



## Rosa DeLauro Holds Orange Office Hours

U.S. Congresswoman Rosa DeLauro (D-3) held her "Neighborhood Office Hours" at Racebrook Market in Orange where she fielded questions from local constituents.

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# 2010 ELECTION NEWS

**Democratic & Republican Primaries  
Vote on August 10, 2010**  
District #1 Mary L. Tracy School  
District #2 High Plains Comm. Center

## Republican And Democratic Primary Enrollment Session

Registrars of Voters, Carmela N. Apuzzo and Mary P. DeVito, announce that a mandatory "Primary Enrollment Session" will take place on Tuesday, July 27th from 12 noon until 2:00pm (14 days before Primary Day) at the Orange Town Hall, 617 Orange Center Road, Registrar's Office for the purpose of registration and/or enrollment of electors entitled to vote in the August 10th Republican/Democratic Primary. At this time, the Registrar will also hear requests for adding names to the Registry by persons removed. Electors may determine their party status by calling the Registrar of Voters at 203-891-4715/4716.

Electors wishing to vote in the August 10th Primary must affiliate with a Party. Persons wishing to vote may register either by mail or in person. Mail-in registrations must be postmarked by August 5, 2010. In-Person applications must be received in the Office of the Registrar of Voters by 12 noon on Monday, August 9th.

Requests for Absentee Ballots are being accepted by the Town Clerk at the Orange Town Hall.

The polls will be open from 6:00am until 8:00pm on August 10th. District One votes at Mary L. Tracy School on School House Lane while District Two votes at High Plains Community Center, 525 Orange Center Road.

### Democratic Primary - August 10, 2010

1 Governor	2 Lieutenant Governor	3 Secretary of the State	4 Comptroller
<input type="radio"/> 1A Dan Malloy*	<input type="radio"/> 2A Nancy Wyman*	<input type="radio"/> 3A Denise Merrill*	<input type="radio"/> 4A Kevin Lembo*
<input type="radio"/> 1B Ned Lamont	<input type="radio"/> 2B Mary Messina Glassman	<input type="radio"/> 3B Gerry Garcia	<input type="radio"/> 4B Michael J. Jarjura

### Republican Primary - August 10, 2010

1 Governor	2 Lieutenant Governor	3 United States Senator	4 Attorney General
<input type="radio"/> 1A Tom Foley*	<input type="radio"/> 2A Mark D. Boughton*	<input type="radio"/> 3A Linda E. McMahon*	<input type="radio"/> 4A Martha Dean*
<input type="radio"/> 1B Michael Fedele	<input type="radio"/> 2B Lisa Wilson-Foley	<input type="radio"/> 3B Peter David Schiff	<input type="radio"/> 4B Ross Garber
<input type="radio"/> 1C Oz Griebel	<input type="radio"/> 2C	<input type="radio"/> 3C Rob Simmons	<input type="radio"/> 4C

## Merrill Seeks Democratic Support for Secretary of the State

Twenty years ago, Denise Merrill could not have imagined that she would be running as the endorsed Democratic candidate for Secretary of the State of Connecticut. At that time, Denise was a mom who was concerned about her kids' education, a PTA President, and an active member of the League of Women Voters in her community. But running for statewide office was not on her career radar screen. "Back then I was doing politics with a small 'p'", she says. As both a lawyer and a former high school teacher, she was also juggling kids soccer games with job time, as many families do.



Denise Merrill

Today, she is recognized for her service as the State Representative from Mansfield and Chaplin, the 54th Assembly district, and is currently the Majority Leader of the CT House of Representatives. "My real interest is still education and particularly civic education of our electorate. In this cynical age, we need to engage the next generation of citizens to help solve problems that threaten our democracy", she says.

What made her decide to run for a statewide office after working on education, healthcare, the environment, and many other issues in the legislature? "I have always wanted to be Secretary of the State," she says. "As the state's chief election officer I could continue my work on civic engagement and bringing a new tone of civility back to public discourse. We are finding it more and more difficult to engage the

public in meaningful dialogue when we continue to wage politics as warfare."

She should know. In 2008 she was chosen by her legislative colleagues as the "legislator most respected by the other side of the aisle" in Connecticut Magazine's annual poll. She was also named "most effective" lawmaker. These are some of her most treasured awards among the many she has received over the years.

Most recently, she turned her attention to the issue of job creation in the wake of the most terrible fiscal downturn since the depression. During the last session her "Majority Leaders' Jobs Roundtable Bill" passed both House and Senate, with bipartisan support. "Working together we passed meaningful incentives for small businesses and job training for individuals who need skills to put people back to work and we did it together," she stresses. Much more will be needed if we are to make progress in the state. Denise plans to streamline the business registration function of the Secretary of the State's office, and reach out to small and medium sized businesses throughout the state as a "one-stop" shopping place to connect businesses with government services.

She also plans to introduce ideas to make it easier for voters to vote. "This recognizes the mobility in our society now. People don't always work and live in the same town which makes it harder for people to vote. Voting should be easy," she says. That might include "No excuse needed" absentee ballots and on-line voter registration, as two examples. "New online technologies are needed to modernize the office to both encourage voting and to encourage businesses to start and grow in Connecticut," she says. It must be done efficiently and effectively with transparency and accountability for everything we do. "As the one who instituted "results-based accountability" into the state's budgeting process a few years ago, I know what needs to change and how to get it done."

Denise has been a state board member of the League of Women Voters, the UConn Alumni Association, and the Women's Campaign School at Yale University. She was also a member of the Board of the National Conference of State Legislators and chaired the national Blue Ribbon Commission on Higher Education. She has three (now) adult children and one 2-year-old granddaughter, Lila. "Getting involved to help my children's education was the best thing I ever did," she now says. "After almost twenty years, I can truly say that I made a difference both for them and for other families. That's a great feeling."



THE OUTSIDE LIVING BOX

A family tragedy made Joan Rooney Riccitelli finally start writing the story that had been brewing inside her for more than a decade. Riccitelli, 71, has just published her first book, "Dear Whistleblower," a mystery loosely based on the events that took place at her job over a decade ago.



Riccitelli has been a school psychologist at the Stratfield School in Fairfield for over 30 years. She was working at the prestigious school in the mid-1990s when it became the focus of a national scandal involving tampering on standardized tests to produce the highest student scores in the area.

According to Riccitelli, for years Stratfield's scores on the Iowa Test of Basic Skills (ITBS) and the Connecticut Mastery Tests (CMT) had far exceeded the scores of the other schools in the district. The school district decided to investigate the phenomenon, uncovering an erasure rate over three times that of the other two schools. When students at all three Fairfield schools were retested under strict supervision, Stratfield's scores and numbers of changed answers were on par with the other schools, leading investigators to conclude there was evidence of tampering. When the story broke it soon reached national proportions and the school grounds were overrun with media. Though no one at the school was ever convicted of a crime, the debacle, dubbed "EraserGate", made headlines for months.

As the school psychologist, Riccitelli was particularly impacted by the events as students, teachers and administrators sought help dealing with the many emotions and issues the drama created. "There was a lot of turmoil within the school and even the outside community," Riccitelli recalled. "There were people who believed tampering had taken place and another faction that did not, so the school was very divided." The experience stayed with Riccitelli for years and the idea for a novel took root.

Though the story had long been planned out in her mind, Riccitelli never found time to write it until her son Carl was diagnosed with a rare form of leukemia two years ago. Several months after his diagnosis, his new bride was diagnosed with breast cancer. Reeling from the news, the young couple moved back to Rosebud Lane with Riccitelli and her husband so she could care for them both while they underwent treatment. "It was devastating news, I just could not accept it," said Riccitelli. To help her



Joan Rooney Riccitelli

cope, she finally sat down at the computer and started to write. "It helped take my mind off my problems" she said. Riccitelli decided to make her first novel a mystery because she finds them more interesting. "Everyone likes a good mystery," she said. She had never really considered writing a book before, even though she was an English teacher for many years and had won a play writing contest in high school.

Like the Stratfield School, the fictional "Island Brooke" school in "Dear Whistleblower," is a magical place where happy children test highest in the state and bewitched parents buy expensive homes so their children can attend the school. As in the Stratfield School scandal, the principal in "Dear Whistleblower" is beloved by the community and everyone is shocked when he is implicated in the scandal. The book's main character is a young teacher named Patty who discovers the principal erasing test scores and reports it to the school's superintendent. What follows is a suspenseful page-turner of twists, turns, red herrings and murder.

"When I was feeling low I'd sit down to write and I'd be in another world - the world of Patty. It helped get me through the worst times." Her son and daughter-in-law are currently in remission.

Riccitelli is thoroughly enjoying her new role as an author. She was exhilarated when she received the first copies of her book. "It was so very exciting. It was like holding my baby. I finally had a finished product. Before the story was just a lot of ideas; now, finally, I have a book!" she said.

Riccitelli's husband Bob, a retired teacher and New Haven Public School principal, may be her biggest fan. "I loved the book!" he said. "And when I discovered she dedicated it to me, it was my happiest moment!"

Riccitelli has no immediate plans to retire, but if she does, she already has two new mysteries in the works that she expects will consume her time. "Dear Whistleblower" can be purchased from Amazon.com and BarnesandNoble.com.

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# "Dining with Susan"

By Susan Noonan



## Equinox Diner

Equinox Diner of Orange opened in April 2008 and I first profiled it in January 2009. The following is an excerpt from what I originally wrote: "I was very happy to hear that Orange was finally getting an 'Upscale Diner'. After visiting over 50 area restaurants I always felt this was something the town really needed. Many times after attending evening meetings I just wanted a place that served late where I could order a full course meal or something simple like an omelet, grilled cheese, bowl of soup, cocktail or a homemade dessert. Or in the morning, especially weekends, visit a nice restaurant to have a leisurely breakfast and not have to wait in line to get a table. Equinox owner Jim Doukas must have read my mind."



I first met this charming gentleman when the diner was being totally renovated and just about completely rebuilt. I stopped in one afternoon and even though Jim was obviously very busy, he graciously took the time to show me around without any hesitation. Needless to say, I was very impressed. The restaurant décor has a retro look with bright blues, yellows, and greens splashed on booths, chairs and walls. Jim comes from a diner background, but has a keen eye for trends and a wealth of experience in running his own upscale award winning restaurants in New York. He fell in love with Orange when he first looked at various locations in the area. The presence of so many restaurants nearby didn't trouble him a bit as he likes competition so he can show his customers "Equinox can do it better than the next guy."

Now let's fast forward to the summer of 2010. I recently met with Jim at Equinox and he was very anxious to let everyone know that he has "RE-INVENTED" this location. He wholeheartedly admits that he made some mistakes. Jim was extremely overwhelmed at the grand opening of Equinox back in April 2008 stating "we were overwhelmed by the amount of business and were unprepared. We made mistakes and disappointed some customers. However, we made the necessary changes and won't disappoint again. We would love the opportunity for a second chance to make them happy." Equinox has a new kitchen staff including the head chef, wait staff and a very energetic management team. The goal of the entire staff is to "take care of the customers with great food & service".

Equinox has also made some changes to their extensive menu. They are currently offering a great "Summer Lobster Fest" featuring a 1 1/2 lb Maine lobster served with fresh corn on the cob & coleslaw for only \$14.95. Definitely the best deal in the area. All of Equinox's seafood is delivered fresh daily from Stonington, CT including lobster, scallops, sole & salmon. In addition, there is an "Early Dinner Special" offering 3 courses (appetizer, entrée, & homemade dessert) for only \$12.95. Breakfast is available all day including omelets, pancakes, French toast, Belgian Waffles and fresh bakery items. The menu also features a wide range of appetizers, soups, burgers, specialty sandwiches, wraps, steaks, chops, seafood and many desserts from the in-house bakery. A special children's menu is offered. The prices are reasonable, the service friendly & efficient along with an immaculate dining room & kitchen. Great customer service is definitely the top priority at Equinox Diner.

I am happy to report that Jim is in the process of creating a private room at Equinox that can accommodate up to 75 for special events & meetings. Equinox Diner has been very generous to the local community and always willing to host fundraisers along with other charitable events. Other services include:

- Full bar offering wine by the glass, beer, specialty frozen drinks, espresso, & cappuccino.
- Take-out available on most menu items including cakes, pies & cookies from the bakery.
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Also visit its other location:  
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Final notes: As I said above "EQUINOX DINER HAS BEEN REINVENTED". Jim and his well-trained staff have made significant changes with the food and service. The motto of Equinox is "More Than Just a Diner" offering the best in comfort food along with gourmet cuisine. Make a visit soon and remember to support our local independently-owned establishments.

If you have a favorite restaurant, e-mail susan@orangetownnews.com.

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Natasha Henstridge

**Q:** I have been a fan of **Natasha Henstridge** since "Species" (who could forget that role?), and really liked her on the now-canceled "Eli Stone." What does she have coming up? -- Greg D., via e-mail

**A:** Natasha has been pretty busy since playing Taylor Wethersby on "Eli Stone." The beautiful blonde, who turns 36 on Aug. 15, recently starred in "You Lucky Dog" opposite **Harry Hamlin** (who I've redeveloped my crush on since watching "Clash of the Titans" again). She also starred in the film "The Perfect Student" and starred in the TV miniseries "Impact" with **David James Elliott** ("Scoundrels").

You can catch her on Sunday, Aug. 8, in the Lifetime Original Movie "The Devil's Teardrop," a mystery/thriller based on the best-selling book by Jeffrey Deaver. She plays a special agent assigned to catch a serial killer who's on the rampage in Washington, D.C. Natasha co-stars with **Tom Everett Scott** ("That Thing You Do") and **Rena Sofer** ("Just Shoot Me!").

**Q:** Does **Jeanne Cooper**, who plays Katherine Chancellor on "The Young and the Restless," have a son or two in show business? If so, who are they? -- Janet C., Battle Creek, Mich.

**A:** The Grand Dame of daytime television does indeed have children who are actors: daughter Caren, son Collin and, most famous, son **Corbin Bernsen** (of "L.A. Law," "Major League" and "Psych" fame). Jeanne's husband (now deceased) was TV producer **Harry Bernsen Jr.** They divorced after 23 years of marriage, but reportedly remained best friends until his death in 2008. Corbin,

55, plays the recurring part of Father Todd Williams on his mom's show, and he directed Jeanne, 81, in the films "Carpool Guy" and "Donna on Demand," as well as many other projects.

**Q:** I watched "Stargate: Atlantis" from the beginning, and really like one character who wasn't in the show for the entire run of the series. Can you give me more information on **Rainbow Francks**? Also, is he related to Canadian actor **Don Francks**? -- June J., Holberg, B.C., Canada

**A:** Rainbow Sun Francks, 30, is indeed the son of Don Francks, as well as the brother of actress **Cree Summer** (who is best known for her role in "A Different World"). You can catch him this summer in the CBS police drama "The Bridge," which airs Saturdays. He guest-stars in the ninth episode of this first season. The show, which originated in Canada, already aired his episode (titled "Never Let Me Down Again") in April, but you might be able to catch it online or in reruns.

**Q:** Can you tell me if Jill from "Wipeout" is the same girl on the Mercury car commercials? -- Burton L. in N.Y.

**A:** "Wipeout" co-host **Jill Wagner** is indeed known as the "Mercury Chick" for her commercial and print ads for Lincoln-Mercury (since 2005). The 31-year-old North Carolina native also has appeared on "Blade: The Series," "Stargate: Atlantis" and "Bones."



Pictured, back row, left to right: Charlotte Nicefaro, Kalliopi Maniatis, Payton Bakis, Jayne Whitman, Kayley Mingione; middle row, left to right: Jenna Ricciardi, Lucia Belbusti, Anna Varholak, Alaina Schneider, Piper Zschack, Lili-ana Restrepo, Chloe Hawkins; front row, left to right: Faith Bernier, Angelina Parente, Rose Wegman, Catherine Welch, Emma DelVecchio; Missing from photo: Erika Fontana and Melissa Musante.

## Daisy Girl Scout Troop 183 Celebrates Year End

Daisy Girl Scout Troop 183 from Mary L. Tracy School celebrated the end of its first year of Girl Scouts during a ceremony at the school on June 7. Parents, grandparents, teachers, and their Principal Ralph Nuzzo attended as the girls recited the Girl Scout Law and Promise and sang many songs, including the Daisy Song. They also delighted the audience with their rendition of Twinkle Twinkle Little Star, both sung and in sign language. They each walked over a ceremonial bridge, signifying that they will continue next year as Girl Scouts.

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## Race Brook Gets a "Cool" Donation

Cumberland Farms may be new to town, but they have already proven to be a great neighbor in the community with a generous contribution to Race Brook School PTA. During the month of May, 20% of all Chill Zone and coffee proceeds from the Orange Cumberland Farms store were donated to Race Brook. After 8,852 cups of chill zone products and coffee, the store was able to give Race Brook \$1770.

The Race Brook PTA sponsors cultural arts assemblies, author visits, Junior Achievement Day, field trips, social studies theme days, Earth Week activities and Odyssey of the Mind programs. The PTA also provides the school with supplies, playground equipment and books. The Cumberland Farms contribution will be used to fund a portion of these programs for the 2010-2011 school year.

Race Brook's students and PTA would like to thank Cumberland Farms for its generous support.

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## Jill Jackson's HOLLYWOOD

**HOLLYWOOD...** It wouldn't surprise me one little bit if one of these days **Oprah** runs for president of the United States. Each day her name gets bigger and bigger, both in show business and just plain business. So now all we do is sit back, enjoy her shows and wait to see what happens next. Interesting that we don't see more of, and hear more about, **Stedman Graham**. I'm certain he is watching from the sidelines, although I'm not sure of where.

And how's this for a name? **Chiara Mastroianni**. She is the daughter of actors **Catherine Deneuve** and **Marcello Mastroianni**, and quite a fine young actress. In August she receives the Excellence award for outstanding international actors at the Locarno Film Festival in Switzerland. Some of her films are "Pret-a-Porter," "My Favorite Season" and "A Christmas Tale."

You may be seeing ex-hobbit **Elijah Wood** in a TV series if the pilot he made sells. It is titled "Wilfred" and is about a guy, the girl next door and a mixed-breed dog. Meanwhile, young Mr. Wood has been busy. He is in "The Romantics" with **Katie Holmes** and **Anna Paquin**, and is doing voiceovers for several projects. As for his private life, I don't have any "skinny" on that.

**Meryl Streep** is looking at "The Iron Lady," a biopic about longtime **British Prime Minister Margaret Thatcher**. Oscar-winner **Jim Broadbent** is considering taking on the role of her husband. The film is set in 1982 and tracks Thatcher as she tries to save her career during the 17 days preceding the Falklands War. As we have said before, Streep is considered the best femme actress in the business, so this saga of Thatcher is sure to be a winner.

**David Duchovny** makes his New York stage debut in a play titled "The Break of Noon." He is looking for-



Chiara Mastroianni

ward to life on Broadway, and Broadway is looking forward to having him there. So, if you're in The Big Apple in the fall, have a look-in.

To digress a bit from daily happenings, it gets me how the British name their chosen ones who are not born to royalty, such as kings and queens. For instance, there is **Dame Helen Mirren** and Lady So-and-So, while those born royally are Queen and Princess. Actually this has nil to do with Hollywood news. However, there once was a TV show titled "Queen For a Day," and the chosen lady lived like royalty (for a day).

\*\*\*

**BITS 'N' PIECES:** Didya know **Fred Astaire** broke more than a dozen canes while filming "Top Hat" in 1935. ... A reader wrote that she would like to see **Susan Sarandon** play **Bette Davis** in a film bio. The question is, "Would Susan like to portray Bette in a film?" ... And believe it: **Mickey Rourke** said he would prefer the word "Animal" on his passport rather than the word "Actor." So much for loving your profession.

## SPECIAL FEATURE COLUMN Exclusive to the Orange Town News

### I Killed Michael Jackson

By Robert Kravitz

It's been a year since Michael Jackson died from a lethal dose of Propofol, a powerful anesthetic. California State prosecutors are preparing their case against Dr. Conrad Murray, Michael's personal physician, on charges of involuntary manslaughter. Dr. Murray has already admitted to hooking up the IV and delivery the lethal dose that ultimately killed Michael Jackson. The trial will serve no useful purpose except feed the public's insatiable appetite for sensationalism. Dr. Murray is not guilty, I am.

The trial will cost California taxpayers over twenty million dollars. I question how one of the states hardest hit by the recession can rationalize this expense? Will someone please contact Governor Arnold Schwarzenegger and advise him not to spend the money on this trial. I've been a "person of interest" for over forty years and I admit to killing The King of Pop. "Yes your honor, I plead guilty as charged."

As the prosecution prepares their arguments against Dr. Murray for gross negligence, the media circus shows no sign of letting up. Tune in CNN tonight at 9pm as Jermaine Jackson reveals his conspiracy theory on the Larry King Show. Next week Joe Jackson, Michael's father, will be on Oprah and he'll blame everyone but himself.

The trial will go on ad nausea while every aspect of Michael Jackson's quirky behavior will be investigated, dissected, and analyzed. Do we really need to know a second by second detailing of the last forty-eight hours of his life when we already witnessed the unraveling of Michael Jackson over the past twenty years? I don't think anyone was expecting a happy ending to his life.

We witnessed all the celebrity excesses that fame and fortune brought him. The drastic plastic surgeries, the strange details of the pedophile trial, the weirdness of his Neverland estate, and let's not forget the amusingly brief marriage to the daughter of Elvis Presley. What was up with that?

As out of control as his life got, the world still loved Michael Jackson. I know I did and I'm surprised that no one else amongst the millions of fans has been willing to step forward with me and admit being guilty of killing Michael Jackson.

I wasn't the only one waiting outside the Tickatron Outlet at Cutler's Record and Tapes the night before tickets went on sale for The Jackson Five Concert at the Yale Bowl. At midnight the line stretched for more than ten city blocks. Boom boxes played Jackson Five hits all night long as people danced and sang and I don't remember seeing anyone sleeping. That night was as much fun as the actual concert. At that very moment we were contributing to Michael's ultimate demise, the beginning of the end, all of us every bit as guilty as Dr. Murray.

I stapled my ticket stub to the concert program along with a copy of The New Haven Register story about the concert. It was reported that over seventy-two thousand people were there that September evening forty years ago. Michael Jackson showed us how to "dance and shout, and shake our bodies to the ground." He was only twelve years old but he held the entire Yale Bowl in the palm of his hand. It was wildly exciting that night.

I'll stand alone before the judge and proclaim my guilt if I have to. I bought the tickets, the t-shirts, the albums, and all the other stuff. But, I'm thinking about turning in my girlfriend at the time. She possessed the weapon that got us there that night, a driver's license, and she should be indicted as a co-conspirator.

If the State of California feels compelled to pin the blame on someone for killing Michael Jackson then we're all guilty for the way we treat our pop culture icons. Denying them a normal existence by invading they're privacy, hounding, stalking, and obsessing they're every move. I killed Michael Jackson the same way I also killed Elvis Presley, with overzealous fan adulation. When Michael died last year I guess that made me a repeat offender.

There is one more accomplice that deserves to be brought up on charges, my mother. I might as well throw her under the bus while I'm at it. She drove with me to Washington, DC for The Jackson's "Victory Tour" at RFK Stadium in 1981. We listened to Michael Jackson cassette tapes continuously for six hours each way and she was the instigator. "Let's listen to Thriller, put in Off the Wall, play The Greatest Hits again." She just couldn't get enough of Michael Jackson. During the concert my mother even wore one white glove!

Sorry mom, you're guilty too. No doubt about it.



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## ARTS AND LEISURE

### Orange Arts And Crafts Guild Celebrates A Birthday

The Orange Arts & Crafts Guild had a birthday party in June to celebrate its 39th year as a non-profit organization with the objective of sponsoring and encouraging "educational enrichment in all forms of fine arts and crafts in the town of Orange". The celebration included the traditional delicious covered dish pot-luck dinner in the Clark's Party Barn at Maple View Farm. Continuing the tradition, the Guild awarded its 2010 scholarship to senior art student Mary Ann Zykun, a June graduate of Amity Regional High School in Woodbridge.

The recipient plans to attend the University of Hartford School of Art. She joined the Guild for the celebratory dinner and informal conversation, after which she presented a slide show of her remarkable and ambitious portfolio of work.

Laudatory and congratulatory remarks were offered to MaryAnn by artist Graham Dale, the featured speaker of the evening. Mr. Dale, now a resident of Orange, has been an art teacher in England for many years. As both artist and teacher his experience has focused on the education of young people and adults who wish to further their understanding and love of all arts. During a brief discourse on the place and development of art and art forms throughout history, Mr. Dale personalized his insightful remarks by speaking directly to MaryAnn, calling her by name often.

The Orange Arts and Crafts Guild cordially invites and encourages membership. All meetings are open to the public. The members have a variety of respected talents and skills to be shared and enjoyed. Join the quest for enrichment!

For further information contact Carlyne Labreque at 203-795-4182.



### Yetukuri Wins 2nd Place in State Contest

"Connecticut Beauties" took first place in the 375th CT anniversary art contest. The work of Rachana Yetukuri was selected among 275 entries to the 375th Youth Art Contest. "Connecticut Beauties" depicts the state's bird and flower on a blue background representing the robin's egg color. The artwork is displayed on the Governor's website at [www.ct375.com](http://www.ct375.com) and on display in the legislative offices.

Rachana has also won second place in Visual Arts Category - Intermediate Division for CT PTA Reflection 2009 - 2010 theme "Beauty Is..." Rachana Yetukuri is 10 years old, resides in Orange and will be going to 6th grade at Turkey Hill School.

## THEATER REVIEW

### "Memphis" at the Shubert Theatre in New York City

By Zander Opper

"Memphis," the just recently honored Tony Award winning Best Musical of last season, is a strikingly staged and unexpectedly moving show about music and race relations in 1950s Memphis. With a propulsive score by the team of Joe DiPietro and David Bryan, and blessed with ideal leads, this musical borrows ideas from such shows as "Dreamgirls" and "Jersey Boys," while still managing to stand on its own as a dynamic and unique creation. And, while two of Joe DiPietro's previous Off-Broadway musicals seriously underwhelmed me, "Memphis" finds him in terrific form in both his book scenes and his incisive lyrics (co-written by David Bryan—of the rock group Bon Jovi—who displays a surprising flair for music that is both appropriately 1950's rhythm and blues, yet still retains a rich theatricality). "Memphis" admirably captures its time and place with precise detail and it is truly one terrific and deeply satisfying show.

One of the best things about this musical is leading lady Montego Glover as black blues singer Felicia Farrell, who is trying to get her start on the radio. With a gorgeous voice and a stunning strength about her, Glover is, by turns, both fierce and touching and is a standout amongst this talented cast. Perhaps the most electrifying moment of the show is Glover's sensational singing of the Act I solo, "Colored Woman." Having just had her heart and first record disc broken (literally) by white prejudice, this actress begins the song slowly and then gradually builds the intensity of the number (all the while displaying the hurt of each heartbreaking lyric) until Glover has moved to the very edge of the stage, shaking the theatre with the sheer force of her voice and then delivers the final sustained notes to the kind of exploding, fall-out-of-your-seat applause that happens only rarely in the theatre today.

With such a formidable leading lady at center stage, it seems almost impossible that the male lead, Chad Kimball, as white radio disc jockey Huey, can make any impression at all. Yet Kimball more than manages to hold his own and is truly equal to Glover in both his acting and singing. Playing a slightly nerdy, uneducated white man in Memphis, whose main goal is to get Glover's Felicia on "the center of the radio dial," despite the racism of the time, Chad Kimball seems to be the most unlikely leading man imaginable. However, he is a unique actor, magnetic in his own way, and, having seen him in this role, one cannot picture anyone else bringing as much unexpected charisma and humor to this part as Kimball does. Indeed, both Montego Glover and Chad Kimball will be hard to replace and it is recommended that you try to catch them while you can.

Of course, "Memphis" would not be as strong a musical without a talented person at the helm. Keeping everything in tight focus is director Christopher Ashley (with the invaluable help of choreographer Sergio Trujillo) and it should be quickly noted to anyone who might pick up the pop-sounding original cast recording of "Memphis," that the CD of this show doesn't begin to display the strength of both the musical and its score: dialogue and fluid musical staging flow throughout just about every number, enhancing the songs and scenes, often to breathtaking effect. And, even while echoing such musicals as "Dreamgirls" (which was also a show about African-American singers trying to cross the racial line), "Memphis" is quite a powerful show all its own and I should mention that there is a great deal of humor in it, as well. Richly deserving of the Tony Award of Best Musical, this dynamite musical is simply not to be missed. For tickets, call Telecharge at (212) 239-6200 or go to [www.MemphisTheMusical.com](http://www.MemphisTheMusical.com).



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## LOCAL SPORTS

### Greenhouse Wins NCAA Postgraduate Scholarship

Alex Greenhouse, a standout performer on the Emory outdoor track and field team, has been awarded the prestigious NCAA Postgraduate Scholarship for spring sports based on his athletic and academic accomplishments, in addition to his work in the community, during his time as an Eagle. As a result, Greenhouse will be awarded a \$7,500 scholarship, to be used for postgraduate study.



A native of Orange, Greenhouse earned his fourth career all-America certificate, finishing third overall in the 400-meter hurdles at the 2010 NCAA Division III Outdoor Track and Field Championships. Earlier in the year, he was named the University Athletic Association's Outdoor Track Performer of the Year after winning the 100-meter dash and the 400-meter hurdles, and

earned the USTFCCA's Regional Men's Indoor Runner of the Year honors. Over his career, he amassed 10 UAA Championships and 20 all-UAA finishes. Greenhouse was nominated for the postgraduate scholarship with a 3.65 GPA and recently graduated with a major in Business Finance and Accounting and a minor in Economics.

Greenhouse distinguished himself further as one of just six students who were named "Who's Who" by Goizueta Business School, symbolic of those who represent the ideals of leadership, scholarship and service. He was chosen as a 100 Senior Honorary at Emory which is selected by the school's faculty, staff and students in recognition as being one of the 100 most influential seniors in the 2009-10 class. In addition, he served a three-year stint as treasurer of Emory Read, the university's largest student-run tutoring organization, and helped coordinate over 200 students into weekly carpools that travelled to Atlanta-area elementary schools to tutor reading and mathematics.

Emory has now been awarded 68 postgraduate scholarships over the school's history, and 51 since 2000, more than any other NCAA institution except Stanford University which has 55. Greenhouse is the fourth Emory student-athlete to be awarded the NCAA Postgraduate Scholarship for the 2009-10 academic year and the second member of the track and field program. Fellow graduate Steve Dry (indoor track), along with Ruth Westby and Lillian Ciardelli of the swimming team, were named as winter sport awardees.

This season's spring NCAA Postgraduate Scholarship recipients (29 men and 29 women) represent winter-sports participants from all NCAA divisions, who will receive one-time, nonrenewable grants of \$7,500. The scholarships are awarded to student-athletes who excel academically and athletically and who are in their final year of intercollegiate athletics competition. The Association awards up to 174 postgraduate scholarships annually, 87 for men and 87 for women.

The NCAA Postgraduate Scholarship was created in 1964 to promote and encourage postgraduate education by rewarding the Association's most accomplished student-athletes through their participation in NCAA championship and/or emerging sports.

### Csejka Helps Raise \$2,000 to Fight Cancer



Orange resident, Charlie Csejka, was proud to support Breast Cancer awareness and wear pink!! A team of boys from Connecticut played in the 99 division at the Lobsterfest tournament in Portland Maine the weekend of July 8-11. The team wore all pink, down to the laces in their skates and the tape on their sticks. Even though they did not bring home a trophy, Charlie was proud to show his support for family members and friends stricken with the disease. The team donated over \$2,000 to a Cancer organization in Maine.



Included in the photo: top row: Isabella Ferraro, Coach Tiernan, MaryKate Martino; Bottom row: Megan Lasto, EmilyRose Martino and Maggie Lasto.

### Orange Girls Help Make History

When Orange gym teacher, Terry Tiernan asked his students to try-out for a Milford Lacrosse team, they never knew that they would be a part of a historical team in the area. Milford has never had a girls team before, so if a female player wanted to play, she would have to play on a boys team. In its freshman season, the Milford Mustang U-12 team went undefeated playing more established teams from New Haven and Fairfield County. Coach Brian O'Neill and Coach Tiernan certainly worked on developing the squad while maintaining a level of fun and most importantly instilling the values of good sportsmanship.



### Amity Boys Soccer Completes Undefeated Season

The Amity Soccer Club's Boys U14 team completed an undefeated season this Spring, posting a 9-0-1 record and repeating as League Champions in the South Central Connecticut Division. The team consists of boys between the ages of 12 & 14 from Bethany, Orange, and Woodbridge. In league matches against Clinton, Hamden, Madison, Milford, North Haven, and Seymour the team scored 30 goals while yielding only 8. The season culminated with the team winning the Commissioner's Cup with a 3-0 victory over top-seeded Meriden. Team members included: Omar Anwar, Kwame Asiedu, Joe Babbitt, Tyler Barwise, Harrison Block, Michael Butler, James Chapman, Aaron Cooper, Jeff Curtin, Chris Dalrymple, Patrick Dudley, Jacob Gibbons-Morales, Arvene Golbazi, Carl Goldblatt, Shay Green, Wyatt Hackett, Dan Hecht, Yani Lagoutis, Chris Nunnes, Steven Ornstein, Alex Schiff, CJ Spaziani, and Griffin Volta. The team coach is Andrei Popescu of Everson Soccer Academy, and the team manager is Cliff Dudley of Orange.



## STUDENT NEWS



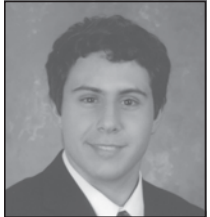
### Lightowlers Graduate

Mark Lightowler and Marie Lightowler, children of Mark and Maribeth Lightowler of Orange, both graduated this June. Marie graduated Magna Cum Laude with her Masters in Public Health from Southern Connecticut University. Marie was a Graduate Research Fellow with a study in Childhood Obesity. She also did an internship at Susan G. Komen for the Cure in Boston and is now working at Brigham and Women's Hospital in health information technology.

Mark graduated with honors from Notre Dame High School in West Haven. Mark was a member of the National Honor Society and the Spanish Honor Society. He was SCC Scholar Athlete and was Captain of the Outdoor Track team that won the State Open Championship. Mark will be attending the University of Connecticut in the fall studying Biology.

### Locke Graduates Summa Cum Laude

Clifford B. Locke, Jr., son of Clifford and Maryanne Locke of Orange, recently graduated Summa Cum Laude with a B.S. degree in Biomedical Engineering from the University of Connecticut. Clifford was a University Honors Scholar and received the Outstanding Senior in Biomedical Engineering Award. He is also a member of Tau Beta Pi, an engineering honors society. During his undergraduate studies Clifford studied abroad at The Linkoping University in Linkoping, Sweden. He has been accepted into The University of Connecticut Medical School's combined MD / PHD program and plans to begin studies this summer.



Clifford B. Locke, Jr.

### Orange Students Make Dean's List

- Holly Elizabeth Fabbri - St. Mary's College
- Eileen Li - Simmons College
- Jenecke Casolino, Alison Clare, Jessica Hallock, Philip Reynolds - Roger Williams University
- Oana Ilies, Carl Langerman, Mathew Stuart, Emily Wargo - Providence College
- Jessica Casolino - Assumption College
- Emma Sacramone - University of Scranton

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### Sports Quiz

By Chris Richcreek

1. Which 2nd baseman had more Gold Gloves during his major-league career: Roberto Alomar or Ryne Sandberg?
2. Two players have won the MVP and the Rookie of the Year awards in the same season. One was Fred Lynn of Boston in 1975. Who was the other player?
3. The Oakland Raiders set the NFL mark for most consecutive seasons of losing 11 or more games. How many seasons has it been?
4. In 2009, Syracuse's Jim Boeheim became the fourth Division-I basketball coach to win at least 800 games at one school. Name the other three.
5. Name the last NHL team before Buffalo in 2009-10 to be undefeated in the regular season (30-0) in games in which it led after two periods.
6. Which Asian country has played in the men's World Cup the most times?
7. Who holds the series lead in the famed Yale-Harvard Regatta, the oldest U.S. inter-collegiate competition (145 years).

Answers on Page 30

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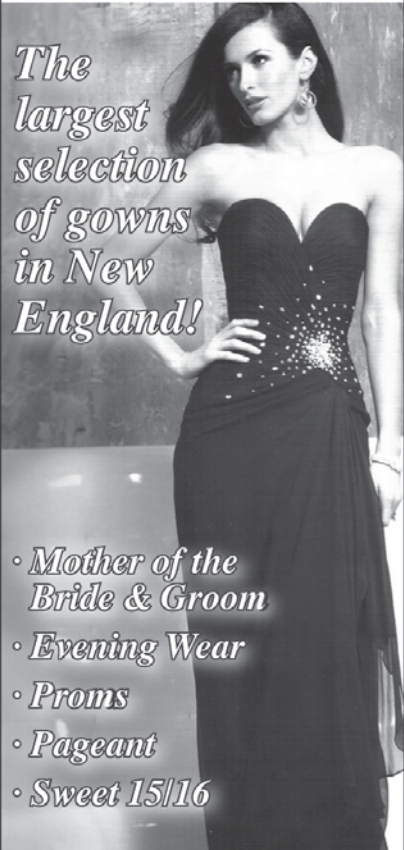
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**UPCOMING EVENTS**

### Nominations Sought for "Awards of Excellence"

The Orange Chamber of Commerce is seeking nominations for the 2010 Orange Chamber of Commerce Awards of Excellence. Awards will be given in the following categories:

**Business Person of the Year:** Is awarded to an individual who has undertaken a successful business venture that has directly had a positive influence on some segment of the Orange Business Community.

**Community Service Award to an Individual:** Is awarded to an individual or business working towards the betterment of the community, as a whole, or on a specific project resulting in community benefits.

**Director of the Year:** Is awarded to a Director of the Orange Chamber of Commerce who has shown outstanding leadership or vision in a specific area or overall has been consistent in his/her performance.

**Outstanding Business of the Year:** Is awarded to a good corporate/business citizen exhibiting a commitment to the business climate of Orange through growth, expansion, inspiration and continued success.

Applications are available on the Chamber website, www.orangectchamber.com, or by request from the Chamber office, 203-795-3328, e-mail info@orangectchamber.com. Deadline for submitting nomination forms is July 31st. Awards will be presented at the Chamber's Annual Meeting on Thursday, September 23rd at the Race Brook Country Club.

### Local Businesses Join Forces to Offer Complementary Services

Many small business owners know that building a business comes through solid relationships with clients as well as other business professionals. By teaming up with other businesses with similar target markets (a strategy called fusion marketing), small companies can join forces to achieve mutual growth and profitability.

The Orange Chamber of Commerce has recently formed the B2B (Business to Business) Fusion Group which consists of a group of local business owners, each representing one business profession (accounting, graphic design, printing, etc.). The goal is to network, develop long term, meaningful business relationships and act as sources for referrals, leads as well as business advice for each other.

According to Janice Lettick, Executive Director of the Orange Chamber of Commerce, "We're always trying to develop new opportunities for our members to join forces to help them grow their businesses. The new B2B Fusion Group allows businesses who market to other businesses to come together and share ideas, pass leads and work as a unit to offer complementary services to their clients."

The following local businesses are currently participating in the B2B Fusion Group:

- Allison DePaolo, Cantor Floman - Attorneys at Law;
- Kevin Weirsman, Colonial Properties - Commercial Real Estate;
- Carole Norman, Graphic Image - Printing and Fulfillment;
- Michele Kelly, Graphic Ways Design - Advertising and Graphic Design;
- Jocelyn Murray, Marketing & Event Resources - Marketing, Public Relations and Event Promotion;
- Michael Moran, MTM Financial Services - Financial Advisors;
- Rocky Salperto, Orange Town News - Publishing;
- Phyllis Mullins, Send Out Cards - Business Relationship Building;
- Barbara Metzger, Signarama - Signage;
- Frank Perry, Sovereign Bank - Small Business Banking;
- Don Feuerstein, the Business Network Group - Computer Networking.

New members representing additional business professions are welcome. Please contact the group manager, Jocelyn Murray at 203-377-9980 if you're interested in participating.

## Severe Storm Warning Issued - Are You Ready?

The state has been hit by some very severe weather including a tornado in Bridgeport which many are still recovering from. While these bad storms and tornados pass through the area in minutes, they left behind a devastating, lasting effect on many. A not-so-gentle reminder that your safety, comfort and lifestyle can change in an instant. The Orange Community Emergency Response Team (CERT) asks, are you ready? We would like to help you with a simple, yet very important part of being ready, putting together your Disaster Supply Kit.



Disaster preparedness is no longer just for areas prone to earthquakes, tornadoes and hurricanes, just ask our friends in Bridgeport. When an event such as the severe weather we recently experienced hits, all bets are off. You may need to survive on your own after a disaster, meaning having enough of your own food, water and other supplies to last for at least 3 days. Local emergency personnel, officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. Help could be there in hours or it might take days. Basic services like electricity, gas, water and phones may be cut off and you may need to evacuate to a local shelter. This is when your personal Disaster Supply Kit is important and invaluable. It's basic, easy to assemble and prepare. Orange CERT offers you some guidance on putting one together and where to keep it.

What is the kit? It's a collection of basic items that members of your family may need in the event of a disaster. Below is the basic list to assist you.

- Three-day supply of non-perishable food, per person, per day.
- Three-day supply of water-one gallon per person, per day.
- Portable, battery powered radio or television and extra batteries.
- Flashlight and extra batteries.
- First aid kit and manual.
- Sanitation and hygiene items (moist towelettes and toilet paper).
- Matches and waterproof container.
- Whistle (this will help to Alert your location to emergency personnel if needed).
- Extra clothing.
- Kitchen accessories and cooking utensils, including a manual can opener.
- Photocopies of credit and identification cards.
- Cash and coins.
- Special needs items, such as prescription medications, eye glasses, contact lens solutions, and hearing aid batteries.
- Items for infants, such as formula, diapers, bottles and pacifiers.
- Items for your pets, such as food, water, leash, medications.
- Other items to meet your unique family needs.

Keep all your items in an air-tight, waterproof easy-to-carry container, such as a storage bin or rubber/plastic trash can, in an easy to reach designated location to have ready quickly. Make sure all family members know where it is kept.

Once you've assembled and placed your kit in that location, there is something you must remember to do. Check it periodically. Replace any damaged items or expired food items. Change stored water and food every 6 months. It's a good idea to re-think your needs each year and update your kit as your family needs change.

There you have it. You can now answer that question Orange CERT asked from the start, with a yes. You have completed one important step in being prepared. If you would like further information on preparedness and other disaster information, please feel free to visit our web site, www.cert-orange.com and click on the "Are You Ready" tab on the left hand side of the home page to find out more about what you can do to help your family in an emergency.





## Death Notices



### Colin Roy Gemmell

Colin Roy Gemmell, age 88, of Spokane, Washington, died peacefully at Chris's Home and Care Center in Spokane on Wednesday, June 30, 2010. He was born April 27, 1922, in the Town of Ansonia, New Haven County, the second son of the late William and Margaret (MacKechnie) Gemmell. He attended Orange Center School and graduated from New Haven High School in 1940. In 1944 Colin volunteered for the American Field Service during WW II, driving ambulances in the Italian campaign, northwestern Europe and India.

Following the war, he made the first of many trips to his mother's original homeland, Scotland, where began a life-long devotion to the land, music, history and people. Upon returning to the U.S., he was married to the former Catherine Mullen Elliott of Derby with whom he raised nine children in Orange. Colin was a stockroom supervisor at Olin Chemical Corporation in New Haven and later co-owner and administrator of the former Ocean View Nursing Home in West Haven.

He retired to the Pacific Northwest, and later Idaho, where he built a home, and started a Scottish import business with his companion, Carolyn Mosebar. He remained close to his children and grandchildren, crossing the US many times by car, truck and motorcycle to visit them. He also enjoyed their company on his travels to France, Ireland, Canada, New Zealand, and most recently his beloved Scotland, in September of 2008.

Colin was an avid reader, a student of history, and a member of the British Legion. He delighted in camping, cooking, gardening, the planting of trees, and a well-timed political debate on a long car ride. He was adventuresome and fun-loving, and believed, "You have to have something to look forward to", so when returning from any trip he would begin planning the next. The pleasure of sharing these and other joys will make him dearly remembered and missed.

Colin is survived by his brother and his wife, Ian and Jean of Hamden, CT; his brother and his wife, Ranald and Marian of Orange, CT; his daughter, Grian MacGregor of Lake Hill, NY, his son and his wife, Donald and Suzanne of Mooresville, NC; his son Colin II of Lacey, WA; his son and his wife, Hugh and Mary of Portland, OR; his daughter, Kyle, of Auburn, WA; his son William of Nine Mile Falls, WA; his son and his wife, Robert and Susan of Nine Mile Falls, WA, his son and his wife, Douglas and Veronica of Lacey, WA, and his daughter and her husband, Iah and Mark Cluckey of Spokane, WA. He is further survived by nieces, nephews, ten grandchildren and two great grandchildren, other relatives and friends. In addition to his parents, he was preceded in death by three brothers, Donald, Ward, and Alistair.

The family requests that anyone wishing to make a donation that it be made to Hospice of Spokane, PO Box 2215, Spokane, WA 99210.

### Harry Feinberg

Mr. Harry Feinberg, age 90, of Orange, beloved husband of Estelle Brozak Feinberg, lost his battle with Parkinson's disease on Saturday July 10, 2010. His last days were spent at the West Haven VA receiving comfort care.

Harry was born in New York City on December 15, 1919. He was a WWII Veteran and served in the Army Corps of Engineers training troop. Honorably discharged in 1944 as a disabled veteran; he soon established his own window display business. Harry pioneered the use of animation in his windows and had clients from West Hartford to New York City. He retired in 1972.

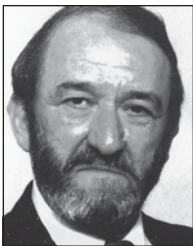
Harry had a long distinguished record of community service, including 45 years with Lions International. He received their highest awards for raising thousands of dollars to help the blind. Harry had a lifelong enjoyment of basketball and athletics. He was part of championship teams in High School, the Police Athletic League and during his time at City College of New York. He also coached basketball and was an avid fan of UCONN basketball.

Besides his beloved wife Estelle of 68 years, survivors include his son Harry Feinberg and his wife Karen of Durham; daughter Lynnore Feinberg of Manchester and his grandson Ethan of Durham.

Memorial contributions may be made to Michael J. Fox Foundation, Church Street Station, P.O. Box 780 New York, NY 10008-0780.



Colin Roy Gemmell



Harry Feinberg

### Elizabeth M. Rivers

Elizabeth M. Rivers, 83 years old, formally of Orange passed away on Tuesday, June 29, 2010 in Orlando, Florida. Born in New Haven, Connecticut, she was the daughter of the late Pasquale and Giovanna Stellato. She is survived by one brother, Marcellino Stellato of Fort Myers, Florida, 3 daughters, Debra Marcello and Donna Bodurtha of Orlando, Dyan Grant of Orange, Connecticut, stepson Frank Rivers of Connecticut, 5 Grandchildren, Cristina Morales, Raymond Marcello, Kelly and Kristen Bodurtha of Orlando and Elizabeth Enright of Connecticut, Step Grandchild Mitchell Rivers of Connecticut, 3 great Grandchildren Cristian Vega, Joseph and Cayden Morales.



Elizabeth M. Rivers

Mrs. Rivers was laid to rest on July 10th in St. Lawrence Cemetery, West Haven, CT. Anyone wishing to make contributions may do so in memory of Mrs. Rivers to the Susan G. Komen Breast Cancer Foundation.

## Get-Together Ideas for Summer Fun

Summertime offers unique opportunities to enjoy memorable moments outside appreciating nature and spending extra time with family and friends. Here are some get-together ideas and activities to connect with others in the great outdoors, even when the temperatures soar.

### ORGANIZE A SUMMER "PICNIC CLUB"

Set picnic dates with several families to meet at designated parks, nature reserves and/or beaches regularly until the end of summer. Divvy up the food and drinks, and bring snacks, main dishes, salads and beverages to share.

For a grand finale, gather on Labor Day weekend in September and enjoy showing pictures and talking about memories of your special times together.



### PLAN COOL GAMES TO BEAT THE HEAT

Whether you're organizing a family reunion, a birthday party picnic or a barbecue at a neighborhood park, summer heat can affect even the best-planned party.

To keep everyone smiling, play "Ice Meltdown." Grab some ice cubes from the freezer or a picnic cooler and give one ice cube to each player. See who can melt his or her ice cube first. The ice must be touching the player's body at all times until it's completely melted. But you can't put it in your mouth!

Play "cooperative water balloon volleyball." First, set up a volleyball or badminton net and make some water balloons. To play, toss a water balloon from one side of the net to the player(s) on the other side. The object of the game is to see how many times the water balloon can be thrown over the net without breaking. Or, if you need a little change of pace, play "non-cooperatively" by trying to make the other side miss catching the water balloon. Either way, players are guaranteed to get wet and cool off.

Note: Make sure to dispose of all balloon pieces properly.

### OUTDOOR STORY TIME

When young cousins or friends come to visit overnight, enjoy the longer days of sunlight and read favorite children's bedtime stories outside before tucking them all into bed indoors.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit [www.donnasday.com](http://www.donnasday.com) and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."





# Freedom

by Mary Schwartz, CPT

Freedom is a right that all Americans have. When people think of freedom they think of the freedoms that we possess as a country such as our political freedom or our national independence. They also think of our individual freedoms that are found in the Declaration of Independence. The Declaration of Independence advocates for civil liberties that are based on the self-evident truth "that all men are created equal, that they are endowed by their Creator with certain unalienable rights that among these are life, liberty and the pursuit of happiness.

With all these freedoms afforded to us, are we taking full advantage of them in our own lives? Do we believe that we have the same opportunity to pursue our dreams as everybody else? Do we live our lives the way we want to? Are we happy? If not, why not? What is holding us back from being, doing and having everything that we want in life? When most people are asked these questions, they come up with a lot of justifiable reasons why they are not following their dreams, not living the life that they were meant to live and why they are not happy. The truth is that everyone possesses everything that they need, right now, to be, to do or to have anything that they want. In every moment of every day each of us has the freedom to choose.

Oftentimes, however, we allow others to choose for us. We allow others to decide what is best for us. The truth is that no one, other than you, knows what is best for you. In every situation, make a conscious decision to choose what is best for you. Is there anything in your life that you would like to be free of? Do you have a fear that has been holding you back? Why not confront it and put it behind you? Is there someone or something in your life that is not allowing you to be who you truly are? Why not take the necessary steps to remove that person or thing from your life? By simply turning away from the thing that you do not want and turning towards that which you do want, you will be able to experience a dramatic shift in your overall happiness. But, we often don't do that. Why?

We don't do that because it is easier to make excuses for ourselves and to justify why we can't get what we want. We look to things outside of ourselves to determine what is best for us instead of looking inward and letting our emotions be our guide. I've heard many people say, I will be happy when my children are grown, when I change jobs, when I find a mate or when I lose twenty pounds. That simply is not true. There will always be some rea-

son for you not to be happy. You just have to decide what you want and not stop until you get it. You are free to pursue whatever you want right now just by moving in that direction.

Oftentimes, people do things because they feel they have to do them, not because they want to do them. Make a list of those things that are most important to you and begin to focus on them exclusively. Only say "yes" to those things that move you towards what you want and "no" to everything else. Whether you want to change jobs, find a new mate, become a healthier person or just do something that you have always wanted to do. If you do one thing today that moves you in the direction that you want to go, by tomorrow you will be that much closer to getting there. Do this everyday and before you know it you will have arrived at your destination.

Independence means taking care of yourself, making your own rules and providing for your own needs. It takes courage to stand up for what you believe in and to pursue those things that make you happy. Once you believe that you can be, do or have anything you want, you will be well on your way to freedom. So, this Independence Day as you pause to reflect on those who have fought for your freedom, take a moment to reflect on your own freedom and what it means to you. Break free from anything that is holding you back and reclaim your freedom!

For more information, or to suggest a topic for a future article, please contact me at (203) 824-3913 or e-mail me at [mary@workoutwithmary.com](mailto:mary@workoutwithmary.com). Mary Schwartz is a Certified Personal Trainer and owner of Mary Schwartz Personal Training located in Orange, CT.



## Orange Farms Day Coming in August

These two beautiful horses, owned by Bryan & Patti Clark, are just a few of the animals that you can visit at Maple View Farm during Orange Open Farms Day. This year's event will be held on Saturday, August 28 from 12 - 4:30 pm at five farms throughout town. For more information, please visit [www.orange-ctfarms.com](http://www.orange-ctfarms.com).

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## HAPPENINGS AT THE ORANGE SENIOR CENTER

By Joanne Byrne

### Happenings at the Orange Senior Center

#### Register now for a new Tai Chi Class

David Chandler, Ph.D, founder and director of Eagle's Quest Tai Chi Center will teach a new Tai Chi class at the senior center beginning September 3 and ending November 19. This 12-week class will take place on Fridays from 11:30 to 12:30. David teaches a variety of Tai Chi styles and has taught Tai Chi at Yale, Wesleyan, Connecticut College, and at Griffin and Gaylord Hospitals. He currently teaches a class at the Derby Senior Center. David has studied and trained with numerous national and international martial arts grandmasters. He is an author and producer of Tai Chi videos. Dr. Chandler was awarded his doctorate from the University of Asian Martial Arts Studies. Tai Chi improves balance, strength and concentration. The movements are low impact and can be done with ease by people with arthritic joints. Tai Chi teaches you to enhance your body's ability and to trust in the healing process. The first class on September 3 is a demo class and potential students are invited to attend. Registration for the class can be done before September 3 to assure that there is space in the class, since class size is limited. The cost for the class is \$60. Call the center at 203-891-4784 to register.

#### A new Art Class begins in September

Graham Dale, a trained artist at Nottingham School and the College of St. Martins, in London, England, will be teaching a brand new class at the senior center called "The Elements of Art" on Tuesdays from 9:30 to 11:30 starting on September 7 and ending on November 9. Graham has taught painting, drawing, graphics and illustration for the past 37 years in England to both young and older students. All students will be inspired by this 10-week course, where they will learn about line, space, shape, form, texture, value and color which are the building blocks that all artists use to create a work of art. Students will be shown how these elements are combined and see how simple methods can lead to work that is original and exciting as the student produces his/her own paintings and drawings. This brand new course has something of interest in it for everyone from beginner artist to those who have more artistic experience. All that is needed for the first class is a sketch book and a pencil. Minimal additional materials may be needed later in the class. The cost of the class is \$50. Sign up soon, as this class will fill up fast.

#### New Computer Classes

Now is the time to register for computer classes which will be starting up again the week of September 13. Several levels of classes are taught by experienced instructors starting with the Introduction class to computers and the Internet, "Computers Can be Fun." Other 6-week classes include Computers Level II, Word Processing, Organizing Your Digital Photos, and Buying and Selling on eBay. Call the center to find out the specific dates and times for each class. Tuition for each class is \$35.

#### New Tap Dance Class

The Tap Dance Class taught by Marge Gloria will resume on Monday mornings from 10 to 11 am starting on September 13 and ending on November 29. Some tap dance experience is necessary to join the class. Now is the time to register. Tuition is \$50 for the 10-week.

#### Cabaret Night

Bob Gianotti, musician and acoustic guitar player, will entertain at the senior center Cabaret Night on Thursday, August 19 from 5:30 to 7:00 pm. Bob plays it all. Come to listen, sing, and dance along. Dessert is served at 5:30 and the entertainment, sponsored by Health Net, starts at 6 pm. Tickets must be purchased in advance from the senior center office at \$5.

#### Pampered Chef Party

Sign up now for the Pampered Chef Cooking Demo on Monday evening, August 30 at 7 pm in the senior lounge. You and your friends will learn great recipes, techniques and tips for the kitchen, as well as gather great gift giving and entertainment ideas. Julie Kozikowski will offer a number of budget-friendly meals that cost about \$2 per serving along with impressive appetizers and dessert recipes that make entertaining easy. You'll get to sample the recipe that is made plus get hands-on experience with the tools used. All proceeds from purchases made will be applied toward the senior center for raffle items and door prizes for future events. Refreshments will be served. Call the center to register. This event is open to non-members.

#### Orange Visiting Nurse Blood Pressure Clinic

Starting Thursday, August 12, from 10:30 to 11:30am and on the second Thursday of each month, a nurse from the Orange Visiting Nurse Association (OVNA) will be in the senior café to take blood pressures. It is a good idea for all persons to regularly have their blood pressures checked since cardiac disease is often "silent" with no actual symptoms. Even small elevations in blood pressure can have a significant effect on cardio vascular disease such as stroke and heart attacks. There is no charge for this service offered by the OVNA and no appointments are necessary.

### Laurel Estates Calendar



Almost all events are free and all are open to the public. Some require an RSVP. For more information on any of the events below, please contact Briana at 203-795-3117.

- Every Thursday from 11am-12pm- Generations Stitch Club- Calling all knitters, crocheters, embroiderers and seamstresses of all ages and experience levels, join us for a gathering of good company and fiber fun. Come to learn, come to teach, come to play!
- Every Thursday at 1:30pm- Blood Pressure Clinic- Stop by for a free blood pressure reading by one of our Registered Nurses.
- Friday, July 23<sup>rd</sup> at 1pm- International Desserts Tasting- Join us for an afternoon of sweet, foreign delicacies and enjoy the live entertainment of guitar player Jon Condi. Please call 203-795-3117 to RSVP.
- Wednesday, July 28<sup>th</sup> at 3:30pm- Redefining Independence Seminar- Constellation Health Services presents an informative afternoon covering topics related to staying as independent as possible for as long as possible. Refreshments to follow. Please RSVP at 203-795-3117.
- Wednesday, August 4<sup>th</sup> at 6:30pm- Cancer-Proofing Your Body- Join us for an informative evening to discuss natural healing methods and healthy eating with Dr. Constance Greene. Refreshments to follow the event. Please RSVP to 203-795-3117
- Monday, August 9<sup>th</sup> at 12:30pm- Dog Days of Summer Party- A casual lunch of hot dogs, lemonade, and ice cream precedes fun craft projects and take-home treats that have really "gone to the dogs"! Please RSVP to 203-795-3117
- Wednesday, August 18<sup>th</sup>- Healthy Vision Day at Laurel Estates- Two seminars offered today: At 11am, join one of the expert physicians of the Eye Center of Hamden as he discusses "The Aging Eye". Enjoy a box lunch prepared by our in-house restaurant and then sit in on a presentation by Vision Dynamics and try out their fantastic products for low vision. Please RSVP to 203-795-3117
- Monday and Tuesday, August 23<sup>rd</sup> and 24<sup>th</sup> from 1-5pm- AARP Elder Driver Safety Course- Michael Klein of AARP presents a two-part intensive driver safety course for seniors. The cost for this course is \$12 for AARP members or \$14 for non-members. Please RSVP for this course to 203-795-3117.



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## Pension Benefit Guaranty Corp.

By Roberta L. Nestor

When 401k defined contribution plans were born in the 80's it began the demise of traditional pension plans. Those who dedicated 30 or 35 years of service to an employer were well rewarded at the end with a guaranteed pension. While there are few, if any, new pension plans being offered to employees, corporations and small businesses are still paying out millions of dollars to millions of former employees and retirees.

Of course, a pension plan, past or present has to be funded. The government requires that. For those of you who may have a pension you should be receiving annual statements that show the "health" of your plan. Since the information is not specific to your personal benefits most people do not read this Annual Funding Notice. Here are excerpts from the Annual Funding Notice my dad recently received. He retired from his company in 1980 and is at risk of having his pension plan go into receivership.

### Dollars and sense

Attached to the several pages that summarize the statistics of the pension plan, there was also an attachment called Notice of Critical Status: "Under federal pension law a plan will be considered to be in "endangered" status if, at the beginning of the plan year, the funded percentage of the plan is less than 80%, or in "critical" status if the percentage is less than 65%."

This company is under rehabilitation which comes before receivership. They have approximately 2 years to have their plan reach the 80% funding requirement (they are only 54% funded). Through this process employers are allowed to change benefits, offer early retirement subsidies, and eliminate disability benefits and death benefits to anyone other than the employee. If the plan doesn't meet funding requirements within the allotted time, then it will be taken over by the Pension Benefit Guaranty Corp (PBGC). PBGC comes to the rescue, or at least that is what it is designed to do. According to a July-August article in the AARP Bulletin, the PBGC is on shaky ground. It appears Congress is also aware that the PBGC is "chronically underfunded with shortfalls in billions of dollars."

PBGC is a federal corporation created by the Employee Retirement Income

Security Act of 1974. PBGC receives no funds from general tax revenues. Operations are financed by insurance premiums set by Congress and paid by sponsors of defined benefit plans, investment income, assets from pension plans trusted by PBGC, and recoveries from the companies formerly responsible for the plans. While some may say that something is better than nothing, keep in mind the following:

The maximum benefit that the PBGC guarantees is set by law.

The current maximum is \$37.75 per month times a participant's years of credited service (which would reduce my dad's pension by 55%).

PBGC does not guarantee pre-retirement death benefits to a spouse or beneficiary.

If the participant dies after the plan terminates, benefits above normal retirement (disability, health insurance, vacation or severance pay) are not covered.

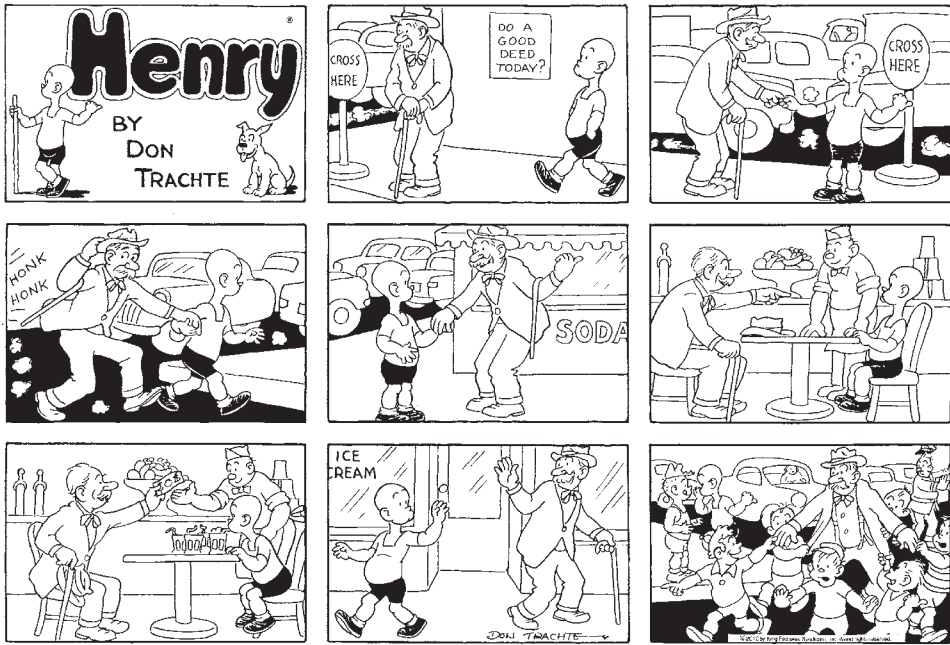
Some of the larger companies that have been taken over by PBGC are familiar names: Bradlees, Caldor Corp, Circuit City, Delta Pilots, Eastern Airlines, Grand Union, Kaiser Steel, Lehman Brothers, TWA, United Airlines US Airways! PBGC is protecting more than 29,000 private single employer and multi employer defined pension plans for more than 44 million American workers and retirees. In this difficult economic environment it is understandable why it may be on "shaky ground". What Congress decides to do to ensure retirees of their pension benefits is an entirely different article. The home page of www.pbgc.gov offers updates on developments in Congress as they relate to pensions.

In the meantime, if you have a pension plan from a previous employer, make sure you are kept up to date on the status of that plan. With so many companies changing names and/or being bought by others, tracking an older pension can be difficult. Read your Funding statements. Your financial advisor can review your plan status with you, this is especially important if your pension represents a large percentage of your planned retirement income.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford. She offers retirement, long term care, investment and tax planning services as an Investment Advisor Representative of Commonwealth Financial Network - a member FINRA/SIPC and a Registered Investment Adviser. She can be reached at TSM Financial Services, 203-876-8066 or roberta@tsmfinancial.com.



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The Spats

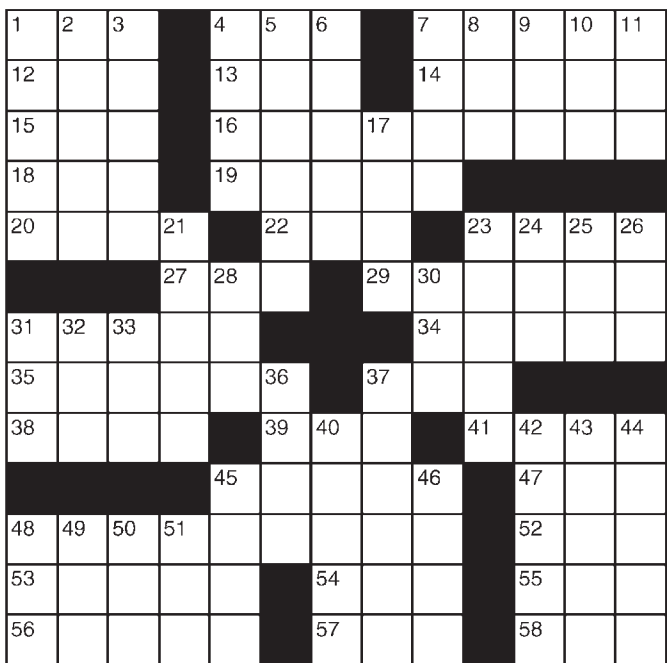
by Jeff Pickering



King Crossword

ACROSS

- 1 Existed
- 4 Brooks or Gibson
- 7 Goodyear craft
- 12 "Hail!"
- 13 Dander
- 14 More commonplace
- 15 Perch
- 16 Christmas treat
- 18 Vanna's cohort
- 19 Oriental
- 20 Uppity one
- 22 Conclusion
- 23 Nitwit
- 27 "Awesome!"
- 29 Sterne's Tristram
- 31 Massenet opera
- 34 Battery terminal
- 35 Sniffer contents
- 37 Plant bristle
- 38 Pinnacle
- 39 Recede
- 41 Without help
- 45 Skating competition
- 47 "Wham!"
- 48 New Jersey peninsula
- 52 Midafternoon hour
- 53 "... bombs bursting —"
- 54 Clavell's



- 1 "— -Pan"
- 55 Coffee vessel
- 56 Check word
- 57 Toss in
- 58 "Family Guy" daughter
- 10 alternative Chaps
- 11 Grand- —, N.S.
- 17 Mid-June honorees
- 21 NYC borough
- 23 Wedding announcement
- 24 Lennon's lady
- 25 Peculiar
- 26 "See ya"
- 28 Moreover
- 30 Hem's partner
- 31 Biz deg.
- 32 Big name in Dadaism
- 33 Dundee denial
- 36 "Why not?"
- 37 Overseas
- 40 Flora and fauna
- 42 Poppy derivative
- 43 France's longest river
- 44 Due (to)
- 45 Combustible heap
- 46 Pallet
- 48 Try the tea
- 49 Literary collection
- 50 Unfavorable vote
- 51 Conk out

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King Crossword Answers on Page 28



**ARIES (March 21 to April 19)** A bit of Arian contrariness could be keeping you from getting all the facts. Turn it off, and tune in to what you need to hear. It could make all the difference this week.

**TAURUS (April 20 to May 20)** Getting an answer to a vital question involving financial matters might take longer than you'd expected. A new factor might have to be dealt with before anything can move forward. Be patient.

**GEMINI (May 21 to June 20)** Use your good sense to see what might really be driving a colleague's workplace agenda. What you learn could lead to a new way of handling some old problems.

**CANCER (June 21 to July 22)** A change of mind might once again turn out to be a good thing. True, most of your co-workers might not like the delay, but as before, they might appreciate what follows from it.

**LEO (July 23 to August 22)** You revel in golden opportunities this week. One cautionary note, though: Be careful to separate the gold from the glitter before you make a choice. Someone you trust can help.

**VIRGO (August 23 to September 22)** Marriage is important this week, as are other partnerships. Don't let yourself be overwhelmed by sentiment. Instead, try to steer a path between emotion and common sense.

**LIBRA (September 23 to October 22)** Dealing with someone who has let you down is never easy. But the sooner you're able to clear up this problem, the sooner other problems can be successfully handled.

**SCORPIO (October 23 to November 21)** A "friend" who is willing to bend the rules to gain an advantage for both of you is no friend. Reject the offer and stay on your usual straight and narrow path.

**SAGITTARIUS (November 22 to December 21)** After all the effort you've been putting in both on the job and for friends and family, it's a good time to indulge your own needs. The weekend could bring a pleasant surprise.

**CAPRICORN (December 22 to January 19)** You might want to do something new this weekend. Close your eyes and imagine what it could be, and then do it, or come up with the closest practical alternative.

**AQUARIUS (January 20 to February 18)** Your good deeds bring you the appreciation you so well deserve. But, once again, be careful of those who might want to exploit your generous nature for their own purposes.

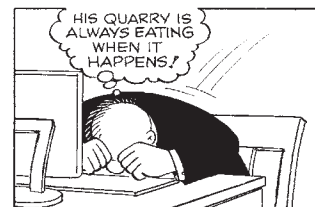
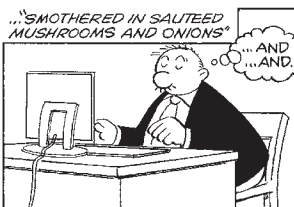
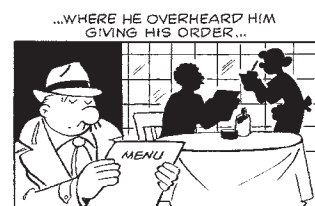
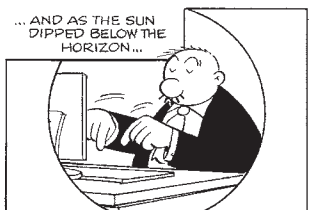
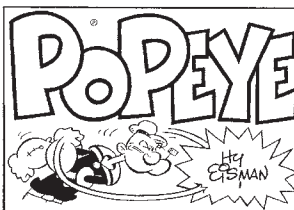
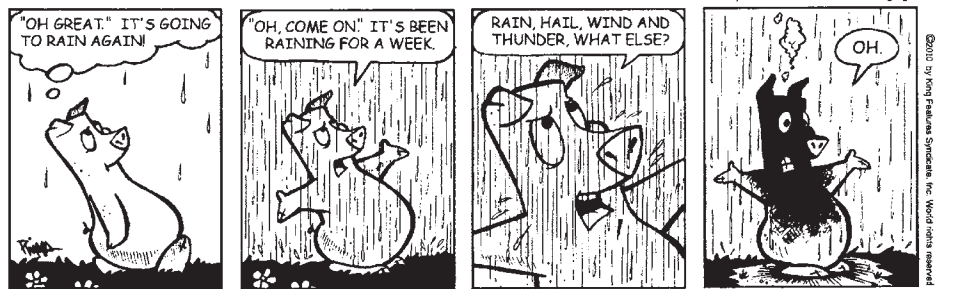
**PISCES (February 19 to March 20)** Trolling for compliments isn't necessary. You earned them, and you'll get them. Concentrate this week on moving ahead into the next phase of your program.

**BORN THIS WEEK:** Meeting new people usually means you're making new friends. People want to be reflected in your shining light.

www.OrangeTownNews.com

Amber Waves

by Dave T. Phipps





## PROPERTY TRANSFERS

- 310 SAYBROOK ROAD**  
Sharon Petshaft to Fanli Meng .....\$560,000
- 622 ARROWHEAD DRIVE**  
John J. Cooper to Michael O. Young .....\$375,000
- 778 DERBY AVENUE**  
Florence Puska to Fred Ejlli .....\$245,000
- 162 CUMMINGS DRIVE**  
Eve Hillman to Frank Zodl .....\$297,500
- 515 NEW ENGLAND LANE**  
Rita N. Leventhal Est to Shazia Tariq Khan .....\$390,000
- 761 DENNIS DRIVE**  
Sarah L. White to Donald McCollum .....\$370,000
- 134 BUTTONBALL ROAD**  
Janice C. Hungerford Est to Anthony L. Brunetti .....\$370,000
- 69 RED CEDAR CIRCLE**  
James J. Divasto to Elia H. Mikhail .....\$290,900
- 170 SUNRISE HILL CIRCLE**  
Sunrise Hill Estates LLC to Suzanne W. Weinstein .....\$663,991

## FOR RENT

**WOODBIDGE:** One and Two Bedroom. Applicant must be 62 years or older or disabled. One Bedroom-\$890/mo including utilities; Two Bedroom-\$1007/mo including utilities. Off street parking, on-site laundry, gardens, courtyard, on bus line. Handicapped accessible. Contact Gibson Assoc., Inc., 175 East Mitchell Av, Cheshire, CT 06410. (203) 272-3781. TDD 1-800-545-1833 Ext 165. CHFA Financed. EHO.

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## ATTENTION GOLFERS

**ATTENTION GOLFERS** - There is a significant collection of Golf Books (Instruction, History & Biographies) in the Case Memorial Library which should be interesting to all golfers and would be golfers. There is a similar collection in the West Haven Library. Be prepared for spring.

Orange Town News

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## WANTED

**WANTED** - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

## TAG SALE

**TAG SALE** - A tag sale will be held on Saturday, July 24 and Sunday, July 25 from 8:00 am-2:00 pm at 544 Locust Drive, Orange.

## PUBLIC NOTICE

State of CT D.O.T. Hearing for more Taxi Cab Services  
In the towns of  
*Branford, Cheshire, East Haven, Guilford, Hamden, Madison, Miford, New Haven, North Branford, North Haven, Orange, West Haven, and Woodbridge = Better Service*

**Hearing Date Tuesday, August 3, 2010 at 9:00 a.m.**  
**City Hall Alderman Chambers, 2nd Floor**  
**165 Church Street New Haven, CT 06510**

**PLEASE COME**  
and testify as to your need for more taxi service in all towns.

**For a free ride to the Hearing and information,**  
**Call 203-466-6666**

King Crossword

Answers

Solution time: 27 mins.

W	A	S		M	E	L		B	L	I	M	P	
A	V	E		I	R	E		R	A	R	E	R	
S	I	T		C	A	N	D	Y	C	A	N	E	
P	A	T		A	S	I	A	N					
S	N	O	B		E	N	D		B	O	O	B	
				R	A	D		S	H	A	N	D	Y
M	A	N	O	N				A	N	O	D	E	
B	R	A	N	D	Y			A	W	N			
A	P	E	X		E	B	B		S	O	L	O	
				P	A	I	R	S		P	O	W	
S	A	N	D	Y	H	O	O	K		I	I	I	
I	N	A	I	R		T	A	I		U	R	N	
P	A	Y	E	E		A	D	D		M	E	G	

Weekly SUDOKU

Answer

7	6	3	9	1	8	4	5	2
4	9	2	7	5	6	1	8	3
8	1	5	4	2	3	9	7	6
1	2	6	8	7	9	5	3	4
3	8	7	5	4	2	6	1	9
9	5	4	6	3	1	7	2	8
6	7	9	3	8	5	2	4	1
5	3	1	2	6	4	8	9	7
2	4	8	1	9	7	3	6	5



# ENTERTAINMENT



**1. The Twilight Saga: Eclipse (PG-13)**

Kristen Stewart, Robert Pattinson

**2. The Last Airbender (PG)**

Noah Ringer, Nicole Peltz

**3. Toy Story 3 (G)**

animated

**4. Grown Ups (PG-13)**

Adam Sandler, Kevin James

**5. Knight and Day (PG-13)**

Tom Cruise, Cameron Diaz

**6. The Karate Kid (PG)**

Jaden Smith, Jackie Chan

**7. The A-Team (PG-13)**

Liam Neeson, Bradley Cooper

**8. Get Him to the Greek (R)**

Jonah Hill, Russell Brand

**9. Shrek Forever After (PG)**

animated

**10. Cyrus (R)**

John C. Reilly, Jonah Hill



**1. Alice in Wonderland (PG)**

(Buena Vista)

**2. Shutter Island (R)**

(Paramount)

**3. Avatar (PG-13)**

(20th Century Fox)

**4. From Paris With Love (R)**

(Lionsgate)

**5. Invictus (PG-13)**

(Warner)

**6. Sherlock Holmes (PG-13)**

(Warner)

**7. The Hurt Locker (R)**

(Summit)

**8. Wolfman (NR)**

(Universal)

**9. Life (NR)**

(Warner)

**10. 2012 (PG-13)**

(Sony)



**Top 10 Pop Singles**

**1. Katy Perry feat. Snoop Dogg**

“California Gurls”

**2. Eminem feat. Rihanna**

“Love the Way You Lie”

**3. Usher feat will.i.am**

“OMG”

**4. B.o.B. feat. Hayley Williams of Paramore**

“Airplanes”

**5. Travié McCoy feat. Bruno Mars**

“Billionaire”

**6. Drake**

“Find Your Love”

**7. Mike Posner**

“Cooler Than Me”

**8. Ke\$ha**

“Your Love is My Drug”

**9. Lady Gaga**

“Alejandro”

**10. Jason Derulo**

“Ridin’ Solo”



Katy Perry

**Top 10 Country Singles**

**1. Brad Paisley**

“Water”

**2. Jason Aldean**

“Crazy Town”

**3. Miranda Lambert**

“The House That Built Me”

**4. Luke Bryan**

“Rain Is a Good Thing”

**5. Clay Walker**

“She Won’t Be Lonely Long”

**6. Carrie Underwood**

“Undo It”

**7. Keith Urban**

“I’m In”

**8. Jerrod Niemann**

“Lover, Lover”

**9. Reba**

“I Keep On Loving You”

**10. Zac Brown Band**

“Free”



Sam Worthington as Perseus

**PICKS OF THE WEEK**

**EDITOR’S NOTE:** New DVDs reviewed in this column will be available in stores the week of July 27, 2010.

“Clash of the Titans” (PG-13) -- What a glorious hot mess of a movie this is. Based on the equally hot-mess stop-motion Ray Harryhausen epic of the 1980s, “Clash of the Titans” is a lot like “300” -- lots of buff boys shouting and killin’ stuff -- and should be enjoyed in the same vein. The film stars Sam Worthington, that untalented hunk o’ meat from “Avatar,” as Perseus, a guy who doesn’t know that his daddy is Liam Neeson (aka the “Release the Kraken” guy). Perseus goes on a quest to kill stuff: giant scorpions, the Medusa, witches, etc. before Liam Neeson’s brother Hades (Ralph Fiennes, who still in-

sists “Ralph” be pronounced RAFF) destroys a port. Or something. It doesn’t matter. All you need to do is watch stuff get busted up real good, listen to the shouting and keep shoveling down the popcorn and pizza rolls.

“Repo Men” (R) -- Speaking of hot messes, this futuristic gorefest starring Forest Whitaker and Jude Law about two guys who repossess body parts from people who can’t make the payments could’ve been a darkly funny satire, but instead settles on the Lotsa Blood Equals Entertainment route. If you’re a fan of the “Saw” or “Hostel” films, you’ll probably like this movie, but everyone else should stay away.

“FIFA World Cup DVD Collection: 1930-2006” (Unrated) -- Spanning 15 discs, this boxed set is definitely a must-have for the hardcore soccer fan. And that soccer fan’s name is Ernie Bushmiller of Ft. Lee, N.J. Oh, I kid. I kid. There’s gotta be more than one American who’s so into soccer that they’ll shell out 90 bucks for what is essentially a 24-hour highlight reel of every goal scored in the World Cup final. Also included in the collection are 15 mini-documentaries on the world’s greatest players (Pele and ... 14 other guys you’ve probably never heard of). WHOOOOO!!! SOCCER FEVER -- CATCH IT!!!

“Rambo: The Complete Collector’s Set” [Blu-Ray] (R) -- The set contains the high-def versions of the DVDs: “First Blood: Ultimate Edition,” “Rambo: First Blood Part II: Ultimate Edition,” “Rambo III: Ultimate Edition” and “John Rambo: Special Edition,” complete with all the bells, whistles, commentary tracks and special features included in the previous low-def releases.

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Sudoku answers on page 28

**Weekly SUDOKU**  
by Linda Thistle

7				8	4		
	9		7	5			3
		5		2			7
1				7			3
	8				2	6	
		4	6				8
		9		8		2	
	3				4		7
2			1				6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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"Do you mind? I've got a pebble in my shoe."

**HUBERT** - - By Dick Wingert



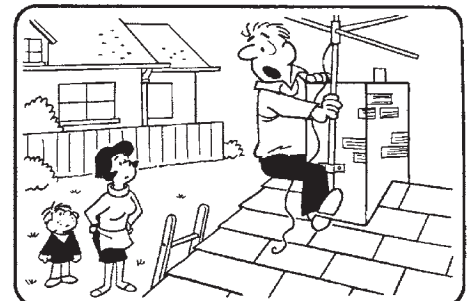
"Did you scrape a piece of bubble gum off the bottom of this desk?"

**Sports Quiz Answers**

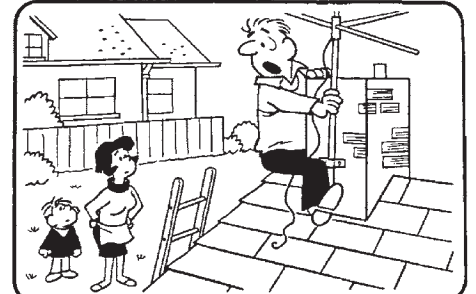
From page 21

1. Alomar had 10; Sandberg had nine.
2. Seattle's Ichiro Suzuki, in 2001.
3. Seven consecutive seasons entering 2010.
4. Dean Smith (North Carolina), Adolph Rupp (Kentucky) and Jim Phelan (Mount St. Mary's).
5. The Chicago Blackhawks in 1994-95 (19-0).
6. South Korea has made eight appearances at the soccer event.
7. Harvard, 91-54.

**HOCUS-FOCUS** BY HENRY BOLTINOFF

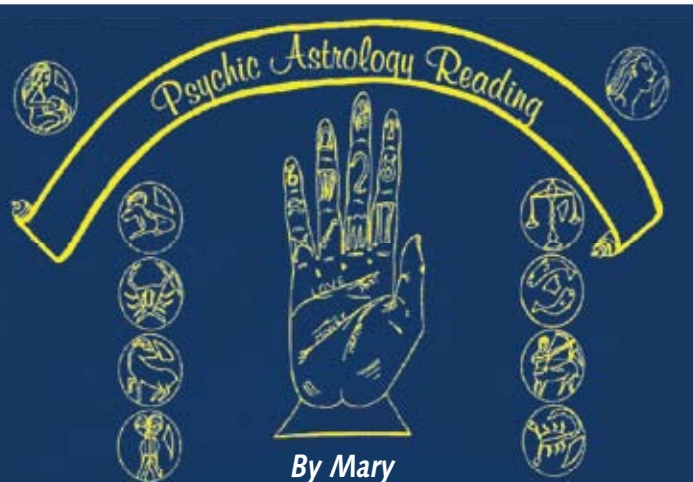


Find at least six differences in details between panels.



Differences: 1. Ladder is taller. 2. Mom's collar is black. 3. Extra brick on chimney. 4. Window is different. 5. Shrub has been added. 6. Boy has no rickles.

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By Mary  
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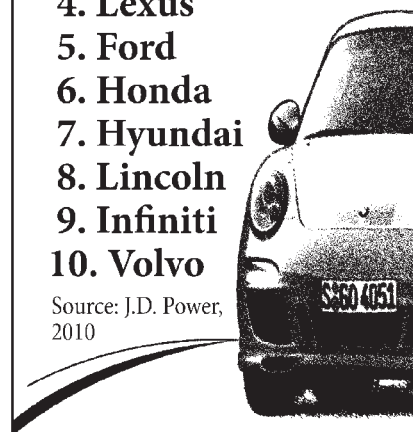
(with this coupon)

**top ten**

**Best Quality Auto Brands**

1. Porsche
2. Acura
3. Mercedes-Benz
4. Lexus
5. Ford
6. Honda
7. Hyundai
8. Lincoln
9. Infiniti
10. Volvo

Source: J.D. Power, 2010



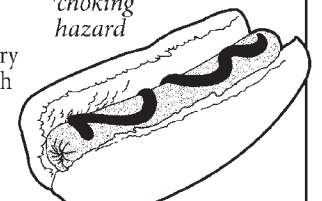
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**top ten**

**Risky Foods for Young Children\***

1. Hot dogs/sausages
2. Nuts and seeds
3. Chunks of meat, cheese
4. Grapes, fruit chunks
5. Hard, gooey or sticky candy
6. Popcorn
7. Peanut butter chunks
8. Carrots, raw vegetables
9. Chewing gum
10. Marshmallows

Source: \*choking hazard  
Center for Injury Research and Policy



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# Wings Here and There

By Loretta K. Smith

The flutter of wings at the edge of my peony garden was frantic. Some brown bird on the ground under the house wrens' bird box was struggling. A house sparrow? I went outside to see if I could help. Was it hurt? It was too far from the house for me to see what was happening. I gingerly approached. As I got close enough, the flutter divided into two wrens who took off in opposite directions. I had intruded on an intimate moment.

This activity made me think of the house sparrows again. Last year I purchased a shallow ceramic dish for butterflies to drink from. I placed it on the ground in my dwarf hanoki cypress garden and filled it with cool, clear water. WHAT? Is that a blue jay drinking from it? What's that? Six to eight house sparrows bathing there? They don't even all fit at once. What's wrong with our regular two birdbaths? Why is that robin bathing and drinking there also? Well, my butterfly friends, I did try.

We feed birds all year long. It's not true that you should stop at winter's end "because there's plenty of food for them in spring." On the contrary, seeds and berries, which are mostly produced in the fall, have been eaten all winter by birds (and wild animals) and going into spring the supply is scarce. We continue filling our bird feeders with shelled peanuts, hulled sunflower seeds, a mix of seeds made for birds of this region, and suet. The Niger seed is going slowly at this time. Gold finches will return later in summer and snack on them. I'm not putting out my peanut butter-bird seed mixture, nor my special homemade corn muffins; they're for winter consumption. We've got two catbirds that are thoroughly enjoying the green and red grapes I place in my tray feeder instead. Oh, I must remember to add clean, broken

eggshells; they provide needed protein for nesting birds.

By feeding birds in the spring and summer, we get to watch them feed their young. The babies are usually the size of the adults, but with more muted feather coloring. Watching a chubby baby cardinal, house finch or titmouse perching gingerly on a feeder or fence, flapping wings and squawking loudly for mom or dad is a pure joy that makes me very thankful for the beautiful creation all around me. Pausing to gaze at birds stalking through my flower beds and vegetable gardens for insects, seeds, and worms warms my heart thoroughly. Bird Life is Good.





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