

Orange Town News



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VOL. 5 - ISSUE 13 CIRCULATION 8465 FRIDAY, OCTOBER 15, 2010



Pictured are the members of the OVNA (l-r): Terri Douskey, Wendy Novick, Sylvie Napoli, Suzanne Jaser, Sandy Horling, Laurie Posner, Shelley Heins, Peggy Wagner, Lynanne Yosua, Karin Lewis, Laura Abbotts, Maria Biondi & Jackie Benichov. Missing from photo are Therese Marino, Tricia Goetz, & Doreen Scalia.

Orange Visiting Nurses Celebrate 73 Years of Service

"Neighbors helping neighbors" is how Peggy Wagner describes the services of the Orange Visiting Nurse Association. Wagner, a registered nurse, is Assistant Director of the town department which is celebrating 73 years as a non-profit, municipal agency, one of the few of its kind left in the state.

The OVNA provides integrated nursing care services for homebound Orange residents and is typically paid for by Medicare and most major insurance companies. A real advantage for patients using the services of this hometown association is it is staffed by nine full-time health care professionals as well as part-time staff, most of whom also live in town. "Since they are working close to home, our staff is able to spend more time with patients and less time traveling," Wagner said. "If someone is having an issue we are able to help because we're nearby. Our staff has a vested interest in providing good care to the people in their own community." Typically when a town resident leaves a hospital or a health care facility they may be assigned any private visiting nurse service. "The patient has to ask specifically for the OVNA if they want us to provide their care," she said.

This very personal, hands-on approach to patient care is what the staff emphasizes and what sets them apart from larger, private visiting nurse associations. "The OVNA is one of the last of its breed and truly preserves the integrity of homecare nursing," said Director Lynanne Yosua, RN. "We are very committed to the health and well-being of our community." The OVNA staff provides a host of services to Orange residents ranging from wound care, occupational, physical and speech therapy and other skilled nursing services; to home health aide visits to help with personal hygiene care, meal

(OVNA continued on page 6)



Orange Town News Receives 2010 Business of the Year Award

Proud members of the Orange Town News were honored to accept the award as "Business of the Year" for 2010 from the Orange Chamber of Commerce at the Chamber's Annual Dinner in September. Pictured (l-r) are: Former Columnist Paul Tarbox, Chamber Board Member Michael Paolini, Chamber President David Metzger, Publisher Rocco Salperio, Layout Editor Michael Kriz, Columnist Zander Opper, Editor Marlene Silverstein, Columnists Ginny Reinhard, Susan Noonan, Bobby Brown & Leslie Marsh, First Selectman James Zeoli and Correspondent Laura Fantarella. Missing from the photo are Columnist Ray Spaziani and Correspondents Richard Weizel and Anne Buley.

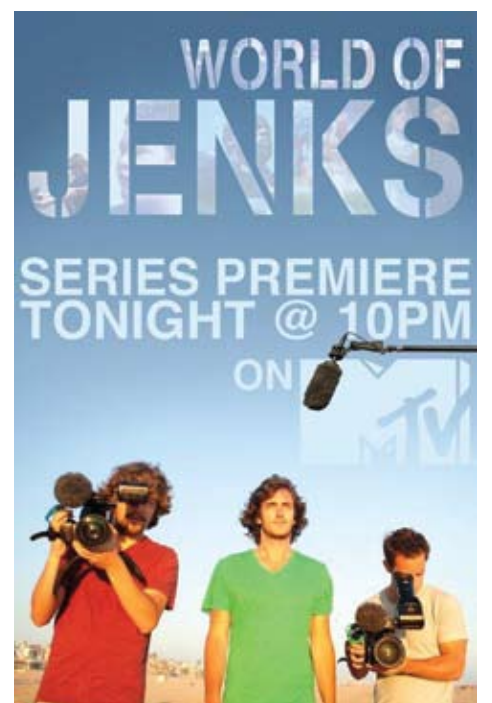
OUTSIDE THE LIVING BOX

Michael Sierakowski never dreamed the English proverb, "Before criticizing a man, walk a mile in his shoes," would be the premise of his first job. But that's exactly what Sierakowski does each week as one of the two lead cinematographers on the new MTV hit series, "World of Jenks."



Laura Fantarella

The show, which Sierakowski actually helped develop, is a weekly ("LOtB" continued on page 3)



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(“LOtB” continued from page 1)

docu-series that follows 24-year-old Andrew Jenks as he immerses himself 24-hours a day for one week into the everyday life of a total stranger. In that one week, Jenks, and the viewer get a true glimpse into the subject’s world. The people aren’t celebrities and their stories can evoke emotions from heartwarming to heart-wrenching. In the first few weeks, Jenks has lived with a famous rapper, a homeless girl in California, an autistic teenager from upstate New York and a Mixed Martial Arts champion fighter. The show, which aired last month for the first time after the MTV Video Music Awards, was an instant hit making it the highest rated series premiere in the station’s history.

For the quiet and unassuming Sierakowski, who says “there is a reason he is behind the camera and not in front of it,” the whole experience has been “surreal.” “No one expected this; there were five million viewers the first night!” Sierakowski said. The 24-year old is a recent graduate of the Tisch School of the Arts at New York University where he met Andrew Jenks, and re-connected with fellow World of Jenks cinematographer Jonah Quickmire-Pettigrew. Sierakowski and Quickmire-Pettigrew were best friends as high school freshmen when they both attended the New Haven magnet school, Educational Center for the Arts. “I only attended ECA for a year and we lost touch,” Sierakowski said. Fast forward to freshman year at NYU when Sierakowski took a seat in his first film class and the guy behind him tapped him on the shoulder. It was Jonah! To his right sat Andrew Jenks, already a friend of Quickmire-Pettigrew. The three clicked and began collaborating on a variety of school projects and student films.

When MTV approached Jenks to do a five-minute “presentation tape” about a week in the life of a rapper named Maino, he recruited his two college buddies to help with the project. “We ended up shooting much more footage and MTV loved it and asked us to edit it into a pilot,” Sierakowski said. The show was picked up in November of 2009 and they began production with the full MTV staff and crew this past February. Since then it’s been a wild ride, as the team travelled around the country shooting non-stop, and not always in the best conditions. Filming Danielle, a homeless girl on the streets of Haight-Ashbury in San Francisco, the team faced miserable conditions. “The homeless community there detested us. They harassed us, chased us, spit at us, put cigarettes out on our cameras and insulted us the whole week,” he said. “They’ve been taken advantage of by TV crews before and most refused to believe our intentions were good.” Filming an animal rescue worker who saves horses from slaughterhouses in Florida was the most dangerous project. “We filmed in pitch black in the middle of the night, dressed in camouflage, and battled ‘critters,’” he said.

In the coming episodes, the team lives with a stand-up comedian in New

York, a star football player in Texas, a cheerleader in Nashville, and a rising pop star in L.A.

Part of what sets this series apart is the filming. “We try to bring a cinematic element to the show so that it does not feel like reality TV. Each episode is like a short documentary,” Sierakowski said. He also credits Jenks, whose warmth, humor and genuine interest in his subject is apparent. MTV typically attracts a younger audience, but this new show appeals to a wide range of people.

Now on hiatus, Sierakowski has time to visit family in Orange and reflect on the past seven months. “The whole experience confirmed for me that everyone has a story and everyone fights their own battles. I think we all need reminding not to judge a stranger and hopefully this show succeeds in that,” he said. He said he doesn’t really have a favorite subject but he connected more with some than others. He expects his favorite episode will be about Herschel Sims, a football player from Abilene, Texas who has an “epic” story.

Sierakowski can’t believe he is being paid for a job he’s dreamed of doing since he was a child at Racebrook School. “Now it affords me the opportunity to write fulltime and focus on other projects.” He also expects it will open many doors in the future; after all, Alicia Keys was ‘tweetting’ about the show recently and the media has started calling. The show airs at 10 p.m. every Monday on MTV with reruns throughout the week.

Orange Town News

Orange Residents! Help me make this column a success. Send me your suggestions – if you think you may make an interesting subject, or someone you know should be featured, let me know. Please include your name and contact information and the name and contact information of your subject. Send all submissions to Laura Fantarella at laura@orangetownnews.com.

Orange Town News

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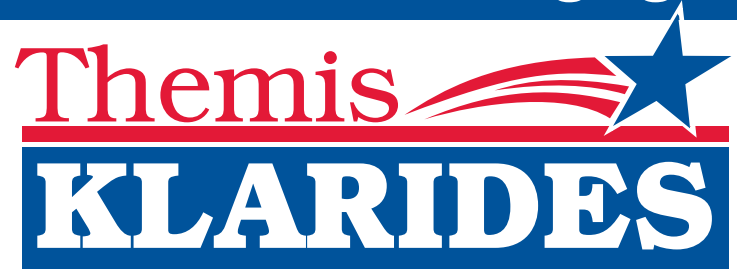
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Town Approves Line Item for Hubbell Property Appraisal & Legal Defense

At a special Town Meeting held on Thursday October 7th at the High Plains Community Center, over 100 Orange residents and land owners approved the creation of a separate \$200,000 line item earmarked for items related to the potential purchase of the Hubbell property and to aid the town in its defense of the appeal filed by Hubbell to the rejection of its application submitted to the Town's Plan & Zoning Commission.

First Selectman James Zeoli said that the purpose of the separate segregated line item which will be taken directly from fund balance was to keep the costs of the expenses incurred by the Hubbell project transparent. The money will be allocated towards engineering fees, an appraiser, and legal fees incurred to respond to Hubbell's appeal of the TP&Z decision. Zeoli stated that he believes that the town will not need to expend the entire \$200k account and that any unused monies will be returned to the town's fund balance.

If the town decides to purchase the property, that expense would need to be approved in a referendum vote called for that purpose. Orange resident Tim Reardon called on residents to put pressure on democratic state legislators, Paul Davis and Gayle Slossberg, to fight the state's affordable housing laws which he states are "bankrupting small communities".

At the Board of Selectmen's meeting, which followed the special Town Meeting, the Board chose Arnold J. Grant III from the four interviewed firms to perform an appraisal of the Hubbell site. The fee for the appraisal is \$7,500 plus \$275 per hour for any additional work such as court appearances.



First Selectman Jim Zeoli presented Mrs. Horling with a "Certificate of Appreciation" for her longtime service to the Orange community as he joined Sandy along with many friends and co-workers at a diner held in her honor at Biagetti's Restaurant on Tuesday, October 5th

Long Time VNA Nurse Set to Retire

By Laura Fantarella - Orange Town News Correspondent

Sandra Horling is leaving the OVNA "family" to spend more time with her own. Horling retired earlier this month after 17 years working as a visit-

("Horling" continued on page 28)

Orange Town News

Below are the next two Orange Town News Issue dates and deadlines for your convenience. Thank you for all of your submissions to the paper.

Upcoming Issue Deadline	Upcoming Issue Dates
October 22nd(Election Week Issue)	October 29th
November 12th (Thanksgiving Issue)	November 19th

Note: Copy due by 4:00p.m. Thank you.

ORANGE EDUCATION ROUNDUP

School Superintendents Offer Winter Advisory

By Tim Connellan, Bethany Superintendent, Tim James, Orange Superintendent, Gaeton Stella, Woodbridge Superintendent & John Brady, Amity Superintendent

Once again we are facing the time of year when New England weather can be very unpredictable and severe. Area superintendents of schools must ensure that each district meets the state mandated number of school days and number of instructional hours in a safe and secure manner.

The Bethany, Orange, Woodbridge and Amity (BOWA) school districts will continue to participate in a regional school transportation collaborative. This arrangement allows elementary schools to dismiss at similar times and for the Orange and Bethany Middle Schools to open and dismiss at the same time in coordination with Amity Regional High School.

When one BOWA school district closes, delays the opening of school, or dismisses early due to inclement weather, all BOWA school districts will also close, delay, or dismiss early. A delayed opening for elementary, middle and high school will be two (2) hours. The BOWA superintendents try to make a decision to close or delay the opening of school by 5:30 a.m. based upon what is expected to happen in the next two to twelve hours. Stay tuned when a delay has been announced since it might turn into a cancellation if weather conditions do not improve. Radio, television, school bus operators, staff and designated Internet-based sites will be notified immediately.

Although early dismissals are avoided whenever possible, it may be occasionally necessary to dismiss school early due to the unexpected deterioration of weather conditions. In these situations, an announcement will be issued by 10:30 a.m. Weather related early dismissal for middle school and high school students will be at 11:45 a.m. Bethany and Woodbridge elementary school students will be dismissed at 1:10 p.m. Orange elementary school students will be dismissed at 1:00 p.m. and the Orange kindergarten will be dismissed at 11:00 a.m.

Families should have an emergency back-up plan in place in the event of an early dismissal. Please make sure the children understand where they should go in the event of an early dismissal from school. Child care arrangements at home or on the same bus route should be made in advance of the early dismissal day since it will be impossible for the school staff to personally contact each parent. On days when the weather may be problematic, please stay tuned to the local radio and/or television channel to be aware of an early dismissal. As alternate drop-off and pick-up procedures vary from school to school, parents should follow the established procedure.

When school is cancelled, unless otherwise indicated, all activities and meetings are also cancelled. The school buildings will be closed.

The decision to delay, close school, or dismiss early is often a difficult one. During inclement weather when an administrative decision to open school has been made, this is not meant to preclude a family's choice to keep their student(s) home. Families are encouraged to exercise their own judgment in such cases.

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Orange Gifted & Talented Program

By Mike Licsak

How can you change the world with an idea? This is a question that the students in the Orange gifted and talented program at Turkey Hill, Peck Place, and Race Brook Schools are working hard to answer. All of the 5th and 6th Grade LEAP (Learning Enrichment Activities Program) students are creating Public Service Announcements (PSA's) to teach other students about what is important to them. Our students are going to try to change their own little corner of the world.

Discussing the power of imagery is the first step in the process. Our students are taught the importance of words from the moment they reach school-age, but not a lot of time is dedicated to the subject of how a single image can change or reinforce a person's entire belief system. We began our unit with an open-ended discussion of just that. We watched some examples that other school students had made and analyzed them for their effectiveness. What worked? What didn't? What information was learned by watching each PSA and how did we learn it, through words or images? We then talked about what we were passionate about, and how we could transfer that passion into a message that school-age children could relate to and understand. How could we use this message to affect change in our schools, families and the Orange community?

The students are discussing some amazingly thoughtful and complex topics! The real work, and this is what we are doing now, is deciding what information we can use that will touch the audience in a meaningful way. The topics range from forest preservation to concussions and from energy to the arts. They are doing all of their own topic research, script writing, and even choosing what music will be used. This takes an incredible amount of organization and planning, something that will continue until the projects are ultimately finished and ready for viewing. The caliber of the students' work so far has been outstanding and I'm sure that the completed PSA's will be terrific!



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For more information about the MOMS Club of Orange or to find out how to become a member, please contact:
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FROM OUR READERS

American Legion Thanks Donors & Participants

The American Legion Auxiliary Unit 127 of Orange would like to thank the merchants and businesses who donated to our recent fundraiser held on Sept. 26th. The event was a huge success thanks to all who donated, baked and gave their time and talent to this. The proceeds from this fundraiser support various veteran projects.

Thank you!

Cindy Romanoff
Denise Puglia
Co-Chairwomen

Proud and Honored to Support Judge John Carangelo

As a registered Democrat, property owner in both Milford and Orange, and practicing attorney, I am proud and honored to support Judge John Carangelo in his bid for Probate Judge of the newly created, consolidated Milford-Orange Probate Court.

The decision to cross party lines and vote for a Republican candidate did not come easily to me - I grew up in a family where, for good or for bad, I was told that voting the party line was the thing to do. Over time, I learned, as we all do, that a candidate has more to offer than a party affiliation; however, to be honest, I still find myself voting for Democrats most of the time. After educating myself about the candidates for Probate Judge, I surprised myself when I realized that I would be crossing the party line to vote for John Carangelo - a decision made much easier by the fact that he is, in fact, the most qualified candidate.

I have been a practicing attorney for many years and have clients with matters that must be resolved in one of the many Probate Courts across Connecticut. This is, more often than not, because a family member has passed away and my client is called upon to make several important decisions in a short period of time. Based on these circumstances, it becomes imperative that the Probate Judge my clients find themselves in front of is not only compassionate, and someone that my clients can relate to and respect, but that he or she has real life experience gleaned from the continued practice of law. John is such a person.

Connecticut's Probate Court system is unique because, unlike our other members of the Judiciary, the Judges are elected to serve. I hope that you take advantage of the opportunity to participate in this process and that you will join me and cast your vote for John on election day because he is the most qualified candidate and will make the best Probate Judge for Milford and Orange.

Tracey Lane Russo, Esq.

Stand Up and Be Counted

Orange has a proud heritage. Residents of this special town are fortunate to be able to enjoy them all. This year Orange has another opportunity to "stand up and be counted". We can send a resident, attorney Vincent M. Marino to the state senate, on Tuesday, November second, as the first state senator from Orange. The capabilities of Vincent have been demonstrated to the townspeople, serving as town counsel. He has supported every town function as a participant or supporter.

"Stand up and be counted" once again by supporting Vincent M. Marino as our state senator.

Patricia Tracy Zeoli

Affordable Housing Statute is the Real Issue

Last week's attack on Vin Marino by John Cifarelli in a local paper is an example of just how hard some people will try to spin reality. As the Board of Finance Chairman, I have worked with Vin Marino directly and John is dead wrong on his facts.

Vin Marino is our town attorney. He is currently fighting to protect us from an ill-conceived housing project submitted by Hubbell. If developed, this project will cost Orange taxpayers millions.

Contrary to the Democrat spin, Attorney Marino has saved Orange money. Here are the facts. From 2001 to 2004, during the previous Democrat administration, legal fees averaged \$258,066. From 2005 to 2010, during the Republican administration, legal fees averaged \$248,000. That's over \$10,000 less per year for a total savings of \$60,000.

Additionally, settlement costs during the Democrat years totaled \$1,453,300. While Vin Marino has represented the town, settlements have cost only \$85,000. All voters can do the math: It's a savings of \$1,368,000. The combination of lower legal costs and lower settlement costs total is \$1,428,000. That's quite a difference.

The \$200,000 increase in the town's legal budget is a needed expense to defend against a bad project. The current affordable housing law gives a huge edge to developers in court; so they sue. While Orange fights with Hubbell, the incumbent Democrat majority in Hartford, including Gayle Slossberg, have failed to do anything about this law. That is the real issue here. I know Vin Marino will fight for all of us against the Hubbell project in court. And when we elect him to the State Senate, Vin Marino will fight in Hartford against the Affordable Housing Law.

Kevin Houlihan
Chairman, Orange Board of Finance

OTN Letters Policy

Submit your letters for our "From Our Readers" section to
Orange Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@orangetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Orange Town News for publication.** We reserve the right to reject any letter.



Administering the Annual Flu Shot Clinics is just one small part of the services provided to the community by the Orange Visiting Nurses Association.

("OVNA" continued from page 1)

preparation and light housekeeping. They can provide help managing medications and disease, wound care; and assist with administering injections like B-12 and Humira shots. The integrated team approach also incorporates social services. "We can provide social workers to help patients and family deal with acute illnesses and the impact it will have even when they no longer qualify for acute care home health services," Yosua said.

The staff at the OVNA is trying to get the word out about the services they provide. Though the department is busier than ever as Orange has a high elderly population and hospitals discharge patients more quickly than in the past, many residents aren't even aware the department exists. Though the numbers are unpredictable, on the average, about 60 clients per month call upon the OVNA. In addition to its visiting nurse duties, the agency is busy with a host of wellness programs to keep town residents healthy. They hold blood pressure and flu clinics each year; PPD testing for tuberculosis; sponsor an on-site mammography van; a senior health fair and monthly "health chats" about topics of interest to the elderly. According to Wagner, the "Home Sweet Home" program offers a "second set of eyes," when family members are concerned about loved ones' living conditions. "We provide a home safety assessment to make sure they have any necessary safety devices, the home is in order and they are taking their medications properly," she said. The OVNA works in conjunction with Community Services to refer patients who may need services that include transportation, the Friendly Visitor Program, Handyman Skills Bank and Elderly Outreach.

Volunteers, many of whom also live in town, provide much needed support for all the OVNA's activities. Hall Drive resident Barbara Bacal, a registered dietitian, was on hand to help out at a recent flu shot clinic. "It's a nice town and you see the same people at the clinics that you see around town. It's nice to be part of the community. And I like the free lunch!" Bacal said.

Retired school nurses Joy Habib, Mary Ann Francolini and Carolyn McLaughlin, formerly from Amity Junior High, Turkey Hill and Racebrook schools, respectively, have volunteered at the flu clinics for years, administering the vaccine.

Old Tavern Road resident Allen Turbeville has come to the flu clinic for nearly a decade for his annual shot. "It's convenient, I'm just a mile down the road and Medicare pays for it," he said.

CASE MEMORIAL LIBRARY EVENTS

Case Memorial Library - 176 Tyler City Road - Orange, CT 06477 - 203-891-2170 Reach us on the web at www.casememoriallibrary.org

Children

Fall story hour schedule

Sessions for age 2 will be held on Mondays at 10:30 from September 13 to November 29. Session for age 3-5 (includes craft) will be held on Wednesdays at 4 p.m. from September 8 to November 17.

Mother Goose is on the Loose!

Lapsit storytimes are for babies and toddlers up to 24 months and will include nursery rhymes, music, and movement. The lapsit program will be held on Thursdays at 10:30 a.m. from October 14 to November 18. Open to Orange residents only. Please pre-register. Space is limited.

Halloween Drama Workshop "The Big Pumpkin"

Tuesday, October 26, 5 p.m. The witch has grown the biggest pumpkin ever for her famous pumpkin pie – but she can't get it off the vine – until a tiny bat with a big idea comes along! Learn how to act out this fun Halloween story with Ingrid Schaeffer. Sponsored by the Shirley Martin Prown Fund. Please pre-register. Space is limited.

Teens

Book Chat Café

Tuesday, October 19, 2:15 p.m. Held in the Amity Middle School Media Center for teens who love to read and share their opinions over refreshments. Please see Mrs. Goss.

Adults

Social Security Information Session

Monday, October 25, 4:30 p.m.: Social Security Specialist Maria Grice will discuss the ins and outs of Social Security. Get the answers to all your questions. Sponsored by "Boomers and Beyond." No registration necessary.

Cooking with Chef John Bencivengo: Apples and Eggplant

Wednesday, October 27, 7 p.m. Join Chef John Bencivengo, Senior Chef at the Chowder Pot Restaurant III, as he demonstrates how to prepare delicious apple and eggplant recipes. All attendees will taste his creations! Reservations must be made in person at the library. Receipts must be presented upon entering the program to gain admission. A \$5 per person food charge is required with your reservation.

Film Buffs: "The Girl with the Dragon Tattoo"

Monday, November 1, 7 p.m. Rated R. In Swedish with English subtitles. 152 minutes. Please pre-register.

Fall and Winter Fly Fishing for Stripers on the Housatonic

Wednesday, November 3, 7:30 p.m. Experienced fly fisher Paul Denice will discuss fishing locations on the "lower" Housatonic from the Housatonic Dam in Derby to the ocean. The talk will cover river access points, fishing gear, flies/bait fish imitations, fishing techniques, and an array of photos of successful fishermen. Sponsored by the "Friends of the Case Memorial Library". Please pre-register.

Programs at the Case Memorial Library are free (except as noted for materials charges) and open to the public. Pre-registration is requested in person or by phone. Sign up to receive notification of library happenings via the e-newsletter form available in the library or online. The library's hours are as follows: Monday - Thursday, 10-8; Friday, 10-5 and Saturday, 10-4.

More of Hull and His Delightful "Horrors"

Getting into the spirit of Halloween, the Friends of the Case Memorial Library is proud to host "Horrors At the Bijou". The program features the magic and fascination behind the great monsters of the screen. As told by Witch's Dungeon museum director Cortlandt Hull, this latest event focuses on the fun of monster mania.

Fans will be treated to his latest documentary on the Aurora Monster Model kits which were part of the craze of the 1960's. What kid couldn't resist assembling and painting his or her favorite monster to the likeness as one saw on the screen? What a time it was as one applied that special coat to the model, as if it was breathing life into the creation. Another part of the program will feature a talk on the most famous monster magazine, "Famous Monsters of Filmland". This publication gave insight to dire fans about the actors, directors, writers, make up artists, and special effects wizards that brought these nightmares to the silver screen.

Along with this, Hull brings with him a special assortment of actual movie props for display during the program.

Join us on Monday, October 25 at 7pm for this not to be missed spooktacular event. Patrons can pre-register in person or by calling 203- 891-2170. Due to the material, this program is not recommended for children under the age of nine.

Friends of the Case Memorial Book Sale

The Friends of the Case Memorial Library will hold its Fall GREAT ! BOOK SALE on Saturday, October 16th from 10:00-3:00 p.m. in the basement of the Case Memorial Library. The sale is the major fundraiser for the Friends. The Friends make purchases for the Library with funds raised from its events.

The book sales draw many dealers and private purchasers, many of whom leave with bags, cartons and even trolleys filled with books. The selection is vast and varied and there is something for everyone. There are newly published books, hard cover books, and trade editions. Fiction, non-fiction, CDs, DVDs, tapes, a children's section, a bargain book section, and much more can be found in abundance.

The basement sale is well organized with guides to categories as well as prices posted. The Fall Sale is a great time to select books for holiday giving and to support the efforts of the Friends to support the Library and its activities.

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CLUBS AND ORGANIZATIONS

'Suds and Bubbles' Coming To Orange

Orange Community Women will once again be hosting Suds and Bubbles on Friday, October 15th in the Holy Infant Gymnasium from 7:00-9:00 p.m. Suds and Bubbles is an evening of fun and socializing while tasting various beers, microbrews, and champagnes all courtesy of The New England Beverage Company and their distributors. The cost is \$15.00 and proceeds from Suds and Bubbles will go to supporting various projects within the community. Tickets are available from OCW members at VideoLab (200 Boston Post Road) or by calling Suds and Bubbles chairs, Donna Wesolowski (203-799-3519) or Pat McCorkle (203) 799-2728.

Orange Community Women is a chapter of Connecticut Junior Women, Inc. We seek to unite the women of Orange and surrounding areas in participating in community service and providing enrichment, leadership, and social interaction. This fall marks our 25th Anniversary of serving the town of Orange. Recent projects include scholarships for Amity Students, donating children's books to the Case Memorial Library, organizing activities for The Tracy Bunch, hosting social events for the residents of Silverbrook, and donating Holiday food baskets to Orange Community Services. We are always seeking new members. Anyone who is interested in learning more about the group can contact our Club President, Laura Griest (203-877-7073, lgriest@orangect.org) or speak to one of our many members throughout the community. We meet on the fourth Wednesday of each month at the Case Memorial Library in Orange.



As Selectwoman Judy Williams watches, workmen from T.M. Wright Excavation are busy putting in abutments and footings for the construction of the bridge in the Wepawaug Conservation Area on September 22nd. The Orange Highway Department also had a representative there to help, Ken Ciola.

PAUL M. KAPLAN, ESQ. Attorney and Counselor at Law

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203-799-8500

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Bankruptcy, Personal Injury, Foreclosures, Landlord/Tenant,
Zoning, Juvenile Law, Tax Appeals, Wills.

OLT/RWA Guided Hike: Maltby Lakes To Racebrook Tract

The Orange Land Trust (OLT), in conjunction with the Regional Water Authority (RWA), will be holding a Fall Guided Walk on Saturday, October 30th. People will meet at 9:30 a.m. at the Racebrook Tract parking area on Racebrook Road in Orange (Racebrook Road, North of Rte.34).

The Land Trust has arranged for a bus to take the group to Maltby Lakes on Route 34. There, a guide from the RWA will accompany us through the Maltby Lakes area, sharing information and teaching about its natural assets, and then through to the Racebrook Tract, explaining the forestry and history of the two areas.

The easy to moderate walk should take approximately two hours. The walk will end at the Racebrook Tract parking area about noon.

The Rain Date will be Saturday, November 13th. All are welcome, and please bring a friend. For information, call Judy at 203-799-6321.

First Selectman James Zeoli to Host GOP Fundraiser

First Selectman James Zeoli is hosting a Republican Town Committee Fundraiser for Atty. Vincent M. Marino, presently the Orange Town Council, running for State Senator and Atty. John Carangelo, presently Orange Judge of Probate, who is running for Judge Of Probate in the newly created Orange-Milford Probate Court. Jim feels that these men have served Orange well and deserve our fullest support in this election, November 2, 2010, so they are able to continue to serve the community.

The event will be held on Thursday, October 21st. at the Bear & Grille Restaurant, 385 Boston Post Road. It will be a full buffet served at 7:00 pm with a cash bar. The Donation is \$50.00/person, RSVP required by October 16th. Checks should be made out to: Orange Republican Town Committee (ORTC) and mailed to 177 Old Tavern Road, Orange, CT 06477. For more information, contact First Selectman Zeoli at 203-795-9679.

ORTC Sponsors "Meet the Candidates"

The Orange Republican Town Committee will sponsor a "Meet the Candidates" on Saturday, October 16th from 10 am -2:00 pm at our Orange Republican Headquarters located at 33 Old Tavern Road in Orange. (Firelight Center) Light refreshments will be served. Invited to attend are Vincent Marino (State Senate), Themis Klarides (State Representative), Peggy Rogers (State Representative) Jerry Labriola (U. S. Congress) and John Carrangelo (Judge of Probate). All are invited to attend. We hope you will bring your friends and neighbors to join us.

War Remembrance Memorial

When the town of Orange War Remembrance Memorial at High Plains was dedicated on Pearl Harbor Day, 12/07/05, there were 413 bricks surrounding the flagpoles and in the walkway. The bricks were purchased by veterans themselves or by families in memory of beloved veterans, either living or deceased. Included in this number were names of 80 veterans taken from a bronze plaque commemorating the early wars from the Revolutionary War up to World War I. Jim White of American Legion Post 127 gave Bob Fodero, committee chairman, this historic Roll of Honor Plaque.

At this time there are 502 commemorative bricks at the site. However, there is space for many more, since Henry Miller, the architect, designed the walkway to allow for the ongoing placement of additional bricks.

Currently, individuals may order bricks at \$75 until the end of December, 2010. After that date, the bricks will cost \$100 because of increased charges from vendors for engraving, delivery and the maintenance.

Also dedicated on the same day were six engraved granite benches and three flagpoles. A few people have expressed a desire to purchase a bench in memory of a beloved veteran. Tentatively there are plans to expand the area surrounding the memorial to allow for additional benches and possibly dwarf flowering trees. Applications for bricks are available at High Plains Community Center and in the First Selectman's office in the town hall. We would appreciate receiving the applications soon. This would facilitate ordering, production and placement before the cold weather.

TOWN DEPARTMENTS AND AGENCIES

From the Youth Services Coordinator

By John Ulatowski



Orange Youth Services Intergenerational Tutoring Program Openings

Orange Youth Services and Senior Services have combined to offer students, grades 1-12, tutorial/homework help. There are presently some openings for the program. Subjects being tutored are the following: Language Arts, Reading/comprehension, Writing skills, Science, Math, History, and Study Skills. Tutoring is on Thursdays from 3 to 5pm at the Case Memorial Library. There are two sessions: 3:30 to 4:15pm & 4:15 to 5:00pm. Tutors work one-to-one with their students in a safe learning environment. Parents who are interested can contact John at 891-4785 or by email at julatowski@orange-ct.gov.

Fall Cleanup? Youth Services Job Bank Offers Help for Area Residents

The Orange Youth Services Job Bank provides a service of pre-screened students, ages 13-16, who can be employed by area residents to do a large variety of jobs such as yard work, garden help, washing cars/windows, cleaning attics/basements, snow shoveling, painting, party helper, tutoring, clerical assistance, mother's helper...and more. The Job Bank has been a program that has been very successful over the years in meeting residents' specific employment needs. Please contact John Ulatowski, Youth Services Coordinator at 203-891-4785 or by email at julatowski@orange-ct.gov.

From the Fire Marshal's Office



Fire Prevention Poster Contest

Orange Fire Marshal Tim Smith has announced the start of this year's Fire Prevention Poster Contest. The contest theme is "Fire Prevention - Everyone/Everyday". Its purpose is to promote child and adult awareness of fire prevention responsibilities. The annual, statewide competition for fourth and fifth graders began on October 1, 2010 and is run by elementary teachers in cooperation with the contest sponsors: The Connecticut Fire Marshals' Association, Office of State Fire Marshal, Connecticut Fire Chiefs' Association, State Board of Education and the Connecticut FAIR Plan, which represents the insurance industry.

All winning posters on the county level will be exhibited in various areas around the State, including the State Capitol, during the month of October. From these, a state winner will be chosen to promote fire prevention throughout Connecticut. The county winners will be awarded \$200 savings bonds and the state winner will receive a \$1,000 savings bond. Fire Marshal Smith will be soliciting the assistance of the community for prizes for the winning posters from the Orange elementary schools and for areas to exhibit all the posters submitted in the contest to remind residents to be aware at all times of the importance of fire prevention.

Public Works Auction Set for Friday

By Laura Fantarella, Orange Town News Correspondent

If you're in the market for a deal on a used police vehicle, town van, or heavy landscaping equipment, bring your cash and come to the Orange town auction on October 15. The auction will start at 10 a.m. at the Public Works Department on Lambert Road next to the police station.

Some of the items to be auctioned off include 2003-2007 Ford Crown Victorias, most with at least 100,000 miles; a John Deere tractor front bucket and a hoe digger; Toro 520 Hydro, Trench Box, York Rake, John Bean Gas Motor Sprayer and a 1989 Case Backhoe-loader.

"Last year was the first time we held an auction and it netted about \$16,000," First Selectman James Zeoli said. "Everything sold and the buyers all seemed very happy. Some thought they got a great deal!"

Zeoli expects this year the auction will attract more than the 100 who attended last year from all over the state. "It's actually kind of exciting, it's a lot of fun," he said. "We're laying odds on what the backhoe will sell for."

An auctioneer from Middlefield will lead the event and town workers and mechanics will be on hand to answer questions about the cars and equipment for sale. Buyers must have cash or a certified item to make a purchase. A full list of sale items is available at the Public Works Department.

Adopting Families and Elderly for the Holidays

Every year the Community Services Department for the Town of Orange organizes a gift-giving event for our Resident Families and Elderly in Orange who are in need. The identities of our recipients are kept confidential for their privacy. We are asking Orange residents to adopt one of our families/elderly residents or to donate whatever they can to help us out this year.

The families that participate are asked to send us wish lists from their children to help our sponsors with ideas for gift giving, whether it's a toy, clothing, a book or gift card. We also request grocery gift cards for perishable items and decorated food baskets, containers, boxes, bags, etc. for our recipients to help them with their food needs.

We will also have due dates of November 19th for donations for Thanksgiving and December 17th for the Holidays, this is for delivering any of your donations to our office.

If you would rather send a monetary donation you can donate to the following programs:

- Holiday Project Program
- Food Closet Program
- Emergency Fuel Assistance Program

Send your check to The Town of Orange Community Services Department at High Plains Community Center, 525 Orange Center Road, Orange, CT 06477. Checks are Payable to: "Treasurer Town of Orange".

If you would like to participate in this great cause, please contact Kim Calahan at (203)891-4788, Mondays thru Fridays from 8:30 am until 4:30 pm.

OVNA Healthline



The next Orange VNA Blood Pressure Clinic will be held at its office located at 605A Orange Center Road (the former Library) on Monday, October 25th, from 1:00 pm. to 2:00 pm. No appointment is necessary.

If you are having problems with your blood pressure or your doctor would like more frequent monitoring; this is a chance each month to get your blood pressure checked. Also, this is an excellent opportunity to get more information and teaching from the VNA nurses on various health issues.

Please stop in and receive your FREE medication card wallet!



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ORANGE HOUSE OF WORSHIP EVENTS

Saint Barbara's Offers Cooking Classes

The Ladies Philoptochos Society of the Saint Barbara Greek Orthodox Church in Orange, continues to offer its very successful cooking classes for traditional Greek dishes that are part of the Mediterranean diet. The classes are held every Tuesday 7:00 - 9:00 pm at 480 Racebrook Road. Classes for Fall 2010 will be held on October 26 and November 2, 9, and 17.



Saint Barbara Greek Orthodox Church

This series will include dishes such as: mousakas with mashed potatoes (eggplant casserole), portokalopita (orange pie with phyllo dough), traditional appetizers and desserts and many more. Cost for the series is \$140 and includes ingredients, generous tasting, and copies of recipes. Single classes are \$40. For additional information and registration please contact: Olympia Hadjimichael at 203-397-5112 (daytime) or ohadjimichael@gmail.com; Jane Hadjimichael at 203-389-5251 (evenings) or jane.hadjimichael@gmail.com.

Happenings at Chabad of Orange/Woodbridge

Unless otherwise noted, all events will take place at Chabad of Orange ~ Woodbridge, 261 Derby Avenue. For additional information and/or reservations, call 203-795-5261.

MOMMY and ME: Mommy & Me...Let's Celebrate Shabbat! Back by popular demand, fabulous children's entertainer, Bobby Doowah, gets the kids grooving and shaking with his unique style of interactive hands-on music, movement and just plain fun! Bobby Doowah's contagious enthusiasm, originality, and creativity charms kids and parents alike. A wonderful morning of quality time and bonding for mothers and children.

Fall 4 week session: Wednesdays: 10:30-12:00 noon/October 13, 20, 27 & November 3. Fee: \$15 per week or \$55/session (kiddie lunch provided). RSVP required.

Judaism on a Roll: "Basics and Beyond" through textual study and gleanings from our commentaries will shed light on Torah concepts and their relevance to contemporary life. The Instructor for this series is Mrs. Susha Alperowitz. RSVP Required: 203-795-7095 or email jwc@chabadOW.org.

Wednesdays: 12:30-1:30 - Session I: October 13, 20, 27; Session II: May 2, 9, 16 (boxed lunch) This series will be held at the Jewish Community Center (Woodbridge Room), 360 Amity Road, Woodbridge, CT.

Loaves of Love: Bring the joy of Shabbat home with freshly baked challah for your family to enjoy. There is a \$15/supplies fee. This workshop will be held Thursday, October 21 - 7:00pm at the home of Beverly Levy, 37 Spoke Drive, Woodbridge. Please call Chabad to confirm your reservation.

The Friday Night Experience for the Whole Family: Friday Nights will never be the same for you and your family after you attend our "Friday Night Experience". Following Kabbalat Shabbat, say L'Chaim to Life with a designer drink, and sample delicious appetizers while you enjoy some down time with friends, old and new. No long speeches, just a meaningful minute that's guaranteed to give you an insight into life.

Fridays: 10/29, 11/26, 12/17, 1/14, 2/18, 3/11, 5/27

Kabbalat Shabbat: 6:00-6:30pm followed by Kiddush: 6:30 - 7:00pm.

Holy Infant Woman's Guild Calendar

The Holy Infant Church Women's Guild is holding the sale on Saturday, October 30th from 9 am - 2 pm. It will be in the school gym at 450 Racebrook Road. Over 30 vendors will be selling books, collectibles, household items, etc. Refreshments will also be available for purchase.

The Holy Infant Church Women's Guild is sponsoring a trip to the Mohegan Sun Casino on Wednesday, December 1, 2010. \$65 includes a promotion package with a \$15 food credit and a \$15 betting bonus. Departure from the Holy Infant parking lot is at 8:15 a.m. Leave Mohegan Sun at 2:30 pm for a short drive to Olde Mistick Village. There is a one hour shopping option at the Village. Then see the Christmas musical production of "Crachit's Christmas" at Cornerstone Playhouse. Depart from Mystic at 5:30 pm. A boxed lunch is included on the return trip. For reservations call Elizabeth at 203-799-2379. A limited amount of seats are still available.

Orange Congregational Church to Hold 3-Day Symposium

The Orange Congregational Church, 205 Meeting House Lane, is proud to announce a special Three-Day Symposium entitled "Rekindle your Passion!" Andrew Harvey, an internationally acclaimed author and poet, will be the key speaker and moderator. Andrew is a Christian Mystic who believes that each of us has the inner power and ability to become passionate, peaceful and brave sacred activists. His latest book, *The Hope*, is a guide centered on that same theme: Awaken your inner passion, act upon it and help make the world a better place!



Orange Congregational Church

"We are incredibly fortunate to have Andrew Harvey come to our church and share his insights and guide us into practices to help make this a more peaceful world", stated Reverend Lee Ireland of the Orange Congregational Church. "This is a one-time opportunity for the OCC congregation and the community of Greater New Haven County at large to listen to a world renowned mystical scholar and teacher! This is a very important event for our church!"

The Symposium schedule is: Friday November 5th, 7:00PM to 9:00PM/ Through the Heart of Rumi; Saturday, November 6th, 10:00AM to 4:00PM/ Workshop (includes lunch); and Sunday, November 7th, 12 noon to 2:00PM/A brief version of Rumi and Sacred Activism.

The all-inclusive 3-day Program Package is \$65.00. Register early! Seats will go fast! Registrations can be obtained by calling the OCC church office at 203-795-9749 or go to www.orangecongregationchurch.org for more details, student rates, and to download a registration form.

This special three-day event is in partnership with the New Haven Association of the United Church of Christ. Any proceeds from this event will be dedicated as seed money for missions for peace and equality.

Elm City Winds Benefit Concert

Elm City Winds, an active woodwind quintet, will present a concert to benefit the Pipe Organ Renovation Fund of the Orange Congregational Church. The concert will take place at the church on Orange Center Road, Sunday, October 24, 2010 at 3 PM. The quintet is comprised of five dedicated, professional musicians some of whom have been performing together for over 15 years. The program will include arrangements of music from light favorites to serious classical chamber music. The group has given many pro-bono concerts for various causes in the New Haven area.

Tickets are available through the Church Office during the week, after Sunday services or at the door the afternoon of the concert. Admission is \$10 per person with children 12 and under free. A reception will follow in the church dining room.

Congregation Or-Shalom to Host Free Monthly Event for Children

Congregation Or Shalom of Orange is once again sponsoring Kinder Kreations, a free pre-school event for children. Kinder Kreations will take place at the synagogue, 205 Old Grassy Hill Road in Orange, on Sundays from 9:15 to 10:30 a.m.

Mrs. Patti Hollander, a synagogue member who leads the program, said that each session will include a story, arts and crafts, and a snack. This month's activity, on October 17, incorporates Shabbat & Tzedakah.

Rabbi Alvin Wainhaus, spiritual leader of Congregation Or Shalom, also will lead the children in singing. Kinder Kreations is available at no cost. Children of synagogue members and non-members may participate in the program. The purpose of the program, according to Mrs. Hollander, is to "provide three and four-year-olds with the sights, sounds and sensations of Judaism."

Information about Kinder Kreations and other programs at Congregation Or Shalom is available by contacting the synagogue at 203 799-2341.

The upcoming dates are: November 21, January 30, March 20 & April 3.



Congregation Or Shalom

Amity Regional High School Class of 1975 to Hold 35th Year Reunion

Calling all classmates from Amity Regional High School class of 1975! We want you! The Amity Regional High School Class of 1975 35th Year Reunion will be held on Saturday, November 27, 2010 at Race Brook Country Club in Orange. Interested classmates should contact Karen (Agapiou) Kerames at 203 799-3115 or kkerames@hotmail.com for more details.

Invitations for the reunion will be mailed out soon. Anyone that knows other classmates that might have dropped out of contact, should share phone numbers, mail and e-mail addresses with the Reunion committee as soon as possible.

In addition, a Facebook page for the Amity High School Class of 1975 has been setup to register for the Reunion. Classmates on Facebook should join it to get updates on both events and to converse with fellow classmates about the class and the reunion. Classmates that know the latest addresses and in particular, email addresses of other Amity classmates should contact: Mitchell R. Goldblatt, 291 Drummond Road, Orange, CT 06477. Phone 203-795-4337 or via email: mitchgoldblatt@aol.com.

Easter Seals Goodwill Announces Partnership with the Boy Scouts of America

October will be Boy Scouts of America's Goodwill month. During each weekend in October, the Scouts will volunteer to work at the Branford Attended Donation Center on West Main Street (Rt. 1), across from Walmart, open Sunday-Saturday, 8:00am-6:00pm. The Scouts and their troop leaders will assist Goodwill donors with their donations. Goodwill accepts items in good resalable condition including clothing, linens, shoes, books, household items, computers, small appliances and furniture. The Boy Scouts of America will also be selling popcorn each weekend to benefit the BSA. Any Scouts that volunteer will earn a specially designed merit patch. A contest among the Scouts will take place to design the Goodwill/BSA Centennial Patch. The winner will be announced on October 12, 2010. Goodwill will then have the patches made and hand them out to all Scouts who have earned them.

For further information about the Boy Scouts of America, contact Herbert Kemp, Lighthouse District Executive at (203) 876-6868 ext. 275



Old Saybrook □ Hamden □ New Haven □ Orange □ Branford

FALL EYEWEAR SHOW PREMIERING 2010 COLLECTIONS

Saturday, October 23, 2010
10:00a.m. ~ 5:00p.m.

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Paul Smith **MOSLEY TRIBES** 80 Whitney Avenue
SPECTACLES 203-624-3145

OAKLEY **TRACTION PRODUCTIONS** **Branford Location**
"Rolling O Lab" in parking lot TommyK Plaza
1100 W. Main Street
203-488-0739

PRADA **Hamden/North Haven Location**
DOLCE&GABBANA 1957 Whitney Avenue
203-281-0290

Ray-Ban **Sunwear & Ophthalmic** **Old Saybrook Location**
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Hamden Blood Draw Center
Located in the Father Michael J. McGivney Cancer Center - Hamden Campus
2080 Whitney Avenue, Hamden
M-F 8 a.m.-12 p.m.
203.867.5643

Hospital of Saint Raphael
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1450 Chapel Street, New Haven
M-F 8 a.m.-4:30 p.m. • 203.789.4052

Orange Blood Draw Center
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M-F 7 a.m.-8 p.m.
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- Most insurances accepted.
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Hospital of Saint Raphael
www.srhs.org

HAPPENINGS AT THE ORANGE SENIOR CENTER

By Joanne Byrne

Cabaret Night

All That Jazz, a husband and wife team, Chris and Erin Stanley, will entertain at the last Cabaret Night on October 20 from 5:30 to 7 pm. Chris and Erin sing vocal duets and play the piano. Their music ranges from old and new stage and screen musicals, jazz standards, and new and old favorites. Dessert and coffee will be served. \$5 tickets must be purchased in advance. Come enjoy this last Cabaret of the year.

October Nature Walk

The next senior center Nature Walk will be on Monday, October 25. Hikers will go to Sleeping Giant in Hamden and walk up the Tower Trail which is a gravel service road with switchbacks for a gradual climb to the stone tower from which there are 360-degree views. The entire walk is three miles. Hopefully, it will be a clear day with good foliage. Hikers meet at 9 am under the High Plains Pavilion and carpool to the start of the hike. Call the senior center to sign-up for this month's Nature Walk.

CPR Hands-Only Course

Have you ever been in a situation where a family member, loved one, a neighbor, or even a stranger has stopped breathing and needs CPR? Everyone knows that 911 should be called first. But perhaps you can do something to help save the person's life while waiting for help to come. Trouble is, we are all afraid to do something, and not quite sure what to do. New studies have shown that "hands-only" CPR can save lives. An estimated 310,000 Americans die each year of cardiac arrest outside hospitals or in emergency rooms. Come learn how to administer "hands-only" CPR so you will be equipped if someone you know stops breathing. Sue VonRabenstein, Aquatics Supervisor with the Park and Rec. Department, will teach how to do "hands-only" CPR on Monday, October 18 at 1 pm. in room 2. The class will not last longer than 2 hours. The training is free and class size is limited. Call the senior center to register.

Volunteer Opportunities with AARP Tax-Aide Program

The Connecticut AARP Tax-Aide program is seeking volunteers to provide one-on-one help in preparation of income tax returns. Computer literate volunteers of all ages and backgrounds are welcome. You do not need to be an AARP member or retired. Training in cooperation with the IRS will start in December for the 2011 tax season. Tax-Aide is a free, confidential service run by volunteers who prepare Federal and Connecticut tax returns. The service is offered to low and middle income taxpayers of all ages, with special attention to those 60 and older. The Orange Senior Center is a site for offering this service. To sign up to be a volunteer, visit www.aarp.org/taxaide.

Friday at the Movies

The movie to be shown on Friday, October 15 at 1 pm in the senior lounge will be "Letters to Juliet". This enchanting movie is about an American girl on vacation in Italy who finds an unanswered "letter to Juliet", one of thousands of missives left at the fictional lover's Verona courtyard, which are typically answered by the "secretaries of Juliet". She goes on a quest to find the lovers referenced in the letter. "Letters to Juliet" stars Amanda Seyfried and Vanessa Redgrave. Reservations are necessary for the movie by calling the center. Popcorn and soda are served.

4th Annual Holiday Door Decorating Contest

Clubs, Community Groups, Civic Organizations and Town Departments are invited to decorate one of the hallway doors at the Community Center for

this year's contest. Decorations will be judged by a panel for "Best of Show". A prize will be awarded to the winning group. Call the senior center if you would like an entry form.

Upcoming trips

Come to the senior center to get descriptive fliers on the following new trips which have been planned for the remaining of this year and next:

- UCONN Womens's Basketball Game – Sunday, December 19, 2010
- Mohegun Sun Overnight Trip – Wednesday and Thursday, January 19 – 20, 2011.
- Philadelphia Flower Show and Museum of Art – March 12 – 13, 2011.
- "Memphis, the Musical" - Wednesday, May 4, 2011.
- Cruise to Bermuda from NY – May 15 – 22, 2011.
- Canyon Country – Featuring Arizona and Utah – September 8 – 16, 2011.

Laurel Estates Calendar



All events are free and are open to the public. Some require an RSVP. For more information on any of the events below, please contact Briana at 203-795-3117 or visit us online at www.Laurel-Estates.com.

- Wellness Clinic- Every Monday at 1:30pm-2pm- Stop by our Activities Room for a free blood pressure reading and/or weight measurement by one of our Registered Nurses.
- Generations Stitch Club- Every Tuesday from 11am-12pm- Calling all knitters, crocheters, embroiderers and seamstresses of all ages and experience levels, join us for a gathering of good company and fiber fun. Come to learn, come to teach, come to play!
- Bible Study- Every Tuesday evening at 6:30pm- Reverend Rhonda Taylor of the First and Wesley United Methodist Church joins us for a non-denominational discussion exploring 'The Good Book'.
- Long Term Care Planning Seminar- Tuesday, October 19th at 7pm- What are my retirement living options? What are the costs? How will I pay for it? Are there any state or federal programs to assist me? Our seminar will help attendees understand the physical, emotional and financial consequences that can occur when caring for a loved one with a chronic illness.
- Come learn about the services and strategies available to assist you during this most difficult time. Refreshments available; please RSVP to 203-795-3117
- Oktoberfest!- Friday, October 22nd at 12:30pm- Visit Laurel Estate's restaurant to indulge in fine German cuisine and beer. Then stay to enjoy a traditional German music concert. Please RSVP to 203-795-3117.
- Halloween Party- Friday, October 29th at 12:30pm- Join us for a hauntingly good time as we serve up spooky food and fun. Come dressed in your Halloween costume and participate in our costume contest to win prizes, then relax to the melodies of piano man Doug Mulcahey. Please RSVP to 203-795-3117.
- Trick-or-Treating Party- Sunday, October 31st from 2pm-3pm- Calling all little ghosts and ghoulies. Come dressed in your Halloween costume to start early on your trick-or-treating. Apple cider, donuts and, of course, candy will be offered to all the little goblins and their parents who join us! Please RSVP to 203-795-3117.

"Alzheimer's 101" Course Offered

Home Instead Senior Care presents "Alzheimer's: 101, The Basics of Caring for Someone with Dementia" with Maria Tomasetti of the Alzheimer's Association Connecticut Chapter. The program will be held Monday, October 25th from 6pm - 8pm at The Milford Public Library (57 New Haven Avenue, Milford 06460) in the Program Room, Lower Level. Refreshments will be provided.

No two people experience Alzheimer's disease in the same way. As a result, there's no one approach to care giving. Your responsibilities can range from making financial decisions, managing changes in behavior, to helping a loved one get dressed in the morning. Handling these duties is hard work. But by learning care giving skills, you can make sure that your loved one feels supported and is living a full life. You can also ensure that you are taking steps to preserve your own well-being.

For more information and to reserve a seat, please contact Andrew Clifford at Home Instead Senior Care: (203) 874-1101 or email Andrew.Clifford@HomeInstead.com.



Diamond Designs, FireTech Sponsor "Folks on Foot" Team

Orange, CT - Diamond Designs of Orange and FireTech of West Haven sponsored their yearly walking team "Folks on Foot" held on September 12th during Milford's annual "Folks on Spokes" event to benefit Bridges of Milford. "We have sponsored a walking team for several years for the Folks on Spokes event," said Dee Dadlani, Jewelry Designer of Diamond Designs. "We both are very much into giving back to the community and this is a great opportunity for our team to get together, enjoy the outdoors and benefit a wonderful organization."

Folks on Foot is a 5K non-competitive walk or run from Fowler Field in Milford to Fort Trumbull Beach and back. The route is mostly flat and includes a rest stop with water and snacks.

Bridges is the designated Local Mental Health Authority offering outpatient mental health and addiction services in Milford, Orange, West Haven and surrounding communities in South Central Connecticut. Recover-focused services including evaluation, counseling and treatment are available to adults, children, adolescents and families. The company now services approximately 5000 people annually.

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Wine Talk

With Ray Spaziani

What to Know About Bordeaux



“Wine is constant proof that God loves us and loves to see us happy”.- Benjamin Franklin

At a recent wine class I was asked, what is Bordeaux and what is a Bordeaux blend? A Bordeaux wine is any wine produced in the Bordeaux region of France. The wines range from everyday table wines to some of the most expensive and prestigious wines in the world. Bordeaux is located about one quarter of the way up from the Spanish border on the western part of France near the Atlantic Ocean. Bordeaux is a valley that has two rivers, the Garonne and the Dordogne, that serves as tributaries to the Gironde estuary that dominates the region and irrigates the farmland and provides the Atlantic Climate; also known as the oceanic climate. The major reason for the success of winemaking in the Bordeaux region is the excellent environment for growing grapes. The geological foundation of the region is limestone, leading to a soil structure that is heavy in calcium.

The Bordeaux grapes, which are blended to make some of the world's finest wines, are limited to Cabernet Sauvignon, Cabernet Franc, Merlot, petit Verdot, Malbec and Carmenere. Today typical top quality blends are 70% Cabernet Sauvignon, 15% Cabernet Franc and 15% Merlot. This is referred to as the “Bordeaux Blend.” In California when using these grape varieties, a similar wine is called “Meritage” to rhyme with Heritage. This is the California version of the Bordeaux Blend. Although there are some wineries that use this blend but are not listed as Meritage because it costs money to belong to the Meritage society and use that name on wines.

Only about 11% of the wines of the Bordeaux region are white wines - 7.8% for dry and 3.2% for sweet wines. Among the sweet wines included is the famous Chateau d'Yquem. This is one of the world's most coveted desert wines. There is a sparkling wine called Cremant de Bordeaux that rarely makes it out of the country. Bordeaux wine is made by more than 8,500 producers or Chateaux and there are 60 appellations.

The Romans planted the first grapes in Bordeaux around 122BC. Most of the wines were for local consumption until Henry II married Alienor d'Aquitaine in the 12th century. This marriage made the province of Aquitaine English territory. Bordeaux wines became very popular in England where they were referred to as Claret. Various wars made exporting the Bordeaux wines difficult despite their popularity on and off throughout the centuries. In 1875, the all Bordeaux vineyards were ruined by Phylloxera infestation. The region's wine industry was rescued by grafting native vines on to pest-resistant American rootstock and all Bordeaux vines that survive to this day are a product of this action. Try some Bordeaux you will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.



Holy Infant Preschoolers Celebrate Return to Class

Holy Infant's preschool session began as any other first day of school with new backpacks and nervous excitement. Children happily greeted their friends and teachers at the school that is in its 22nd year of operation. Holy Infant's cooperative preschool runs classes for 3, 4 and 5 year old children who are preparing for their inclusion into local area school systems. Limited space is still available in the classes and teachers are available to answer any questions by calling 203-799-6783.



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On a sunny, chilly fall afternoon Sacred Heart Academy marks another milestone in its long-standing tradition of excellence as Sr. Sheila Mary O'Neill, ASCJ, Ph.D., '71, surrounded by family and friends, was officially inducted as the first female president of Sacred Heart Academy. Reverend Monsignor Gerard G. Schmitz officiated the Mass of Celebration in the Mount Sacred Heart Chapel.

Pictured (l-r): Joan Zorena, Sr. Sheila O'Neill, ASCJ, Ph.D. – Newly Inducted President, Clare Zorena, Lorena Zorena and Richard Zorena.

Photo: Courtesy of Elizabeth Christophy.

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"Dining with Susan"
By Susan Noonan



Valley Diner & Restaurant



Americans have a long-abiding love of diners. These special restaurants are characterized by offering a wide range of foods, mostly American, a casual atmosphere, a counter, and late operating hours. The first recorded diner was a horse-drawn wagon equipped to serve hot food to employees of the Providence Journal, in Providence, Rhode Island in 1872.

The Valley Diner located on Route 34 in Derby, a longtime icon along this well traveled road has been owned by the same family since 1978 which is something very unique in the ever-changing restaurant business. John Kokenos along with his uncles Jimmy Kokenos & Perry Pettas oversee the day to day operation of this very busy establishment. Last year the family totally remodeled the diner and I must say they did an outstanding job with both the interior & exterior renovations. Two of the most significant changes were the addition of a handicapped ramp to accommodate wheelchairs and walkers along with a great private room that can seat up to 50 guests. My family (including 3 of my 4 sisters) has been celebrating Easter at the Valley Diner for a few years. It now has become a tradition for us and I must say the group grows every year. This past Easter we had about 30 in our party and I was so grateful for the diner's new room as we tend to get a little boisterous. I have also used this room for business meetings as they have a podium & microphone available. John mentioned that they have been booking many private parties in this new room as the word has gotten out.

The menu is, of course, extensive with a wealth of choices as they say "old world cuisine, comfort food and everything in between" from breakfast to late night snacks. In addition to the regular menu the diner offers a separate "Daily Special" menu that includes 2 soups of the day, 5 fresh vegetables, 5 potato/rice choices, 6 salad dressings (you must try the house special green goddess), an appetizer of the day, mini specials served from 11a-6p and the entrée specials served with a choice of soup or salad. Prime Rib is available every day and, of course, many "Greek Classics" that are prepared so well. Most of the desserts are made in-house including cheesecake, pies, cakes, puddings, etc. I have always had a very good meal and wonderful service at this establishment. The dedicated staff is always welcoming and efficient. The best part is that you can get just about anything you want to eat at anytime of the day or night from an omelet, pancake, grilled cheese, burger, a full course dinner, glass of wine or just dessert and coffee.

Open 7 days a week – Sunday-Thursday 6:00am-12:00am – Friday & Saturday 24 hours.

Full bar available – Take-out on all menu items – Handicapped Accessible – Large parking lot – Reservation accepted & recommended for large parties – All major credit cards accepted.

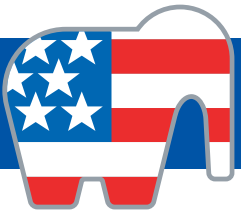
Valley Diner & Restaurant
636 New Haven Avenue (Route 34), Derby
Phone – 203-735-2445 Fax 203-735-0529

Also visit their other location Plaza Diner & Restaurant – 737 Bridgeport Avenue, Shelton, CT 06484.

Final notes: With over 30 years' experience, the Valley Diner definitely knows how to do it right. For breakfast, lunch, dinner, or late night snack, this family friendly restaurant offers consistently good, reasonably priced food and great service along with a beautiful new dining room. Please remember to support our local family owned businesses. If you have a favorite restaurant, e-mail susan@orangetownnews.com.

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OTN ELECTION FEATURE - STATE REPRESENTATIVE (114)



23 Year-Old Challenging Klarides for Representative

By Richard Weizel – Orange Town News Correspondent

ORANGE – By the time 23-year-old Joshua Hershman graduated from Amity High School, State Rep. Themis Klarides, R-Derby, had already served six years representing the 114th District that encompasses Woodbridge and parts of Orange and Derby.

Since that time Klarides has served another six years in the state legislature, being named deputy Republican leader in a General Assembly where Democrats hold a super-majority. Klarides, a lawyer and partner in the law firm of Klarides and Kaplan in Orange, is also a member of several key legislative committees, including education, finance, revenue and bonding, internship, and judiciary and public health, and is seeking her seventh two-year term. “We’ve accomplished a great deal, especially considering how long the Democrats have held a super-majority,” Klarides said. “But there’s a lot more work to be done and I have the motivation and experience to keep fighting for reforms that will create jobs and get our economy going again.”

Klarides said “creating fiscal responsibility and establishing a more business friendly environment to create new jobs” must be the legislature’s top priority. She pointed out that last year the General Assembly passed a \$36-billion budget, even as the state faced a \$9-billion deficit. “That has to change,” she said.

Klarides, however, also pointed out that she is able to work with legislators in both political parties. “My principles and political beliefs are Republican through and through, but you can’t survive as the minority party or get important things done without having the ability to work with those on both sides of the aisle,” she said.

But for someone so young, Hershman has also been busy gaining some impressive experience in government and in diverse political settings, having worked for three members of the U.S. Congress – a Democrat, Republican and Independent -- during his time in college.

Hershman, who graduated with honors, magna cum laude from Muhlenberg College in Allentown, Pa. in 2009, served in internships for U.S. Sen. Sheldon Whitehouse, D-Rhode Island in the fall of 2007 and considered one of the most liberate members of the Senate, then for Connecticut’s U.S. Sen. Joseph Lieberman in the summer of 2007, and finally for Congressman Charlie Dent R-Pa. a moderate Republican, in the fall of 2008. In the spring of 2008, Hershman also interned for Pennsylvania State Representative Jennifer Mann “where I worked to help get constituents the services they needed. That was my most rewarding public service experience of all.”

Hershman, now a student at the University of Connecticut School of Law who resides with his family in Woodbridge, is hoping to continue that public service experience by defeating Klarides in the upcoming election. “While I am young, I have had my share of experience in the political arena,” Hershman said. “Having interned for Independent, Republican, and Democratic congressmen, I know the ins and outs of government agencies and programs. I was taught by the best how to get things done for my constituents.”

Hershman, who considers himself a liberal on social issues, but a fiscal conservative, said it’s “time for a change” in the district’s representation. “I will take on the issues that concern the people of Derby, Orange, and Woodbridge with innovation and creativity,” he said.

During the campaign, Hershman has focused on the potential development of the Hubbell property and the “negative environmental impact” that could have on Orange. He strongly opposes the project as “putting too many strains on the town’s services.

“My representation of our district will remain my primary concern. While walking door-to-door, it has been clear to me that the economy is voters’ primary concern,” he said.

Hershman said in recent surveys “75 percent of voters are upset with incumbents and I think this is a very volatile election year. Everybody is fed up with politicians in general and they want something different. I believe I bring something different to the table. A fresh set of eyes looking at the issues can go a long way”.

Klarides, however, said if there’s any change needed in the state legislature, it’s a change of party control, where the Democrats have dominated for

three decades. “Obviously, it’s tough at times being the minority party to a super majority, no doubt about it,” Klarides said. “But that shows it has been bloated Democratic budgets that have plunged the state into such a fiscal mess.”

Klarides said one of her “proudest moments” during her 12-year tenure came in 2007 when Gov. M. Jodi Rell proposed a budget that included a tax increase, despite the state having a major surplus at the time. “The Democrats wanted an even higher increase,” Klarides said. “We (Republicans) were so upset about it we wrote our own budget with no tax increase and that budget passed with no new taxes”.

Klarides is also proud of some of her accomplishments on the local level. She led the fight to keep the Derby courthouse open when Rell proposed several courthouse closings to save money and helped pass host drinking legislation that makes it a crime to serve alcohol to underage houseguests. “I’m helping the towns I represent do what’s best for them, but I also always look at the big picture and how things impact the entire state” she said “Being a state representative requires a wide range of work on both the local and state levels”.

For more information about these candidates, visit their websites:



Themis Klarides (R)
www.themisklarides.com



Josh Hershman (D)
www.hershman2010.com

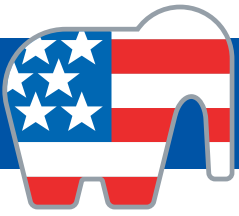


For Information on the Democratic Candidates
visit their Campaign Headquarters at
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OTN ELECTION FEATURE - STATE REPRESENTATIVE (117)



Rogers Seeks To Unseat Davis In Bid For Fourth Term

By Richard Weizel - Orange Town News Correspondent

ORANGE - State Rep. Paul Davis, D-Orange, is a retired high school, middle school and junior high school science teacher and award-winning swim coach who believes state and federal education funding must be reformed so the towns in his district receive a more equitable piece of the pie. He has represented the 117 Assembly District that covers parts of Orange, Milford and West Haven the past six years and is seeking a fourth two-year term. As assistant majority leader in the state House and a member of the Environment, Education and Regulations Review Committees, Davis believes he combines the "passion and experience" to gain re-election.

But, as with all incumbents this election year, he concedes it won't be easy. An anti-incumbent fervor has gripped the state and challengers in both parties, such as Republican Peggy Rogers of Milford, are basing much of their campaigns on the need for change and claims the Democrats have failed to keep the state fiscally solvent.

Republicans, like Rogers, who is co-owner of a long-time auto-repair and towing service in Milford, say that Democrats - who have had a super-majority in the state legislature for decades - are anti-business and need to be replaced. "There's a reason Connecticut is considered 49th or 50th in business friendliness in this country and that's got to change," said Rogers. "There are so many mandates, taxes, and fees that discourage business growth and it's the Democrats, like my opponent, who have failed to make the changes necessary to cut taxes, stimulate the economy and create new businesses and jobs."

Rogers, along with husband Bob Rogers, took over the management of Rogers' Service Co., Inc., Center Auto Body in 1980. At the time, Center employed 3 technicians in one location and owned two heavy-duty tow trucks. Today, Rogers' Service has grown to employ about 16 employees in two locations and added Center Towing and Truck Repair which includes diesel truck and trailer repairs, road service, and heavy equipment transport - both locally and interstate. They opened a new 18,000 square foot facility on Research Drive July 1st, but Rogers admits it's been a struggle to maintain the business "because of the failure by the Democratic-controlled State legislature to enact any meaningful reform. That's a local problem, but one felt throughout the entire state."

Davis counters that things are getting better. "Obviously, the issue that everyone is talking about is jobs and the economy. But I think we've done some very good work in this area and are continuing to make progress. I co-sponsored a major piece of legislation at the end of the recent legislative session that ended in May designed to foster jobs and business growth, Public Act 1075, - which was a bi-partisan effort - and included signature by Republican (Gov.) Jodi Rell."

Davis, however, admits the state has a long way to go to turn around the economy and create enough new jobs. "Connecticut has had a reputation of not being a business friendly state, that is true, but some of the changes we've made over the past four years have been designed to change that perception and mentality," he said. "However, in the legislature you have to deal with a broad base of issues and while jobs has to be our number one priority - we've also got to focus on education, roads, infrastructure, social services for people in need and the needs of senior citizens."

But Rogers believes Democrats like Davis have had long enough to make necessary reforms and that more Republicans with business experience, like herself, could make a big difference in changing the attitude in Hartford and across the state regarding business growth. "When you have to meet a payroll every week and are forced to say no sometimes to things you want and need, but can't afford, that makes you have a very different perspective and view things a lot more realistically," Rogers said. "If we could get even a few of us like that elected to the legislature who understand that and aren't career politicians, I believe it would make a major difference and lead to real change."

Davis retired in 2002 after working 34 years as a science teacher at Gianotti Junior High and Middle School in West Haven and as a science teacher at West Haven High School. He retired in 2006 after 39 years as Varsity Swim Coach at Amity Regional High School 1979-2006, having been named coach of the Year 1985, 1986, 1988, 1990, 1991, 1997, 2002. He was also named Region 1 High School Coach of the Year and Finalist for National High School Coach of the Year 2002 and was inducted into the Connecticut High School Coach Association Hall of Fame and Amity Alumni Athletic Hall of Fame 2009.

Rogers put herself through college at Central Connecticut State University with a degree in Industrial Education. At Central she was inducted into Kappa Delta Pi, an Honor Society in education and Epsilon Pi Tau, an Honor Fraternity in Industrial Education. She has also been an active member of the Milford Rotary Club.

Visit our website at www.orangetownnews.com

Voter Registration Sessions

The Registrars of Voters will be holding the following sessions for new registrations, change of address within town, those reaching 18 years of age, new residents, and becoming a U.S. citizen.

The first session will be held on Saturday October, 16, 2010 from 10:00 a.m. to 2:00 p.m. at the Orange Town Hall, located at 617 Orange Center Road.

The second session will be held on Tuesday October 26th, 2010 from 9:00 A.M. to 8:00 P.M. and will be the last opportunity for most residents to register to vote in person before the election. This is the last regular session for admission of electors who become 18 years of age, U.S. citizens or residents of Orange on or before October 26th, 2010.

Those whose rights as to age, citizenship, or residence after the above date may apply in the office on a daily basis until November 1st, 2010 from 9:00 A.M. until 12:00 noon.

Mail-in voter registration deadline is the fourteenth day before Election Day. All mail-in voter registration applications must be received or post marked by this date in order to be accepted for the November 2, 2010 election. All sessions will be held in the Registrars' office located on the second floor of the Town Hall.

For more information about these candidates, visit their websites:



Paul Davis (D)
repdavis117@gmail.com



Peggy Rogers (R)
www.peggyforcongress.com



For Information on the Republican Candidates
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ARTS AND LEISURE

Benefit for the Arts

New England Ballet invites all patrons of the arts and dance enthusiasts to a live art auction benefit to support the arts in Connecticut on Sunday, October 24th at the Hilton Garden Inn, 291 Old Gate Lane in Milford. Marlin Fine Auctions will present a live auction of fine art, sports memorabilia, and other items donated by local artists and businesses, including memorabilia donated by Natalie Portman for the event. The preview begins at 3:00 p.m. The auction is at 4:00 p.m.

New England Ballet Company is a non-profit company with a mission to bring arts to children. One hundred percent of the proceeds from ticket sales benefit the company's mission and its outreach programs to bring dance to inner-city children in cooperation with the ABCD child development centers in Bridgeport and, new for 2010, an adaptive Nutcracker choreographed and performed by young people with autism and other physical and developmental challenges.

Relax with good company and enjoy cash bar, hors d'oeuvres, coffee, and dessert. Tickets are \$20 per person. No additional purchase is required. In addition to the ticket proceeds, the Gallery will make a donation to New England Ballet based on the number of guests in attendance. For tickets and more information, please contact New England Ballet Company at (203)799-7950.



Rachana Yetukuri, 6th grader at Turkey Hill School won the "Best of Show" and "First Place" in youth art exhibit for her "Colorful Waterfalls" at the "Orange County Fair" held on September 18th & 19th.

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THEATER REVIEW

"Ella, The Musical" at Long Wharf Theatre

by Zander Opper

"Ella, the Musical," the shimmering entertainment currently on display at Long Wharf Theatre, is a biographical look at the great Ella Fitzgerald at a crucial moment in her life and career. The time is 1966 in Nice, France and Ella (portrayed by the sensational Tina Fabrique) is dealing with both family loss and heartaches in her life as well as the pressures of preparing to give a concert performance. This specificity of time and place is important because it adds layers to the show and makes it much more than just a musical entertainment of an actress recreating the performance style of Ella Fitzgerald. And while one may crave even more drama behind the music (admittedly, sometimes the story can be a trifle thin), suffice it to say that the show is deeply powerful and personal, with its biggest asset—Tina Fabrique—front and center throughout. Fabrique proves to be a terrific actress, but it is truly her singing that makes "Ella, The Musical" approach the level of greatness. This performer's song styling both honor the memory of Ella Fitzgerald and, at the same time, display how wonderful this actress is in her own right. Indeed, when Tina Fabrique lets loose with such gorgeous songs as "They Can't Take That Away from Me" and "That Old Black Magic," it's as if the audience is treated to a little piece of heaven, and the results are both transcendent and goose-bump inducing.



Zander Opper

As written by Jeffrey Hatcher and conceived by Rob Ruggiero and Dyke Garrison, the conceit of the show is to display, in Act I-- through dialogue and asides delivered directly to the audience-- the background and life story of Ella Fitzgerald's rise to fame (as well as her present emotional state), while the second act is simply a recreation of that 1966 Nice performance with none of the monologues of the first half to impede the flow of music and singing. The writers' decision to fashion the musical in this manner ends up working extremely well—as one watches the Act II concert, the knowledge of specific details in Ella's life help give extra meaning and resonance to what the singer says and doesn't say during the performance with the most devastating moment being the choice of one song being sung to someone special to Ella in the audience (not to be revealed here) paying off heavily. It should be stated that Rob Ruggiero is also the director of "Ella, The Musical," and both his pacing of the show and his work with his set and lighting designers are uniformly fine.

Of course, though, the fate of any biographical musical ultimately rests on the shoulders of the performer portraying that personality. In the case of "Ella, The Musical," the creators of this show are blessed with Tina Fabrique, one of the strongest singers I've ever seen. She is, by turns, hilarious and deeply moving, and, when she pours out that singing voice, it's as if the stage at Long Wharf blurs in time to become that stage in 1966 Nice and we are transported there courtesy of Fabrique's artistry and talent. Indeed, this actress is so good that there are moments where it's hard to decipher whether we are truly seeing Ella Fitzgerald center stage or Tina Fabrique or a combination of the two. It's not revealing too much to say that, by the time this actress takes her final bow, the audience is simultaneously cheering on both Fabrique and Ella Fitzgerald, and the time is both 1966 and 2010, with the show operating on so many levels that the effect is hair-raising. "Ella, The Musical" is one of the best productions Long Wharf Theatre has ever offered and, when it sings, it is triumphant. Performances continue through Sunday, October 17th and can be ordered by going to www.longwharf.org or by calling (203) 787-4282.

Davis Gallery Newest Offering: "It's Pathologic... And It's Not"

The Davis Gallery, located at 200 Boston Post Road, is pleased to present Stephanie Wain's Mixed Media Collages and Prints Show called "It's Pathologic... And it's Not". The show will run from October 20th through November 16th with an opening reception, where you can meet the artist, to be held on October 23rd from 1-4pm. Show hours are M-F 10-6, Sat 10-2. For more information, please call the Gallery at 203-795-4705.



Ray Romano

Q: My husband and I think “Men of a Certain Age” was the best show on TV last year. Can you tell us if it’s been picked up for a second season? We sure hope so. -- Carmen G., via e-mail

A: I am happy to report that TNT’s hit comedy starring **Ray Romano**, **Andre Braugher** and **Scott Bakula** has been renewed for a second season, which will premiere Nov. 29. You can relive the first season soon, as Season One will make its DVD debut Nov. 2. The two-disc DVD set will include all 10 episodes from the first season. Bonus features include commentary, deleted scenes, gag reel and behind-the-scenes footage.

Q: I just found out that actors **Bradley Whitford** and **Jane Kaczmarek** have divorced. How are they doing, and how do they make it work with their children? -- Sasha F., Ontario, Canada

A: I spoke with Jane recently while she was promoting her Lifetime movie “Reviving Ophelia” (which I highly recommend), and she told me how she and Brad are able to make it work since getting divorced in 2009: “Brad and I have a really wonderful relationship. The marriage couldn’t work anymore, but I think that we still have an incredible fondness and love for each other that we really want our kids to see as we become friends. We just think of it as a family that lives in two different houses.”

Q: I was so sad to read that **Gloria Stuart** had passed away. “Titanic” is one of my all-time favorite movies, and Gloria did a wonderful job in it. What other films has this beautiful actress been in? -- Phyllis S., via e-mail

A: Gloria Stuart, who passed away Sept. 26 of respiratory failure at the age of 100, got her start early in Hollywood. She was a blond beauty who starred in “The Invisible Man,” “Gold Diggers of 1935” and “Rebecca of Sunnybrook Farm.” She was semi-retired by the 1940s, and returned to acting in the ‘70s with sporadic roles in TV and film.

She returned to the acting forefront in the 1997 epic romance/disaster film “Titanic,” and both she and **Kate Winslet** were nominated for an Academy Award for the same role (Kate playing Young Rose, and Gloria playing Older Rose), which was an Oscar first. Upon hearing of Gloria’s passing, Kate released this statement: “I feel blessed to have met her, known her and to have acted alongside her. She will be deeply missed.”

Q: What are these rumors I’m hearing about a “Sound of Music” reunion? -- Gerry D., Wilmington, Del.

A: I think you’re referring to the news that the entire cast of the hit 1965 musical will reunite on “Oprah” on Oct. 29 in honor of the film’s 45th anniversary. All the cast members will be on hand, including stars **Julie Andrews** and **Christopher Plummer**. Color me ecstatic!

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com. For more news and extended interviews, visit www.celebrityextraonline.com and twitter.com/Celebrity_Extra.



Recycling Committee Members Volunteer

Orange Recycling Committee Members, Nancy Bencivengo, Judy Williams (Selectwoman), Margaret Bota and Tom George (Chair), volunteered at the Regional Water Authority (RWA) on Orange Day at Haz Mat day – 10/2/10. The Haz Mat site is open to the public from 9 am to Noon on Saturdays from May 15 to October 30 of this year. It is free to all who want to deposit their hazardous waste including, but not all, batteries, paint, oil products, used light bulbs.

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There's a Bear

DEAR PAW'S CORNER: I moved into a home in rural Vermont this summer and was rather terrified one morning when I walked out into my backyard and found myself face to face with a bear. I ran back in the house, and it trundled off into the woods. Later, my neighbors told me the bear is well-known in the area and that some residents, including my home's former owner, used to feed it. What can I do to keep it out of my yard? -- Jessica, via e-mail



DEAR JESSICA: Bears can be a real nuisance -- although in many places it's human encroachment that exacerbates the problem -- and when well-meaning humans feed them, they become more than a nuisance: They're then a danger.

Let the Vermont Fish & Wildlife office (<http://www.vtfishandwildlife.com/>) near you know about the bear. Unlike some states and urban areas, the office may not be able to come out and capture or kill the bear, but they will give you advice on how to reduce the risk of another surprise visit.

Meantime, follow these steps as well:

- Don't leave garbage cans outdoors; store in a shed or garage and have a well-latched cover.
- Don't place garbage on the curb the night before trash pickup.
- Feed your pets indoors.
- After a barbecue, clean the grill well. Store inside if possible.
- If you have a bird feeder, empty it or take it inside for at least four weeks.

Keep in contact with your neighbors about the bear. If you or they continue to have problems, stay in contact with Vermont Fish & Wildlife. The USDA Animal Damage Control Unit is another resource (http://www.aphis.usda.gov/wildlife_damage/).

Send your pet questions to Sam Mazzotta at ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Find more pet resources at www.PawsCorner.com. © 2010 King Features Synd., Inc.

SOCIETY NEWS



Ziman/Pollock to Wed in May

Mr. and Mrs. Kenneth A. Ziman are pleased to announce the engagement of their daughter, Jillian Powell Ziman, to Steven J. Pollock, son of Mr. and Mrs. Gary Pollock of Prospect, formerly of Bethany. A May wedding is planned at Holy Infant Church in Orange.

Jillian and Steven are graduates of Amity Regional High School. The future bride holds a B.S. in Early Childhood Education from the University of Hartford. She is studying for her M.S. at Central Connecticut State University. Jillian is a teacher at The Goddard School in Glastonbury, CT.

Mr. Pollock is a magna cum laude graduate of CCSC with a degree in Information Technology. He is employed in Avon, CT as an information technology specialist.

Submit your engagement announcement to the Orange Town News and **RECEIVE \$150 OFF YOUR WEDDING BANDS**

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ORANGE BUSINESS ROUNDUP

The **Orange Chamber of Commerce**
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UPCOMING EVENTS

Chamber of Commerce to Hold Candidate Forum

The Orange Chamber of Commerce will hold its "2010 Candidate Forum" on Tuesday, October 19th at the Orange Courtyard by Marriott, 136 Marsh Hill Road. Registration, continental breakfast and a "Candidate Meet and Greet" will begin at 7:30 a.m. Gubernatorial candidates Dannel Malloy (D) and Thomas Foley (R) or their designated representatives will make brief presentations at 8:00 a.m. The "State Senate/Representative Debate" will follow. Candidates invited to participate in the debate-style forum are: 14th District Senatorial candidates Gayle Slossberg (D) and Vincent Marino (R); 114th District State Representative candidates Themis Klarides (R) and Josh Hershman (D); and 117th District State Representatives Paul Davis (D) and Peggy Rogers (R). The debate will be moderated by members of the Orange Chamber Legislative Action Committee.

The Forum is open to all members of the Orange Chamber of Commerce free of charge, guests may attend for \$10. Pre-registration is strongly encouraged. For reservations, contact Mary Bialy at the Orange Chamber, 203-795-3328 or by e-mail to mary@orangectchamber.com.

The event will be broadcast by Orange Government Access Television (OGAT) and all local media are invited to attend and cover the event. On behalf of the Committee, co-chair Rocky Salperto said, "We thank the candidates for their anticipated participation in what we are sure will be an informative event for our membership and the business community."



Photo Caption: Pictured (l-r): Carolyn Shiffman; Rocky Salperto; Sally Glick; Steven Glick; and Michael Saffer.

2010 Orange Chamber of Commerce Awards of Excellence

The Orange Chamber of Commerce honored the recipients of the "2010 Awards of Excellence" at its Annual Meeting and Awards Banquet held on Thursday, September 23rd at the Race Brook Country Club. The following awards were presented:

Business Persons of the Year: Steve and Sally Glick, co-founders of Chamber Insurance Trust.

Community Service Award: Michael D. Saffer, Esq., a partner in The Pellegrino Law Firm.

Director of the Year: Carolyn Shiffman, PhD, founder of Carolyn Shiffman Consulting.

Outstanding Business of the Year: The Orange Town News.

In addition to the chamber awards, citations were received by the award winners from First Selectman Jim Zeoli, State Senator Gayle Slossberg, State Representatives Paul Davis & Themis Klarides. In addition, the Orange Town News received recognition of its achievement from Secretary of the State Susan Bysiewicz.

The Energy Efficiency Fund & UI Invite Adults and Children to Celebrate Family Science Day 2010

To celebrate Family Science Day and demonstrate a commitment to learn about energy efficiency, The United Illuminating Company (NYSE: UIL) is hosting a day of family fun at the SmartLiving™ Center at 297 Boston Post Road on Saturday, October 16, 2010, brought to you by the Energy Efficiency Fund. Children are invited to learn about exciting animals, courtesy of the Beardsley Zoo, such as alligators, hawks, Savannah monitor lizards and others that are endangered or threatened by climate change. Show times for the Beardsley Zoo live Animal Show are 11:30 A.M. and 1:00 P.M. Other children's activities include an energy scavenger hunt, "Energy Jeopardy" and "Circuit Relay Race" games.

Children (ages 5-15) can also enjoy "Build a Musical Instrument" workshops, a hands-on instrument building activity by Bash the Trash using re-used and recycled materials. Each group will play the instruments and then be able to take them home. Reservations are required for these workshops which will be held at 10:00 A.M., 11:15 A.M., 12:45 P.M. and 2:00 P.M.

Adults can bring in their old electronics to be recycled by AVIT Technology. AVIT will take the following items: Computers, laptops, stereo equipment, DVD, CD and VCR players, printers, copiers, fax machines, TVs and flat screen monitors. Please note that CRT Monitors (glass screen monitors) and TV collection may be limited and charged a nominal fee.

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The Energy Efficiency Fund

The Energy Efficiency Fund promotes efficient energy use, helps residents and businesses save on their electric and natural gas bills, advances economic development, reduces electric demand and helps to improve the environment. Energy Efficiency Fund programs serve residential customers, including limited- and fixed-income customers, as well as business and municipal customers. Connecticut's energy efficiency programs are funded by a charge on customers' utility bills and administered by the state's electric and gas utilities including: Connecticut Light and Power, The United Illuminating Company, Yankee Gas, Connecticut Natural Gas and Southern Connecticut Gas. Additional information on Connecticut's energy efficiency programs can be found at www.ctenergyinfo.com.

Score – Presents A Small Business Evening Seminar

New Haven SCORE presents an evening seminar that breaks down the preparation to a meaningful business plan for your new or existing business. This seminar is part of a regular monthly series of specialty business topics and is offered at no charge by the New Haven chapter of SCORE.

This seminar will be held on Wednesday, October 20th, from 6:45 to 9:00PM at Gateway Community College, Long Wharf, Room 207B, the Small Business Center. No pre-registration is required. For a complete list of workshops and seminars go to www.newhavenscore.com or call 203 865-7645.

Orange Town News

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LOCAL SPORTS



The Best Softball Team in Orange is...!

The 3rd annual "The Best in Town" softball tournament was held September 11 at Peck Place School. Local teams from Orange, Milford, North Branford and West Haven competed for the coveted title (along with the bragging rights) of "The Best in Town". This year's winner was R. C. Spreyer's Tavern. Way to go R. C. Spreyer's Tavern for your outstanding effort.

During the tournament the 'High Noon' Homerun Derby was also held. The winner was Jerry Raccio. The left hander hit 7 monster homeruns in the first round and another 6 in the second round to be this year's Homerun Champ.

All proceeds raised will go to Orange Community Services' Community Assistance Fund which serves low income senior citizens and families. Special thanks go out to the tournament sponsors: Orange Town News, Tamaro Oil, All Awards, Anthem Blue Cross/Blue Shield, Richard Zorena - UBS Financial Services, Cantor Floman Attorneys & Counselors at Law, Bob's Discount Furniture, People's United Bank, Urgent Care Walk-in Medical Center, Over the Edge Automotive, Pisan's Pizza Buffet, Thomas Hurley of Primerica, Galvin Pools, and City Stitchers. Extra special thanks to Urgent Care Walk-in Medical Center for being present to attend to any injuries; The Bridgeport Bluefish for supplying a luxury suite and 25 tickets to the winning team; and all those who donated prizes for the raffle: A-1 Martial Arts, Sports Center of CT, Sound Tigers, John Ulatowski, Equinox Diner, Wal-Mart, Dip Top, Yankee Candle, and Mark Barry's Restaurant.

Each team participant received a commemorative t-shirt which was printed by McWeeney Marketing Group. For further information, to register a team or to become involved as a corporate sponsor, please contact Dennis Marsh, Elderly Outreach Worker/Municipal Agent at 891-4788.

Karate Classes Offered

The Orange Parks and Recreation is offering karate classes for ages 2.5 - adult. New session starts October 26, 2010 at the High Plains Community Center. For more information, contact Chris Sansonetti at 203-783-9768 or visit www.superiorkarate.net.

Orange Town News

Submit Your Local Sports Photos,
Articles & Schedules to
edit@orangetownnews.com



Orange Little League To Hold Elections

Orange Little League Inc. will hold elections for Officers and Directors at its Annual Meeting on October 20, 2010. Anyone interested in running for a position should contact Paul Gusmano at 203-494-3481 or via e mail at Paul@Paolettilaw.net. The deadline is October 18, 2010 at 8pm.

ORANGE PARK AND RECREATION

The next session of Swim Lessons will start the week of November 1st and run until the week of December 13th. Registration for residents currently enrolled begins October 18th and residents not enrolled, begins October 20th. Registration for non-residents currently enrolled begins October 25th and open registration begins October 26th. The schedule can be found on our website: www.orange-ct.gov, or in the Park and Rec. office.

MEN'S SOFTBALL LEAGUE 2010 STANDINGS

MONDAY NIGHT LEAGUE		
	WINS	LOSSES
Chip's Family Restaurant (R)	9	3
Orange Ale House	8	4
Orange Fire Department	7	5
All Parts (P)	5	7
Sentinel Painting	5	7
Soundview Landscape Supply	2	10

TUESDAY NIGHT LEAGUE		
	WINS	LOSSES
The Warriors (R)	11	4
Back Breakers (P)	11	6
Rockford Peaches	10	6
Dutch Wharf	9	7
Vadney Fuel Oilers	5	10
Environmental Engineering	1	14

WEDNESDAY NIGHT LEAGUE		
	WINS	LOSSES
Tangoe (R) (P)	10	6
Orange Park and Recreation	8	8
Grey Geese	7	8
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A VIEW FROM OLD TAVERN FIELDS

By Anne Buley



Orange Little League, A Home Away From Home

A drive around the Orange Little League baseball and softball complex, known to most as Old Tavern, conjures up images of days gone by. Kids can be found on every field in uniform, emulating their favorite major league players. Little Leaguers anxiously wait in the dugout for their next "at bat" as they chew on sunflower seeds or their Big League Chew bubble gum. Parents are in the stands cheering. The snack bars are all abuzz, as parent volunteers serve anything from hot dogs and hamburgers to ice cream and many varieties of Powerade.

But there's more than meets the eye. It's a gathering place of sorts, a community all its own. Kids come to the field to watch their buddies play. Dads bring their "bucket of balls" to find an open field so they can pitch batting practice to their kids. You are often likely to see a pick-up Wiffle Ball game being played at the tee-ball field. "When I was a kid, I remember jumping on my bike and promising to be home by dinner. All of the moms kept an eye on each other's kids from the window," says Dave Crow, Orange Little League hardball player agent, whose job is to make sure the rules, both local and those designated by Little League International, are applied in an even manner for all of the kids. "That just doesn't happen anymore," he says. "Old Tavern is one of those last places where kids can be free to play. Everyone watches out for each other's kids at Old Tavern. I think the atmosphere builds strong families and grows the character and independence of youngsters. Old Tavern is a place where you get to know and trust a lot of great people and a lot of really great kids in the community," he says.

Volunteerism on the Field

While the view from Old Tavern may look to some like a Norman Rockwell painting, a tremendous amount of work is done behind the scenes to create the masterpiece. "All of the volunteers start thinking about and working on the spring season in the cold, dark days of winter," says Gina Chamberlain, snack bar director and executive board member. "Opening day runs like a well-oiled machine because of the behind the scenes work. It is one of the nicest complexes in the state and I have been to many."

Mike Dzikowski, Vice President of OLL's hardball division, concurs. "The more parents help, the greater appreciation they have for what goes into making this league," he adds while verbally painting a picture of parents bailing water from the fields with cups after a big rain storm to get the fields ready for the kids to play. "The coaches and parents do that," he reminds. "It did not magically drain. It's something they believe in. The volunteers at Old Tavern show a level of effort that is not seen a lot today. These are people who love the game and want to share the game with their children. If parents want to be involved, we welcome them."

Orange Little League is given a charter from Little League International to run the program. "They take a very active role in making sure that good people are volunteering," Dzikowski says. "This is a brand called Orange Little League, to protect the brand we need to make sure that we provide a safe environment for the kids. Little League International has mandatory background checks and even goes as far as helping to pay for them. "They also have a rule book, known as the Green Book," he explains. "We have supplemental rules as well and we have built our league rules over the years. There are rules, for instance, that determine how the managers and the teams are selected. We also have very strict rules that we follow when selecting the post season All-Star teams. So if a parent has a question about the process, we have rules to support our actions. We are not working off the cuff. We can point to the process." It's a process that often has volunteers working and deliberating well into the morning hours.

"OLL is incredibly inclusive. We don't build the league for the stars. It's about all of the kids. If the least-skilled kid is having a good experience, chances are the most-skilled players are having a good experience too. Not everyone is going to be a star. But this league is for everyone. That's what we strive to do," he says.

In fact, Dzikowski believes in the importance of volunteering so much that this year he established the Orange Little League Alumni Association which honors coaches whose kids are no longer of little league age and have dedicated years of service to the league. "A lot of people do not understand the countless hours that the coaches and managers spend trying to make it a wonderful, memorable experience for the kids. The day comes when they are just gone and someone new takes over. But we don't want them to be forgotten."

"It's about bringing everyone along, not just the best and not just the least skilled...everyone," says Ed Whitman, longtime Little League manager and coach for baseball and softball, and now a new member of the league's alumni association. "If a kid has the courage to put him or herself out there, you have to recognize that. For the kids who are afraid to put themselves out there, our job as coaches is to help them take that step."

Before the First Pitch

Hours of volunteerism for the Little League also takes place off the ball field. The Little League boards-of-directors (including the hardball, softball, and executive board) meet once a month. "We're already talking about next year. We're talking about the rules...what worked and what didn't work," says Dzikowski.

Chamberlain, and her crew of tireless snack bar coordinators, work endless hours to keep the league's three stands running efficiently, including cleaning, purchasing food, stocking supplies and "schlepping," as she phrases it. Parents whose children play in the league are required to take turns fulfilling their "snack bar duty" shift. "Many families who enjoy our beautiful complex don't ever give the work involved a second thought," she says, as they grumble about snack bar duty, reminding that the volunteers keep costs down. "I go to the stands many mornings to tidy up from food and garbage that was not put away from the shift the day before. My husband, Mike and I sometimes joke that our Saturday date night is going to fix each stand after they have been slammed on a busy day of games."

Along with the league's annual golf tournament, which raises thousands of dollars each year, the snack stands are the biggest source of revenue for the league. "If we

had to pay for everything that went into making this league possible, registration fees would be an unreachable expense for so many parents," says Dzikowski, whose VP role is also a volunteer position that he tends to after commuting to his job in Manhattan. "We have beautiful fields and lights and working scoreboards. Hardball was able to purchase two new batting cages and two pitching machines last season because of profits in the stands," adds Chamberlain. "OLL is a non-profit organization and running this complex costs money; from paying for electricity every time someone wants those lights on for a night game or paying a plumber to un-clog the bathrooms a million times per season."

So Why Volunteer?

"I wanted to make a better experience for all of the kids, this goes beyond my own kids," the VP says. Dzikowski grew up in the environment, as his father was the president of Milford National Little League for years. "From seeing my dad's commitment, it made me want to do the same." "I do it for the kids. If a kid is wearing a uniform, he's one of mine," Crow says proudly, adding that his job duties are not always terribly glamorous. "Although it's not in my job description, I also unlock a lot of doors and get toilet paper for the bathrooms."

"The reason I volunteer for OLL is for all of the kids that love it down at Old Tavern," concludes Chamberlain. "It is their home away from home. It is about community and a sense of belonging to something fabulous. It is about making friends and making memories. I hope that my kids will raise their kids in Orange and they will volunteer and be involved in the community too. It is about doing something for other people. Not because you want recognition, but because it pays it forward and makes the town a better place in which to live."



The Orange Little League Alumni Association is comprised of coaches and managers whose children are no longer eligible to play Little League. They were recently honored for their many years of service and were inducted into the newly created association, established by league Vice President Mike Dzikowski. Pictured, l to r, Jeff Oliphant, Jeremy Stewart, Joe Ferraiolo, John Demirjian, Dave Piechota, and Ed Whitman

Little League Awards

The annual Orange Little League Hardball banquet was held on September 28 at Grassy Hill Country Club. Awards were presented for each team in the category of most improved player, sportsmanship and MVP. Overall awards for the Minor, Eastern and Major divisions were also given.

2010 Minor League Awards

Most Valuable Player:
Peter Minore
Most Valuable Player:
Michael McGurrian
Thomas G. Murdock
Sportsmanship Award:
Joey Eschweiler

2010 Eastern League Awards

Most Valuable Player:
Patrick Winkel
Theodore E. Cotjanie
Sportsmanship Award:
Jacob Cohen

2010 Major League Awards

Richard Monk Most Valuable Player:
Michael Appel
Arthur J. Wallack
Sportsmanship Award:
Ryan Frobel
Pitching Award: Eli Oliphant
Pitching Award:
Michael Stewart
Batting Award:
Christopher Winkel
Rookie of the Year: Brian Ronai
Triple Crown Award: Michael Appel

2010 Softball VP Award

The 2010 Softball Vice President's Award was awarded to Jillian DeMaio. This award is given each year to a female athlete who exemplifies skill and sportsmanship and who is a leader on and off the softball field. Jillian received the award at the annual softball awards picnic on September 19.



OLL Hardball Major League Award Winners. Back row, l to r, Brian Ronai, Michael Appel, Ryan Frobel; front row, l to r, Christopher Winkel, Michael Stewart, Eli Oliphant

HISTORY CORNER

With Ginny Reinhard

Dateline 1882 – Orange

These excerpts of David S. Treat's diary in 1882 were written as a daily journal of events that took place on his farm on Cranberry Lane and are handwritten with the use of an "s" that looks like an "f" making deciphering a challenge. His daily journal was very typical of the times, but an incident that occurred was most alarming to David and he wrote about it in detail. Below is the transcribed version of his notes with all of the spellings and grammar he put down at the end of his day, so that it is printed exactly as written, 128 years ago.

"Thursday 24 August I mowed off grafs weeds on my land at Grassy Hill
Thursday and Friday Sunshiney
Cloudy Saturday and Lourry** Sunday
Monday Aug 28 I mowed Off grafs weed On my land at Grafsey Hill
Clear and Bright Hot and dry Low and high
Tuesday I finely finished mowing Off grafs weed On my land at Grafsey Hill
Wednesday 30 August I raked and heaped up some of the trash
Preparatory to be burnt. That I mowed off Of my land at Grafsey Hill clear day & night"*

This scenario continued until September 4th when it came time for David S. Treat, the writer of this diary, to fill the "Big Stable" which would then be full of oat straw.

"It was a lowery day and "Cloudy Eve."

*"Tuesday 5th In the afternoon I split out some chestnut bar rails or rather rails for bars
Sept 6th I dug the row of potatoes that was Planted along the East side of My corn & I put the potatoes into the cellar"*

This chore lasted until the 9th of September when David continued the next day to make chestnut bar posts. He commenced to dig the potatoes again until the middle of October. Along about Friday, the 15th he paid his taxes "amounting to \$17.90 and continued with the digging of the late rose potatos." He refers to the day on the 18th as "smoky but clear, with the 19th smokey again and warm." At this point David is "picking over and sorting out the potatoes" with a stormy day and nighttime thunderstorm. By the beginning of October, he was "topping and cutting corn stalks, working in the barn making the posts."

He continues

*Saturday 7th "I sold to George Smith of Derby Conn Early Rose potatoes 5 bushels for \$5 dollars"
Tuesday 10 "I carted with H.L. Taylors oxen the weeds, bogs and swamp hay trash from My Turkey Hill Land and put it in the hog pen I also cared home from Grassy Hill land
With H L Taylors oxen the same kind of trash to put in the yard."
Wednesday 11 Oct "Bought A New Corn basket 90 ct - Hundred weight meal \$165- 1 Butcher Knife 45ct - one stone jar 50 - Bar soap 5 cakes 25"*

David's total for his purchases was \$3.70 and he "sold one bushel of potatoes for 'one dollar to Sylvester Bronson and later in the week 10 bushels at 25 cents per bushel to Mr. French.'" Interestingly enough on October 26th he made soap. But didn't he just buy soap? His days were filled with a variety of chores and what appeared to be less work, noted as "notions." Just when life seemed to be moving smoothly along, we find the following entry. "Saturday, Nov 4th After I had just retired I heard a loud knocking at my South or Kitchen door and then at My West or front door. I went into the Front Hall to the latter door I inquired. Who is that knocking here A man said I am a United States Detective I am in search of a man. Aint there been a man here to night. I said No sir, yes there has he replied and we must find him. Said no sir there has been no man hear to night anyway. He said I have got a warrant to search your house. We'll demand you let us come in. I said yes come round to the south door. All right he replied I went to the door and opend it 4 Masked men rushed in with pointed pistols at ME they demanded Me to hold up both of My hands. I did whare is your money they inquired I replied I aint got any money for you yes you have they said got money and we are going to have it. Money or your life they cried. I said, if I get all of MY money and give it to you will you go away from hear yes we will where do you keep your money they inquired Up stairs I said I will take a light and go up and get it. No you nedent they said, We have got light

(It was a Dark lantern) I unlock My chest and gave them 2 pocket books containing every Cent My money that I had in the house. Not satisfied with they persisted I had got more I told them Repeatedly I had give them all of

My money that I had in the house. They said They didn't belive it. Knock Me down 2 or 3 times, misused and abused ME shamefully and Disgrassfully. They broke locks and upset things generly to a great degree but finely left by taking about \$15.50 cents at the same time telling ME and MY House Keeper if We give any alarm before they had time to escape would be shot"

Monday Nov 6 "I husked corn in my barn I sold to Harriet Elvington 4 bushels ears corn at \$1.90 cents received payment that night."

Tuesday

David doesn't seem the worse for wear as he continues his "Memorandum and Miscellany 1882," as if nothing happened. He "finished husking the corn, carried the pumpkins from the barn celar to the house celar, worked in the yard howing and piling up manure, raked and cleaned up the trash in the garden." Isaac Porter helped him to make a new board fence and by "Wednesday Nov 15 Jack Frost." He pastured two cows on the meadow did Sunday notions, "shelld more corn and sawed and cut some wood to burn at home."

This is an interesting new detail. "Thursday Nov 23 I took Henry L. Taylors oxen and carried in my cart 7 bushels of shelld corn: also half a bushel of shelld corn for S D Woodruff to Henry Rose Grist Mill at Milford Conn I paid 60 cents for grinding 6 bushels 18 cents for 1 & 1/2."

On November 25 David "went to court at the High School Building in Orange (The Academy) and gave evidence about the doings and sayings of four masked men or Robbers: that enterd my house Saturday Evening November 4th 1882"

The weather appears to have been more extreme than we experience and of course to a farmer, vitally important. By January of 1883, David had need for clothes and taking 75 dollars out of New Haven Savings Bank, rode into New Haven with Stiles D. Woodruff, buying "over coat \$7 pants \$3.50 gloves 30ct boots \$3.25 paid for newspaper \$1,50 cts Amount -- \$15,55 cents and on it goes."

This diary is reproduced exactly as written in the form of the first few entries above. Although we don't have a birth date for David, we know that his mother was Hannah Woodruff, born in 1800 and his father was David Treat, born 1797, married in 1818. She became a widow and an entry can be found in the church records of the Orange Congregational Church where the writer of the diary was baptized David Stiles Treat in 1835. This makes a connection to S.D. Woodruff (Stiles) who was born in 1837 and is mentioned several times in his diary. His home was on Cranberry Lane and from the mention of Grassy Hill would be the part of Cranberry Lane adjacent to Turkey Hill. The house burned down and there are no records of a marriage found at this time.

Bewitching Salem

Join the Ward-Heitmann House Museum, West Haven, on a day trip to the bewitching Seaport of Salem on Saturday, October 23, 2010. A day in Salem is a Halloween Adventure. Our tour includes visits to the Salem Witch Museum, The House of the Seven Gables, a Ghost Tour of Salem and round trip transportation. There will be time for shopping and lunch on your own. Tour departs from the museum at 277 Elm Street, West Haven. Price is \$98 adults, \$88 for children. For information and reservations, call Kathryn Gregory at 203-933-0599 or e-mail: kathryngregory@sbcglobal.net.



Pumpkin Patch to be held on Sat and Sun Oct 16, 17, 23, 24 from 11 a.m. - 4 p.m. at the Shore Line Trolley Museum. Adults \$8, Seniors \$6, Children (2-15) \$5. A fun fall event geared toward young children. Ride a vintage trolley car to the Patch where children select their own pumpkin to decorate. There are coloring pages and crayons, brio-style trains to play with, an operating toy train layout, and the whole family can enjoy refreshments. One pumpkin per paid child admission while supplies last.

HEALTH AND FITNESS

Kettlebell Training

by Mary Schwartz, CPT

Do you know what a kettlebell is? You may have seen them in the free weight area of your gym and not even realized what they were. Kettlebells look like a cannonball with a rounded handle on top. They are made out of cast iron and are often covered in a brightly colored vinyl coating. They come in a variety of weights ranging anywhere from 2.4 kg (5lbs.) to 79 kg (175lbs.). The traditional Russian kettlebell is one pood which is roughly 16 kg (35lbs.). Kettlebells have been around for centuries, but have only recently entered mainstream fitness and have quickly become one of the most effective fitness tools available today.

Kettlebells provide an intense, full-body, fat-burning, strength-building, core-strengthening functional workout. Unlike the traditional dumbbell, the kettlebells center of mass is extended beyond the hand which allows for a variety of ballistic, swinging movements that cannot be duplicated with a dumbbell. Once you have mastered the proper techniques, kettlebell exercises can be integrated into almost all workout programs. With that being said, kettlebells are not appropriate for people with back or shoulder injuries or anyone who is unable to properly engage their core.

Three basic kettlebell exercises include the swing, the clean and the snatch. These exercises are all full-body movements that mimic activities performed in everyday life. These exercises are all hip dominant movements, meaning that the primary muscles used to perform them, include the glutes and the hamstrings, not the quads. Since all kettlebell movements can be dangerous if not performed correctly, pay close attention to your form. Do not increase the weight of the kettlebell if you are not able to maintain your form. The suggested beginning kettlebell weight for a woman is 8kg-12kg (16lbs-26lbs.) and 16kg-20kg (36lbs.-44lbs.) for a man.

It is important to have a clear understanding of the kettlebell movements before attempting to perform them on your own. There are many websites out there that allow you to view kettlebell exercise videos online. I highly recommend videos posted on www.youtube.com by Jason C. Brown, owner of kettlebell-athletics.com. These high-quality videos emphasize proper form and technique and provide detailed instructions on how to perform each movement safely and effectively. By taking the time to learn the movements properly, you will be able to get the most out of your kettlebell workouts while remaining injury-free.

For more information, or to suggest a topic for a future article, please contact me at (203) 824-3913 or e-mail me at mary@workoutwithmary.com. Mary Schwartz is a Certified Personal Trainer and owner of Mary Schwartz Personal Training located in Orange, CT.

Death Notices



Mrs. Hedwig "Hedy" Mitchell Hwoschinsky

Mrs. Hedwig "Hedy" Mitchell Hwoschinsky, age 69, beloved wife of Basil "Peter" Hwoschinsky, died on September 25, 2010, at home, surrounded by her family.

Daughter of the late Jan and Karlin Rolfe Streng, she was born on December 2, 1940 in Fitchburg, MA. Hedy was an artist and educator. She was a graduate of the University of Bridgeport and taught Art at the University of Bridgeport; Paier School of Art and Creative Arts Workshop both of New Haven; also the Guilford Handicrafts Center. She was activities director for Alzheimer's patients at various Laurel Garden facilities. Most recently she was employed at the Jewish Home for the Elderly. She lifted many people's spirits by playing piano and singing. She touched many lives with her paintings and works of art.

Besides her husband Peter, she is survived by her two children, Clifford J. Lindsay of Ft. Collins, CO and Christopher W. Lindsay and his wife, Tina, of Northford, CT. Hedy is also survived by her sister, Jude Streng of Falls Village, CT.

A gathering of friends and family was held at the Cody-White Funeral Home in Milford. Committal was private. Memorial contributions may be made to Vitas, 1579 Straits Tpk., Unit C Middlebury, CT 06762, in memory of Hedy Hwoschinsky.



Hedwig "Hedy" Mitchell Hwoschinsky

Harold "Hal" Charles Peck

Harold "Hal" Charles Peck, 90, of 317 Drummond Road passed away on September 29, 2010 at his home following a brief illness. Harold was born on May 17, 1920 in Branford, CT to the late Harold and Hildur Petersen Peck. He worked in field sales for Metropolitan Life Insurance and then as a courier for Connecticut National Bank. Harold served in the US Army during WWII with the 39th General Hospital in New Zealand and later organized their popular Army unit's reunions for over 40 years. Harold will be especially remembered for his love of his family and his NY Mets. The family would like to extend a special thanks to their caregiver Roza Sargsyan for her tender and loving care and to the staff at Vitas Hospice Care.

Harold is survived by his beloved wife of 62 years, Eunice E. Burrell Peck and loving daughters, Gail Yacavone and her husband Jim of Prospect, CT and Marlene Hunt and her husband Steve of Orange. He was the devoted grandfather of Steve and Lauren Hunt and James, Jr. and Adrienne Yacavone. He is also survived by his brother Alden Peck of Palm City, FL and sister Harriet Egan of Cheshire along with his nephews, Alden, Jr., Kevin Peck of Florida, Glenn Burrell of West Haven, Bonnie Butler of East Hampton, Tom Egan of Berlin and Mary Juselis of East Hampton.

Memorial contributions may be made to Vitas Charitable Fund, 1579 Straits Turnpike, Unit C, Middlebury, CT 06762.



Harold "Hal" Charles Peck

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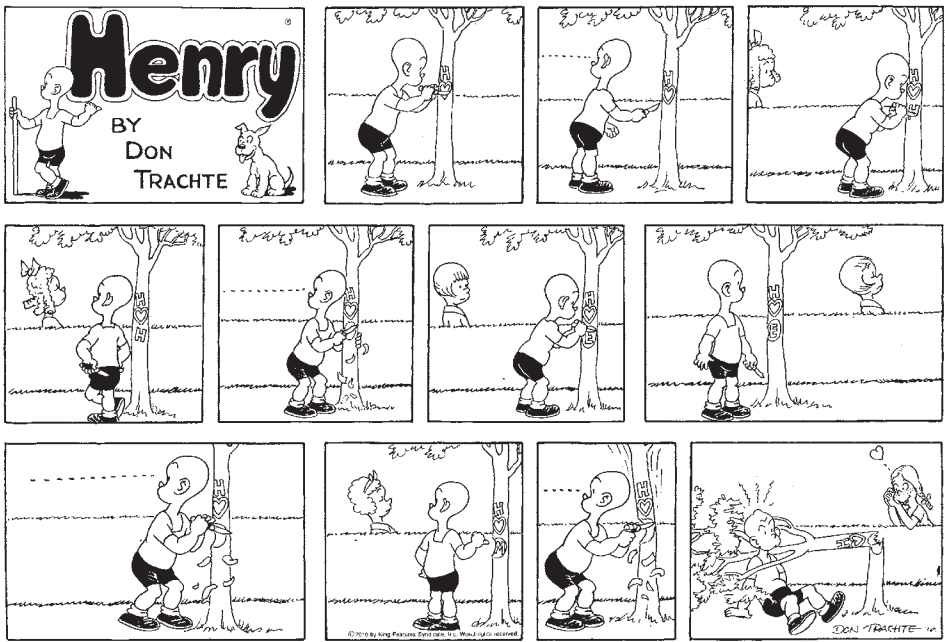
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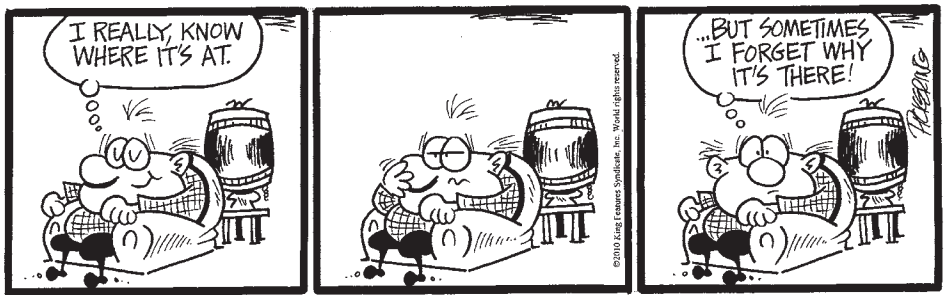
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The Spats

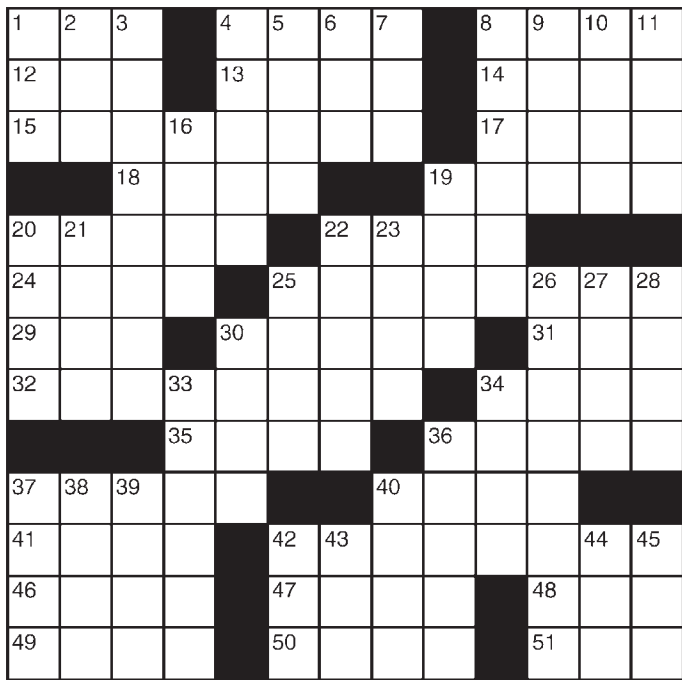
by Jeff Pickering



King Crossword

ACROSS

- 1 Picks out of a lineup
- 4 Ship's front
- 8 Wild party
- 12 Plaything
- 13 Green land
- 14 Curved molding
- 15 "Wow!"
- 17 Traditional tales
- 18 Versifier
- 19 Constitutional
- 20 Orated
- 22 Overcast
- 24 Ponder
- 25 "Wow!"
- 29 Swiss canton
- 30 Huffs and puffs
- 31 Born
- 32 "Wow!"
- 34 Unescorted
- 35 Unpaid bill
- 36 Illinois city
- 37 Bake eggs
- 40 Perry Mason
- 41 Mexican entree
- 42 "Wow!"
- 46 Detail
- 47 Squirrels' hangouts
- 48 "That's funny!" to a texter
- 49 Cincinnati team
- 50 Genealogy



- chart
- enthusiastic
- 33 File holders
- 10 Antitoxins
- 34 Ganges
- 11 Command to
- 12 Fido
- 36 Talk a blue streak?
- 16 Oxen's binder
- 37 Use a tea spoon
- 19 Young blokes
- 38 Loathe
- 20 Too
- 39 On the rocks
- 40 Prepare a casserole
- 21 Engine noise
- 42 Braille
- 22 Leave
- 23 Tiers
- component
- 25 Amorphous
- 43 Anvil's site
- 44 Extinct ewe
- 26 In toto
- 45 Shade provider
- 27 Burn
- 28 Lily variety
- 30 Coffin support
- 29 somewhat

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King Crossword Answers on Page 28

Jill Jackson's HOLLYWOOD



Jill Jackson with Zsa Zsa Gabor

HOLLYWOOD -- Dear loyal readers of Jill Jackson's Hollywood, I was greatly saddened to learn, as you have, that our wonderful, adorable Jill has joined her many friends and loved ones in Hollywood heaven. Right now she's probably having drinks with some of her famous friends like **Errol Flynn, Ronald Reagan, Mario Lanza, Harpo Marx of the Marx Brothers, Marlon Brando, Rosemary Clooney** and hundreds of others who adored her.

I have known Jill for 40 years and worked closely with her for the past three years. She often fascinated me with stories of her native New Orleans at Tulane University and her early days in broadcasting that led her to being the first female sportscaster in the U.S.

In the 1940s and '50s, she first had a radio show, and then added a television show as well. As one of the most famous ladies in New Orleans, she interviewed every major entertainer who came to town -- winning and dining them. Word soon got around Hollywood that you had to party with Jill if you went to New Orleans. They did, including celebrities such as **Gene Kelly, Robert Mitchum** and even a hip-swinging singer by the name of **Elvis Presley**. (She had the pictures to prove it!).

Jill eventually moved to Hollywood and lived at the swank Chateau Marmont for \$250 a month. Today, that wouldn't be enough for even one night. Stars like **Leonardo DiCaprio** now keep rooms there to be close to where it's all happening on the famed Sunset Strip.

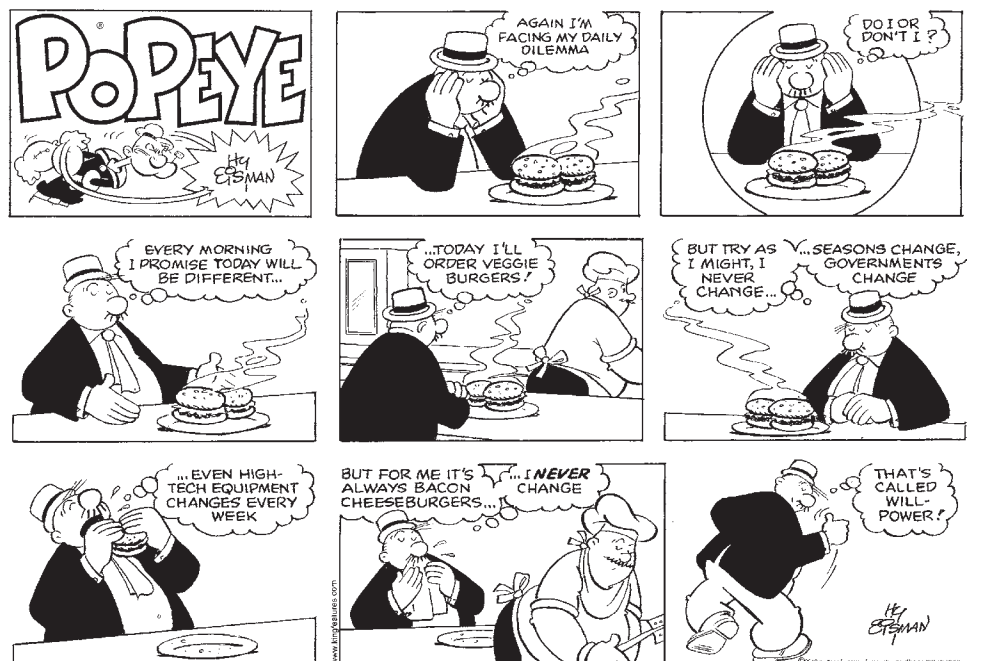
When Jill went to premieres, parties or movie screenings, she was treated like Hollywood royalty, and it was funny to watch some of the newer personalities falling all over

her as they jockeyed for position. Our Jill wouldn't have any of it -- as far as she was concerned, she was just plain folk!

It was one of Jill's last requests that I continue her column and not disappoint loyal readers who have been following her for decades. I've written for many movie magazines, among them the immortal Photoplay Magazine, and edited and wrote for my own publication, The Soap Set. It will be a difficult task to fill the shoes of a true pioneer such as Jill Jackson, but I will try to carry on the excellence of her reporting with the class she brought to it.

I welcome your input and suggestions about who you would like to read about, and maybe together we can make this transition an easy one.

BITS 'N' PIECES: Jill's friends toasted her at a get-together, showing how revered and loved she was. ... In the last three years, Jill stayed close to home, keeping in touch with her best friends **Joan Fontaine** (of "Rebecca" fame) and **Gloria Henry** (mother to the titular mischief maker on the "Dennis the Menace" TV show). ... Jill would laugh at all the hoopla now being made over her. I can just hear her say, "Stop making such a fuss. I'm just a simple Southern girl!"



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- 31 RED CEDAR CIRCLE**
Cecelia Meloling to Angel Campos\$247,000
- 499 MARBLE ROAD**
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- 506 RIVERVIEW ROAD**
Busk Custom Builders LLC to Joseph Nardecchia\$415,000
- 738 DERBY AVENUE**
Old Tavern Rentals LLC to Marc Metivier\$245,000
- 827 MAPLEDALE ROAD**
Christopher D. Weaver to Raymond R. Clark\$439,900
- 109 SUNRISE HILL CIRCLE UNIT T-5**
Sunrise Hill Estates LLC to Zdenko Duras\$359,900

FOR RENT

WOODBIDGE: One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$915/mo; Two Bdrm-\$1,007/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

ORANGE - Fully furnished. Just move in. Includes utilities, cable, patio, o.s. parking, one bedroom. Ideal for single person. \$1,200/month. Write P.O. Box 1126, Orange, CT 06477.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

WANTED - Person to write the memoirs of an elderly, alert, healthy and interesting local man. Call Bill at 203-298-0304.

LIVE IN HOUSEKEEPER - For Italian Family in Orange. Call for an interview at 203-795-9405.

King Crossword — Answers

Solution time: 27 mins.

I	D	S		P	R	O	W		B	A	S	H	
T	O	Y		E	I	R	E		O	G	E	E	
O	H	M	Y	W	O	R	D		L	O	R	E	
			P	O	E	T			L	E	G	A	L
S	P	O	K	E		G	R	A	Y				
M	U	S	E		G	O	O	D	N	E	S	S	
U	R	I		B	L	O	W	S		N	E	E	
G	R	A	C	I	O	U	S		S	T	A	G	
			D	E	B	T			C	A	I	R	O
S	H	I	R	R				B	U	R	R		
T	A	C	O		D	E	A	R	I	E	M	E	
I	T	E	M		O	A	K	S		L	O	L	
R	E	D	S		T	R	E	E		Y	A	M	

Weekly SUDOKU — Answer

9	8	4	6	3	5	7	2	1
1	3	7	8	9	2	6	5	4
5	6	2	4	7	1	9	3	8
6	5	3	7	4	9	8	1	2
2	4	9	5	1	8	3	7	6
7	1	8	2	6	3	5	4	9
3	9	5	1	2	6	4	8	7
8	7	1	9	5	4	2	6	3
4	2	6	3	8	7	1	9	5

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HOUSECLEANING - Reliable and affordable with excellent references. Call Michelle for a free consultation visit today 203-843-0463.

(“Horling” continued from page 4)

ing registered nurse. “I have had an amazing career working as a nurse in this wonderful town,” she said. “This department is really one of a kind; they don’t make agencies like this anymore. It is very, very hard for me to leave.”

Horling decided to retire along with her husband Stephen, who retired the same week after 40 years as an electrical engineer at Sikorsky Aircraft. The two have plans to spend much more time at their home in Nantucket and visit their children and grandchildren in California and New Jersey.

The warm-hearted and chatty Horling loves the very personal attention she has been able to give to homebound patients in town. “As a smaller agency we are able to give our patients really good care. Since we try to have the same nurse care for the patient, there is a lot of continuity and we become part of the family,” she said. Over the years she has actually cared for several people within the same household. “I’ve cared for many husbands and wives over the years,” she said. While the immediate goal is to care for an acutely ill patient, Horling said the the ultimate plan is to return the patient to good health.

Horling earned her B.S in nursing degree from the University of Connecticut and worked at the West Haven Veterans Memorial Hospital and the Eye Care Group in New Haven before coming to Orange. It was 1994 and the OVNA was expanding to hire another full-time nurse. “Thank God because no one ever wants to leave here,” she said. In fact, her replacement is Jackie Benichov, an RN who worked at OVNA years ago.

A favorite story is the time Horling was driving around a woman from the Connecticut State Review Board as part of the department’s assessment. “After visiting several patients, all in their 80s and 90s, she turned to me and said, ‘What’s in the water in this town? How do you have such elderly patients living at home?’” Horling laughed remembering. “I said it’s because we have such outstanding services for the elderly in this town. We’re just the medical piece. We consider a 70-year-old to be a youngster!”

She may not be going to work everyday, but don’t expect Horling to stay away from her ‘home’ on Orange Center Road. “I may volunteer,” she said.

Orange Town News

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ENTERTAINMENT



- 1. Wall Street: Money Never Sleeps (PG-13)**
Michael Douglas, Shia LaBeouf
- 2. Legends of the Guardians: The Owls of Ga'Hoole (PG)**
animated
- 3. The Town (R)**
Ben Affleck, Jon Hamm
- 4. Easy A (PG-13)**
Emma Stone, Penn Badgley
- 5. You Again (PG)**
Kirsten Bell, Jamie Lee Curtis
- 6. Devil (PG-13)**
Chris Messina, Bojana Novakovic
- 7. Resident Evil: Afterlife (R)**
Milla Jovovich, Ali Larter
- 8. Alpha and Omega (PG)**
animated
- 9. Takers (PG-13)**
Matt Dillon, Chris Brown
- 10. Inception (PG-13)**
Leonardo DiCaprio, Ken Watanabe



- 1. Killers (PG-13)**
(Lionsgate)
- 2. The Office: Season Six (NR)**
(Universal)
- 3. Supernatural: The Complete Fifth Season (NR)**
(Warner)
- 4. Tyler Perry's Why Did I Get Married Too? (PG-13)**
(Lionsgate)
- 5. Smallville: The Complete Ninth Season (NR)**
(Warner)
- 6. Marmaduke (PG)**
(20th Century Fox)
- 7. Camp Rock 2: The Final Jam (NR)**
(Buena Vista)
- 8. Date Night (PG-13)**
(20th Century Fox)
- 9. Thomas & Friends: Misty Island Rescue (NR)**
(Lionsgate)
- 10. Diary of a Wimpy Kid (PG)**
(20th Century Fox)



Top 10 Pop Singles

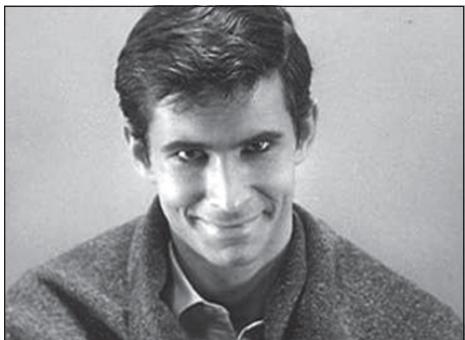
- 1. Bruno Mars**
"Just the Way You Are"
- 2. Eminem feat. Rihanna**
"Love the Way You Lie"
- 3. Rihanna**
"Only Girl (In the World)"
- 4. Katy Perry**
"Teenage Dream"
- 5. Usher feat. Pitbull**
"DJ Got Us Fallin' In Love"
- 6. Taio Cruz**
"Dynamite"
- 7. Enrique Iglesias feat. Pitbull**
"I Like It"
- 8. Nelly**
"Just A Dream"
- 9. Flo Rida feat. David Guetta**
"Club Can't Handle Me"
- 10. Far East Movement feat. Cataracs & Dev**
"Like a G6"



Darius Rucker

Top 10 Country Singles

- 1. Lady Antebellum**
"Our Kind of Love"
- 2. Kenny Chesney**
"The Boys of Fall"
- 3. Josh Turner**
"All Over Me"
- 4. Easton Corbin**
"Roll With It"
- 5. Billy Currington**
"Pretty Good at Drinkin' Beer"
- 6. Darius Rucker**
"Come Back Song"
- 7. Little Big Town**
"Little White Church"
- 8. Blake Shelton**
"All About Tonight"
- 9. Sugarland**
"Stuck Like Glue"
- 10. Taylor Swift**
"Mine"



Anthony Perkins stars in "Psycho"

PICKS OF THE WEEK

"Predators" (R) -- Produced by, and based on a script by Robert Rodriguez ("Grindhouse," "From Dusk Til Dawn"), "Predators" breathes new life into an embarrassingly awful franchise and offers up a healthy dose of cheesy good fun. A buffed-up Adrien Brody stars as the leader of a group of eight people who are mysteriously deposited on an alien planet to be hunted as sport by an alien species. Thanks to an R rating, there's gore aplenty, but also a few laughs, a couple of shocking moments and twist ending. "Predators" isn't a great film by any stretch of the imagination, but it's a solid B-movie and ripping good guilty pleasure.

"Apocalypse Now Three-Disc Full Disclosure Edition" [Blu-Ray] (R) -- This collection is a must-have for fans of Francis Ford Coppola's opus set during the Vietnam War. The three-disc collection contains "Apocalypse Now" and "Apocalypse Now Redux" in 1080p high-def and -- for the first

time -- in their original aspect ratio. Included is the riveting making-of documentary "Hearts of Darkness," which contains a commentary track with Eleanor and Francis Ford Coppola. There also are tons of new special features, including interviews with Martin Sheen and John Milius, a 48-page book with behind-the-scenes photos and too many more goodies to mention.

"The Rocky Horror Picture Show 35th Anniversary Edition" (R) -- Remastered from the original negative and featuring 7.1 audio and a picture-in-picture "Shadowcast" option that gives the illusion of the Rocky Horror theatrical experience, this anniversary release, like the young Susan Sarandon, is a really well-put-together package. Special features include a karaoke option, audio commentary, a slew of documentaries and a 24-page booklet.

"Psycho 50th Anniversary Edition" (R) -- You probably could fill a library wing with all the material that's been written about this movie, and given the many, many releases of "Psycho" on home video through the years, chances are you've seen most of the special features included in this version. That said, if you're a film purist, then you'll want this new Blu-Ray release because it's the only video release of the movie in its original aspect ratio.

"Vampire Girl vs. Frankenstein Girl" (Unrated) -- This is the latest in the new wave of low-budget Japanese extreme schlock cinema ("Machine Girl," "Robogeisha"), a genre that features shocking scenes of over-the-top gore and horror so extreme that it goes beyond grotesque into the realm of the ridiculous. Because this is a family-friendly column, I can't even begin to describe how deliciously bizarre this movie is. Trust me though, watching this movie could screw you up for life.



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Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

		4		5			1
1			8		6		
	6			7			3
6					9		1
	4		5			3	
7		8		6			9
3				2			8
	7				4	2	
		6	3				5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

Salome's Stars

ARIES (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.

TAURUS (April 20 to May 20) That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.

GEMINI (May 21 to June 20) Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.

CANCER (June 21 to July 22) One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.

LEO (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.

VIRGO (August 23 to September 22) You might want to get advice from someone who's been there and knows these situations better than you do,

before investing time or money (or both) in a questionable matter.

LIBRA (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.

SCORPIO (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.

SAGITTARIUS (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.

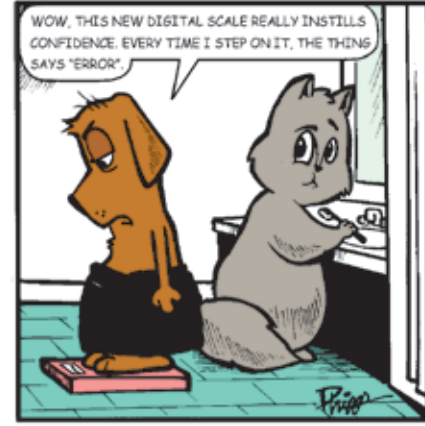
CAPRICORN (December 22 to January 19) If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.

AQUARIUS (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.

PISCES (February 19 to March 20) Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.

BORN THIS WEEK: You are always there for others, and sometimes you need to be reminded that you need to be there for yourself as well.

Just Like Cats & Dogs by Dave T. Phippe



MISTER BREGER By Dave Breger



"Oh, Dave, dear—I must've forgotten to tell you—Mrs. Gates borrowed our spare tire."



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LAFF - A - DAY



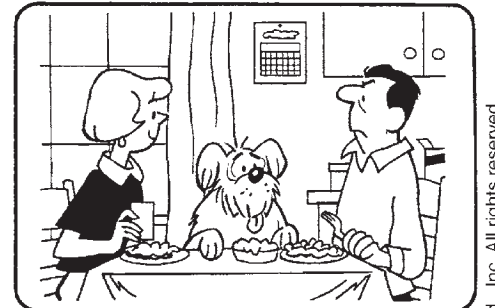
"Let's see, now ... to use vacuum for hair drying—"

HUBERT - - By Dick Wingert

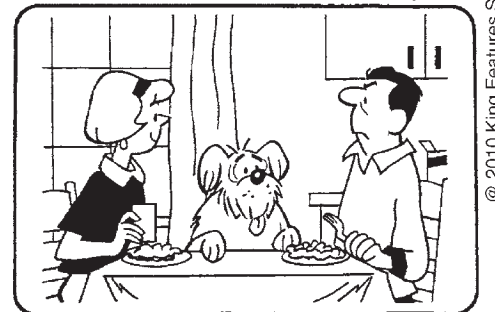


"The next time you do the Mexican hat dance, please use your own hat."

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Cabinet knobs are different. 2. Calendar is gone. 3. Woman has a headband. 4. Man's cuff is black. 5. Dog's food is missing. 6. Box on counter is gone.

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Realistic Expectations

By Roberta L. Nestor

It is very easy to imagine the features of an ideal investment – I have had it described to me hundreds of times. We all know that there is no such thing as a perfect investment and yet we still try to seek it out, time and time again. "I would like to invest in something that guarantees my principal and interest. I would also like the interest to be tax-free and still give a high rate of return. Also, it is important that it is completely liquid."

That is a tall order! Fortunately or unfortunately, today's climate of historically low interest rates, the credit crisis of 2008 and the failure of banks and Wall Street firms have forced us to redefine the perfect investment as well as our own expectations. During those dark days of this Great Recession several investors became very vocal, "I don't care if I only earn 1% as long as I don't lose my money!" Fast forward to 2010 and investors have lost the fear factor and are once again looking to do better than the bank.

In order to move forward and understand what options are available, you have to have realistic expectations.

Let's start with the first criteria, guarantees. If you consider bank offerings to be an investment (which would then violate the 2nd, 3rd and 4th criteria) you can have your guarantees. However, you would probably forfeit tax free earnings, liquidity and the opportunity for high rates of return. Consider that the cost of having principal guarantees. A realistic expectation would be to find an investment that offers reasonable safety based on your individual risk tolerance.

We all want to keep what we earn and not have to pay Uncle Sam. There are several products that will generate interest that is exempt from federal taxes and sometimes state taxes as well. There are several products that offer tax benefits such as 401ks, IRAs or Roth IRAs. How you and if you can benefit from tax favored investments is determined by your own individual tax situation. A better way to approach these criteria would be to look for tax advantaged investments or tax efficient offerings and learn how these can potentially minimize your tax situation.

The next feature of the perfect investment is that it offers a high rate of return. With today's interest rate environment being the lowest in the last 40 years, it is difficult to define

what would constitute a high rate of return. Some investors have resolved themselves to lowered rates and instead of seeking investments that may have the potential for higher returns (therefore more risk); they are opting to increase their savings to help reach retirement goals. So, instead of seeking high returns, perhaps you want to find a vehicle that has returns that best reflect current market and interest rate environments and is consistent with your individual risk tolerance and goals.

Now let's look at the need for liquidity. I suppose most investments provide liquidity, but often at a cost. Whether it is the IRS rules that access penalties for early withdrawals from retirement plans or the annuity plan that has surrender charges, most investments have some restrictions on access to funds. Liquidity is something that is perceived to be an important feature, but most often it is not necessary. While your home may be as liquid as your 401k, you don't sell these if you need money. That's the difference between having emergency funds or savings versus making an investment. I am looking for something that would offer me liquidity in case of a severe emergency or catastrophic event.

If we put all of this together we can now better present our ideal investment by setting realistic expectations as to our criteria. The description would look more like this: "I would like to invest in something that is reasonably safe based on my risk tolerance. I would also like to have tax advantages that I would personally benefit from. I understand that offerings with higher returns may carry higher risks. Lastly, I would like to know the costs if I had to withdraw these funds in case of an emergency." I think you will find that you will be more satisfied with your investments and investment decisions if you have set realistic expectations for you and for your advisor.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Investors should consult a tax or legal professional regarding their individual situation.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford. She offers retirement, long term care, investment and tax planning services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. She can be reached at TSM Financial Services, 203-876-8066 or roberta@tsmfinancial.com.

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top ten

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We are proud to introduce Dr. Richard Carpenos!

Are you in pain? Have you tried everything to alleviate your pain without success? Are you contemplating surgery? Tried injections? Had surgery and are still in pain? In many cases, the operations are necessary for proper health and recovery from an injury. However, we have seen hundreds of patients who received operations they did not need and are still in ridiculous pain. Our Newlife™ Healing System is both high-tech and non-force, and most important, proven to be a safe and effective alternative to surgery. You will see we have the best therapeutic modality for advanced pain relief and expedited healing times! Our Newlife Laser delivers soothing, deep, penetrating, photonic energy to bring about profound physiological changes. The inflammation is reduced, pain gates are blocked and the damaged tissues begin the physiological process of repair 3-5 times faster than normal. This all occurs as the essential healing factors are brought in and the non-essential wastes are removed, with increased circulation at the site of injury. These therapeutic enhancements of the cellular chemistry are triggered by our Newlife Laser, making it a truly profound healing modality and experience...guaranteed!

Surgeon has PERSONAL Experience!

Dr. Robert Morrow, a well-known, trusted orthopedic surgeon, who had completed over 15,000 surgeries, said "I was suffering from shoulder pain for 6 months straight with no relief. I heard about laser treatment and after seeing and hearing many of my patient's stories, I did more research on the topic and found that the doctors and staff now using these Newlife Lasers finally have a tool to help people who think that surgery is their only option. I went to get treated and was amazed that it took away all of my pain. After 6 months of misery, I was relieved and I am now Pain Free! I know that orthopedic surgeons don't always fully understand the available alternatives to surgery and, as a result, many patients are sent through long, painful and costly procedures. There are many of you who have been through the process of using prescription medications and injections ... with little or no relief. Physicians who recommend drugs are limited by their options, for treatment, so they continue to prescribe medications. I have found that this Newlife™ Healing System is very effective at treating patients that have not responded to other procedures, even those who have already tried surgery. I concluded, to give patients the best possible care, there needs to be referrals provided to chronic pain patients so they can receive these unique therapies."

ADVANCED TOOLS for diagnosing and providing best pain relief -- BAR NONE!

Patients cannot get a more complete exam for this treatment than that provided at Newlife Laser Clinics. We are tooled with advanced diagnostic and care protocols, for the use of spinal decompression and deep tissue laser technologies that are the most advanced pain-relieving options in the market. We are tooled to provide you care that is breaking through the barriers of traditional medical and chiropractic. Don't undergo painful, costly surgery or recovery ... we know that it usually can be avoided!

Are PILLS & INJECTIONS long-term solutions for pain relief? -- NO WAY!

Until now, people have masked their pain by frequently taking prescription pain pills or by getting cortisone or epidural steroid injections. This type of relief masks the cause, is temporary, and more often can lead to even more pain or worse yet --- addiction to drugs! So many people innocently fall into abusing prescription pain pills while initially using them to alleviate real, constant pain. Did you know that prescription medications kill more people every year than do illegal drugs? Nobody is immune to prescription drug abuse, even radio talk-show host Rush Limbaugh. His prescription drug abuse to a medication called oxycontin almost destroyed his career and ended his life. The medication was prescribed by a doctor for pain relief!

Insisting on the FDA-Cleared Laser for FAST and SOOTHING RELIEF!

The Newlife Laser® is an innovative, scientifically based, therapeutic modality. This new technology offers advanced pain relief and highly-expedited healing times through a process known as photobiostimulation. The FDA-Cleared Newlife Laser® delivers deep-penetrating, photonic energy to increase circulation, stimulate an increased level of tissue healing, and create decreased levels of pain and inflammation. These changes in cellular chemistry are triggered by our use of the Newlife LaserTreatment®, making it a truly profound healing modality. It does not require the use of drugs or surgery, and there are no known side effects or risks that may occur, with other forms of treatment. During the treatment, the patient feels a deep-soothing warmth and pleasant sensation that reassures the patient that the laser is activating and speeding up the healing process, for true lasting relief!

Spine and Disc DECOMPRESSION

At Newlife Laser Clinics we have advanced machines for Spinal Decompression. Our Newlife™ Healing System includes Non-Surgical Spinal Decompression machines that produce gentle separation of the vertebrae and decompression of the inter-vertebral discs. Decompression relies upon the repeated unloading of spinal stress by distracting the spine. This therapy produces negative pressure within the disc to allow a disc injury to heal naturally by replenishing the fluid in the "cushion-like" disc. Patients are treated fully clothed and are fitted with a harness that fits around their body or head, as they lie on a comfortable table and are gently decompressed. The doctor adjusts the table and the harness and uses a computerized console, where a customized treatment protocol is entered into the computer and takes about 20 minutes. The average treatment protocol is approximately 10 to 25 treatments within a 5 to 10 week period of time, depending on the individual's case.



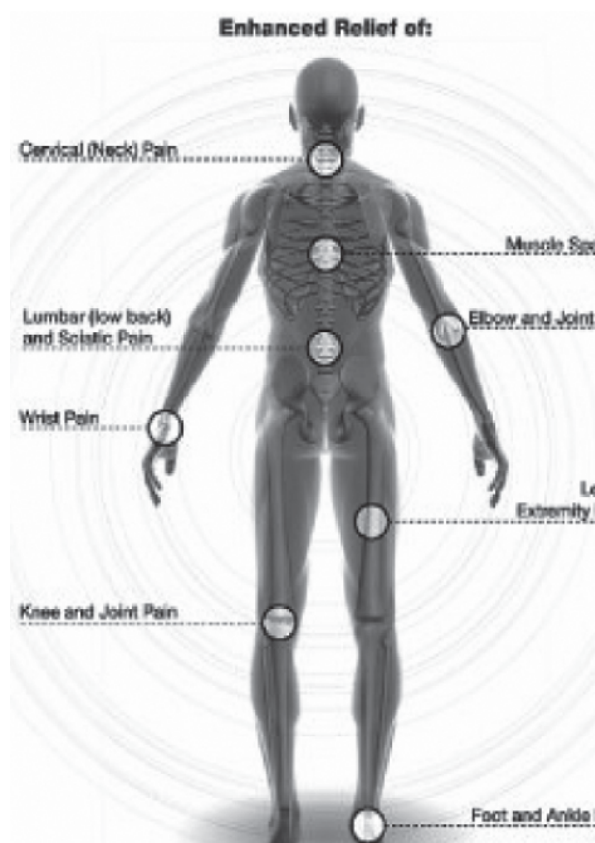
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Doctor of Chiropractic**

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Our purpose is to help people get well and stay that way without drugs, surgery or hassle, while making really good friends along the way.

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Acutely Injured or Chronic Persistent Joint Pains
Whiplashed Neck, Migraine and other Headaches
Chronic Shoulder, Elbow, Hip or Knee Pains
Carpal Tunnel Pains and Syndromes



BREAKING the standard care MOLD

At Newlife Laser Clinics our referral networks are using tools that break the mold in diagnostic care, with Physiological and Functional Rehabilitation Protocols, and various manipulation techniques. We have practiced natural and new methods for many years. Our new treatments are based on methods designed from doctors of chiropractic who have treated thousands of patients, discovered secrets, treated the worst conditions and rescued patients from recommended surgeries. These doctors have always spared no expense for, using distinctly cutting-edge and uniquely-effective technologies and, profoundly altering the way, truth and light for chronic pain relief.

TESTIMONIALS of SMALL MIRACLES

Adele, Age 52 "For many years, I have suffered from lower back pain and pain radiating down both of my legs to my feet from an accident. Every time I exercised or moved just the wrong way I'd have pain that would last for a long time. I couldn't even roll out of bed without extreme pain. After the third visit all of my pain was gone. It was my own little miracle. I was very impressed by the care but also by the fact that the doctors were knowledgeable and very personable. The staff was friendly and helpful and I would recommend their treatment to everyone with neck or back pain."

Jack, Age 37 "I was working as a Police officer in April when I was injured on the job, lost the strength in my left arm and hand and had a lot of pain in my neck and midback. I saw many Doctors for 6 months with no resolution to my problem, whether Physical Therapy, Steroids, Pain Medication, or Nerve Block. The Surgeon wanted to do a 3 level fusion on my neck as the last treatment option. I saw the ad in the paper and decided I didn't have anything to lose and to give it a try, but it was my last chance before getting surgery. After my second visit I had regained all of my strength in my left arm and hand and had minimal pain in my neck. My life has drastically improved."

Duane, Age 77 "I woke up one evening with severe pain going down my right leg and went to a Doctor who couldn't tell me what was wrong. He told me to go home, take a hot bath and in a week if it didn't go away to come back. I had an MRI showing a bulging disc in the lower spine, with arthritis and gout. A family member told me about the Deep-Tissue Laser Treatment®, and after the first session the pain lessened significantly. At the end of the visit I could move around great. By the 5th or 6th visit I had no more pain in my leg and lower back. I am extremely satisfied, my legs are stronger, and I am standing up straight. This has been a fantastic thing and it all happened in 4 to 5 weeks. If I could tell you anything it would be to not take pain killers or have surgery until you have done this incredible Deep-Tissue Laser Treatment®."

Still want GUARANTEE of Relief?

We are so confident that you will find relief at our Newlife Laser Clinic, that if you don't feel and see improvement after the second visit, it's free. No strings attached. We are confident that our protocols will be able to relieve or rid ongoing pains or other limitations. Give our friendly staff a call for an appointment.

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*Free visit cannot be used with Medicare or Federal Health Insurance Plans.

Get to know Dr. Carpenos, DC

Dr. Richard Carpenos has been practicing here in Connecticut for the last 20 plus years. He has been named Best Chiropractor in the Advocate Reader's Poll for the past 16 years. He has been a frequent guest on television and radio over his career and is a pioneer in the non surgical correction of disc and spine related conditions. His own disc problem lead him in his search for answers without surgery. He is excited to be the only facility in the state to offer these services. He looks forward to meeting you and introducing you to his cutting edge facility here in Orange.

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