

Orange's Exclusive Newspaper Mailed Free To Every Home & Business in Orange

CIRCULATION 6070

Orange Voters Affirm Team Zeoli

Bettina Thiel Orange Town News Correspondent

VOL. 18 – ISSUE 10

Orange voters on November 7 affirmed First Selectman Jim Zeoli and the whole Republican ticket in municipal elections. The town leadership will look very similar to what it has been

for the last several years, with a few exceptions.

The Board of Selectmen will be unchanged, with incumbents Ralph Okenquist (2,576 votes), John Carangelo (2,809), Mitch Goldblatt (2,313), PJ Shanley (2,048), and Judy Wright Williams (2,644) each winning their seats back. Democrats Mark Moyher (1864), who challenged Zeoli, and

Melissa Johnston (1,749), who ran for the Board of Selectmen, will not be seated.

At the Board of Selectmen meeting the following day, November 8, Zeoli thanked the voters. "I am honored to be doing Years 19 and 20 of serving the Town of Orange," he said. He also acknowledged the courage exhibited by everyone willing to participate in the process. "Winners and losers, they all stuck their neck out," he said. fully, in two years, we can try again," he said. The loss was a disappointment, he said, but "if you're not disappointed, you shouldn't be running." He said a small group of Democrats headed over to Republican headquarters after the results had been announced to concede and shake hands

> with the winner. "Everything was very civil," he said.

One interesting new face that came through during the campaign was that of Democrat Anna Mahon, who gained a seat on the Board of Finance with 2,263 votes. As former Amity High School Principal, Mahon certainly has a lot of name recognition for someone who hasn't held

municipal office before.

Jim Zeoli

Her presence on the board will stand out, not only because she will be the only woman. She also specifically announced that she wants to help build a constructive relationship with the Amity School District. She is currently the assistant superintendent



FRIDAY, NOVEMBER 17, 2023

The 4s class from Orange Community Nursery School enjoyed a wonderful fall day a Buttermilk Farm.



In a phone conversation following the election, Moyher expressed gratitude for the Democratic team. "Hopein Brookfield.

Incumbent Republicans Kevin Houlihan (2,959 votes) and James Leahy (2,901) regained their seats on the Board of Finance with a clear majority.

See "Election" On Page 12

Classes at Orange Community Nursery School enjoyed a fun filled Halloween! The 5s kindergaten readiness class enjoyed a parent parade as well as a parade through the High Plains Community Center. Thank you to Orange Park and Rec, Orange Senior Center, High Plains Cafeteria and custodians for making our day fun!





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TUESDAY, DECEMBER 5TH | 4:00 PM - 6:30 PM

Location: Maplewood at Orange, 245 Indian River Road, Orange

Join us for a heartwarming gathering at our 16th Annual Silent Auction & Celebration! Save the date and be part of this special event where we come together to spread holiday cheer and give back to our community. Enjoy hors d'oeuvres and seasonal cocktails. Don't miss the chance to win beautifully decorated trees in our silent raffle. All proceeds from this event will benefit The Orange Community Services Food Pantry. We can't wait to celebrate the season of giving with you!





By December 1st by scanning the QR code.

If any questions, contact to Caroline MacKinnel at

cmackinnel@maplewoodsl.com or call 203.513.1311.



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Holly Hill Childcare Collecting Food Items for Thanksgiving

For the 14th consecutive year, Holly Hill Childcare and Learning Center is collecting food and gift cards to fill Thanksgiving food baskets for those in need.

Debbie Manson Fedorko, director said, "Our Thanksgiving food drive teaches our youngsters the meaning of sharing, caring and the joy of giving to

others. Pictured is one of our toddlers who, along with his parents, donated food to make two bountiful baskets. Holly Hill will be happy to accept your food donations until November 17th. Items can be dropped off to our lobby located at 308 Peck Lane. Anyone who knows of a person or family in need can contact Debbie at (203) 799-6300.



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By Dennis Marsh

Hearing Loss & Hearing Aids

On November 20, at 1:00pm Dr. Horowitz will discuss Tinnitus, Hearing Loss, and present some hearing aids. Call 203-891-4784 to register.

The Greatest Sitcoms of All-Time

Martin Gitlin is the author of more than 40 books on popular culture and sports. He has won many awards for his writing, including first place for General Excellence in Journalism from the Associated Press. On November 21, at 1:00pm join us for his interactive presentation on his book, "The Greatest Sitcoms of All Time." Call 203-891-4784 to reserve a seat.

Medicare Enrollment Seminars

It's "Medicare Annual Enrollment Time". Concerned you might not have the best coverage for your medical needs? Are you getting the best value for the premium you are paying? Are you turning 65 in 2024 and need to know how Medicare works? Come out and hear from the representatives from various companies about their plans and be informed!

November 20 - Humana at 1:00pm

 November 28 - Center for Medicare Advocacy at 10:00am Call the office at 203-891-4788 to reserve a seat.

AARP Driving Course

AARP Driving Course will be offered on the first Thursday, December 7 from 9-1:00pm. Call the office to register, (203) 891-4784. \$20 for members, \$25 nonmembers. Pay instructor.

Hiking Group

Marianne and Judy will lead us in a 2 mile-ish. 1 hour hike every Thursday at 10am (9am July, August, & September). Meet at the location of the hike.

- November 23 No Hike, Holiday
- November 30 Shelton Lakes, 125
 Shelton Avenue, (Rt. 108), Shelton (Pine Lake Parking Area)

Arts & Crafts

Sign up for a fun-filled Arts & Crafts class with Suzanne Anderson on Monday, November 20 12:00pm, in the Senior Lounge. Registration is required, call 203-891-4788.

Lions Club Thanksgiving Dinner

Join us on Sunday, November 26 when the Lions Club of Orange hosts a Thanksgiving dinner for all to enjoy. Call the Senior Center at 203-891-

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4788 to reserve a seat. The Lions need a head count to know how much food to get.

Maplewood of Orange Culinary Demo

Join us on Wednesday, November 29, 2:00pm in the café when Maplewoods' Chef Walt presents a tasty dish. Call to reserve a seat (203) 891-4784.

Legal Clinic

The Law Office of Theresa Rose DeGray—Consumer Legal Services LLC will return December 8 for free legal clinic. Appointment times start at 9:00am. Call 203-891-4784 to schedule an appointment.

Zentangle

Join us on the Friday, December 1 at 1:00pm, for a free and relaxing, meditative art form led by a Certified Zentangle teacher Rosemarie Main. Limit 15 people. To register call 203-891-4784.

OVNA Health Chat

Join us on December 11 at 12:00pm in the cafe when Earlene Peckham of the OVNA will lead a discussion on Healthy Eating. Call the office at (203) 891-4784 to reserve a seat.

Holiday Sing-along

Join us on December 4 at 1:00pm when musical members Raye and Paul lead us in a holiday sing-along! Get ready to fa-la-la and jingle your way merry! It's sure to be fun! Join us, please call 203-891-4784 to sign-up.

Holiday Cabaret

Monday, December 11 at 1:30pm, will be our Holiday Cabaret with Larry Ace & Doreen. Come celebrate the holidays! Be sure to register in advance by calling 203-891-4784.

Brain Teasers with Stacey

Tuesday, November 28, 12:30 pm. Get ready to exercise those brain muscles! Join Stacey for a fun memory boost at 12:30pm in room 4.

OVNA Blood Pressure Check

The Orange Visiting Nurse Association will be here every Thursday, 12:00-1:00 in the cafe for blood pressure and health screenings.

Griffin Hospital Blood Pressure Check

Maggie of Griffin Hospital will be here the last Friday of the month, in the café, November 17 from 10:30-12:00pm to take your blood pressure. Stop by for this free clinic.

Drumming

Join us on Thursdays with Dennis at 11:00am for Drumming. Limit 19 participants for this fun and aerobic activity.

Hot Lunch Program

Lunch is offered Monday through Friday, 11:30am – 12:00pm. No meals on Saturday, or Sunday. A \$3.00 donation is accepted for persons 60+. Call Ellen at (203) 891-4765 to register.

Trips

December 5, 2023 - SILVER BELLS & DIAMOND @ the Aqua Turf

Silver Bells & Diamond combine the best of the Diamonds for a great holiday show. Family style lunch: garden salad, pasta, chicken parmigiana, scrod with cracker crumb stuffing, vegetable, potato, rolls, dessert and beverage. Cost is \$118pp with transportation (minimal walking).

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Circulation of 6,070.

Mailing Address: PO Box 132, Uncasville, CT 06382 Phone: 203-298-4399

PublisherRocky SalpertoEditorMarlene SilversteinProduction & DesignJ. Michael KrizCorrespondentBettina ThielContributing WriterGinny Reinhard

To Submit News Articles/Local Events contact 203-298-4399 or Email: edit@orangetownnews.com

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To Submit a Letter to the Editor mail us or Email your letter to: letters@orangetownnews.com

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Orange Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the Editor must be unique to the Orange Town News.

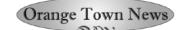
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Below are the next two issue dates & deadlines of the Orange Town News. Thank you for your submissions to Your Home Town Newspaper.

| <u>Upcoming Issue Date</u> | Issue Deadline |
|---------------------------------------|----------------|
| December 15 Holiday Issue | .December 8 |
| February 9 Valentine's Day Issue | .February 2 |
| Note: Copy due by 4:00p.m. Thank you. | |



Dear Incoming Amity Board of Education (ABOE) Members

Congratulations and welcome! You are now part of the largest Regional School Board in the State of Connecticut made up of thirteen elected officials that will begin meeting together monthly for multiple hours over the next four years. In addition to this meeting time, you will receive input from the Administration, teachers, the public, two student members of the board, outside experts, and three town financial representatives from Bethany, Orange, and Woodbridge. These meetings will be transparent and open to the public, run according to Robert's Rules of Order, and digitally broadcast and recorded.

Your commitment to this civic service is admirable, and I write to offer some insights gleaned from my 12 years of enjoyable service. While political parties definitely have a role to play in the electoral process, that partisan role ends with your election to the board. It is now your individual job to - Digest information, ask questions, and review hundreds of pages monthly for the purpose of doing what is best for all children, especially the most vulnerable among them; - Function much like a jury, where only you and your fellow board members will be in a position to hear all the facts and details to make the best decisions. As one of thirteen, you will need to focus on - Building a consensus when it comes to shaping policy and building budgets - Listening to one another and keeping an open mind, as you all come from different towns and backgrounds. This approach will best serve all the

to understand the ideas of your fellow board members, and expanding what you thought you knew about Amity and its needs.

Remember, transparency grows trust. Therefore, once those decisions are made take your new knowledge of issues and decisions back to inform and educate the public. This will enhance your credibility as future issues arise and will steer you on your new responsibility of guiding our beloved school system.

Once again, congratulations and good luck. Please don't hesitate to reach out for support or with any questions.

Christopher Browe – Former ABOE Chairman and Amity Finance Committee Chairman

BOF Leadership Thanks Orange Residents

We wish to thank voters of Orange for their support in the election last Tuesday, re-electing us to the Orange Board of Finance. The goal of balancing Town needs with taxpayer affordability is a challenging one. Over the years, one way to achieve that balance is to communicate a message of "Doing More with Less," an approach that is both consistent with the Town's heritage and with what we all do in our personal lives.

Going forward for the next four years, we plan to provide the same leadership as we have in the past. And we thank you again for your vote and your confidence in the work that we do for the Town. *Kevin Houlihan, Chairman Orange*

Board of Finance Jim Leahy, Vice-Chairman Orange



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Submit your letters for our **"From Our Readers"** section to: Orange Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@orangetownnews.com. Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

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Director of Special Services, Mrs. Mary Edo, is the Title IX Coordinator for the Orange Public School district. If you or someone you know is believed to have experienced sexual harassment, please file a complaint using the appropriate form that can be located at https://www.oess.org/ under Faculty or Student Resources. You should contact Mrs. Edo either by email at medo@orange-ed.org or by phone at 203-891-8023 ext. 1204 to report any complaint related to the school district. Mrs. Edo's office is located at Central Office of the Orange Board of Education.



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Orange Lions Serving the Community

In keeping with our unwavering commitment to our motto, "WE SERVE," the Orange Lions have been actively engaged in serving our community throughout the month of October. We are proud to share some heartwarming updates from our recent activities.

Addressing Food Insecurity with the Anthem/LCIF Hunger Grant Program

As we are all aware, food insecurity is a pressing issue affecting many members of our community. In an effort to make a difference, the Orange Lions partnered with the Anthem/LCIF Hunger Grant Program, which generously awarded us a grant of \$2000. This funding has been put to good use to address this critical issue.

Community Gathering at High Plains Community Center

On October 13, our partnership brought together 13 dedicated Anthem volunteers and 7 enthusiastic Orange Lions at the High Plains Community Center. Together, we embarked on a mission to alleviate food insecurity in our community.

"Food 2 Kids" Initiative

A significant part of our efforts involved the "Food 2 Kids" initiative, aimed at ensuring that no student goes hungry over the weekend. With the grant funds, we were able to purchase groceries and assemble 33 bags filled with essential food items. These bags will provide vital sustenance to students who would otherwise have gone without meals during the weekend.

Supporting the Community Food Bank

In addition to our "Food 2 Kids" initiative, we also directed a portion of the food items towards restocking the shelves of our local Community Food Bank. This will further assist in meeting the needs of individuals and families facing food insecurity in our community.

We are truly grateful for the generosity of the Anthem/LCIF Hunger Grant Program and the dedication of our volunteers. Together, we are making a meaningful impact in the lives of those who need it most.



Orange Lions Club Enhances Student Eye Health with Specialized Screenings

In a week-long effort dedicated to the well-being of our local students, the Orange Lions Club extended their caring hands into the community's elementary schools. Their mission? To provide efficient and precise eye screenings using a state-of-the-art Welch-Allyn camera, ensuring every child's vision is in tip-top shape.

Thanks to this remarkable technology, each screening takes mere seconds, capturing a snapshot of the child's eyes. The camera then performs a comprehensive analysis, identifying various eye conditions such as near or far-sightedness, "lazy eye," astigmatism, detached retina, and corneal deformities. Detecting and ad-



dressing these issues early can prevent vision problems from affecting a child's education.

Under the leadership of Lion Betty Hadlock, the pediatric eye screening chair, 15 dedicated Lions volunteered their time in Racebrook, Turkey Hill, Mary L. Tracy, Peck Place, and Hebrew Day Schools. Throughout the week, they screened a total of 776 children and referred 64 students for follow-up with an eye doctor.

The school nurses greatly appreciate this invaluable service, which the Lions have been providing for years. Unlike traditional eye chart readings, this screening is far more advanced and time-efficient.

The Orange Lions Club's commitment to the well-being of local children shines brightly through their dedication to this essential initiative.

Boy Scout Troop 63 Annual Christmas Tree Sale

Boy Scout Troop 63 will be holding its annual Christmas Tree Sale. For over 50 years, Troop 63 has been selling trees, wreaths, kissing balls and other fresh holiday decorations. The sale will be located behind the Public Library in Woodbridge on Center Road. The troop will sell fresh balsam pine trees beginning Friday, November 24. The sales will start on the 24th from 9AM until 8PM and then will be open on the following schedule though Christmas Eve, while supplies last: Wednesday through Friday from 4-8PM; Saturday and Sunday from 9AM-8PM; and closed on Monday and Tuesday. Free delivery will be available on Friday, Saturday, and Sunday during the sales. Various size trees, ranging from 5' to 13', and prices are available to meet your needs and include limited free local delivery.

Boy Scout Troop 63, founded in 1963, is one of the oldest troops in the Connecticut Yankee Council. Our objective is to bring scouting to the boys in Woodbridge, Bethany, Orange and surrounding communities. Known as an "outdoor troop," we are active all year. Our outings include camping, hiking, backpacking, skiing, canoeing, and whitewater rafting, as well as cultural events such as visits to historical parks and monuments. We also plan and participate in many community events and service projects throughout the year, like the annual Scouting for Food drive that provides critical assistance to the Woodbridge Food Pantry.

Join our adventure and see what scouting is all about. Weekly meetings are held in Woodbridge on Monday nights from 7-8:30 PM. We welcome boys who have completed the fifth grade, up to age 18. Prospective members and their parents are welcome to visit our meetings.

For more information about the tree sales or questions about joining, please contact Troop 63 at troop63CT@gmail.com.



Youth Services

by Jessica Simone, MSW, Orange Youth Services Coordinator



Cards for Veterans

Happy Veterans Day! Thankful to all who have served and for their sacrifice. Students from Turkey Hill 21st Century created cards that were given to the Vet Center of New Haven (located in Orange) to be distributed to the vets as a thank you for Veterans Day.

National Drug Take Back Day

National Drug Take Back Day was held on Saturday, October 28th from 10:00am-2:00pm at High Plains Community Center and from 10:30am-1:30pm in Woodbridge. The total amount collected between the two sites was 277 lbs. of unused/unwanted medication that was safely disposed. Thank you to the volunteers from the National Pharmacy Association, the Orange Police Department, the Woodbridge Police Department, and CERT.

Orange Holding Holiday Festivities

The Town of Orange is hosting its annual Holiday Festival with the Lighted Tractor Parade and Tree Lighting on Sunday, December 3rd. Festivities will be on and around the Town Green beginning at 3 p.m.

There will be an ice carving demonstration in front of the Clark Building. Inside the Clark Building visitors can guess how many candies are in the jar and vote on gingerbread houses. Gingerbread house creations may be dropped off between 2 p.m. and 3 p.m. Prizes will be given to the winner of the gingerbread house contest; all entries must be picked up between 5:30 p.m. and 6 p.m. Children can mail letters to Santa at the library. The Case Memorial Library will be open from 3 – 5 p.m. There will be singers from Amity High School starting at 3:00 p.m. and Al DeCant will be performing in the meeting room from 3:30 to 4:15. The library staff will be handing out Take and

Make crafts while supplies last.

The Stone-Otis House will be open to visitors beginning at 2 p.m. as well as the Academy Building, where the New Haven to Derby Line Model Railroad will have displays.

The Orange Congregational Church will be hosting a "Cookie Walk" where Christmas cookies will be available for sale in the lower level of the church before the Handbell Concert and Carol

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Sing that will be held from 4 to 5 p.m.

The Lighted Tractor Parade will begin around 4:30 – 4:45 p.m. from Fred Wolfe Park and Santa will arrive at the end of the parade.

The lighting of the tree will follow on the Town Green and there will be time for pictures with Santa.

For more information on the 7th Annual Orange, CT Lighted Tractor Parade visit www. orangetractorparade.com.

See back page of this issue for full schedule.

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CASE MEMORIAL LIBRARY EVENTS

Hours

The Library's hours are as follows: > Monday, Thursday: 10 a.m.-8 p.m.

 Tuesday, Wednesday, Friday, and Saturday: 10 a.m.-5 p.m.

Holiday Closings

The Library will be closed on Thursday, November 23 and Friday, November 24 in observance of Thanksgiving. The Library will be open on Saturday, November 25.

Program Fees

Programs at the Case Memorial Library are free, except as noted for materials charges, and open to the public.

Registration

Registration is required for all library programs, unless otherwise noted. Register for events at casememoriallibrary.org/events.

STORYTIMES Preschool Storytime

Mondays, 10:30 a.m.

Music, movement, and literacy for our preschool friends! Join us as we get ready for the school years. There will be a craft after the storytime session. Registration is required.

Lapsit Storytime

Tuesdays, 10:30 a.m. Little ones and their caregivers are invited to explore books, sing songs, and practice interactive nursery rhymes with Ms. Angela! Registration

Toddler Storytime

is required.

Wednesdays, 10:30 a.m.

Get the wiggles out with Ms. Angela! Stories, music, dancing, and more fill this high-energy storytime for toddlers and their grownups. Registration is required.

EVENTS FOR CHILDREN Ozobot Bowling



176 Tyler City Road, Orange, CT 06477 203-891-2170 • www.casememoriallibrary.org

EVENTS FOR TEENS & ADULTS 2023 Fall Film: Glass Onion

Wednesday, November 1, 1 p.m.

Tech billionaire Miles Bron invites his friends for a getaway on his private Greek island. When someone turns up dead, Detective Benoit Blanc is put on the case. 2 hr. 19 min. Registration is recommended; drop-ins are welcome if space permits.

10 Tips to Manage Stress Monday, November 13, 7 p.m.

Stress happens to all of us. Up to 90% of all visits to the doctor's office are stress-related, according to Harvard. Stress can be considered as much a risk factor for disease as smoking. Why can two people be in the same situation and respond to stress dif-

ferently? Can going through stressful times without stress be a learned skill? Whatever your age or situation, this presentation will provide 10 tips to manage stress. Everyone will learn a technique to minimize stress and maximize vitality. Registration is recommended, drop-ins are welcome if space permits. space permits. Please register for only one session per month. This program is generously funded by the Friends of the Library.

Book Boxes

November pickup dates: November 20-30

For adults and students in grades 7-12

Our free book box service! Each month that you register you will pick up a box containing two books selected by our librarians based on your reading preferences for you to borrow as well as some treats and others surprises for you to keep. Space is limited. Registration is required and begins on the first of each month. Please remember to register and complete a form each month you wish to participate.

Ban This Book! Club

Monday, November 27, 7 p.m.

This month we're discussing two books! Let's Talk About It is a graphic nonfiction book that has been formally challenged in at least three public libraries in the LION consortium (of which Case Memorial Library is a member). When Aidan Became a Brother is a picture book that received attention in a letter to the editor that appeared in the Labor Day issue of Orange Town News. Join Librarian Rebecca Harlow his iconic characters as he's caught between a superfan and a CIA agent. 1 hr. 47 min. R. Registration is recommended; drop-ins are welcome if space permits.

Crochet Club

Saturday, December 2, 10 a.m.-1 p.m. For adults and teens

The Hooked on the Sound Crochet Guild meets monthly to share stitch successes, assist with pattern problems, education, and generally have a great time crocheting. All skill levels are welcome. Bring any crochet project you are working on or one you may need help with. Please bring your own supplies. No registration is necessary.

Connected Cooking: Sufganiyot

Pickup dates: December 4-9

Create your own sufganiyot, a traditional jelly-filled doughnut for Hanukkah. Learn about Hanukkah with information from PJ Library and enjoy a tasty treat with this food kit. Most ingredients will be provided. This kit was created in partnership with PJ Library and the Jewish Federation of New Haven. Registration is required.

Quilting Club

Wednesday, December 6, 10 a.m.

The Quilting Club is a monthly meetup of quilters from the CT Piecemakers Guild who work on their quilting projects. Please bring your own supplies. No registration is necessary.

Mystery Book Discussion Group

Thursday, December 7, 1 p.m. Join Librarian Samantha Jasulavic

for a discussion of Girl Waits with Gun by Amy Stewart.

Fall Film: Mrs. Harris Goes to Paris

Wednesday, December 13, 1 p.m.

A widowed cleaning lady in 1950s London falls madly in love with a couture Dior dress and decides that she

Thursday, November 16, 4 p.m. For children in grades 1-6

Tiny robots? Check. Coding with Markers? Check. Now, see if you can use an Ozobot to bowl a strike! Registration is required.

Tween Dungeons & Dragons: The Sunless Citadel Monday, November 20, 5:30 p.m.

For tweens in grades 4-6.

A once proud fortress now finds itself in ruin and disarray as an evil has taken root within. Adventurers, prepare to enter the Sunless Citadel, and discover the secrets of the terrible Gulthias Tree and the druid that harvests from it. Players of all experience levels welcomed! Players will start at level 3. Registration is required.

2023 Fall Film: Good Luck to You Leo Grande

Wednesday, November 15, 1 p.m.

Nancy Stokes, a retired school teacher, is yearning for some adventure, and some sex. And she has a plan, which involves hiring a young sex worker named Leo Grande. 1 hr. 37 min. R. Registration is recommended; drop-ins are welcome if space permits.

Dungeons & Dragons Saturday, November 18, 2:30 p.m. For students in grades 7-12

Dungeons & Dragons is a cooperative, storytelling tabletop roleplaying game where you and other players take on the roles of different characters within a fantasy story. Registration is recommended; drop-ins are welcome if and co-leader Elizabeth Ewen as we discuss these books as works of literature as well as an object of censorship. Copies are available at the Circulation Desk. Registration is required.

Take & Make Craft Kit: Macrame Star Ornaments Pickup dates: November 27-December 2 For teens and adults

Learn some basic macramé knots and create your own star ornament with this fun take-home kit. All supplies will be provided. Registration is required.

Fall Film: The Unbearable Weight of Massive Talent Wednesday, November 29, 1 p.m. Movie star Nick Cage is channeling

must have one of her own. 1 hr. 55 min. PG. Registration is recommended; dropins are welcome if space permits.

Bookcase Discussion

Thursday, January 11, 7 p.m.

Join Bookcase discussion leader Toby Zabinski for a discussion of The Lioness of Boston by Emily Franklin. This discussion will be held on Zoom. Registration is required to receive the Zoom link.

Art in the Library

Visit the Library to view a display of artwork by veterans on display November 3-29.

Visit our website casememoriallibrary.org and sign up for our weekly email newsletter for updates on events at the library.



Am I Tripping, Losing Balance, **Getting Older or Just Clumsy?**

By Michael Dow MSPT AND CEO/CLINICAL DIRECTOR

Balance issues can be a tricky thing to self-assess, until there is a fall that causes injury, or unfortunately more serious conditions such as fractures of ankle or hips. Balance issues can affect all ages, and often gets ignored in the elderly or just attributed to getting older. There are several different systems that play significant roles, and knowing which one is the culprit (or culprits) will directly lead to the appropriate intervention.

Balance and coordination are complex and often involve the intertwining of several systems. The three major ones are vision, vestibular, and proprioception. For the purposes of this article, I'd like to discuss the two systems that we often see in physical therapy and are most likely to affect balance, even in the healthy individual.

The first system is called the vestibular system, and is comprised of three small bones in the inner ear named ossicles. These bones, like most in our body, can become degenerative or get out of alignment. The resulting interruption in feedback loops from the ossicles can lead to vertigo, loss of balance, dizziness, loss of neck rotation and headache. Oftentimes these symptoms may require evaluation from an ear nose and throat specialist. In the case of vertigo from ossicle alignment, our physical therapists administer an advanced technique called the Epley's maneuver in the office to help realign the ossicles to stop the vertigo symptoms. Usually, this technique is followed with other manual therapy to restore the likely precipitated loss of neck rotation. There are studies that have directly linked patients who suffer with vertigo with a loss of neck rotation, suggesting that the loss of rotation may actually increase likeli-



Michael Dow

a much higher risk of fall. Generally, restoring rotation in the neck, spine, and hips can greatly help increase stability and reduce risk of fall.

Proprioception problems are not limited to the elderly. When athletes get hurt and have a period of immobilization (like a surgical recovery or use of a cast and crutches), the affective area does not move throughout the normal range of motion. Thus, the receptors become inhibited from providing the same proprioceptive feedback to the brain to interpret. Physical therapists spend much of the treatment sessions performing joint mobilization techniques, flexibility and balance-oriented exercises that not only increase range of motion, but directly increase proprioception. Restoration of movement is also necessary to increase muscular strength. You have to have motion available to use it. The further a muscle is elongated, the more potential force it can produce.

It is important to recognize that balance issues are not exclusive to just getting older and should not be overlooked. Recognizing which systems are compromised is the first step in helping reduce balance issues. Should you experience any balance related symptoms, it is advisable to seek the opinion of your primary care physician, ENT specialist, or local physical therapist.

VideoLab Is **Closing Its Doors**

CAL BUSINESS

by Ron Davis & Ree Radcliffe

After 41 years of serving our many thousands of valued clients, we must regretfully announce our up-coming closing. We plan to complete the closing by December 24, 2023 at 4pm. We wish to alert you that if you have any discs or videotapes that you want transferred, now is the time to

bring them in!

Ron & Ree sincerely thank our many clients for selecting VideoLab as their video transfer agency and for all the personal contacts and friends we have made and enjoyed over the years.

Please contact us by phone at 203-799-7017 or come into the store to discuss your needs.

"Electcion" From Page 1

The Orange Board of Education has one new member, Republican Anthony Scarinzi (2672), who will take the seat vacated by Ken Vitelli. Other than that, all incumbents are continuing to serve on the board, namely Democrats Susan Riccio (2,153) and Betty Hadlock (2,071), and Republicans Ken Ziman (2,639) and Chairman William Kraut (2,566).

Town Plan and Zoning Republicans Judy Smith and Tom Torrenti were re-elected, with 2,942 and 2,769 votes, respectively; Democrats Scott Rogalski (1,780) and Ken Lenz (1,904) will not be seated. However, Democrat Paul Kaplan (2,964) was elected to another four-year term, starting in 2024.

Amity Board: Voters are sending three Republicans to represent them at the Amity Regional Board of Education, and Democrat incumbent Paul Davis, who currently chairs the board, will return as well. The three new members are Cathy Bradley (2,733), Michael McDonough (2,550) and Dana Lombardi (2,726). Davis, the board chairman, received 2,431 votes.



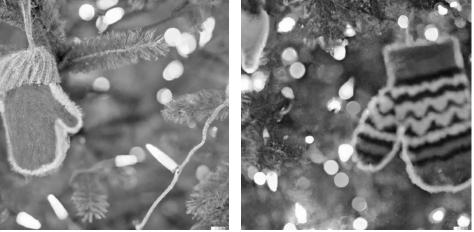
Not running for re-election were long-time Amity board members Chris Browe and Shannon Carlson, nor was Amy Tirollo.

Both the Republican Town Clerk, Mary Shaw, and Tax Collector Thomas Hurley ran unopposed and were re-elected to their posts, with 3,770 and 3,595 votes, respectively.

The constables were all elected to the post, with three Democrats (Jody Dietch, 2.055; Santo Galatioto Jr (2,118), and Randy Thomas, 2,163) and four Republicans to be sworn in. The Republicans are Jody Daymon (2,660), Gary Palermo (2,671), Glen Papelo (2,422) and Michael Donadeo (2,572).

Poll workers on November 7 seemed to report a constant influx of voters throughout the day, although in the end voter participation showed a decline compared to the last two years. This year, 4,935 voted out of 10,745 registered voters, for a turnout of 45.9%. In 2021, 5,116 came out, (47.2%), and in 2019, 5,221 (50.4%).

The swearing in ceremony will take place on Friday, November 17 at 4:30 p.m. at High Plains Community Center.



hood of developing vertigo.

The other system that affects balance is the most common one addressed in physical therapy, called proprioception. There are receptor cells in our joints and muscles that tell our brain instinctively where our body is in space. This feedback loop is developed by our general movements. In instances where movement is impaired (acute swelling, immobilization from a cast, pain, spinal tightness, postural changes from aging), this information is fragmented and can alter balance. In the elderly, postural changes in the spine cause a flexed position with a loss of rotation, along with hip and lower extremity tightness. The lack of flexibility does not feed the system the appropriate feedback so when the person rotates too far, they can be at

Michael Dow MSPT, and CEO/Clinical Director of Amity Physical Therapy, founded the practice 18 years ago, and now has five offices in Woodbridge, Hamden, Branford, Milford and Wallingford. He received his degree from Sacred Heart University and is recognized by the U.S. Dep't. of Health and Human Services for his work with the national Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at 203-389-4593 or visit amitypt.com.

Mitten Tree

The Farmer's Almanac has predicted a cold snowy winter for New England. With that in mind, the Friends of the Case Memorial Library remind all our holiday knitters and shoppers that we need your help. Our holiday Mitten Tree will again need decorating with not only mittens, but hats, gloves, and scarves for the children of Orange.

The tree will await your warm gifts beginning on November 29th. We will undecorate the tree on December 20th, and your presents will be distributed by Orange Food 2Kids and Orange Community Services.

The Friends of the Library thank you in advance for your kindness and generosity. We wish you all a very happy and healthy holiday season.

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2 Issues for \$80 or 5 Issues for \$150 • Reach Every Home and Business in Orange! Send Your Card & Payment to: Orange Town News, P.O. Box 1126 Orange, CT 06477 or pay online at www.OrangeTownNews.com

A Guide to Dining Out as a Family

Families enjoy meals out at restaurants in celebration of various milestones, including birthdays, retirements, holidays, and other special occasions. Sometimes families choose to dine out for no specific reason other than to enjoy a change of pace and scenery.

Restaurant dining has increased in recent years and in some areas has reached or even eclipsed pre-pandemic levels. According to Statistics Canada, in the first quarter of 2023, Canadians spent 39 percent of their food budgets at restaurants. A report from Nielsen indicated the total amount of money spent on food away from home in the United States has risen 94 percent since 2003. When planning meals out with family members, these guidelines can make the process go smoothly and make for an enjoyable night. dations from all who plan to attend.

Keep Cost in Consideration

While some family members will not bat an eye at menu prices, others may have to be more discretionary with their spending. Putting out feelers to see what everyone feels comfortable spending might be a good idea. Then select a restaurant that fits those needs. Some restaurants will work with larger parties and put together a limited price-fixed menu, which can ensure no one is surprised when the bill arrives.



Prioritize Proximity

When looking for a restaurant for a family dinner, take convenience into consideration. Try to choose a restaurant that is close to everyone's home. If that is not possible, solicit recommen-

Check for Food Allergies/Restrictions

Nowadays it is essential to be mindful of people's diets, including foods that they may have to avoid. Individuals will want to alert the restaurant staff of any special needs well in advance to ensure their needs are accommodated.

Bring Cash Along

If one person in the family is covering the tab, then payment method may not matter. However, if a few different people are contributing to the bill, it may be easiest to have everyone bring cash so that the money can be divided easily. However, money sharing apps like Zelle, Paypal or Venmo may enable those who do not want to use cash to simply send funds to another person so that this individual will pay the bill.

Avoid Peak Hours

Book a reservation before peak hours so everyone can relax and take their time. Also, choosing a day of the week other than Friday, Saturday or Sunday also may mean smaller crowds and less wait time to receive food.

Dining out with family can be an enjoyable way to spend time together.



I Guess They Don't Remember...

Samuel Halliwell mansion

As time marches on, the history of the Town of Orange depends on those of us who keep learning about it and in some instances, as with my column, put it into writing. The one part of Orange that seems to be a mystery within the citizenry is Tyler City, so named by two New Haven entrepreneurs, Samuel Halliwell and Philander Ferry. Halliwell was the proprietor of the Elm City Tea Store which carried nearly a dozen varieties of teas, nine coffees, numerous spices and wine. Ferry operated a confectionery shop that sold baked goods and ice cream. The New Haven and Derby railroad ran nearby and the two decided to see where indeed the little train went as it made its way to Derby Landing.

Thinking globally, they sought to buy land within the boundaries of Orange to plan for a town within a town to be named for the president of the railroad, Morris Tyler. They came upon a farm owned by Lewis Bradley whose 175-acre farm was purchased for \$24,400. All buildings, six milk cows, four oxen, all the farm utensils, all manure, one ton of straw and five tons of hay were part of this huge undertaking, Tyler City. Additional parcels of land were purchased north of Bradley's farm from the Russell family. The partners hired a man by the name of George Beckwith to survey the land who, as an eccentric was often seen barefoot wearing a long-tailed coat and a white beaver hat! In Mary Woodruff's book of the History of Orange she refers to the effort as "The Tyler City Bubble" BUT it did have its hay day. The New Haven and Derby railroad opened on August 9, 1871 to offer a better freight, passenger and mail service between New Haven and the Naugatuck Valley. The Little Derby, as it was called, was a good 10 miles shorter than the other line to the valley and a town in between was just the "ticket" for success and Halliwell and

Ferry were on the prowl. The resourceful duo was not about to ne-

glect the railroad's interest in their venture, seeking to entice them by naming streets for the NH&D officials with as above, Morris Tyler. How could you possibly have turned down a venture like that with your name on it? Well, let's see. Several of the streets are not part of the New Haven Avenue corridor which is the street that ran alongside the track. We know Marble, Ferry, Halliwell and Quintard but Atwater, Sperry, Butler and Harrison are not part of the Orange "fabric." Russell and Bradley were but Bradley became Racebrook Road. Alas, poor Lewis lost his farm AND a street named for him.

A well-publicized auction was held on July 2, 1872 to sell the 1000 lots for the future "new" town with lots measuring 50' x 150'. Deeds found indicate a sale price of \$250.00 with some buyers purchasing two adjacent lots. One buyer is known to have bought seven lots with a New York purchaser buying 6. A 7-car train left New Haven on the morning of July 2 full of anxious buyers returning to New Haven for another "load". History tells of folks on horseback, cart and on foot for this heralded event of a lifetime. By July 3, 40 people had purchased their lots. Without zoning regulations, it is found that single lot owners could live on half and sell or rent the other half. As advertised, this was a great opportunity for the common man to buy a plot of land, in the country, live well and prosper. Now for Halliwell and Ferry, they built mansions, mansions as seen in a newspaper account with the cost of Halliwell's a whopping \$50,000. Tyler City was nevertheless booming at the start on paper but the promot-

Tyler City Station on New Haven Ave.

ers, building a two-story train station at their own expense, didn't ward off the inevitable. It did boast a general store on New Haven Avenue owned by Charles Amesbury where

he conducted the Tyler City post office in 1874. The house still stands on the north side of the avenue. Education did not take a back seat to the commercial side of the "city" as the pair donated two back-to-back lots for a school which today encompasses Our Lady of Sorrows Church. Classes were held in one of the waiting rooms of the station until the school could be built and by 1874, classes were held in the newly built Fifth District School.

Although Tyler City did not have a great many commercial ventures, it could boast a few unique ones indeed. The Sackett Mfg. Co. made sewing machines and accessories, Edward Russell ran his creamery in the basement of Sacket's building, making and selling butter, the New England Tricycle and baby carriage company flourished for a spell and there was the company that 1909 allowing her to sell the property to Christ Church in West Haven. Part of her estate, south of the tracks on New Haven Avenue was sold to the Orange Hills Country Club ca 1922.

Longing for his home, Lewis Bradley purchased his home from The Tyler City group later in his life and his 1770 homestead is still standing today on Racebrook Road. I wonder If the owners know the history of their house. I should probably stop by and ask. The 1930 telephone book lists a total of six residences in Tyler City with phone service but the post office only lasted until 1916. Deeds written after 1921 list the property location as Tyler City. That's kinda neat to see that history written in a legal document.

There were some interesting side stories at Tyler City while others were sad. In 1883, Thomas Callahan, a prisoner being transported from Waterbury to the county jail in New Haven, jumped off the train in 1883 but was recaptured, in 1884, a young Alexander Berry had a successful operation to straighten his bowed legs, in 1885 another factory, one that processed tallow for candles, burned...boy that was a hot fire, in 1889 a construction vehicle rammed the rear of a stopped train, telescoping a passenger car but injuring no one seriously, in 1892 a locomotive "stole" a baseball from a trackside game and the crew tossed it back on the return trip from Ansonia, in 1897 John Beck set out for the Klondike gold rush and in 1903 a horse named Tyler City crashed through the fence at the Orange Fair racetrack... BTW the fair grounds were across the street from today's fair grounds and there was an extensive racetrack there. So, I think I have fulfilled my promise to a few Tyler City Road residents to enlighten them on the history of the name of their street and hopefully a few more...until I get inspired again...TTFN



made plaster of Paris ceiling decorations some of which were to be found in the Halliwell mansion.

In spite of the initial interest and manufacturing firms, the growth of the "city" stalled. The lack of city water requiring the drilling of wells, by hand and some drainage problems to say nothing of the isolation held the future in check. The trains which were stopping on a regular basis were limited to a morning to New Haven and an afternoon to Ansonia with others flagged down as needed. Buyers began to renege on their payments and properties were returned to the sellers. Ferry sold out to Halliwell. When Halliwell died his wife, Jane inherited the property and she paid the Town of Orange for the school property after the 5 districts were melded into one in





Congregation Or Shalom Happenings

Staying Connected

Attend religious services and most other events in person or by Zoom. To register for a Zoom link, please see the information below.

Join Us For Weekly Services Morning Minyan

- Sunday 9:00 AM In person and Zoom'd
- › Monday 8:30 AM Zoom'd
- > Thursday 8:30 AM Zoom'd

Shabbat Services

- Friday 7:30 PM In person and Zoom'd
- Saturday 9:30 AM In person and Zoom'd

Please call the synagogue office at 203-799-2341 or email coshalom@sb-cglobal.net for more information).

Hanukkah Happy Hour & Shabbat Service

Join us on Friday, December 8th for Hanukkah Happy Hour, latkes and more...5:45pm-7:00pm, followed by a Shabbat Service & Menorah Lighting. We will finish up with an Oneg featuring sufganiyot, "Hanukkah donuts". RSVP is a must by December 1st, 203.799.2341.

Virtual Learning This Month

Congregation Or Shalom Book Discussion Thursday November 16th at 7:00 pm "No Two Persons" by Erica Bauermeister; Discussion led by Ileane Kaczynski

One book. Nine readers. Ten changed lives. New York Times bestselling author Erica Bauermeister's "No Two Persons" is "a gloriously original celebration of fiction, and the ways it for their lives. Together, their stories reveal how books can affect us in the most beautiful and unexpected of ways– and how we are all more closely connected to one another than we might think. All are welcome. Please call the office @ 203-799-2341 for Zoom Link.

YAHAD HEBREW SCHOOL

Yahad is a community Hebrew school, a joint project of Congregations Or Shalom and B'nai Jacob in Woodbridge. At Yahad, meaning "together," students form their Jewish identities through amazing experiential programming, while building foundational skills in prayer, Hebrew, Bible and much more. Together, as students, parents, teachers, and as a community, we will create our Jewish future! Please call Rachel @ Or Shalom if you are interested 203.799.2341.

Community

Join the Orange Community at their annual Orange Interfaith Thanksgiving Service, November 19th at 7pm. This year it will be held at St. Joseph of Arimathea, The Church of the Good Shepherd 680 Racebrook Road, Orange.

Pull Tabs

Our Social Action Committee collects pull tabs from soda cans for the Ronald McDonald House in New Haven. The house hosts families of children who are being cared for at Yale New Haven Hospital and allows families to stay close to their children during hospitalization. The pull tabs can come from cans of soda, beer, cat or dog food, sardines, soup, beans, fruit, etc. - any size tabs, any color, any metal. You can drop them at the Synagogue Monday-Thursday from 10-4 and Friday 10-3. Collect them from family and



[Photo by Kenneth Mull]

Handbell Concert and Carol Sing

The Board of Music Ministry of the Orange Congregational Church invites the community to join in a festive concert on Sunday, December 3, 2023 at 4:00 pm. The Handbell Choir will perform seasonal selections as the audience joins in singing familiar carols. The presentation is part of the church's Music on the Green Concert Series, under the baton of its Music Director, Bryan Campbell. The music will be heard just prior to the Tree Lighting ceremony out of doors on the Orange Town Green. Throughout the afternoon, the popular Cookie Walk may be found in the lower level of the church. Homemade Christmas cookies are available at \$10 a box. The concert is free of charge and will be held in the Sanctuary. The historic Orange Congregational Church is located at 205 Meeting House Lane at Orange Center Road. For further information, call (203)-795-9749.

Holy Infant Women's Guild Christmas Dinner

deepens our lives. That was the beauty of books, wasn't it? They took you places you didn't know you needed to go..."

Alice has always wanted to be a writer. Her talent is innate, but her stories remain safe and detached, until a devastating event breaks her heart open, and she creates a stunning debut novel. Her words, in turn, find their way to readers, from a teenager hiding her homelessness, to a free diver pushing himself beyond endurance, an artist furious at the world around her, a bookseller in search of love, a widower rent by grief. Each one is drawn into Alice's novel; each one discovers something different that alters their perspective, and presents new pathways forward friends, too!

Mitzvah of the Month

We are collecting non-perishable food for November. Please call the office at 203.799.2341 to schedule drop off.

Coffee and Learn

Our weekly program with Rabbi Wainhaus will begin on December 6th from 11-noon. Each week we explore the ancient texts of our tradition and the light they shed on the issues of our day. You may attend in person or via zoom - either the entire series or specific topics. Call the office for details, 203.799.2341.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

The Holy Infant Women's Guild's Christmas Dinner is on Tuesday, December 5th, 5:45 pm at Gabriele's Ristorante at 336 Boston Post Road in Orange. The cost is \$40 per person. Dinner choices are Chicken Parmesan, Chicken Marsala, Scrod Calabrese, Eggplant Siciliana.

We are having a grab bag. Please



ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest. We will publish them for free.

Orange Town News – P.O. Box 1126, Orange, CT 06477 edit@orangetownnews.com

bring a \$10 valued grab bag gift (no gag gifts). Also please bring a non-perishable food item which will be donated to a local food bank.

RSVP with payment by November 25th. Make checks payable to Holy Infant Women's Guild. Mail to Lucille Camera, 153 Sunrise Hill Circle, Orange, CT 06477.

Holiday Festival & Tree Lighting Sunday, December 3rd, 3-6pm • Orange Town Green

Town Green

6)

Lighted Tractor Parade Leaves Fred Wolfe Park 4:30 to 4:45pm Santa Arrives at parade conclusion! Tree Lighting - 5:30pm

> Clark Building Front Lawn Ice Carving Demonstration

by Ice Matters - 3:00 to 5:00pm

Case Memorial Library

Amity Singers at 3:00pm Al DeCant performing 3:30 to 4:15pm Take and Make crafts while supplies last

Clark Building - 3:00-6:00pm Gingerbread House Making Contest & Guess How Many Candies in a Jar

> **Stone Otis House - 3:00-6:00pm** Come see a Victorian Christmas & Toy Shop!

The Academy Building - 3:00-6:00pm

Visit the Historical Society's Antique Collections & Emily Prudden Watercolors New Haven to Derby Line Model Railroad – Lower Level

Orange Congregational Church

"Cookie Walk" - Christmas cookies available for sale in the lower level of the church Handbell Concert and Carol Sing - 4:00 to 5:00pm



CALLING ALL CREATIONS!



Gingerbread House Making Contest

Drop-off on Dec. 3 from 2-3pm at The Clark Building

All entries must be decorated with edible embellishments! Group entries welcome! Prizes awarded!

Pick-up between 5:30-6:00pm. Entries left will be discarded!

DESIGN COURTESY OF YOUR FRIENDS AT THE ORANGE TOWN NEWS. ENJOY THE FESTIVITIES!